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Laugh.



Learn.



Play.

The Town of Cary Parks, Recreation and Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please check the appropriate box on the registration form.

Icon Key:



Parent/Child



Family



Traditional Break



Teen

Registration Dates:

- May 6 – Cary Resident
- May 20 – Nonresident

June

Dog Days of June

Saturday, June 1 | 9 a.m.-2 p.m.
Fred G. Bond Metro Park, Field #4

A day filled with family fun for you and your dogs. The event features a Canine Frisbee Disc Competition, Rabies and Micro-chipping clinics, local pet groups, and vendors showcasing items for our canine family members. All dogs must remain on a leash when not competing. Don't miss the chance to bring your dogs to this free charitable event that is sure to be fun for everyone! Meet up with local dog lovers and see what Cary offers our 4-legged friends and it's all for a good cause!

Canine Frisbee Disc Competition **FREE**

Registration begins at 9:30 a.m.
Competition begins at 10 a.m.

All dogs, regardless of lineage or experience, are invited to participate. Each participant goes home with a free official disc (while supplies last.) Prizes awarded to top 3 competitors. Winners qualify to compete in regional competition that culminates in the World Canine Frisbee Disc Championships. Spectators, human and canine are welcome!

Rabies Vaccines and Micro-chipping Clinics

Keep your pets safe by getting them vaccinated and micro-chipped. Microchip is \$10 per pet

Rabies Vaccine is \$5 per pet. For more, call Cary Animal Control at (919) 319-4517.

Dog Wash

After competing in the dog disc competition or visiting the vendors, let 'Fido' cool down with a nice, fresh bath. Members of Cary Teen Council will wash and dry your dog before you head home. Please, friendly dogs only! For more, call (919) 460-4965.

Fees: Small Dog (1-10 lbs) \$5
Medium Dog (11-30 lbs) \$7
Large Dog (31lbs and up) \$10

For more, visit www.townofcary.org or call (919) 469-4100.



Dog Wash



Yard Sale!

Annual Yard Sale

Saturday, June 15 | 7:30 a.m.-12:30 p.m.
Cary Senior Center

Save your gently used items and donate to the Annual Senior Center Yard Sale! All proceeds support the Cary Senior Center and the many senior clubs that participate in this amazing event. This sale is one not to miss! Thousands of great items from antiques to brand new items can be found at rock-bottom prices. Invite everyone to come to this huge sale. Volunteer to help during set-up or just bring in your unwanted items (we accept items from anyone!) For more, call (919) 469-4081.

Donations accepted: Thursday, June 13 | 9:30 a.m.-6 p.m. &
Friday, June 14 | 9:30 a.m.-4:30 p.m.

Go Skateboarding Day!

Friday, June 21 | noon-10 p.m.
Sk8-Cary Members: Free, Non-members: \$4.50/session

Join Sk8-Cary in the world-wide celebration of Go Skateboarding Day! This is your day to grab your board and meet the rest of the skateboarding community. Starting at noon it's all skate, all day. Bring some friends and have a ton of fun!

BMX Day!

Saturday, June 22 | noon-10 p.m.
Sk8-Cary Members: Free, Non-members: \$4.50/session

Get ready for the 4th annual BMX Day at Sk8-Cary! Come out, bring your friends, and shred our ramps at the only BMX friendly park in the area. You'll have the park from noon-10 p.m. Regular sessions will not be held today.



Independence Olde Time Celebration

Thursday, July 4 | 8 a.m.-3 p.m.
Fred G. Bond Metro Park,
Boathouse

Come join us for an old fashioned celebration of our nation's birth. Sure to be lots of fun for the entire family, the day begins with a fishing tournament, followed by a "Parade in the Park", and a whole host of games and competitions from doThursday,

July 4 | 8 a.m.-3 p.m. | FREE
Fred G. Bond Metro Park, Boathouse
(919) 469-4100

Fishing Tournament – Waterfront 7:30-9:30 a.m.

Registration is at the waterfront at 7:30 with the tournament getting underway at 8 a.m. Prizes awarded for the largest and smallest length fish and other categories. Age groups: 0-5, 6-10, 11-17, and 18 & up.



July 4th Celebration at Koka Booth Amphitheatre

Thursday, July 4 | 3-10 p.m.

Patriotic performances and music combined with family-friendly activities in an atmosphere that is second to none makes the 4th of July Celebration at Booth Amphitheatre an event not to be missed. As the last note fades, the celebration is capped off with a spectacular fireworks display.

Kids young and old will want to watch the boats from the Capital Model Boat Club as they set sail on Symphony Lake at 3 p.m. There will also be an array of contests, magicians, a video gaming truck, and more!

Parade Preparations – Kiwanis Shelter 9-10:30 a.m.

Decorate your bike, trike, stroller, wagon, scooter, or battery powered kid's vehicle for the 'Parade in the Park' (no gas powered vehicles). The theme is 'American Pride.' Limited supplies provided—you are welcome to provide your own or come already prepared! Supplies and assistance provided by Cary Teen Council.

Parade in the Park – Kiwanis Shelter 10:30-11 a.m.

Show your American Pride! Ride, stroll, and parade through the park to the boathouse. Awards will be given in various age groups. Spectators of all ages are welcome to walk with youngsters or watch from the side. The parade ends at the Boathouse.

Family Contests – Boathouse 11 a.m.-3 p.m.

Donut Eating Contest, Lakeside Olympics, Watermelon Eating Contest, Watermelon Seed Spitting Contest, Water Balloon Toss, & Sidewalk Decorating. Fun for all! Bring sidewalk chalk if you'd like. We will provide some sidewalk chalk. Age groups: 0-5, 6-10, 11-17, and 18 & up.

Schedule of Events

- 3 p.m. Gates Open to Blankets, Lawn Chairs & Picnics
- 3-7 p.m. Kids Activities, Ferris Wheel, scavenger hunt and more!
- 3 p.m. Model Boat Regatta on Symphony Lake
- 4:30 p.m. Frozen T-Shirt Contest
- 5:00 p.m. Watermelon Eating Contest
- 5:30 p.m. Lumpy's Ice Cream Eating Contest
- 5:45 p.m. Cary Town Band on Koka Booth Main Stage
- 7:30 p.m. NC Symphony on Koka Booth Main Stage

Special Reserved Seating

Booth Amphitheatre is once again offering four-seat tables for purchase. The price is \$140 per table and includes Lumpy's Ice cream, a Star Spangled Swirl Bread from Great Harvest Bread Company and preferred parking. Tickets may be purchased at the Amphitheatre Box Office or online at www.etix.com.

Please note: Tarps, blankets and chairs are allowed on the lawn. Staking and tents are not permitted.

www.boothamphitheatre.com | (919) 462-2025.

JULY

Ice Cream Social

FREE

Wednesday, July 3 | 2-4 p.m.
Cary Senior Center

This annual event is tasty and fun for all! Not only do we get to enjoy delicious ice cream treats, but we are entertained by the Bond Park Community Center day camp. Co-sponsored by Ashworth Drugs and the Rotary Club of Cary. To reserve your spot register by June 19. For more, call (919) 469-4081.

Registration Code: 66328

Scoops for Troops

Saturday, July 20 | 10 a.m.-3 p.m.
Downtown Cary Performance Green – across from
Cary Arts Center

The Town of Cary is having its second Scoops for Troops event! Scoops for Troops is an ice cream social and family day to honor all active military and veterans. This will be a family-friendly event complete with a ceremony full of special guests to honor the troops, ice cream eating contests, games, activities, entertainment, military vehicle displays, and more. We are partnering with the USO and other military organizations to Salutes Our Troops!

AUGUST

Hot Dog Hoe Down

FREE

Friday, August 16 | 12-1:30 p.m.
Cary Senior Center

Join the fun of a summer cookout with hot dogs and all the fixins! Your admission is a covered dish to share. We grill the dogs and serve the toppings all in celebration of summer! You will find great food and fine friends at this hoe down! To reserve your spot register by August 9. For more, call (919) 469-4081.

Registration Code: 66330



Grab your cowboy hat and join us for a hoe down!



Lazy Daze

37th Annual Lazy Daze Arts & Crafts Festival FREE

Saturday, August 24 | 9-5 p.m.
Downtown Cary

Lazy Daze is the highest ranked one day festival in the Nation for Classic & Contemporary Craft Shows by Sunshine Artist Magazine. The tradition continues, as one of North Carolina's premier arts and crafts festival marks its 37th year!

The Festival is a signature event for the Town of Cary, annually welcoming more than 50,000 people into the historic downtown to experience an amazing array of exceptional arts and crafts. While the Festival has grown tremendously in size and stature, it remains true to its core commitment of bringing the highest quality art, concessions and entertainment to Cary's downtown. In fact, Lazy Daze has become an annual tradition by showcasing outstanding downtown businesses and bringing superior artists from across the nation to the citizens of Cary. Lazy Daze is a big-time festival that maintains its small-town roots. Festival proceeds are dedicated to supporting arts activities, downtown and Town of Cary initiatives.

It's a fun day for the entire family – arts and crafts, food, Kid's World and two huge stages with entertainment all day.

Cary Youth Video Project Premiere at Lazy Daze

FREE

Saturday, August 24 | 1-2 p.m.
Cary Arts Center

The Cary Youth Video Project is a summer course in documentary filmmaking for teens offered at the Page-Walker Arts & History Center. The premiere will feature original documentaries that explore various topics in and around the Triangle. The young filmmakers will be present to talk about their films and answer questions. The premiere is part of the 37th Annual Lazy Daze Arts & Crafts Festival. For more, call (919) 460-4963.



Community Performance Calendar

JUNE

25th Anniversary Alumni and Philharmonic Association Concert

FREE

Hugh Partridge, Conductor

Sunday, June 2 | 3 p.m.
Koka Booth Amphitheatre

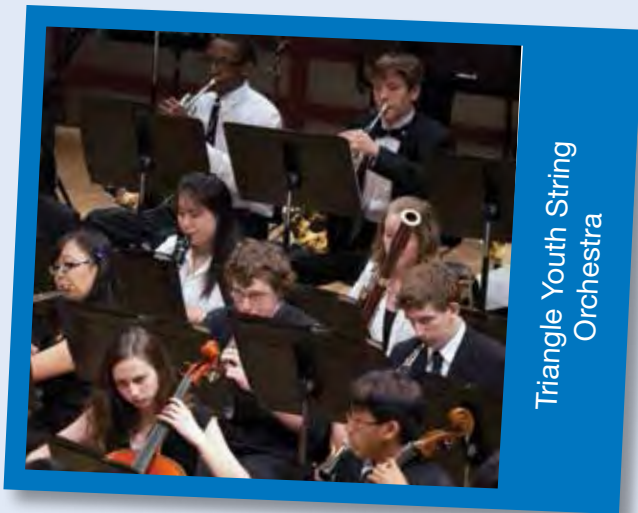
AUGUST

Triangle Youth String Orchestra and Triangle Youth Jazz Ensemble II Summer Concerts

FREE

Saturday, August 17 | 3 & 4:45 p.m.
Cary Arts Center

The Philharmonic Association will present two free concerts with performances by summer session youth musicians. At 3 p.m. the Triangle Youth String Orchestra, under the direction of Jacob Wenger, will give a concert performing the pieces they have studied in weekly rehearsals. At 4:45 p.m. two bands of young jazz enthusiasts will perform. Members of the Triangle Youth Jazz Ensemble II, led by Lisa Burn, will kick off the concert, followed by the more advanced Triangle Youth Jazz Ensemble, led by Gregg Gelb. Come enjoy these budding young musicians!



SPECIAL EVENTS



Roundabout Cary 5K

July 27 | 8 a.m. | Downtown Cary

Celebrate the new roundabouts on East and West Chatham Streets in downtown Cary. Bring family and friends to run the inaugural Roundabout Cary 5K.

Details and registration info at www.townofcary.org

Koka Booth Amphitheatre

8003 Regency Parkway • Cary, NC 27518
(919) 462-2025



Koka Booth Amphitheatre – Entertainment, Naturally!

Cary's Booth Amphitheatre's performance season runs April through October and features performances by the NC Symphony, nationally acclaimed artists, music and art festivals and movie nights.

Booth Amphitheatre features a wide variety of food and beverage selections at each event. Guests are permitted to bring their own picnic dinners to all North Carolina Symphony events and Movies by Moonlight Events!

For detailed information on upcoming Booth Amphitheatre events please visit the Amphitheatre's website at www.BoothAmphitheatre.com.

2013 NORTH CAROLINA SYMPHONY SUMMERFEST SERIES

Summerfest Opening Night: Brahm's Symphony 2

Saturday, May 25 | 7:30 p.m.

Summerfest Opening Night launches your summer of music, featuring Play with the Pros. Enjoy the evening as the Triangle's most gifted citizen musicians of all ages join forces with Resident Conductor and Summerfest Artistic Director William Henry Curry and the North Carolina Symphony in a robust evening of classical masterpieces, including Brahms Symphony No. 2 in D Major, plus Ferdinand Herold's Zampa Overture, Vaughan Williams' English Folk Song Suite, and Jean Sibelius' Finlandia.

Summerfest—At The Movies

Saturday, June 1 | 7:30 p.m.

Join Grant Llewellyn for a special performance of music from some of the greatest movies of all time, including the James Bond films, "Out of Africa," "Indiana Jones," "Pirates of the Caribbean," and "Gone with the Wind." And, the Symphony is hosting a costume contest for folks who come dressed as their favorite movie character, with a chance to win free Summerfest tickets, and more. Lights! Action! Music!

Summerfest—Classical Mystery Tour

Saturday, June 8 | 7:30 p.m.

Back by popular demand, the orchestra will once again host the "Fab Four" as part of the Classical Mystery Tour, which celebrates the 45th anniversary of the release of the Beatles' White Album. Guest conductor Martin Herman will lead the North Carolina Symphony and the Classical Mystery Tour band in some of the greatest Beatles tunes ever such as "I Am The Walrus," "Eleanor Rigby," and "Penny Lane," along with beautiful ballads such as "The Long and Winding Road" and "Yesterday." The Symphony guarantees that the audience will love it... yeah, yeah, yeah!

Summerfest—Rachmaninoff's Rhapsody on a Theme of Paganini

Saturday, June 15 | 7:30 p.m.

Maestro Curry and the orchestra will be joined by guest pianist Di Wu for Rachmaninoff's Rhapsody on a Theme of Paganini. Praised in the Wall Street Journal as "a most mature and sensitive pianist" and named one of the "up-and-coming talents" in classical music by Musical America, Chinese-born Di Wu continues to enhance her reputation as an elegant and powerful musician. Her concerts have taken her across the globe, charming audiences from East to West with her "charisma, steely technique, and keen musical intelligence" (Philadelphia Inquirer) and her "fire and authority." — Washington Post



Summerfest—Broadway Blockbusters

Saturday, June 22 | 7:30 p.m.

This concert will definitely have audiences leaving humming. Join Maestro Curry and the orchestra for an evening of Broadway Blockbusters. Mega-hits such as “Defying Gravity” from Wicked, “I Dreamed a Dream” from Les Miserables, and “Music of the Night” from Phantom of the Opera, plus hits from Music Man, Fiddler on the Roof, and The Sound of Music.

Summerfest—Holst’s The Planets: An HD Odyssey

Saturday, June 29 | 7:30 p.m.

The Symphony plays music that is out of this world when it performs Holst’s The Planets: An HD Odyssey. Conductor William Henry Curry will guide listeners on the ultimate journey through the galaxy with Gustav Holst’s symphonic powerhouse, The Planets, live with high definition images from NASA projected on a giant screen above the orchestra.

Town of Cary’s July 4th Independence Day Celebration

Thursday, July 4 | 7:30 p.m.

Full details on page 3.

Summerfest—1812 Overture

Saturday, July 6 | 7:30 p.m.

Summerfest’s Finale will feature a Classics Celebration. Some of music’s greatest works will explode from the stage, including Handel’s Music for the Royal Fireworks, the Hallelujah Chorus from Messiah featuring the Concert Singers of Cary, and Tchaikovsky’s epic 1812 Overture. Ready...Aim...Play!

Blankets, lawn chairs and picnics allowed for all Summerfest events. Ticket prices are to be announced. Check www.boothamphitheatre.com for the latest news and information.

2013 “BEST OF BOOTH” MINI PACKS

Are you an arts and entertainment fan but simply don’t know if you can attend all 2013 Koka Booth Amphitheatre events? Purchase a Mini Pack and receive lawn tickets good for your choice of shows. The Mini Pack lawn tickets allow you to attend several shows throughout the season or use them all for one event. Mini packs are on sale now but quantities are limited so get your soon!

- **10 Pack: \$300** (\$30 per lawn ticket)
- **20 Pack: \$550** (\$27.50 per lawn ticket)

Reserve your mini pack today by calling (919) 462-2025.

Special VIP Table seating is also available on a seasonal basis. For details call (919) 462-2025.

CONCERTS & FESTIVALS

Live Music Entertainment

For the past 12 summers, artists such as Garrison Keillor, Ray LaMontagne, Alison Krauss & Union Station, Crosby-Stills-Nash, John Mayer, Norah Jones, Sheryl Crow Jack Johnson, Kings of Leon, Black Eyed Peas and Bob Dylan have performed at Koka Booth Amphitheatre. The summer of 2013 will not disappoint. For up-to-date concert listings visit www.boothamphitheatre.com or call (919) 462-2025.

Chili Brew Festival

Saturday, April 6 | noon-6 p.m.

Tickets: \$25-\$49

Blankets and lawn chairs allowed. No outside food or beverage permitted.

Great Grapes! Wine, Arts, Food Festival

Saturday, April 20 | 11 a.m.-8 p.m.

Tickets: \$20-\$40

Blankets and lawn chairs allowed. No outside food or beverage permitted.

Sound of Music Sing-A-Long

Friday, April 26 | 8 p.m.

Tickets: \$7-\$12

Blankets and lawn chairs allowed. Picnics permitted.

Band Together Annual Concert featuring Lyle Lovett

Saturday, May 4

Tickets: TBA

Blankets and lawn chairs allowed. No outside food or beverage permitted.



IN PERSON: Amphitheatre Box Office
Tue-Fri: noon-6 p.m. • Sat: 10 a.m.-1 p.m.

ONLINE: etix.com

PHONE: (800) 514-3849
Mon-Fri: 9 a.m.-8 p.m.
Sat: 10 a.m.-8 p.m.
Sun: 12 p.m.-8 p.m.

Strike Up the Band! Featuring Concert Singers of Cary

Saturday, May 11

Tickets: \$15-\$25

Blankets and lawn chairs allowed. Picnics permitted.

American Celebration – Memorial Day Weekend Concert

Sunday, May 26

Tickets: General Admission Lawn-\$15, Table Seats-\$25

Blankets and lawn chairs allowed. Picnics permitted.

Beer, Bourbon & BBQ Festival

Friday, August 2

Saturday, August 3

Tickets: TBA

Blankets and lawn chairs allowed. No outside food or beverage permitted.

Grease Sing-A-Long

Saturday, August 24 | 8 p.m.

Tickets: \$7-\$12

Blankets and lawn chairs allowed. Picnics permitted.

Passion Pit

Tuesday, June 11

Tickets: \$30-\$35

Blankets and Lawn Chairs Allowed. No outside food or beverage permitted.

Lumineers

Thursday, June 13

Tickets: \$35-\$45

Blankets and Lawn Chairs Allowed. No outside food or beverage permitted.

Harry Connick, Jr.

Tuesday, July 9

Tickets: \$39.50-\$79.50

Blankets and Lawn Chairs Allowed.

2013 MOVIES BY MOONLIGHT



Bring your blanket or lawn chair and enjoy your favorite movie on a huge 30' x 40' movie screen! Movies are held weekly throughout the summer and are just \$3 for adults and free for kids under 12. A full concession menu is available and includes your favorite movie theatre items—popcorn, candy and soft drinks. Patrons are also welcome to bring a picnic dinner to enjoy during the movie!

Amphitheatre gates open at 7 p.m. and the movie starts at dusk. Movies nights are subject to change without notice.

Visit www.boothamphitheatre.com for a schedule of movies.

Starlight Concert Series

Page-Walker Arts & History Center Garden

The Starlight Concert Series is a lively concert series that takes place in the beautiful gardens of the Page-Walker Arts & History Center. Co-sponsored by the Friends of Page-Walker and the Piedmont Council of Traditional Music. All concerts are free. For more, call (919) 460-4963.

Al Batten & the Bluegrass Reunion

Fri Jun 14 7 p.m.

From the first note you'll know that this is bluegrass from the heart! For over 30 years, Al Batten & the Bluegrass Reunion have played the finest in traditional bluegrass music. Led by Al Batten, lead singer and banjo player, known for his wit, outgoing personality and down-home demeanor, the Bluegrass Reunion is comprised of veteran bluegrass musicians sure to set your feet tapping. www.bluegrassreunion.com



Al Batten & the Bluegrass Reunion

The Snyder Family Band

Fri Jun 28 7 p.m.

The Snyder Family Band showcases the extraordinary talents of 17 year-old Zeb Snyder and his sister, 14 year-old Samantha. Their depth of feeling for the music has taken them to stages far and wide, including multiple appearances at MerleFest. The Snyders were an official showcase band for the 2010 World of Bluegrass. In 2011, Zeb earned the title of SC State Guitar Champion. Produced in partnership with the Piedmont Council of Traditional Music, this concert will also feature young musicians from the Town of Cary's Bluegrass Camps. www.snyderfamilyband.com

Ricardo Diquez and The Tropic Orchestra

Fri Jul 12 7 p.m.

Delight in the high-tempo Latin rhythms of Ricardo Diquez and The Tropic Orchestra. This Caribbean dance orchestra consists of Ricardo Diquez, also known as "TNT", and a host of veteran musicians from the United States, Puerto Rico, Colombia and Venezuela.



Ricardo Diquez and The Tropic Orchestra

Jamrock

Fri Jul 26 7 p.m.

Rock out to Jamrock's authentic reggae rhythms as they play "Yard Style" reggae, including Lovers Rock, Oldies, Dancehall, and Roots music. The band's Jamaican core contributes to their sound which reflects their origins. This concert is sure to have you "jammin' mon!"



The Snyder Family Band

PLEASE NOTE: Food and lawn chairs are permitted, but please leave alcoholic beverages and pets at home. Concerts may be cancelled or rescheduled in the event of inclement weather.

Downtown Performers Series

Downtown Performance Green—At the corner of Academy St. and Kildaire Farm Road

Downtown Cary comes alive with all types of music in our outdoor concert series. We invite you to bring a picnic, sit back and relax, and enjoy the fresh air as the best local performers entertain you! All performances FREE. For more, visit www.townofcary.org or call (919) 469-4061.

Big Celtic Fun

Fri Jun 21 7 p.m.

Big Celtic Fun, from Chapel Hill, is a local band devoted to the folk music of Ireland, Scotland, New England and Canada. The band is comprised of Eileen Regan (fiddle, vocals), Tim Smith (flute, tin whistle, piano, English concertina, and the occasional vocal), percussion whiz Drew Pilant, and the guitar/bouzouki of Jeff Engel or the guitar/fiddle/cello of Scott Walker. Big Celtic Fun has played for contra dances and festivals of all kinds in the area. They feature driving traditional instruments, lovely singing of mostly Irish and Scottish songs by Eileen, and humorous original songs from Tim.

Seven O'clock Rock Series

Corner of Academy and Chatham Streets

Take time to strut your stuff on the streets of downtown Cary! A block party experience in Downtown Cary will find the streets closed off, merchants open late, good music, and the opportunity to gather and enjoy great music with your friends and neighbors. Free dance lessons are offered prior to the concert so you can cut a rug on the street! All performances are FREE. For more, visit www.townofcary.org or call (919) 469-4061.

Beach Night with the Magnificents Band

Thu Jun 27 7 p.m.

Magnificents Band has a wealth of live playing experience in varied styles of music including beach. The band has four distinctly different lead vocalists and some of the best musicians around. The Magnificents Band always enjoy interacting with the audience and strive to make every performance a memorable one for all.



Summer Sertoma Series

Sertoma Amphitheatre at Fred G. Metro Bond Park

Sertoma Amphitheatre is one of Cary's best kept secrets, nestled away inside Bond Park. This intimate venue is a perfect setting for summer concerts. Come early for a seat, or pack your own chair and enjoy these FREE concerts. For more, call (919) 469-4069.

Old North State Brass

Sat Jun 1 7 p.m.

Audiences of all ages will enjoy brass players and percussion featured in a wide variety of musical styles from marches, show tunes, big band swing and ragtime.



Triangle Brass Band

Triangle Brass Band

Fri Jun 7 7 p.m.
Fri Jun 28 7 p.m.

Join the Triangle Brass Band for "Pops in the Park!" The area's premier adult brass band will perform an audience-pleasing selection of marches, musicals, light classical music and traditional brass band tunes. www.trianglebrass.org



Erin McDermott

Triangle Wind Ensemble presents Pops in the Park

Fri Jun 14 7 p.m.

The 50-member Triangle Wind Ensemble performs a variety of audience-friendly selections including film music, marches, medleys and more! www.trianglewind.org

Erin McDermott in partnership with PineCone

Sat Jun 15 6 p.m.

“Erin McDermott writes short stories in song about small town life in Vermont. Her characters come alive in the songs and you get to know these real people by the time the second chorus comes around. With a voice as strong and as uniquely expressive as her lyrics, Erin is a songwriter to watch in the coming years.” — Tim O’Brien www.erinmcdermott.net

Independence Eve Celebration

Wed Jul 3 6:30 p.m.

Kick off your Independence Day celebrations with an Independence Eve performance by the Applause! Cary Youth Theatre touring troupe at 6:30 p.m. followed by the Cary Town Band at 7:30 p.m. www.carytownband.org

PLEASE NOTE: Food and lawn chairs are permitted, but please leave alcoholic beverages at home. Concerts may be cancelled or rescheduled in the event of inclement weather.

Brian Horton Quartet in partnership with PineCone

Sat Jul 13 6 p.m.

A personal favorite and voted Best Jazz Band in the Triangle by Indy Week in 2010. Brian Horton is a composer, saxophonist, producer and jazz educator from Kinston, NC. As a composer and arranger his music has been featured in several independent documentaries for Columbia and Stanford Universities, ESPN, FootLocker, and director Spike Lee. Best by far, this young lion is as entertaining to watch as he is to hear on record. www.brianhorton.com



Brian Horton Quartet

What's New in the Town of Cary

It's easy to find out with our **FREE** online subscription service!

STEP 1 – Log on to www.townofcary.org

STEP 2 – Click on the  icon

STEP 3 – Sign up to receive **FREE** email updates in your inbox



Preschool Arts



Parent/Child Class



Teen



Preschool Painting Fun

PRESCHOOL WEEKDAY WITH CAREGIVER

Art Express (age 2-6 with caregiver)



All aboard for family fun! A variety of art projects that encourage cooperative play and skill-building are designed around special themes.

Instructor: Linda Simpson
Fees: \$25(R) \$32(N) (3 classes)

Fireflies and Fishin'

| | | | |
|-------|-----|-------------------|------------------|
| 67735 | Fri | Jun 21-Jul 12 | 9:30-10:30 a.m. |
| | | (no class July 5) | |
| 67863 | Fri | Jun 21-Jul 12 | 10:45-11:45 a.m. |
| | | (no class July 5) | |

Zany Zoo

| | | | |
|-------|-----|--------------|------------------|
| 67736 | Fri | Jul 26-Aug 9 | 9:30-10:30 a.m. |
| 67864 | Fri | Jul 26-Aug 9 | 10:45-11:45 a.m. |

Age Limits

Children must be the minimum age before the beginning of class to be eligible to register. Programs that include age K5 are for 5-year-olds who are currently attending Kindergarten.



Materials are included unless specified. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

All courses are held at Cary Arts Center unless otherwise noted.



SATURDAY PRESCHOOL WITH CAREGIVER

Art Buddies (age 2-6 with caregiver)



You and your art buddy will create works of art and make life-time memories in these workshops designed to encourage cooperative play and build basic skills used in the creative process.

Location: Bond Park Community Center
Instructor: Laura Gorman
Fees: \$9(R) \$12(N) (1 class)

Mr. Golden Sun

| | | | |
|-------|-----|-------|------------------|
| 67935 | Sat | Jun 8 | 9:30-10:30 a.m. |
| 67936 | Sat | Jun 8 | 10:45-11:45 a.m. |

Ice Cream Social

| | | | |
|-------|-----|--------|------------------|
| 67937 | Sat | Jul 13 | 9:30-10:30 a.m. |
| 67938 | Sat | Jul 13 | 10:45-11:45 a.m. |

Anchors Away

| | | | |
|-------|-----|--------|------------------|
| 67941 | Sat | Aug 10 | 9:30-10:30 a.m. |
| 67942 | Sat | Aug 10 | 10:45-11:45 a.m. |

Saturday Express (age 2-6 with caregiver)



All aboard for Saturday family fun! A variety of art projects that encourage cooperative play and skill-building are designed around special themes.

Instructor: Lisa Honeycutt
Fees: \$9(R) \$12(N) (1 class)

Under the Sea

| | | | |
|-------|-----|--------|--------------|
| 67879 | Sat | Jun 15 | 11 a.m.-noon |
|-------|-----|--------|--------------|

Down on the Farm

| | | | |
|-------|-----|--------|--------------|
| 67880 | Sat | Jul 13 | 11 a.m.-noon |
|-------|-----|--------|--------------|

REGISTRATION DATES:



Saturdays in Clay (age 3-5 with caregiver)



You and your child work together to create and decorate theme-based, hand built clay pieces.

Instructor: Linda Simpson
Fees: \$16(R) \$21(N) (2 classes)

Makin' Mud Fish

68442 Sat Jun 1-8 9:30-10:30 a.m.

Mud Makers Music

68443 Sat Jun 22-29 9:30-10:30 a.m.

SATURDAY PRESCHOOL

Saturday Surprise (age 3-5)

Spend a fun-filled morning creating theme-based art projects inspired by children's literature and music.

Instructor: Laura Gorman
Fees: \$12(R) \$16(N) (1 class)

Lightning Bugs!

67928 Sat Jun 22 10:30 a.m.-noon

Sandcastles for Keeps

67929 Sat Jun 29 10:30 a.m.-noon

Fidgety Fish

67930 Sat Aug 17 10:30 a.m.-noon

Kooky Krocs (age 3-5)

These Krocs will be so cute you will want to name them and have them join your family!

Instructor: Barb Lentz
Fees: \$12(R) \$16(N) (1 class)

67959 Sat Jul 6 10:30 a.m.-noon

Light Houses and Sand Dollars (age 3-5)

Imagine going to the beach and bringing home a souvenir. Our light house will have light and the sand dollar will have things direct from the sea.

Instructor: Barb Lentz
Fees: \$12(R) \$16(N) (1 class)

67960 Sat Jul 13 10:30 a.m.-noon

Caterpillar Capers (age 3-5)

Make a cuddly little caterpillar and a beautiful leaf on which (s)he can play!

Instructor: Claudia Czap
Fees: \$12(R) \$16(N) (1 class)

68370 Sat Jul 20 10:30 a.m.-noon

Popsicle Puppet (age 3-5)

Create a cute puppet on a stick with which you can play and use to entertain your family.

Instructor: Claudia Czap
Fees: \$12(R) \$16(N) (1 class)

68371 Sat Jul 27 10:30 a.m.-noon

Happy Birds! (Not Angry Ones) (age 3-5)

We'll make these feathered creatures to hang and light up when it's night time.

Instructor: Barb Lentz
Fees: \$12(R) \$16(N) (1 class)

67961 Sat Aug 3 10:30 a.m.-noon

Turtle Time (age 3-5)

Make an adorable baby turtle that will become your new playmate.

Instructor: Claudia Czap
Fees: \$12(R) \$16(N) (1 class)

68372 Sat Aug 10 10:30 a.m.-noon



My Pretty Pink Elephant

Art is a messy business!

Please send children to Cary Arts Center classes in old clothing.

Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

Youth Arts

FAMILY WEEKEND WORKSHOPS

Friday Family



Parents join the fun! Participate in a night creating art and decor with your child. Each parent and child will have an opportunity to complete a variety of projects with an emphasis on exploring different media and techniques.

Instructor: Ginny O'Neal
Fees: \$17(R) \$21(N) (1 class)

What's Up, What's Down, What's Green and Brown? (age 5-9 with parent)

68035 Fri Jun 21 5-7 p.m.

Pack Your Bags! Let's Travel! (age 5-9 with parent)

68036 Fri Jul 26 5-7 p.m.

Investigate the Deep Blue See (age 5-9 with parent)

68037 Fri Aug 9 5-7 p.m.

What's Up, What's Down, What's Green and Brown? (age 10-13 with parent)

68040 Fri Jun 21 7:15-9:15 p.m.

Pack Your Bags! Let's Travel! (age 10-13 w parent)

68041 Fri Jul 26 7:15-9:15 p.m.

Investigate the Deep Blue See (age 10-13 with parent)

68042 Fri Aug 9 7:15-9:15 p.m.

Lemonade for Sale! (age 3-10 with caregiver)



Get your summer off to a fun start by making a lemonade stand out of big boxes. We'll provide the boxes—you and your family will bring the energy, creativity and elbow grease!

Instructor: Lisa Honeycutt
Fees: \$21(R) \$27(N) (1 class)

68189 Sat Jun 22 10 a.m.-12:30 p.m.

Make It in Clay (age 6-15 with caregiver)



Learn clay handbuilding techniques while you and your child work together to complete a project you will both cherish.

Instructor: Linda Simpson
Fees: \$25(R) \$32(N) (2 classes)

68448 Sat Jul 13-20 10-11:30 a.m.

68449 Sat Aug 10-17 10-11:30 a.m.



Puppy Dog Cookie Jar

CERAMICS WEEKDAY YOUTH

Clay Mobiles (age K5-7)

Let's make clay mobiles inspired by Alexander Calder's moving art. Use shapes, textures, and designs to create themed wind chimes. Moons, stars, fish and more!

Instructor: Linda Simpson
Fees: \$31(R) \$40(N) (3 classes)

68450 Wed Jun 12-26 4:30-6 p.m.

Coiling and Sculpting (age K5-7)

Roll, poke, and mold clay to create creatures and containers.

Instructor: Linda Simpson
Fees: \$36(R) \$47(N) (3 classes)

68451 Wed Jul 10-24 4:30-6 p.m.

Oceans of Fun (age K5-7)

Let's make fantastic fish, sand castles, and boats of clay.

Instructor: Linda Simpson
Fees: \$36(R) \$47(N) (3 classes)

68452 Wed Aug 7-21 4:30-6 p.m.

REGISTRATION DATES:



Materials are included unless specified. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

All courses are held at Cary Arts Center unless otherwise noted.



Mobiles in Clay (age 8-12)

Let's make clay mobiles inspired by Alexander Calder's moving art. Use shapes, textures, and designs to create themed wind chimes. Moons, stars, fish and more!

Instructor: Linda Simpson
Fees: \$36(R) \$47(N) (3 classes)
68453 Wed Jun 12-26 6-7:30 p.m.

Pinch, Coil and Sculpt (age 8-12)

Roll, poke, and mold clay to create creatures and containers.

Instructor: Linda Simpson
Fees: \$36(R) \$47(N) (3 classes)
68454 Wed Jul 10-24 6-7:30 p.m.

Clay Waves (age 8-12)

Create sculptures of the sea. Shells, sea creatures, and oceans inspire great art!

Instructor: Linda Simpson
Fees: \$36(R) \$47(N) (3 classes)
68455 Wed Aug 7-21 6-7:30 p.m.

DRAWING AND PAINTING WEEKDAY YOUTH

Art Adventures (age K5-8)

Learn the "language" of art. Explore drawing, painting, and collage construction through projects designed around themes. Develop your imagination and observation skills. Experimenting with materials will be emphasized. Five year-olds who register for this program must be enrolled in or have completed Kindergarten.

Instructor: Kristen Mulder
Fees: \$25(R) \$32(N) (3 classes)

Bugs and Butterflies

67717 Wed Jun 12-26 5-6 p.m.

Fireworks in the Sky

67718 Wed Jul 10-24 5-6 p.m.

Dragons, Fairies, and Mermaids—Oh My!

67719 Wed Jul 31-Aug 14 5-6 p.m.

Drawing Discoveries (age K5-8)

Learn the principles of drawing (composition, perspective, value, color, etc.) and experiment with different media (pens, pencils, pastels, charcoal, etc.). Class themes are designed to develop both imagination and observation skills.

Instructor: Najla Abdullah
Fees: \$25(R) \$32(N) (3 classes)

Line Up!

67773 Tue Jun 11-25 5-6 p.m.

Getting Scratchy

67774 Tue Jul 9-23 5-6 p.m.

All Boxed In

67775 Tue Jul 30-Aug 13 5-6 p.m.

CERAMICS:

What to Know at Cary Arts Center

- Clay is \$0.85/lb and must be purchased from Cary Arts Center – includes two firings and glaze.
- Tools are not provided, but may be purchased from the lower level front desk.
- Dress for a mess.

Kiln Firing:

- Finished classwork and studio work may be picked up 10 to 14 days after completion.
- Classwork takes priority over studio work.

PREREQUISITE REQUIRED?

Some of our Teen Ceramic Arts courses require a prerequisite, which is generally noted at the end of a course description. The prerequisite requirement is placed on those courses in which the student must have completed the basic or beginning course to participate. A prerequisite makes certain that all participants in the advanced or intermediate level courses have the minimum skill level needed to participate to the fullest in the course. It also eliminates the need for the instructor to re-teach the basics. Please contact Cary Arts Center staff for more information.

Courses filling most of the prerequisites in Teen Ceramic Arts must have been taken at Jordan Hall Arts or Cary Arts Center. They are as follows: Wheel Watchers, Teen Pottery Exploration, Kids at the Wheel.

Those who have taken the Kids at the Wheel II with Raku may sign-up for the Raku Firing with parental permission.

For details, call (919) 469-4069

Cartoon Sketching Anime & Manga Characters

(age K-9 & 9-12)

Sharpen eye-hand coordination and drawing skills while creating characters and creatures found in Japanese animation and comic books. Class is suitable for beginners as well as advanced students due to the one-on-one instruction and customization of sketching exercises to foster individual artistic development.

Instructor: Alberto Lung
Fees: \$25(R) \$32(N) (3 classes)

Dragon Ninja Knights (age K5-9)

68020 Mon Jun 10-24 5-6 p.m.

Alien Hunters and Space Commandos (age K5-9)

68021 Mon Jul 8-22 5-6 p.m.

Olympic Gladiators and Warriors (age K5-9)

68022 Mon Aug 5-19 5-6 p.m.

Dragon Ninja Knights (age 9-12)

68025 Mon Jun 10-24 6:15-7:15 p.m.

Alien Hunters and Space Commandos (age 9-12)

68026 Mon Jul 8-22 6:15-7:15 p.m.

Olympic Gladiators and Warriors (age 9-12)

68027 Mon Aug 5-19 6:15-7:15 p.m.

Drawing Dimensions (age 8-12)

Learn the principles of drawing (composition, perspective, value, color, etc.) and experiment with different media (pens, pencils, pastels, charcoal, etc.). Class themes are designed to develop both imagination and observation skills.

Instructor: Kristen Mulder
Fees: \$25(R) \$32(N) (3 classes)

Amazing Insects

67712 Tue Jun 11-25 5-6 p.m.

Firecrackers and Rockets

67713 Tue Jul 9-23 5-6 p.m.

Epic Creatures of Myth

67714 Tue Jul 30-Aug 13 5-6 p.m.

Watercolor Ways (age 8-12)

Examine the ways of watercolor including color mixing, washes, creating value, and painting techniques while exploring a variety of themes. Each three-week session will cover a variety of watercolor techniques in addition to general art issues such as composition, rendering, balance and contrast.

Instructor: Najla Abdullah
Fees: \$25(R) \$32(N) (3 classes)

Psychedelic Sand

67778 Wed Jun 12-26 5-6 p.m.

Crumple It Up

67779 Wed Jul 10-24 5-6 p.m.

Floating Away

67780 Wed Jul 31-Aug 14 5-6 p.m.

All courses are held at Cary Arts Center unless otherwise noted.

SEWING WEEKDAY YOUTH

Sew Basic Tote Bag (age 9-12)

Sew up a cute tote bag while learning basic machine operation, cutting, sewing and pressing techniques.

Instructor: Karen Campbell
Fees: \$27(R) \$34(N) (1 class)

67759 Fri Jul 5 9 a.m.-noon

Sew Basic Back Pack (age 9-12)

Carry your books and other treasures in a custom made back pack. Students will learn basic machine operation, cutting, sewing and pressing techniques.

Instructor: Karen Campbell
Fees: \$27(R) \$34(N) (1 class)

67757 Fri Jul 5 1-4 p.m.

Sew Let's Begin! (age 9-12)

Get your creative juices flowing! Learn design skills along with an introduction to pattern reading, cutting, pinning, machine sewing and more! Projects include a stuffed whale, a beach tote and a pair of shorts. This class is for beginners and students with some sewing knowledge.

Instructor: Tracy Turney
Fees: \$39(R) \$49(N) (3 classes)

68072 Wed Jun 12-26 5-6:30 p.m.



Watercolor Art Landscapes



YOUTH OPEN STUDIO

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Children, such as siblings, who are not part of the **Open Studio Membership Pass** system may not remain in the studio during Open Studio time.

Prerequisite: Successful completion of a Jordan Hall Arts Center or Cary Arts Center ceramics course. Instructor and parental approval.

Visit the studio during supervised times:
Wednesdays & Thursdays Weekly – 4-7 p.m.

Parent/Child Studio Time:
3rd Sunday of each month 1-3:30 p.m. Sep-May

- Both parent & child must have a valid Open Studio pass.

Unsupervised Home Schoolers Only Open Studio:
1st Thursday of each month 2-4 p.m.

- All children must have a valid Open Studio pass and be accompanied by a parent/guardian.

Call (919) 469-4069 for details.

Don't let your work be **TRASHED!**

For details, call (919) 469-4069

WEEKEND YOUTH WORKSHOPS

Cartooning for Kids and Young Kids (age K5-8 and 8-12)

If you want to learn about cartooning then this is the class for you. Not sure about cartooning? Take the simple quiz. I like: a. Cartoons b. Drawing c. Having Fun. If you answered a, b, or c you are definitely in the right place.

Instructor: Robert Ostrom
Fees: \$12(R) \$16(N) (1 class)

Cartooning for Young Kids (K5-8)

68047 Sat Jun 29 10:30 a.m.-noon
68050 Sat Jul 27 10:30 a.m.-noon

Cartooning for Kids (age 8-12)

68048 Sat Jun 29 1-3 p.m.
68051 Sat Jul 27 1-3 p.m.

Picasso Pictures (age K5-9)

Explore line, color, and shape while drawing Picasso-style pictures and then add lots of color with paint or oil pastels.

Instructor: Kristen Mulder
Fees: \$17(R) \$21(N) (1 class)

67888 Sat Jul 20 10 a.m.-noon

Dragon Delight (age K5-10)

Imagine a fire-breathing dragon! These magical creatures are sure to delight!

Instructor: Barb Lentz
Fees: \$17(R) \$21(N) (1 class)

67884 Sat Jul 6 1-3 p.m.

Mustang Mania (age K5-10)

These miniature horses will be instant family members! Western, English or Wild!

Instructor: Barb Lentz
Fees: \$17(R) \$21(N) (1 class)

67885 Sat Aug 3 1-3 p.m.

Age Limits

Children must be the minimum age before the beginning of class to be eligible to register. Programs that include age K5 are for 5-year-olds who are currently attending Kindergarten.

Jungle Crocs (age K5-10)

Want a pet like none other? Your friends will wish they had one too!

Instructor: Barb Lentz
Fees: \$17(R) \$21(N) (1 class)
67886 Sat Aug 10 1-3 p.m.

