

# Summershine

Youth Camps, Activities, Daycare and Track Out

a publication of the Wake County Public School System

[www.wcpss.net/camps](http://www.wcpss.net/camps)

**PAGE: A Program for  
Your Gifted Child.  
pages 23**



**■ Table of Contents  
pages 5-9**

■ Fall Fun in Parent Learning Toolbox.  
**Page 24**

■ Free Training with Parent Academy.  
**Page 24**

■ 6 Sensory Processing Challenges and What You Can Do.  
**Pages 37-38**



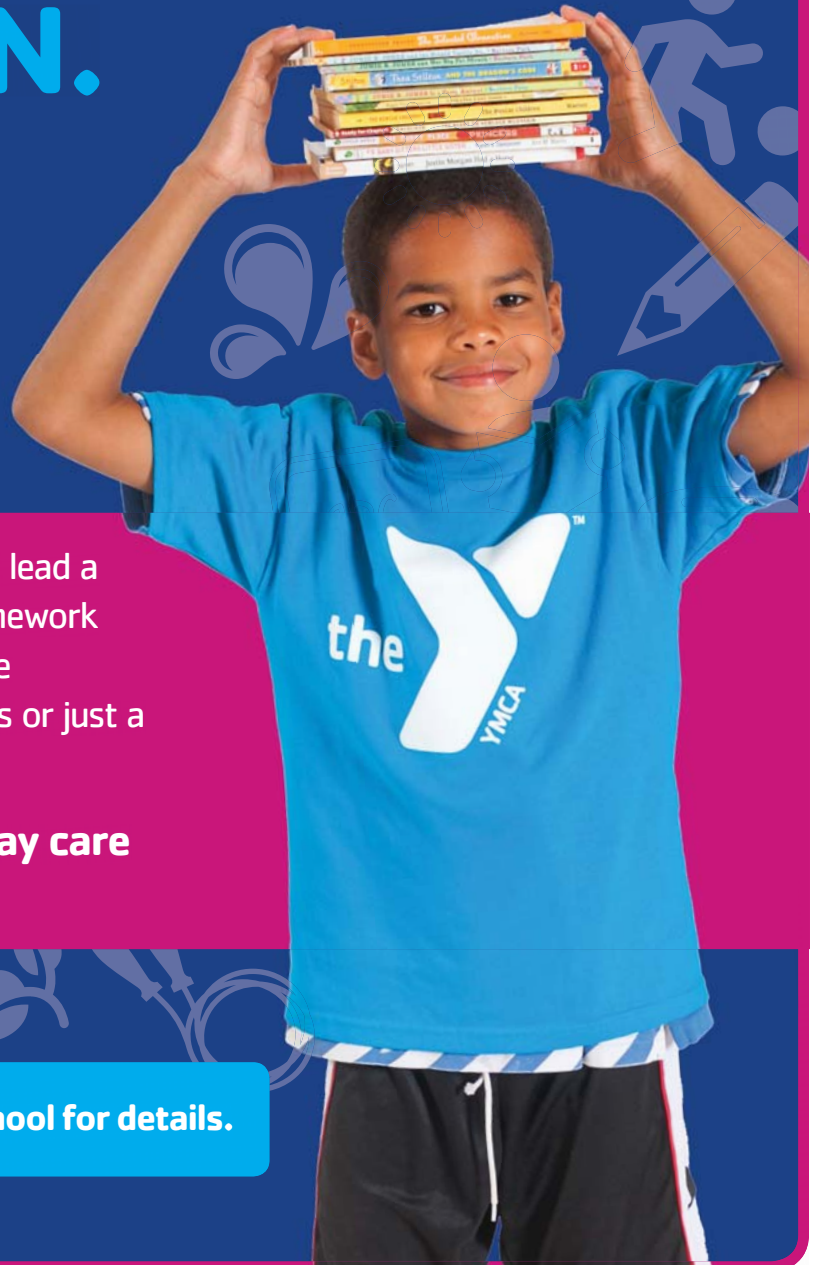
FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MORE CARING. MORE CONVENIENT. MORE FUN.

**Kids and parents can expect more from YMCA before and after school programs.**

Enthusiastic, responsible counselors lead a balanced program that includes homework time, active games and sports. We're conveniently located at most schools or just a short bus ride away.

**Teacher Workdays and Holiday care options are also available.**



Visit [YMCATriangle.org/BacktoSchool](http://YMCATriangle.org/BacktoSchool) for details.

# TRACK OUT AND SUMMER INDOOR CLIMBING CAMPS



## YEAR ROUND CAMPS IN TWO TRIANGLE LOCATIONS

Triangle Rock Club offers full-day, week-long, indoor climbing Track Out and Summer camps for kids ages 6 and up\*.

At TRC camps, kids enjoy fitness, adventure, education, entertainment and experiential learning.

\*Ages 6+ for Summer Camps; 7+ for Track Out Camps

With locations in both Morrisville and North Raleigh, TRC camps create encouraging environments that allow kids to thrive. With fun, safe and engaging activities all day long, TRC's campers stay happy and learning each and every day!

### TRC ALSO OFFERS:

Youth & Group Events • Birthday Parties • Lock-In's • Scouting Programs • Y-Guides and Princesses • And More!

### LEARN MORE:

Contact [Programs@TriangleRockClub.com](mailto:Programs@TriangleRockClub.com)  
or visit [TriangleRockClub.com](http://TriangleRockClub.com)

• 6022 Duraleigh Rd. Raleigh, NC 27612 • 102 Pheasant Wood Ct. Morrisville, NC 27560 •



# FUN IS IN OUR NATURE

**Camp Kanata is alive with activities for day and overnight campers.**



- Archery, a variety of sports and ultimate frisbee
- Kayaking, canoeing, stand-up paddleboarding & fishing
- Swimming and waterslide
- Arts & crafts and dance

**Under the guidance of caring counselors, campers unplug and reconnect with nature. At Camp Kanata, children grow and learn in a safe, nurturing environment.**

➤ Check out our weekend, mini camp options including Spring Mother-Daughter Camp.

