

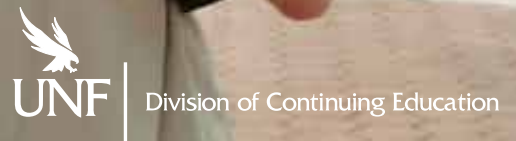


# Focus on Fun



Attention all OLLI shutterbugs!  
New Special Interest Group: Photography

29




Winter enrollment begins Dec. 3.


Look inside now!  
58 new courses »



**Eight Women Who Changed History** 10



**Speed! Daytona International Speedway** 16



**Writing Your Life Story** 31



## A SPECIAL "THANK YOU"

### I.R. Bowen and Katherine H. Bowen Fund of The Community Foundation of Northeast Florida

UNF OLLI thanks the I.R. Bowen and Katherine H. Bowen Fund of The Community Foundation of Northeast Florida for the generous grant to enhance the classroom experience of UNF OLLI students with age-related hearing loss.

## A MESSAGE FROM YOUR OLLI PRESIDENT



**DENNIS J. SULLIVAN**  
**UNF OLLI PRESIDENT**

## Happy New Year!

It is 2014 and a time of New Year's resolutions! Welcome back to UNF OLLI. More than 100 programs are offered this Winter term and provide unique opportunities for you to fulfill your resolutions to be happier and healthier. Consider becoming a VOLLI (Volunteer OLLI) to fulfill your resolution to give back to the community.

I extend a personal invitation for you to pursue your New Year's resolutions by making the most of your membership:

- Sign up for an interesting class.
- Go on an exciting ED-venture.
- Listen to an informative speaker at a Speaker Series program.
- Exchange ideas and friendship with fellow members.
- Visit [www.unfolli.com](http://www.unfolli.com) often to learn about new events and happenings.

UNF OLLI is a member-centered, volunteer-led and volunteer-staffed organization, with a vision to be the premier community of adult learners in northeast Florida.

I look forward to meeting and speaking with you to learn how I may help our program build on its past success and continuously improve to fulfill its mission.

## Live Well. Learn Forever.

# SPEAKER SERIES

**FREE TO ATTEND:** Valued at \$10 per session, Speaker Series programs provide OLLI members opportunities to explore new topics, visit other OLLI campuses and share the OLLI experience with friends and family. Reserve early.  
**Call (904) 620-4200 or visit [www.unfolli.com](http://www.unfolli.com).**

**WESTMINSTER WOODS**  
(Julington Creek)

**SECOND FRIDAY OF EVERY MONTH**  
1:30 to 3 p.m.

**FLEET LANDING**  
(Atlantic Beach)

**SECOND THURSDAY OF EVERY MONTH**  
11 a.m. to 12:30 p.m.

**UNIVERSITY OF NORTH FLORIDA**  
(Adam W. Herbert University Center)

**THIRD FRIDAY OF EVERY MONTH**  
1:30 to 3 p.m.

**GLENMOOR**  
(World Golf Village)

**SECOND FRIDAY OF EVERY MONTH**  
1:30 to 3 p.m.

Speaker Series instructors and topics to be announced.  
Watch for updates online at [www.unfolli.com](http://www.unfolli.com) and in your e-mail box.

## Come Join Us at The Top...

Special Premier Membership Available to OLLI Members—An Annual Savings of \$1000!!

- ~Complimentary Hors d'oeuvres Daily
- ~Dollar Drafts & Wine Specials
- ~Variety of Social Events such as Wine Education, Valued Dining, Cooking Classes, and Women Luncheons
- ~Free Meals & Golf When You Travel



Contact Sarah Bernstein in Membership at 904-396-1687 to schedule a tour & learn more.





# UPCOMING COURSES

## Classes are organized by:




- Location and weekday

## Then listed in the following order:


- Calendar date
- Time of day
- Alphabetical by title (if multiple classes start at one time)



## MONDAY at UNF

- |   |   |
|---|---|
| <p><b>09</b> Studio Painting<br/>Jan. 20 – Feb. 24, 1 to 3 p.m.</p> <p><b>09</b> <b>NEW</b> Operas of Giuseppe Verdi, Part II: The Galley Years Continue<br/>Jan. 27 – March 17, 9:30 to 11 a.m.</p> <p><b>09</b> Stock Market Fundamentals<br/>Jan. 27 – March 3, 9:30 to 11 a.m.</p> <p><b>10</b> St. Augustine Lighthouse and Museum<br/><b>ED-venture</b> <br/>Jan. 27, 11 a.m. to noon</p> <p><b>10</b> <b>NEW</b> Can Russia Become a Democracy?<br/>Jan. 27 – March 3, 11:30 a.m. to 1:00 p.m.</p> <p><b>10</b> <b>NEW</b> Eight Women Who Changed History<br/>Jan. 27 – March 17, 11:30 a.m. to 1 p.m.</p> <p><b>10</b> <b>NEW</b> Jacksonville's Native American History<br/>Jan. 27 – Feb. 3, 11:30 a.m. to 1 p.m.<br/><b>ED-venture</b> <br/>Feb. 10, 11:30 a.m. to 1 p.m.</p> <p><b>10</b> <b>NEW</b> Beowulf: The Monsters and the Critics<br/>Jan. 27 – Feb. 24, 1:30 to 3 p.m.</p> | <p><b>11</b> Photographing Nature with a Digital Camera<br/>Jan. 27 – Feb. 10, 1:30 to 3 p.m.</p> <p><b>11</b> <b>NEW</b> TED Talks: Conversations That Matter<br/>Jan. 27 – March 3, 1:30 to 3 p.m.</p> <p><b>11</b> Improve Your Internet Search Skills<br/>Feb. 3 – 17, 9:30 to 11 a.m.</p> <p><b>11</b> <b>NEW</b> Jacksonville Downtown from Top to Bottom<br/><b>ED-venture</b> <br/>Feb. 3, 10 to 11:45 a.m. (excluding lunch)</p> <p><b>11</b> Strategies to Make Math Easy<br/>Feb. 10, 1:30 to 3 p.m.</p> <p><b>12</b> <b>NEW</b> New Adventures in Growing Roses in North Florida<br/>Feb. 17 – March 3, 9:30 to 11 a.m.</p> <p><b>12</b> <b>NEW</b> Ritz Chamber Players Presents African-American Composers<br/>Feb. 17, 3:30 to 5 p.m.</p> <p><b>12</b> The Influence of Childhood Messages<br/>March 3 – March 10, 11:30 a.m. to 1 p.m.</p> |
|---|---|