Sea Scenes (age K5-11)

You can almost hear the sea gulls flying overhead! Create special sea scenes using a variety of materials.

Instructor: Lisa Honeycutt
Fees: \$17(R) \$21(N) (1 class)
67913 Sat Jun 15 1-3 p.m.

Funky Farm Animals (age K5-11)

Do you love farm animals? You'll be sure to love the funky one that you craft in this class!

Instructor: Lisa Honeycutt
Fees: \$17(R) \$21(N) (1 class)
67914 Sat Jul 13 1-3 p.m.

Saturday Youth Holiday Sewing Workshops (age 8-12)

Learn or review basic sewing techniques and machine operation, then use your skills to sew a festive project for a special holiday or celebration.

Instructor: Mary Ashlyn Thomas
Fees: \$27(R) \$34(N) (1 class)

Sew Festive! Father's Day

67986 Sat Jun 15 9 a.m.-noon

Sew Festive! Independence Day

67990 Sat Jun 29 9 a.m.-noon

Sew Festive! Harry Potter's Birthday

67991 Sat Jul 20 9 a.m.-noon

Origami Ninja Stars Workshop (age 8-12)

Build your own stockpile of ninja stars. Learn to fold a 4 point, then an 8 point and if you want a real challenge work on a 16 point ninja star!

Instructor: Alberto Lung
Fees: \$25(R) \$32(N) (1 class)
67887 Sat Jun 22 12:30-3:30 p.m.

Art is a messy business!

Please send children to Cary Arts Center classes in old clothing. Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

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Draw It Like Picasso (age 8-12)

Explore line, color, and shape while drawing Picasso-style faces. Add hair to create the sense of movement and then use paint or oil pastels to introduce vivid colors.

Instructor: Kristen Mulder
Fees: \$17(R) \$21(N) (1 class)
68219 Sat Jul 20 1-3 p.m.

Sewing Fun (age 9-12)

Learn some basic sewing techniques while using colorful fabrics to create a unique piece to take home. Each Sewing Fun workshop will offer a different project!

Instructor: Karen Campbell
Fees: \$27(R) \$34(N) (1 class)
67901 Sat Jul 13 9 a.m.-noon
68097 Sat Aug 17 9 a.m.-noon

WEEKEND CERAMICS

Makin' Clay on Saturday (age 5-9)

Use your imagination to sculpt and mold clay projects based around a central theme.

Instructor: Linda Simpson
Fees: \$16(R) \$21(N) (2 classes)

Fantastic Fun Fishes

68445 Sat Jun 1-8 11 a.m.-noon

Noise Makers & Shakers

68446 Sat Jun 22-29 11 a.m.-noon



Ready for class to begin!

Teen Arts

GENERAL ART

Dramatic Encaustics (age 12-17)

Explore the fascinating world of encaustic art! We will combine wood, plaster, wax, and paint to create a visually stunning image. Supplies provided.

Instructor: Najla Abdullah
Fees: \$53(R) \$66(N) (3 classes)
67808 Tue Jun 11-25 6:30-8:30 p.m.

Rock Gnome Home (age 12-17)

Paint a whimsical forest home for a gnome or fairy. Step-by-step instructions will ensure that each student enjoys the experience and completes the project. Supplies provided.

Instructor: Lynne Fischer
Fees: \$17(R) \$21(N) (1 class)
68239 Thu Jun 27 6-8 p.m.
68242 Thu Aug 22 6-8 p.m.

CALLIGRAPHY

Calligraphy with Design in Mind (age 11-16)

Learn new calligraphy lettering styles and improve your handwriting skills, while using decorative lettering to embellish a variety of scrapbooking designs. Calligraphy projects will include personalized, monogrammed stationery, bookmarks, magnets, canvas totes, and more. Supplies provided.

Instructor: Ginny O'Neal
Fees: \$50(R) \$63(N) (3 classes)
68114 Wed Aug 14-28 5-7 p.m.

CERAMIC ARTS

Pottery with a Purpose (age 10-15)

'Say it with Clay' classes refine hand building skills by utilizing pattern and texture combined with words, poetry, names, symbols, and more—all playing a part in creating artistic expression through clay.

Instructor: Lynne Fischer
Fees: \$24(R) \$31(N) (2 classes)

Animal Box Sculpture

Students will form a small animal sculpture of their choice with a hidden lid. Students are encouraged to bring sketches of their ideas to class.

68480 Tue Jun 18-25 6-8 p.m.

COPPER ENAMELING

Copper Enameling: Teen Workshop (age 11-16)

For students that have completed a beginning copper enameling class, camp or workshop, this class explores new colors and designs for enameling small copper pieces for pendants, earrings, pins, and accessories. Instructor will fire copper pieces for completion during the workshop. Copper pieces are available to purchase from Cary Art Center. Colorants, cleaners, tools and jewelry findings are provided.

Instructor: Ginny O'Neal
Fees: \$16(R) \$20(N) (1 class)
68030 Thu Aug 29 5-7 p.m.

DRAWING & PAINTING

Basic Drawing with Charcoal – Teens (age 11-16)

Explore the basics of a drawing using the most fundamental of tools: charcoal. Relax in an informal setting with one-on-one instruction and learn the beauty of rendering from a still life to head studies. Supply list provided on receipt.

Instructor: Ginny O'Neal
Fees: \$58(R) \$75(N) (4 classes)
68101 Wed Jun 5-26 5-7 p.m.




Materials are not included unless specified. Supply lists are included with registration confirmations when registering at centers and on-line. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

All courses are held at Cary Arts Center unless otherwise noted.



Basic Drawing: What's What & Seeing the Unseen


(age 11-16)

 Develop a new way of seeing using the creative side of your right brain. Learn more about the basic elements of a drawing: line, shape, value, texture and movement. Improve your drawing skills as you concentrate on still life and people studies. Supply list provided on receipt.

Instructor: Ginny O'Neal
Fees: \$72(R) \$94(N) (5 classes)

68127 Thu Jun 6-Jul 11 5-7 p.m.
(no class July 4)


Legendary Figure Drawing (age 11-16)

 Open yourself up to endless possibilities when you learn how to draw the human face and figure with pencils, charcoal, and other dry media. Supply list provided on receipt.

Instructor: Kristen Mulder
Fees: \$44(R) \$57(N) (3 classes)

67734 Wed Jun 12-26 6:30-8:30 p.m.


Super-Art (age 11-16)

 Alter Egos and Arch Nemeses populate this course as we create our own comic book worlds. Together we will study comic book art, "world-building", and create our own super-artistic wonder-worlds. Supply list provided on receipt.

Instructor: Kristen Mulder
Fees: \$44(R) \$57(N) (3 classes)

67861 Wed Jul 10-24 6:30-8:30 p.m.


Drawing for Future Fashionistas (age 11-16)

 Do you love clothes and want to design your own but can't quite get the fabric to look the way you want it? Are you not quite sure how to draw a human figure? We will tackle both of these challenges and more as we enter the world of fashion drawing. Supply list provided on receipt.

Instructor: Kristen Mulder
Fees: \$44(R) \$57(N) (3 classes)

67860 Wed Jul 31-Aug 14 6:30-8:30 p.m.

Water Soluble Oils (age 11-17)

 Now paint with the freedom of oils without the hazards of solvents as you explore the traits of water soluble oils. Experiment with palette knives to create impressionistic paintings. Supply list provided on receipt.

Instructor: Rocky (Roxanna) Alexander
Fees: \$72(R) \$94(N) (5 classes)

68130 Tue Jul 16-Aug 20 4-6 p.m.
(no class Aug 6)



YOUTH OPEN STUDIO

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 Wednesdays & Thursdays Weekly – 4-7 p.m.

Parent/Child Studio Time:

3rd Sunday of each month 1-3:30 p.m. Sep-May

- Both parent & child must have a valid Open Studio pass.

Unsupervised Home Schoolers Only Open Studio:

1st Thursday of each month 2-4 p.m.


- All children must have a valid Open Studio pass and be accompanied by a parent/guardian.

Call (919) 469-4069 for details.

Don't let your work be TRASHED!


For details, call (919) 469-4069

Watercolor (age 12-17)

 Learn to prepare materials, mix colors, apply washes, and create light and shadow. Learn to create special effects to paint beautiful landscapes. Supply list provided on receipt.


Instructor: Rocky (Roxanna) Alexander
Fees: \$72(R) \$94(N) (5 classes)
68129 Tue Jun 11-Jul 9 4-6 p.m.

Art on Paper: Brush Up your Images (age 12-17)

 Learn different techniques to enhance images, making your drawings move from 2D to 3D, while learning about the essential elements of value and texture. Explore the use of graphite, conte, charcoal, bamboo brush, and ink wash while completing black & white studies. Students should bring a sketchbook to class. Other materials provided.


Instructor: Ginny O'Neal
Fees: \$31(R) \$39(N) (2 classes)
68103 Tue Jun 18-25 5-7 p.m.

Introduction to Acrylic Painting (age 12-17)

 Investigate the versatility of acrylic paint. Explore color mixing, paint application, composition and color placement while working toward a finished painting. Supplies included.


Instructor: Najla Abdullah
Fees: \$50(R) \$63(N) (3 classes)
67832 Tue Jul 9-23 6:30-8:30 p.m.

Inventive Drawing – Sigils (age 12-17)

 Develop and draw a powerful sigil (crest) that represents your strengths and your true nature. A sigil conveys the authentic "Self" of an individual and acts as a visual reminder of the beauty, strength, love and natural powers one possesses. Supply list provided on receipt.


Instructor: Cheryl Weisz
Fees: \$58(R) \$75(N) (4 classes)
68099 Thu Jul 11-Aug 1 7-9 p.m.

Introduction to Drawing (age 12-17)

 Explore the fundamentals of drawing including light and shadow, perspective, and depiction techniques. The instructor will demonstrate drawing techniques and provide personal guidance for each student. Bring a 9" x 12" sketchbook to class. Other supplies provided.

Instructor: Najla Abdullah
Fees: \$63(R) \$80(N) (4 classes)
67793 Tue Jul 30-Aug 20 6:30-8:30 p.m.


Pet Sketching (age 12-17)

 Learn different drawing techniques using graphite, ink, colored pencil, and soft pastel to help capture the image and personality of your pet. The basic elements of drawing are reviewed: line, shape, value, texture and balance. Bring one or two "close-up" prints of your pet, prefer 8x10' copies, not originals. Other supplies included.

Instructor: Ginny O'Neal
Fees: \$58(R) \$75(N) (4 classes)
68108 Thu Aug 1-22 5-7 p.m.


FIBER ARTS

Beginning Sewing (age 12-16)

 Add a custom sewn hat and pair of shorts to your summer wardrobe! Add a beach tote and you're ready to go! Skills learned include design, introduction to pattern reading, machine sewing, zipper and elastic and more! Supplies included.

Instructor: Tracy Turney
Fees: \$53(R) \$66(N) (3 classes)
68061 Wed Jun 12-26 7-9 p.m.

Tailoring Basics (age 11-16)

 Do you want to learn to tailor your own clothes? Each workshop will focus on a different set of skills. All skill levels are welcomed. No prior sewing experience necessary. Supplies included.

Instructor: Mary Ashlyn Thomas
Fees: \$27(R) \$34(N) (1 class)

Button Up!

Learn the basics of sewing on buttons and buttonholes.

68403 Thu Jun 13 6-9 p.m.

Hem How-To

Learn different hems for use on various garments.

68394 Thu Jun 27 6-9 p.m.

Pick Your Pocket

Learn the basics of sewing different pocket styles.

68400 Wed Jul 10 6-9 p.m.

Zip It Up!

Learn how to sew in different types of zippers.

68405 Thu Aug 1 6-9 p.m.

Finishing with a Flourish

Learn how to construct and when to use several essential seam finishes.

68407 Thu Aug 8 6-9 p.m.

All courses are held at Cary Arts Center unless otherwise noted.



GLASS ART

Fused Glass (age 12-17)

Explore the fascinating art of fused glass! Create a design, gain skill with tools, and prepare glass for firing. Create items such as coasters, jewelry, and window ornaments. To allow for kiln firing schedules, completed works may be picked up at a later date. Students purchase glass from the Center for \$1 per ounce.

Instructor: John Klingler
Fees: \$51(R) \$66(N) (4 classes)
68186 Mon & Wed Jun 17-26 5-6:45 p.m.

Art is a messy business!

Please send children to Cary Arts Center classes in old clothing. Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

METALS & JEWELRY

Popcycle Art (age 11-16)

Learn different ways to use recycled and repurposed materials. Learn to prepare and cut aluminum to design a pair of unique earrings or a necklace full of color. Bring a clean aluminum soda, tea, or energy drink can to the first class. Other materials and findings will be furnished.

Instructor: Ginny O'Neal
Fees: \$17(R) \$21(N) (1 class)
68031 Fri Aug 16 5-7 p.m.

SATURDAY TEENS

Manga Sketchbook Workshops (age 11-16)

Sharpen your visual analysis and problem-solving skills and develop a speed-sketching discipline. New students and continuing students are welcome. Class may be repeated due to the one-on-one instruction designed to improve student's drawing skills at all levels. Supplies provided.

Instructor: Alberto Lung
Fees: \$25(R) \$32(N) (1 class)
67966 Sat Jun 15 12:30-3:30 p.m.
67967 Sat Aug 10 12:30-3:30 p.m.



CERAMICS:

What to Know at Cary Arts Center

- Clay is \$0.85 lb and must be purchased from Cary Arts Center – includes two firings and glaze.
- Tools are not provided, but may be purchased at the Customer Service Window located next to the Open Clay Studio.
- Dress for a mess.

Kiln Firing:


- Finished classwork and studio work may be picked up 10 to 14 days after completion.
- Classwork takes priority over studio work.

For details, call (919) 469-4069

PREREQUISITE REQUIRED? Many of our Ceramic Arts courses require a prerequisite, which is generally noted at the end of a course description. The prerequisite requirement is placed on those courses in which the student must have completed the basic or beginning course to participate. A prerequisite makes certain all participants in the advanced or intermediate level courses have the minimum skill level needed to participate to the fullest in the course. It also eliminates the need for the instructor to reteach the basics. Please contact Cary Arts Center staff for more information.


Courses filling most of the prerequisites in Ceramic Arts must have been taken at Jordan Hall Arts Center or Cary Arts Center. They are as follows: Pottery Foundations, Pottery Basics, Pottery Handbuilding Techniques, Pottery Handbuilding Basics, Open Studio Orientation: Handbuilding & Wheel. The exception is Raku Firing for which the prerequisite is Raku: Pots Afire.

Drawing Foundations (age 11-16)

 Spend the afternoon building confidence in your drawing skills! Explore basic drawing elements including line, texture, shading, and composition using dry media. Supplies provided.


Instructor: Najla Abdullah
Fees: \$25(R) \$32(N) (1 class)
67731 Sat Jun 22 1-4 p.m.

Pastel Sunsets (age 11-16)

 Create breathtaking sunsets using the vivid colors of oil pastels. Learn to layer and blend colors for a dramatic effect. All skill levels are welcome. Supplies provided.


Instructor: Kristen Mulder
Fees: \$25(R) \$32(N) (1 class)
67724 Sat Jun 29 1-4 p.m.

Metals (age 11-16)

 Saw and hammer brass or copper sheet metal to create a bookmark, medallion, or mobile. Embellish designs on the surface of your piece with the roll mill, hammers, and stamps. Supplies provided.


Instructor: Linda Simpson
Fees: \$50(R) \$63(N) (2 classes)
67868 Sat Jul 13-20 1-4 p.m.

Beyond Drawing Basics (age 11-16)

 Good drawing skills are building blocks for any artist. Practice techniques that will improve your artwork including shading, perspective, and layout using dry media. Supplies provided.

Instructor: Najla Abdullah
Fees: \$25(R) \$32(N) (1 class)
68212 Sat Jul 27 1-4 p.m.

Island Scenes (age 11-16)

 Capture the warm sand, sun and sea breezes, and the colorful botanical life using watercolors to paint an island scene. Supplies provided.

Instructor: Najla Abdullah
Fees: \$25(R) \$32(N) (1 class)
67725 Sat Aug 3 1-4 p.m.

Adult Arts

All adult arts courses are for age 16 and up unless otherwise noted.

BOOK ART

Soft Cover Books

Explore using the long-stitch as a binding format, ways to incorporate textiles, faux leather, and handmade paper into books. Acrylic paint and gel medium on canvas, kozo-lined cloth, handmade papers, laminated paper-on-paper and ideas for bindings, closures, and pages will be explored. Bring a cutting mat and apron. A \$50 studio fee, payable to instructor at the first class, covers supplies.

Instructor: Kathy Steinsberger
Fees: \$100(R) \$130(N) (6 classes)
67877 Mon Jun 17-22 6:30-9:30 p.m.

Japanese Books in Hard Wrap Case

Create three styles of soft cover books using Japanese stab binding. Japanese papers and binding thread will be used to cover our books. Inside we'll have soft Asian papers which we've marbled with sumi-nagashi inks. We'll also make a bookcloth for covering the case. A \$45 fee, payable to instructor at the first class, covers supplies.

Instructor: Kathy Steinsberger
Fees: \$68(R) \$87(N) (4 classes)
67878 Mon Aug 5-26 6:30-9:30 p.m.



Materials are not included unless specified. Supply lists are included with registration confirmations when registering at centers and on-line. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

REGISTRATION DATES:



CALLIGRAPHY

Calligraphy with Design in Mind

Learn the art of decorative hand lettering. Investigate, practice and learn traditional and contemporary letter forms from Chancery to Old English. In this class you will become inspired to design, create and complete a variety of stationery and scrapbooking projects. Supplies included.

Instructor: Ginny O'Neal
Fees: \$50(R) \$63(N) (3 classes)
68115 Wed Aug 14-28 7-9 p.m.

CERAMICS: SPECIAL INTEREST

Slip Trailing 101

Learn the basics of slip trailing in this one day workshop focusing on horizontal surface design. Students need to bring 2 plates and 4 tiles. All cleaned up and softer than leather hard. Prerequisite required.

Instructor: Valerie McConnell
Fees: \$44(R) \$57(N) (1 class)
68483 Sat Jul 20 10 a.m.-3 p.m.

CERAMICS: GENERAL

Open Studio Orientation – Handbuilding & Wheel

This workshop is intended for those with previous wheel and/or handbuilding experience not acquired through the Town of Cary wishing to fulfill the prerequisite for advanced level courses and to use the pottery studio. Includes: orientation to the pottery studio, handbuilding equipment, glazes, studio safety, procedures, and wheel for those with wheel experience. For more, call(919) 380-4231.

Instructor: Andi Dees
Fees: \$32(R) \$42(N) (1 class)
68489 Mon Jun 3 6-8 p.m.
68490 Mon Jul 1 6-8 p.m.
68491 Mon Aug 5 6-8 p.m.

DON'T WAIT!

Please register early. Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled; you could make the difference.



CERAMICS:

What to Know at Cary Arts Center

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Clay Therapy Passes

Looking for some inspiration? Want to refine your skills? Have an idea, but not sure how to create it? Sounds like you need Clay Therapy. The clay takes shape; your mind and body work harmoniously with each other. Therein lies the healing value of pottery. Forget all interruptions, pressures and issues of the daily grind of life; whether a newbie or a vet, it's the greatest tension reliever resulting in works of art.

Join staff potters Valerie McConnell and Jennifer Siegel for stress-free handbuilding or wheel instruction at your pace. Clay Therapy Passes can be used for either handbuilding or wheel sessions. However, each visit is a separate fee.

Passes may only be purchased at Cary Arts Center. All participants must be current Ceramic Arts Studio Membership Pass holders. Classes are subject to availability and cancellation.

Handbuilding – Friday mornings

9:30 a.m. – 12:30 p.m. (except Jun – Aug)

Wheel – Friday evenings

6:30 – 9:30 p.m.

| | Resident | Non-Resident |
|----------------|----------|--------------|
| One Visit | \$15 | \$20 |
| 3 session pass | \$38 | \$55 |
| 6 session pass | \$74 | \$110 |

- No credits, refunds, or transfers on Clay Therapy passes.
- No expiration date on Clay Therapy passes.

For more information or check scheduling, call (919) 380-4231 or (919) 481-5192.

All courses are held at Cary Arts Center unless otherwise noted.



CERAMICS: HANDBUILDING TECHNIQUES

Advanced Handbuilding: Beyond Basics

Refine your handbuilding skills with special emphasis on specific methods. This project driven class will expand on techniques learned in Pottery Handbuilding Basics and Pottery Basics. Explore embellishment, use of tools, and finishes to create fantastic pottery pieces. Prerequisite: See ad in Adult Ceramic Arts section

Instructor: Valerie McConnell
Fees: \$84(R) \$109(N) (5 classes)
68482 Thu Jul 18-Aug 15 6-8:30 p.m.

Luminaries & Lanterns

Great for indoors or on your deck. Make a one-of-a-kind luminary or lantern to light up the night this summer. Workshop will cover basic handbuilding techniques to create a clay form for you to stamp, carve and embellish.

Instructor: Valerie McConnell
Fees: \$79(R) \$102(N) (3 classes)
68484 Thu Aug 22-Sep 5 6-8:30 p.m.

CERAMICS: SCULPTURE TECHNIQUES

Figure Sculpting: A Ballerina

Receive instruction in figurative sculpting using water-based clay while exploring your own style. Improve sculpting skills and the ability to see and interpret from a model. All levels welcome. Additional time after class may be required. Please bring any basic clay tools you have. Some tools available for use during class. Live model in costume used.

Instructor: Kim Marchesseault
Fees: \$173(R) \$203(N) (6 classes)
68486 Sat Jun 8-Jul 13 6:30-9:30 p.m.

Figure Sculpting Workshop

Receive instruction in figurative sculpting using water-based clay while exploring your own style. Improve sculpting skills and the ability to see and interpret from a model. All levels welcome. Additional time after class may be required. Please bring any basic clay tools you have. Some tools available for use during class. Live model in costume used.

Instructor: Kim Marchesseault
Fees: \$99(R) \$129(N) (1 class)
68488 Sat Jun 29 10 a.m. 4 p.m.



Glazing the Clay Cat

Portrait Sculpting

Receive instruction in sculpting a portrait using water-based clay. Improve your ability to see relationships between bone structure and facial features. Use of an armature and preparation for kiln firing are covered. Additional time maybe required to finish work. Please bring any basic clay tools you have. Some tools are available for use. A live model will pose for this class.

Instructor: Kim Marchesseault
Fees: \$173(R) \$203(N) (6 classes)
68487 Wed Jul 10-Aug 14 6:30-9:30 p.m.

CERAMICS: SPECIAL FIRING TECHNIQUES

Pottery on a Pole: Garden Totems

Easy to make, endless possibilities to pursue. A great starting point for making your own garden art. Basics covered on how to design, construct, and assemble. Prerequisite required.

Instructor: Valerie McConnell
Fees: \$65(R) \$85(N) (4 classes)

Raku Style

Whether you use the extruder, hand build, or throw on the wheel, learn how to construct a clay totem, and discover the wonderful effects created with a Raku kiln. Hands-on participation in this exciting firing process makes it an event not to be missed.

68437 Thu Jun 13-Jul 11 6:30-9 p.m.

Raku: Pots Afire

Experience the ancient Japanese glaze firing method of Raku, a thrilling technique that results in soft, smoky to rich, lustrous surfaces. Learn what clays are most suitable for Raku; experiment with a variety of Raku glazes; learn the safest processes for this exciting glaze method; explore post firing techniques and finishing. Prerequisite required.

Instructor: William Kasapidis
Fees: \$43(R) \$55(N) (3 classes)
68485 Wed Jul 31-Aug 21 6:30-9 p.m.

All courses are held at Cary Arts Center unless otherwise noted.



CERAMICS: WHEEL AND HANDBUILDING

Pottery Basics

New potters benefit from individualized attention to learn and perfect pottery skills including wheel throwing, handbuilt attachments, handbuilt forms, and decoration techniques. To qualify for a studio membership pass, new students must attend the first class and the glaze class.

Fees: \$113(R) \$143(N) (7 classes)

with William Kasapidis

68438 Wed Jun 5-Jul 24 7-9:30 p.m.
(no class Jul 3)

with Andi Dees

68439 Mon Jun 10-Jul 29 6:30-9 p.m.
(no class Jul 1)

CERAMICS: WHEEL THROWING

Wheel Throwing: The Next Step

You've taken a beginning wheel class so where do you go from there? Come fine tune those basic skills you've learned and move forward to the next level. This class will help advance your beginning skills by concentrating on each individual's goals. Prerequisite required.

Instructor: Sherry Nicholson
Fees: \$101(R) \$131(N) (6 classes)

68492 Tue Jun 18-Jul 23 7-9:30 p.m.

Cylinders

Are your cylinders lacking? Put a lid on it- jar lids, casserole lids, ginger jar lids, oval lids, square lids, lids with a flange, lids without a flange- We will leave no lid unturned.

Instructor: Sherry Nicholson
Fees: \$67(R) \$88(N) (4 classes)

68493 Tue Aug 6-27 7-9:30 p.m.

E-mail Me!

We can send you e-mail reminders of upcoming programs at Cary Arts Center that are still available for registration.

To add your name to our e-mail list, contact us at (919) 469-4069



Cary Arts Center Open Studio Program

The **Cary Arts Center** offers access to our professionally equipped art studios for citizens wishing to pursue their interest in the arts beyond the classroom setting.

Our studios will be open to qualified studio pass holders during select times to pursue individual projects.

We offer Open Studio Passes in the Clay, Glass, Jewelry, and Painting Studios.

Complete Open Studio Program information and studio schedules are available at the Front Desk of the Cary Arts Center.

Clay Studio Open Studio Pass Program:

Fee increase effective July 1, 2013.

| | <u>Resident</u> | <u>Non-Resident</u> |
|----------------------------|-----------------|---------------------|
| ADULT (age 16 & up) | | |
| 6 month | \$50 | \$60 |
| 12 month | \$75 | \$90 |
| TEEN (age 10-15) | | |
| 6 month | \$30 | \$36 |
| 12 month | \$45 | \$54 |
| YOUTH (age 4-9) | | |
| 6 month | \$20 | \$24 |
| 12 month | \$30 | \$36 |

Art Studio Open Studio Pass Program (Painting, Jewelry, Glass):

Fee increase effective July 1, 2013.

| | <u>Resident</u> | <u>Non-Resident</u> |
|-----------------------|-----------------|---------------------|
| Adult 6 month | \$40 | \$48 |
| Adult 12 month | \$60 | \$72 |
| Per Visit Pass | \$4 | \$5 |
| 10 Visit Pass | \$25 | \$30 |



COPPER ENAMELING

Copper Enameling Introductory Workshop

Learn about the copper enameling process. Explore color options with selected small copper pieces, which are fired by the instructor during the workshop, to be made into pins, medallions or magnets. Copper pieces are available for purchase from the Arts Center. Colorants, cleaners, tools, and findings are provided.

| | | | |
|--------------------|--------------|---------|-------------|
| Instructor: | Ginny O'Neal | | |
| Fees: | \$20(R) | \$25(N) | (1 class) |
| 68032 | Fri | Jul 12 | 5:30-8 p.m. |

Copper Enameling Workshop

Explore new colors and designs for enameling small copper pieces for pendants, earrings, pins and accessories. Pieces are fired by the instructor during the workshop. Copper pieces are available for purchase from the Arts Center. Colorants, cleaners, tools, and findings are provided. Prerequisite: Introductory copper enameling class or workshop.

| | | | |
|--------------------|--------------|---------|----------------|
| Instructor: | Ginny O'Neal | | |
| Fees: | \$16(R) | \$20(N) | (1 class) |
| 68034 | Thu | Aug 29 | 7:15-9:15 p.m. |

CRAFTING

Fancy Arts Upcycled Lamp Shade (age 12 & up)

Create an artful lamp shade using upcycled CD cases. Let the artist within you create the art within the case to be illuminated by the light within the shade. All materials included.

| | | | |
|--------------------|----------------------------|---------|----------------|
| Location: | Cary Creative Reuse Center | | |
| Instructor: | Lynne Fischer | | |
| Fees: | \$20(R) | \$26(N) | (1 class) |
| 68196 | Thu | Jun 20 | 5:30-7:30 p.m. |

DON'T WAIT!

Please register early. Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled; you could make the difference.

DRAWING

Basic Drawing with Charcoal

Explore the basics of a drawing using the most fundamental of tools: charcoal. Relax in an informal setting with one-on-one instruction and learn the beauty of rendering from a still life to head studies. Supply list provided on receipt.

Instructor: Ginny O'Neal
Fees: \$44(R) \$57(N) (4 classes)
68098 Wed Jun 5-26 7-9 p.m.

Basic Drawing with your Creative Right Brain

For the beginning or intermediate artist, explore the use of your creative right brain. Develop a new way of perceiving and seeing the unseen, while reviewing the main elements of a drawing. This class will explore graphite, colored pencil, and ink techniques to bring life to your drawings. Supply list provided on receipt.

Instructor: Ginny O'Neal
Fees: \$72(R) \$94(N) (5 classes)
68128 Thu Jun 6-Jul 11 7-9 p.m.
(no class Jul 4)

Art on Paper: Brush Up your Images

Learn different techniques to enhance images, making your drawings "move" from 2D to 3D. You will concentrate on the essential elements of value and texture and explore the use of graphite, conte, charcoal, bamboo brush and ink wash, while completing black & white studies. Students should bring a sketchbook to class. Other materials provided.

Instructor: Ginny O'Neal
Fees: \$31(R) \$39(N) (2 classes)
68105 Tue Jun 18-25 7-9 p.m.

Drawing for Beginning Students

This class is for the beginning student and anyone needing to refresh their drawing skills. Students will learn to draw what they see in a relaxed and supportive atmosphere. Class will explore form, value and proportion while learning how to use graphite pencils and charcoal. Supply list provided on receipt.

Instructor: Cindy Mounce
Fees: \$81(R) \$105(N) (6 classes)
68111 Wed Jul 10-Aug 14 9:30 a.m.-noon

Drawing Your Home, Church or Business

Bring a picture of your home, church, or business to class and create a beautiful pen and ink drawing. Instruction includes use of vellum, gum erasers, pencils and inks. Useful for advertising, holiday cards and keepsakes. Supply list provided on receipt.

Instructor: Cheryl Weisz
Fees: \$22(R) \$29(N) (1 class)
68107 Sat Jul 13 1-4 p.m.

All courses are held at Cary Arts Center unless otherwise noted.



Pet Sketching

Learn different drawing techniques using graphite, colored pencil, and ink to help capture the image and personality of your pet, while reviewing the basic elements of a drawing: line, shape, value, texture and balance. Bring two "close-up" prints of your pet; prefer 8x10 copies, not originals. Other supplies Included.

Instructor: Ginny O'Neal
Fees: \$58(R) \$75(N) (4 classes)
68109 Thu Aug 1-22 7-9 p.m.

FIBER ART

Begin To Sew Workshop

This workshop is for beginners that wish to learn basic machine operation, sewing techniques, and construction skills; or for sewers that need to refresh their skills. You'll complete a simple project during the day. There will be a one-hour break for lunch from 12 to 1pm. Supply list provided on receipt.

Instructor: Mary Ashlyn Thomas
Fees: \$46(R) \$59(N) (1 class)
68007 Sat Jun 1 9 a.m.-4 p.m.

Moving on Up Sewing Workshop

Expand your sewing skills! You'll complete a simple project during the day as you practice more advanced skills. There will be a one-hour break for lunch. Supply list provided on receipt. Prerequisite: A beginning sewing class or workshop.

Instructor: Mary Ashlyn Thomas
Fees: \$46(R) \$59(N) (1 class)
68055 Sat Jun 8 9 a.m.-4 p.m.

Sewing Basics

This class is for designed for beginners or for people who haven't touched a machine in years and would like a refresher! Learn basic machine operation, sewing techniques and construction skills that will get you sewing in no time! You'll complete a simple project during class. Supply list provided on receipt.

Instructor: Diane Monson
Fees: \$57(R) \$73(N) (3 classes)
68006 Mon Jun 10-24 7-9:30 p.m.

Tailoring Basics Workshops

Do you want to learn to tailor your own clothes? Each workshop will focus on a different set of skills. All skill levels are welcomed. No prior sewing experience necessary. Supply list provided on receipt.

Instructor: Mary Ashlyn Thomas
Fees: \$24(R) \$31(N) (1 class)

Tailoring Basics: Buttons & Button Holes

Learn to sew on different style buttons and button holes.

68058 Tue Jun 11 6-9 p.m.

Tailoring Basics: Hems

Learn to construct different hems and where each is most appropriate.

68056 Tue Jun 25 6-9 p.m.

Tailoring Basics: Pockets

Learn to construct different pocket styles.

68057 Tue Jul 9 6-9 p.m.

Tailoring Basics: Zippers

Learn to sew in the different types of zippers.

68059 Tue Jul 30 6-9 p.m.

Tailoring Basics: Seam Finishes

Learn the essential seam finishes and where using each is most appropriate.

68060 Tue Aug 6 6-9 p.m.

Beginning Heirloom Sewing Techniques

Create a simple, elegant project that can be created again at home! Using a sewing machine, learn to work with cotton laces and batiste fabric to recreate the look of French hand sewing. Techniques include beginning lace shaping, rolling and whipping fabric using a zig-zag stitch, and creating pin tucks. Supply list provided on receipt.

Instructor: Diane Monson
Fees: \$46(R) \$59(N) (3 classes)

68018 Mon Jul 8-22 7-9 p.m.

Beginning Sewing

Do you want to learn to sew? Learn basic machine operation and sewing fundamentals while sewing a pillow and a small zippered bag. Supply list provided on receipt.

Instructor: Karen Campbell
Fees: \$46(R) \$59(N) (3 classes)

68185 Thu Jul 11-25 6:30-8:30 p.m.



Exploring Your Creative Spirit through a Crazy Quilt

Create a crazy quilt base using batik fabrics. Create a garden scene by using iron on appliqué, hand embellishing with embroidery, silk ribbon stitches and beads.. This class will focus on creating the top of the quilt. You may register for the "Finishing Your Crazy Quilt" to quilt it. Supply list provided on receipt.

Instructor: Ana Sumner
Fees: \$44(R) \$57(N) (2 classes)

67875 Sat Jul 13-20 9:30 a.m.-12:30 p.m.

Clutch Making Workshop

Design bag with a magnetic snap closure that you can use all summer long! You will begin by choosing your fabric and strap style. We'll hop on the sewing machine and bring our designs to life. A supply fee of \$6 is due to the instructor at the beginning of the workshop.

Instructor: Tracy Turney
Fees: \$23(R) \$29(N) (1 class)

68079 Sat Jul 20 1-4 p.m.

Beginning Sewing for Babies

Create a custom basic layette which includes a hooded towel, receiving blanket and a bonnet and booties set. Supply list provided on receipt.

Instructor: Diane Monson
Fees: \$46(R) \$59(N) (3 classes)

68019 Mon Aug 5-19 7-9 p.m.

REGISTRATION DATES:



Finishing Your Crazy Quilt

Put the backing and binding on your Crazy Quilt. Learn to stitch in the ditch with the sewing machine, how to properly place a binding on your quilt, and sign it with thread. Prerequisite: Exploring Your Creative Spirit through a Crazy Quilt. Supply list provided on receipt.

Instructor: Ana Sumner
Fees: \$22(R) \$28(N) (1 class)
67876 Sat Aug 10 9:30 a.m.-12:30 p.m.

Continuing Sewing

Now that you have the basics under your belt, it's time to tackle more challenging sewing techniques. Supply list provided on receipt.

Instructor: Karen Campbell
Fees: \$57(R) \$73(N) (3 classes)
68008 Tue-Thu Aug 13-15 6:30-9 p.m.

GLASS ART

Fused Glass, Beginning

Explore the fascinating art of fused glass! Create a design, gain skill with tools, and prepare glass for firing. Create items such as coasters, jewelry, and window ornaments. To allow for kiln firing schedules, completed works may be picked up at a later date. Students purchase glass from the Arts Center for \$1 per ounce. Tools and other supplies provided.

Instructor: John Klingler
Fees: \$73(R) \$95(N) (4 classes)
68187 Mon & Wed Jun 17-26 7-9:30 p.m.

Fused Glass Plates

Create a plate or other small work of art using glass that will be fused in a kiln. Explore color combinations and design ideas, cut glass, and assemble pieces in preparation for firing. Due to kiln firing schedules, completed works are picked up at a later date. Students purchase glass from the Arts Center for \$1 per ounce. Tools and other supplies provided.

Instructor: John Klingler
Fees: \$73(R) \$95(N) (4 classes)
68660 Mon & Wed Aug 5-14 7-9:30 p.m.

Stained Glass (Copper Foil Method)

Explore the secrets to creating vivid stained glass projects in the copper foil method originating with Tiffany glass. Learn to select, cut and assemble glass, transfer patterns, fit pieces, wrap and solder. Learn the proper use of tools. The cost of tools and glass is based upon project size. Instructor will go over supplies at first class.

Instructor: Larry Stolzenberg
Fees: \$98(R) \$128(N) (6 classes)
67862 Fri Jul 12-Aug 16 7:15-9:30 p.m.

JEWELRY & METALS

Beginning Metals/Jewelry

Learn basic metalsmithing while creating small sculptures or jewelry. Use hot and cold fabrication techniques to emboss, rivet, embellish, pierce, and solder with an acetylene torch. Upon completion of this course, students can acquire a Metals Studio Pass, enabling them to work in our open studio on Thursday evenings, and enroll in further courses. All tools provided. Supply kits can be purchased for \$25. Metal is available for purchase from the Arts Center.

Instructor: Linda Simpson
Fees: \$131(R) \$161(N) (6 classes)
67865 Tue Jun 18-30 6:30-9:30 p.m.
(no class Jul 2)



New Metals & Glass Studio

The Cary Arts Center is pleased to announce the opening of our new Metals and Glass Studio program.

The studio is equipped with new metals and glass equipment and will be hosting a variety of classes covering new techniques and processes.

Qualified students may also sign up for our Open Studio program which allows access to our studio and equipment during specified times for work on individual projects.

The Metals & Glass Open Studio is scheduled for Thursday evenings from 5:30-9:30pm.

Call (919) 469-4069 for more information.



All courses are held at Cary Arts Center unless otherwise noted.



PAINTING: ACRYLIC

Acrylic Painting, Beginning

Investigate the exciting possibilities of acrylic paint. It is odorless and easy to clean up with water. In this class, explore color mixing, paint application, composition and color placement while working toward a finished painting. Supply list provided on receipt.

Instructor: Shirley McIver
Fees: \$97(R) \$126(N) (6 classes)
68110 Mon Jul 8-Aug 12 7-9:30 p.m.

Painting in Acrylics for Beginning Students

This entry level class is designed for those who would like to learn the fundamentals of acrylic painting. Students will learn the basics, such as color mixing, warm and cool colors, application of paint and brush techniques. Demonstrations and lots of individual instruction will be given. Supply list provided on receipt.

Instructor: Cindy Mounce
Fees: \$97(R) \$126(N) (6 classes)
68112 Wed Jul 10-Aug 14 1-3:30 p.m.

PAINTING: OIL

Oil Portrait Painting from Photo to Canvas

This portrait painting class is an academic approach to portraiture which anyone can master, beginner or advanced. It includes composition, scaling and drawing the portrait, choosing and painting appropriate backgrounds, painting clothing folds, mixing a palette and applying paint for a gray-green under-painting (verdaccio) and a flesh palette that gives realistic skin tone. Much one-on-one instruction throughout the class. Supply list provided on receipt.

Instructor: Marcelle Hooks
Fees: \$118(R) \$154(N) (8 classes)
68143 Wed Jul 10-Aug 28 7-9:30 p.m.

Painting In Oil

Take a journey and explore the joy of oil painting. Discover the process of putting color and shapes on canvas, the use of values, color temperature, negative and positive shapes, texture, reflected color and perspective. enjoy the process of creativity while overcoming the feeling of perfectionism. Supply list provided on receipt.

Instructor: Patricia Pittman
Fees: \$97(R) \$126(N) (6 classes)
68106 Thu Jul 11-Aug 15 7-9:30 p.m.

Upcycled & Repurposed Jewelry (age 12 & up)

Learn techniques to assemble dangle earrings and bracelets. The materials include repurposed and broken jewelry, bottle caps and wires. Bring in your old jewelry and remake the parts into something brand new orelect from available beads, findings and wire in our store You will learn easy methods of finishing new pieces of jewelry from old and broken parts.

Instructor: Lynne Fischer
Fees: \$20(R) \$26(N) (1 class)
68194 Wed Jul 24 10 a.m.-noon

Metals Concentration

Take your small scale metal work to the next level! Tackle soldering for building structure and volume in your metalwork. Explore further practice and refinement of introductory metals class skills and complex fabrication.. Bezel setting of cabochon stones will also be covered. All tools provided. Supplies will be discussed at first class. Metal available for purchase from the Arts Center. Prerequisite: Beginning Metals/Jewelry at Cary Art Center.

Instructor: Linda Simpson
Fees: \$112(R) \$142(N) (5 classes)
67869 Tue Aug 6-Sep 3 6:30-9:30 p.m.

Jewelry Making with Recycled Popcycle

Learn different ways to use recycled and repurposed materials. Learn the process of preparing and cutting aluminum to design unique earrings or necklaces full of color . Bring a clean aluminum soda, tea or energy drink can to the first class. Other materials and findings will be furnished.

Instructor: Ginny O'Neal
Fees: \$21(R) \$26(N) (1 class)
68086 Fri Aug 16 7-9:30 p.m.



All courses are held at Cary Arts Center unless otherwise noted.



Water Soluble Oils, Beginning

Students will learn the basic techniques of working with a palette knife to apply the non-toxic, odorless oils. Learn to paint skies, water, trees, barns, and follow along with the instructor step by step. Supply list provided on receipt.

Instructor: Rocky (Roxanna) Alexander
Fees: \$84(R) \$109(N) (5 classes)
68137 Tue Jun 11-Jul 9 1-3:30 p.m.

Water Soluble Oils, Intermediate

Advance your skills in quick three-week courses that investigate specialized techniques used by professionals. Learn to make paintings quickly using palette knife and/or brushes. Each session focuses on a different technique and/or subject. Supply list provided on receipt.

Instructor: Rocky Alexander
Fees: \$50(R) \$66(N) (3 classes)

Fabulous Fast Flowers!

Capture beautiful fast florals to fill your canvas.

68138 Tue Jul 16-30 1-3:30 p.m.

Dreamy Vacation Spots!

Make your vacation dream spot live forever in vibrant color!

68139 Tue Aug 13-27 1-3:30 p.m.

PAINTING: WATERCOLOR

Watercolor, Beginning

Learn basics about still life paintings, composition, color mixing and techniques to complete one or two nice paintings with fruits, veggies and flowers. This class is for the real beginner. Paper available through the instructor at \$1 per sheet. Supply list provided on receipt.

Instructor: Rocky (Roxanna) Alexander
Fees: \$84(R) \$109(N) (5 classes)
68131 Tue Jun 11-Jul 9 9:30 a.m.-noon
68574 Tue Jun 11-Jul 9 7-9:30 p.m.

More Watercolor

Now you can advance your watercolor skills in quick three-week courses that investigate specialized techniques used by professionals. Each session focuses on a different technique and/or subject. Supply list provided on receipt.

Instructor: Rocky Alexander
Fees: \$50(R) \$66(N) (3 classes)

Mist & Fog

Learn the secrets of painting mist, fog and other atmospheric effects. We'll explore basics about colors and how to manipulate them to get great atmospheres. Use your photos or the instructor's.