**SPEND A WEEK OR MORE, register online today. OVERNIGHT AND DAY CAMP (June to August)**



## YMCA CAMP KANATA

13524 Camp Kanata Road, Wake Forest • 919-556-2661 • [www.CampKanata.org](http://www.CampKanata.org)  
A branch of YMCA of the Triangle

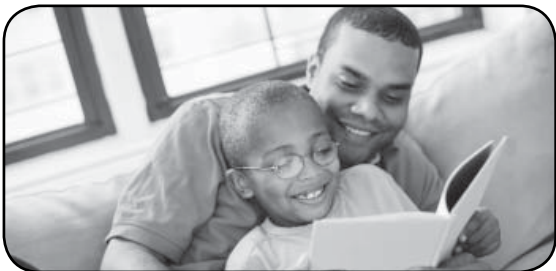
# Inside the Catalog



PAGE for Gifted Children page 23



Parent Learning Toolbox page 24



Parent Academy Training page 24



6 Sensory Processing Challenges page 37

The happy campers on the front cover are enjoying the enrichment programs at Marbles Kids Museum.

No tax dollars were used for this publication. Advertisers and the activities described in this publication are not endorsed by the Wake County Public School System. In addition, the Wake County Public School System makes no representation regarding the nature or quality of the services or activities promoted. These programs are not part of the Wake County Public School System and information is provided as a resource for parents.

Summershine is a directory of programs that provide opportunities for child care, before and after school and during school breaks, including camps, clinics, arts and sports activities. Do you have a program that fits that you don't see listed? Contact us at 919-431-7593 to find out how your program can be included in the next edition of Summershine.

## What's Happening - Alphabetical Listing

- 34 Artspace
- 4 **Camp Kanata**
- 36 Carolina Chinese Academy
- 20-21 Cary Parks, Recreation & Cultural Resources**
- 15 **College Nannies + Tutors of Cary, NC**
- 28 **College Tutors of Cary, NC**
- 30 Country Sunshine Children's Center
- 15 **CraZBrain Science Track Out and Summer Camps**
- 25 **Discovery Tech**
- 26 Ecole2France, French Immersion
- 34 **Genesis 21st Century Community Learning Center**
- 29 **Genesis Children and Youth Programs**
- 10 **Girl Scouts - North Carolina Coastal Pines**
- 27 **Grade Power Learning**
- 14 **Holly Springs Parks and Recreation**
- 16 i9 Sports of Wake County
- 11 IMACS
- 18 Kids 'R' Kids Learning Academy
- 12 **KidzArt North Raleigh**
- 36 Launching Pad Trampoline Park
- 13 **LearningRx Raleigh**
- 13 Marbles Kids Museum
- 33 Marlins of Raleigh Swim Team
- 30 North Carolina Museum of Natural Sciences
- 29 **Piedmont Wildlife Center**
- 22 **Polar Ice House**
- 28 **Primrose School at West Lake**
- 19 Raleigh Parks, Recreation and Cultural Resources
- 31 **Schoolhouse of Wonder**
- 17 **Science Fun For Everyone! SFFE**
- 35 **STEM For Kids - Engineering, Robotics & Computer Programs**
- 26 **Techsplorers Engineering Summer Camps and Weekend Workshops**
- 10 **TGA Premier Golf & Tennis**
- 25 **The Trilogy School and Triangle Learning Consultants**
- 32 **Tinkering School NC**
- 3 **Triangle Rock Club**
- 35 Vollmer Farm
- 32 **Wake Forest Kids 'R' Kids**
- 11 Wynns Family Psychology - Social Skills Groups
- 2, 39, 40 YMCA of the Triangle**

# What's Happening By Type

## Arts



- 34 Artspace
- 20-21 Cary Parks, Recreation & Cultural Resources**
- 26 Ecole2France, French Immersion
- 10 Girl Scouts - North Carolina Coastal Pines**
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- 12 KidzArt North Raleigh**
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- 35 Vollmer Farm

## Daycare



- 15 College Nannies + Tutors of Cary, NC**
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- 10 TGA Premier Golf & Tennis**
- 32 Wake Forest Kids 'R' Kids**

## Before/After School



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- 15 College Nannies + Tutors of Cary, NC**
- 30 Country Sunshine Children's Center
- 34 Genesis 21st Century Community Learning Center**
- 29 Genesis Children and Youth Programs**
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- 33 Marlins of Raleigh Swim Team
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# What's Happening By Type

## Educational



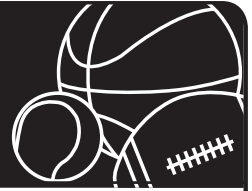
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## Residential



- 4 Camp Kanata**
- 10 Girl Scouts - North Carolina Coastal Pines**

## Sports



- 20-21 Cary Parks, Recreation & Cultural Resources**
- 14 Holly Springs Parks and Recreation**
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- 33 Marlins of Raleigh Swim Team
- 22 Polar Ice House**
- 28 Primrose School at West Lake**
- 19 Raleigh Parks, Recreation and Cultural Resources
- 10 TGA Premier Golf & Tennis**

## Trackout



- 20-21 Cary Parks, Recreation & Cultural Resources**
- 15 College Nannies + Tutors of Cary, NC**
- 15 CraZBrain Science Track Out and Summer Camps**
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# What's Happening By Zipcode

## Apex

Address	Zip	Page
2092 Marthas Chapel Rd	27523	32b
4501 W Lake Rd	27539	28a
4600 W Lake Rd	27539	16
8921 Holly Springs Rd	27539	2, 39, 40

## Cary

316 North Academy St	27512	20-21
101 Wilkinson Ave	27513	20-21
101 YMCA Dr	27513	2, 39, 40
103 Crest Rd	27513	26a
111 James Jackson Ave	27513	17
1229 NW Maynard Rd	27513	27
1244 NW Maynard Rd	27513	15a
1244 NW Maynard Rd	27513	28b
130 Preston Executive Dr Ste 202	27513	11a
150 Metro Park Dr	27513	20-21
150 Towne Village Dr	27513	18
1500 N Harrison Ave	27513	11b
1500 N Harrison Ave	27513	26b
1500 N Harrison Ave	27513	16
1800 N Harrison Ave (Reedy Crk Entrance)	27513	31
2965 Kildaire Farm Rd	27518	35a
123 Middle Creek Park Ave	27539	20-21

## Garner

951 Heather Park Dr	27529	2, 39, 40
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## Holly Springs

300 W Ballentine St	27540	14
1201 State Rd 1395	27540	16
1530 Avent Ferry Rd	27540	28a
301 Stinson Ave	27540	14
721 Creek Haven Dr	27540	10b
900 Bass Lake Rd	27540	14