## TUESDAY at UNF

- 12** Beginning Bridge  
Jan. 21 – March 11, 10 a.m. to noon
- 12** Beginning Woodcarving  
Jan. 21 – Feb. 25, 9:30 to 11:30 a.m.
- 12** Computer Help  
Jan. 21, 9:30 to 11 a.m.  
Jan. 28, 9:30 to 11 a.m.  
Feb. 4, 9:30 to 11 a.m.  
Feb. 11, 9:30 to 11 a.m.
- 13** Current Events  
Jan. 21 – April 8, 9:30 to 11:30 a.m.
- 13** **NEW** Introduction to MS Word 2010  
Jan. 21 to Feb. 11, 9:30 to 11 a.m.
- 13** La Florida: The Land of Flowers  
Jan. 21 – Jan. 28, 9:30 to 11 a.m.  
**ED-venture**   
Feb. 4, 9:30 to 11 a.m.
- 14** **NEW** More Movies: Our Enduring Passion  
Jan. 21 – March 18, 9:30 to 11 a.m.
- 14** **NEW** Tocqueville Revisits America  
Jan. 21 – March 11, 9:30 to 11:30 a.m.
- 14** **NEW** Stanley Kubrick: Master of Metaphor  
Jan. 21 – Feb. 25, 11:30 a.m. to 1 p.m.
- 14** **NEW** Understanding Our World: A Time Perspective  
Jan. 21 – Feb. 25, 11:30 a.m. to 1 p.m.
- 14** Intermediate Bridge  
Jan. 21 – March 11, 1 to 3 p.m.
- 14** Intermediate Woodcarving  
Jan. 21 – Feb. 25, 1 to 3 p.m.
- 15** **NEW** Read Any Good Books Lately?  
Understanding the Book Business  
and Finding Out about What to Read Next  
Jan. 21 – Jan. 28, 1:30 to 3 p.m.
- 15** What is Jazz?  
Jan. 21, 11:30 a.m. to 1 p.m.
- 15** Tai Chi for Beginners  
Jan. 28 – March 4, 9:30 to 10:30 a.m.
- 15** Classical Music and All That Jazz  
Jan. 28, 11:30 a.m. to 1 p.m.
- 15** **NEW** Masterpieces of Art: Europe's Golden Age  
Jan. 28 – March 4, 11:30 a.m. to 1:00 p.m.
- 15** **NEW** The Epic of Gilgamesh  
Jan. 28 to Feb. 11, 1:30 to 3:00 p.m.
- 16** A Walk with American Women Poets  
Jan. 28 – Feb. 18, 1:30 to 3 p.m.
- 16** **NEW** Musical Failures and Mishaps  
Feb. 4, 11:30 a.m. to 1 p.m.
- 16** **NEW** 21st Century Zoos and the  
Jacksonville Zoo and Gardens  
Feb. 11, 9:30 to 11 a.m.  
**ED-venture**   
Feb. 18 – 25, 9:30 to 11 a.m.
- 16** **NEW** India: The Good, The Bad, The Ugly  
Feb. 25, 1:30 to 3 p.m.
- 16** **NEW** Speed! Daytona International Speedway  
**ED-venture**   
March 4, 10:30 a.m. to noon (excludes lunch)
- 16** **NEW** Psychology and the Law  
March 4, 1:30 to 3 p.m.



## WEDNESDAY at UNF


- 17 **NEW** Being Well Means Seeing Well  
Jan. 22 – Jan. 29, 9:30 to 11 a.m.
- 17 The Pacific War: 1941 to 1945  
Jan. 22 – March 12, 9:30 to 11 a.m.
- 17 **NEW** The Prophets from the Hebrew Text  
in Scriptures  
Jan. 22 – March 12, 10 a.m. to noon
- 17 **NEW** American Beach from Inside and Out  
Jan. 22 – Jan. 29, 11:30 a.m. to 1 p.m.  
**ED-venture** 
- 17 **NEW** Mysteries Unlimited International  
Class dates: Jan. 22, Feb. 5, Feb. 19,  
March 5, March 26, 1:30 to 3 p.m.
- 18 **NEW** A People's History of the United States:  
Part II, 1914 – 2000  
Jan. 22 – March 19, 1:30 to 3 p.m.
- 18 **NEW** Invisible Armies: An Epic History of Guerrilla  
Warfare From Ancient Times to the Present  
Jan. 22 – March 12, 3:30 to 5 p.m.
- 18 Life on the First Coast: An Exploration  
of All Things Coastal  
Jan. 22 – March 12, 6:30 to 8 p.m.
- 19 **NEW** Intermediate Spanish Conversation  
Jan. 29 – March 5, 9:30 to 11 a.m.
- 19 **NEW** Passport to Travel  
Jan. 29 – March 5, 9:30 to 11 a.m.
- 20 The String Theory – Learn to Knit  
Jan. 29 – March 12, 1:30 to 3:30 p.m.
- 20 **NEW** Building and Maintaining Wealth through  
Proper Investment Planning  
Jan. 29 – Feb. 19, 3:30 to 4:30 p.m.
- 20 My List for Life  
Feb. 5, 9:30 to 11 a.m.

- 20 What to Ask Your Doctor  
Feb. 5 – Feb. 12, 11:30 a.m. to 1 p.m.
- 20 **NEW** How Violent Is the World Today and Why?  
Feb. 5 – March 12, 1:30 to 3 p.m.
- 20 Expand Your Thinking:  
Open-Focus Brain Training, Part II  
Feb. 12 – March 19, 11:30 a.m. to 1 p.m.
- 21 Wizard War: How Radar Saved the Allies in WWII  
Feb. 5 – March 12, 1:30 to 3 p.m.
- 21 Preparing Your Home for Sale:  
A Guide to Home Staging  
Feb. 12 – Feb. 26, 11:30 a.m. to 1 p.m.
- 21 **NEW** Fun with Numbers (or Math for the Curious)  
Feb. 19 to March 26, 11:30 a.m. to 1 p.m.
- 21 **NEW** What You Need to Know About DNA! Part II  
March 5 – March 26, 1:30 to 3 p.m.
- 21 Beach Sands, Retired Mountains  
March 26, 11:30 a.m. to 1 p.m.


## THURSDAY at UNF

- 22 French Conversation I  
Jan. 16 – March 27, 9:30 to 11 a.m.  
(No Class: March 20)
- 22 French Conversation II  
Jan. 16 – March 27, 11:30 a.m. to 1 p.m.  
(No Class: March 20)
- 22 French Conversation III  
Jan. 16 – March 27, 1:30 a.m. to 3 p.m.  
(No Class: March 20)
- 22 A View of the Criminal Justice System  
Jan. 23 – Feb. 27, 9:30 to 11 a.m.
- 22 Writing Personal Poetry  
Jan. 23 – Feb. 27, 9:30 to 11 a.m.