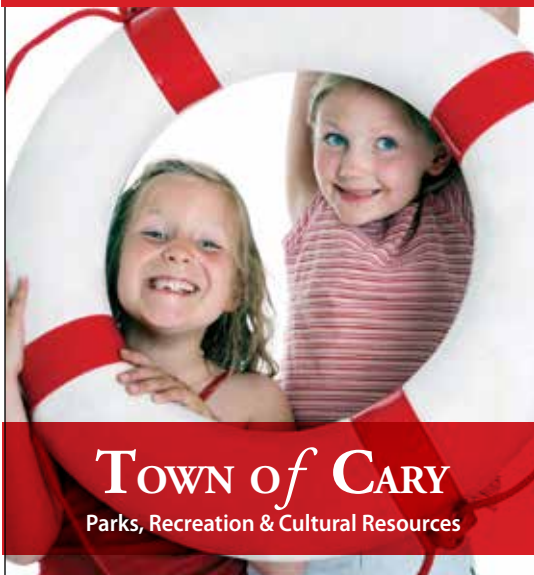
68132 Tue Jul 16-30 9:30 a.m.-noon
68575 Tue Jul 16-30 7-9:30 p.m.

Vacation Spot!

For painters with some basic skills. Bring a photo or your favorite vacation stop (or use instructor's) to complete a painting, concentrating on color, composition, and making the photo work.

68133 Tue Aug 13-27 9:30 a.m.-noon
68576 Tue Aug 13-27 7-9:30 p.m.

Relief for Recreation Scholarship Fund



Recreation reduces stress, builds self esteem, improves overall wellness, teaches leadership and team work skills. The Relief for Recreation Scholarship Fund assists Cary residents in need of financial support to participate in recreation, sports, environmental, historical, and cultural arts programs.

Apply for a Scholarship

Dorcas Ministries administers the Scholarship Fund. They receive applications Monday-Friday, 10 a.m.-12:00 p.m. (919) 469-9861 • Cary Plaza • 179 High House Road, Cary

Donate to the Fund

Make a tax deductible contribution to the Scholarship Fund by calling (919) 469-4061 or mailing a check to PRCR Scholarship Fund, PO Box 8005, Cary, NC 27512.

PHOTOGRAPHY

Photographing Children

Don't miss that cute shot! Discover how to take great candid photographs of the children in your life. Learn how to do this under a variety of conditions, learning to use light, composition and exposure to improve your photographs. The course builds upon lessons learned in 'Elements of Digital Photography.'

| | | | |
|--------------------|-----------------------------------|-------------|---|
| Location: | Page-Walker Arts & History Center | | |
| Instructor: | Heath Clayton | | |
| Fees: | \$48(R) | \$62(N) | (4 classes) |
| 68599 | Mon | Jun 3-Jul 1 | 7:30-9 p.m. <i>(no class Jun 17)</i> |

Elements of Digital Photography

Explore the basics of digital photography, including fundamentals of photography, basic composition and digital workflow. Learn how to think about your photography, from composing shots to organizing and cataloging work. For beginner photographers, those new to digital photography, or those looking to refresh their skills.

| | | | |
|--------------------|-----------------------------------|---------------|---|
| Location: | Page-Walker Arts & History Center | | |
| Instructor: | Heath Clayton | | |
| Fees: | \$68(R) | \$82(N) | (6 classes) |
| 68598 | Mon | Jul 15-Aug 26 | 7:30-9 p.m. <i>(no class Aug 12)</i> |

TRADITIONAL INDIAN ART FORMS (AGE 12 & UP)

Advanced Madhubani

After having learned the basic motifs using pen and paper, we will graduate to brush and acrylic paints. Bring a completed (on paper) Madhubani 12 x 12 composition of your choice to paint on a similar sized ready-to-hang wood panel. Supplies are provided, however you may bring your own acrylic paints.

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|--------------------|-----------------|---------|-----------|
| Instructor: | Sampada Agarwal | | |
| Fees: | \$30(R) | \$36(N) | (1 class) |
| 68084 | Mon | Jun 24 | 6-9 p.m. |

Advanced Warli

Having learned the basic motifs using pen and paper, we will graduate to brush and acrylic paints. Bring a completed (on paper) Warli 12 x 12 composition of your choice and paint it on a similar sized ready-to-hang wood panel. Panel will be covered using brown/terracotta paint with the design painted in white. All supplies provided.

| | | | |
|--------------------|-----------------|---------|-----------|
| Instructor: | Sampada Agarwal | | |
| Fees: | \$30(R) | \$36(N) | (1 class) |
| 68085 | Wed | Jun 26 | 6-9 p.m. |

WRITING

Short Stories in Words and Drawings (age 15 & up)

Write true stories from your life in 200 words or less and learn how to illustrate them using pencil and ink drawings. Detailed writing assistance and a variety of illustration techniques will be demonstrated.

| | | | |
|--------------------|-----------------------------------|----------|----------------|
| Location: | Page-Walker Arts & History Center | | |
| Instructor: | Cheryl Weisz | | |
| Fees: | \$58(R) | \$75(N) | (4 classes) |
| 68623 | Tue | Jul 9-30 | 6:30-8:30 p.m. |

E-mail Me!

We can send you e-mail reminders of upcoming programs at Cary Arts Center that are still available for registration.

To add your name to our e-mail list, contact us at (919) 469-4069

CARY PARKS, RECREATION & CULTURAL RESOURCES

Art-O-Mat



Purchase your own original work of art for only \$5

Works of art include:

- Pottery
- Photography
- Watercolor
- Oil Painting Constructions
- Collage
- Copper Enameling
- Handmade Felt
- Fused Glass
- Wood Sculpting Clay
- Cast Bronze
- Abstracts

BUG ADVENTURE BIRTHDAY SAFARI PARTY! (ALL AGES)

Party in the famous Bug Bounce House! During the first hour, Bug Adventure staff will set up, supervise and monitor all the fun. The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 10 children including the birthday child.

Location: Bond Park Community Center
& Herbert C. Young Community Center
Instructor: Scott Cooper with Bug Adventure Party Safari
Fees: \$189 (R) \$219 (N)

HAPPY BIRTHDAY WITH SALSA KIDS! (AGE 1 & UP)

Dance, sing, play, and learn a little Spanish along the way! Spice up your child's birthday with a 45-minute Latin style dance fiesta that combines movement and play using maracas, scarves and a parachute set to lively rhythms and songs! The party continues with one hour in the party room hosted by parents for gifts and refreshments, and clean up. Maximum of 18 children including the birthday child. For more, call (919) 730-1854 or visit: susanaramsey.zumba.com

Location: Bond Park Community Center, Herbert C. Young Community Center, Middle Creek Community Center
Instructor: Susana Ramsey, Owner and Instructor of Zumba for Everybody
Fees: \$193(R) \$223(N)



HAPPY BIRTHDAY WITH Stretch n Grow (AGE 2-7)

We do Fabulously Fun **BIRTHDAY PARTIES!!!**

- ☆ Get the same Stretch-n-Grow **EXERCITEMENT** that you get in our classes for your child's party!
- ☆ The games and activities are **NON-STOP!**
- ☆ **SPECTACULAR** Stretch-n-Grow **SILLINESS.**
- ☆ You supply the kids...we supply the fun!

Come see why Stretch-n-Grow has been with the Town of Cary for over 16 years!

This is a party with FUN for the kids and NO work for the parents! Just send your invitations and appear with your cake and candles. We do the rest! Stretch-n-Grow coordinates the 45 minute activity time and the 45 minute party time including cake and presents in the party room. We provide set-up, clean-up, plain paper products, cake cutting and serving, assistance with present opening and a gift list. Activity time is action-packed that includes parachute play, music, fun activities and games, and a variety of sports. This package is for up to 15 children ages 2-7.

Location: Bond Park Community Center, Middle Creek Community Center
Instructor: Stretch-n-Grow
Fees: \$158 (R) \$188 (N)

PARTY TIME (AGE 2 & UP)

Choose a theme: Dance Party Time! Tumble Party Time! Super-Hero Party Time! Pink Powderpuff Sports Zone! Coach Khadija will provide props for use during the first hour of activities. The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 12 children including the birthday child. ccer, kickball, hockey, touch football or puff-n-stuff games!

Location: Herbert C. Young Community Center, Middle Creek Community Center
Instructor: Coach Khadija El-McPherson, Instructor of multiple preschool and youth Fitness & Wellness and Dance classes!
Fees: \$182 (R) \$212 (N)

FUSION BIRTHDAY PARTIES

(ages 3-10)

Supercharge your birthday party! Play games like Freeze, Animal Action, Wonderball, Red Light/Green Light, Around the World Basketball, Musical Mats and more! Instructor will lead partygoers in dance, games and fitness activities using ribbons, hula hoops, cones and parachutes for the first hour! The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 25 children including the birthday child.

Location: Middle Creek Community Center

Instructor: Stacy Smith

Fees: \$175 (R) \$205 (N)

FUN AND EASY SCIENCE BIRTHDAY PARTY!

(ages 5-11)

Pop rockets! Water Rockets! Elephants Toothpaste! Oh my! Fun and Easy Science offers four hands-on, engaging and educational activities during the party. The Science Lady will provide the activities for the first hour of the party. The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 12 children including the birthday child.

Location: Bond Park Community Center and
Herbert C. Young Community Center

Instructor: Christine Bonaventure, Fun and Easy Science

Fees: \$135 (R) \$165 (N)

FIESTA WITH ZUMBATOMIC

(ages 5-12)

Turn a Party into a **Fiesta** with Zumbatomic!

Lil' Starz Fiesta (ages 5-8)

Big Starz Fiesta (ages 9-12)

Enjoy 45 minutes of energetic, easy to follow dance choreography set to energetic Latin and International music, games, and all around fun as kids participate in Zumbatomic, a kid-friendly dance party. The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 18 children including the birthday child. For more, call (919) 730-1854 or visit susanaramsey.zumba.com.

Location: Bond Park Community Center, Herbert C. Young Community Center, Middle Creek Community Center

Instructor: Susana Ramsey, Owner and Instructor of Zumba For Everybody

Fees: \$193 (R) \$223 (N)

MAD SCIENCE® BIRTHDAY PARTIES

(ages 5-12)

Mix magic, interactive experiments, spectacular science demonstrations, amazing movie effects, and exploding fireworks to make this an exciting, high energy birthday party. The Mad Scientist will lead activities for the first hour. The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 20 children including the birthday child.

Location: Middle Creek Community Center

Instructor: Mad Science®

Fees: \$175 (R) \$205 (N)

NEW! COOKING BIRTHDAY PARTIES

(ages ages 5 & up)

Our parties offer a complete hands-on experience packed with cooking fun. We offer 1-hour birthday cooking class for children. You choose from seven healthy and delicious themes and then create the party meal. Each party participant also gets to decorate a cupcake just for the party. The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 12 children including the birthday child.

Location: Herbert C. Young Community Center

Instructor: Chef Wynton Mann, Owner of Wynton's World

Fees: \$189 (R) \$219 (N)



There will be a \$25 additional fee if a party is booked outside of community center operating hours. Staff will notify you during the planning phase if your party falls into this category.

DANCE BIRTHDAY PARTIES (AGE 6-12)

Design it yourself dance party! Choose from Hip Hop, Zumba, cardio funk, ballet, tap, and Broadway style jazz. Instructor will lead partygoers in dance, games and fitness for the first hour. The second hour is set aside for parents to use the room for gifts and refreshments, and clean up. Maximum of 25 children including the birthday child.

Location: Middle Creek Community Center

Instructor: Stacy Smith

Fees: \$175 (R) \$205 (N)

ART & DRAMA BIRTHDAY PARTIES

Get creative with your birthday this year! Choose from "Art Party," a fun, hands-on art or ceramics class or, "Party with Applause!" for a drama workshop and performance of a skit you create. Parties may be customized if you have a theme in mind. Call for details, including age requirements and maximum party sizes.

Location: Cary Arts Center

Contact: (919) 469-4069

Fees: \$175 (R) \$205 (N)

Fee includes room rental and class; parents provide set-up, clean-up, decorations, and refreshments.

For more information about these parties, please contact the following sites:

| | |
|-----------------------------------|----------------|
| Skateboard and BMX Parties | (919) 380-2970 |
| Bond Park Community Center | (919) 462-3970 |
| Herbert C. Young Community Center | (919) 460-4965 |
| Middle Creek Community Center | (919) 771-1295 |

There will be a \$25 additional fee if a party is booked outside of community center operating hours. Staff will notify you during the planning phase if your party falls into this category.

ADULT DANCE CELEBRATIONS

Birthday parties aren't just for kids anymore!! Dance your way to a fabulous and unique celebration. Choose from either a Line Dance or Salsa party and we will supply the instructor. Parties are 3 hours long for up to a 20 person max. Parties begin with a short social time, followed by an hour of dance instruction and fun, and end your party with additional time in the party room. Set-up, clean-up, decorations and all needed refreshments are provided by the party host.

Location: Bond Park Community Center

Instructor: Bob Webster, Line Dance
Judy Analco, Salsa

Fees: \$195 (R) \$225 (N)

SKATEBOARD AND BMX PARTY PACKAGES!

Have an extreme birthday at Sk8-Cary! An instructor will lead your private party in a series of activities and games in our 12,000 square foot park for 2 hours. After that, you'll have a table reserved on the deck. Invitations, paper products, drinks, pizza, & rental safety gear are all included! Call for details and availability (919) 380-2970.

Location: Sk8-Cary

Fees: \$125 (Members) \$150 (Non-members)



A PRCR Gift Card makes the perfect gift for friends and family of all ages and stages! Give one for birthdays, anniversaries, teacher gifts, or just because. Gift cards can be purchased at any staffed Town facility.

Youth

Food for Life: Kids Health (age 9-12)

NEW

This class highlights the positives of four food groups (whole grains, legumes, fruits, and vegetables) in the Power Plate. Children are exposed to the great taste and health benefits of eating a plant-based diet through kid-friendly recipes. The curriculum aims to empower children with the knowledge and skills they need to establish healthy habits to carry them well into adulthood. \$25 materials fee due to instructor at first class.

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| Location: | Cary Senior Center Kitchen | | |
| Instructor: | Dilip Barman, Certified Instructor, Physicians Committee for Responsible Medicine | | |
| Fees: | \$60(R) | \$78(N) | (4 classes) |
| 68152 | Wed | Jun 5-26 | 5:30-7 p.m. |

Teen

Parent & Teen Day: (age 11-17)



Does your teen share your passion for cooking? Does he or she aspire to be a chef? Then you'll both enjoy Parent & Teen Day. Featuring hands-on cooking, chef demonstrations, and classic recipes, this class offers an unforgettable bonding experience for the two of you.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$60(R) | \$78(N) | (1 class) |

Viva Latin America!

Join Chef Mann as we discover the flavors of Spain, Mexico, Argentina and Cuba.

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| 67507 | Sat | Jun 8 | 10 a.m.-12:30 p.m. |
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Mama Mia!

We will make fresh homemade pasta, traditional sauces and fresh strawberries with a vanilla sauce topped with chocolate almond biscotti.

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| 67513 | Sat | Jul 13 | 10 a.m.-12:30 p.m. |
| 67509 | Sat | Aug 17 | 10 a.m.-12:30 p.m. |

The French Connection

We will make classic French crepes filled with various ingredients and crème brulee with homemade French vanilla bean ice cream.

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| 67537 | Sat | Jul 27 | 10 a.m.-12:30 p.m. |
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Cupcake Confidential

Join Chef Mann as you create dark chocolate s'mores cupcakes with marshmallow frosting, coconut cupcakes with coconut cream cheese frosting, mango cupcake with mango coulis and mango frosting, carrot cupcakes with white chocolate cream cheese frosting, and a three milks cupcake with whipped cream frosting.

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| 67510 | Sat | Aug 10 | 10 a.m.-12:30 p.m. |
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All courses are held at the Herbert C. Young Community Center unless otherwise noted.



Adult

Lunch Club: Herbs and Spices (age 16 & up)

Enjoy a presentation and discussion followed by a delicious lunch. You will learn how to buy and store herbs and spices; specific cooking techniques and compatibility of different herbs and spices with foods; how herbs and spices are used in cooking and how they can decorate a dish.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$25(R) | \$32(N) | (1 class) |
| 68117 | Sat | Jun 1 | 10 a.m.-1 p.m. |

Knife Skills I (age 16 & up)

In this class you'll learn to safely chop, julienne, chiffonade and slice to perfection—this will save you lots of time in your cooking! You'll take home everything you cut up. Bring your own chef and paring knife to the class; there will be knives to borrow during the class.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$31(R) | \$40(N) | (1 class) |
| 67530 | Tue | Jun 4 | 10 a.m.-12:30 p.m. |
| 67531 | Tue | Jun 4 | 6:30-9 p.m. |

Italian Gnocchi (age 16 & up)

NEW

Gnocchi is perfect as an appetizer or main dish. Join chef Wynton as he leads the class through the steps for preparing these delectable Italian dumplings. Enjoy gnocchi Alfredo with fresh herbs, eggplant gnocchi in tomato-fennel sauce with Italian sausage and mushrooms, and spinach gnocchi tossed in olive oil and garlic with sun-dried tomatoes, fresh mozzarella and herbs.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$40(R) | \$52(N) | (1 class) |
| 68580 | Thu | Jun 6 | 6:30-9:30 p.m. |
| 68581 | Thu | Aug 8 | 10 a.m.-12:30 p.m. |

LOOK FOR ME!!

Look for The Teen Scene Man in this Brochure for Teen Friendly Events and Programs!



Date Night for Couples (age 16 & up)

Instructor: Chef Wynton Mann
Fees: \$49(R) \$64(N) (1 class)

Tuscany for Two

The romance of Tuscany is the inspiration for a perfect date night in this hands-on class for couples. Menu: Caprese salad with fresh tomatoes and mozzarella, roasted summer squash ravioli with a pesto cream sauce, classic chicken marsala with porcini mushroom risotto, and tiramisu.

67490 Fri Jun 7 6:30-9:30 p.m.

Jazz for Two!

Listen to the jazzy vibes of the French Quarter, while creating Creole crab-artichoke gratin with French bread croutons, shrimp-corn bisque, spinach salad with hot bacon dressing, shrimp, chicken, and andouille sausage jambalaya on rice, and flaming bananas fosters with homemade vanilla bean ice cream.

67492 Fri Jul 12 6:30-9:30 p.m.

Life of the Paella Party!

Grab your partner and join the party with chef Wynton creating a variety of Basque tapas and skewers that are perfect for any celebration. This hands-on class designed for couples will make two paellas – traditional paella Valencia loaded with seafood and chicken, plus chicken-chorizo paella. Registration is per person.

67494 Fri Jul 26 6:30-9:30 p.m.

Cancun on my Mind!

This hands-on class for couples will prepare classic meals typical in Cancun. Menu: Enchiladas with a pumpkin seed sauce, refreshing lime soup, and marinated chicken cooked in banana leaves, Mayan green rice and various salsas. We'll end the class with a coconut flan and Mayan coffee.

67491 Fri Aug 16 6:30-9:30 p.m.

Pizza 4 Ways!

This hands-on class for couples will prepare a nice panzanella salad, homemade pizza by using various ingredients like fresh mozzarella, fontina and parmesan cheese; sun dried tomatoes, fresh basil, caramelized onions, and homemade marinara and pesto sauces. We'll end the night with a pomegranate lemon panna cotta.

67575 Fri Aug 23 6:30-9:30 p.m.

Great Sauces (age 16 & up)

NEW

This hands-on class will work side-by-side with Chef Mann creating sauté chicken with mornay sauce and pan-fried snapper with chive beurre blanc. Learn the secrets of making a meal extraordinary with the right sauce, we will provide step-by-step directions in preparing the five mother sauces of the culinary world.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)

67541 Tue Jun 11 10 a.m.-12:30 p.m.

67542 Tue Jun 11 6:30-9 p.m.



Baking with Whole Foods

Baking with Whole Foods (age 16 & up)

Learn how to bake without white sugar and white flour. Enjoy a sampling of muffins, crackers, and summertime fruit desserts—all made with natural sweeteners instead of sugar and using whole grains and other whole foods instead of white flour. Many of the recipes are gluten and dairy free as well.

Instructor: Marianne Crafts-Brandner
Fees: \$53(R) \$69(N) (1 class)

67475 Wed Jun 12 10 a.m.-1 p.m.

The Art of Decorating Cupcakes (age 16 & up)

Join Chefs Norma & Marisol for a class focusing on frosting and creating exquisite designs, using a variety of frosting, molding, and piping techniques. Learn to work with buttercream frosting to create beautiful piped borders, roses, shells and other designs using several different pastry tubes as well as fondant.

Instructor: Chef Norma Kessler and Chef Marisol Garcia
Fees: \$40(R) \$52(N) (1 class)

68670 Thu Jun 13 6:30-9:30 p.m.

Soufflés, Mousses and Custards (age 16 & up)

Learn the secrets to creating light soufflés and creamy custards, with both sweet and savory dishes. Join chef Mann for a hands-on class creating a classic Quiche Lorraine with herb and asparagus salad, chicken-fontina soufflé quiche, chocolate mousse parfait, pomegranate vanilla panna cotta, and crème brule with raspberry sauce.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)

67533 Tue Jul 2 10 a.m.-12:30 p.m.

67534 Tue Jul 2 6:30-9 p.m.

Dinner and Dance: Hot SALSA!!! (age 16 & up)

Grab your partner and join us for a unique experience of dancing and dining. The evening begins with a one-hour Latin salsa dance lesson that will spark your appetite for an incredible evening in the kitchen. Menu: black bean dip with plantain chips, roast Caribbean pork loin with papaya-mango salsa, yellow Cuban rice, and key lime mousse.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$49(R) | \$64(N) | (1 class) |
| 67489 | Fri | Jul 5 | 6:30-9:30 p.m. |
| 67488 | Fri | Aug 2 | 6:30-9:30 p.m. |

Roasting and Baking (age 16 & up) NEW

Roasting is a great way to prepare delicious entrees for your family and friends. Discover the techniques that will guarantee success every time. We'll also discuss the different types of roasting pans and whether vertical or horizontal roasting is important. Menu: classic roast chicken with pan sauce, buttermilk mashed potatoes, roasted vegetables, and a secret dessert.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$31(R) | \$40(N) | (1 class) |
| 67543 | Tue | Jul 9 | 10 a.m.-12:30 p.m. |
| 67544 | Tue | Jul 9 | 6:30-9 p.m. |

Ay, Enchiladas! (age 16 & up)

It doesn't get any more authentic than this! Menu: enchiladas verdes (mild green sauce), rojas (warm and savory red sauce) and even enchiladas potosinas (a regional specialty of San Miguel), Mexican rice and agua de tamarindo.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$40(R) | \$52(N) | (1 class) |
| 67525 | Thu | Jul 11 | 6:30-9:30 p.m. |

Crepes for You! (age 16 & up)

Whip up extra thin pancakes and fold in any number of goodies from Nutella™ to ham and cheese and veggies. Learn the art of perfect crepe batter and crepe spinning and experiment with a variety of fillings and folds using different crepe making tools. If you own a crepe pan feel free to bring it.

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|--------------------|--|---------|-------------|
| Instructor: | Terri Pastrana, Owner of Coffee and Crepes – The Triangle's Creperie | | |
| Fees: | \$22(R) | \$29(N) | (1 class) |
| 68636 | Mon | Jul 15 | 7-8:30 p.m. |

Sauté, Deglaze and Pan Sauce (age 16 & up) NEW

Are you in a rush to create a quick meal for a hungry family? Sautéing is one of the most important techniques you'll use over and over again in your kitchen. Learn the correct way to sauté, deglaze, and create quick sauces for your family. Classic chicken Francaise in a lemon reduction sauce, rice pilaf, sautéed spring squash medley and mouthwatering Bananas Foster.

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| Instructor: | Chef Wynton Mann | | |
| Fees: | \$31(R) | \$40(N) | (1 class) |
| 67545 | Tue | Jul 16 | 6:30-9 p.m. |

Animal Topper Cupcake Workshop (age 11 & up) NEW

Learn the art of modeling using fondant. Have fun designing cute animal toppers for your cupcakes. Learn how to take your delicious cupcakes at a higher level by decorating them.

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|--------------------|------------|---------|----------------|
| Instructor: | Lana Malki | | |
| Fees: | \$44(R) | \$57(N) | (1 class) |
| 67873 | Wed | Jul 17 | 6:30-9:30 p.m. |

Pasta 101 (age 16 & up) NEW

In this class, you will learn to cook fresh and dried pasta, as well as an array of sauces to complement them. You will make fresh pasta dough by hand, roll it, cut it, and fill it. Menu: spaghetti carbonara, pappardelle with wild mushroom ragu, ricotta-filled ravioli, cannelloni and other simple sauces including puttanesca and pesto Genovese.

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|--------------------|------------------|---------|----------------|
| Instructor: | Chef Wynton Mann | | |
| Fees: | \$40(R) | \$52(N) | (1 class) |
| 67539 | Thu | Jul 18 | 6:30-9:30 p.m. |

A Midnight's Summer Dream (age 16 & up)

Celebrate the bounty of summer with a fresh, seasonal menu inspired by summer flavors. Menu: chipotle shrimp with roasted corn cakes; crab strudel in phyllo with a lemongrass coconut milk reduction; steamed seasonal vegetables; and warm strawberry and raspberry cobbler with vanilla bean ice cream.

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|--------------------|------------------|---------|-------------|
| Instructor: | Chef Wynton Mann | | |
| Fees: | \$40(R) | \$52(N) | (1 class) |
| 67529 | Fri | Jul 19 | 6:30-9 p.m. |

Basic College Cooking (age 18 & up) NEW

Here's a cooking class aimed specifically at helping college students prepare meals without expensive ingredients or equipment (and ideas for cooking in cramped quarters) This class is ideal for any college student or those soon entering the college scene. Menu: turkey chili, beef and broccoli stir-fry, grilled marinated chicken with summer vegetables and pasta with various sauces.

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|--------------------|------------------|---------|----------------|
| Instructor: | Chef Wynton Mann | | |
| Fees: | \$40(R) | \$52(N) | (1 class) |
| 68113 | Sat | Jul 20 | 10 a.m.-1 p.m. |
| 68116 | Sat | Aug 3 | 10 a.m.-1 p.m. |

REGISTRATION DATES:





Fish and Seafood (age 16 & up) NEW

Looking for delicious new ideas for great fish and seafood dinners? Join us for this hands-on class where you will learn and practice the cooking techniques to make your dinners spectacular and no-fail. Menu: Maryland crab cakes with a romesco sauce, salmon wrapped in phyllo with a Swedish mustard sauce, halibut with avocado cream sauce, and cod Provençal.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)
67546 Tue Jul 23 10 a.m.-12:30 p.m.
67547 Tue Jul 23 6:30-9 p.m.

Pasta 102 (age 16 & up) NEW

As a follow up to Pasta 101, this class continues to expand your knowledge and technique in preparing dishes using dried and fresh pasta dough. Menu: fresh whole wheat, spinach and sun dried tomato pastas with simple sauces; fresh lasagna with Bolognese sauce; gnocchi with gorgonzola sauce; tortellini in cream sauce with prosciutto and peas; and pasta e fagioli. Students are not required to take Pasta 101.

Instructor: Chef Wynton Mann
Fees: \$40(R) \$52(N) (1 class)
67600 Thu Jul 25 6:30-9:30 p.m.

Food for Life: Kickstart Your Health (age 18 & up) NEW

A plant-based diet of whole grains, beans, vegetables, and fruits can help prevent diabetes, cardiovascular disease, cancer, and other chronic diseases. In each class, we watch a nutrition lesson on DVD, discuss healthy foods and food preparation, watch the instructor prepare several healthy and easy dishes, and try out the tasty food. A separate \$35 materials fee is due to the instructor at the first class.

Location: Cary Senior Center Kitchen
Instructor: Dilip Barman, Certified Instructor, Physicians Committee For Responsible Medicine
Fees: \$93(R) \$121(N) (6 classes)
68153 Mon Jul 29-Sep 9 6:30-8:30 p.m.
(no class Sep 2)

Salads and Dressings (age 16 & up) NEW

Tired of plain green salad with bottled dressing? Find out how simple it is to create delicious and versatile salads for home, family get-togethers and special occasions. Once you've made your own dressing, you'll never go back! Menu: Tuna Nicoise, taco salad with homemade shells, Italian panzanella salad, shrimp Louie, oriental salad and all homemade dressings.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)
67608 Tue Jul 30 10 a.m.-12:30 p.m.
67609 Tue Jul 30 6:30-9 p.m.

My Mediterranean (age 16 & up) NEW

Join Chef Mann in this hands on class as we prepare some traditional and classic meals. Menu: Grilled shrimp dish called gambari; kofta, wonderfully seasoned meatballs; boreks, small pastries filled with a mixture of cheeses and herbs; hummus, that garlicky and tangy puree and other wonderful Mediterranean treats. Simple, savory and delicious!

Instructor: Chef Wynton Mann
Fees: \$49(R) \$64(N) (1 class)
67538 Thu Aug 1 6:30-9:30 p.m.

Pastry (age 16 & up) NEW

Join Chef Mann in this in-depth course of the basics of pastry. This participation class will focus on pastry, pastry cream, puff pastry plus tarts and pies. Learn the skills of creating éclairs, profiteroles, napoleons, fruit tart, apple pie, and much more.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)
67601 Tue Aug 6 6:30-9 p.m.
67638 Wed Aug 14 10 a.m.-12:30 p.m.

Basics of Cooking I (age 16 & up)

These classes will provide clear and concise recipes for everyday cooking. The class focuses on simple techniques for easily cooking homemade dinners. Learn how to roast, pan-sear, stir-fry, make soups and simple sauces, bake from scratch, plus how to make omelets. Learn to prepare wonderful meals.

Instructor: Chef Wynton Mann
Fees: \$110(R) \$143(N) (4 classes)
67515 Thu Aug 8-29 6:30-9:30 p.m.

Wok and Bamboo Cooking (age 16 & up) NEW

Wok cooking is simple, quick, nutritionally balanced and great tasting. In this fun class you will learn Chinese stir-fry and other wok cooking techniques, and some fun and festive ways to use chopsticks and a rice bowl. Stir-fry rice, bamboo steamed fresh fish over bok choy with shiitake mushrooms, miso soup with udon noodles and lemon custard with raspberries.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)
67602 Tue Aug 13 10 a.m.-12:30 p.m.
67603 Tue Aug 13 6:30-9 p.m.

Picnic in the Park (age 16 & up)

Menu: Moroccan beef and onion sandwiches on focaccia served with German potato salad, watermelon, tomato & feta salad. Delicious and summery fruit tart with pastry cream round out the menu, and summer strawberry-raspberry punch puts on the final touch.

Instructor: Chef Wynton Mann
Fees: \$40(R) \$52(N) (1 class)
67528 Thu Aug 15 10 a.m.-1 p.m.

Vintage Cupcake Workshop (age 16 & up) NEW

'It is too beautiful to eat!' This is how you will feel when you make these vintage cupcakes. Learn how to use edible jewelry to add luxury to your design. Learn how to highlight your cupcake with golden dust to finish up your work of art.

Instructor: Lana Malki
Fees: \$44(R) \$57(N) (1 class)
67874 Mon Aug 19 6:30-9:30 p.m.

Sandwich and Dressings (age 16 & up) NEW

Wraps! Hot sandwiches! Cold sandwiches! There's a lot more to sandwiches than cold cuts and bread. Learn creative new ways to dress up a lunchtime classic. Chef Mann will also show new tasty new recipes for sandwich salad mixtures. Menu: French croque monsieur, Nawlin's muffaletta, NY Reuben, Cuban sandwich, homemade dressings and breads.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)
67604 Tue Aug 20 10 a.m.-12:30 p.m.
67605 Tue Aug 20 6:30-9 p.m.

Dim Sum (age 16 & up) NEW

Sitting down to an assortment of dim sum in a bustling restaurant is the culmination of a weekend stroll through Chinatown. You will make from a selection of shrimp Shao Mai, fried vegetable pot stickers, turnip cakes, spring rolls, spare ribs, Hoisin meatballs, pork steamed buns, egg tarts and coconut jelly, and enjoy Chinese tea.

Instructor: Chef Wynton Mann
Fees: \$40(R) \$52(N) (1 class)
67614 Thu Aug 22 10 a.m.-12:30 p.m.

Braising and Poaching (age 16 & up) NEW

Braising is a wonderful way of slow cooking a delicious entrée to maximize tenderness and flavor. Poaching is a low-heat cooking method for meat and fish that will guarantee it stays moist and juicy. Chef Mann will teach you the secrets to preparing classic braised and poached dishes. Menu: poached salmon in orange cream sauce, braised balsamic chicken, poached pears in red wine sauce and sides to go with it.

Instructor: Chef Wynton Mann
Fees: \$31(R) \$40(N) (1 class)
67606 Tue Aug 27 10 a.m.-12:30 p.m.
67607 Tue Aug 27 6:30-9 p.m.

Asian Fusion Cooking (age 16 & up)

Join Prabha for an adventure around Asia. She will artfully blend the flavors of India and the Orient to make truly exotic dishes. Learn how different flavors compliment and enhance the taste of traditional dishes.

Instructor: Prabha Loomba
Fees: \$31(R) \$40(N) (1 class)
68100 Wed Aug 28 6:30-8:30 p.m.

SPECIAL ACTIVITIES

Cary Culinary and Culture Tour (age 16 & up)

This walking food tour takes place in Cary's historic downtown. Taste favorites from six eateries and learn how these establishments came to be and fun interesting stories from them. As we stroll from place to place we'll point out interesting historical tidbits about Cary's downtown buildings. We'll also enjoy the Outdoor Sculpture Exhibition presented by Wells Fargo.

Instructor: Chef Wynton Mann
Fees: \$35(R) \$45(N) (1 class)
67480 Sat Jun 8 2-5 p.m.
67481 Sat Jul 13 2-5 p.m.
67482 Sat Jul 27 2-5 p.m.
67483 Sat Aug 3 2-5 p.m.
67484 Sat Aug 17 2-5 p.m.
67485 Sat Aug 31 2-5 p.m.



DON'T WAIT!

Please register early. Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled; you could make the difference.

The Town of Cary Dance Program offers a wide variety of classes for participants of all skill levels and ages. All of our dance programs build strength, flexibility, musicality and coordination, and are a fun way to exercise and increase physical and mental well-being as well as passion for the arts.

Preschool

BALLET

2's Ballet Too! (age 2)

Introduce the art of dance to your child. The princess songs and classical music complement ballet moves and techniques. Ballerinas will dance, sway, swing, leap, pirouette and play! Parents are welcome at some points in the class to dance with their child.

| | | | |
|--------------------|-----------------------------------|----------|---|
| Location: | Herbert C. Young Community Center | | |
| Instructor: | Khadija ELMcPherson | | |
| Fees: | \$33(R) | \$43(N) | (3 classes) |
| 67682 | Mon | Jul 8-29 | 4-4:45 p.m. <i>(no class Jul 22)</i> |

Baby Bear Ballet (age 2-3)

Share your little one's love of movement and twirling. Colorful and fun themed props and kid-friendly music set the stage for your dancer to leap and twirl with imagination.

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|--------------------|----------------------------|-----------|-------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Maggie Witter | | |
| Fees: | \$35(R) | \$46(N) | (4 classes) |
| 68587 | Wed | Jun 5-26 | 6-6:35 p.m. |
| Fees: | \$26(R) | \$34(N) | (3 classes) |
| 68644 | Wed | Aug 14-28 | 6-6:35 p.m. |

DON'T WAIT!

Please register early. Early registration allows us time to plan appropriately. Often times we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled, you could make the difference.

Story Dance (age 3-5)

Let our imaginations take flight during this magical class! We will begin each class with ballet techniques, followed by a story, then dressing up and dancing out the story. Each week will feature a new theme and story.

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|--------------------|----------------------------|----------|--|
| Instructor: | Dominique Koontz | | |
| Fees: | \$35(R) | \$46(N) | (4 classes) |
| Location: | Bond Park Community Center | | |
| 68260 | Mon | Jun 3-24 | 6-6:30 p.m. |
| Location: | Cary Senior Center | | |
| 68259 | Sat | Jun 8-29 | 10-10:30 a.m. <i>June 15 class will be held at Bond Park Community Center – Maple Room.</i> |
| Location: | Bond Park Community Center | | |
| 68261 | Mon | Jul 1-29 | 6-6:30 p.m. <i>(no class Jul 15)</i> |

Dance Ballerinas (age 3-5)

Enjoy the beauty and grace of ballet. Perform dance movements such as leaps, jumps, slides, crossovers, lifts, passe, turns, spins, and more! Dress up in your beautiful dance wear for a wonderful time!

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|--------------------|-----------------------------------|----------|---|
| Location: | Herbert C. Young Community Center | | |
| Instructor: | Khadija ELMcPherson | | |
| Fees: | \$33(R) | \$43(N) | (3 classes) |
| 67686 | Mon | Jul 8-29 | 5-5:45 p.m. <i>(no class Jul 22)</i> |

Pre-Ballet (age 4-5)

This beginning ballet class introduces children to ballet basics. They will learn the discipline of ballet through traditional techniques and creative movement. This is a fun and creative introduction to ballet training! Please wear a leotard and ballet shoes (tights optional).

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|--------------------|----------------------------|-----------|----------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Cristina Bradley | | |
| Fees: | \$35(R) | \$46(N) | (4 classes) |
| 68508 | Mon | Jun 3-24 | 5:30-6:10 p.m. |
| 68509 | Mon | Jul 8-29 | 5:30-6:10 p.m. |
| 68510 | Mon | Aug 5-26 | 5:30-6:10 p.m. |
| 68511 | Wed | Jun 5-26 | 5:30-6:10 p.m. |
| 68512 | Wed | Jul 10-31 | 5:30-6:10 p.m. |
| 68513 | Wed | Aug 7-28 | 5:30-6:10 p.m. |

Ballet/Tumble (age 4-6)

A combination class designed to introduce basic ballet terms and steps which are taught along with tumbling skills. This class is great for building creativity, confidence, gross motor skills, follow-through with directions, as well as a positive self-image.

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|--------------------|----------------------------|-----------|-------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Maggie Witter | | |
| Fees: | \$35(R) | \$46(N) | (4 classes) |
| 68582 | Tue | Jun 4-25 | 6-6:45 p.m. |
| Fees: | \$26(R) | \$34(N) | (3 classes) |
| 68645 | Tue | Aug 13-27 | 6-6:45 p.m. |



Ballet/Tumble

CREATIVE MOVEMENT

Fancy Ribbon Dance (age 3-5)

Tiny dancers will dance like stars in the sky while you watch the twinkle in their eyes! Dancers will learn ribbon twirls, spins and a variety of easy dance patterns. Fun, upbeat music accompanies this precious class for girls and boys!

Location: Herbert C. Young Community Center
Instructor: Khadija ElMcPherson
Fees: \$44(R) \$57(N) (4 classes)
68593 Thu Jul 11-Aug 1 5-5:45 p.m.

TAP

Tap (age 4-5)

This introduction to tap dance will teach basic steps, terminology, and musicality while inspiring children with fun sounds and rhythms!

Location: Cary Arts Center
Instructor: Cristina Bradley
Fees: \$46(R) \$60(N) (6 classes)
68162 Sat Jun 22-Jul 27 10-10:45 a.m.

REGISTRATION DATES:



Youth

BALLET

Ballet I (age 6-10)

This beginner level class teaches proper body alignment, ballet terminology, and technique through traditional ballet barre work, floor exercises, and choreography.

Instructor: Cristina Bradley

(age 6-8)

Location: Bond Park Community Center
Fees: \$35(R) \$46(N) (4 classes)
68514 Wed Jun 5-26 6:15-7:15 p.m.
68515 Wed Jul 10-31 6:15-7:15 p.m.
68516 Wed Aug 7-28 6:15-7:15 p.m.

(age 8-10)

Location: Cary Arts Center
Fees: \$46(R) \$60(N) (5 classes)
68161 Tue Jun 18-Jul 16 6:45-7:45 p.m.

COMBINATION CLASSES

Dance Combo I (age 6-10)

Dancers will learn technique, terminology, and choreography in multiple dance styles through warm-ups, exercises, and combinations.

Location: Cary Arts Center
Instructor: Cristina Bradley
Fees: \$46(R) \$60(N) (5 classes)

Ballet + Tap

68170 Tue Jul 23-Aug 20 5:30-6:30 p.m.

HIP HOP & BREAK DANCE

Kids! Show Everyone You Can Dance, Too! NEW (age 4-10)

Do you love the tv show 'So You Think You Can Dance?' Well here's your chance to show it! Step by step instruction provided by instructor challenges students to develop their own style based on core break dance moves.

Location: Herbert C. Young Community Center
Instructor: Grigoriy Mirzoev
Fees: \$50(R) \$65(N) (4 classes)
67763 Fri Aug 2-23 8-9 p.m.

Sho-Stoppers Hip Hop Dance (age 5-10)

Learn the latest dance moves! Fun and fast paced, this hip hop class emphasizes the fundamentals of hip hop while teaching rhythm, coordination and proper technique. Dancers will learn steps, patterns and routines. This class is a great upbeat way to exercise. Learn how to dance while staying in shape!

Location: Bond Park Community Center

Instructor: Maggie Witter

(age 5-7)

Fees: \$39(R) \$51(N) (4 classes)
68590 Wed Jun 5-26 6:45-7:30 p.m.

Fees: \$29(R) \$38(N) (3 classes)
68647 Wed Aug 14-28 6:45-7:30 p.m.

(age 8-10)

Fees: \$39(R) \$51(N) (4 classes)
68591 Wed Jun 5-26 7:45-8:30 p.m.

Fees: \$29(R) \$38(N) (3 classes)
68648 Wed Aug 14-28 7:45-8:30 p.m.

JAZZ

Jazz/Acro Dance (age 5-10)

Jazz/Acro Dance combines basic tumbling skills with the excitement of jazz and blends them into a fun and creative class. Students will build flexibility, agility, and improve coordination. This class provides a solid foundation for dance students while in a fun learning environment.

Location: Bond Park Community Center

Instructor: Maggie Witter

(age 5-7)

Fees: \$39(R) \$51(N) (4 classes)
68585 Tue Jun 4-25 6:45-7:30 p.m.

Fees: \$29(R) \$38(N) (3 classes)
68649 Tue Aug 13-27 6:45-7:30 p.m.

(age 8-10)

Fees: \$39(R) \$51(N) (4 classes)
68586 Tue Jun 4-25 7:45-8:30 p.m.

Fees: \$29(R) \$38(N) (3 classes)
68650 Tue Aug 13-27 7:45-8:30 p.m.

Jazz I (age 8-10)

This beginner level class teaches classical jazz foundations and builds strength and skill through warm-ups, floor exercises, and choreography. Choreography may feature various styles of jazz, from lyrical, to Broadway, to hip-hop!

Location: Cary Arts Center

Instructor: Michelle DiRuzza

Fees: \$46(R) \$60(N) (5 classes)

68175 Thu Jun 20-Jul 25 6-7 p.m.
(no class Jul 4)

SOCIAL & CULTURAL DANCE

Tartan Tot (age 4-7)

What a great introduction to Scottish Highland Dance! We will combine creative movement and Scottish Highland Dance during this fun class for your dancer. A parent showcase with tartan touches will cap off this course. Hair should be tied back.

Instructor: Dominique Koontz

Fees: \$35(R) \$46(N) (4 classes)

Location: Bond Park Community Center

68263 Mon Jun 3-24 6:30-7 p.m.

Location: Cary Senior Center

68262 Sat Jun 8-29 10:30-11 a.m.

June 15 class will be held at Bond Park Community Center – Dogwood Room.

Location: Bond Park Community Center

68264 Mon Jul 1-29 6:30-7 p.m.

(no class Jul 15)

TAP

Tap (age 6-10)

Learn tap dance terminology, technique, and choreography. Build strength, flexibility, and coordination, and have fun with upbeat music and rhythm!