## Morrisville

102 Pheasant Wood Ct	27560	3
11000 Lake Grove Blvd	27560	25b
6010 McCrimmon Pkwy	27560	18



## Raleigh

201 E Davie St	27601	34a
201 E Hargett St	27601	13b
401 Martin Luther King Jr Blvd	27601	19
505 Martin Luther King Jr Blvd	27601	19
2305 Lake Wheeler Rd	27603	19
900 Hillsborough St	27603	33
911 Ileagnes Rd	27603	19
1015 Halifax St	27604	19
3050 N New Hope Rd	27604	19
4201 Green Rd	27604	19
516 Dennis Ave	27604	19
1603 Hillsborough St	27605	2, 39, 40
1410 Buck Jones Rd	27606	22
408 Ashe Ave	27606	19
410 Ashe Ave	27606	33
4904 Waters Edge Dr Ste 295	27606	33
5501 Avent Ferry Rd	27606	30a
2401 Wade Ave	27607	19
2405 Wade Ave	27607	19
3313 Wade Ave	27607	36b
514 Method Rd	27607	19
1614 Glenwood Ave	27608	11b
3810 Merton Dr	27609	25a
5900 Whittier Dr	27609	19
5902 Whittier Dr	27609	33
1001 Cooper Rd	27610	19
121 N Tarboro Rd	27610	19
1300 E Martin St	27610	19
1801 Proctor St	27610	19
2615 Fitzgerald Dr	27610	19
2623 Sanderford Rd	27610	19
3935 Barwell Rd	27610	19
756 Lunar Dr	27610	19
3808 Edwards Mill Rd	27612	19
10000 St Francis Dr	27613	26b
10224 Baileywick Rd	27613	11b
12804 Norwood Rd	27613	16
6421 Hilburn Dr	27613	36a
2500 Wakefield Pines Dr	27614	2, 39, 40
1905 Spring Forest Rd	27615	33
1905 Spring Forest Rd	27615	19
7409 Falls Of Neuse Rd	27615	16
7409 Falls of Neuse Rd	27615	26b
7713-55 Lead Mine Rd	27615	19
8305 Six Forks Rd Ste 207	27615	13a
9200 Strickland Rd	27615	35a
9216 Baileywick Rd	27615	2, 39, 40
10810 Globe Rd	27617	19
Umstead State Park	27617	29a

## Wake Forest

13524 Camp Kanata Rd	27587	4
1839 S Main St Ste 250	27587	2, 39, 40
1839 S Main St	27587	16
1839-200 S Main St	27587	22
1941 Heritage Branch Rd	27587	32a
3400 Rogers Rd	27587	16

## Zebulon

400 N M C Dr	27597	35a
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## Durham Co.

218 W Morgan St	27701	2, 39, 40
721 Burch Ave	27702	35a
5101-B N Roxboro Rd	27703	31
3501 Ridge Rd	27704	26b
4911 Neal Rd	27705	11b
2119 Chapel Hill St	27706	2, 39, 40
364 Leigh Farm Rd	27707	29a
800 Park Offices Dr	27703	15b

## Orange Co.

200 S Elliott Rd	27514	11b
800 Market St	27516	11b
9201 Seawell School Rd	27516	26b





**BEFORE/AFTER SCHOOL PROGRAMS FOR WCPSS STUDENTS SCHOOL YEAR 2015-2016**

Elementary School	Phone # 919	Before School	After School
Abbotts Creek	848-2800	Third party	Third party
Adams	460-3431	Third party	Third party
Alston Ridge	544-2474	WCPSS	WCPSS
Apex	387-2150	Third party	Third party
Aversboro	662-2325	WCPSS	WCPSS
Baileywick Road	518-0090	Third party	Third party
Ballentine	557-1120	WCPSS	Third party
Banks Road	890-7333	Third party	Third party
Barwell Road	661-5405	Third party	Third party
Baucom	387-2168	Third party	Third party
Brassfield	870-4080	Third party	Third party
Brentwood	850-8720	Third party	Third party
Briarcliff	460-3443	WCPSS	WCPSS
Brier Creek	484-4747	Third party	Third party
Brooks	881-1350	WCPSS	WCPSS
Bugg	250-4750	WCPSS	WCPSS
Carpenter	462-6780	Third party	Third party
Carver	365-2680	Third party	Third party
Cary	460-3455	WCPSS	WCPSS
Cedar Fork	388-5240	Third party	WCPSS
Combs	233-4300	WCPSS	Third party
Conn	856-7637	WCPSS	Third party
Creech Road	662-2359	WCPSS	WCPSS
Davis Drive	387-2130	Third party	WCPSS
Dillard Drive	233-4200	WCPSS	Third party
Douglas	881-4894	WCPSS	WCPSS
Durant Road	870-4220	Third party	Third party
East Garner	773-7411	WCPSS	Third party
Farmington Woods	460-3469	WCPSS	WCPSS
Forest Pines Drive	562-6262	WCPSS	Third party
Forestville Road	266-8487	WCPSS	WCPSS
Fox Road	850-8845	WCPSS	WCPSS
Fuller	856-7625	Third party	Third party
Fuquay-Varina	557-2566	WCPSS	WCPSS
Green	881-1390	Third party	Third party
Green Hope	388-5270	Third party	Third party
Harris Creek	217-5100	Third party	Third party
Herbert Akins Road	567-4100	Third party	Third party
Heritage	562-6000	Third party	Third party
Highcroft Drive	460-3527	Third party	Third party
Hilburn Drive Academy	571-6800	Third party	WCPSS
Hodge Road	266-8599	Third party	Third party
Holly Grove	577-1700	WCPSS	WCPSS
Holly Ridge	577-1300	WCPSS	WCPSS
Holly Springs	557-2660	WCPSS	WCPSS
Hunter	856-7676	WCPSS	Third party
Jeffreys Grove	881-4910	WCPSS	WCPSS
Jones Dairy	562-6181	Third party	Third party
Joyner	856-7650	WCPSS	WCPSS
Kingswood	460-3481	Third party	Third party
Knightdale	266-8540	WCPSS	WCPSS
Lacy	881-4920	Third party	Third party
Lake Myra	365-8990	WCPSS	WCPSS
Laurel Park	290-2333	Third party	Third party