- 22** **NEW** Flow: Creating and Sustaining Momentum in Your Life  
Jan. 23, 10 a.m. to 2:30 p.m.  
(with a working lunch)
- 23** **NEW** All About Craft – the ABCs of Good Writing  
Jan. 23 – Feb. 27, 11:30 a.m. to 1 p.m.
- 23** **NEW** Play Reading  
Jan. 23 – March 13, 11:30 a.m. to 1 p.m.
- 23** **NEW** Pre-Civil War Northeast Florida: Native Americans, African Americans and Women on the Frontier  
Jan. 23 – Feb. 13, 11:30 a.m. to 1 p.m.
- 23** **NEW** 1914: How the Great War Began  
Jan. 23 – March 13, 1:30 to 3 p.m.
- 23** The Band Plays On (The Orchestra Too)  
Jan. 30 – March 6, 1:30 to 3 p.m.
- 24** Intermediate Tai Chi  
Jan. 30 – March 6, 9:30 to 10:30 a.m.
- 24** Learn to Use Your iPad or iPhone  
Jan. 30, 9:30 to 11 a.m.  
Feb. 6, 9:30 to 11 a.m.
- 24** **NEW** The State of the U.S. Economy, Mid-Year, 2013  
Jan. 30, 11:30 a.m. to 1 p.m.
- 24** **NEW** Vietnam War  
Jan. 30 – March 6, 9:30 to 11 a.m.
- 24** **NEW** The Metropolitan Opera Lectures  
Jan. 30 – May 8, 1 to 3 p.m.
- 25** Psychological Type: A Tool for Understanding Yourself and Others  
Jan. 30 – Feb. 27, 1:30 to 3 p.m.
- 25** Indian Spices to Improve Your Health  
Feb. 6 – Feb. 20, 11:30 a.m. to 1 p.m.

- 25** Open-Focus Brain Training for Golfers  
Feb. 6 – March 13, 1:30 to 3 p.m.
- 25** Computer Security: Knowledge to Protect Your Data, Your Finances and Your Reputation  
Feb. 13 – March 6, 9:30 to 11 a.m.
- 25** **NEW** ED-venture: Discover Flagler County – Washington Oaks and Bing's Landing  
Feb. 13, 10 a.m. to 3 p.m. (including lunch)
- 26** **NEW** The Death of Soviet Communism: Gorbachev, Yeltsin and Putin  
Feb. 13 – March 6, 11:30 a.m. to 1 p.m.
- 26** **NEW** Insiders Tour of St. Augustine, Part II  
**ED-venture**   
March 27, 10 a.m. to 2:30 p.m. (including lunch)

## FRIDAY at UNF

- 26** Special Interest Group: Creative Writing  
Fourth Friday of each month, 1:30 to 3 p.m.
- 26** Special Interest Group: The OLLI Joyful Voices  
Fridays at 1:30 p.m. in conjunction with performance dates
- 27** Art and Gardens of the DuPonts at Epping Forest  
**ED-venture**   
Jan. 17, 11:30 a.m. to 2 p.m.
- 27** Advanced Bridge  
Jan. 24 – March 14, 10 a.m. to noon
- 27** Essential French Grammar and Readings, Part XI  
Jan. 24 – April 4, 10 to 11:30 a.m.  
(No class: March 14, March 21)



- 27** **NEW** The Battle of Britain  
Jan. 24 – March 7, 11:30 a.m. to 1 p.m.
- 27** **NEW** Great Decisions 2014  
Jan. 31 – April 11, 9:30 to 11 a.m.  
(No class: Feb. 14, March 21, March 28)
- 28** **NEW** Addressing Volatility in Your Portfolio  
Jan. 31, 11:30 a.m. to 1 p.m.  
Feb. 21, 11:30 a.m. to 1 p.m.
- 28** **NEW** Sociology of Evil  
Jan. 31 to March 7, 9:30 to 11 a.m.
- 28** **NEW** Owner's Manual to the Body  
Feb. 7 – March 14, 11:30 a.m. to 1 p.m.
- 28** **NEW** Successful Retirement Transitions  
Feb. 14 – Feb. 28, 9:30 to 11 a.m.
- 28** Fire! Behind the Scenes with Jacksonville University's Glass Department  
**ED-venture**   
Feb. 21, 10:30 a.m. to 1 p.m.
- 28** Diabetes: How Foods Fight Diabetes  
Feb. 28, 10 a.m. to noon
- 29** Kickstart Your Health: Power of Your Plate  
March 7, 10 a.m. to noon
- 29** Cancer Project: How Foods Fight Cancer  
March 14, 10 a.m. to noon
- 29** **NEW** Mayo Clinic's Humanities in Medicine Program  
**ED-venture**   
March 14, 10 a.m. to noon (excludes lunch)

**SATURDAY at UNF**

- 29** **NEW** Special Interest Group: Photography  
Jan. 25, Feb. 22, March 22, 9 to 11 a.m.
- 29** **NEW** African Americans in World War II:  
Fighting for a Double Victory  
Jan. 25 – Feb. 22, 11 a.m. to 12 p.m.

- 29** **NEW** Plant-Strong Eating: Say "Goodbye" to the SAD (Standard American Diet) and "Hello" to the Colorful, Immune-Boosting World of Fruits and Vegetables  
Feb. 1 – Feb. 15, 1 to 2:30 p.m.

**MONDAY at FLEET LANDING**

- 30** Genealogy for Novices  
Feb. 10 – March 10, 1 to 2:30 p.m.

**TUESDAY at FLEET LANDING**

- 30** **NEW** Socrates' Café  
Feb. 4 – March 11, 1 to 2:30 p.m.

**WEDNESDAY at FLEET LANDING**

- 30** Facial Fitness: Exercises for the Face and Neck  
Jan. 22 – Feb. 26, 1 to 2:30 p.m.

**TUESDAY at GLENMOOR**

- 31** Writing Your Life Story  
Feb. 4 – 25, 10:30 a.m. to noon
- 31** Is Your Hearing Keeping Up With Your Life:  
The Bridge to Better Hearing and Communication  
March 11 – 25, 10:30 a.m. to noon

**TUESDAY at WESTMINSTER WOODS**

- 32** Introduction to Taoist Tai Chi  
Feb. 4 – March 11, 10 to 11:30 a.m.
- 32** **NEW** Speaking of Music  
Feb. 4 – March 25, 1 to 2:30 p.m.

**WEDNESDAY at WESTMINSTER WOODS**

- 32** **NEW** The Confucian Worldview:  
Past, Present and Future  
Feb. 5 – 12, 1 to 2:30 p.m.



# WINTER 2014

## ADAM W. HERBERT UNIVERSITY CENTER



 | Division of Continuing Education

12000 Alumni Drive, Jacksonville, FL 32224

### MONDAY ▼

#### STUDIO PAINTING

Jan. 20 – Feb. 24, 1 to 3 p.m.  
6 sessions, \$50

If you would like to enhance your studio painting skills, experiment with painting techniques and explore the use of color, this course is for you. Whether you are a beginner or seasoned artist, this is an opportunity for studio time and expert critique.

**Instructor:** Maureen Kirschhofer, p. 38

#### **NEW** OPERAS OF GIUSEPPE VERDI, PART II: THE GALLEY YEARS CONTINUE

Jan. 27 – March 17, 9:30 to 11 a.m.  
8 sessions, \$50

Discover Verdi's early operas from "Attila" (1846) to "Stiffelio" (1850). Enjoy DVD excerpts and discuss each one and its place in Verdi's history. This is the second course in a four-part series based on a multimedia e-book the instructor is writing about Verdi, one of the most influential European composers of the nineteenth century.