Location: Cary Arts Center

Instructor: Cristina Bradley

Fees: \$46(R) \$60(N) (5 classes)

68163 Tue Jun 18-Jul 16 5:30-6:30 p.m.

WORKSHOPS

Dance Workshop (age 5-10)

Join us for a workshop intended to introduce beginners to various styles of dance. Basics and more are introduced in a fun environment. Come and discover your creative side!

Location: Bond Park Community Center

Instructor: Maggie Witter

Fees: \$58(R) \$75(N) (3 classes)

Tumble

(age 5-7)

68639 Tue,Wed,Thu Jul 23-25 6-7:15 p.m.

(age 8-10)

68638 Tue,Wed,Thu Jul 9-11 6-7:15 p.m.

Jazz/Lyrical


(age 8-10)

68641 Tue,Wed,Thu Jul 23-25 7:30-8:45 p.m.

Teen

COMBINATION CLASSES

Dance Combo I (age 11-17)

 Dancers will learn technique, terminology, and choreography in multiple dance styles, through warm-ups, exercises, and combinations.


Location: Cary Arts Center
Instructor: Cristina Bradley
Fees: \$46(R) \$60(N) (5 classes)

Ballet + Tap

68171 Tue Jul 23-Aug 20 6:45-7:45 p.m.

HIP HOP & BREAK DANCE


Show Everyone You Can Dance...Learn to Break Dance Level 1 (age 11-17)

 Do you love the tv show 'So You Think You Can Dance?' Well here's your chance to show it! Step by step instruction provided by instructor challenges students to develop their own style based on core break dance moves.

Location: Herbert C. Young Community Center
Instructor: Grigoriy Mirzoev
Fees: \$44(R) \$57(N) (4 classes)
67760 Fri Aug 2-23 6:30-8 p.m.

JAZZ


Jazz I (age 11-17)

 This beginner level class teaches classical jazz foundations and builds strength and skill through warm-ups, floor exercises, and choreography. Choreography may feature various styles of jazz, from lyrical, to Broadway, to hip-hop.

Location: Cary Arts Center
Instructor: Michelle DiRuzza
Fees: \$46(R) \$60(N) (5 classes)
68176 Thu Jun 20-Jul 25 7:15-8:15 p.m.
(no class Jul 4)


SOCIAL & CULTURAL DANCE

Bollywood – Tween & Teen! (age 11-17) **NEW**

 Learn Bollywood dance steps set to energetic soundtracks of Indian movies. A highly charged fun and engaging course that fuses Indian moves to hip hop, jazz, ballet, and other world styles. With colorful costuming and foot-tapping music, this course brings out the best in creativity, working in a team, and learning how to dance.

Location: Bond Park Community Center
Instructor: Priya Chellani, Indigo Dance Evolution Academy
Fees: \$63(R) \$82(N) (6 classes)
68154 Mon Jun 3-Jul 8 7-8 p.m.


Intro to Ballroom and Social Dance (age 11-17)

 Dancing is fun, great exercise and a great way to meet new people. This class will cover the basic elements of 6 different partnered/social dances such as waltz, fox trot, tango and cha cha, as well as popular club dances like swing and salsa. No partner necessary to participate.

Location: Herbert C. Young Community Center
Instructor: Kathy Wappel
Fees: \$88(R) \$114(N) (6 classes)
67526 Thu Jun 6-Jul 25 6:30-7:30 p.m.
(no class Jun 27, Jul 4)

WORKSHOPS

Dance Workshop (age 11-16)

 Join us for a workshop intended to introduce beginners to various styles of dance. Basics and more are introduced in a fun environment. Come and discover your creative side!

Location: Bond Park Community Center
Instructor: Maggie Witter
Fees: \$58(R) \$75(N) (3 classes)

Jazz/Lyrical

68640 Tue,Wed,Thu Jul 9-11 7:30-8:45 p.m.

Adult

BALLET, JAZZ, & TAP

Tap (age 18 & up)

Learn tap dance terminology, technique, and choreography while you build strength, musicality, and coordination. Increase your physical and mental well-being!

Location: Cary Arts Center
Instructor: Cristina Bradley
Fees: \$51(R) \$66(N) (6 classes)
68573 Sat Jun 22-Jul 27 11 a.m.-noon

SOCIAL & CULTURAL DANCE

Shag Beginner (age 16 & up)

Living in North Carolina and you still don't know about shagging? Learn the basic shag step as you dance to beach music, giving you the confidence to get on the dance floor!

Location: Bond Park Community Center
Instructor: Sam Sparks
Fees: \$36(R) \$47(N) (4 classes)
68073 Mon Jun 3-24 6:45-7:45 p.m.
68074 Mon Jul 8-29 6:45-7:45 p.m.
68075 Mon Aug 5-26 6:45-7:45 p.m.

Shag Beginner II (age 16 & up)

Complement your basic shag knowledge with steps such as the belly roll, sugar foot, and other favorites. A great and unique form of exercise!

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|--------------------|----------------------------|----------|----------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Sam Sparks | | |
| Fees: | \$36(R) | \$47(N) | (4 classes) |
| 68076 | Mon | Jun 3-24 | 7:45-8:45 p.m. |
| 68077 | Mon | Jul 8-29 | 7:45-8:45 p.m. |
| 68078 | Mon | Aug 5-26 | 7:45-8:45 p.m. |

Salsa & Latin Dance (age 14 & up)

Taste of Salsa

New to social dancing? Don't know where to start? This class caters to beginners! Learn an easy-to-remember combination with engaging Latin beats. No partner or dance experience required. Please wear hard-soled shoes.

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|--------------------|----------------------------|----------|-------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Judith Analco | | |
| Fees: | \$33(R) | \$43(N) | (2 classes) |
| 68563 | Wed | Jun 5-12 | 6:30-8 p.m. |

Ballroom Dance (age 18 & up)

Learn to dance like a pro! Enjoy the exciting world of ballroom dancing. Dances taught include swing, foxtrot, waltz, cha cha, rumba, and tango. No partner necessary, so come join the fun!

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|--------------------|-----------------------------------|---------------------------------|----------------|
| Location: | Herbert C. Young Community Center | | |
| Instructor: | Kathy Wappel | | |
| Fees: | \$114(R) | \$144(N) | (6 classes) |
| 67703 | Thu | Jun 6-Jul 25 | 7:45-8:45 p.m. |
| | | <i>(no class Jun 27, Jul 4)</i> | |

Basic Social Dance (age 16 & up)

Tired of sitting it out? Then learn to dance. Bring some friends and neighbors and get out for some fun... learning the basic elements of today's most popular social dances including Salsa and Swing. You'll be on the dance floor sooner than you think! No partner necessary.

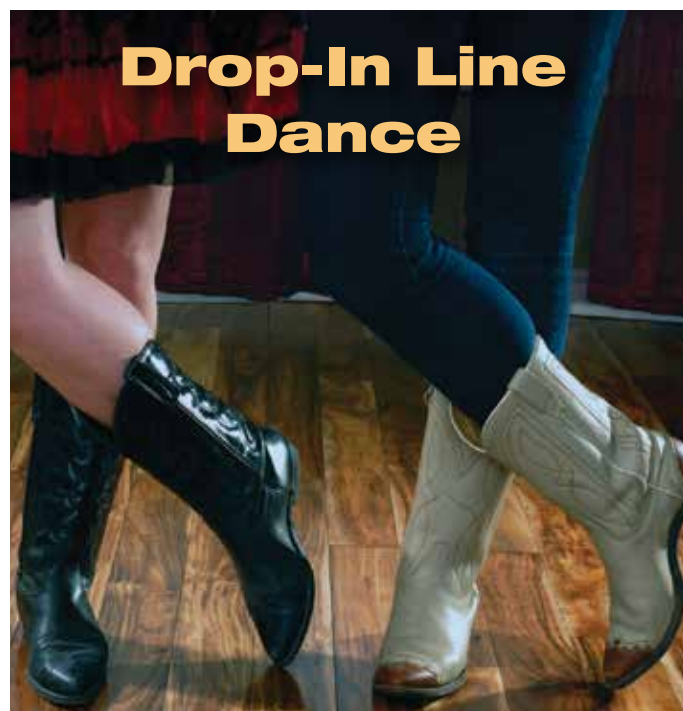
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|--------------------|-------------------------------|----------------------------------|----------------|
| Location: | Middle Creek Community Center | | |
| Instructor: | Kathy Wappel | | |
| Fees: | \$114(R) | \$144(N) | (6 classes) |
| 68091 | Fri | Jun 7-Jul 26 | 8:15-9:15 p.m. |
| | | <i>(no class Jun 28, Jul 19)</i> | |

Belly Dance: Mixed Level Beginner's Class (age 12 & up)

Explore the exotic world of Belly Dance in this 8-week class. Students may register for one or both 4-week sessions. The June class will focus on Taqsem, the slower and more graceful movements danced to softer and gentler rhythms. The August class will focus on dancing with veils and veil techniques.

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|--------------------|-----------------------------------|----------|----------------|
| Location: | Page-Walker Arts & History Center | | |
| Instructor: | Aziza Fadwa | | |
| Fees: | \$63(R) | \$82(N) | (4 classes) |
| 68601 | Thu | Jun 6-27 | 6:30-7:30 p.m. |
| 68602 | Thu | Aug 1-22 | 6:30-7:30 p.m. |

REGISTRATION DATES:



Join us for line dancing every Monday night from 7-8:30 p.m. at the Herbert C. Young Community Center and every Tuesday night from 6:45-8:45 p.m. at the Bond Park Community Center. Monday nights are structured just for Beginners. Tuesday nights are a combination of Beginner and Intermediate line dances.


If you think you want to give it a try, the door will be open just come on by. We stomp our feet and tap our toes. What else we'll do, nobody knows. But we have fun each time we meet! So come on by and shuffle your feet. Instruction is provided so no experience is necessary. Partners are welcome but not required.

Time subject to change, please call Herb Young at (919) 460-4965 or Bond Park at (919) 462-3970 to confirm.

Fee is \$5 for Cary residents and \$6 for nonresidents. Herb Young will not have line dance June 17 & 24.


Preschool

Stretch-n-Grow, Wobblers (age 12mo-2)

 Parent and child participate in a fun-filled class to enhance social and developmental skills. Enjoy silly songs and music, fun activities and games, parachute play and more!

| | | | |
|--------------------|----------------------------|---------|-----------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Stretch-n-Grow | | |
| Fees: | \$8(R) | \$10(N) | (1 class) |
| 68550 | Tue | Jun 4 | 9:30-10:05 a.m. |
| 68551 | Tue | Jun 11 | 9:30-10:05 a.m. |
| 68552 | Tue | Jun 18 | 9:30-10:05 a.m. |
| 68553 | Tue | Jun 25 | 9:30-10:05 a.m. |
| 68554 | Tue | Jul 9 | 9:30-10:05 a.m. |
| 68555 | Tue | Jul 16 | 9:30-10:05 a.m. |
| 68556 | Tue | Jul 23 | 9:30-10:05 a.m. |
| 68557 | Tue | Jul 30 | 9:30-10:05 a.m. |
| 68558 | Tue | Aug 6 | 9:30-10:05 a.m. |
| 68559 | Tue | Aug 13 | 9:30-10:05 a.m. |
| 68560 | Tue | Aug 20 | 9:30-10:05 a.m. |

Stretch-n-Grow, Ready, Set Go! Siblings (age 15mo-6)

 Ready for your kids to have a class together? Then Ready, Set, Go! Siblings Class is just for you! Come and let your kids enjoy the fun together! Varied activities include singing, balls, parachute play, and gym activity fun! This class is not just for siblings, anyone can register!

| | | | |
|--------------------|----------------------------|---------|-----------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Stretch-n-Grow | | |
| Fees: | \$9(R) | \$12(N) | (1 class) |
| 68528 | Wed | Jun 5 | 9:30-10:15 a.m. |
| 68529 | Wed | Jun 12 | 9:30-10:15 a.m. |
| 68530 | Wed | Jun 19 | 9:30-10:15 a.m. |
| 68531 | Wed | Jun 26 | 9:30-10:15 a.m. |
| 68532 | Wed | Jul 10 | 9:30-10:15 a.m. |
| 68533 | Wed | Jul 17 | 9:30-10:15 a.m. |
| 68534 | Wed | Jul 24 | 9:30-10:15 a.m. |
| 68535 | Wed | Jul 31 | 9:30-10:15 a.m. |
| 68536 | Wed | Aug 7 | 9:30-10:15 a.m. |
| 68537 | Wed | Aug 14 | 9:30-10:15 a.m. |
| 68538 | Wed | Aug 21 | 9:30-10:15 a.m. |

Icon Key:



Parent/Child



Teen



Fitness Pass



Wellness Pass

Stretch-n-Grow, Ready, Set, Go! (age 18mo-4)



Parent and child participate in an action-packed, fun-filled class that enhances social and developmental skills. Enjoy music, parachute play, silly songs, balls, slides, tunnels and more!

| | | | |
|--------------------|----------------------------|---------|------------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Stretch-n-Grow | | |
| Fees: | \$9(R) | \$12(N) | (1 class) |
| 68517 | Tue | Jun 4 | 10:30-11:15 a.m. |
| 68518 | Tue | Jun 11 | 10:30-11:15 a.m. |
| 68519 | Tue | Jun 18 | 10:30-11:15 a.m. |
| 68520 | Tue | Jun 25 | 10:30-11:15 a.m. |
| 68521 | Tue | Jul 9 | 10:30-11:15 a.m. |
| 68522 | Tue | Jul 16 | 10:30-11:15 a.m. |
| 68523 | Tue | Jul 23 | 10:30-11:15 a.m. |
| 68524 | Tue | Jul 30 | 10:30-11:15 a.m. |
| 68525 | Tue | Aug 6 | 10:30-11:15 a.m. |
| 68526 | Tue | Aug 13 | 10:30-11:15 a.m. |
| 68527 | Tue | Aug 20 | 10:30-11:15 a.m. |

Youth

Clever Kids (age 3-7)

FREE



Cary Police Department Community Services Unit offers this free class for children and their parents. Topics covered will be familiarization with a police officer, seat belt safety, and stranger danger. We also get an opportunity to get a look inside a real police car! Parent and child should be registered.

| | | | |
|--------------------|--|--------|------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Cary Police Department Community Services Unit | | |
| 68265 | Sat | Jul 13 | 10-11 a.m. |

Stretch-n-Grow, Sports Adventure (age 3.5-6)

Drop off your child for an action-packed, age-appropriate, non-competitive fitness and sports activity class, including group exercise, games, and the fundamentals of each sport.

| | | | |
|--------------------|----------------------------|---------|------------------|
| Location: | Bond Park Community Center | | |
| Instructor: | Stretch-n-Grow | | |
| Fees: | \$9(R) | \$12(N) | (1 class) |
| Basketball | | | |
| 68539 | Wed | Jun 5 | 10:30-11:15 a.m. |
| 68540 | Wed | Jun 12 | 10:30-11:15 a.m. |
| 68541 | Wed | Jun 19 | 10:30-11:15 a.m. |
| 68542 | Wed | Jun 26 | 10:30-11:15 a.m. |

Soccer

| | | | |
|--------------|-----|--------|------------------|
| 68543 | Wed | Jul 10 | 10:30-11:15 a.m. |
| 68544 | Wed | Jul 17 | 10:30-11:15 a.m. |
| 68545 | Wed | Jul 24 | 10:30-11:15 a.m. |
| 68546 | Wed | Jul 31 | 10:30-11:15 a.m. |

T-Ball

| | | | |
|--------------|-----|--------|------------------|
| 68547 | Wed | Aug 7 | 10:30-11:15 a.m. |
| 68548 | Wed | Aug 14 | 10:30-11:15 a.m. |
| 68549 | Wed | Aug 21 | 10:30-11:15 a.m. |

Baton Twirling (age 4-13)

NEW

Join the Raleigh Revolution baton twirlers in learning the fundamentals and basics of baton twirling. Twirling is a unique and exciting sport that not only develops athleticism and coordination, but also improves confidence and showmanship. All skill levels are welcome.

Location: Herbert C. Young Community Center
Instructor: Stephanie Ross & Lauren Taylor, Raleigh Revolution

(age 4-8)

Fees: \$53(R) \$69(N) (6 classes)
68695 Mon Jun 3-Jul 22 6-6:45 p.m.
(no class Jun 17, 24)

Fees: \$44(R) \$57(N) (5 classes)
68696 Mon Jul 29-Aug 26 6-6:45 p.m.

(age 9-13)

Fees: \$53(R) \$69(N) (6 classes)
68697 Mon Jun 3-Jul 22 6:45-7:30 p.m.
(no class Jun 17, 24)

Fees: \$44(R) \$57(N) (5 classes)
68698 Mon Jul 29-Aug 26 6:45-7:30 p.m.

OPEN GYM for HOMESCHOOLERS!

Middle Creek Community Center

Wednesdays, Noon-3:00 p.m.
 (919) 771-1295

Play board games and table tennis or burn off some energy playing basketball, soccer and other active games in the gym.

Herbert C. Young Community Center

Tuesdays and Wednesdays, 2-3:30 p.m.
 (919) 460-4965

Enjoy self-directed sports and games in the gym.

All ages are welcome. No pre-registration required, simply drop in with your children and enjoy this opportunity to recreate with other homeschool families.

Fee: \$4 per family per visit, \$6 per family for nonresidents

Save by purchasing multi-visit passes!

- Times subject to change — please call to verify.
- Parents must accompany their children.




Fit 'n' Fun Zone (age 6-8)

Emphasizing the benefits of making healthier choices in food, play, and exercise; class begins with a short warm-up, followed by cardiovascular exercises using basic aerobic steps, exercise balls, jump ropes, and hula hoops. Class concludes with discussions on making healthier choices and the value of making these a lifestyle choice.

Location: Bond Park Community Center
Instructor: Ivel Turkson
Fees: \$49(R) \$64(N) (8 classes)
68565 Tue, Thu Aug 6-29 5:30-6:20 p.m.

Teen

Teen Managing Stress Without Stress FREE & NEW (age 11-17)


 This class will describe and explain what stress is and the real causes. Instructor will explain the physical, mental, and emotional effects of stress and demonstrate and describe some of the tools to identify and deal with stress. Techniques will be taught to manage and try to prevent stress.

Location: Middle Creek Community Center
Instructor: Michael Seltzer
68096 Sat Aug 17 10-11 a.m.

Adult

AEROBICS


Cardio Kickboxing (age 16 & up) NEW

 An infusion class of old school aerobics and dance combined with the current high intensity of kickboxing. This class will guarantee that you will sweat and love the rocking music.

Location: Cary Senior Center
Instructor: Laura Gnewuch, Bella Vie Fitness
Fees: \$39(R) \$51(N) (11 classes)
68155 Mon, Wed Jun 3-Jul 10 6:30-7:30 p.m.
(no class Jul 3)

Fees: \$42(R) \$55(N) (12 classes)
68156 Mon, Wed Jul 22-Aug 28 6:30-7:30 p.m.


Cardio-Combo (age 16 & up)

 A complete workout featuring step training with classic low and high impact aerobics, kickboxing, and weight training. Stretching and toning rounds out this workout promoting health and well-being.

Location: Bond Park Community Center
Instructor: Laura Gnewuch, Bella Vie Fitness
Fees: \$35(R) \$46(N) (10 classes)
68087 Tue, Thu Jun 4-Jul 11 6-7 p.m.
(no class Jun 13, Jul 4)


Fees: \$42(R) \$55(N) (12 classes)
68088 Tue, Thu Jul 23-Aug 29 6-7 p.m.

Aerobics, Intermediate to Advanced (age 16 & up)

 Not for beginners! A challenging and fast moving workout, to greatly improve over all fitness. Benefits include improved stamina, coordination and fat-burning with a Hi-Low impact aerobic workout. Dynabands resistance exercises are used to strengthen and tone your body and stretching to improve flexibility.

| | | | |
|--------------------|-----------------------------------|---------------|--|
| Location: | Herbert C. Young Community Center | | |
| Instructor: | Nan Clark | | |
| Fees: | \$31(R) | \$40(N) | (11 classes) |
| 67652 | Tue, Thu | Jun 4-Jul 25 | 9:30-10:30 a.m. <i>(no class 6/18, 20, 25, 27, 7/4)</i> |
| Fees: | \$28(R) | \$36(N) | (10 classes) |
| 67653 | Tue, Thu | Jul 30-Aug 29 | 9:30-10:30 a.m. |


Total Body Conditioning (age 16 & up)

 An invigorating, efficient workout that focuses on cardiovascular conditioning, as well as strengthening and muscle toning. A variety of techniques ensure cross-training which includes the use of body bars and weights. Recommended for anyone on the go wanting to get in a great workout before the weekend!

| | | | |
|--------------------|----------------------------------|---------------|---|
| Location: | Bond Park Community Center | | |
| Instructor: | Laura Gnewuch, Bella Vie Fitness | | |
| Fees: | \$32(R) | \$42(N) | (10 classes) |
| 68089 | Tue, Thu | Jun 4-Jul 11 | 7:15-8 p.m. <i>(no class Jun 13 & Jul 4)</i> |
| Fees: | \$38(R) | \$49(N) | (12 classes) |
| 68090 | Tue, Thu | Jul 23-Aug 29 | 7:15-8 p.m. |


Fitness Pass

Do you want to start a new fitness program but aren't sure which program is right for you?



You now have the option to participate in a variety of fitness programs at four locations with one pass!

Available Classes:
Cardio Combo, Aerobics for All Levels, Tone and Strengthen, Aerobics Intermediate to Advanced, Total Body Conditioning, Cardio Kickboxing, Total Fit Boot Camp.

 Look for this icon throughout the Fitness and Wellness section
 Programs available at the
Herbert C. Young Community Center
Bond Park Community Center
Cary Senior Center (age 55 & up)
Middle Creek Community Center


*Classes are subject to availability and cancellation.
 Call any community center to confirm class status.*

| | | |
|------------------------|----------------|----------------|
| One visit | \$5(R) | \$6(N) |
| 5 session pass | \$25(R) | \$30(N) |
| 10 session pass | \$40(R) | \$52(N) |

- No credits, refunds, or transfers on Fitness Passes.
- No expiration date on Fitness Pass.


For more information, call and ask about our Fitness Pass. Also check out our Wellness Pass for more class options.

Aerobics for All Levels (age 16 & up)

 No matter what your skill level, this class is for you. The aerobic moves will challenge beginners as well as advanced levels. Low to high impact, aerobic to step to kickboxing, strength training with resistance, toning, and flexibility will be incorporated in this safe and fun workout!

| | | | |
|--------------------|-----------------------------------|--------------|---|
| Location: | Herbert C. Young Community Center | | |
| Instructor: | Natalie Williams | | |
| Fees: | \$35(R) | \$46(N) | (12 classes) |
| 68146 | Mon, Wed | Jul 1-Aug 14 | 6-7 p.m. <i>(no class Jul 3, Aug 12)</i> |

Tone and Strengthen (age 16 & up)

 This class will use weights and other resistance equipment to build endurance and strengthen all the muscles in the body. Special feature this quarter is the use of the fitness ball! This is a great addition to your aerobic workout.

| | | | |
|--------------------|-----------------------------------|--------------|---|
| Location: | Herbert C. Young Community Center | | |
| Instructor: | Natalie Williams | | |
| Fees: | \$35(R) | \$46(N) | (12 classes) |
| 68149 | Mon, Wed | Jul 1-Aug 14 | 7:05-7:50 p.m. <i>(no class Jul 3, Aug 12)</i> |

Drop In Aerobics for All Levels and Tone and Strengthen

June 3 and 5

Location: Herbert C. Young Community Center
 \$5 Residents; \$6 Non-Residents Drop In Rate

Looking for Zumba?


We are taking the summer off, but look for this class in the Fall!

AQUATIC FITNESS

Triangle Aquatic Center Free Family Swim
 Second Sundays in June, July and August
 11:30 a.m.-12:30 p.m.
Water Safety & Aqua Fit classes • June 9 | Free
Water Safety (ages 5–10) • 11:30 a.m.-12 p.m.
 Participants will learn about pool, boating, and open water rules while getting hands on experience in self-rescue techniques.
Aqua Fit for Adults • 12-12:30 p.m.
 A fun, social way to get in shape and be easy on the joints. Participants will enhance resistance using equipment such as noodles, barbells, and boards.
Registration is suggested for classes.
Triangle Aquatic Center | (919) 459-4045 | fitandable@nc.rr.com

Nonresidents call (919) 459-4045 for registration information. All classes will be held at the Triangle Aquatic Center.
Fees: \$60(R) \$51(Senior R)

Total Fit Boot Camp (age 16 & up) NEW

 Looking at getting that challenging and effective workout before the daily summer heat hits? With a combination of cardio drills and muscle conditioning, this workout will provide you the ultimate way to improve your cardiovascular system, lose weight, and build muscle. Be on your way to working your total body and creating a fit you!

- Location:** Bond Park Community Center
Instructor: Laura Gnewuch, Bella Vie Fitness
- Fees:** \$39(R) \$51(N) (11 classes)
68094 Tue, Thu Jun 4-Jul 11 7:30-8:15 a.m.
(no class Jul 4)
- Fees:** \$42(R) \$55(N) (12 classes)
68095 Tue, Thu Jul 23-Aug 29 7:30-8:15 a.m.

Aqua Fit (age 18 & up)
 A fun, social way to get moving and be easy on the joints. Participants will enhance resistance using equipment such as noodles, barbells and kickboards. Other equipment such as water shoes, gloves, and personal barbells are optional and are available from All American Swim Supply. (7 classes)

- | | | | |
|--------------|----------|-------------|----------|
| 67412 | Tue, Thu | Jun 4-27 | 8-9 a.m. |
| 67413 | Tue, Thu | Jul 9-Aug 1 | 8-9 a.m. |
| 67414 | Tue, Thu | Aug 6-29 | 8-9 a.m. |

Aqua Senior (age 55 & up)
 Gentle exercises with emphasis on low-intensity options. Conducted in the program pool, this class is ideal for participants who have arthritis, difficulties with range of motion, or want to ease into an exercise routine. (8 classes)


- | | | | |
|--------------|----------|-------------|-----------|
| 67407 | Tue, Thu | Jun 4-27 | 9-10 a.m. |
| 67408 | Tue, Thu | Jul 9-Aug 1 | 9-10 a.m. |
| 67409 | Tue, Thu | Aug 6-29 | 9-10 a.m. |

CORPORATE PASS

Are you a business in Cary and looking for another way to say "Thank You" to your employees? Here's an excellent benefit to add to their employment along with encouraging a healthier lifestyle. Cary, Parks, Recreation and Cultural Resources now introduces the CORPORATE PASS. Purchase 100 sessions of any of the following three pass types: Open Gym, Fitness Pass or Wellness Pass and your employees can participate in a multitude of activities. The Open Gym pass allows your staff to participate in any of the open gym sessions for Basketball or Volleyball offered at all 3 community centers. The Fitness and Wellness passes allow for the added option of a variety of classes including Yoga, Pilates, Aerobics and Belly Dance.

Open Gym Pass..... 100 sessions\$300
Fitness Pass..... 100 sessions\$400
Wellness Pass 100 sessions\$900

For more information, please call (919) 462-3970.



Personal Fitness Training - Let us Help You Achieve Your Goals!

Teenagers to senior citizens benefit from working one-on-one with a personal trainer. Whether you desire to lose weight, build lean muscle, increase strength, prepare for an athletic competition, or improve your stamina and mobility; our trainers can help you develop a safe and effective program to achieve your specific fitness goals.

You can meet with your trainer weekly, bi-weekly or once a month depending on your goals and availability.

To schedule your hour session, please contact:

**Bond Park Community Center,
 (919) 462-3970
 Session Fees: \$44(R) \$57(N)**



Wellness Pass

Available Classes:
**Yoga – All Levels
 and Mat Pilates.**

Look for this  icon throughout the
Fitness and Wellness section

Programs available at the following
 community centers:

Bond Park and Herbert C. Young

Classes are subject to availability and cancellation.

*Call the community center holding the class
 to confirm class status.*

| | <u>Resident</u> | <u>Non-Resident</u> |
|-----------------|-----------------|---------------------|
| One visit | \$11 | \$14 |
| 5 session pass | \$53 | \$69 |
| 10 session pass | \$100 | \$130 |

*No credits, refunds, or transfers on Wellness Passes.
 *No expiration date on Wellness Pass.

For more information call **(919) 462-3970**
 and ask about our Wellness Pass.
 Also, check out our Fitness Pass for other class options.



FOR YOUR HEALTH

Managing Stress without Stress (age 18 & up)

FREE & NEW


This class will describe and explain what stress is and what are the real causes. Instructor will explain the physical, mental, and emotional effects of stress and demonstrate and describe some of the tools to identify and deal with stress. Techniques will be taught to manage and prevent stress.

Location: Middle Creek Community Center
Instructor: Michael Seltzer

68093 Sat Jun 15 10-11 a.m.

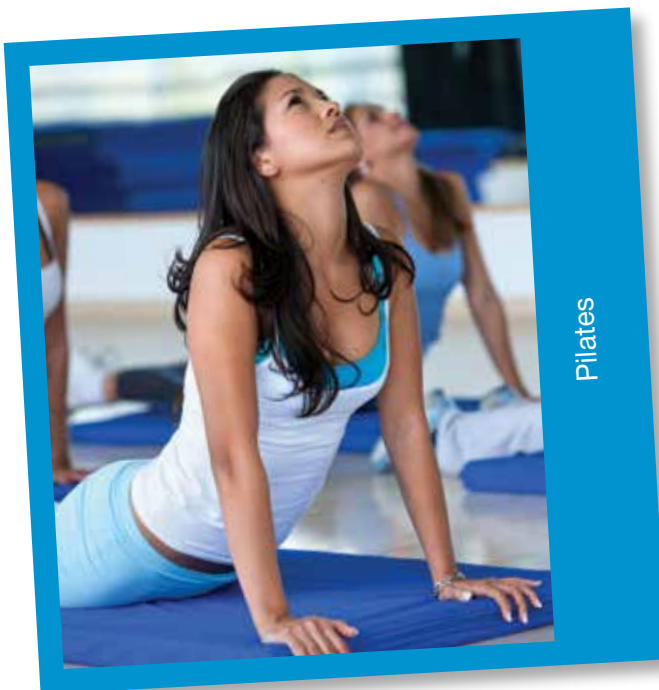
PILATES

Mat Pilates Level 1 (age 16 & up)

 A series of mat exercises providing a low stress method of physical and mental conditioning that utilizes the deepest muscles in the body to strengthen the back, chest, arms, abdominals, hips, and thighs. This exercise technique creates a strong core and a more streamlined shape, greater balance and flexibility.

Location: Herbert C. Young Community Center
Instructor: Paula Machado
Fees: \$64(R) \$83(N) (8 classes)

67690 Tue Jul 9-Aug 27 6-7 p.m.



FITNESS & WELLNESS

Icon Key:



Parent/Child



Teen



Fitness Pass



Wellness Pass

QIGONG

Qigong: 18 Immortal Exercises (age 16 & up)

Qigong refers to movements matched with breath and mental focus designed to cultivate personal energy. The traditional foundation of Shaolin martial arts, Qigong promotes health, fitness and spiritual wellness. Exercises promote flexibility, muscle tone, bone strength, deep breathing, relaxation and enjoyment of life.

Location: Page-Walker Arts & History Center
Instructor: Kathleen Cusick
Fees: \$88(R) \$116(N) (7 classes)
Wed Jun 12-Jul 31 7:30-8:45 p.m.
(no class Jul 3)

YOGA

Yoga – All Levels (age 16 & up)



Everyone is welcome, regardless of experience. You will receive detailed instruction of postures, breathing techniques, and variations that will challenge all levels of ability and experience.

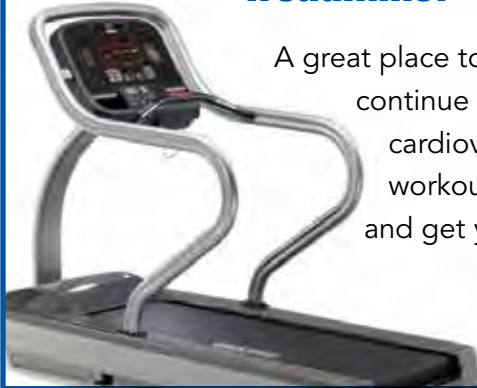
Location: Bond Park Community Center
Instructor: Rhonda Bailey
Fees: \$66(R) \$86(N) (7 classes)
68266 Thu Jun 6-Jul 25 6:30-8 p.m.
(no class Jul 4)

Yoga for Total Wellness (age 14 & up)

This class helps to better your health physically and mentally. Relieve and heal common aches and pains. Become resilient to stress, boost self-esteem, and improve concentration, muscle tone, flexibility, strength and stamina using sage Patanjali's 8 limbs of Yoga philosophy including Asanaas, pranayamas and Sun salutations."

Location: Herbert C. Young Community Center
Instructor: Shobha Saraiya
Fees: \$30(R) \$39(N) (6 classes)
67698 Sat Jul 13-Aug 17 9-10:30 a.m.

Look what's new at Herb Young Community Center... Treadmills!



A great place to start or continue your cardiovascular workout. Stop by and get your walk on!

Herbert C. Young Community Center
101 Wilkinson Avenue | Cary NC | (919) 460-4965

DON'T WAIT!

Please register early. Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled; you could make the difference.

Senior Adult Fitness Programs



Are you 55 or older and looking for a fitness & wellness program designed just for you? **Check out the Cary Senior Center programs by calling (919) 469-4081** to learn about the many exercise programs available to you. These exercise programs are designed to complement seniors' specific needs and are taught by professionally trained instructors! Stop by the Cary Senior Center today!

Martial Arts

HAPKiDO

Ultimate HapKiDo, Basics/Intermediate (age 13 & up)

An eclectic martial art, we teach stand up and ground defense for self-defense and survival. Our approach is for both women and men. Requirements: \$20 school charter fee and mouthguard. Promotional examinations are available. After first month of training, regulation uniform is required. Uniforms/gear from other schools are not permitted.

Location: Cary Senior Center
Instructor: Elizabeth Roshdy
Fees: \$64(R) \$83(N) (9 classes)
68172 Tue, Thu Jun 4-Jul 2 7:45-8:45 p.m.
Jun 13 class will be held at Bond Park Community Center

Fees: \$48(R) \$62(N) (6 classes)
68173 Tue, Thu Jul 9-25 7:45-8:45 p.m.
68174 Tue, Thu Aug 13-29 7:45-8:45 p.m.

NINJUTSU

Little Ninjas (age 5-10)

Ninjutsu is the martial art practiced by the well-known warriors known as Ninjas. This is an ongoing class with periodical belt rank testing. Test, black karate uniform and training weapons are required, not included in the class fee. www.ninpodocom

Location: Herbert C. Young Community Center
Instructor: Jeff Ingram, 2nd Degree Black Belt

Beginners:

Fees: \$21(R) \$27(N) (4 classes)
67672 Sat Jun 22-Jul 20 10:45 a.m.-noon
(no class Jul 6)
67675 Sat Jul 27-Aug 17 10:45 a.m.-noon

White Belts:

Fees: \$37(R) \$48(N) (7 classes)
67667 Tue, Thu Jun 4-27 7-7:45 p.m.
(no class Jun 20)
Fees: \$42(R) \$55(N) (8 classes)
67668 Tue, Thu Jul 9-Aug 1 7-7:45 p.m.
67669 Tue, Thu Aug 6-29 7-7:45 p.m.

Ninjutsu Martial Training (age 11 & up)

Black karate uniform and training weapons are required, not included in class fee. For more information visit: www.ninpodocom. The whole family must attend (parent and children, age 8 and up) in order to benefit from the family rate. Not available for online registration.

Location: Herbert C. Young Community Center
Instructor: Juan Carlos Quiñones, 10th Degree Black Belt
Fees: \$51(R) \$66(N)
Family Rate: \$114(R) \$144(N) (7 classes)
67677 Tue, Thu Jun 4-27 7-8:30 p.m.
(no class Jun 20)
Fees: \$58(R) \$75(N)
Family Rate: \$130(R) \$160(N) (8 classes)
67678 Tue, Thu Jul 9-Aug 1 7-8:30 p.m.
67679 Tue, Thu Aug 6-29 7-8:30 p.m.

SELF DEFENSE

Self Defense, Lower Belts (age 4-18)

Self-defense promotes safety awareness, self-discipline, physical fitness, self-confidence and fun! Basic self-defense/karate techniques and forms will be taught. For an additional fee, testing is available at the end of each session to advance to the next level. Belt levels above Beginner may require additional equipment to be purchased. For more, call (919) 535-8304.

Location: Cary Senior Center
Instructor: Master Ann Keklak, 6th Degree Black Belt, Young Champions
Fees: \$63(R) \$82(N) (12 classes)

Beginners

68181 Wed Jun 5-Aug 28 5:45-6:30 p.m.
(no class Jul 3)
The following classes will be held at Bond Park Community Center: 6/5, 7/10, 17, 8/28.

Yellow-Green Belts

68182 Wed Jun 5-Aug 28 6:30-7:15 p.m.
(no class Jul 3)
The following classes will be held at Bond Park Community Center: 6/5, 7/10, 17, 8/28.

Self Defense, Upper Belts (age 4-18)

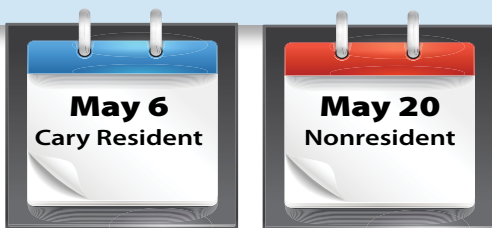
Continuing instruction in self-defense/karate techniques and forms. Testing is available at the end of each session to advance to the next level at an additional fee. For more information, please call (919) 535-8304.

Location: Cary Senior Center
Instructor: Master Ann Keklak, 6th Degree Black Belt, Young Champions
Fees: \$63(R) \$82(N) (12 classes)

Blue Belts & Above

68568 Wed Jun 5-Aug 28 7:15-8 p.m.
(no class Jul 3)
The following classes will be held at Bond Park Community Center: 6/5, 7/10, 17, 8/28.

REGISTRATION DATES:



TAEKWON-DO



Taekwon-Do, Cary Senior Center

Women's Self-Protection System (age 13 & up)

This is not a martial arts course, and no prior experience is needed. Students wear regular street clothes.

Location: Cary Senior Center
Instructor: Elizabeth Roshdy
Fees: \$45(R) \$59(N) (4 classes)

Level 1

Effective and easy to learn, Level 1 builds prevention, self-protective measures, and a practical knowledge of vital points. A great opportunity to review and sharpen skills for those who may have already taken self-defense training.

68278 Tue, Thu Jun 4-13 5:45-6:45 p.m.

Level 2

Level 2 includes additional strikes, escapes from grabs, protection from the ground and more. Information regarding pepper spray and the Kuboton will be explored so each participant may make her own decisions about how to better defend herself. Any woman may take this course and prior experience is not required.

68279 Tue, Thu Jun 18-27 5:45-6:45 p.m.

Enshudo Jyu Jitsu Self Defense (age 16 and up)

Enshudo is a form of Jyu Jitsu designed for students of all ages and physical abilities. This class will focus on basic self-defense strategies and techniques that can be used to combat the average assailant.

Location: Middle Creek Community Center
Instructor: Neil Craig
Fees: \$44(R) \$57(N) (8 classes)

67697 Tue, Thu Jul 9-Aug 1 6-7:30 p.m.

Progressive TaeKwon-Do (age 10 & up)

NEW

An internationally recognized curriculum which encompasses basics, patterns, sparring, and practical application. Our progressive approach includes stand-up and ground defense along with joint locking which is integrated into defense against various grabs. After the first month of training, regulation uniform and sparring gear are required. Uniforms/gear from other schools are not permitted. Training is rigorous and technically oriented.

Location: Cary Senior Center
Instructor: Elizabeth Roshdy, 5th Dan Black Belt
Fees: \$72(R) \$94(N) (9 classes)
68569 Tue, Thu Jun 4-Jul 2 6:45-7:45 p.m.
June 13 class will be held at Bond Park Community Center

Fees: \$48(R) \$62(N) (6 classes)
68570 Tue, Thu Jul 9-25 6:45-7:45 p.m.
68571 Tue, Thu Aug 13-29 6:45-7:45 p.m.

Youth Taekwondo Sparring Class All Belts (age 4-18)

This class will focus completely on Olympic style sparring techniques, drills, and strategy to help improve your knowledge of Sport Taekwondo. This class is open to students of all ages and belt ranks. Sparring equipment is recommended but not mandatory.

Location: Middle Creek Community Center
Instructor: Salim Oden
Fees: \$42(R) \$55(N) (6 classes)
67982 Mon, Wed Jun 10-26 6-7 p.m.

Taekwondo Sparring Class All Belts – FAMILY (age 6 & up)

Class focuses on Olympic style sparring techniques, drills, and strategy to help improve your knowledge of Sport Taekwondo. This class is open to students of all belt ranks. Parent(s) and child(ren) must participate together. Sparring equipment is recommended but not mandatory. Course fee is for first 3 family members.

Location: Middle Creek Community Center
Instructor: Salim Oden
Fees: \$58(R) \$75(N) (6 classes)
67983 Mon, Wed Jun 10-26 6-7 p.m.

Sparring Class Additional Family Member

Fees: \$5(R) \$5(N) (6 classes)
67984 Mon, Wed Jun 10-26 6-7 p.m.

The TaeKwon-Do Program

held at the Cary Senior Center is an internationally recognized charter school. Training and protocol are traditional. Instructors are certified by the International TaeKwon-Do Federation.

Youth Taekwondo (age 7-18)

This program focuses on self-confidence, discipline, and physical fitness. The instructor is a World Taekwondo Federation certified black belt and will teach World Taekwondo Federation techniques and forms and supervise Olympic style sparring. Regulation uniforms are mandatory and may be purchased from the instructor or participants may provide their own.

Location: Middle Creek Community Center
Instructor: Salim Oden

Beginners (age 4-6)

Fees: \$80(R) \$104(N) (16 classes)
67993 Mon, Wed Jul 8-Aug 28 5-5:30 p.m.

Beginners (age 7-18)

Fees: \$112(R) \$142(N) (16 classes)
67992 Mon, Wed Jul 8-Aug 28 6:30-7:15 p.m.

Intermediate Belts (age 4-18)

Fees: \$112(R) \$142(N) (16 classes)
67994 Mon, Wed Jul 8-Aug 28 5:35-6:20 p.m.

High Belts (age 4-18)

Fees: \$112(R) \$142(N) (16 classes)
67995 Tue, Thu Jul 9-Aug 29 5:30-6:15 p.m.

Family Taekwondo (age 4 and up)

This family fitness class will teach parents and children World Taekwondo Federation techniques, forms, forms and Olympic sparring styles. Course fee is for the first three family members. Parent(s) and child(ren) must participate. Regulation uniforms are mandatory and may be purchased from the instructor or participants may provide their own.

Location: Middle Creek Community Center
Instructor: Salim Oden

Beginner Belts

Fees: \$152(R) \$182(N) (16 classes)
67978 Mon, Wed Jul 8-Aug 28 7:15-8 p.m.

Beginner Belts Additional Family Member

Fees: \$5(R) \$5(N) (16 classes)
67979 Mon, Wed Jul 8-Aug 28 7:15-8 p.m.

Intermediate & High Belts

Fees: \$152(R) \$182(N) (16 classes)
67996 Tue, Thu Jul 9-Aug 29 6:30-7:15 p.m.

Intermediate & High Additional Family Member

Fees: \$5(R) \$5(N) (16 classes)
67997 Tue, Thu Jul 9-Aug 29 6:30-7:15 p.m.

All Belts

Fees: \$152(R) \$182(N) (16 classes)
68000 Tue, Thu Jul 9-Aug 29 7:15-8 p.m.

All Belts Additional Family Member

Fees: \$5(R) \$5(N) (16 classes)
68001 Tue, Thu Jul 9-Aug 29 7:15-8 p.m.