Elementary School	Phone # 919	Before School	After School
Lead Mine	870-4120	WCPSS	WCPSS
Leesville Road	870-4200	WCPSS	WCPSS
Lincoln Heights	557-2587	Third party	Third party
Lockhart	266-8525	WCPSS	WCPSS
Lynn Road	870-4074	WCPSS	WCPSS
Middle Creek	773-9555	Third party	Third party
Millbrook	850-8700	Third party	WCPSS
Mills Park	466-1466	WCPSS	Third party
Morrisville	460-3400	Third party	Third party
North Forest Pines	570-2220	Third party	Third party
North Ridge	870-4100	WCPSS	WCPSS
Northwoods	460-3491	WCPSS	WCPSS
Oak Grove	387-4490	Third party	Third party
Olds	856-7699	WCPSS	WCPSS
Olive Chapel	387-4440	Third party	Third party
Partnership	856-8200	WCPSS	WCPSS
Penny Road	387-2136	Third party	Third party
Pleasant Union	870-4230	WCPSS	WCPSS
Poe	250-4777	WCPSS	WCPSS
Powell	856-7737	WCPSS	WCPSS
Rand Road	662-2275	WCPSS	WCPSS
Reedy Creek	380-3660	Third party	Third party
Richland Creek	554-6333	Third party	Third party
River Bend	431-8010	Third party	Third party
Rolesville	554-8686	WCPSS	WCPSS
Root	881-4940	WCPSS	WCPSS
Salem	363-2865	Third party	Third party
Sanford Creek	570-2100	WCPSS	WCPSS
Scotts Ridge	290-2400	Third party	Third party
Smith	662-2458	WCPSS	WCPSS
Stough	881-4950	WCPSS	Third party
Swift Creek	233-4320	WCPSS	WCPSS
Sycamore Creek	841-4333	WCPSS	WCPSS
Timber Drive	773-9500	Third party	Third party
Turner Creek	363-1391	Third party	Third party
Underwood	856-7663	WCPSS	Third party
Vance	662-2472	WCPSS	Third party
Vandora Springs	662-2486	Third party	Third party
Wake Forest	554-8655	WCPSS	Third party
Wakefield	562-3555	WCPSS	Third party
Wakelon	404-3844	WCPSS	WCPSS
Walnut Creek	857-9500	WCPSS	Third party
Washington	856-7960	WCPSS	Third party
Weatherstone	380-6988	WCPSS	WCPSS
Wendell	365-2660	WCPSS	WCPSS
West Lake	662-2300	Third party	Third party
Wilburn	850-8738	Third party	Third party
Wildwood Forest	713-0600	WCPSS	Third party
Wiley	856-7723	Third party	Third party
Willow Springs	557-2770	WCPSS	WCPSS
Yates Mill	233-4244	WCPSS	WCPSS
York	881-4960	Third party	Third party
Zebulon	404-3680	Third party	Third party

For the latest information go to [www.wcpss.net/before-after-school](http://www.wcpss.net/before-after-school). Parents are encouraged to contact the school for final program information. All WCPSS programs operate pending sufficient enrollment. Some schools have program limits and waiting lists.



girl scouts  
north carolina  
coastal pines

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the Fun!**

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**89%**  
Happiness

of parents say that special girl in their lives is happier.

of parents say their girl's confidence has improved.

**90%**  
Confidence

**95%**  
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**TGA**  
Premier Junior Golf



**TGA**  
Premier Youth Tennis

# TGA Premier Golf & Tennis

Afterschool Enrichment Programs

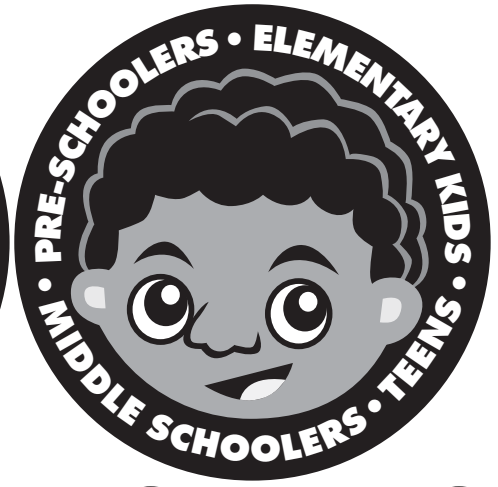
Summer & Track-out Camps

Leagues & Tournaments

Family Events

Paul Maskill - Chapter Director · (919) 530-9355 · [pmaskill@playtga.com](mailto:pmaskill@playtga.com)

<http://www.playtga.com>



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**CARY & NORTH RALEIGH OFFICES!!** Use Promo Code: **SUMMERSHINE**

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Find out if your child has the potential to excel at math or science and how to make the most of their talent.



Your child does things that amaze you all the time. Have you ever wondered if their young mind is naturally predisposed to solving complex problems?

The Institute of Mathematics and Computer Science (IMACS) is currently looking for elementary school kids who demonstrate the capacity to think creatively. IMACS is offering **FREE placement classes** for kids to attend with their parents. At the conclusion of the 1-hour session, you'll receive an evaluation and a list of subjects for which your child demonstrates potential.

### FREE PLACEMENT CLASS

Register now for a **FREE** placement class by visiting [imacs.org](http://imacs.org) or calling 919.786.0246.

The class is **FREE**, but space is limited.