**Instructor:** John Hendrickson, p. 37



#### STOCK MARKET FUNDAMENTALS

Jan. 27 – March 3, 9:30 to 11 a.m.  
6 sessions, \$40

Learn the basics of the stock market and how to communicate in the language of the market. Get an explanation of the different types of markets and investments, as well as an elementary discussion of economics that apply to investments. Learn to evaluate a stock using fundamental and technical analysis and how to understand a stock's financials. Have questions answered without a sales pitch. No individual investment advice will be given.

**Recommended:** The instructor has prepared materials that you will receive free via e-mail or you may purchase for \$10 plus postage.

**Instructor:** Harry Yoffee, p. 42

## MONDAY ▾ Continued

**ST. AUGUSTINE LIGHTHOUSE AND MUSEUM****ED-venture** 

Jan. 27, 11 a.m. to noon  
1 session, \$25

Discover what goes on behind the scenes at the museum. Enjoy exclusive access to parts of the historic light station not available with general admission tickets. The tour includes the maritime archaeology artifact conservation lab, where members will view authentic shipwreck artifacts recently recovered from the ocean floor. Learn how archaeologists conserve these invaluable resources. Investigate the history of the St. Augustine lighthouse, including a glimpse of life as a lighthouse keeper in the late 1800s at the Keepers' House museum. Your tour will end with the opportunity to climb the lighthouse and enjoy the view from 140-feet above ground. After the tour, enjoy a Dutch-treat lunch at a nearby restaurant.

**Coordinator:** Dennis Navin, p. 39

**NEW CAN RUSSIA BECOME A DEMOCRACY?**

Jan. 27 – March 3, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

Is democracy the only successful way to achieve happiness and prosperity? While many would answer yes, some nations find it difficult or impossible to embrace a democratic model of government. Using Russia as a case study, explore how a country's history affects its ability to accept democracy.

**Instructor:** Vladimir Ganina, p. 36

**NEW EIGHT WOMEN WHO CHANGED HISTORY**


Jan. 27 – March 17, 11:30 a.m. to 1 p.m.  
8 sessions, \$50

Discover the personal qualities and historical circumstances that enabled Cleopatra, Joan of Arc, Eleanor of Aquitaine, Queen Elizabeth I and Catherine the Great to change history. In the first class students will rank a list of six women from 1800 forward to select the three individuals to examine in the remaining sessions. Students will read brief biographies of the eight women in a booklet prepared for the class and actively participate in assessing the eight women.

**Required:** Instructor-prepared course booklet (approx. \$10 per student)

**Instructor:** Jack Thompson, p. 41

**NEW JACKSONVILLE'S NATIVE AMERICAN HISTORY**

Jan. 27 – Feb. 3, 11:30 a.m. to 1 p.m.  
**ED-venture**  Feb. 10, 11:30 a.m. to 1 p.m.  
3 sessions, \$25 (includes UNF parking pass)

Boost your knowledge of Jacksonville's rich Native American history. Following two lectures about UNF's recent archaeological excavations that reveal Native American history, your ED-venture to UNF's Archeology Lab offers a hands-on exploration of Native American artifacts. Why not have lunch and shop at the Student Union after your ED-venture?

**Required:** A UNF parking pass is required for campus parking and access to a campus shuttle. Detailed instructions will be provided to participants.

**Instructor:** Keith Ashley, p. 33

**NEW BEOWULF: THE MONSTERS AND THE CRITICS**

Jan. 27 – Feb. 24, 1:30 to 3 p.m.  
5 sessions, \$35

Enrich your knowledge of an epic work of old English literature. Intended as entertainment, the poem chronicles Anglo-Saxon legends and events of the fifth and sixth centuries. Learn about the cultural milieu in which Beowulf was composed and its aesthetic merits in this lecture course.

**Required:** Access to a modern English version of Beowulf.

**Instructor:** Alexander Weiss, p. 41



## PHOTOGRAPHING NATURE WITH A DIGITAL CAMERA

Jan. 27 – Feb. 10, 1:30 to 3 p.m.  
3 sessions, \$25

Boost your skills as a digital photographer! This overview of the basic elements of photography includes mastery of in-focus and properly exposed digital images. Emphasis will be placed on use of your own equipment in hands-on sessions. Beginning and intermediate photographers will learn the basic operation of their camera controls and various techniques for photographing birds, plants and naturescapes. Discussion will include exposure, focus and composition and a review of some equipment and features helpful for advancing your skills as a nature photographer. A photo project will be assigned and the class will conclude with a fun and helpful review of your work.

**Required:** Any digital camera is preferred from point-and shoot to DSLR. A smart phone is acceptable.

**Instructor:** Gary Whiting, p. 42

## **NEW** TED TALKS: CONVERSATIONS THAT MATTER

Jan. 27 – March 3, 1:30 to 3 p.m.  
6 sessions, \$40

Technology, Entertainment, Design (TED) is a worldwide clearinghouse that offers free knowledge and inspiration from some of the world's most interesting and stimulating individuals. Join a community of curious souls who engage with ideas and each other using TED Talks videos as the basis of lively group discussions and interactions. Explore a wide range of subjects to foster learning, inspiration and wonder. Our goal is to provoke conversations that matter.

**Facilitators:** Lois Chepenik, p. 35 and Dan Kossoff, p. 38

## IMPROVE YOUR INTERNET SEARCH SKILLS

Feb. 3 – 17, 9:30 to 11 a.m.  
3 sessions, \$25

Learn the basics of the Internet and develop your searching skills. Through presentation, demonstration and practice, you will learn how popular search engines work, tips to find what you want more quickly and easily, additional online searching options and where to turn for more help.

**Instructor:** Stephanie Weiss, p. 41



## **NEW** ED-VENTURE: JACKSONVILLE DOWNTOWN FROM TOP TO BOTTOM

Feb. 3, 10 to 11:45 a.m. (excludes lunch)  
1 session, \$20

Discover a downtown Jacksonville you never knew existed. This walking tour takes you into eight buildings, includes an elevator ride to breathtaking views and a visit to an underground tunnel. Your tour concludes with a Dutch-treat lunch at the Skyline Café on the 42nd floor of the Bank of America building.

**Required:** Physical stamina and comfortable walking shoes are needed for this 90-minute walking tour. Some areas are not fully accessible to those using assisted mobility devices. Cameras are welcome. Transportation is on your own, but directions and parking suggestions will be provided.

**Coordinator:** Linda Ward, p. 41

## STRATEGIES TO MAKE MATH EASY

Feb. 10, 1:30 to 3 p.m.  
1 session, \$10

Conquer your fear of math in one session! Discuss different methods to de-mystify math problems—even word problems—and make them easier to understand. You may even learn how to help your grandchildren with their homework!