GET – Get fit in our fitness and wellness classes from youth to seniors.

BE – Be fit on more than 35 miles of greenways throughout Cary.

STAY – Stay fit by integrating 30 minutes of physical activity into your daily routine.

Town of Cary...promoting a Heart Healthy and Fit Community!

May/June

Granpaparazzi Photography Club Exhibition

Cary Senior Center
Exhibition open through Friday, May 24
Medium: photography



Children's Show

Cary Arts Center Gallery
Exhibition open through Sunday, May 26
Artworks by Cary Art Center students

Cindy Morefield: Modular Interactions

Page-Walker Arts & History Center
Exhibition open through Tuesday, May 28
Medium: acrylic, charcoal, and metal leaf on panel

In "Modular Interactions," Cindy Morefield exhibits many possible arrangements of her vibrant modular painting series Reservoir. The modular format invites collaboration, and viewers will have the opportunity to choose or even design configurations of the series for this exhibition.

Rise: A Floral Series by Daniel Gutierrez

Page-Walker Arts & History Center
Exhibition open through Tuesday, May 28
Medium: Acrylics on Canvas

Daniel Gutierrez's paintings make a bold and powerful statement. He creates works that have mass and physical presence in the space shared by the observer. Gutierrez's vivid floral paintings provide an emotional vehicle intended to uplift the viewer through the use of expressive shapes and colors.

Richard Usanis: An Artistic Endeavor

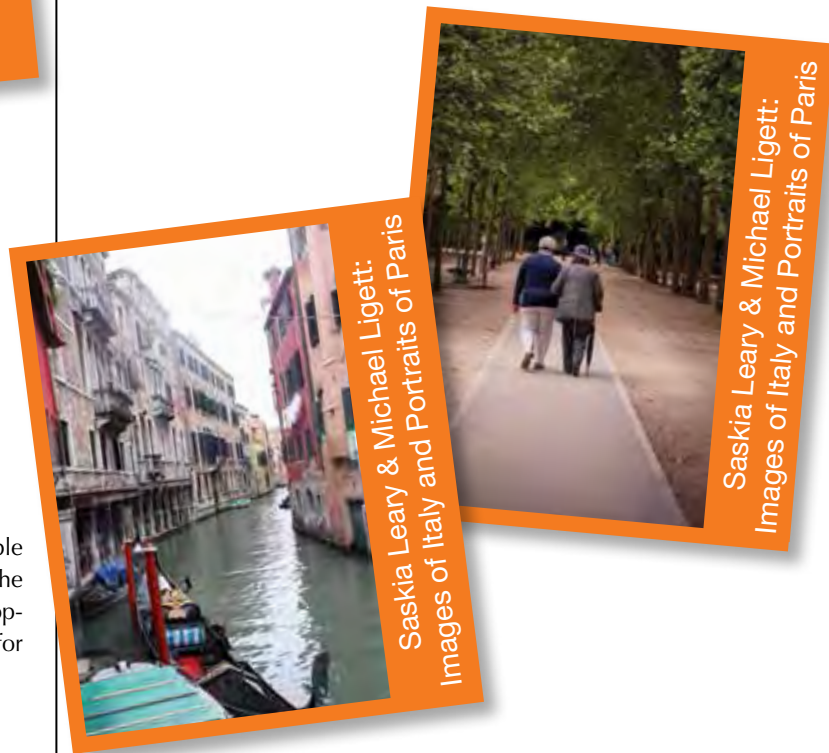
Bond Park Community Center
Exhibition open through Friday, May 31
Medium: Photography

The works in this exhibition are representations of abstract art in photography. As a photographer, I make images of real objects in such a way that they are unrecognizable and, at the same time, elicit different emotional responses from the observer based on the lines, colors and/or forms in the photographs and the past experiences of the viewer.

Saskia Leary & Michael Ligett: Saskia Leary & Michael Ligett: Images of Italy and Portraits of Paris

Town Hall Gallery
Exhibition open through Monday, June 24
Medium: Photography

Photographers Saskia Leary and Michael Ligett capture through their camera's lens some of the most romantic and engaging scenes and places in Paris and Italy's famed city of "water and light"—Venice.



Windows: A Photographic Story by Barbara Blaisdell

Herb Young Community Center
Exhibition open through Monday, June 24
Medium: photography

"I've always been fascinated by windows—their shape, their color, what they are a part of and, most intriguingly, what we see through them. I have been "collecting" window images over the past several years and decided to make a project out of looking for interesting and unusual windows to put into a different kind of exhibit. I have photographed windows from the North Carolina countryside and mountains to the castles on Thousand Islands, New York."

Leslie Pearson: Continuum

Page-Walker Arts & History Center
Friday, May 31– Monday, June 24
Artist's Reception: Friday, May 31, 6-8 p.m.
Medium: mixed media encaustic paintings

In Continuum, artist Leslie Pearson explores ideas related to events and relationships that occur in succession leading from the past to the present. Using photographic imagery, fabric, paper, and wax, Pearson weaves together personal narratives and invites viewers to consider how their own familial history has shaped their identity. www.lesliepearson.com



J.J. Raia: Quiet Corners

J.J. Raia: Quiet Corners

Page-Walker Arts & History Center
Friday, May 31–Monday Jun 24
Artist's Reception: Friday, May 31, 6-8 p.m.
Medium: photography

J.J. Raia's unique vision of the natural world transcends the photographic print creating an image where the recording of a subject takes on a painterly quality and a quiet spiritual style. He searches for the quiet corners in the landscape for the focus of his photographic art.

Also on display at the Page-Walker – **Ceramics by Valerie McConnell**

A Basket Maker's Journey: Billie Ruth Sudduth 30 Years & 10,115 Baskets Later

Cary Arts Center Gallery
Friday, May 31–Sunday, July 21
Artist's Reception: Friday, May 31, 6-8 p.m.
Medium: Basketry

The 1997 Recipient of NC Living Treasure Award, Billie Ruth Sudduth is a basket-maker from Bakersville, NC who enjoys sharing her craft with others. A former school psychologist, Sudduth teaches students math concepts through basketry to further their understanding of mathematical concepts as addition, ratios, fractions, measurement and angles, and Fibonacci Numbers. Sudduth has also taught basket-making at Penland School of Crafts. Her work has been shown at the Smithsonian Institution's Renwick Gallery, the Museum of Decorative Art in Copenhagen, Denmark, and in Wilmington at the exhibit "The Nature Sequence—Baskets of Billie Ruth Sudduth." Sudduth was given an award of merit at the 1997 Smithsonian Craft Show.

John Sweemer: Cary, Scenes of Interest and Beauty

Bond Park Community Center
Monday, June 3–Friday, August 30
Artist's Reception: Friday, June 28, 6-8 p.m.
Medium: Mixed

John Sweemer's exhibition highlights the beautiful scenes in and around Cary that have been described as peaceful and relaxing. The exhibition includes watercolor, acrylic, and oils and provides on-lookers an opportunity to travel throughout Cary from one location. He is a signature member of the Transparent Watercolor Society of America and the Watercolor Society of North Carolina as well as a member of the Fine Arts League of Cary and Triangle Artists Guild.

V L Rees: "fruit + veggies"

Cary Senior Center
Tuesday, May 28–Friday, June 21
Artist's Reception: Friday, May 31, 6-8 p.m.
Media: Oil

V L Rees is a North Carolina oil painter located in downtown Raleigh. Her show "fruit + veggies" is a celebration of nature's bounty. Close-ups of fresh colorful produce should whet your appetite for a farmer's market feast.



V L Rees: "fruit + veggies"

Amy Elizabeth Devereaux: Kenya Wildlife & the Masai

Herb Young Community Center
Friday, June 28–Monday, August 26
Artist's Reception: Friday, June 28, 6-8 p.m.
Medium: photography

Artist and photographer Amy Devereaux is a native of Raleigh, NC. Her photos of African animals, the landscape, and the Masai people were taken in Kenya in April 2012 during an African Safari Tour. Recently her work has appeared locally at the Clayton Center and at the Visual Art Exchange Gallery.



Italy in the Photographer's Lens:
Thomas Gruber

Italy in the Photographer's Lens: Thomas Gruber

Town Hall Gallery
 Friday, June 28–Monday, August 26
 Artists Reception: Friday, June 28, 6-8 p.m.
 Medium: Photography

In 2012 architect and photographer Thomas Gruber spent almost a month in Italy taking this series of photographs. He spent a week in Cortona (Tuscany) participating in a workshop sponsored by the "Cortona Center of Photography". Most of the photographs of people were taken in the heart of town—Piazza della Repubblica, Cortona's main square. This spot has been the town center since Etruscan times, four centuries before Christ. All of the photographs on display illustrate his interest in great light, color, detail and the importance of capturing spirit and feeling at a particular moment in time. Gruber's background as an architect included working on large scale commercial and mixed-use projects in the US, Europe, and South America. His photographs bring the trained eye and attention to detail that architects don't miss.

Vivien Wushuan Burns: A Peaceful Window

Page-Walker Arts & History Center
 Friday, June 28–Monday, July 22
 Artist's Reception: Friday, June 28, 6-8 p.m.
 Medium: Chinese watercolor / mixed media

Starting at an early age, Vivien Wushuan Burns has practiced the art of Chinese Brush painting. Her work has evolved to incorporate western watercolor and acrylics to create paintings with soothing moods and delicate details. The artist states, "I hope that my paintings open a window for others to a world that is beautiful and peaceful, that can heal sadness and bring joy."

William J. Stewart: Timeless Impressions

Page-Walker Arts & History Center
 Friday, June 28–Monday, July 22
 Artist's Reception: Friday, June 28, 6-8 p.m.
 Medium: photography

Born in Northern Ireland, this Cary based photographer creates compelling (mostly) black and white images that capture light, texture, and a rich tonality that impart a timeless quality to his photographs.

Student Teacher Staff Show

Cary Senior Center
 Monday, June 24–Friday, July 20
 Artists' Reception: Friday, June 28, 3-5 p.m.
 Media: Mixed (two and three dimensional)

Only two pieces of art per participant in this show are allowed. All participants should be students, teachers or staff from the Cary Senior Center. Art work is accepted at the Cary Senior Center 1-3 p.m. on Monday, June 24. There is no cost to enter this show; no monetary prizes will be given. A 'Peoples Choice Award' will be chosen by visitors to the Cary Senior Center and awarded on July 20 (at end of show). Call (919) 469-4081 for more information.

July

Diane Pettus: Painterly Studies

Cary Arts Center Gallery
 Friday, July 26–Sunday, September 22
 Artists' Reception: Friday, July 26, 6-8 p.m.
 Medium: Acrylic on canvas

"After touring recent still life exhibitions in our area museums, I decided to revisit the genre myself as a personal exercise in looking, feeling, and responding to common place objects. In these particular studies, I have used acrylic paint to experiment with color, line, and form and have laid open my process. I believe that independent of an artist, there is lifeblood within a work of art. A painting develops its own voice as it is being created and becomes part of the dialog with the artist and brush. In this play among the partners, seemingly stray marks and drips are a vital part of the painterly conversation, punctuating the lively give-and-take of the process."



Diane Pettus: Painterly Studies

CAC Faculty Show

Principal's Hall and Display Cases
Friday, July 26–Sunday, September 22
Artists' Reception: Friday, July 26, 6-8 p.m.
Medium: Mixed
Cary Arts Center faculty show their artwork

Michael Ligett: Colors of Provence

Page-Walker Arts & History Center
Friday, July 26–Monday, August 26
Artist Reception: Friday, July 26, 6-8 p.m.
Medium: photography

The artist states "In a recent visit to Provence I was struck by the rich tones and vibrant colors of the towns and villages." Ligett captures the essence of the ancient region, from its Roman era history to the signature Provençal colors of today.



Michelle Podgorski:
The Art of Nature

Michelle Podgorski: The Art of Nature

Page-Walker Arts & History Center
Friday, July 26–Monday, August 26
Artist's Reception: Friday, July 26, 6-8 p.m.
Medium: watercolor / graphite

Podgorski's detailed watercolors reveal the beauty in nature. The artist states "I paint up close images of things in nature because the chaos in our day to day lives makes us forget that we are part of the natural world."

Also on display at the Page-Walker –

Porcelains by Lou Raye Nichols



Final Friday of each Month
6-9 PM
Celebrating Cary's creative community!
www.caryartloop.org

Cary Art Loop highlights Triangle arts & culture in the Cary Area offering extended hours for participating art galleries, restaurants, coffee houses, and other businesses that showcase visual arts, music and more! **NEW – Look for Free C-Tran shuttle service between art venues.** For maps, details and more visit: www.cartartloop.org

August

Michael Ligett, "Graffiti: Art from the Streets"

Cary Senior Center
Monday, July 22–Friday, August 24
Artist's Reception: Friday, August 2, 6-8 p.m.
Media: Photography

"Graffiti: Art from the Streets" is an art form unto itself. Free spirited, temporal, organic art that defies a single label. "Art from the Streets" celebrates graffiti and street art through photographs and fine art interpretations of the genre.

Meticulous vs. Freehand: Exploring the Beauty of Traditional Chinese Painting

Page-Walker Arts & History Center
Friday, August 30–Monday, September 23
Artist's Reception: Friday, August 30, 6-8 p.m.
Medium: Chinese watercolor

Artist Barbara Ya-Li Wen shares her explorations of the traditional forms of Chinese watercolor in this exhibition featuring her award winning silk scroll paintings.



Scott Mais: Europe
in Monochrome

Scott Mais: Europe in Monochrome

Page-Walker Arts & History Center
Friday, August 30–Monday, September 23
Artist's Reception: Friday, August 30, 6-8 p.m.
Medium: photography

Photographer, Scott Mais states "I like to photograph the world around me: the common and uncommon, everyday people and places; places we see and the places we don't see." www.scottmais-photography.com

Also on display at the Page-Walker –
Glass Vessels by Sandra Wills

Page-Walker Arts & History Center

119 Ambassador Loop, Cary, NC • (919) 460-4963



Cary Heritage Museum at the Page-Walker Arts & History Center

Experience Cary's metamorphosis from a railroad village to a high-tech community at the Cary Heritage Museum. Feel the ambiance of the Town a century ago as you view a scale model of the village, meet Cary's founding family, and learn about the Union general from Ohio for whom our Town is named. A detailed growth chart enables you to see the development of the Cary community from a one square mile area in 1871 to a fifty-five square mile area in 2009. A time line, comprised of two and three-dimensional artifacts, provides historic perspective by juxtaposing national and international events with significant happenings in Cary.

We have developed "Cary-on!," a study guide for teachers and students who are interested in learning more about Cary. "Cary-osity," a DVD depicting the history of Cary, is available to introduce schools, civic organizations and newcomers to the Town. Books written about the history of Cary are also available at Page-Walker. Ongoing programs link the past to the present and help us to imagine the future. Your ideas are welcome!

Be a part of the Cary Heritage Museum by training to lead tours for children and adults. For more, call (919) 460-4963.

The Page-Walker Arts & History Center is alive with classes, events, performances, meetings, receptions and exhibitions. The center also supports two fine arts galleries featuring local and regional artists' works, a library which serves as a resource center for the works of Walter Hines Page, rooms decorated with period furniture, and the original Page Smokehouse and Herb Garden.


Historic Walking Tour (age 15 & up)

Discover Cary's past as you stroll through the heart of Cary. Your guided tour will begin with a visit to the historic Page-Walker Hotel (1868) and Cary Heritage Museum. Learn about the homes, churches, schools and commercial buildings which represent architectural styles of the past century. The tour will include fascinating historical information about the people and events that helped shape our community.

Tours are scheduled by appointment during the summer. Please contact the Page-Walker at (919) 460-4963 for information and rates on group and private tours.

Preschool Nature

Nature Nuts (age 3-5)

 You and your preschooler will go nutty for nature as children satisfy some of their curiosity about the world around them and parents share in the joy of discovery! Each session begins with a book about our topic and followed by a brief investigative walk and a simple craft inspired by the theme of the class. Non-registered siblings are not permitted.

Fees: \$11(R) \$14(N) (1 class)

Tree Frogs

67768 Fri Jun 7 10-11 a.m.

Millipedes

67769 Fri Jun 21 10-11 a.m.

67770 Sat Jun 22 10-11 a.m.

Robins

67771 Sat Jul 13 10-11 a.m.

Turtles

67772 Sat Jul 27 10-11 a.m.

Beavers

67783 Sat Aug 17 10-11 a.m.

Caterpillars

67784 Fri Aug 23 10-11 a.m.

67785 Sat Aug 24 10-11 a.m.

Group Nature Programs

Bring your group out for a customized program!

Schedule an outdoor nature program at Hemlock Bluffs Nature Preserve through the Stevens Nature Center. The programs are affordable and customized to meet the needs of your group. We can accommodate scouts, public and private schools, home school groups, clubs, camps, and more.

Call (919) 387-5980 to find out more.

ICON KEY:



Parent/Child



Family



Teen

All nature education programs take place at the Stevens Nature Center at Hemlock Bluffs Nature Preserve unless otherwise noted.



Weekday Nature

Kids Fun-Days (age 5-8)

Nothing beats kids' fun days at the Stevens Nature Center! Children will delight in learning through hands on explorations of nature using their senses and their imagination. Who knew learning could be so much fun? Each session will focus on a specific nature topic and will include indoor and outdoor investigations. Children are dropped off for these programs.

Fees: \$12(R) \$16(N) (1 class)

Stream Walk

67798 Tue Jun 4 10 a.m.-noon **T1**

Hanging with Bats

67794 Tue Jul 2 10 a.m.-noon **TO**

Super Snakes

67800 Wed Jul 3 1-3 p.m. **TO**

Dinosaurs Rule!

67795 Fri Jul 19 10 a.m.-noon **T4**

Creepy Crawlies

67796 Fri Aug 9 10 a.m.-noon **T3**

Cool Coyotes!

67797 Tue Aug 27 10 a.m.-noon **T2**

Curious Creatures (age 5-8)

Join the staff of the Stevens Nature Center for a fun investigation of nature and its creatures. This series is designed to satisfy children's natural curiosity about what goes on 'behind the scenes' in the nature preserve. Children will discover fascinating facts about wildlife and their habitats through hikes, activities and crafts related to the featured creatures. Children are dropped off for these programs.

Fees: \$12(R) \$16(N) (1 class)

Rip-Roaring Reptiles

67786 Thu Jun 6 10 a.m.-noon **T1**

Stream Safari

67787 Mon Jul 1 10 a.m.-noon **TO**

Tracking Wild Things!

67788 Fri Jul 5 10 a.m.-noon **TO**

Totally Awesome Frogs and Toads

67789 Fri Jul 26 10 a.m.-noon **T4**

Insects are Everywhere!

67792 Thu Aug 15 10 a.m.-noon **T3**



Eco-Express (age 8-12)

Take the fast track to nature in these hands on studies of nature and ecology at Hemlock Bluffs Nature Preserve. Children will enhance their appreciation for the environment as they increase their understanding of nature through outdoor investigations, projects and activities. Children are dropped off for these programs.

Fees: \$12(R) \$16(N) (1 class)

A Chorus of Frogs

67801 Thu Jun 6 1-3 p.m. **T1**

Wet and Wild!

67802 Fri Jul 5 1-3 p.m. **TO**

The Lives of Things That Fly

67803 Thu Aug 8 1-3 p.m. **T3**

Weekend Nature

Curiosity Club (age 5-8)

Children will embrace science and nature at the Stevens Nature Center while developing skills and knowledge to satisfy their curiosity about the natural world around them. In these introductory nature programs, they will learn about nature through hands on explorations in the preserve along with fun activities and crafts. Children are dropped off for these programs.

Fees: \$12(R) \$16(N) (1 class)

Snakes Rule!

67810 Sat Jun 29 2-4 p.m.

Stream Adventures

67811 Sun Jul 14 3-5 p.m.

Birdwatching Buddies

67812 Sat Jul 27 2-4 p.m.

Terrific Turtles

67813 Sat Aug 3 2-4 p.m.

Incredible Insects!

67814 Sat Aug 24 2-4 p.m.

All nature education programs take place at the Stevens Nature Center at Hemlock Bluffs Nature Preserve unless otherwise noted.



Eco-Explorers (age 7-10)

Children will expand their knowledge of nature and build their observation skills in these explorations of nature and ecology. Through outdoor investigations, projects and activities, children will gain a better understanding of the world around them in an environment that encourages their sense of wonder, creativity and critical thinking. Children are dropped off for these programs.

Fees: \$12(R) \$16(N) (1 class)

Stream Adventures

67816 Sat Jun 8 10 a.m.-noon

Looking for Lizards!

67817 Sun Jun 23 2-4 p.m.

Spiders, Snakes and Slugs

67821 Sat Jul 20 10 a.m.-noon

Finding Fossils

67818 Sun Jul 28 2-4 p.m.

Insects are All Among Us!

67819 Sun Aug 4 2-4 p.m.

Night Out in Nature (age 8-12)

Kids are dropped off to spend an evening out in nature making memories and new friends. Our adventures will encourage the understanding and appreciation of the natural world at night. This old fashioned camp style program includes nature activities and crafts, night hikes and campfire snacks around the fire pit. Each program has a different nature topic.

Fees: \$19(R) \$24(N) (1 class)

67805 Fri Jun 7 6-9 p.m.

67806 Fri Aug 23 6-9 p.m.

DON'T WAIT!


Please register early. Early registration allows us time to plan appropriately. Often times we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled, you could make the difference.

For your safety and comfort, we recommend wearing closed-toe shoes (like sneakers or hiking boots) to programs at the Stevens Nature Center. Please no sandals or crocs.



Teen Nature

Young Ecologists (age 10-13)

 Participants will build confidence and make new friends while expanding their knowledge and appreciation of the environment. Each session is primarily a field excursion with a classroom session relevant to a specific nature topic. Equipment provided. Children are dropped off for these programs.


Fees: \$12(R) \$16(N) (1 class)

Wild Water Adventures!

Get wet and wild in this adventure into the streams at the nature preserve.

67822 Sun Jun 16 2-4 p.m.

Hemlock Nature Quest (age 13-15)

 These workshops are designed to expand teens' knowledge of local nature through field explorations, with occasional classroom investigations. Participants will also gain experience with scientific methods and environmental ethics. Teens are dropped off for these programs.

Fees: \$12(R) \$16(N) (1 class)

Reptile Rodeo

Search high and low for snakes, lizards and turtles.

67486 Sun Jun 9 2-4 p.m.

Sensational Stream Strolling

Join us in a quest to find crayfish, frogs, fish, and bugs of all types and sizes. Equipment provided.

67487 Sun Jul 21 2-4 p.m.



Nature is Awesome

Adult Nature

Yoga in Nature (age 16 & up)

Through the combination of nature and yoga we can nurture the mind, body and spirit, while strengthening our appreciation of the natural world. Each session will take place completely outdoors and will include a flow yoga class as well as a short meditation or interpretive walk. All levels are welcome. Participants should bring closed toed shoes for walking.

Fees: \$12(R) \$16(N) (1 class)

67846 Sat Jun 22 11:30 a.m.-1 p.m.

67847 Sat Jun 29 9:30-11 a.m.

67848 Sat Aug 24 11:30 a.m.-1 p.m.

Adult Nature Programs (age 16 & up)

Stretch your legs, clear your mind, and experience nature at Hemlock Bluffs Nature Preserve. You'll continue your lifelong learning through informative and educational nature walks that are focused on seasonal plant and wildlife activity. May involve some slow walking on steps.

Fees: \$6(R) \$8(N) (1 class)

Birding by Ear

Improve birding skills by sight and sound! Binoculars provided.

67361 Sat Jun 15 9-10:30 a.m.

Tree Trackers

Continue to refine tree and plant identification skills throughout the nature preserve.

67362 Sat Jun 29 10-11:30 a.m.

Nocturnal Adventures

Join us for an adventure as the sun goes down at Hemlock Bluffs. Bring a flashlight.

67363 Sat Jul 20 8-9:30 p.m.

Magical Plants 101

Let's explore the important historical and medicinal uses of common plants. Wildlife uses will also be covered.

67364 Sat Aug 3 10-11:30 a.m.

For your safety and comfort, we recommend wearing closed-toe shoes (like sneakers or hiking boots) to programs at the Stevens Nature Center. Please no sandals or cros.



Adult Nature Workshops (age 18 & up)

Pick up tips, techniques and hands-on experience to prepare you to get started on your backyard projects. Meet your neighbors and make new friends while enjoying these informative workshops.

Fees: \$18(R) \$25(N) (1 class)

Backyards for Wildlife 101

Our focus will be valuable native plants that benefit birds, butterflies and other pollinators. Plants provided!

67358 Sat Jun 22 2-4 p.m.

Co-Existing with Wildlife Made Easy

Some species of wildlife and plants are more welcome than others. We'll cover ways to make your backyard safer, yet still critter friendly!

67359 Sun Jul 7 2-4 p.m.

Summer Botany Basics

In this workshop we'll spend time throughout the preserve improving plant identification skills in easy, understandable terms.

67360 Sat Aug 10 2-4 p.m.

Senior Nature

Silver Naturalists (age 55 & up)

Experience nature in a peaceful setting designed for easy wildlife viewing. You'll have an opportunity to ask questions about common plants and animals during indoor presentations and nature walks.

Fees: \$5(R) \$7(N) (1 class)

Birding Made Easy

Enjoy the summer birds as the nesting season gets in full swing. Binoculars provided.

67353 Wed Jun 5 10-11:30 a.m.

Summer Nature Stroll

Celebrate the 4th of July weekend with a leisurely stroll at the nature preserve.

67354 Wed Jul 3 10-11:30 a.m.

Botany Basics

Continue to expand your plant identification skills and discover how wildlife and humans use native plants.

67355 Tue Aug 6 1:30-3 p.m.

Finding Fungi and Ferns

Explore throughout the Bluffs for ferns, mushrooms and late summer flowers.


67357 Mon Aug 26 10-11:30 a.m.

All nature education programs take place at the Stevens Nature Center at Hemlock Bluffs Nature Preserve unless otherwise noted.



Parent/Child and Family Nature

Family Programs (all ages welcome with parents)

 Outdoor explorations strengthen family bonds while building awareness and appreciation of the natural world. Spend some quality time experiencing the fun of being together at Hemlock Bluffs with your family. Fee covers the entire family!

Fees: \$16(R) \$20(N) (1 class)

Heaps of Herps

Snakes, lizards and frogs will be the focus of our stroll in the nature preserve!


67830 Sun Jun 2 3-4:30 p.m.

Family Night Out in Nature!

Excitement abounds in the forest as the sun goes down. Bring a flashlight.

67831 Sat Aug 31 7-8:30 p.m.

Tales and Trails (all ages welcome with parents)

 Experience nature in a whole new way as you and your family listen to and become a part of tales on the trails at Hemlock Bluffs Nature Preserve. Each session will focus on a specific nature concept. Programs take place outdoors. A slightly shorter program will take place in the event of rain. Fee covers the entire family!

Fees: \$20(R) \$28(N) (1 class)

Summer Stories Around the Campfire!

Gather with us for stories about nature and animals and enjoy our famous smores!


67833 Sat Jul 13 7:30-9 p.m.

Are you looking for something fun to do?

We can send you e-mail reminders of upcoming programs at the Stevens Nature Center that are still available for registration. If you would like to have your name added to one of our e-mail lists for a specific age group or program series, please contact us at **(919) 387-5980** for more information.



Junior Naturalist (age 5-8 with a parent)

 Spend quality time with your child in programs that encourage participants, young and old, to develop their naturalist skills and their understanding of local nature. Through outdoor investigations in the preserve, participants will become better acquainted with plants and wildlife while enjoying a shared learning experience. One parent attends with each child.

Fees: \$8(R) \$10(N) (1 class)

Leaping Lizards!

67824 Sun Jun 16 1-2 p.m.

Super Snakes

67825 Sat Jul 13 11 a.m.-noon

Flying Wonders

67826 Sun Jul 14 2-3 p.m.

Insect Adventures!

67829 Sat Aug 17 11 a.m.-noon



Volunteers Rule!

NATURE EDUCATION

Volunteer Opportunities

Volunteer Workdays (age 16 & up)

If you're looking for a volunteer experience, community service, or conservation project for yourself or your group, join forces with the Stevens Nature Center staff to assist with preserve maintenance and improvements. FREE!

National Trails Day

National Trails Day has grown to inspire nearly a million trail enthusiasts to flock to their favorite trails to discover, learn about and celebrate trails! Join us to help improve trails at the nature preserve.

67838 Sat Jun 1 9 a.m.-1 p.m.

Trail Maintenance

Assist staff with trail mulching and other improvement projects.

67836 Sat Jul 13 10 a.m.-noon

67837 Sat Aug 17 10 a.m.-noon

Volunteer Opportunities

If you're looking for a volunteer experience, community service, or conservation project for yourself or your group, join forces with the Stevens Nature Center staff to assist with preserve maintenance and improvements.

Call **(919) 387-5980** to register for one of our set volunteer workdays.



Rain Barrels

Save water and reduce your water bill by collecting and using rainwater for your landscape needs. Rain barrels are available for purchase at Herbert C. Young, Middle Creek and Bond Park Community Centers during normal operating hours.

Two models are available to choose from:

- 65-gallon Rain Water Solutions barrel made of recycled plastic: \$87
- Repurposed 55-gallon barrel to build your own rain barrel: \$15, and conversion adapter kits, \$16

- conserve water
- are easy to set-up
- have a screen trap to keep out pests



For more information visit www.townofcary.org or call (919) 460-4965

ALL SALES ARE FINAL!

Outdoor Recreation

BOND LAKE ACTIVITIES

Fishing

Fishing opportunities are available year-round at Bond Lake. There is no charge to fish from shore. All NC fishing regulations apply. North Carolina requires anyone 16 or older to have a fishing license. For additional information concerning size and creel limits or to purchase a license visit the NC Wildlife Resources Commission website at www.ncwildlife.org.

Boat Rental Hours:

Boats may be rented from the Bond Park Boathouse. Children under the age of 16 must be accompanied on the boat by an adult and wear a personal flotation device (PFD). All participants renting sailboats, canoes or kayaks must wear a PFD at all times.

Apr, May, Sep, Oct

| | |
|---------------------|---------------|
| Saturdays, Holidays | 8 a.m.-6 p.m. |
| Sundays | 9 a.m.-6 p.m. |

Jun – Aug*

| | |
|---------------------|----------------|
| Weekdays | 10 a.m.-7 p.m. |
| Saturdays, Holidays | 7 a.m.-7 p.m. |
| Sundays | 9 a.m.-7 p.m. |

Nov – Mar

Closed

* Closed weekdays with the start of Wake County traditional school year.

Boat Rental Fees:

| Boat Type | Fee |
|----------------------------|------------------|
| Pedal boat (4 person) | \$7 per 1/2 hour |
| Rowboat | \$6 per hour |
| Electric motor for rowboat | \$9 per use |
| Canoe/Kayak | \$6 per hour |
| Sailboat | \$11 per hour |

Private Boats

Private boats may be used on Bond Lake during regular boat rental hours only. Boats over 16 feet or powered by gasoline motors are prohibited.

| | |
|-----------------------|---------------|
| Daily Boat Launch Fee | \$4 per boat |
| Season Launch Pass | \$30 per boat |



Beginning Kayaking (age 13 & up)

An introduction to kayaking, this 3 hour class covers the basics of the sport including safety, proper stroke technique, braces, wet exiting, and rescues. The class is taught by a certified British Canoe Union Instructor. Kayak rental is included.

| | | | |
|--------------------|------------------------------------|---------|-------------|
| Location: | Fred G. Bond Metro Park, Boathouse | | |
| Instructor: | Wes Hall | | |
| Fees: | \$32(R) | \$42(N) | (1 class) |
| 67462 | Sat | Jun 1 | 9 a.m.-noon |
| 67463 | Sun | Jul 21 | noon-3 p.m. |
| 67464 | Sat | Aug 17 | 9 a.m.-noon |

Kayaking for Seniors (age 55 & up)


| | | | |
|--------------|---------|---------|-------------|
| Fees: | \$26(R) | \$34(N) | (1 class) |
| 67386 | Thu | Jun 6 | 9 a.m.-noon |
| 67387 | Mon | Jul 8 | 9 a.m.-noon |

Intermediate Kayaking (age 13 & up)

Refine low and high brace turns, sculling for support, and kayak control using your body core. Learn self-rescue, wet re-entry, and rolling a kayak. Kayaks and necessary gear are provided. Personal kayaks can be used upon approval of the instructor. Beginning Kayaking or previous instruction required.

| | | | |
|--------------------|------------------------------------|---------|-----------|
| Location: | Fred G. Bond Metro Park, Boathouse | | |
| Instructor: | Wes Hall | | |
| Fees: | \$32(R) | \$42(N) | (1 class) |
| 67465 | Sat | Jun 1 | 2-4 p.m. |
| 67466 | Sat | Aug 17 | 2-4 p.m. |

Parent Child Paddle (age 10 & up)

 A rudimentary introduction of canoeing geared for parents and children ages 10 and up that exposes participants to basic paddle sport safety and canoeing skills. Approximately 1/2 the time will be spent on the water. Canoe rental is included.

| | | | |
|--------------------|------------------------------------|---------|----------------|
| Location: | Fred G. Bond Metro Park, Boathouse | | |
| Instructor: | Lynn Wright (ACA Certified) | | |
| Fees: | \$23(R) | \$30(N) | (1 class) |
| 67567 | Sun | Jun 2 | 1:30-4:30 p.m. |
| 67568 | Sun | Aug 25 | 1:30-4:30 p.m. |

REGISTRATION DATES:





Sailing

Basic Canoeing (age 13 & up)

Learn basic paddling and safety skills for tandem canoeing in a short, introductory course. Covers personal preparation, equipment choices, and strokes essential to efficient paddling in a Bond Lake type environment. Approximately 1/2 the time will be spent on the water. Canoe rental is included.

| | | | |
|--------------------|------------------------------------|---------|---------------|
| Location: | Fred G. Bond Metro Park, Boathouse | | |
| Instructor: | Lynn Wright (ACA Certified) | | |
| Fees: | \$38(R) | \$49(N) | (1 class) |
| 67564 | Sat | Jun 8 | 9 a.m.-1 p.m. |
| 67565 | Sat | Jul 13 | 9 a.m.-1 p.m. |
| 67566 | Sat | Aug 24 | 9 a.m.-1 p.m. |

Canoeing for Seniors (age 55 & up)

| | | | |
|--------------|----------|-----------|-------------|
| Fees: | \$18(R) | \$23(N) | (2 classes) |
| 67561 | Mon, Tue | Jun 3-4 | 9-11 a.m. |
| 67562 | Tue, Wed | Jul 16-17 | 9-11 a.m. |
| 67563 | Mon, Tue | Aug 26-27 | 9-11 a.m. |

Canoeing for Teens (age 11-18)

| | | | |
|---|---------|---------|---------------|
|  Fees: | \$18(R) | \$23(N) | (1 class) |
| 67569 | Wed | Jun 5 | 9 a.m.-1 p.m. |
| 67570 | Thu | Jul 18 | 9 a.m.-1 p.m. |
| 67571 | Thu | Aug 22 | 9 a.m.-1 p.m. |

DON'T WAIT!

Please register early. Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled; you could make the difference.

Sailing (age 13 & up)

Learn to sail in one day. You will learn how to rig the boat, launch and land, sail at all points to the wind, and right the boat after capsize—everything you need to know to competently sail a Sunfish sailboat. Sailboat rental is included.

| | | | |
|--------------------|------------------------------------|---------|---------------|
| Location: | Fred G. Bond Metro Park, Boathouse | | |
| Instructor: | Andy Lytle | | |
| Fees: | \$46(R) | \$60(N) | (1 class) |
| 67854 | Sat | Jun 22 | 9 a.m.-3 p.m. |
| 67855 | Sun | Jun 23 | 1-6 p.m. |
| 67856 | Sat | Jul 27 | 9 a.m.-3 p.m. |
| 67857 | Sun | Jul 28 | 1-6 p.m. |
| 67858 | Sat | Aug 10 | 9 a.m.-3 p.m. |
| 67859 | Sun | Aug 11 | 1-6 p.m. |


Introduction to Solo Canoe (age 13 & up)

NEW

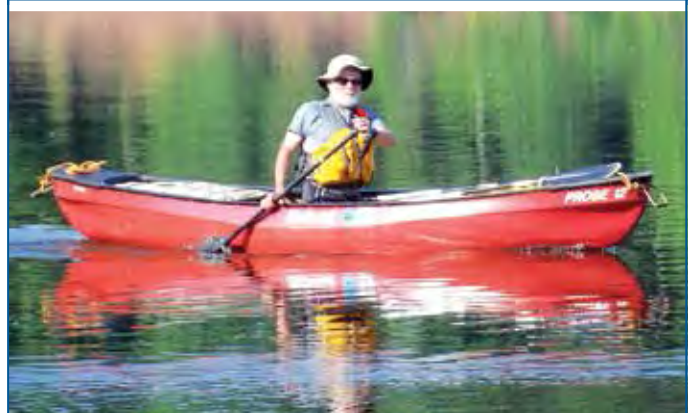
An intermediate level course intended for students who already have basic canoeing skills. Topics include basic river safety, maneuvers, cross and sculling strokes and righting techniques. Participants must be able to kneel in a canoe and come prepared to get very wet. Bond Park does not provide canoes for this class. A limited number of solo canoes may be rented from the instructor for \$10 each and must be prearranged.

| | | | |
|--------------------|------------------------------------|---------|----------------|
| Location: | Fred G. Bond Metro Park, Boathouse | | |
| Instructor: | Lynn Wright (ACA Certified) | | |
| Fees: | \$38(R) | \$49(N) | (1 class) |
| 68635 | Sun | Jul 14 | 1:30-5:30 p.m. |

Solo Canoe for Teens (age 11-18)

| | | | |
|--|---------|---------|---------------|
|  Fees: | \$24(R) | \$31(N) | (1 class) |
| 68213 | Fri | Aug 23 | 9 a.m.-1 p.m. |

CANOEING CLASSES for groups of 3 to 6 people can be custom tailored to meet the needs of the group. Great for groups planning canoeing outings or scouts working toward canoeing merit badges. Three hours minimum. For more information or to schedule a class, call (919) 469-4100.





Recommendations for Boating Classes on Bond Lake

- You may get wet while canoeing, kayaking, and sailing at Bond Park. A dry change of clothes is recommended.
- Intentional capsizes are part of some of the classes, so plan on getting wet.
- Wear footwear, such as old sneakers, that you can wade in and won't come off your feet (i.e. no flip-flops).
- Wear clothing made of synthetics if possible. It will dry much faster than cotton and is less likely to chill you if wet.
- Consider bringing/wearing a windbreaker in the spring and fall.
- Bring/wear sun screen, sunglasses with strap, broad brim hat or cap, and a water bottle.
- Leave valuables such as keys, wallets, cell phones and other electronics at home or in a safe place. Do not bring them on the boat they may end up at the bottom of the lake.
- No pets permitted the boats.

Stand Up Paddleboarding Lessons (age 13 & up) **NEW**

Our introductory class will provide the essential skills needed to get you started in this exciting recreational sport. Paddleboarding is easy to learn, fun, and offers an effective way to tone your body. Instructors will teach you how to get on and off your board, proper paddling techniques, proper stance, and essential turning techniques. For more call (919) 828-1988 or visit www.triangleglides.com

Location: Fred G. Bond Metro Park, Boathouse
Registration: For class information and to register visit www.triangleglides.com

ORIENTEERING

Basic Orienteering (age 8 & up)

Learn to use a map to navigate. Each class begins with a 45 minute 'how to' session followed by a hike in search of control points. Adult guidance is recommended for those under 14. Fee includes map, punch card, and compass usage. Group sessions are available, for more call (919) 469-4100.

| | | | |
|------------------|------------------------------------|--------|--------------------|
| Location: | Fred G. Bond Metro Park, Boathouse | | |
| Fees: | \$4(R) | \$6(N) | (1 class) |
| 68630 | Sat | Jun 8 | 10 a.m.-12:30 p.m. |
| 68631 | Sat | Jul 13 | 10 a.m.-12:30 p.m. |
| 68632 | Sat | Aug 10 | 10 a.m.-12:30 p.m. |

CHALLENGE ROPES COURSE

The Challenge "Ropes" Course is an outdoor learning facility designed to encourage individuals and groups to see their potential through a graduated progression of challenging activities that foster personal growth and improved teamwork. Groups are guided through the course by facilitators. Low program events are located on or near ground level; high program activities take place at heights of up to 35 ft. Anyone of average health and 10 years or older may participate. The experience can be tailored to those with special needs. A minimum group of 8 is required. Groups must register at least three weeks in advance. For more, call (919) 469-4100 to schedule a program or fee information or you can visit www.townofcary.org and search Challenge Course.

Challenge Course Fees: (per person)

| | | |
|--------------------------------------|---------|---------|
| half day low program | \$25(R) | \$33(N) |
| half day high program | \$42(R) | \$55(N) |
| half day low course & 1 high element | \$34(R) | \$44(N) |
| full day low and high program | \$58(R) | \$75(N) |

Group Deposit: \$50

A group deposit is due at the time of reservation in order to hold the date. Remaining balance is due on the day of the program.

Corporate and Wake County Public School System rates are available, call Bond Park Boathouse at (919) 469-4100 for details.

Zip Line in Bond Park (age 10 & up)

Come ride the 200-foot zip line in Bond Park. The zip line is located at the Bond Park Challenge Ropes Course.

| | | | |
|------------------|--|---------|--------------|
| Location: | Fred G. Bond Metro Park, Ropes Shelter | | |
| Fees: | \$26(R) | \$34(N) | (1 class) |
| 68633 | Sat | Jul 13 | 12:30-3 p.m. |
| 68634 | Sat | Jul 13 | 3:30-6 p.m. |



Zip Line

Music & Voice Instruction

DRUMMING

Global Hand Drumming: **NEW** Rumble by the Rails (age 14 & up)

Unleash your inner rhythm and learn the basics of old-school drumming: hands on skin, in the fresh air under the open sky! In this introductory class, you'll tap into the universal techniques for hand drums like ashiko, djembe and conga. Share the joy of drumming with friends and family during a student recital at the last session. Drums provided.

Location: Page-Walker Arts & History Center
Instructor: Greg Whitt
Fees: \$60(R) \$78(N) (4 classes)
68597 Tue Jun 4-25 6:30-7:30 p.m.

GUITAR

Beginning Guitar (age 12 & up)

Learn how to accompany yourself, play scales and melodies, read music and play some songs by ear in this fun and relaxing course. An acoustic guitar and Guitar Method 1 by Aaron Stang required. No prior guitar experience necessary.

Location: Page-Walker Arts & History Center
Instructor: David Spencer
Fees: \$34(R) \$43(N) (6 classes)
68500 Tue Jun 11-Jul 23 6-6:45 p.m.
(no class Jul 9)
68501 Tue Jun 11-Jul 23 7-7:45 p.m.
(no class Jul 9)

Intermediate Guitar (age 12 & up)

Take your music to the next level with this class for those who know chords and songs. Learn new songs with exercises in rhythm, melody, harmony, and listening while learning form, expression, and timbre. Introduces advanced chords and playing styles. An acoustic guitar and Guitar Method 2 by Aaron Stang required.

Location: Page-Walker Arts & History Center
Instructor: David Spencer
Fees: \$34(R) \$43(N) (6 classes)
68502 Tue Jun 11-Jul 23 8-8:45 p.m.
(no class Jul 9)

PIANO

Beginning Piano (age 7-12)

Discover the magic of piano playing in an enthusiastic small group setting. Learn the basics, including notes, rhythms, chords, ear training, and simple songs. The class culminates with a recital.