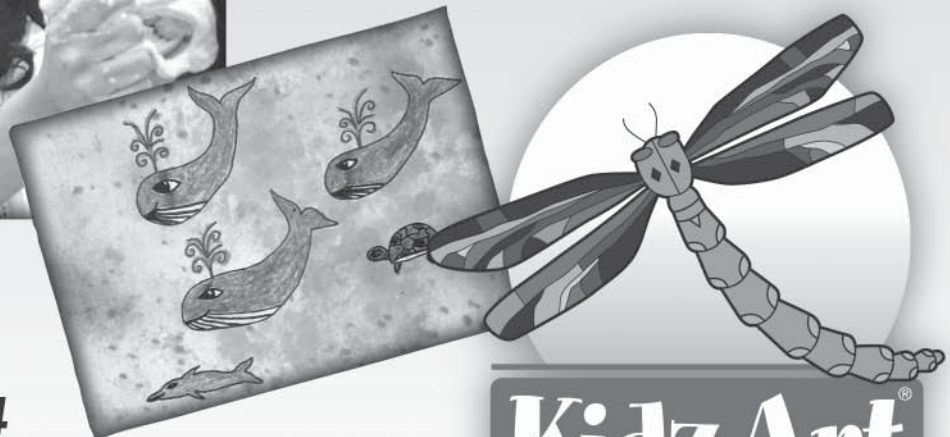
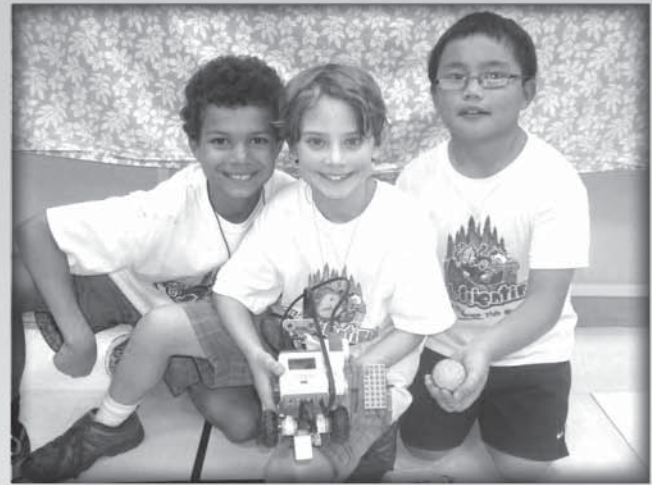
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[facebook.com/eimacs](https://facebook.com/eimacs)

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for new students only  
expires 11/20/15

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for weekly  
after school  
classes!



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919.847.7625  
[NorthRaleigh.ClubScientific.com](http://NorthRaleigh.ClubScientific.com)

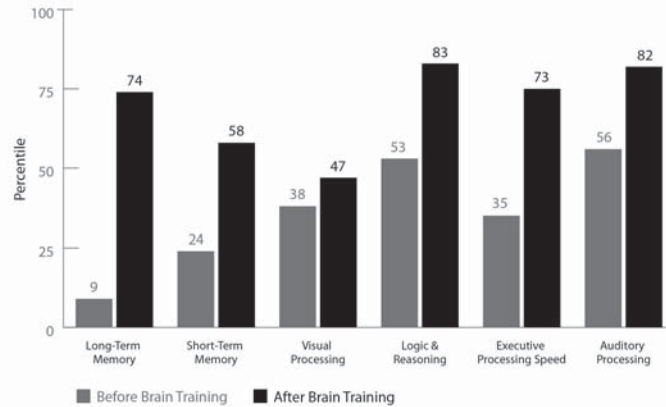
**KidzArt®**

*If you can dream,  
you can draw*

# Meet Kyle.



Three months ago he had a good brain. Today (and for the rest of his life) he'll have an even better one.



**LearningRx**  
train the brain. get smarter.

Discover the cause of your child's struggle—call today & schedule a cognitive skills test.

(919) 232-0090 | [www.learningrx.com/raleigh](http://www.learningrx.com/raleigh)  
8305 Six Forks Road, Suite 207 Raleigh, NC 27615

# SCHOOL'S OUT CAMP

Turn the next day off into an adventure!

Winter & spring break, teacher workdays and school holidays for preschool and elementary.

More camp adventures at [MarblesKidsMuseum.org/Camps](http://MarblesKidsMuseum.org/Camps)



Imagine • Discover • Learn at Marbles, a 501(c)(3) nonprofit organization.

201 East Hargett Street • Downtown Raleigh • [www.MarblesKidsMuseum.org](http://www.MarblesKidsMuseum.org)



THE TOWN OF  
Holly Springs  
NORTH CAROLINA  
PARKS & RECREATION

# High Quality Programs at a Reasonable Cost!

## FOR ALL THE WAYS YOU PLAY

- After School Programs
- Arts, Crafts and Cooking
- Athletics
- Environmental Education
- Facility Rentals
- Fitness and Wellness
- Music, Drama and Dance
- Outdoor Recreation
- Pre-school Programs
- Special Events
- Summer Camps
- Theater Shows and Concerts
- Therapeutic Recreation
- Track-Out Camps

**Call or visit us at  
[www.hollyspringsnc.us](http://www.hollyspringsnc.us)**

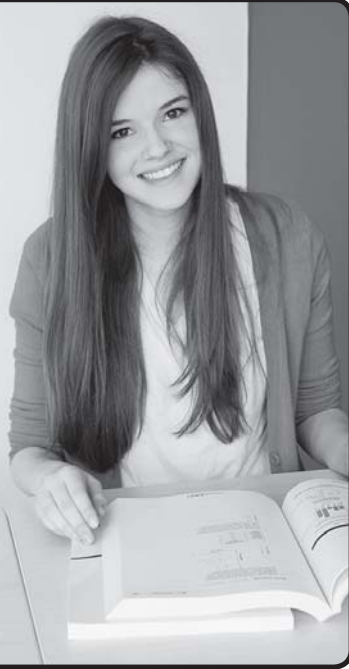
Bass Lake Park  
**(919) 557-2496**

Holly Springs Cultural Center  
**(919) 567-4000**

Hunt Recreation Center  
**(919) 557-9600**



COLLEGE  
**nannies+tutors**<sup>®</sup>



### Nanny Services

Let us find the perfect nanny for your family. We specialize in active role models who can fill the after school gap or provide expert babysitting anytime.

After-school, Part-time, Full-time or On-Call

### Tutor Services

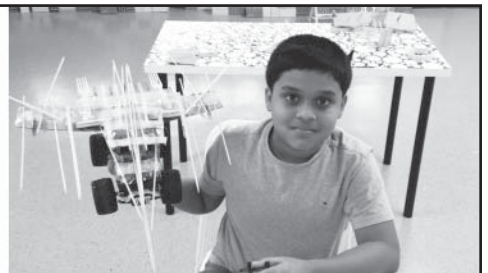
We can help. We provide one-on-one sessions with a role-model tutor at our Tutoring Center in Cary or at your home. An individualized learning plan ensures real results and flexible hours fit your busy schedule.