**Instructor:** Shashi Sathe, p. 40

## MONDAY ▼ Continued

**NEW** NEW ADVENTURES IN GROWING ROSES  
IN NORTH FLORIDA

Feb. 17 – March 3, 9:30 to 11 a.m.  
3 sessions, \$25

Discover the world of growing roses! Explore the basics of growing roses naturally without synthetic chemicals. Examine qualities of different roses, including fragrance, bloom form, growth habits and uses in the garden. Visit an area species and near-species rose garden currently in bloom.

**Instructor:** Gene Waering, p. 41

**NEW** RITZ CHAMBER PLAYERS PRESENTS  
AFRICAN-AMERICAN COMPOSERS

Feb. 17, 3:30 to 5 p.m.  
1 session, \$10

Join Jacksonville's renowned chamber music ensemble for a class featuring the works of historic and contemporary African American composers. Musicians will facilitate a discussion of unique works in chamber music literature. Go behind the scenes with touring classical musicians who share insights about the hidden stories behind the scores and creativity in performance.

**Instructor:** Terrance Patterson, p. 39

## THE INFLUENCE OF CHILDHOOD MESSAGES

March 3 – March 10, 11:30 a.m. to 1 p.m.  
2 sessions, \$20

What motivates your life decisions and patterns for living? This class focuses on how messages from childhood have a positive or negative effect on adult choices and quality of life, and ways to develop personal awareness to correct these limiting beliefs. Characters in the memoir, "Silent Echoes," provide case studies for discussion to illustrate this process. Students are encouraged to read "Silent Echoes" prior to the first class.

Recommended book: "Silent Echoes" by Marilyn Fowler, available at Amazon.com.

**Instructor:** Marilyn Fowler, p. 36

## TUESDAY ▼

## BEGINNING BRIDGE

Jan. 21 – March 11, 10 a.m. to noon  
8 sessions, \$65

Designed for those with a limited understanding of bridge concepts and play, this class introduces players to basic hand/card evaluation, bidding, play of the hand, defenses and the language of bridge. Each session includes a lecture followed by game play.

**Instructor:** John Reeve, p. 40

## BEGINNING WOODCARVING

Jan. 21 – Feb. 25, 9:30 to 11:30 a.m.  
6 sessions, \$50

Learn safe carving habits, woodworking, finishing techniques and knife sharpening skills. Woodcarving students are offered a choice of several projects, from beginner to intermediate. Work at your own pace, completing at least one project before the end of the class.

**Required:** No carving gloves or knives are provided, and the beginner student should expect to spend approximately \$75 for tools, a carving glove, knife and gouge. After this initial expenditure, the wood required for each class project should cost less than \$10. Although carving knives and wood can be found on the Internet, the instructor recommends waiting until after the first class before buying tools or supplies. If you have knives and a glove, we ask you to bring them to the first class for a safety inspection. All students are required to sign a UNF waiver before they carve.

**Instructor:** Glenn Ross, p. 40

## COMPUTER HELP

Jan. 21, 9:30 to 11 a.m.  
Jan. 28, 9:30 to 11 a.m.  
Feb. 4, 9:30 to 11 a.m.  
Feb. 11, 9:30 to 11 a.m.  
1 session each, FREE member benefit

Are you having problems figuring out how to get your computer, iPad or iPhone to send and receive documents? Not sure where to save them or where to find them once you do? Do you need help using MS Word? Do you ask yourself, "How does this work?" This class is your answer!

**Instructor:** Randi Loving, p. 38



## SPEAKER SERIES

AT UNF EVERY  
THIRD FRIDAY  
1:30 TO 3 P.M.



### CURRENT EVENTS

Jan. 21 – April 8, 9:30 to 11:30 a.m.  
12 sessions, \$90

In this lively course, students discuss topics of interest drawn from readings and other media of the day. Each week, students bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

**Facilitator:** Howard Hodor, p. 37

### **NEW** INTRODUCTION TO MS WORD 2010

Jan. 21 to Feb. 11, 9:30 to 11 a.m.  
4 sessions, \$30

This course will show you the basic structure of Microsoft Word: how to navigate, modify and move text from one screen or document to another. Take advantage of Word to write letters and create documents, such as newsletters with clip art and pictures.

**Instructor:** Margie Begley, p. 33

### LA FLORIDA: THE LAND OF FLOWERS

Jan. 21 – Jan. 28, 9:30 to 11 a.m.  
**ED-venture** Feb. 4, 9:30 to 11 a.m.  
3 sessions, \$25

Where is the Land of Flowers? Just look around: we call it home. In 1513, Ponce de Leon stepped ashore the land we now call Florida and named it La Florida: the Land of Flowers. The native flowers and plants he observed persist to this day. Florida has approximately 3,000 species of native plants. The use and value of native plants has been recognized as we become more aware of issues affecting our water and environment coupled with a desire to see more butterflies and birds and experience a sense of La Florida in our own community. Whether a beginner, an experienced gardener or just curious, discover how you can make a difference by learning why, what, how, where and when to use native plants.

### Jan. 21 – Wake Up and Plant the Natives

This session is based on a book written by Doug Tallamy. Tallamy provides the rationale for the use of native plants and explains how everyone can welcome more wildlife, including birds, butterflies and bees into their yards. Discover why and how individual gardeners can protect and conserve the biological diversity of our natural world that is vital and irreplaceable. In Tallamy's words, "The wild creatures we enjoy and would like to have in our lives will not be here in the future if we continue to take away their food and the places they live."

**Instructor:** Barbara Jackson, p. 37

### Jan. 28 – Maintenance of Native Plants in a Residential Landscape

Discuss plant selection and installation, mulching, pruning and trimming, weed control, watering and replanting, because we rarely get it right the first time. Contrary to what we might wish, native landscapes do not mean they're maintenance-free. All plantings need some kind of care during the course of their lives, some more than others do. A key point to remember is plants tend to grow. What starts as a small row of shrubs along the front of your house, becomes a lifetime pruning chore you may not want. With basic knowledge, you can enjoy the benefits of living with the natives.

**Instructor:** Jake Ingram, p. 37

### Feb. 4 – Guided Tour of the UNF Sawmill Slough Preserve

Chuck Hubbuch, a curator of the Sawmill Slough Preserve, will lead this tour through a natural habitat for native plants and animals. UNF President John A. Delaney designated this 382-acre area on campus as a preserve in May 2006. The purpose of the preserve is to assure the Sawmill Slough Preserve will persist in a natural condition, protecting the natural water drainage of the slough through campus, as well as the native plants and animals associated with this habitat. Chuck is responsible for overseeing the maintenance of the natural habitats in the preserve and for restoration of these habitats where required.

**Instructor:** Chuck Hubbuch, p. 37

## TUESDAY ▼ Continued

**NEW MORE MOVIES: OUR ENDURING PASSION**

Jan. 21 – March 18, 9:30 to 11 a.m.  
9 sessions, \$55

Join us as our adventures in the movies continue! After a few flashbacks to the silent movie era, the class begins with the extraordinary movie year of 1939. With both "Gone with the Wind" and "The Wizard of Oz," the studio system was at its peak. Explore film noir, improvements in equipment, the rise of independent studios, animation, special effects and computer generated imagery.