Location: Page-Walker Arts & History Center
Instructor: Baxter Smith
Fees: \$105(R) \$135(N) (11 classes)
68494 Wed Jun 12-Sep 4 4:30-5:30 p.m.
(no class Jul 3 & 10)
68495 Wed Jun 12-Sep 4 5:40-6:40 p.m.
(no class Jul 3 & 10)
68498 Wed Jun 12-Sep 4 6:50-7:50 p.m.
(no class Jul 3 & 10)

Level II Piano (age 7-12)

Expand your skills in Level II piano! This class is for those who have completed Beginning Piano or an equivalent multi-week course. The class culminates with a recital.

Location: Page-Walker Arts & History Center
Instructor: Baxter Smith
Fees: \$105(R) \$135(N) (11 classes)
68496 Thu Jun 13-Sep 5 4:30-5:30 p.m.
(no class Jul 4 & 11)

Progressive Piano: Mixed Levels (age 7-12)

Designed for students at any skill level with at least six months of piano experience. A small class size ensures individual attention and allows students to improve their skills on a progressive basis. Students are encouraged to bring sheet music to the first class to determine skill level.

Location: Page-Walker Arts & History Center
Instructor: Baxter Smith
Fees: \$105(R) \$135(N) (11 classes)
68497 Thu Jun 13-Sep 5 5:40-6:40 p.m.
(no class Jul 4 & 11)

VOICE

Student Summer Choral Experience (age 7-12)

Join other rising 2nd-7th graders for a morning of fun with singing. Roberta Thomason, director of the Cary Children's Concert Choir and Cary Youth Chorale, will lead students through a sample choral rehearsal, culminating in a performance. Make music together and see what it's like to contribute to beautiful choral sound.

Location: Page-Walker Arts & History Center
Instructor: Roberta Thomason
Fees: \$25(R) \$30(N) (1 class)
68499 Sat Aug 17 10 a.m.-12:30 p.m.

CARY

creating active retirement years

New and Exciting Classes!

The Art of Belly Dancing

FREE

This dynamic beginner's class will introduce dance fundamentals (posture, balance, coordination, flexibility, core strength) while celebrating feminine power, beauty and grace through movement. You must register at the Cary Senior Center by May 24.

Location: Cary Senior Center, Exercise Room
Instructor: Wake Tech Community College (per 6 week class)

67467 Mon Jun 3-Jul 8 5-6 p.m.
67872 Mon Jul 22-Aug 26 5-6 p.m.

Great Composers of Western Art Music

FREE

Examine the life and impact of 10 Western Art Music composers on the social, political and economic landscape of their eras; Hildegard van Binge, Josquin de Prez, J.S. Bach, G.F. Handel, W.A. Mozart, Ludwig van Beethoven, Richard Wagner, Chopin, Claude Debussy & John Cage. You must register at the Cary Senior Center by June 14.

Location: Cary Senior Center, Classroom 302
Instructor: Wake Tech Community College (5 classes)

67985 Fri Jun 21-Jul 19 1-3 p.m.

Spanish Conversation for Beginners

FREE

Learn how to hold basic conversations in Spanish! You will learn common phrases such as time, numbers, weather expressions, and other parts of conversation that will be helpful in the workplace as well as in other situations. You must register at the Cary Senior Center by May 30.

Location: Cary Senior Center, Classroom 302
Instructor: Wake Tech Community College (9 classes)

67658 Thu Jun 6-Aug 8 1:30- 3:30 p.m.
(no class 7/4)

Drum Infusion

Get energized with a creative mixture of muscle toning and cardio movements. Both low impact and drum style dance movements will energize you. This class will give you a total body workout which combines resistance training and core work.

Location: Cary Senior Center, Exercise Room
Instructor: Beth Arthur

Try it for FREE!

67849 Tue Jun 4 12-12:50 p.m.

Drum Infusion

Fees: \$19(R) \$25(N) (4 classes)
67617 Tue/Thu Jun 6-20 12-12:50 p.m.
(no class 6/13)

Fees: \$24(R) \$31(N) (per 5 classes)
67618 Tue/Thu Jun 25-Jul 11 12-12:50 p.m.
(no class 7/4)

67619 Tue/Thu Jul 23-Aug 6 12-12:50 p.m.

67620 Tue/Thu Aug 13-27 12-12:50 p.m.

Cary Senior Center

Location: 120 Maury O'Dell Place **Directions:** Located within Fred G. Bond Metro Park. Bond Park is located at 801 High House Road between Cary Parkway and N.W. Maynard Road.

For more, call (919) 469-4081.



Zentangle®



Ballroom Dancing

Zentangle®

Zentangle® is an easy-to-learn method of creating art from drawing structured patterns. It's fascinating, fun and relaxing! You may find it similar to meditating and being 'in the zone'. Zentangling increases your focus and creativity. No art experience required, and supplies are included.

Location: Cary Senior Center, Classroom 306
Instructor: Taralyn Farrell
Fees: \$33(R) \$43(N) (2 classes)
67396 Mon Jun 10-17 1-3 p.m.

Breast Health QiGong

Did you know that the practice of QiGong has a positive impact on women's breast health? Whether from a preventative perspective or if you are currently facing breast health issues, the Wu Ming QiGong set will have a positive influence on your wellbeing.

Location: Cary Senior Center, Exercise Room
Instructor: Michael Hronas, Medical QiGong Practitioner
Fees: \$40(R) \$52(N) (per 8 week class)
68066 Tue Jun 4-Jul 23 4-4:50 p.m.

Ballroom Dancing

Ever danced before? Have some dancing experience? Either way singles or couples, come join the fun! This class is taught by an award-winning dance professional who keeps the emphasis on FUN and not competition. Meet new friends and experience with us dance fever at the Senior Center!

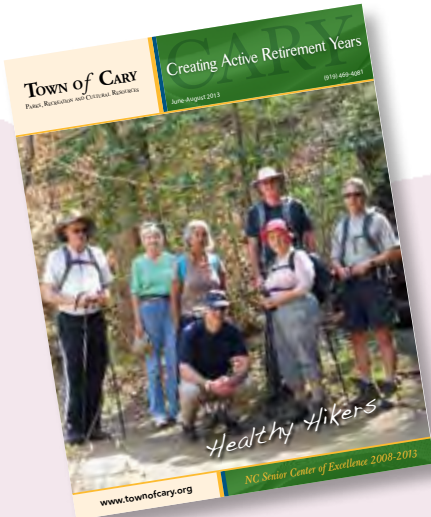
Location: Cary Senior Center, Ballroom
Instructor: Sofia Hernandez
Fees: \$44(R) \$58(N) (per 4 week class)
67496 Tue Jun 4-25 10-11 a.m.
67497 Tue Aug 6-27 10-11 a.m.

Military Mah Jongg

FREE

The Military version of this ancient Chinese game is both fun and challenging. Developed so that Air Force spouses all over the world could play by the same rules as they were transferred to new locations, it varies slightly from the traditional game in that it's slower paced and easy-going.

Location: Cary Senior Center, Classroom 303
67645 Every Mon 5-8 p.m.



Creating Active Retirement Years Program Brochure Summer 2013

This is just a sampling of the variety of programs offered at the Cary Senior Center. Pick up a copy of the Creating Active Retirement Years Program Brochure for Summer 2013 to see programs in Education, Fitness & Wellness, Arts & Crafts, Fun & Games, and SeniorNet Computer Learning as well as Resources for Seniors and opportunities for Volunteering.

Sk8-Cary @ Robert V. Godbold Park

Sk8-Cary features a 12,000 square foot street course design with ramps made of wood and Skatelite Pro surfacing. Amenities include pro-shop, concessions, rest rooms, and a covered viewing area.

2040 N.W. Maynard Road • Phone: (919) 380-2970

Check out our Track-Out Camps!

Does your 5-14 year old want to learn how to skateboard or BMX? Sign up for Track-Out camp at Sk8-Cary. Look for details online at www.townofcary.org.

Fees:

| | | |
|---------------------------|----------------|------------------|
| Annual Membership: | \$30(R) | \$60(N) |
| Entry/Session Fee: | <u>Members</u> | <u>Nonmember</u> |
| Skate & Bike | \$4 | \$9 |

Passes

| | | |
|------------------|-----------------|--------------------|
| <u>Pass Type</u> | <u>Resident</u> | <u>Nonresident</u> |
| 30 Day Pass | \$28 | \$36 |

12 Month Passes (includes membership)

| | | |
|------------------|-----------------|--------------------|
| <u>Pass Type</u> | <u>Resident</u> | <u>Nonresident</u> |
| Annual Pass | \$300 | \$325 |

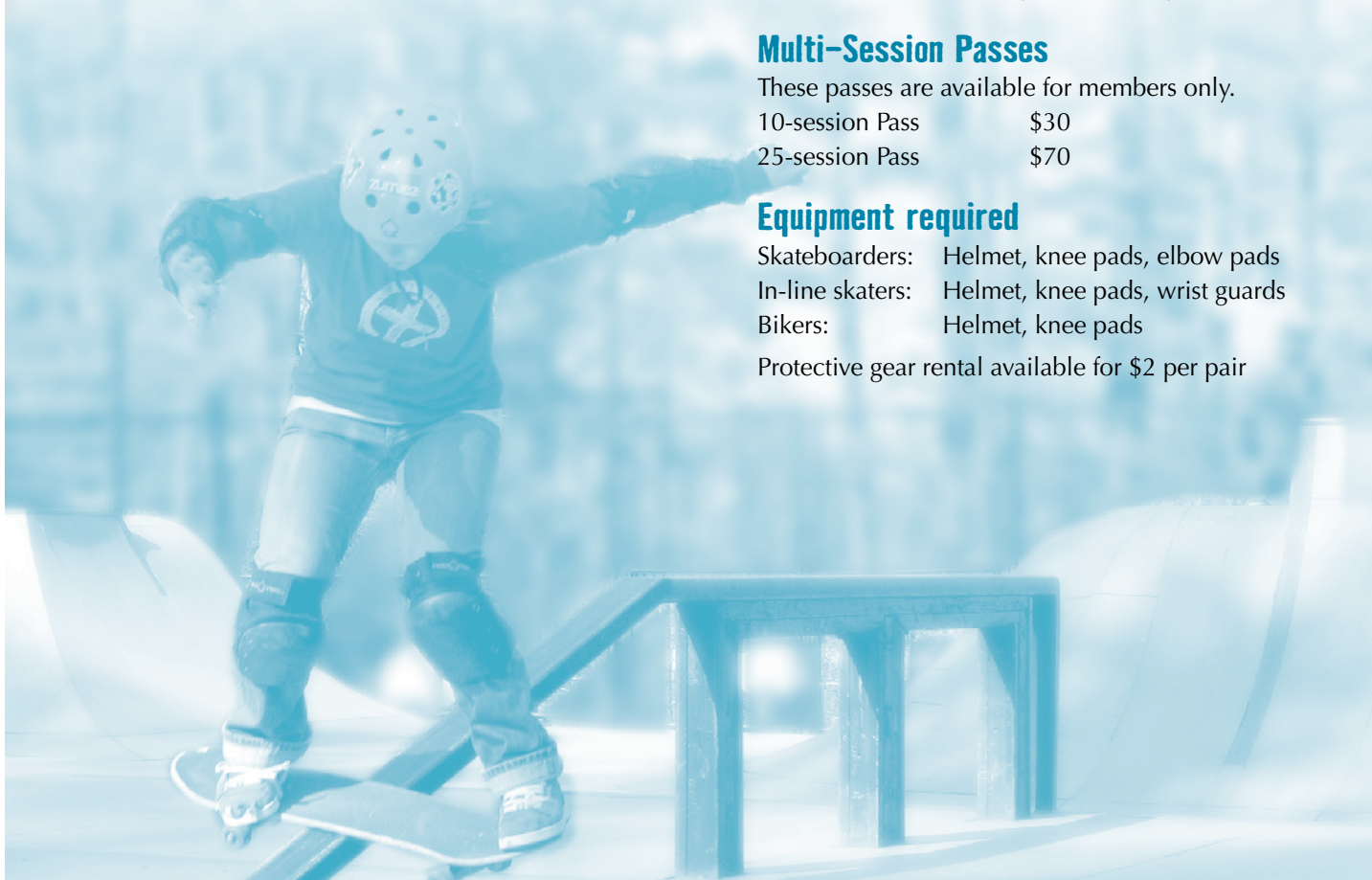
Multi-Session Passes

These passes are available for members only.

| | |
|-----------------|------|
| 10-session Pass | \$30 |
| 25-session Pass | \$70 |

Equipment required

- Skateboarders: Helmet, knee pads, elbow pads
 - In-line skaters: Helmet, knee pads, wrist guards
 - Bikers: Helmet, knee pads
- Protective gear rental available for \$2 per pair



| MON | TUE | WED | THU | FRI | SAT | SUN |
|------------|------------|------------|------------|----------|----------|----------|
| | | | | Sk8 12-2 | Sk8 12-2 | Sk8 12-2 |
| Sk8 3-4*** | BMX 3-4*** | Sk8 3-4*** | BMX 3-4*** | Sk8 2-4 | Sk8 2-4 | Sk8 2-4 |
| Sk8 4-6 | BMX 4-6 | Sk8 4-6 | BMX 4-6 | Sk8 4-6 | BMX 4-6 | Sk8 4-6 |
| Sk8 6-8 | Sk8 6-8 | Sk8 6-8 | Sk8 6-8 | Sk8 6-8 | Sk8 6-8 | BMX 6-8 |
| BMX 8-10 | Sk8 8-10 | BMX 8-10 | Sk8 8-10 | BMX 8-10 | Sk8 8-10 | BMX 8-10 |

Sk8 = Skateboards, In-line Skates & Quad Skates ••• FREE for Members Only

Youth Skate/Bike

Skate and BMX Clinics

Use these one-hour clinics to enhance your skill variety and improve certain skills.

Fees: \$18 (R) \$23 (N)

BMX

| | | | | |
|--------------|-----|--------|----------|------------|
| 68613 | Tue | Jun 11 | 5-6 p.m. | Bunny Hops |
| 68614 | Thu | Jul 11 | 5-6 p.m. | Fly Box |
| 68615 | Tue | Jul 23 | 5-6 p.m. | Mini Ramp |
| 68616 | Tue | Aug 13 | 5-6 p.m. | Using Pegs |

Skateboarding

| | | | | |
|--------------|-----|--------|-------------|-------------|
| 68608 | Tue | Jun 11 | 6-7 p.m. | Ollies |
| 68609 | Thu | Jul 11 | 6-7 p.m. | Kickflips |
| 68610 | Sat | Jul 13 | noon-1 p.m. | Dropping In |
| 68611 | Tue | Jul 23 | 6-7 p.m. | Mini Ramp |
| 68612 | Tue | Aug 13 | 6-7 p.m. | Dropping in |

Starting Out at Sk8-Cary (age 4-8)

Are you new to skateboarding or biking? We have just the class for you! Get to know the course, learn the basics, and understand proper park etiquette with an experienced instructor in a private two-hour session.

Fees: \$25(R) \$33(N)

Intro to BMX

| | | | |
|--------------|-----|--------|-----------------|
| 68607 | Sat | Jun 15 | 10 a.m.-12 noon |
|--------------|-----|--------|-----------------|

Intro to Skateboarding

| | | | |
|--------------|-----|--------|-----------------|
| 68605 | Sat | Jul 13 | 10 a.m.-12 noon |
| 68606 | Sat | Aug 17 | 10 a.m.-12 noon |

Go Skateboarding Day!

Join Sk8-Cary in the world-wide celebration of Go Skateboarding Day! This is your day to grab your board and meet the rest of the skateboarding community. Starting at noon it's all skate, all day. Bring some friends and have a ton of fun!

Location: Sk8-Cary

Fees: Members FREE, Non-members \$4.50/session

| | | |
|-----|--------|--------------|
| Fri | Jun 21 | noon-10 p.m. |
|-----|--------|--------------|

Private Lessons

Need some individual instruction? Sk8-Cary offers private lessons with our experienced instructors. Lessons can be for skateboarding or biking. You must register and pay in advance at Sk8-Cary in order to book a lesson. For questions and fees, call (919) 380-2970.



BMX Clinics

BMX Day!

Get ready for the 4th annual BMX Day at Sk8-Cary! Come out, bring your friends, and shred our ramps at the only BMX friendly park in the area. You'll have the park from noon-10 p.m. Regular sessions will not be held today.

Location: Sk8-Cary

Fees: Members: FREE, Non-members \$4.50/session

| | | |
|-----|--------|--------------|
| Sat | Jun 22 | noon-10 p.m. |
|-----|--------|--------------|

Sk8-Cary Camp Appreciation Day

We'd like to thank all of our camp participants by offering them a special day to come hang out with the instructors and the friends they met in camp, all while entering contests, playing games, and having a ton of fun. Wear your Sk8-Cary t-shirt or other Sk8-Cary camp apparel as admission into the park.

Location: Sk8-Cary

Fees: Free for participants wearing Sk8-Cary camp t-shirts or other Sk8-Cary apparel

Skateboarding

| | | |
|-----|-------|-------------|
| Sun | Sep 8 | noon-4 p.m. |
|-----|-------|-------------|

BMX


| | | |
|-----|-------|----------|
| Sun | Sep 8 | 4-8 p.m. |
|-----|-------|----------|



Skate Programs

Business & Finance

Be the Boss (age 11-17)


 Fast food and retail jobs aren't the only ways to have income! Participants are given the framework to start turning their business idea into reality by exploring business ideas, identifying marketing resources, and discussing business skills to get on the path to being their own boss.

Location: Bond Park Community Center
Instructor: Charlene Dunn
Fees: \$26(R) \$34(N) (1 class)
68654 Sat Jun 29 12:15-1:45 p.m.

College Prep

The College Quest Guide (age 12 & up)

FREE

 Parents and teens get a head start! Learn the critical decisions required to successfully navigate the college search, selection and application process. Receive practical advice on key topics including course selection for college readiness; extracurricular activities; campus visits; PSAT/SAT/ACT exams; application essays; letters of recommendation; and financial aid. Get organized with a calendar of actions by grade. Registration required.

Location: Bond Park Community Center
Instructor: Tom Wyrick, Whizard Academy
68626 Sat Aug 3 10 a.m.-noon




The College Quest Guide



College Application Boot Camp

SAT Math Prep Course (age 12-17)


NEW

 Class focuses on direct instruction of SAT math concepts, practice with SAT problem solving and practice, and review of test taking strategies and confidence building. Class will help students gain 100-200 points on the math section of the SAT. PSAT students welcome. A book fee of \$25 is due to instructor on or before the first day of class.

Location: Middle Creek Community Center
Instructor: Bobby Picha
Fees: \$132(R) \$162(N) (6 classes)
68562 Sat Aug 17-Sep 28 11 a.m.-1 p.m.
(no class Aug 31)

College Application Boot Camp (age rising 12th graders)

NEW

 Calling all rising 12th graders! Get a jump start on completing college applications before the rush of senior year. In the session, you will complete a draft of the NC College Application or Common App; understand how to utilize academics and extracurricular activities to enhance the application; and complete a draft of one essay that can be used for multiple applications.

Location: Herbert C. Young Community Center
Instructor: Rhonda Manns, A2Z College Planning
Fees: \$248(R) \$322(N) (3 classes)
67520 Mon-Wed Aug 5-7 1:30-4:30 p.m.

DON'T WAIT!


Please register early. Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled; you could make the difference.

Education

TEEN

Chess Academy (age 11-17)

NEW

 Learn chess or further develop your chess skills. Each class will have a formal lesson focused on chess fundamentals followed by practice time and review.

Location: Middle Creek Community Center
Instructor: Bobby Picha
Fees: \$77(R) \$100(N) (4 classes)
68457 Sat Jun 8-29 11:15 a.m.-1:15 p.m.

ADULT

College Unraveled (age 18 & up)

NEW

Teen Parents! How can you best assist your high school teen in making future educational plans? College Unraveled is a series of four evening parent workshops, each session concentrating on vital parts of the process. Each session builds on prior sessions and parents are encouraged to attend the entire series.

- **Options in Post-Secondary Education:** College options, admissions, and selectivity
- **The College Search:** Schools that fit and campus visits
- **The Application Process:** Applying and how admissions decisions are made
- **Paying for College:** Scholarships and Financial Aid

Location: Herbert C. Young Community Center
Instructor: Rhonda Manning, A2Z College Planning
Fees: \$175(R) \$228(N) (4 classes)
67514 Thu Aug 22-Sep 12 6:30-8 p.m.



photo caption

Pet Ed

Dog Obedience 101 (age 16 & up)

Learn the importance of your role as leader and teach your dog self control. Together, you and your dog learn sit, down, come, stay and walking on a loose leash without pulling resulting in improved behavior. Course is for dogs 3 months and older. For more, visit www.dreamdogsn.com.

Location: Bond Park Community Center
Instructor: Robina Thornton
Fees: \$125(R) \$155(N) (6 classes)
67610 Wed Jul 10-Aug 14 7-8 p.m.



SPECIAL INTERESTS

Advanced Dog Obedience (age 16 & up)

A class for dogs of any age that know (but may not always comply) with basic commands. By adding distractions and practicing off leash, your dog's self control improves while confirming your leadership. Class concludes with the American Kennel Club Canine Good Citizen (CGC) certification test. For more, see www.dreamdogsn.com.

Location: Bond Park Community Center
Instructor: Robina Thornton
Fees: \$125(R) \$155(N) (6 classes)
67612 Wed Jul 10-Aug 14 8-9 p.m.

Do you know about Cary Dog Park?

Your furry friend can run and play in open space just for dogs. Learn more on p. 95



Self-Improvement

F.I.E.R.C.E Girls Rock (age 11-17)

FREE



Fun, Intelligent, Encouraging, Respectful, Confident & Educated girls rock as leaders. If you desire to interact with other girls for fun, fellowship, and development of positive leadership traits or want to start a FIERCE Girls Club at your school then this is the workshop for you.

Location: Bond Park Community Center
Instructor: Charlene Dunn

68656 Sat Aug 17 12:30-2 p.m.

Technology

OMG, I Just Created a Webpage (age 11-17)



It's not Facebook. It's not YouTube. It's a webpage. Design an awesome, simple webpage with the click of a mouse—no coding experience necessary. Apply creative thinking skills, be creative, and have fun while building your own website. Email address and a wireless laptop are required.

Location: Bond Park Community Center
Instructor: Charlene Dunn

Fees: \$26(R) \$34(N) (1 class)

68652 Sat Jun 29 10 a.m.-noon

68653 Sat Aug 17 10 a.m.-noon

Duplicate Bridge at Middle Creek



Tuesdays and Thursdays are bridge days at the Middle Creek Community Center. Take advantage of some pregame instruction, and then enjoy an American Contract Bridge League-sanctioned game. The Middle Creek Club maintains a warm and friendly atmosphere for players of all levels, from novice to intermediate. Questions? Our friendly instructor will be happy to speak with you about the program. For more information, call (919) 267-5077.

Instructor: Marty Demko

Fees: \$6-\$7 per visit

Ongoing: Tuesdays & Thursdays
 9:30 a.m.–1 p.m.



the Town of Cary's transit service, offers inexpensive and reliable transportation via six fixed routes around Cary that operate Monday through Saturday.



The safe, comfortable, reliable transportation service can get you to any Town of Cary facility Monday-Saturday, 6 a.m.–8 p.m.

Call **(919) 485-RIDE**

for current rates.

Scan this QR Code for fixed route details or search

"C-Tran" at www.townofcary.org.



Specialized Recreation

Specialized Recreation programs are designed specifically for people with disabilities. Other programs listed in the Program Brochure are open to all abilities and we request you check yes on the registration form if you need reasonable modifications so that we can provide accommodations.

Become a Therapeutic Foster Parent (age 16 & up)

NEW & FREE

Do you enjoy working with children? Are you interested in giving back? Then join us for an informational session on becoming a therapeutic foster parent! Come and learn about how you can help provide a unique and loving environment for children, adolescents, and teens in need of a temporary place to call home. Refreshments provided.

Instructor: Tedi Newman, Easter Seals of NC

Location: Bond Park Community Center (1 class)
68629 Thu Jun 6 7-9 p.m.

Location: Herbert C. Young Community Center (1 class)
68628 Tue Jun 11 7-9 p.m.

Wake County Resources

- Autism Society of NC (919) 743-0204
- BridgeIISports (866) 880-2742
- Community Partnerships, Inc. (919) 781-3616
- Family Support Network (919) 662-4600
- NC Assoc. for Parents of Children
with Visual Impairments..... (919) 469-8879
- North Carolina Special Olympics (919) 807-8378
- North Carolina Spinal Cord Injury Association . (919) 350-4172
- Special Education PTA..... (919) 788-2500
- Autism Society of NC (919) 743-0204
- The ARC of Wake County (919) 832-2660
- The Miracle League of the Triangle, Inc. (919) 238-0333
- Triangle Down Syndrome Network (919) 788-3646
- Triangle United Way (919) 460-8687
- Wake County Cerebral Palsy
Support Group (919) 610-9500
- Wake County Human Services (919) 212-7301

ADAPTIVE SPORTS

The Town is partnering with **Bridge II Sports** to facilitate adaptive sports programs. Bridge II Sports, a non profit, creates opportunities for children and adults who are physically challenged to play sports individually or on a team, helping them discover tenacity, confidence, self-esteem and the joy of finding the player within. For details go to www.bridge2sports.org or call **Ashley Thomas (866) 880-2742**.

Current programs at Town facilities:

- **Wheel Chair Tennis – Cary Tennis Park**
- **Boccia – Second Sunday at Bond Park Community Center**



BRIDGE II SPORTS



The **Raleigh Sidewinders** are official members of the US Quad Rugby Association, (USQRA), www.quadrugby.com and sponsored by the North Carolina Spinal Cord Injury Association (NCSCIA). The team is comprised of individuals with disabilities that preclude their play in competitive, able-bodied sports. Players must have mobility impairments in their arms and legs to be considered eligible for participation. Most of the players have sustained cervical spinal cord injuries and have some type of quadriplegia as a result. The players are active members in their community, striving for a level of skill and competition offered by quad rugby. Team practices are held at the Bond Park Community Center on Saturdays. For more information call **(919) 350-4172** or email RaleighQuadRugby@yahoo.com.



The Town of Cary Parks, Recreation and Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please check the appropriate box on the registration form.

Youth Sports

Youth athletic programs are designed to provide a fun learning and growing experience for boys and girls. Youth can benefit from league play in baseball, softball, and basketball, as well as a variety of sports camps and clinics in volleyball, baseball, golf, softball, tennis and basketball. These programs are designed to provide a competitive recreation opportunity that promotes fitness and well being to the participants through team and individual league play. The goals of the program include participation, skill development, sportsmanship and fun. See the Special Events section for athletic tournament and events.

Fall Baseball (age 8-16) and Softball (age 8-17)

Leagues for girls and boys which emphasize sportsmanship, skill development, participation and fun. Age cutoffs, age groupings, and league rules are designed to prepare participants for Cary leagues as they will be administered the following spring. However, fall leagues and spring leagues are entirely separate, including the composition of team rosters. For all players the season begins with practices in August and games beginning in September. New players and players changing leagues are required to attend a skills review session prior to the season.

Fee: \$44(R) \$69(N)

Youth Baseball (age as of 4/30/2013)

| | | |
|-------|-----------|--------------------------|
| 68214 | Age 8-9 | Rookie (machine pitch) |
| 68215 | Age 10-11 | *Single A (player pitch) |
| 68216 | Age 10-11 | *Double A (player pitch) |
| 68217 | Age 12-13 | Triple A (player pitch) |
| 68218 | Age 14-16 | Major (player pitch) |

*Single A – players with average skill and experience.

*Double A – players with a high level of skill and experience

Youth Softball (Age as of 1/1/2013)

| | | |
|-------|-----------|-----------------------|
| 68220 | Age 8-9 | Prep (machine pitch) |
| 68221 | Age 10-11 | Rookie (player pitch) |
| 68222 | Age 12-13 | Minor (player pitch) |
| 68223 | Age 14-17 | Major (player pitch) |

If you would like to be added to the email list, call (919) 469-4062 or email your name and address to tracey.hedgpath@townofcary.org.

INCLEMENT WEATHER PROCEDURE

In case of inclement weather, a decision regarding games will be made by the Athletic Staff. Information will be on the Town website at <http://games.townofcary.org/> then click Athletic Program Status. A recording will also be on the Athletic Game Cancellation Line of 24-hour Town Hall. Call (919) 319-4500. Updates are made at 3 p.m. each weekday, 7 a.m. on Saturday and 12 p.m. on Sunday. If a decision is made after these times, it will be made at the facility by the officials.



Fall Baseball and Softball Registration

Fall Youth Baseball and Softball registration forms will be available June 3. **The program registration form in this brochure is not valid for this activity.**

Jun 17-30 | EZ Reg Web, Walk-In & Mail-In

(Do not mail prior to Jun 14)

- All Cary residents
- Non residents returning to the same league (Mail in Only)

Jul 1-7 | EZ Reg Web or Walk-In* Only

- All Cary residents
- All Non residents

Mailing Address:

Cary Parks, Recreation and Cultural Resources
Attn: Baseball/Softball Registration
P.O. Box 8005
Cary, NC 27512-8005

Walk-In Locations

Herbert C. Young Community Center
101 Wilkinson Ave.

Bond Park Community Center
150 Metro Park Dr

Middle Creek Community Center
123 Middle Creek Park Ave.

* Summer Hours of Operation: Mon-Fri 9 a.m.-10 p.m.;
Sat 9 a.m.-6 p.m.; Closed Jul 4.

YOUTH SPORTS PHILOSOPHY....

Fun – Learning to play for the purpose of enjoying participation.

Participation – Providing equal opportunity for play.

Sportsmanship – Actively expanding the individual's social ability to demonstrate fair play.

Skill Development – Gaining expertise to expand the individual participant's potential through practice and play.

Fall Basketball (age 5-8)

Instructional basketball program for boys and girls emphasizing skill development, participation for all players, sportsmanship, and fun. The season begins with practices in late August and games beginning in September. Children age 9 and up will register in October for winter play. The program registration form in this brochure is not valid for this activity. All five-year olds must provide a copy of their birth certificate with registration.

Fee: \$44(R) \$69(N)

Ages determined as of October 15, 2013

| | | |
|--------------|-----------|-----------|
| 68224 | Coed | Age 5 & 6 |
| 68225 | Boys 7-8 | Age 7 & 8 |
| 68226 | Girls 7-8 | Age 7 & 8 |

If you participated in Fall Basketball last year, a reminder postcard will automatically be mailed to you. If you would like to be added to the email list, call (919) 469-4062 or email your name and address to tracey.hedgpeth@townofcary.org.

Basketball Skills and Development Training (age 5-12) **NEW**

A full package skills training program designed to provide players the proper skill and techniques for a better game with the highest level of instruction. Intense one and two ball handling workouts, shooting off the dribble, combination moves, attacking the basket, reading the defense, and more. Help players develop and improve the ability to play the game and their basketball IQ.

Location: Herbert C. Young Community Center

Instructor: Monique Fearington, 2013 Pac VI Coach of the Year

Fees: \$44(R) \$57(N) (4 classes)

(age 5-8)

68144 Sat Jul 20-Aug 10 9:30-10:30 a.m.

(age 9-12)

68145 Sat Jul 20-Aug 10 11 a.m.-noon



Fall Basketball Registration

Fall Youth Basketball registration forms will be available July 1. **The program registration form in this brochure is not valid for this activity.** All five-year olds must provide a copy of their birth certificate with registration.

Jul 15-28 | EZ Reg Web, Walk-In & Mail-In

(Do not mail prior to Jul 12)

- All Cary residents
- Non residents returning to the same league (Mail in Only)

Jul 29-Aug 4 | EZ Reg Web or Walk-In Only

- All Cary residents
- All Non residents

Mailing address:

Cary Parks, Recreation and Cultural Resources
Attn: Basketball Registration
P.O. Box 8005
Cary, NC 27512-8005

Walk-In Locations

Herbert C. Young Community Center
101 Wilkinson Ave.

Bond Park Community Center
150 Metro Park Dr.

Middle Creek Community Center
151 Middle Creek Park Ave.

* Summer Hours of Operation: Mon-Fri 9 a.m.-10 p.m.;
Sat 9 a.m.-6 p.m.



Baseball Advanced Training Series: BATS (age 13-17)

The Town of Cary Baseball Advanced Training Series—BATS—is an extension of player development programming. BATS is designed to offer a challenging opportunity for selected players ages 13 to 17.

Beyond on-field baseball skill training, BATS will incorporate training and personal development opportunities in fitness, weight training, speed, and agility sessions. The unique component of BATS will offer expanded learning opportunities for players through programming that will delve into community service involvement, educational training, and leadership. The program is designed to assist players excel both on and off the field by creating better citizens through the sport of baseball.

Players will meet every Tuesday and Thursday for 5 consecutive weeks at the USA Baseball National Training Complex from 9 a.m.-noon each day Tuesday, July 9 – Thursday, August 11. The curriculum will include baseball skill development, a total body development session, educational class work, service projects, and guest speakers. Field trips may also be scheduled and all players will be notified in their curriculum syllabus on these dates.

All selected participants will be provided:

- (2) Training mesh t-shirts
- (1) Pair of training shorts
- (1) BATS baseball hat
- (1) BATS handbook with paper and pen

| | | |
|--------------------------|--|-------------|
| BATS Program Fee: | \$260(R) | \$290(N) |
| Location: | USA Baseball National Training Complex | |
| Dates: | Tue/Thu | Jul 9-Aug 8 |
| Time: | 9 a.m. – noon | |

Selection Day

In order for your child to be considered for this program, he must register and participate in Selection Day. This showcase tryout session on June 15 will test skill development and competency. The selection process will consist of three evaluation categories: the player's current baseball skill level, their overall fitness and strength condition, and their overall academic interests and strengths. A series of on and off field assessments will be presented to all participants. During Selection Day each applicant will also interview with staff members and take a series of academic, current event, and personality exams. Based on a ranking scale on the three categories, 15 players could be invited to join the program.

All players that are selected will be contacted by a core team trainer to discuss the details of the program. This call will be followed by an email that includes the syllabus of the program and details of weekly activities.

| | | | |
|-----------------------|--|--------|--------------|
| Selection Day: | Free | | |
| Location: | USA Baseball National Training Complex | | |
| 68005 | Sat | Jun 15 | 9 a.m – noon |



Beginning Fencing: Level II (age 10-18)

Fencers who have completed any of our Beginning level classes may take this class. This class will reinforce/develop skills needed for recreational fencing and prepare fencers for higher level classes. Prerequisite: Beginning Fencing I or instructor's permission. Practice uniforms are mandatory. See instructor for more information.

| | | | |
|-------------|-------------------------------|--|-------------|
| Location: | Middle Creek Community Center | | |
| Instructor: | Apex Fencing Academy | | |
| Fees: | \$60(R) | \$78(N) | (4 classes) |
| 67916 | Wed | Jun 5-26 | 7-8:30 p.m. |
| Fees: | \$110(R) | \$140(N) | (8 classes) |
| 67926 | Mon,Wed | Jun 3-26 | 7-8:30 p.m. |
| Fees: | \$45(R) | \$59(N) | (3 classes) |
| 67962 | Wed | Aug 7-28 | 7-8:30 p.m. |
| Fees: | \$83(R) | \$108(N) | (6 classes) |
| 67963 | Mon,Wed | Aug 5-28 | 7-8:30 p.m. |
| | | <i>(no classes the week of Aug 12)</i> | |

Intermediate Fencing (age 10-18)

This class is for those who are interested in competitive fencing and those fencers who want to advance to a higher level of fencing. Emphasis will be on skills development and preparation for competitive fencing. Prerequisite: Instructor's permission. Practice uniforms are mandatory. Contact the instructor for more information.

| | | | |
|-------------|-------------------------------|---|--------------|
| Location: | Middle Creek Community Center | | |
| Instructor: | Apex Fencing Academy | | |
| Fees: | \$60(R) | \$78(N) | (4 classes) |
| 67918 | Wed | Jun 5-26 | 5:30-7 p.m. |
| Fees: | \$110(R) | \$140(N) | (8 classes) |
| 67920 | Mon,Wed | Jun 3-26 | 5:30-7 p.m. |
| Fees: | \$145(R) | \$175(N) | (11 classes) |
| 67923 | Mon,Wed,Thu | Jun 3-26 | 5:30- 7 p.m. |
| | | <i>(no class on Jun 27)</i> | |
| Fees: | \$45(R) | \$59(N) | (3 classes) |
| 67927 | Wed | Aug 7-28 | 5:30- 7 p.m. |
| Fees: | \$83(R) | \$108(N) | (6 classes) |
| 67917 | Mon,Wed | Aug 5-28 | 5:30- 7 p.m. |
| Fees: | \$120(R) | \$150(N) | (9 classes) |
| 67922 | Mon,Wed,Thu | Aug 5-29 | 5:30-7 p.m. |
| | | <i>(no classes the week of Aug. 12)</i> | |

REGISTRATION DATES:



OPEN GYM

Community Center Gyms are open for a variety of activities year-round. Specific times are allocated for each Youth, Adult, and Senior age groups. Passes may be purchased and used at any of the three centers. For Youth and Teen Passes a parent must sign the waiver for purchase. Adult Open Gym may be limited to Cary residents during periods of high participation.

Youth/Teen

| | <u>Resident</u> | <u>Nonresident</u> |
|---------------|-----------------|--------------------|
| One Visit | \$4 | \$6 |
| 5 visit pass | \$10 | \$20 |
| 15 visit pass | \$15 | \$30 |

Adult

| | <u>Resident</u> | <u>Nonresident</u> |
|---------------|-----------------|--------------------|
| One Visit | \$4 | \$6 |
| 5 visit pass | \$15 | \$25 |
| 10 visit pass | \$20 | \$40 |
| 25 visit pass | \$38 | \$75 |
| Seniors (55+) | FREE | FREE |

TABLE TENNIS – Open

Mon evenings • Cary Senior Center
 Wed evenings • Herbert C. Young Community Center
 Fri evenings • Middle Creek Community Center

VOLLEYBALL – Adult

Mon evenings • Bond Park Community Center
 Wed evenings • Middle Creek Community Center

BASKETBALL– Adult

Various days and evenings at Community Centers

BASKETBALL– Youth and Teen

Various afternoons & some weekends at Community Centers

BADMINTON – Adult, Youth and Teen

Tuesday & Friday evenings & some weekends • Bond Park Community Center
 Participants must supply their own shuttles and racquet.

PICKLEBALL – Adult

Friday evenings & Saturday afternoons • Bond Park Community Center


Open gym schedules subject to change. Participation may be limited to Cary Residents only. Contact the center for their current schedule.

Youth Volleyball Skills Class (age 9-11)

This class is designed for those new to the game of volleyball or with less experience. The goals are to learn and develop the basic skills and techniques involved in playing volleyball. The focus will be on fundamentals at each participant's individual level of skill and experience.

Location: Bond Park Community Center
Fees: \$84(R) \$109(N) (8 classes)
65394 Mon,Thu May 30-Jun 24 5:30-7 p.m.

Teen Volleyball Skills Class (age 12-15)

 This class is designed for those new to the game of volleyball or with less experience. The goals are to learn and develop the basic skills and techniques involved in playing volleyball. The focus will be on fundamentals at each participant's individual level of skill and experience.

Location: Bond Park Community Center
Fees: \$110(R) \$140(N) (8 classes)
65398 Mon,Thu May 30-Jun 24 5:30-7 p.m.



REGISTRATION DATES:



Hershey Track & Field
(age 9-14)
June 18

Annual track meet with two field events and five running events for boys and girls age 9-14. The local meet is scheduled for June 18 in Raleigh and is FREE to all participants. Winners are eligible for further competition in the Regional meet to be held in Cary on June 20. For a registration form and more information, call (919) 469-4363. Information and registration forms available in early May.



MIDDLE CREEK DISC GOLF COURSE – FREE!

Middle Creek Disc Golf Course is located at 151 Middle Creek Park Avenue inside Middle Creek School Park. The 18-hole course was designed by PDGA professional Carlton Howard. The course is open sunrise to sunset 7 days a week. Parking is available on the south side of the ball field pinwheel. Scorecards are located at the first tee. For league and tournament information call (919) 771-1295.

Adult Sports

Cary Parks, Recreation & Cultural Resources is committed to offering the adults of Cary and surrounding areas well structured, supervised, and enjoyable athletic leagues. These programs are designed to provide a competitive recreation opportunity that promotes fitness and well being to the participants through team and individual league play. The goals of the program include participation, sportsmanship and fun. See the Special Events section for athletic tournament events.

Basketball

| Code | League | Registration | Fees |
|-------|------------------------|--------------|------------|
| 65002 | Summer Adult 40 & Over | May 20-23 | \$325/team |
| 68227 | Men's Open | Aug 19-22 | \$450/team |

add \$25 per each nonresident team member

Softball

| Code | League | Registration | Fees |
|-------|-----------------|--------------|------------|
| 68228 | Fall Church B/C | Jul 8-11 | \$450/team |
| 68229 | Fall Coed | Jul 8-11 | \$450/team |
| 68230 | Fall Men's Open | Jul 8-11 | \$450/team |
| 68231 | Fall Modified | Jul 8-11 | \$475/team |

add \$25 per each nonresident team member

Volleyball

| Code | League | Registration | Fees |
|-------|---------------------|--------------|------------|
| 68232 | Summer 4v4 Coed* | Jun 3-6 | \$75/team |
| 68233 | Summer 2v2 Coed* | Jun 3-6 | \$60/team |
| 68234 | Summer 2v2 Men's* | Jun 3-6 | \$60/team |
| 68235 | Summer 2v2 Women's* | Jun 3-6 | \$60/team |
| 68236 | Fall Coed** | Aug 5-8 | \$225/team |
| 68237 | Fall Men's** | Aug 5-8 | \$225/team |
| 68238 | Fall Women's** | Aug 5-8 | \$225/team |

*add \$10 per each nonresident team member

**add \$25 per each nonresident team member

2013 Cary Senior Softball League

50 and Over • 60 and Over

Registration July 1-21

Individual registration only, no team registration

\$35 – Residents • \$50 – Non-residents

Practices in August, games September – October, Tuesday and/or Thursday nights New players and players wanting to change teams will be asked to attend a skills evaluation to be placed on a team. For more information contact **kirk.matthews@townofcary.org** or call **(919) 469-4363**.

Adult Golf Clinics (age 18 & up)

This clinic is for beginners to intermediate players, and is designed to build a solid foundation for the golf swing. Instruction will cover pre-swing set up, irons, woods, pitching, chipping, putting, and sand play. The goal is to introduce golf to the beginner and give the intermediate player basic instruction to improve their game. Instruction will be based on making golf fun for everyone.

| Location: | Lochmere Golf Club | | |
|-------------|--------------------|----------|-------------|
| Instructor: | Lochmere Staff | | |
| Fee: | \$70(R) | \$90(N) | (4 classes) |
| 65060 | Tue,Thu | May 7-16 | 6-7 p.m. |
| 68617 | Tue,Thu | Jun 4-13 | 6-7 p.m. |
| 68618 | Tue,Thu | Jul 9-18 | 6-7 p.m. |
| 68619 | Tue,Thu | Aug 6-15 | 6-7 p.m. |
| 68620 | Tue,Thu | Sep 3-12 | 6-7 p.m. |

INDIVIDUAL INTEREST LIST

If you would like to play, but do not have a team, please call (919) 469-4062 to be added to the interest list. Often teams need additional players and may draw from this list.

Adult League Registration

Registration is taken from teams only. No individual registration is accepted.

Team priority for registration is as follows:

1. Teams comprised of all Cary residents.
2. Teams comprised partially of Cary residents.

Team registration packets are available at the Parks, Recreation & Cultural Resources office prior to each season with the specific dates and times to be announced. Packets include general information, roster/waiver forms, and a team entry form. The completed packet must be returned during the specified dates. Team fee is due at registration. Completed rosters and an additional fee for each nonresident on the roster (\$25 per non resident) will be due the first week of practice. Registration fees are subject to change.