All subjects | All ages | Study skills | SAT/ACT Prep



**Cary Learning Center – 1244 NW Maynard Rd. | 919.896.7227**

[CaryNC@collegenannies.com](mailto:CaryNC@collegenannies.com) | [CollegeNanniesandTutors.com](http://CollegeNanniesandTutors.com)



## Science & Engineering Track Out & Summer Camps

#### Topics Include...

- 007 Spy
- Remote Control Cars
- Outdoor Survival
- Crazy Contraptions
- Crime Scene Detective
- Escape the Island Engineering
- Creatures Using Physics
- Create An Amusement Park

...and much more!

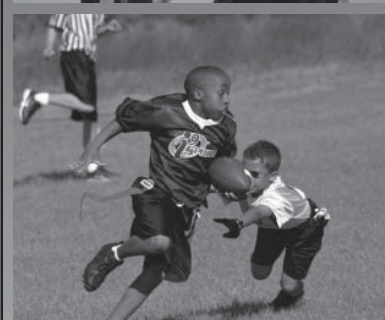


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Visit [www.ScienceFun.org](http://www.ScienceFun.org)  
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# SCIENCE FUN FOR EVERYONE!

## TRACK OUT & SUMMER



## SCIENCE CAMPS AT THE LAB!

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Cultural Resources Department

2015 – 2016

# SCHOOL BASED PROGRAMS



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parks.raleighnc.gov

Recreation Business Office, 105 Pullen Road, Raleigh, NC 27607, 919-996-4800

[PARKS.RALEIGHNC.GOV](http://PARKS.RALEIGHNC.GOV)

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DANCE LEARNING  
HISTORY ACTIVE  
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CULTURAL RESOURCES**


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**Track-out, Teacher Workdays,  
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Holidays, Parent-Child Classes,  
Special Events, and More**

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STARTING  
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Your child will experience all we have to offer at an affordable price, allowing you to relax knowing they are receiving top quality care. All of our counselors are CPR, First Aid and Epi-Pen certified and trained to help your child grow in a peer group environment.

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**POLAR ICE  
HOUSE**



## Parents for the Advocacy of Gifted Education

### Resource

Mick McCarthy, the president of Parents for the Advocacy of Gifted Education (PAGE), works alongside dedicated caregivers to meet the needs of gifted children. Mick says, "I got involved with PAGE because I needed a resource for my gifted child. PAGE was a great fit because it offered advocacy and educational support."

### History

PAGE began in the 1970s under the direction of Dr. Lyn Aubrecht who noted that no resources existed for gifted children, not even in prevailing laws. Today, through activism and hard work, this has changed. Laws are in place to protect the needs of gifted children along with funding to provide needed resources.

### Membership

Families of gifted children can connect with PAGE to enjoy a variety of services with a \$15 annual membership fee. Mick says, "This is a small price to pay to support the needs of a gifted child. Plus, the child will enjoy opportunities to immerse in their interests and meet other likeminded children."

### Benefits

Benefits of PAGE are numerous. PAGE does Super Saturday child enrichment classes. These vary widely from STEM and crochet to writing and paleontology. PAGE also hosts the annual spelling bee, helping winners make it to the national event. Then, parents can connect with programs on how to nurture their child through resources, emotional support, a listserv, and Facebook Page.

### Goal

Mick says, "Our goal is to make sure the needs of these children are met. Often, they are overlooked because they are not apparently in crisis. Yet they do have special needs."

### Support

Gifted children often need emotional support to help them deal with issues of perfectionism, anxiety, and depression. Gifted children often have narrowly focused, specialized interests which are central to their communication and thought life. This can make it difficult for them to relate to and build strong peer relationships. As well, they often need constant input which can lead to misdiagnosis.

Protect the Cognitive and Emotional Development of Your Gifted Child

If you are interested in learning more about the PAGE foundation or getting your family involved, visit <http://www.pagepage.org/>.

# Parent Learning Toolbox

**Parents, ever wish you had more than a hammer and screw driver in your parenting toolbox?**

If you're looking for teen and adult evening education opportunities, Lifelong Learning with Community Schools and WCPSS Parent Academy have the tools you need. Some classes are **free**, so join us. We make life and learning more fun!

**Ages 16+ Welcome!**



Enrichment		
Basic Knife Skills	Th   6:30-9:30 PM   9/24	Sanderson HS
Beginning Baking	M   6:30-8:45 PM   9/28-10/5	Leesville HS
Calligraphy 101	Th   6:30-8:30 PM   9/24-10/29	Sanderson HS
Certified Nursing Assistant Level I	MTW   6:30-9:30 PM   9/30-11/4	Sanderson HS
Introduction to Guitar	W   6:30-8:30 PM   9/9-9/30	Reedy Crk MS
Landscape Painting in Oils	T   6:30-9:30 PM   9/1-10-6	Sanderson HS
Pocket Scrapbooking	T   6:30-9:00 PM   10/6-10/27	Athens Dr HS
Simple Web Page Design	Th   6:30-9:30 PM   9/17-10/1	Millbrook HS



Parent Academy		
Connecting Your Child to College Using CFNC	W   6:30-8:00 PM   10/28	Reedy Crk MS
Digging Deeper into Elementary Assessments	W   6:30-8:00 PM   11/18	Reedy Crk MS
Getting Ready for College	W   6:30-8:00 PM   10/28	Reedy Crk MS
Math Resources in Middle School	W   6:30-8:00 PM   12/2	Reedy Crk MS
New Math (K-5): "I didn't learn math like that!"	W   6:30-8:00 PM   12/2	Reedy Crk MS
Reading is Fundamental! (K-5)	W   6:30-8:00 PM   9/30	Reedy Crk MS
Social and Emotional Needs of Gifted Children	W   6:30-8:00 PM   10/14	Reedy Crk MS

[www.wcpss.net/adult-edu](http://www.wcpss.net/adult-edu)

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*in our positive learning environments.*

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- High School program fulfills NC graduation requirements
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- AdvancED Accredited

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## Triangle Learning Consultants

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[www.trianglelearningconsultants.com](http://www.trianglelearningconsultants.com)