**Instructor:** Kenneth McMillan, p. 39

**NEW TOCQUEVILLE REVISITS AMERICA**

Jan. 21 – March 11, 9:30 to 11:30 a.m.  
8 sessions, \$50

In 1830, Alexis de Tocqueville, a young French aristocrat, political thinker and historian, toured the U.S. and published his findings. His two-volume "Democracy in America" is widely regarded as a definitive study of the times. But what would Tocqueville find and write if he could return for another visit now, some two centuries later? This course accompanies him on an imaginary grand tour as he explores the social, cultural and political landscape of present-day America.

**Instructor:** Peter Bartha, p. 33

**NEW STANLEY KUBRICK: MASTER OF METAPHOR**

Jan. 21 – Feb. 25, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

Stanley Kubrick made some of the most dazzling films of the 20th century. They have come to represent filmmaking and cinematic story telling at its allegorical and creative best. In this round table discussion group, focus on Kubrick himself and two representative genre films: "2001: A Space Odyssey" and "Dr. Strangelove or: How I Learned to Stop Worrying and Love the Bomb." Each week's subject will be introduced by a student facilitator through a brief overview. Teams will further explore each week's topic through the presentation of independent Internet research and related questions for discussion. To ensure adequate preparation for group discussion, a syllabus will be sent a week prior to the first class.

**Required:** Students will be expected to independently view both films prior to class discussion.

**Instructor:** Lee Marshall, p. 38

**NEW UNDERSTANDING OUR WORLD:  
A TIME PERSPECTIVE**

Jan. 21 – Feb. 25, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

In this ninth installment of the "Understanding our World" series, our lens on the subject will be time. A review of life on earth in the first and second millennia (year 1 through 2000) will be followed by an examination of life experiences as anticipated in the third millennium (ending in 3000). With no assigned reading, the class format will focus on lectures, inquiry and discussion.

**Instructor:** Jay Marshall, p. 38

**INTERMEDIATE BRIDGE**

Jan. 21 – March 11, 1 to 3 p.m.  
8 sessions, \$65

Designed for those who have received previous instruction in the game, this course focuses on play of the hand, defense and an introduction to the modern game's simple conventions. Class time consists mostly of actual card playing and assumes a basic understanding of bidding principles.

**Instructor:** John Reeve, p. 40

**INTERMEDIATE WOODCARVING**

Jan. 21 – Feb. 25, 1 to 3 p.m.  
6 sessions, \$50

Intermediate and advanced woodcarvers will find a challenging opportunity in this class. We'll begin with refresher safety instructions, a knife sharpening review and project selection. You'll generally work alone, but the master carver instructor will be available to assist in all phases of project selection, design, carving, finishing and display. This class includes a detailed description of carving knives for anyone wishing to add new knives. Work at your own pace, completing at least one project before the end of the seven-week class.

**Required:** Carving gloves and knives. A UNF waiver is required before any student can carve.

**Instructor:** Glenn Ross, p. 40

**NEW** READ ANY GOOD BOOKS LATELY?  
**UNDERSTANDING THE BOOK BUSINESS AND  
FINDING OUT ABOUT WHAT TO READ NEXT**

Jan. 21 – Jan. 28, 1:30 to 3 p.m.  
2 sessions, \$20

Transform your knowledge of the book business, its past, present and future. Drawing on 18 years of experience as a bookstore owner, your instructor will recommend books for all interests and reveal how to make a good book club selection. Don't miss this rare opportunity to learn about books from a nationally respected professional.

**Instructor:** Rona Brinlee, p. 34

**WHAT IS JAZZ?**

Jan. 21, 11:30 a.m. to 1 p.m.  
1 session, \$10

Have you heard jazz and wondered what the musicians were really playing? Louis Armstrong once said, "If you have to ask what it is, you'll never know." Explore the question and endeavor to answer it. Discover jazz, its history, components and the development of the jazz repertoire. Jazz improvisation will be explained with, when possible, performance.

**Instructor:** Bill Prince, p. 39

**TAI CHI FOR BEGINNERS**

Jan. 28 – March 4, 9:30 to 10:30 a.m.  
6 sessions, \$40

Join us to learn basic Tai Chi principles and move slowly and gently against resistance. Tai Chi breathing method will be incorporated with these movements to improve balance, posture and muscle tone. Expand your OLLI experience through class participation. Practice at home is encouraged.

**Instructor:** Gary Hickenbottom, p. 37

**CLASSICAL MUSIC AND ALL THAT JAZZ**

Jan. 28, 11:30 a.m. to 1 p.m.  
1 session, \$10

Classical music is essentially European, while jazz is essentially American. Classical music has a 700-year development while jazz has only a 110-year development. Consider the important names you know from classical music and the majority come from Europe. The same holds true of jazz performers and the U.S. Yet, these diverse musicians, who seem to operate in completely dissimilar styles and backgrounds, have much in common. Explore the two styles of music and discover their similarities and differences.

**Instructor:** Bill Prince, p. 39

**NEW** MASTERPIECES OF ART: EUROPE'S GOLDEN AGE

Jan. 28 – March 4, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

Every country has a golden age of art, a period when its most prominent artists realized their most outstanding achievements. The collection of the Russian Imperial Family, now housed at The Hermitage, is your passport to learn more about some of Europe's golden ages of art, as well as the art and artists that define it. Each session encompasses a lecture about one European country's golden age followed by a short video tour of The Hermitage's beautiful galleries.

**Instructor:** Tatiana Ganina, p. 36

**NEW** THE EPIC OF GILGAMESH

Jan. 28 to Feb. 11, 1:30 to 3 p.m.  
3 sessions, \$25

The "Epic of Gilgamesh," a poem from Mesopotamia, is the oldest extant narrative in the world. It was written on stone tablets, has a hero seeking the meaning of life and a flood story that parallels and antedates Biblical accounts of Noah. As one scholar noted, while "it is a work of adventure [it] is no less a meditation on some fundamental issues of human existence."

**Recommended:** Paperback copy of the "Epic of Gilgamesh."

**Instructor:** Margret Sander, p. 40



**SPEAKER  
SERIES**  
BACK TO SCHOOL  
WITH UNF OLLI  
SEE PAGE 3



## TUESDAY ▼ Continued

**A WALK WITH AMERICAN WOMEN POETS**

Jan. 28 – Feb. 18, 1:30 to 3 p.m.  
4 sessions, \$30

Enrich your knowledge of American women poets who filtered our culture through their singular voices. Our path will explore Rita Dove's lyricism, Gwendolyn Brooks' realism, Tess Gallagher's brashness and Mary Oliver's poignancy. Of course, there will be a few surprises along the way. Read and discuss poetry with special attention to the substance to what the poem is saying.

**Required:** E-mail access.

**Recommended:** The first session will feature Rita Dove's "Thomas and Beulah" (Carnegie Mellon Poetry Series), available in paperback at Amazon for \$2.50 to \$12. Other class materials will be furnished.