ADULT SPORTS LEAGUE QUICK REFERENCE CHART

| Sport | League | Registration | Season | Play Nights (subject to change) |
|---|---------------------|-----------------|--------------|---|
| Adult Basketball | 35 & Over | Jan 6-9, 2014 | Feb-Apr | Tue, Thu & Sun evenings |
| | 40 & Over | May 20-23, 2013 | Jun-Aug | |
| | Open | Aug 19-22, 2013 | Oct-Dec | |
| Adult Volleyball Coed Men's and Women's | Spring | Feb 24-27, 2014 | Late Mar-Jun | Coed Mon & Wed evenings Men's & Women's Tue & Thu evenings |
| | Summer | Jun 3-6, 2013 | Jul-Late Aug | |
| | Fall | Aug 5-8, 2013 | Sep-Nov | |
| Adult Softball Modified Pitch | Spring | Mar 3-6, 2014 | Apr-Jun/Jul | Mon & Wed evenings |
| | Fall | Jul 8-11, 2013 | Aug-Nov | |
| Adult Softball Slow Pitch | Church Spring | Mar 3-6, 2014 | Apr-Jun/Jul | Tue & Thu evenings |
| | Church B/C Fall | Jul 8-11, 2013 | Aug-Nov | |
| | Coed Spring | Mar 3-6, 2014 | Apr-Jun/Jul | Mon & Wed evenings |
| | Coed Fall | Jul 8-11, 2013 | Aug-Nov | Tue/Thu & Mon/Wed evenings |
| | Women's Spring | Mar 3-6, 2014 | Apr-Jun/Jul | Tue & Thu evenings |
| | Men's Open C Spring | Mar 3-6, 2014 | Apr-Jun/Jul | Fri evenings only |
| | Men's Open Fall | Jul 8-11, 2013 | Aug-Nov | Mon/Wed & Tue/Thu evenings |
| Senior Softball Slow Pitch 50 & over/60 & over | Spring | Mar 10-30, 2014 | Apr-Jun | Tue & Thu evenings |
| | Fall | Jul 1-21, 2013 | Aug-Oct | |

YOUTH SPORTS LEAGUE QUICK REFERENCE CHART

| Sport | League/Age | Registration | Season (subject to change) | Play Nights (subject to change) |
|--|------------------|---------------------|-------------------------------|------------------------------------|
| Baseball Age as of Apr 30 of the playing season. | Spring Age 5-18 | Jan 27-Feb 16, 2014 | Late Mar-Jul | Daily |
| | Fall Age 8-16 | Jun 17-Jul 7, 2013 | Aug-Oct | |
| Softball Age as of Jan 1 of the playing season. | Spring Age 8-18 | Jan 27-Feb 16, 2014 | Late Mar-Jul | Daily |
| | Fall Age 8-17 | Jun 17-Jul 7, 2013 | Aug-Oct | |
| Basketball Age as of Oct 15 of the playing season. | Fall Age 5-8 | Jul 15-Aug 4, 2013 | Sep-Nov | Mon-Fri (some Sat) |
| | Winter Age 9-18 | Oct 7-27, 2013 | Dec-Mar | Daily |
| Girls Volleyball Age as of Sep 1 of the playing season. | Summer Age 12-16 | Apr 7-27, 2014 | Late May-Jul | Mon, Wed, Thu (varies) |



Summer is Poppin' full of Fun!

Kings Dominion Fun! (MS-HS)

Start your summer off right! Come experience the most hair-raising rides, the wettest water park, the most sizzling stage shows, and tons of other cool stuff all TEENS can enjoy. Tell a friend and sign up today. Cost includes transportation and admission. Registration deadline: June 5. Must have 10 minimum. For more, call (919) 460-4965.

Location: Depart Herbert C. Young Community Center
Fees: \$51(R) \$66(N) (1 class)
68577 Thu Jun 13 7 a.m.-9 p.m.

White Water Rafting Adventure (MS-HS)

Get your paddles ready and let's ride the rapids! The overnight trip includes a stay at a house in Bryson City, NC and then we'll hit the Nantahala River for a safe guided tour and a day of adventure! Don't miss out on this action-packed trip of whitewater rafting, socializing, and fun with other teens! Registration Deadline, July 8. For more, call (919) 460-4965.

Location: Depart Herbert C. Young Community Center
Fees: \$115(R) \$149(N) (1 class)
68578 Depart Thu Aug 15 8 a.m.
 Return Fri Aug 16 7 p.m.

Don't forget to pick-up your complete guide to other Teen Summer 2013 activities!



TEEN



The **Cary Tennis Park** is a national leader in the area of tennis player development. The Tennis Park staff has created a comprehensive pathway for children of all ages and abilities which provide the necessary skills, introducing them to an active lifestyle through the sport of tennis.

The **Cary Tennis Park Player Development Program** emphasizes competition and training formats tailored to the age of the child. Each of the classes listed in this section will incorporate the following four components:

- Independent racquet and ball coordination; participants will work individually on eye hand coordination skills
- Cooperative training; participants will work together to develop basic rally skills
- Technical skill development; fundamental stroke development, and footwork skills will be taught
- Interactive games and play

Introduce your child to the exciting world of tennis by signing up today!! Classes available include:

- **Tots**, ages 4 – 6
- **Futures**, ages 8 – 10
- **High School Prep**, ages 13 – 16
- **Aces**, ages 6 – 8
- **Challenger**, ages 10 – 13
- **Camps**


The **Town of Cary maintains 58 courts at five locations:** Annie Jones Park, Dunham Park, Godbold Park, Middle Creek School/Park, and the Cary Tennis Park. Four courts are 36’ for the eight and under play format and 54 courts are 78’. In addition, 20 courts have been lined for the ten and under 60’ play format.

The Town’s main tennis facility is the Cary Tennis Park, which is the state’s largest public outdoor tennis facility. The park is a full service facility on approximately 24 acres in western Cary. Amenities include locker rooms with showers, meeting room, snack bar and clubhouse. The park provides a comprehensive array of tennis programs, events and services for beginner through advanced players.

Since opening, the Cary Tennis Park has expanded the tennis offerings in the community to include private lessons, group clinics and league play. The Cary Tennis Park is host to several national, regional and state tournaments including the Bullfrog USTA Southern Section Designated, NC Junior Closed State Tournament, Boys and Girls 14 USTA National Zone Team Championships, the Men’s and Women’s ACC Championships and the Western Wake Charity Event to benefit Hospice hosted with the Western Wake Tennis Association.

For more information please call the Cary Tennis Park at (919) 462-2061 or visit www.townofcary.org.

Youth

All courses are at the Cary Tennis Park unless otherwise noted. 

GROUP INSTRUCTION

Tots (age 4-6)

| | | | |
|--------------|---------|---------------------|---------------|
| Fees: | \$23(R) | \$28(N) | (3 classes) |
| 68353 | Sat | Jun 1-15 | 8:30- 9 a.m. |
| 68378 | Sat | Jun 22-Jul 13 | 8:30- 9 a.m. |
| 68379 | Sat | Jul 20-Aug 3 | 8:30- 9 a.m. |
| 68380 | Sat | Aug 10-24 | 8:30- 9 a.m. |
| Fees: | \$23(R) | \$28(N) (3 classes) | |
| 68347 | Sat | Jun 1-15 | 9-9:30 a.m. |
| 68356 | Sat | Jun 22-Jul 13 | 9-9:30 a.m. |
| 68360 | Sat | Jul 20-Aug 3 | 9-9:30 a.m. |
| 68375 | Sat | Aug 10-24 | 9-9:30 a.m. |
| Fees: | \$23(R) | \$28(N) | (3 classes) |
| 68348 | Sat | Jun 1-15 | 10-10:30 a.m. |
| 68357 | Sat | Jun 22-Jul 13 | 10-10:30 a.m. |
| 68349 | Sat | Jul 20-Aug 3 | 10-10:30 a.m. |
| 68377 | Sat | Aug 10-24 | 10-10:30 a.m. |
| Fees: | \$23(R) | \$28(N) | (3 classes) |
| 68350 | Sat | Jun 1-15 | 11-11:30 a.m. |
| 68358 | Sat | Jun 22-Jul 13 | 11-11:30 a.m. |
| 68359 | Sat | Jul 20-Aug 3 | 11-11:30 a.m. |
| 68376 | Sat | Aug 10-24 | 11-11:30 a.m. |

Tots Continued (age 4-6)

| | | | |
|--------------|---------|---------------|-------------|
| Fees: | \$45(R) | \$54(N) | (6 classes) |
| 68352 | Tue,Thu | Jun 11-27 | 5:30-6 p.m. |
| 68355 | Tue,Thu | Jul 9-Jul 25 | 5:30-6 p.m. |
| 68346 | Tue,Thu | Jul 30-Aug 15 | 5:30-6 p.m. |
| Fees: | \$45(R) | \$54(N) | (6 classes) |
| 68351 | Mon,Wed | Jun 12-Jul 1 | 5-5:30 p.m. |
| 68354 | Mon,Wed | Jul 8-Jul 24 | 5-5:30 p.m. |
| 68361 | Mon,Wed | Jul 29-Aug 14 | 5-5:30 p.m. |
| Fees: | \$30(R) | \$38(N) | (4 classes) |
| 68373 | Mon,Wed | Aug 19-28 | 5-5:30 p.m. |
| Fees: | \$30(R) | \$38(N) | (4 classes) |
| 68374 | Tue,Thu | Aug 20-29 | 5:30-6 p.m. |

Aces (age 6-8)

| | | | |
|--------------|---------|---------------|-----------------|
| Fees: | \$23(R) | \$28(N) | (3 classes) |
| 68295 | Sat | Jun 1-15 | 8:30-9 a.m. |
| 68367 | Sat | Jun 22-Jul 13 | 8:30-9 a.m. |
| 68368 | Sat | Jul 20-Aug 3 | 8:30-9 a.m. |
| 68369 | Sat | Aug 10-24 | 8:30-9 a.m. |
| Fees: | \$23(R) | \$28(N) | (3 classes) |
| 68284 | Sat | Jun 1-15 | 9:30-10 a.m. |
| 68285 | Sat | Jun 22-Jul 13 | 9:30-10 a.m. |
| 68286 | Sat | Jul 20-Aug 3 | 9:30-10 a.m. |
| 68364 | Sat | Aug 10-24 | 9:30-10 a.m. |
| Fees: | \$23(R) | \$28(N) | (3 classes) |
| 68288 | Sat | Jun 1-15 | 10:30-11 a.m. |
| 68287 | Sat | Jun 22-Jul 13 | 10:30-11 a.m. |
| 68289 | Sat | Jul 20-Aug 3 | 10:30-11 a.m. |
| 68366 | Sat | Aug 10-24 | 10:30-11 a.m. |
| Fees: | \$23(R) | \$28(N) | (3 classes) |
| 68290 | Sat | Jun 1-15 | 11:30 a.m.-noon |
| 68291 | Sat | Jun 22-Jul 13 | 11:30 a.m.-noon |
| 68292 | Sat | Jul 20-Aug 3 | 11:30 a.m.-noon |
| 68365 | Sat | Aug 10-24 | 11:30 a.m.-noon |
| Fees: | \$45(R) | \$54(N) | (6 classes) |
| 68294 | Tue,Thu | Jun 11-Jun 27 | 5-5:30 p.m. |
| 68282 | Tue,Thu | Jul 9-Jul 25 | 5-5:30 p.m. |
| 68283 | Tue,Thu | Jul 30-Aug 15 | 5-5:30 p.m. |
| Fees: | \$45(R) | \$54(N) | (6 classes) |
| 68293 | Mon,Wed | Jun 12-Jul 1 | 5:30-6 p.m. |
| 68280 | Mon,Wed | Jul 8-Jul 24 | 5:30-6 p.m. |
| 68281 | Mon,Wed | Jul 29-Aug 14 | 5:30-6 p.m. |
| Fees: | \$30(R) | \$38(N) | (4 classes) |
| 68362 | Mon,Wed | Aug 19-28 | 5:30-6 p.m. |
| Fees: | \$30(R) | \$38(N) | (4 classes) |
| 68363 | Tue,Thu | Aug 20-29 | 5-5:30 p.m. |

CARY TENNIS PARK ANNUAL PASS

See chart below for rates

Passholder benefits include:

- 10% discount on select Pro Shop items
- All Cary Tennis Park court fees
- Challenge Ladder registration fees
- CTP facility fees for USTA league play
- 10 guest passes
- Ability to reserve a court up to one week in advance
- Various special programs/clinics at reduced cost throughout the year
- 8 free uses of ball machine

| Pass Type | Cost | Cary Resident Rate |
|----------------------|-------|--------------------|
| Adult | \$400 | \$300 |
| Youth (18 & under) | \$120 | \$100 |
| Senior (55 and over) | \$250 | \$200 |
| Family of Two | \$500 | \$400 |
| Full Family | \$700 | \$500 |



INCLEMENT WEATHER/ MISSED CLASS INFORMATION

Clinic dates may change due to inclement weather. Please contact the Cary Tennis Park (CTP) at (919) 462-2061 to confirm your clinic start date. Make-up dates will be scheduled on regular class days between clinic sessions, Friday evenings and/or Saturday afternoons as necessary. Contact the CTP for make-up dates and times. Make-up days will only be scheduled if the clinic is cancelled by the CTP. Classes that are cancelled while in progress and have completed 50% or more of the session will not be rescheduled. The CTP is not responsible for classes missed due to student conflicts.



All courses are at the Cary Tennis Park unless otherwise noted.



Futures (age 8-10)

| | | | |
|--------------|---------|---------------------|----------------|
| Fees: | \$36(R) | \$44(N) (3 classes) | |
| 68322 | Sat | Jun 1-15 | 9-10 a.m. |
| 68323 | Sat | Jun 22-Jul 13 | 9-10 a.m. |
| 68324 | Sat | Jul 20-Aug 3 | 9-10 a.m. |
| 68386 | Sat | Aug 10-24 | 9-10 a.m. |
| Fees: | \$72(R) | \$86(N) (6 classes) | |
| 68319 | Tue,Thu | Jun 11-27 | 5:30-6:30 p.m. |
| 68320 | Tue,Thu | Jul 9-Jul 25 | 5:30-6:30 p.m. |
| 68321 | Tue,Thu | Jul 30-Aug 15 | 5:30-6:30 p.m. |
| Fees: | \$72(R) | \$86(N) | (6 classes) |
| 68316 | Mon,Wed | Jun 12-Jul 1 | 4:30-5:30 p.m. |
| 68317 | Mon,Wed | Jul 8-Jul 24 | 4:30-5:30 p.m. |
| 68318 | Mon,Wed | Jul 29-Aug 14 | 4:30-5:30 p.m. |
| Fees: | \$48(R) | \$58(N) | (4 classes) |
| 68388 | Mon,Wed | Aug 19-28 | 4:30-5:30 p.m. |
| Fees: | \$48(R) | \$58(N) | (4 classes) |
| 68387 | Tue,Thu | Aug 20-29 | 5:30-6:30 p.m. |

ALL PLAYERS WILL NEED PROPER TENNIS ATTIRE, THEIR OWN RACKET, WHITE SOLED TENNIS SHOES, WATER BOTTLE AND SUNSCREEN. Please remember to check-in at the Cary Tennis Park office each time you come for your clinic. Contact the Cary Tennis Park at (919) 462-2061 for more information.

Cary Tennis Academy



Looking for a more advanced tennis experience? Join the Cary Tennis Academy, at the Cary Tennis Park. For more information on dates, times and fees call (919) 462-2061.

Registration for Academy programs is only available in person at the Tennis Park. The Tennis Park staff must approve all juniors placed in these programs.


Talent ID (age 5-8)

Talent ID is for youth interested in tennis. The program will focus on establishing a strong technical foundation and develop basic agility and movement skills. Program members are expected to compete in Junior Team Tennis and 8 and local tournaments.


Academy I (age 8-10)

Academy I is for the intermediate tennis player interested in participating in tournament play. Stroke development, consistency and basic strategy will be emphasized. Juniors are expected to meet a USTA tournament participation requirement to remain in the program.


Academy Select (age 11-18)

 Academy Select is designed for the established tournament junior who has aspirations of playing college tennis. Juniors must have a state and sectional ranking and be working toward a national ranking. Participants are expected to implement advanced strategies in a variety of live ball drills.

Junior Competition (age 11-18)

 Junior Competition is structured for the present high school player or those aspiring to make the team. Drills will be structured around playing situations and point development. Stroke mechanics will be stressed along with the improvement of the serve.

High School Team (age 14-18)

 High School Team is designed for the high school varsity player who wants to keep his or her game tuned-up for the upcoming season. Juniors are expected to be able to hit with spin and change direction of the ball. The player rarely double faults and is becoming an all-around player. Drills will be designed around execution, and the ability to close out points.





Challenger (age 10-13)

| | | | |
|--------------|---------|---------------------|------------|
| Fees: | \$36(R) | \$44(N) (3 classes) | |
| 68313 | Sat | Jun 1-15 | 10-11 a.m. |
| 68314 | Sat | Jun 22-Jul 13 | 10-11 a.m. |
| 68315 | Sat | Jul 20-Aug 3 | 10-11 a.m. |
| 68389 | Sat | Aug 10-24 | 10-11 a.m. |

| | | | |
|--------------|---------|---------------|-----------------|
| Fees: | \$72(R) | \$86(N) | (6 classes) |
| 68310 | Tue,Thu | Jun 11-27 | 4:30- 5:30 p.m. |
| 68311 | Tue,Thu | Jul 9-25 | 4:30- 5:30 p.m. |
| 68312 | Tue,Thu | Jul 30-Aug 15 | 4:30- 5:30 p.m. |

| | | | |
|--------------|---------|---------------|----------------|
| Fees: | \$72(R) | \$86(N) | (6 classes) |
| 68307 | Mon,Wed | Jun 12-Jul 1 | 5:30-6:30 p.m. |
| 68308 | Mon,Wed | Jul 8-Jul 24 | 5:30-6:30 p.m. |
| 68309 | Mon,Wed | Jul 29-Aug 14 | 5:30-6:30 p.m. |

| | | | |
|--------------|---------|-----------|----------------|
| Fees: | \$48(R) | \$58(N) | (4 classes) |
| 68390 | Mon,Wed | Aug 19-28 | 5:30-6:30 p.m. |

| | | | |
|--------------|---------|-----------|----------------|
| Fees: | \$48(R) | \$58(N) | (4 classes) |
| 68391 | Tue,Thu | Aug 20-29 | 4:30-5:30 p.m. |



QUICKSTART TENNIS

QuickStart is a format of play for youth under the age of 10. The Cary Tennis Park has built four 36' tennis courts for eight and under play. In addition, 20 courts town wide have been lined for the ten and under 60' play format. Sign your child up for our Tots, Aces, or Futures program to experience this exciting format.

 **HS Prep (age 13-16)**

| | | | |
|--------------|---------|---------------|--------------|
| Fees: | \$36(R) | \$44(N) | (3 classes) |
| 68328 | Sat | Jun 1-15 | 11 a.m.-noon |
| 68329 | Sat | Jun 22-Jul 13 | 11 a.m.-noon |
| 68330 | Sat | Jul 20-Aug 3 | 11 a.m.-noon |
| 68392 | Sat | Aug 10-24 | 11 a.m.-noon |

| | | | |
|--------------|---------|---------------|----------------|
| Fees: | \$72(R) | \$86(N) | (6 classes) |
| 68325 | Tue,Thu | Jun 11-Jun 27 | 6:30-7:30 p.m. |
| 68326 | Tue,Thu | Jul 9-Jul 25 | 6:30-7:30 p.m. |
| 68327 | Tue,Thu | Jul 30-Aug 15 | 6:30-7:30 p.m. |

| | | | |
|--------------|---------|---------------------|----------------|
| Fees: | \$48(R) | \$58(N) (4 classes) | |
| 68393 | Tue,Thu | Aug 20-29 | 6:30-7:30 p.m. |

TENNIS FLEX PASS

- Are you an intermediate to advanced player?
- Looking to get that extra hit in during the week?
- Can't find a hitting partner on late notice?
- Looking for drills that can flexible to your busy schedule?

Then Tennis Flex Pass is the choice for you.....

Choose to participate in any of the 4 drills listed below Monday through Thursday evenings by purchasing the Tennis Flex Pass.

- Adult Tennis Level II- Mon, Wed
- Advanced Drill- Tue
- Intermediate Drill- Thu
- Tennis for intermediate to advanced players



Look for this icon in the Tennis Section

| | <u>Resident</u> | <u>Non Resident</u> |
|----------------|-----------------|---------------------|
| 5 Session Pass | \$75 | \$90 |

- * Pass expires 60 days from purchase date
- * No credits, refunds or transfers on tennis flex pass

For more information, call (919) 462-2061



Adult

ADULT ORGANIZED PLAY

Match Play Interest Board

The Cary Tennis Park maintains an interest board for match play. If you would like to play, but do not have an opponent, please stop by the Cary Tennis Park and either add your name to the board or find out about other players who are looking for matches. This board is located in the main lobby of the tennis park office.

Introductory Tennis Leagues

The Cary Tennis Park offers a great way to ease into league tennis play. The introductory tennis leagues are for players new to the game interested in a less competitive and a more social format of play.

USTA League Play

The Cary area has its own USTA Adult and Senior Leagues. Leagues include spring team leagues, summer Mixed Doubles and fall Combo Doubles. Local area clubs and the Cary Tennis Park form teams to participate. For more information and to register, contact Melissa Feuerstein at (919) 215-6945 or localusta@westernwaketennis.com.

Organized Play and Facility Rentals

The Cary Tennis Park is host to several organized leagues, corporate leagues, and social play groups. In addition, the Tennis Park is available for facility rental for special events such as parties, charities and business outings.

CTP Challenge Ladder

The CTP provides a ten week Competitive Singles Ladder for adults. Players set up their own matches at their convenience and can play as often as they like. Players earn points for challenges to move higher on the ladder. Levels are determined by using NTRP system. Registration for the Challenge Ladder begins four weeks before the official start date of the program. Registration is a two-fold process. First stop by the CTP and complete the registration form, sign waiver and pay the fee, then register online at www.townofcary.org. Players may join for up to four weeks after the start of the ladder. Contact the Cary Tennis Park (919) 462-2061 for more information.

Champions Ladder

Each season tournament champion will be recognized on the wall of champions at the Tennis Park. Prizes will also be awarded to the season's tournament champion. Contact the Tennis Park for more information (919) 462-2061.

Challenge Ladder

| | | | |
|--------------|---------------------------|--------------------|--|
| Fees: | \$25(R) | \$30(N) | |
| | <i>Registration Dates</i> | <i>Play Begins</i> | |
| Spring '13 | Mar 2013 | Apr 2013 | |
| Summer '13 | Jun 2013 | Jul 2013 | |
| Fall '13 | Aug 2013 | Sep 2013 | |
| Winter '14 | Dec 2013 | Jan 2014 | |

All courses are at the Cary Tennis Park unless otherwise noted.



Adult Tennis Level I (age 14 & up)

Designed for new players or players who have not played in a while, but would like to return to the game. This program covers all the strokes – forehand, backhand, volley, overhead serve, as well as rules of the game and positioning for singles and doubles.

| | | | |
|--------------|---------|---------------|----------------|
| Fees: | \$72(R) | \$86(N) | (6 classes) |
| 68296 | Mon,Wed | Jun 12-Jul 1 | 6:30-7:30 p.m. |
| 68297 | Mon,Wed | Jul 8-24 | 6:30-7:30 p.m. |
| 68298 | Mon,Wed | Jul 29-Aug 14 | 6:30-7:30 p.m. |

| | | | |
|--------------|---------|-----------|----------------|
| Fees: | \$48(R) | \$58(N) | (4 classes) |
| 68404 | Mon,Wed | Aug 19-28 | 6:30-7:30 p.m. |

Adult Tennis Level II (age 14 & up)

This course is designed to help players refine their current knowledge of the game. All strokes needed to play the game will be reviewed.

| | | | |
|--------------|---------|---------------|----------------|
| Fees: | \$72(R) | \$86(N) | (6 classes) |
| 68299 | Mon,Wed | Jun 12-Jul 1 | 7:30-8:30 p.m. |
| 68300 | Mon,Wed | Jul 8-Jul 24 | 7:30-8:30 p.m. |
| 68301 | Mon,Wed | Jul 29-Aug 14 | 7:30-8:30 p.m. |

| | | | |
|--------------|---------|-----------|----------------|
| Fees: | \$48(R) | \$58(N) | (4 classes) |
| 68302 | Mon,Wed | Aug 19-28 | 6:30-7:30 p.m. |

REGISTRATION DATES:



Advanced Drill (age 14 & up)

This ongoing program is geared toward the player who wants to move and learn to cover the court better. Fast paced drills covering all shots with constant movement - a great workout. Most of the drilling done with the players hitting amongst themselves. Students need to have an NTRP rating of 4.0 or above to enter this class.

| | | | |
|--------------|-----------------------------|---------------|----------------|
| Fees: | \$36(R) \$44(N) (3 classes) | | |
| 68303 | Tue | Jun 11-25 | 7:30 8:30 p.m. |
| 68304 | Tue | Jul 9-23 | 7:30-8:30 p.m. |
| 68305 | Tue | Jul 30-Aug 13 | 7:30-8:30 p.m. |
| Fees: | \$24(R) | \$30(N) | (2 classes) |
| 68306 | Tue | Aug 20-27 | 7:30-8:30 p.m. |

Intermediate Drill (age 14 & up)

The goal of this class is to help the students' understanding of both placement and the spin and the effects they have on the game. Students need to have an NTRP rating of 3.5 or 4.0 to enter this class.

| | | | |
|--------------|---------|---------------|----------------|
| Fees: | \$36(R) | \$44(N) | (3 classes) |
| 68331 | Thu | Jun 13-Jun 27 | 7:30-8:30 p.m. |
| 68332 | Thu | Jul 11-Jul 25 | 7:30-8:30 p.m. |
| 68333 | Thu | Aug 1-15 | 7:30-8:30 p.m. |
| Fees: | \$24(R) | \$30(N) | (2 classes) |
| 68417 | Thu | Aug 22-29 | 7:30-8:30 p.m. |

Ladies Beginning Drill (age 16 & up)

Designed for new players or player who have not played in a while, but would like to return to the game. This program covers all strokes – forehand, backhand, volley, overheads, serve – rules of the game, and positioning for doubles and singles.

| | | | |
|--------------|---------|---------------|-------------|
| Fees: | \$36(R) | \$44(N) | (3 classes) |
| 68343 | Tue | Jun 11-25 | 9-10 a.m. |
| 68344 | Tue | Jul 9-Jul 23 | 9-10 a.m. |
| 68345 | Tue | Jul 30-Aug 13 | 9-10 a.m. |
| Fees: | \$24(R) | \$30(N) | (2 classes) |
| 68427 | Tue | Aug 20-27 | 9-10 a.m. |

Ladies 2.5/3.0 NTRP Drills (age 16 & up)

| | | | |
|--------------|-----------------|---------------|-------------|
| Fees: | \$36(R) \$44(N) | (3 classes) | |
| 68334 | Tue | Jun 11-25 | 10-11 a.m. |
| 68335 | Tue | Jul 9-23 | 10-11 a.m. |
| 68336 | Tue | Jul 30-Aug 13 | 10-11 a.m. |
| Fees: | \$24(R) | \$30(N) | (2 classes) |
| 68419 | Tue | Aug 20-27 | 10-11 a.m. |

Ladies 3.0/3.5 NTRP Drills (age 16 & up)

| | | | |
|--------------|---------|--------------------------|-------------|
| Fees: | \$36(R) | \$44(N) | (3 classes) |
| 68337 | Wed | Jun 12-26 | 10-11 a.m. |
| 68338 | Wed | Jul 10-31 | 10-11 a.m. |
| | | <i>(no class Jul 24)</i> | |
| 68339 | Wed | Aug 14-28 | 10-11 a.m. |

Ladies 3.5/4.0 NTRP Drills (all ages)

| | | | |
|--------------|-----------------|--------------------------|------------|
| Fees: | \$36(R) \$44(N) | (3 classes) | |
| 68340 | Fri | Jun 14-28 | 10-11 a.m. |
| 68341 | Fri | Jul 12-Aug 2 | 10-11 a.m. |
| | | <i>(no class Jul 26)</i> | |
| 68342 | Fri | Aug 16-30 | 10-11 a.m. |

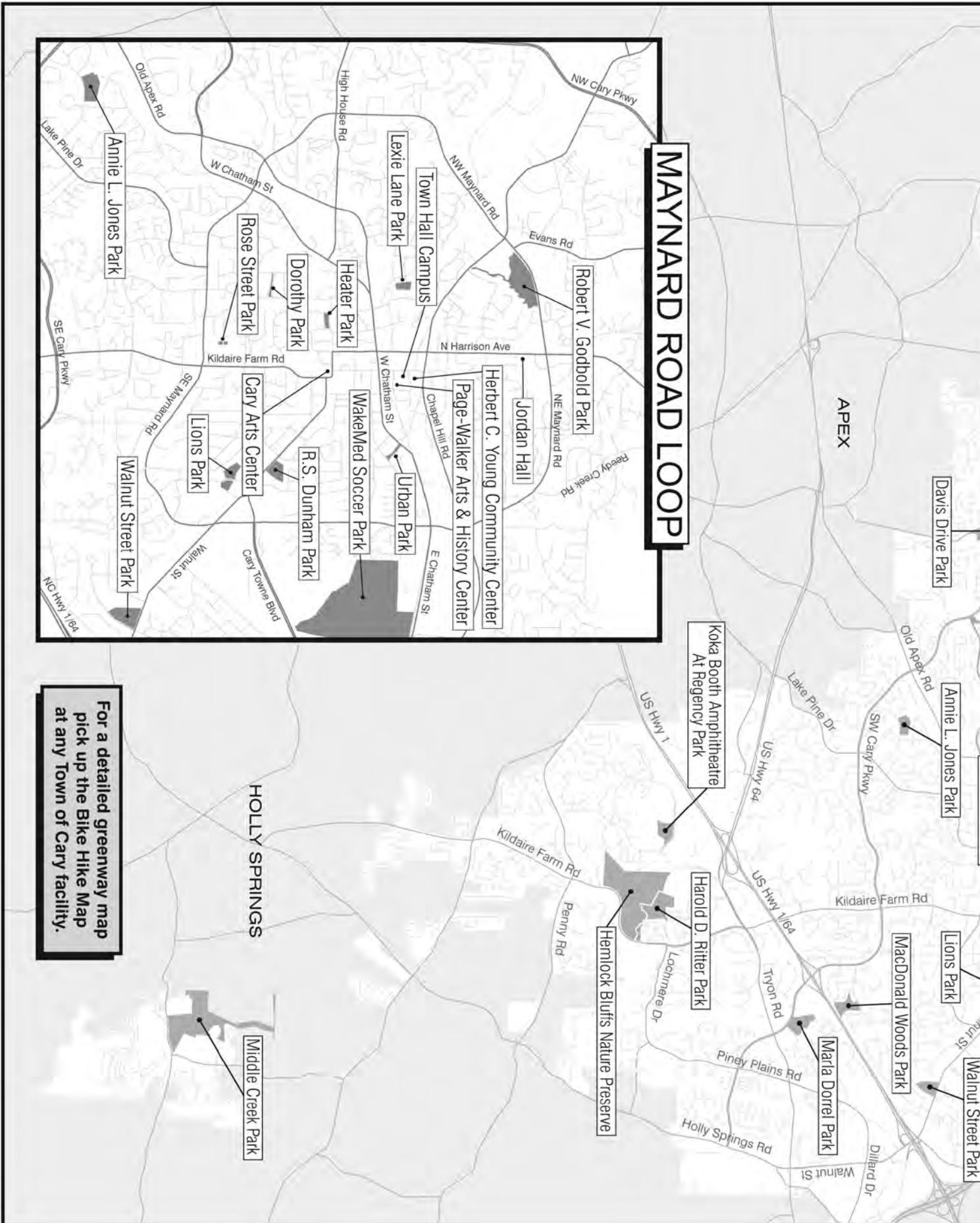
**Ladies NTRP Drills**

(age 16 and up)

The NTRP programs are designed for players with NTRP ratings. Each drill is specifically tailored to each rating level. All strokes are covered – forehand, backhand, volley, overhead, serve as well as positioning for singles and doubles. Students need to have the appropriate NTRP rating to register for this class.

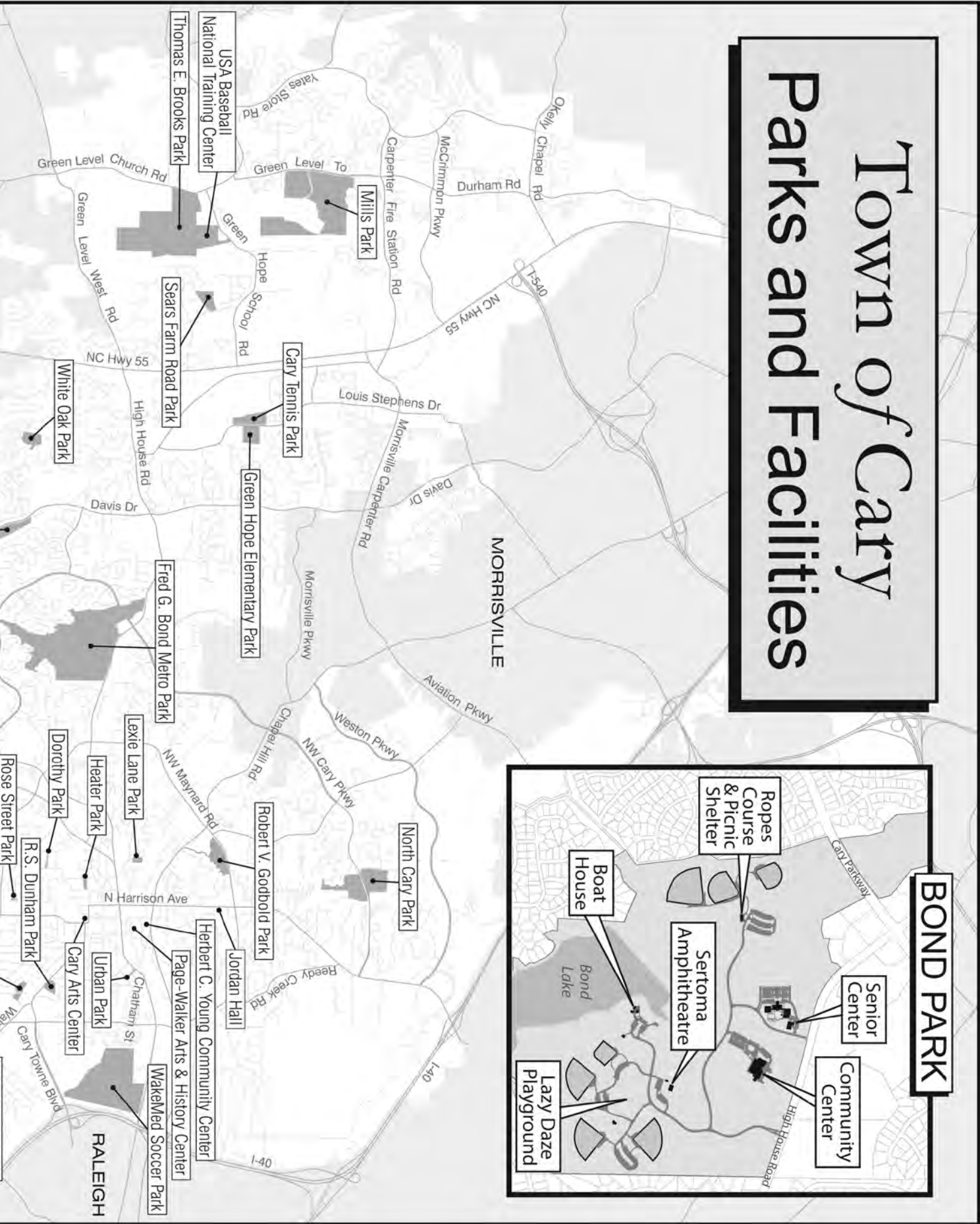
Private Lessons**INDIVIDUAL** – \$40-50 per hr**GROUP** – call for pricing

All lessons fees must be paid prior to lesson. Full payment is due on all lessons not canceled at least 24-hours in advance. Call (919) 462-2061.



For a detailed greenway map pick up the Bike Hike Map at any Town of Cary facility.

Town of Cary Parks and Facilities



| | Tennis Courts | Tennis Courts with Practice Wall | Baseball/Softball Fields | Basketball Slabs | Multi-use Slabs | Multipurpose Fields | Sand Volleyball Courts | Playgrounds | Picnic Shelters | Picnic Tables | Rest Rooms | Trails/Walking Paths | Challenge "Ropes" Course | Climbing Boulders | Lake for boating & fishing | Amphitheatre | Open Play Field/Lawn | Skate Facility |
|---|---------------|----------------------------------|--------------------------|------------------|-----------------|---------------------|------------------------|-------------|-----------------|---------------|------------|----------------------|--------------------------|-------------------|----------------------------|--------------|----------------------|----------------|
| Annie L. Jones Park 1414 Tarbert Drive, 27511 | 6* | 1* | 1* | 2 | | | | 1 | | X | X | X | | | | | | |
| Davis Drive Park 1610 Davis Drive, 27519 | | | | 1 | | 4 | | 1 | 1 | X | X | X | | | | | | |
| Dorothy Park (open space) 720 Griffis Street, 27511 | | | | | | | | | | | | | | | | | | |
| Fred G. Bond Metro Park 801 High House Road, 27513 | | | 7* | | | | | 1 | 3* | X | X | X | X | | X | X | 1 | |
| Green Hope Elementary School/Park** 2750 Louis Stephens Drive, 27519 | | | | 1* | | 3 | 4* | 1 | 1 | X | X | X | | | | | | |
| Harold D. Ritter Park 301 West Lochmere Drive, 27518 | | | 2* | 1 | | | | 1 | 1* | X | X | X | | | | | 1 | |
| Heater Park (open space) 400 S. West Street, 27511 | | | | | | | | | | | | | | | | | | |
| Hemlock Bluffs Nature Preserve 2616 Kildaire Farm Road, 27518 | | | | | | | | | | | X | X | | | | | | |
| Lexie Lane Park 301 N. Dixon Street, 27513 | | | 1 | 1* | 1 | | | 1 | | | X | X | | | | | | |
| Lions Park 815 Tanglewood Drive, 27511 | | | 2* | | | | | | 1 | X | X | | | | | | | |
| MacDonald Woods Park 1601 Seabrook Ave., 27511 | | | | 1 | | | | 1 | | X | | X | | | | | 1 | |
| Marla Dorrel Park 111 Thurston Drive, 27518 | | | | 1 | | | | 1 | X | X | X | | | X | | 1 | | |
| Middle Creek School/Park** 151 Middle Creek Park Ave., 27539 | 8* | | 4* | 2 | 1 | 2 | | 1 | 1 | | X | X | | X | | | 1 | |
| Mills Park School/Park** 509 Mills Park Dr, 27519 | | | 1 | 1 | | 3 | | | | | X | | | | | | | |
| North Cary Park 1100 Norwell Blvd., 27513 | | | | 2* | | 1 | 4* | 1 | 1 | X | X | X | | X | | | 1 | |
| R.S. Dunham Park 519 Walnut Street, 27511 | 5* | 1 | | 2 | | | | 1 | | X | X | | | | | | | |
| Robert V. Godbold Park 2050 N.W. Maynard Road, 27513 | 6* | | | 2* | | | | 1 | | X | X | X | | | | | 1 | X |
| Rose Street Park 110 Rose Street, 27511 | | | | 1 | | | | 1 | | X | | | | | | | | |
| Sears Farm Road Park 5077 Sears Farm Road, 27519 | | | | 1 | | | | 1 | 1 | X | X | X | | | | | 1 | |
| Thomas E. Brooks Park/USA Baseball NTC 111 Brooks Park Ave. Lane, 27519 | | | 8* | 2* | | 2 | | 1 | 2 | X | X | X | | | | | | |
| Urban Park 414 E. Chatham Street, 27511 | | | | 1 | | | | 1 | | X | | | | | | | | |
| Walnut Street Park 1420 Walnut Street, 27519 | | | | | | | | 1 | 2 | X | X | X | | | | | 1 | |
| White Oak Park 1216 Jenks Carpenter Road, 27519 | | | | 1 | 1 | | | 1 | 1 | X | X | X | | | | | 1 | |
| Cary Tennis Park ** 2727 Louis Stephens Drive, 27519 | 30* | 2* | | | | | | | | | X | | | | | | | |
| Koka Booth Amphitheatre at Regency Park 8003 Regency Pkwy., 27518 | | | | | | | | | | X | X | X | | | | X | | |
| Sk8-Cary @ Godbold Park 2040 N.W. Maynard Road, 27513 | | | | | | | | | | | X | | | | | | | X |
| WakeMed Soccer Park 201 Soccer Park Dr., 27511 | | | | | | 8 | | | | | X | X | | | | | | |

* lighted facilities
** town athletic facilities at schools

Cary Dog Park @ Robert V. Godbold Park

2050 N.W. Maynard Road



The Town of Cary's dog park provides a place for dog owners to let their pets run safely and legally without a leash. The park is a one-acre fenced area accessed through Robert V. Godbold Park at 2050 N.W. Maynard Road

Features

- Five-foot-high chain link fence with screening, paved entrance & electronic gate
- Lighted areas for small dogs and for large dogs
- Wood chips for ground cover
- Benches
- Water stations
- Information kiosk
- Pet cleanup areas

Hours of Operation:

7 a.m. – 10 p.m. Daily (no entry after 9 p.m.)

What you will need to register:

- **Town of Cary Pet ID Tag (required for Town of Cary residents)** Pet tags may be obtained along with the purchase of the Dog Park Pass at any Town of Cary Community Center. You must present proof of neuter/spay and micro-chipping either by copies of the documents stating the procedure was done from your veterinarian or having your veterinarian's signature on the pet tag application.
 - Non-Neutered/Non-Spayed pet tag (one time) \$50.00
 - Neutered/Spayed pet tag (one time) \$10.00
 - Neutered/Spayed/Micro-Chipped pet tag (one time) \$ 5.00
- **Cary Dog Park Registration form & waiver**, completed and signed by pet owner
- **Pet ID Tag applications**, Dog Park registration forms and waivers can be found at <http://www.townofcary.org>
- **Proof of current rabies vaccination**

Annual Memberships and Day Passes

Pet owners can purchase an annual membership or day pass at any Cary Community Center. Membership cards and day passes will allow entry through an electronic gate.

| | <u>Resident</u> | <u>Nonresident</u> |
|------------|-----------------|--------------------|
| Single Dog | \$40 | \$80 |
| Multi Dog | \$60 | \$120 |
| Day Pass | \$5 | \$10 |

With the card access system, the Town can:

- Require proof of vaccinations for the health and safety of humans and dogs
- Offset operating costs through memberships and fees
- Track usage to plan for the future
- Promote registration of dogs within Cary

Where to Get Your Pass:

Bond Park Community Center, 150 Metro Park Drive, in Fred G. Bond Metro Park

Herbert C. Young Community Center, 101 Wilkinson Ave, adjacent to Town Hall Campus

Middle Creek Community Center, 123 Middle Creek Park Ave, on Middle Creek High School campus

For More Information:

(919) 469-4064 (weekdays between 8 a.m.-5 p.m.)

After hours and weekends: (919) 462-3970.

DON'T FORGET TO RENEW YOUR PASS!

Annual passes are good for one year from date of purchase. Pass holders receive a renewal reminder in the mail approximately one month prior to expiration date. To renew a pass, owners need to complete the registration form including Pet ID tag number, sign the waiver, and bring proof of rabies vaccination to any community center. If you do not receive a reminder in the mail, please contact Bill Eucker at (919) 469-4100.