**Judy Williams, M.A.T., M.S.A., Laura Wyatt, Ph.D., Directors**

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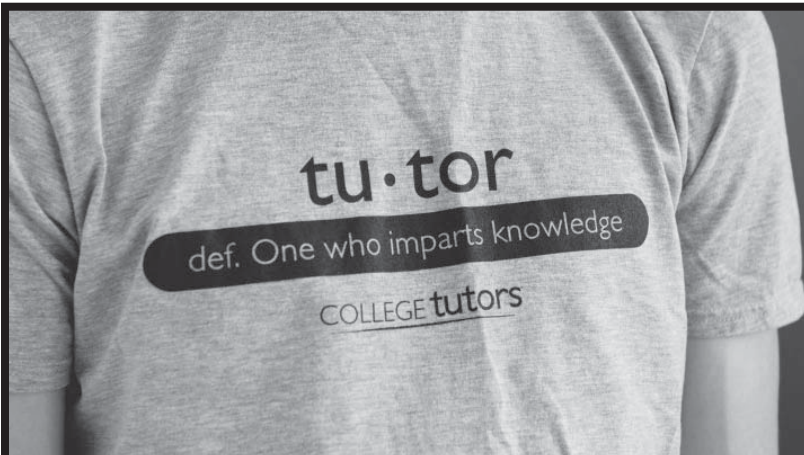
- Offering After School and Track-out Camps (full or partial day options) with daily field trips
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Meet the amazing teachers that are hidden in plants, shadows, sunlight, and wildlife. Come ready to get dirty, have fun and take part in an incredible foray into the wild.

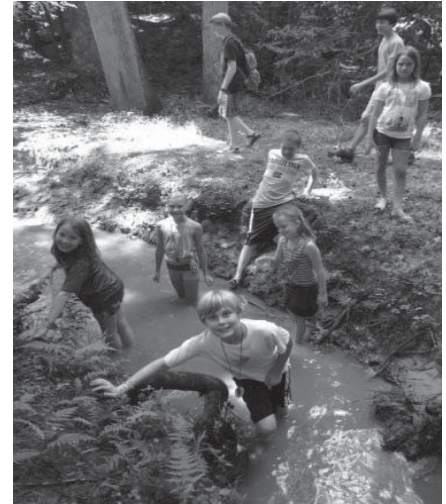
### Durham Track-Out & Holiday Camps

Sept. 28-Oct 2	December 21-24
October 5-9	December 28-Jan 1
October 12-16	January 4-8

### Track-Out Camps in Umstead State Park

October 5-9	April 11-15
October 26-30	April 25-29

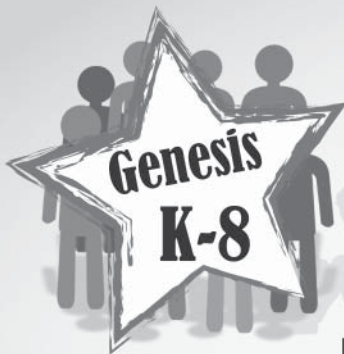
Registration begins in late August



*The best camp my daughter attends - we go twice a year to the intersession camps and I've never seen her so excited and happy at the end of a camp day. The kids were constantly engaged - there was no disconnect or plugging them in. - Page P.*

Check our schedule of programs at  
[www.piedmontwildlifecenter.org](http://www.piedmontwildlifecenter.org)  
 (919) 489-0900

**Durham: Exit 273 off I-40 (NC 54)**  
**Raleigh: Umstead State Park-Glenwood Ave**



## Children & Youth Programs

(919) 832-1649 ext. 319 ★ [ccici@raleighfirstbaptist.org](mailto:ccici@raleighfirstbaptist.org)  
 Conveniently located in Downtown Raleigh

*Genesis offers age-appropriate educational, cultural, social and physical activities in a safe, Christian environment.*

Sponsored by Capital City Intergenerational Care, Inc. (CCICI) - a nonprofit corporation of First Baptist Church - 101 S. Wilmington St - Raleigh, 27601

**Program Includes:**

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- Homework Assistance
- Healthy Snacks
- Arts and Crafts
- Field Trips
- Teacher Workday Care
- Lunch (*Summer Camp*)
- After School Transportation (*selected schools only*)

**YEAR ROUND TRACK OUT - Tracks 2, 3, 4**

**Genesis After School Care & Tutoring (K-8)  
 Monday - Friday 2:00 - 6:00 p.m.**

**Summer Camp - June 13 - August 5, 2016**

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First Baptist Church Family Life Center - 109 S Wilmington Street, Raleigh, NC 27601  
 Mailing Address: CCICI - P.O. Box 25361, Raleigh, NC 27611-5361

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## Children's Center

Come join us in our



### Educational Learning Environments (Infants through 5 years old)

including: Field Trips (ages 4+up), Breakfast, Lunch, Afternoon Snack, Activities in: Art, Science, Math, Literacy, Team building, with a balance of Indoor and Outdoor

and

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[www.country-sunshine.org](http://www.country-sunshine.org)

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September 26, 2015

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March 27, 2016

**NORTH CAROLINA Museum of Natural Sciences**

Downtown Raleigh • corner of Jones & Salisbury Streets • [naturalsciences.org](http://naturalsciences.org)

Organized by the American Museum of Natural History, New York in collaboration with the California Academy of Sciences, San Francisco; Cleveland Museum of Natural History; and the Canadian Museum of Nature, Ottawa, Canada.

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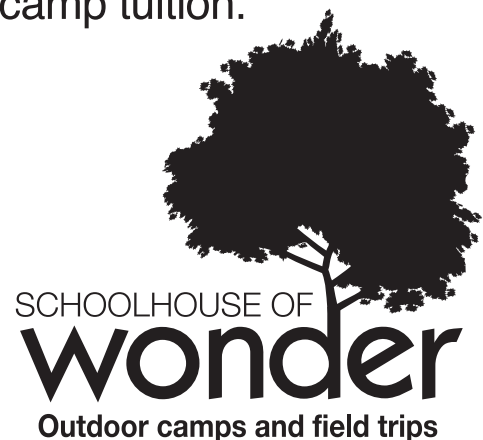




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With 100 billion neurons still forming connections, your child's brain is remarkably unfinished at birth. Research has found that significant connections are either developed or lost by the age of five.

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Exclusive Curriculum focused on Brain Development



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MOR



MARLINS OF RALEIGH



The Marlins of Raleigh Swim Team offers a year-round swim program in Wake County that gives children age 4 and up a chance to improve their abilities while being coached and taught in great environments by motivated coaches and instructors.