**Instructor:** Dixie Guill Golden, p. 36

**NEW MUSICAL FAILURES AND MISHAPS**

Feb. 4, 11:30 a.m. to 1 p.m.  
1 session, \$10

Most musicians wear many hats to be successful in the music business. They may perform, teach, compose, arrange, produce, entertain and publish. Your instructor has worn all of these hats with varying degrees of success and failure. This course focuses on vicissitudes of marketing music for films, attempting to develop a new musical style, timing hit recordings, making accidental hit recordings and other interesting issues in the music business.

**Instructor:** Bill Prince, p. 39

**NEW 21ST CENTURY ZOOS AND THE JACKSONVILLE ZOO AND GARDENS**

Feb. 11, 9:30 to 11 a.m.  
**ED-venture** Feb. 18 – 25, 9:30 to 11 a.m.  
3 sessions, \$25

Improve your knowledge and appreciation of zoos. Examine the history, the recent history of conservation and popular misconceptions about zoos. Our own Jacksonville Zoo and Gardens will be included in every session. Learn to evaluate and get the most from your zoo visit. Don't miss this opportunity to go behind the scenes!

**Instructor:** Alan F. Rost, p. 40

**NEW INDIA: THE GOOD, THE BAD, THE UGLY**

Feb. 25, 1:30 to 3 p.m.  
1 session, \$10

Enrich your understanding of what's happening in the world's most populous democracy. You will learn more about the India of today in the context of its history. Discover the good, bad and varying degrees of ugliness in today's India.

**Instructor:** Jayant D. Sathe, p. 40

**NEW SPEED! DAYTONA INTERNATIONAL SPEEDWAY****ED-venture**

March 4, 10:30 a.m. to noon (excludes lunch)  
1 session, \$20

Join us for an all access tram tour of the most prestigious track on the NASCAR circuit. Tour the drivers meeting room, the Sprint Cup series garages, the Gatorade Victory Lane and the press box. Conclude your tour at the Coca-Cola Theatre for a close-up look at the 2013 winning DAYTONA 500 car. The speedway is fully accessible.

**Required:** Cameras welcome. Wear a hat and comfortable shoes. Bring water and be prepared for foul weather. Transportation is on your own, but detailed directions will be provided. Following the tour, enjoy a Dutch treat lunch in Daytona.

**Coordinator:** Dennis Navin, p. 39

**NEW PSYCHOLOGY AND THE LAW**

March 4, 1:30 to 3 p.m.  
1 session, \$10

Achieve greater understanding about psychology and the law, as well as forensic psychology. Learn about eyewitness memory and testimony, jury selection, criminal profiling and psychological autopsies. Student participation and discussion is encouraged and questions welcome.

**Instructor:** Linda Foley, p. 35



## WEDNESDAY ▼

### **NEW** BEING WELL MEANS SEEING WELL

Jan. 22 – Jan. 29, 9:30 to 11 a.m.  
2 sessions, \$20

Good eyesight and good health go hand-in-hand. Boost your understanding of maintaining both as you age. Explore the relationship between cardiovascular and neurological systems. Discuss ways to reduce or prevent serious eye health risks. Discover ways to protect maturing eyes. Course information and material is shared via pictures, videos and descriptions.

**Instructor:** Lou Catania, p. 35

### **THE PACIFIC WAR: 1941 TO 1945**

Jan. 22 – March 12, 9:30 to 11 a.m.  
8 sessions, \$50

Discover how the United States and her allies recovered from a devastating surprise attack at Pearl Harbor in December 1941 to completely destroy the Japanese empire by August 1945. Explore what total commitment to war by both sides meant to both the civilian population and the ability of the military to carry out their missions. Class format will blend documentary films with instructor commentary.

**Instructor:** Wayne Heckrotte, p. 37

### **NEW** THE PROPHETS FROM THE HEBREW TEXT IN SCRIPTURES

Jan. 22 – March 12, 10 a.m. to noon  
8 sessions, \$65

Who doesn't ask: "If I do something, will it have my desired result, or will it go against my wishes?" People have sought an answer to this question from any visible source, and finding none, tried to divine the answers by consulting an oracle, reading tea leaves or beseeching the gods on mountain tops and in man-made temples. Those who offered answers were sometimes called prophets. The instructor, a rabbi, will teach about the Hebrew prophets, discussing their characters, their mission, their lives and the words they spoke. He will use readings from the Scriptures to illustrate the work of the different prophets, relate them to their times and illustrate the message they sent to future generations.

**Recommended:** Students are encouraged to use a Bible as the text for this course.

**Instructor:** Eliezer Ben-Yehuda, p. 34



### **NEW** AMERICAN BEACH FROM INSIDE AND OUT

Jan. 22 – Jan. 29, 11:30 a.m. to 1 p.m.  
**ED-venture** Feb. 5, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

American Beach was established as an African American vacation spot in 1935 by the Afro-American Life Insurance Company. This unique enclave offers unique opportunities to understand mid-century history, culture and the natural beauty of Amelia Island. Following two classroom sessions, students will visit American Beach and see extant historical structures, as well as the flora and fauna of indigenous landscapes. Your ED-venture includes a catered lunch in a private home.

**Required:** A \$25 materials fee, payable to the instructor, for lunch and walking tour of American Beach. Transportation is on your own, but carpooling may be arranged in class.

**Instructor:** Marsha Dean Phelts, p. 39

### **NEW** MYSTERIES UNLIMITED INTERNATIONAL

Class dates: Jan. 22, Feb. 5, Feb. 19, March 5, March 26  
1:30 to 3 p.m.  
5 sessions, \$35

Start in Shanghai with the first of Qui Xiaolong's Inspector Chen series, "Death of a Red Heroine." If you've already read this book, begin with the latest in the series, "Enigma of China." Take flight on a global search for good contemporary mysteries packed with local history, culture, politics and crime. Authors usually come from the areas they write about. A reading list and study guide will be provided. Libraries have limited quantities, so books may need to be borrowed from friends or purchased. The schedule allows time for reading.

**Required:** Knowledge of following links to Internet sites and downloading e-mail attachments is required. Tutorials are available from the OLLI office upon request.

**Instructor:** June Weltman, p. 42

## WEDNESDAY ▼ Continued

**NEW** A PEOPLE'S HISTORY OF THE UNITED STATES:  
PART II, 1914 – 2000

Jan. 22 – March 19, 1:30 to 3 p.m.  
9 sessions, \$55

Discover an alternate view of 20th century American history from the underdog's perspective. This examination focuses on those who live on the margin: women, factory workers, African Americans, Native Americans, the working poor and immigrant laborers. Explore facets of U.S. history not represented in your primary and secondary school curriculum.

**Recommended:** "A People's History of the United States" (2003 edition) by Howard Zinn, available online and at bookstores.