DON'T MISS OUT!

Check out the pet education classes in the Special Interest section.





Since 1980, the Town of Cary has been building greenways to bring open spaces within easy walking distance to Cary's neighborhoods. Greenways are an environmental, economic and recreational resource for all to enjoy. Currently there are over 50 miles of greenways that link to neighborhoods, parks and schools. The majority of the trails are paved and are generally located in floodplain areas and along wooded stream corridors.

Cary greenways and trails are open from sunrise to sunset. The standard greenway trail is 10-foot-wide asphalt. Keep in mind when trying to locate a greenway trail that parking is not always provided and parking on streets is required to access many trails. Please be considerate of private property nearby when parking. For additional information, see the rules and regulations section.

Greenways enhance our lives in many ways by:

- Providing a recreational amenity for walking, jogging, and bicycling in a natural setting remote from traffic;
- Preserving pristine open space to enhance Cary's quality of life;
- Linking our neighborhoods with parks, schools, community centers, and other neighborhoods;
- Helping to control stormwater runoff, curb erosion, and minimize flooding which can damage our property;
- Improving Cary's water quality by buffering streams, filtering pollutants, and recharging our groundwater;
- Adding value to our property by merit of proximity.

Parks are for People and Pets on Leash

Did You Know? Town Ordinance requires that pets stay on leash whether you are visiting a park or walking a greenway. Keep your pet and others safe by observing the law.

Get the Scoop on Poop
Pet owners are required by law to clean up after their pets. When you take your pet outside grab a bag and scoop the poop.



For a detailed map of the Parks and Greenways in Cary, pick up a copy of the Bike & Hike Map at any Town of Cary Facility or visit online.

BOND PARK COMMUNITY CENTER

150 Metro Park Drive (919) 462-3970

The Bond Park Community Center is a 29,000 square foot facility nestled in the surroundings of Fred G. Bond Metro Park. The center features 2 full size gymnasiums for athletic programs and 3 multi-purpose rooms for meetings and classes. The Bond Park Community Center hosts a variety of programs and camps. There are locker rooms on site and all the rooms are available for reservation.

Hours*: Mon-Fri: 9 a.m.-10 p.m.
 Sat: 9 a.m.-6 p.m.
 Sun: 1 p.m.-6 p.m.∞

Rental applications are accepted Monday through Friday from 9 a.m. to 6 p.m. Call the Bond Park Community Center at (919) 462-3970 for more information.

| <u>Meeting Rooms</u> | <u>Capacity</u> | <u>Resident Fee</u> |
|--------------------------|-----------------|---------------------|
| Maple Room w/Kitchenette | 99 chairs^ | \$49/hour |
| Oak Room w/Kitchenette | 99 chairs^ | \$49/hour |
| Dogwood Room | 60 chairs^ | \$29/hour |

Gymnasiums (for athletic activities only)

| | |
|--------------|-----------|
| Magnolia Gym | \$55/hour |
| Sycamore Gym | \$55/hour |

Equipment Rental

| | |
|------------------------------------|-----------|
| Volleyball Net (fee per net) | \$25/use |
| Badminton Net (fee for 2) | \$25/use |
| Gym Scoreboard (includes operator) | \$15/hour |



Need a place for your next picnic, party, reunion, reception or corporate function?

You can check availability online at <http://classweb.townofcary.org>

Click on facilities tab under EZ Reg and view facilities appropriate for your function, check for available dates and then give us a call, we can rent you a space over the phone, making planning EZ for you!!! Some picnic shelters are available for on-line booking through EZ Reg, call any community center for information.

- * Closed on official town holidays
- ∞ Closed on Sundays April through October
- ^ Capacities are reduced when table seating is required

HERBERT C. YOUNG COMMUNITY CENTER

101 Wilkinson Avenue (919) 460-4965

The Herbert C. Young Community Center features several areas for recreation programs and meeting rooms. The center contains a double gymnasium on the lower level for athletic programs, fitness and activity classes, which can also be converted into space for cultural performances and meetings. The upper level contains two meeting rooms with adjacent kitchen for catering. Locker rooms and the center office comprise the remaining space.

Hours*: Mon-Fri: 9 a.m.-10 p.m.
 Sat: 9 a.m.-6 p.m.
 Sun: 1 p.m.-6 p.m.∞

Rental applications are accepted Monday through Friday from 9 a.m. to 6 p.m. Call the Community Center at (919) 460-4965 for more information.

| <u>Meeting Rooms</u> | <u>Capacity</u> | <u>Resident Fee</u> |
|-------------------------|-----------------|---------------------|
| Room A | 250 chairs^ | \$80/hour |
| Room B | 175 chairs^ | \$49/hour |
| Kitchen (Catering Only) | | \$29/hour |

Gymnasium

| | |
|--------------------------|-----------------|
| Gym | \$55/hour |
| Gym Floor Covering | \$200/use |
| Chairs for Gym | \$20/100 chairs |
| Tables for Gym | \$2/table |
| Parquet Wood Dance Floor | \$525/use |
| 40' Pipe and Drape | \$300/use |

Equipment Rental

| | |
|------------------------------------|-----------|
| Volleyball Net (fee per net) | \$25/use |
| Gym Scoreboard (includes operator) | \$15/hour |

MIDDLE CREEK COMMUNITY CENTER

123 Middle Creek Park Avenue (919) 771-1295

Middle Creek Community Center represents a collaborative effort between the Town of Cary and the Wake County Public School System. The Community Center, adjacent to Middle Creek School Park, has a gymnasium and two multi-purpose rooms. Programs are offered in fitness, dance, martial arts, fencing, preschool music, science and technology, and enrichment programs in history, science, and literature.

Hours*: Mon-Fri: 9 a.m.-10 p.m.
 Sat: 9 a.m.-6 p.m.
 Sun: 1 p.m.-6 p.m.∞

Rental applications are accepted Monday through Friday from 9 a.m. to 6 p.m. Call the Community Center at (919) 771-1295 for more information.

| <u>Meeting Rooms</u> | <u>Capacity</u> | <u>Resident Fee</u> |
|----------------------|-----------------|---------------------|
| East Room | 150 chairs^ | \$49/hour |
| West Room | 150 chairs^ | \$49/hour |

Gymnasiums (for athletic activities only)

| | |
|-----------|-----------|
| South Gym | \$55/hour |
|-----------|-----------|

Equipment rental

| | |
|------------------------------------|-----------|
| Volleyball Net (fee per net) | \$25/use |
| Gym Scoreboard (includes operator) | \$15/hour |

CARY SENIOR CENTER

120 Maury O'Dell Place (919) 469-4081

This 17,000 square foot Cary Senior Center is a recreation and education facility designed by and for older adults of our community. Resources for Seniors, Inc. also has a staffed office within the Cary Senior Center and provides information and referral services to visitors.

Hours*: Mon-Thu: 9 a.m.-9 p.m.
 Fri - Sat: 9 a.m.-6 p.m.
 Sun: Closed

Rental applications are accepted Monday through Friday from 9 a.m. to 6 p.m.. Call the Cary Senior Center at (919) 469-4081 for more information.

| <u>Meeting Rooms</u> | <u>Capacity</u> | <u>Resident Fee</u> |
|---|-----------------------|---------------------|
| Ball Room (including gazebo) | 300 chairs^ | \$95/hour |
| Ball Room 1 | 100 chairs^ | \$49/hour |
| Ball Room 2 | 150 chairs^ | \$69/hour |
| Kitchen (catering only) | | \$29/hour |
| Kitchen rented only with Ball Room or Ball Room 2 | | |
| Courtyard-Gazebo courtyard-gazebo rented only rented with Ball Room 2 | | \$15/hour |
| Conference Room | 12 chairs | \$20/hour |
| Stage (set up fee) | | \$100/use |
| Classroom 302 | 30 chairs with tables | \$39/hour |
| Coffee Urn | | \$25/use |
| 40' Pipe and drape | | \$300/per use |

General Community & Senior Center Rental Information

- Nonresidents may rent facilities at 1.5 times the resident rental fee.
- Reservations for Sunday through Thursday are accepted by residents no more than three months in advance, nonresidents two months in advance.
- Reservation for Friday and Saturday are accepted by residents no more than six months in advance, nonresidents five months in advance.
- There is a 2-hour minimum rental.
- An additional \$25 per hour is charged for rentals outside the normal hours of operation.
- Cary based non profit groups receive a 50% discount in the regular hourly rental fee for rentals Monday through Friday, 8 a.m.-2 p.m..
- All renters are required to pay a refundable damage deposit equal to 25% of the rental fee or a minimum of \$100.
- Fees are subject to change.
- Other rules and fees apply, per the rental agreement. For additional information, contact the Center you are interested in renting.

PAGE-WALKER ARTS & HISTORY CENTER

119 Ambassador Loop (919) 460-4963

The historic Page-Walker Arts & History Center is a beautiful location for weddings, receptions, business meetings and social gatherings. Hardwood floors, high ceilings, large windows and fine art provide an elegant, intimate and charming setting. The Page-Walker's beautifully landscaped garden area is a popular site for wedding ceremonies. The Page-Walker was built in 1868 as a railroad hotel by Town of Cary Founder, Allison Francis Page, and is listed on the National Register for Historic Places. A complete restoration in the 1990s converted the building into an arts and history center for the citizens of Cary. Today the center is alive with classes, events, performances, meetings and fine arts exhibitions featuring local and regional artists' works.

Hours: Mon-Thu: 10 a.m.-9:30 p.m.
 Fri: 10 a.m.-5 p.m.
 Sat: 10 a.m.-1 p.m.
 Fri evening-Sun: By reservation

| <u>Rooms</u> | <u>Capacity</u> | <u>Resident Fee</u> | <u>Min.</u> | <u>Deposit</u> |
|------------------|-----------------|---------------------|-------------|----------------|
| 1st Floor (M-Th) | 99^ | \$70/hr | 2hr | \$250 |
| (Fri-Sun) | | \$100/hr | 6hr | |

Main Gallery, parlor, catering kitchen, lobby, brick courtyard and garden area

| <u>Rooms</u> | <u>Capacity</u> | <u>Resident Fee</u> | <u>Min.</u> | <u>Deposit</u> |
|------------------|-----------------|---------------------|-------------|----------------|
| 2nd Floor (M-Th) | 42^ | \$35/hr | 2hr | \$100 |
| (Fri-Sun) | | \$50/hr | 2hr | |

Education Room/Gallery, furnished side parlor and classroom

| <u>Rooms</u> | <u>Capacity</u> | <u>Resident Fee</u> | <u>Min.</u> | <u>Deposit</u> |
|------------------|-----------------|---------------------|-------------|----------------|
| 3rd Floor (M-Th) | 60^ | \$45/hr | 2hr | \$125 |
| (Fri-Sun) | | \$68/hr | 2hr | |

Archive Gallery and classroom

General Page-Walker Rental Information

- Town of Cary residents receive special discounted rates (listed above). Nonresidents may rent at 1.5 times the resident fee.
- Rental applications are accepted Monday through Friday from 10 a.m. to 5:00 p.m.
- First floor rentals include the use of main gallery, parlor, brick court yard, garden plaza and kitchen.
- Cary-based non-profit cultural organizations may apply for a 50% discount in regular hourly rental fee Sunday-Thursday.
- Reservations for Sunday through Thursday are accepted from Cary residents up to three months in advance, non-residents two months in advance.
- Reservations for Friday and Saturday are accepted from Cary residents up to twelve months in advance, non residents six months in advance.
- Rentals include the use of tables and chairs.

- * Closed on official town holidays
- ∞ Closed on Sundays April through October
- ^ Capacities are reduced when table seating is required

CARY ARTS CENTER

101 Dry Avenue

(919) 469-4069

The Cary Arts Center is a 48,000 square foot facility dedicated to the visual and performing arts. The center features a 393 seat fully functioning theatre, 8 multi-purpose programming rooms, dedicated gallery space, large multi-room clay studio, and performance production labs. The center is home to the town's Marvelous Music Series and Applause! Cary Youth Theatre and provides programming space for the town's extensive visual and craft arts programs. The center provides a public rental program that includes the theatre and select rooms and spaces in the facility.

Hours:

Sep-May

Jun-Aug

| | |
|--------------------------|----------------------------|
| Mon-Thur: 9 a.m.-10 p.m. | Mon-Thur: 9 a.m.-10 p.m. |
| Fri-Sat: 9 a.m.-11 p.m. | Fri-Sat: 9 a.m.-10:30 p.m. |
| Sun: 1 p.m.-6 p.m. | Sun: CLOSED |

Rental applications are accepted Monday – Friday from 9 a.m. to 6pm. Call the Arts Center at (919) 469-4069 for more information.

Meeting Rooms

Residents

| | |
|-----------------|--|
| Conference Room | \$25 per hr |
| Principals Hall | \$55 per hr |
| Studio M10 | \$49 per hr |
| Marcus Dry Room | \$99 per hr |
| Theatre | \$600 for a minimum of 5 hrs (\$100 each additional hr) |
| Catering Prep | \$25 per hr |

- Town of Cary residents receive special discounted rates (listed above). Nonresidents may rent at 1.5 times the resident fee.
- Cary-based cultural organizations receive discounts on room and theatre rates. For more information on these rates, please call (919) 462-3969.
- Cary-based non profit, non cultural organizations receive a 10% discount on room and theatre rates, Mon through Fri, 9 a.m.-4 p.m.
- Room reservations are accepted from Cary residents no more than three months in advance, non-residents two months in advance for rentals Sun-Thur.
- Room reservations are accepted from Cary residents no more than six months in advance, non-residents five months in advance for rentals Fri and Sat.
- Theatre reservations will be accepted from all residents June 1 for rentals that will occur September 1, 2013 through August 31, 2014. There is a two-hour minimum rental for non-theatre rooms and a five-hour minimum rental for the theatre.
- An additional \$25 per hour is charged for rentals outside normal operating hours (noted above).

For more information on payments, deposits, cancellations or specifics on the theatre, please call (919) 469-4069 and ask for a copy of the Room Rental or Theatre Rental Guide.

STEVENS NATURE CENTER AT HEMLOCK BLUFFS NATURE PRESERVE

2616 Kildaire Farm Road

(919) 387-5980

Hemlock Bluffs Nature Preserve, located in Southern Cary, is a unique site of approximately 140 acres. The site features almost 3 miles of trails, and includes a system of north-facing bluffs along Swift Creek, which support a population of Eastern Hemlock trees and other vegetation unusual to this area. The Nature Preserve is listed on the State Registry of Natural Heritage Areas. The Stevens Nature Center is a 3,700 square foot facility comprised of an exhibit hall, a classroom for program activities, restrooms, and office space. Exhibits are designed to explain the uniqueness and natural history of the area to the visitor, as well as to educate citizens about the environment.

Nature Preserve Hours: 9 a.m.-sunset

Nature center hours year-round:*

| | |
|----------|----------------|
| Mon-Sat: | 10 a.m.-5 p.m. |
| Sun: | 1 p.m.-5 p.m. |

FRED G. BOND METRO PARK & BOATHOUSE

801 High House Road

(919) 469-4100

Bond Park, a 310-acre facility, is one of the larger municipal parks in Wake County. All facilities are integrated into a natural setting surrounded by trees. The park offers a 42-acre lake for fishing and boating, as well as picnic shelters, athletic fields, an amphitheatre, trails, a large playground and the Challenge 'Ropes' Course.

Park Hours:

Year Round

Gates are open by 7:30 a.m. and close at dusk. Please observe the posted closing times at the gates.

Boat Rental Hours:

Apr, May, Sep, Oct

| | |
|---------------------|---------------|
| Saturdays, Holidays | 8 a.m.-6 p.m. |
| Sundays | 9 a.m.-6 p.m. |

Jun – Aug*

| | |
|---------------------|----------------|
| Weekdays | 10 a.m.-7 p.m. |
| Saturdays, Holidays | 7 a.m.-7 p.m. |
| Sundays | 9 a.m.-7 p.m. |

Nov – Mar

Closed

* Closed weekdays with the start of Wake County traditional school year.

- * Closed on official town holidays
- ∞ Closed on Sundays April through October
- ^ Capacities are reduced when table seating is required

WAKEMED SOCCER PARK

201 Soccer Park Drive (919) 858-0464
 WakeMed Soccer Park is a 150 acre athletic complex with seven fields designed for matches, training, and clinics in addition to a cross country course. The facility includes a 10,000 seat stadium that has locker rooms for teams and officials, concession facilities, meeting/ press rooms, and training rooms. The cross country course is open to the general public even when the park has scheduled rentals on its fields, unless the rentals or special events involve exclusive use of the park or cross country course. WakeMed Soccer Park is located off Chatham Street between Maynard Road and the I-40 overpass.

Office Hours:

Mon-Fri: 8 a.m.-5 p.m.

Field Rental Hours:

Mon-Sun: 8 a.m.-11 p.m. (2 lighted fields)

Cross Country Course Hours:

Mon-Fri: 8 a.m.-5 p.m.
 Weekday Evenings: 5 p.m.-dusk (when WMSP is open)

THOMAS BROOKS PARK/ USA BASEBALL NATIONAL TRAINING COMPLEX

200 Brooks Park Lane (919) 387-5844
 USA Baseball National Training Complex is located within the 220-acre Thomas Brooks Park. The complex has 4 lighted fields designed and built to Major League Baseball standards. Fields are available by reservation for tournaments and individual use. It was built in a partnership with USA Baseball and serves as the training facility for their Youth to Professional National Teams who participate internationally. The Town also hosts a variety of local, regional and national baseball tournaments, games and other events annually at the NTC, including the NCAA Division II Baseball Championship and the Tobacco Road Marathon. For a list of events visit www.townofcary.org and search "NTC".

Office Hours:

Mon-Fri: 8 a.m.-5 p.m.

Field Rental Hours:

Mon-Sun: 8 a.m.-11 p.m.

SK8-CARY

2040 N.W. Maynard Road (919) 380-2970
 Located within Godbold Park, Sk8-Cary is a lighted 12,000 square foot street-style course designed for skateboard, inline skates and BMX bikes. The facility is open year-round, weather permitting, with different sessions for bikers and skaters.

Hours: Vary per season, please see the Sk8-Cary page in this brochure or call for more information

KOKA BOOTH AMPHITHEATRE AT REGENCY PARK

8003 Regency Parkway (919) 462-2025
 The Amphitheatre at Regency Park is one of the most distinctive performing arts venues in the southeast. The performance season runs from April through October, and is the summer home of the North Carolina Symphony and a variety of performances, including movies, throughout the season. See www.boothamphitheatre.com for event information.

Hours: Sunrise to Sunset, except on event days.

CARY TENNIS PARK

2727 Louis Stephens Drive (919) 462-2061
 Located on 24 acres, Cary Tennis Park is the state's largest hard surface public facility. It features 33 tennis courts—29 78' courts, 8 of which are lined for the ten and under 60' play format; and 4 permanent 36' courts. Amenities include a grandstand court, double-sided practice wall, locker rooms with showers, and a clubhouse with meeting room. Clinics and private lessons are offered.

Park Hours: Mar 1 – Nov 30 Mon-Sun: 8 a.m.-10 p.m.
 Dec 1 – Feb 28 Mon-Sun: 8:30 a.m.-9 p.m.
 (closed select Town holidays)

* Closed on official town holidays
 ∞ Closed on Sundays April through October
 ^ Capacities are reduced when table seating is required



SEARS SHELTER



HERBERT C. YOUNG COMMUNITY CENTER



CARY SENIOR CENTER



NORTH CARY PARK SHELTER



BOND PARK SHELTER



PAGE-WALKER ARTS & HISTORY CENTER

PICNIC SHELTER RESERVATION

Picnic shelters may be reserved year-round. Call the Herbert C. Young Community Center at (919) 460-4965, Bond Park Community Center at (919) 462-3970, or Middle Creek Community Center at (919) 771-1295 or classweb.townofcary.org.

SERTOMA AMPHITHEATRE RESERVATIONS

The Sertoma Amphitheatre is located between the Kiwanis Picnic Shelter and Bond Lake on a natural site at Fred G. Bond Metro Park. The facility accommodates 350 spectators for outdoor performances. Concurrent rental of the Kiwanis Picnic Shelter is included in the rental fee.

Reservation Fees:

| | | |
|--------------------|---------------|----------------|
| Mon-Fri | 1/2 day/\$125 | Full Day/\$250 |
| Sat-Sun & Holidays | 1/2 day/\$200 | Full Day/\$400 |

Reservation Times

Mar-Oct
1/2 day = 9 a.m.-2 p.m. or 3-7:30 p.m.
or hourly 9 a.m.-7:30 p.m.

Nov-Feb
1/2 day = 9 a.m.-2 p.m. or 3-5:30 p.m.
or hourly 9 a.m.-5:30 p.m.

Picnic Shelter Rental Information

Reserve hourly shelters online at classweb.townofcary.org

- Reservations are accepted by residents no more than six months in advance, nonresidents five months in advance.
- Full fee is due at booking.
- There is a 2 hour minimum rental.
- Special permission required and an additional \$25 per hour is charged for rentals beyond the normal hours of operation.
- A \$25 cancellation fee is charged for canceled or changed reservations within 30 days of reserved date.
- Cancellations within one week of reserved date will result in forfeiture of all rental fees.
- Fees are subject to change.
- Other rules and fees apply, per the rental agreement. For additional information, contact a Community Center.

| Shelters 1/2 and Full Day Fees | Resident Fees | | Nonresident Fees | | Capacity | Restrooms | Lights | Electricity | Water | Grills |
|---|---------------|----------------|------------------|----------------|----------|-----------|--------|-------------|-------|--------|
| | 1/2 Day | Full Day | 1/2 Day | Full Day | | | | | | |
| Kiwanis (at Bond Park) Mon-Fri Sat-Sun & Holidays | \$70 \$85 | \$130 \$160 | \$105 \$128 | \$195 \$240 | 200 | X | X | X | X | X |
| Rotary (at Ritter Park) Mon-Fri Sat-Sun & Holidays | \$60 \$75 | \$120 \$150 | \$90 \$113 | \$180 \$225 | 250 | X | X | X | | X |
| North Cary Park Mon-Fri Sat-Sun & Holidays | \$60 \$75 | \$120 \$150 | \$90 \$113 | \$180 \$225 | 100 | X | | | | |

| Shelters Per hr fees (2 hr min) | Resident Fees (hourly) | Nonresident Fees (hourly) | Capacity | Restrooms | Lights | Electricity | Water | Grills |
|---|------------------------------|---------------------------------|----------|-----------|--------|-------------|-------|--------|
| Buehler (at Bond Park) Mon-Fri Sat-Sun & Holidays | \$14 \$20 | \$21 \$30 | 50 | X | X | X | X | X |
| Davis Drive Park Mon-Fri Sat-Sun & Holidays | \$12 \$17 | \$18 \$26 | 30 | X | | | X | |
| Marla Dorrel Park (formerly Kids Together Park) Mon-Fri Sat-Sun & Holidays | \$14 \$20 | \$21 \$30 | 40 | X | | | X | |
| White Oak Park Mon-Fri Sat-Sun & Holidays | \$12 \$17 | \$18 \$26 | 40 | X | | X | X | |
| Soccer Shelter (at Brooks Park) Mon-Fri Sat-Sun & Holidays | \$12 \$17 | \$18 \$26 | 30 | X | X | | X | X |
| Playground Shelter (at Brooks Park) Mon-Fri Sat-Sun & Holidays | \$12 \$17 | \$18 \$26 | 40 | | | X | X | X |
| Ropes Course Shelter (at Bond Park) Mon-Fri Sat-Sun & Holidays | \$12 \$17 | \$18 \$26 | 30 | X | X | X | X | X |
| Screened Porch (at Bond Park) Mon-Fri Sat-Sun & Holidays | \$14 \$20 | \$21 \$30 | 20 | X | X | X | X | |

Athletic Field Reservations

While Town of Cary athletic programs have priority for usage, it is possible to reserve athletic fields during times that they are not being used by the Cary Parks, Recreation, and Cultural Resources Department (CPRCRD). There are three categories of field reservations offered by the CPRCRD which are listed below, along with descriptions of each and the methods of obtaining a reservation. Field reservation inquiries should be directed to the Athletics Division at (919) 469-4062.

Fields are available for reservation from March 1-October 31 at the following times:

Weekdays 9 a.m.-2 p.m. on days CPRCRD games are scheduled for the evening.

Weekends 9 a.m.-10 p.m. when CPRCRD does not have leagues scheduled.

Fields are closed November-February in order to allow for turf recovery and renovation.

CPRCRD reserves the right to cancel the use of the fields as a result of inclement weather. Cancellations due to weather may be rescheduled by the renter on a case by case basis. Reservation fees are non-refundable. Bases are not normally provided as a part of field reservation, however throw-down bases can be arranged for any facility by contacting the Bond Park staff at (919) 469-4100. Athletic field reservation fees are subject to change.

SOFTBALL/BASEBALL COMPLEX RENTALS

The Softball/Baseball Complexes (4 fields each) at Middle Creek Park and Thomas Brooks Park are available for tournaments and event rentals. For more information on the availability and fee structures on renting either of the complexes please contact Thomas Brooks Park at (919) 387-5844.

MULTI PURPOSE FIELD RENTALS

The athletic facilities listed below are available for hourly rentals for practices, matches, meets or event rentals. For more information on the availability and fee structures on renting these facilities, contact WakeMed Soccer Park at (919) 858-0464.

- WakeMed Soccer Park: Soccer Fields and Cross County Course
- Mills Park: Multipurpose Fields and Track
- Middle Creek Park: Multipurpose Fields

HOURLY BASEBALL/SOFTBALL FIELD RESERVATION

Reservations for hourly use of athletic fields are accepted beginning on Monday before the desired rental date. Exceptions may be made for organized tournaments or events. Reservations for tournaments and events may be arranged at the discretion of our Athletics Division. Reservations may be made in person at the administrative offices of the CPRCRD located at 316 N. Academy St., or by calling (919) 469-4061, Monday-Friday from 9 a.m.-4:30 p.m.

Hourly Baseball/Softball Field Fees

| | |
|---|----------------------------------|
| Resident Field usage fee | \$30 per hour |
| Nonresident Field usage fee | \$50 per hour |
| Light usage fee | \$10 per hour (extra fee) |
| Field preparation fee (Includes dragging and lining) | \$25 per preparation (extra fee) |

(Fees subject to change)

BASEBALL/SOFTBALL FIELD WITH CONCURRENT PICNIC SHELTER RESERVATION

As a convenience, persons renting Kiwanis, Buehler, or Rotary picnic shelters may also concurrently rent the athletic fields adjacent to each. Persons may rent these fields up to (3) months in advance from March through October. Fields and times are limited to accommodate Town programming. Persons/groups making picnic shelter reservations that do not also reserve the ball field at the same time are not guaranteed that the ball field will be available for reservation at a later date. The fees for renting an athletic field with a picnic shelter are the same as hourly athletic field fees plus the shelter rental fee.

When considering concurrent field and shelter rental, individuals should first call a community center to inquire about availability of a shelter. Then call the Athletics Division at (919) 469-4062 to inquire about availability of the field. Shelter reservations can be made in person or by calling one of the Community Centers (Bond Park Community Center, Herbert C. Young Community Center or Middle Creek Community Center). Field reservations may be made in person or by calling the Parks, Recreation & Cultural Resources administrative office.



4 EZ Ways to Register

Registration Dates:

May 6 – Cary Residents • May 20 – Nonresidents

➤ Online Registration

- Go to classweb.townofcary.org
- Click on EZ-REG Web and select the Activities tab to begin
- Pay with VISA or MasterCard



➤ Automated Phone Registration

- Call (919) 462-2017
- Follow the directions
- Pay with VISA or MasterCard

➤ Mail-In Registration

- Mail completed registration form along with a check made payable to Town of Cary to:
Program Registration
Cary Parks, Recreation & Cultural Resources
PO Box 8005
Cary, NC 27512-8005

➤ Walk-In Registration

- Visit any Parks, Recreation & Cultural Resources staffed facility, See page 2 for a complete list of facilities
- Pay with check, cash, VISA, MasterCard or gift card

What You Need to Register

- ✓ Your Client Codes
- ✓ Family Account Pin
- ✓ Course Code for Program
- ✓ Payment

How do I Get a Client Code and Family Account Pin?

If you are new to Cary PRCR you may set up a family account for free by stopping by or calling any staffed facility (see page 2 for a listing), or print out the family account form found at classweb.townofcary.org and mail it to the address on the back of the form, fax it to **(919) 462-2060**, or visit the Help Desk at EZREG Web for further information.

Forgot your Client Code or Family Account Pin?

If your email is in our system, your codes may be sent to you by going to classweb.townofcary.org, click on EZ-REG WEB on the right side and select Login. Select the link "Forgot Client Code and/or Account PIN?" and enter your email address. If your email is not in our system, please call any staffed facility for assistance.

Is there still space available?

You can check availability by using the course code to look up any program under the Activities tab on the EZ-REG Web site located at classweb.townofcary.org.

PROGRAM SATISFACTION GUARANTEE!

Cary Parks, Recreation & Cultural Resources Department continually strives to provide quality programs. We offer a satisfaction guarantee for programs in which you participate. Call for more information (919) 469-4061.

Important Notes:

- Cary PRCR reserves the right to photograph program participants for publicity purposes.
- Cary PRCR reserves the right to alter schedules, fees and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached.
- A waiver must be on file for each class before the first day of participation. A copy of the waiver is available at any staffed facility or on the Town's website (www.townofcary.org).

For assistance, call (919) 469-4061, email recreation.support@townofcary.org.

Registration Information

Cary Parks, Recreation & Cultural Resources continues to develop ways to make program registration easier for the citizens of Cary. Cary residents are given the opportunity to mail-in registration forms or electronically register before the designated walk-in registration date. A copy of the Program Registration Form, plus the entire brochure, is available on the Town of Cary's website at www.townofcary.org. Please note that separate registration forms may be required for Camps, Athletic Programs and Special Events. Please read the brochure information carefully on how to register for each program or activity.

REGISTRATION PAYMENT

Walk-in registrants may bring cash, money order, check (made payable to "Town of Cary"), Visa or MasterCard card as payment for registration. Mail-in registrants may pay via check only. Some classes will fill quickly. If you are willing to credit your account, write one check. If not, please write separate checks for each class per person. (A credit can be used toward any future program registration.) Electronic registration services accept only Visa or MasterCard as payment. Full payment must be made at the time of registration. Accounts will be charged a \$25 fee for returned checks. Participants with declined payment may be withdrawn from the class.

WITHDRAWAL AND REFUND POLICY

Registration fees are 100% refundable when the department cancels the activity. A participant wishing to withdraw from a class that has not been cancelled by the department must provide a written request at least one week before the scheduled start of the class. They may receive 100% credit to the family's account, valid for one (1) year, may request a Cary PRCR Gift Card, valid for three (3) years from date of last use, or may request a refund minus a minimum of \$5 administrative fee per participant per class. Within the week prior to the scheduled start of a class, refund/credits/gift cards will not be given except for verified medical/hardship cases. Refund for payments made by check cannot be processed for three weeks from the date payment was made.

PHOTO POLICY

Cary Parks, Recreation & Cultural Resources Department reserves the right to photograph program participants for publicity purposes.

SCHEDULE CHANGES & CANCELLATION

Cary Parks, Recreation & Cultural Resources reserves the right to alter schedules, fees and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached.

WAIVER POLICY

A waiver, signed by the parent or guardian, must be on file for each class before the first day of participation. A copy of the waiver is available at any Town of Cary PRCR Facility and at classweb.townofcary.org. Registrants without signed waivers will not be allowed in class.



The Town of Cary provides the opportunity for Cary residents to apply for scholarships and/or reduction of fees for Parks, Recreation & Cultural Resources' programs. If you are interested in donating \$1 or more to the Relief for Recreation scholarship fund, please indicate it in the total on your registration form and include it in your check. Thank you!

To Apply for a Scholarship – Dorcas Ministries receives scholarship applications Monday-Friday, 10 a.m.-12:00 p.m. Dorcas Ministries can be reached at (919) 469-9861 Monday-Friday, 10 a.m.-1 p.m. Cary Plaza, 179 High House Road, Cary 27511.



Please call (919) 469-4061 or any of our facilities with questions regarding our registration process.

Wondering if there is still space available?

Check class availability from the convenience of any computer.

1. Log onto classweb.townofcary.org
2. Click on the **EZ-REG Web** link on the sidebar
3. Click on the **Activities** tab
4. Check availability by using the course code number in the **Quick Link** box, keywords in the **Advanced Search**, or you can display classes by topic/facility.



Personal access codes are not required to check availability; however they are required to register online.

Town of Cary Parks, Recreation and Cultural Resources Department Program Registration Form

Main Contact

(Information provided may be subject to the NC Public Records Law.)

Last Name _____ First Name _____
 Male Female DOB ____/____/____ Are you a Cary Resident? Yes No
 Mailing Address _____
 City _____ ST _____ Zip _____ Home Phone _____
 Work Phone _____ Mobile Phone _____ *Email _____
 1st Emergency Contact _____ Phone _____
 Non Household Emergency Contact _____ Phone _____
 Registration Receipt: I would like my receipt (please check one) emailed (valid email address required) printed/mailed

* By providing my email address I agree to receive email communication from Town of Cary.

Participant #1 Information

Participant #1 Name _____ Male Female
 DOB ____/____/____ Rising Grade (Summer Camps) _____
 Is this person allergic to anything? _____ Currently taking any medications? _____ Have any special needs? _____
 If answered yes to any of these questions, please explain in detail: _____

Programs are provided for people of all abilities. If you need a reasonable modification, please check YES below and complete the registration at least two weeks prior to the start of the program/class. Each request will be assessed in compliance with ADA. YES

| Course Code | Program Name | Location | Date | Time | Fee ¹ |
|-------------|--------------|----------|-------|-------|------------------|
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |

Participant #2 Information

Participant #2 Name _____ Male Female
 DOB ____/____/____ Rising Grade (Summer Camps) _____
 Is this person allergic to anything? _____ Currently taking any medications? _____ Have any special needs? _____
 If answered yes to any of these questions, please explain in detail: _____

Programs are provided for people of all abilities. If you need a reasonable modification, please check YES below and complete the registration at least two weeks prior to the start of the program/class. Each request will be assessed in compliance with ADA. YES

| Course Code | Program Name | Location | Date | Time | Fee ¹ |
|-------------|--------------|----------|-------|-------|------------------|
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |

Payment Information

MAKE CHECKS PAYABLE TO "Town of Cary"



² Scholarship Donation \$ _____

TOTAL AMOUNT DUE \$ _____

¹ Nonresident, pay fee indicated in program description.

² I would like to donate \$1 or more to the scholarship fund. See registration information for more details.

WAIVER

I, for myself or as parent or guardian, hereby assume all the risks and hazards incidental to the conduct of the activities and transportation to and from the activities. I release, absolve, and indemnify the Town of Cary, employees of the Town, volunteers, contractors and/or sponsors from all risks and hazards associated with the activities and in the event of injury, do expressly waive all claims against them. **I understand that no insurance coverage is provided by the Town of Cary Parks, Recreation and Cultural Resources Department.** By registering for this program, I understand and agree that if a portion of the program is unable to be completed due to inclement weather or other unforeseen circumstances, I will receive a prorated credit on my account for the uncompleted portion of the program. Further, I understand and agree that I have up to one year to use the credit and if it is not used within the one year, the credit will be donated on my behalf to the PRCR Scholarship Fund.

Signature: _____ Date: _____

Frequently Requested Contacts

Other area organizations offer sports/recreational activities for you and your family. Cary Parks, Recreation & Cultural Resources is not affiliated with any of these organizations. Please contact these agencies for details.

ASSOCIATIONS/ORGANIZATIONS

- Carolina RailHawks..... (919) 859-5425/www.carolinarailhawks.com
- Cary Farmer's Market..... www.caryfarmersmarket.com
- Cary Family YMCA (919) 469-9622/www.ymcatriangle.org
- Miracle League of the Triangle..... (919) 238-0333/www.miracleleagueofthetriangle.org
- North Carolina Road Runners Club (919) 434-7700/www.ncroadrunners.org
- Premier Co-Ed Sports.....(919) 605-7163
- Raleigh Swimming Association.....(919) 859-4881/www.swimrsa.org
- Raleigh Youth Hockey.....(919) 874-7474/www.ryha.org
- Triangle Aquatic Center(919) 459-4045/www.triangleaquatics.org
- Triangle Sports Social Club.....(919) 293-0105/www.trissc.com
- Western Wake Farmers Marketwesternwakefarmersmarket.org
- Western Wake Tennis Association..... www.westernwaketennis.com

EVENTS

- Cary Band Day(919) 460-3572/www.caryband.org
- Cary Jaycees Christmas Parade..... (919) 404-9865/www.caryjaycees.org

FOOTBALL/CHEERLEADING

- Carolina Copperheads Football & Cheerleading.....(919) 460-6265/
www.carolinacopperheads.org
- Pop Warner Football & Cheerleading.....www.carypopwarner.org

LOCAL PARKS, RECREATION AND CULTURAL RESOURCES

- Apex Parks, Recreation & Cultural Resources (919) 249-3402/www.apexnc.org
- Morrisville Parks, Recreation & Cultural Resources....(919) 463-7110/www.ci.morrisville.nc.us
- Raleigh Parks & Recreation.....(919) 996-3285/www.raleighnc.org
- Wake Couty Parks Recreation & Open Space www.wakegov.com

SOCCER

- Capital Area Soccer League.....(919) 834-3951/www.casInc.com
- Carolina Soccer Club (919) 720-4641/www.crscnc.org
- Futbol Club of Cary..... (919) 413-8821/www.fccary.com
- Triangle Adult Soccer League(919) 341-4554/www.tasl.us
- Triangle Futbol Club.....(919) 640-6034/www.trianglefc.org
- Triangle United Soccer Association(919) 942-1995/www.triangleunited.org
- Wake Futbol Club(919) 249-5119/www.wakefc.com

STATE/COUNTY PARKS

- Jordan Lake State Park(919) 362-0586/www.ncparks.gov
- Lake Crabtree County Park (919) 460-3390/www.wakegov.com
- William B. Umstead State Park(919) 571-4170/www.ncparks.gov

**TOWN OF CARY WEBSITE:
WWW.TOWNOFCARY.ORG**

WEATHER-RELATED PROGRAM STATUS INFORMATION

Information about the status of Town sports programs, activities, and events, can be found online or by phone as indicated:

ONLINE

games.townofcary.org

BY PHONE

Athletic Program Status

(919) 319-4500

USA Baseball National Training Center Program/Event Status

(919) 319-BASB

WakeMed Soccer Park Program/Event Status

(919) 319-SOCR

Cary Tennis Park Program/Event Status

(919) 319-TENS

TOWN OF CARY COUNCIL MEMBERS

- Harold Weinbrecht, Mayor
- Jennifer Robinson, District A
- Lori Bush, At-Large
- Gale Adcock, District D
- Don Frantz, District B
- Ed Yerha, At-Large
- Jack Smith, District C

CARY PARKS, RECREATION & CULTURAL RESOURCES

316 N. Academy St.
Cary, NC 27513
(919) 469-4061

Mailing Address:
PO Box 8005
Cary, NC 27512-8005

Office hours: 8 a.m. to 5 p.m.
Monday through Friday,
Except for Town-observed Holidays.

MISSION STATEMENT: The mission of Cary Parks, Recreation and Cultural Resources Department is to serve, educate and enhance life for the citizens of Cary. Our professional staff plans and provides a variety of enjoyable and cost effective recreation, sports, environmental, historical and cultural arts programs and services. We acquire, develop, beautify, conserve and maintain a system of parks, greenways and recreation facilities, which will assure quality leisure opportunities for all Cary residents.

Mailing Address for all Staff:

PO Box 8005 • Cary, NC 27512-8005

Administrative Office (919) 469-4061

316 N. Academy Street • Cary, NC 27513

DirectorDoug McRailey

Administrative Division (919) 469-4061

- Operations Analyst Bruce Crocker
- Business Development Manager Linda Smith
- Recreation Projects Coordinator Helen Stanfield
- Marketing Specialist Jennifer Warner
- Parks Planning Manager Paul Kuhn
- Parks Planner Amy Mackintosh
- Parks Planner Joe Godfrey
- Parks Planner Sandi Bailey
- Administrative Specialist Gail Taylor
- Administrative Assistant Tracey Hedgpeh
- Administrative Assistant Vicki Hayes
- Customer Service Representative Myra Meeks

Athletics Division (919) 469-4062

- Athletic Manager William Davis
- Coordinator of Athletic Programs Ted Jeffcoate
- Athletic Program Supervisor Aubrey Clayton
- Athletic Program Supervisor Kirk Matthews
- Athletic Program Specialist Mike Sink

Cultural Arts Division (919) 319-4560

- Cultural Arts Manager Lyman Collins
- Festivals Coordinator Joy Ennis
- Public Art Coordinator Denise Dickens

Recreation Division (919) 469-4061

- Recreation Manager Dwayne Jones

Koka Booth

Amphitheatre at Regency Park (919) 462-2025

Managed by SMG
8003 S. Regency Parkway

Bond Park Boathouse (919) 469-4100

- 197 Bond Park Drive
- Park Supervisor Bill Eucker
- Recreation Program Specialist Tracey Filomena
- Sr. Park Operations Technician Neill Tapp

Bond Park Community Center (919) 462-3970

- 150 Metro Park Drive
- Center Supervisor Sam Trogdon
- Assistant Center Supervisor Julie Luecht
- Recreation Program Assistant Brandy Gula
- Customer Service Representative Maria Ni

Cary Senior Center (919) 469-4081

- 120 Maury O'Dell Place
- Senior Programs Supervisor Jody Jameson
- Recreation Program Specialist Stefanie Nichols
- Customer Service Representative Kristine Hinton

Cary Tennis Park (919) 462-2061

- 2727 Louis Stephens Drive
- Tennis Supervisor Sean Ferreira
- Administrative Assistant Susan Bradley
- Customer Service Representative Hilary Lindstrom

Cary Arts Center (919) 469-4069

- 101 Dry Avenue
- Facility Supervisor Robbie Stone
- Performing Arts & Operations Coordinator Sarah Preston
- Ceramic Arts Specialist Andi Dees
- Youth Theatre Coordinator Rachel Baranski
- Arts Program Specialist Nanci Tanton
- Customer Service Representative Gail Lehning
- Customer Service Representative Patty Kelly
- Technical Coordinator Cailen Waddell
- Box Office Manager Connie Di Grazia

Herbert C. Young Community Center (919) 460-4965

- 101 Wilkinson Avenue
- Center Supervisor Sonya Snyder
- Assistant Center Supervisor Cindi King
- Customer Service Representative Maryellen Boening

Middle Creek Community Center (919) 771-1295

- 123 Middle Creek Park Avenue
- Center Supervisor Tony Clark
- Assistant Center Supervisor Maria Di Benedetto

Page-Walker Arts & History Center (919) 460-4963

- 119 Ambassador Loop
- Center Supervisor Kris Carmichael
- Program Specialist Rob Garner
- Customer Service Representative Theresa Dolan

Sk8-Cary (919) 380-2970

- 2040 N.W. Maynard Road
- Facility Supervisor Billy Dexter
- Recreation Program Assistant Sarah Ambrose

Stevens Nature Center at Hemlock Bluffs Nature Preserve (919) 387-5980

- 2616 Kildaire Farm Road
- Nature Center Supervisor Laura White
- Program Specialist Mark Johns

Thomas Brooks Park/ USA Baseball National Training Complex.... (919) 387-5844

- 200 Brooks Park Lane
- Facility Supervisor Chris Duty
- Assistant Facility Supervisor Ronnie Rost

WakeMed Soccer Park (919) 858-0464

- 201 Soccer Park Drive
- Facility Supervisor Keith Jenkins
- Assistant Facility Supervisor David Crotts

BOND PARK COMMUNITY CENTER

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