## COMPETITIVE OPTION

The swim team program offers levels of development for the 12 and younger age group swimmer through the 13 and over Senior swimming levels in several locations around the county. You can join the swim team at any time of year and after demonstrating your skills, you will be placed in an appropriate level group.

## SWIM LESSONS

SwimAmerica is the MOR swim lesson program offered to children age 4 and older. Our 10-station program creates a steady sense of advancement as students improve their swimming skills. E-mail [coachmariesa@bellsouth.net](mailto:coachmariesa@bellsouth.net) for times and dates.

## SEASONAL SWIM PROGRAMS

The **Fall Swim League** begins in September and offers a multi-week (two classes per week) option for younger swimmers to learn stroke mechanics with the MOR coaching staff. Participants receive a t-shirt and swim cap as well as prizes throughout the program. Registrations will be accepted through mid September. Register for the Fall Swim League now on our team website. MOR also offers the **Winter Swim League** program (Jan-March); registration opens Nov. 15th; and **MOR in MAY** program (April-May); registration opens Feb. 15 each year.

### Marlins of Raleigh Swim Team

**Team Office:** 4904 Waters Edge Drive  
Suite 295  
Raleigh, NC 27606

**Office Phone:** (919) 851-3000

**Team Website:** [www.marlinsofraleigh.com](http://www.marlinsofraleigh.com)

*Visit our website for program information and online registration for any swim program.*

### Coach Email Contacts

Head Coach **Paul Silver**—[morsilver@bellsouth.net](mailto:morsilver@bellsouth.net)

#### Cary/Central Raleigh Sites

Jonathan Watson: [01silversurfer@bellsouth.net](mailto:01silversurfer@bellsouth.net)

#### North Raleigh Sites

Cara Cameron: [coachcara45@aol.com](mailto:coachcara45@aol.com)

#### Riverwood/Clayton Sites

John Fischetti: [jfischetti@aol.com](mailto:jfischetti@aol.com)



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Upcoming dates:  
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**OCT 17, NOV 14**



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Register online  
 or call 919.821.2787  
[www.artspacenc.org](http://www.artspacenc.org)



Sponsored by Capital City Intergenerational Care, Inc. (CCICI) - a nonprofit corporation of First Baptist Church 101 S. Wilmington St - Raleigh, NC 27601

Funded by Federal 21st Century Community Center grant administered through NC Department of Public Instruction

## GENESIS 21st Century Community Learning Center

Conveniently located in Downtown Raleigh

*See school counselor for more information or call*

(919) 832-1649 ext. 320 ★ [ccici@raleighfirstbaptist.org](mailto:ccici@raleighfirstbaptist.org)

**FREE** to 6th, 7th, and 8th grade students from Dillard Drive, East Garner, and North Garner middle schools

Transportation provided from school and to home (if needed)

**OFFERINGS INCLUDE:** Homework Assistance, Math and Reading Tutoring, STEM education at the Museum of Natural Sciences, Field Trips, Civic Education, Service Learning, Music, Dance, Drama, and Robotics

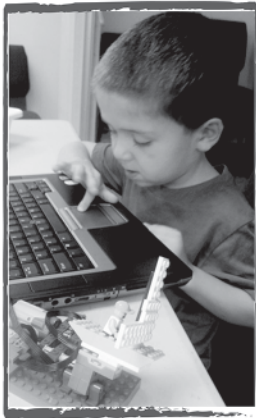
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Contact Information:  
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# Sensational Children

Do you have a sensational child who either craves constant input from the environment or seems overly cautious or fearful of some environmental elements? This child may have a sensory processing disorder. Sensory processing disorders include unusual responses to taste, sight, sound, touch, smell, and movement. A child can incorrectly respond to multiple types of stimuli of these varieties or may have an issue with just one.



## Sight



Visual sensory processing disorders cover a wide range of issues and may manifest as problems with misplacing items, difficulty holding a gaze, lack of eye contact, focus on part of objects, trouble determining where one object ends and another begins, challenges recognizing familiar faces or letters, and over exertion to copy from the board or maintain one's place in a book. Often, these challenges may manifest as clumsiness or exhaustion with daily activities. Testing to determine the type of visual sensory disorder can give parents a guide for helping these children.

## Movement



Floppy children may have a sensory issue with movement and an underdeveloped core. For these children, parents and caregivers can try cube chairs that help the child sit structured and not fall over. Hippity-hop bouncing balls are also great to give the child an opportunity to have fun and strengthen his/her core.

## Smell



Sensitivity to smell can manifest as smelling people, places, or things before interacting or even liking or disliking someone based on smell. To help with sensory integration of smell, introduce calming scents. Lavender is a restful essential oil that can be implanted in a teddy bear and even play dough.



## Sound



Some children screech in horror with sudden loud sounds like a fire alarm. Others go to extremes to create constant noise. To help children who crave sound and even those who avoid it, introduce soothing sounds. Music at 50 to 70 beats per minute is very regulating. Rain and water recordings are naturally comforting. For those who struggle with loud noises, noise cancelling headphones reduce sound.



## Touch



Do you have a child who loves to rub various textures or a child who can barely stand a light touch or clothing tag? This child may have a sensory integration issue with touch. The introduction of fake snow, gak, and kinetic sand during play time may allow a sensory avoidant and sensory seeking child the opportunity to touch textures safely. For those who long for constant and close touch, a cuddle loop or body sock can keep these children feeling soothed and calm.



## Taste



Some children constantly seek oral stimulation. This may be evidenced by chewing on a shirt collar or sleeve; putting non-food items in the mouth; or biting one's tongue, fingernails, or cheek. Great ways to deliver this sensory stimulation include providing chewing gum, preparing beverages that must be sucked through a straw or bottle, teaching calming breaths, and offering necklace candy.



## What about picky eaters?



Caregivers should not force a child who gags on certain textures to eat these foods. Instead introduce these food textures during mealtime and allow the child to see the caregiver enjoying them. Consider allowing the child to play with these textures separately from meal time. The child will try these food textures when he/she is ready.

If it turns out that your child has symptoms of a sensory processing disorder, determine if your child is sensory seeking or sensory avoidant. Then, take measures to help your child respond to the environment appropriately. With the aid of a trained professional, your child can receive services to respond positively in daily life. Wake County Public Schools System's Project Enlightenment is a great place to start to determine next steps for an evaluation. <http://projectenlightenment.wcpsps.net/>





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