**Instructor:** Bill Howes, p. 37

**NEW** INVISIBLE ARMIES: AN EPIC HISTORY OF  
GUERRILLA WARFARE FROM ANCIENT TIMES TO  
THE PRESENT

Jan. 22 – March 12, 3:30 to 5 p.m.  
8 sessions, \$50

Join us to analyze an alternative view of military history, chronicled by noted military historian and foreign policy analyst, Max Boot. His view is both comprehensive and marvelously readable with vivid accounts of zealots and kings, partisans and mass murders, and patriots and tacticians who contribute to this encyclopedic history of guerrilla warfare. This is Boot's third major effort within the past decade addressing the fields of human conflict and military history. Its positive reception places him at the forefront of the insightful and easily read commentators who are a must read for diplomats, scholars and military and senior government professionals concerned with our (United States) foreign involvement and ongoing human conflict.

**Recommended:** "Invisible Armies: An Epic History of Guerrilla Warfare from Ancient Times to the Present" by Max Boot, available online and at bookstores.

**Instructor:** John Frketic, p. 36

**LIFE ON THE FIRST COAST: AN EXPLORATION OF ALL  
THINGS COASTAL**

Jan. 22 – March 12, 6:30 to 8 p.m.  
8 sessions, \$70  
UNF's state-of-the-art Biological Sciences Building

Why do beaches disappear during storms, but rebuild later? What happens to all of the plants and animals during hurricanes? Should you worry about sharks when you go swimming? Why do we make such a fuss over endangered plants and animal? Are dolphins really as smart as we think? How do oysters help keep our coastal water clean? Why do commercial (and recreational) fisherman need marshes? Eight UNF coastal scientists who study the First Coast will explore these topics, and more, in language that anyone can understand with plenty of time for questions and discussions.

**Required:** UNF campus parking pass (included in your fee).

## Jan. 22 – The Dynamic Coast

A look at the coasts in Florida and the Southeastern U.S. Why does it look the way it does? Where does the sand go? Why do our houses wash away? What is the future of the coast given hurricanes and sea level rise?

**Instructor:** Courtney Hackney, p. 36

Jan. 29 – An Overview of Florida's Geology  
and Natural History

This presentation will give an outline of Florida's history, where it came from and how it developed. It will touch on the origin of Florida's natural resources and information on finding and identifying local fossils.

**Instructor:** Andrew Beall, p. 33

Feb. 5 – Nutrients and Algal Blooms in Florida Lakes and  
Rivers: More than Just Unseen

This presentation will cover who are the algae, why they seem to be so omnipresent now, how we can (if indeed we want to) get rid of them and why we should care so much about their existence (hint: they are responsible for the majority of the oxygen that we breathe).

**Instructor:** Dale Casamatta, p. 34



**SPEAKER SERIES**  
THIRD FRIDAY  
MONTHLY AT UNF  
1:30 TO 3 P.M.



Feb. 12 – Diamondback Terrapins:  
A Local Beauty Seldom Seen

Diamondback terrapins are the only turtles that prefer brackish coastal waters, living in salt marshes, tidal creeks and mangrove islands from Cape Cod all the way to Corpus Christi. This beautiful turtle is rarely seen, except by fishermen because it seldom leaves the water. It shares its habitat with blue crabs, which increases mortality in crab traps by devastating numbers.

**Instructor:** Joe Butler, p. 34

Feb. 19 – Everything You Ever Wanted  
to Know about Sharks

A look at the biology of sharks and their relatives in Florida. What are sharks and how do they differ from other fish? How do these differences influence their ecology and populations? What are the risks posed by sharks to humans and vice versa? Last, what are the potential benefits of sharks to humans?

**Instructor:** Jim Gelsleicher, p. 36

Feb. 26 – Fish and Fisheries

Habitat alteration and fishing pressure along the Southeastern U.S. Atlantic Coast is impacting shrimp, fish and crabs that are important fisheries. Life cycles of coastal and marine species and their relationship to coastal ecosystems will be explored. Sustaining fisheries in a global economy involves more than just science. Topics that relate to fisheries such as aquaculture, management, overfishing and climate change will be explored.

**Instructor:** Eric Johnson, p. 37

March 5 – Dolphins in the St. Johns River

More than 300 dolphins have been identified in the St. Johns River where people and nature are intertwined. Dolphin behavior in this noisy habitat will be discussed. Can dolphins and humans coexist?

**Instructor:** Quincy Gibson, p. 36

March 12 – Climate Change and the Impacts  
on Tropical Coral Reefs

Coral reefs are among the most biologically diverse regions on Earth. Only tropical rainforests might provide homes for more species of plant and animal life. Even though they cover only a tiny fraction (less than 0.2 percent) of the ocean's bottom, coral reefs contain more than 25 percent of all marine life. Climate change impacts have been identified as one of the greatest global threats to coral reef ecosystems. The impacts of increasing atmospheric carbon emissions and rising global temperatures on delicate reef systems will be discussed.

**Instructor:** Cliff Ross, p. 40

**NEW** INTERMEDIATE SPANISH CONVERSATION

Jan. 29 – March 5, 9:30 to 11 a.m.  
6 sessions, \$40

Enhance your conversational skills and become more comfortable speaking and comprehending the Spanish language. Learning tools include articles, videos and readily available materials. Study materials will be provided in class.

**Required:** Basic Spanish language knowledge.

**Instructor:** Nona Tarjan, p. 41

**NEW** PASSPORT TO TRAVEL

Jan. 29 – March 5, 9:30 to 11 a.m.  
6 sessions, \$40

Love to travel? Join Ginny for a unique exploration of India, the Black Sea Countries and the Middle East, their histories and current events. Each week screen a professional-quality DVD produced by Ginny. She will share travel tips and stories of her adventures and experiences. Students are invited to share their travel experiences, too.

**Instructor:** Virginia Roemhild, p. 40

## WEDNESDAY ▼ Continued

**THE STRING THEORY – LEARN TO KNIT**

Jan. 29 – March 12, 1:30 to 3:30 p.m.  
7 sessions, \$55

Learn to knit more than your brows! This course is perfect for both beginning and advanced knitters. Come knit one and purl two with your OLLI friends.

**Required:** Materials list will be supplied by the instructor.

**Instructor:** Sandy Ernstsén, p. 35

**NEW BUILDING AND MAINTAINING WEALTH THROUGH PROPER INVESTMENT PLANNING**

Jan. 29 – Feb. 19, 3:30 to 4:30 p.m.  
4 sessions, \$30

Accelerate your financial literacy. Whether you want to start investing, learn how to allocate your portfolio or wish to understand how different types of investments work, this class is for you. Class includes discussion of stocks, bonds, mutual funds, annuities, electronic funds transfers (ETF) and estate planning. Beginners and experts are welcome.

**Instructor:** Jim Newman, p. 39

**MY LIST FOR LIFE**

Feb. 5, 9:30 to 11 a.m.  
1 session, \$10

Assemble critical information now and be prepared in the event of a loss or an emergency. When completed, the list helps make sure that when life throws a curve ball, the right people get called, the right documents are easily located, the bills get paid on time and everyone has your vital information and wishes. My List for Life is an invaluable guide and resource for personal planning and budgeting.

**Instructor:** Ed Waller, p. 41

**WHAT TO ASK YOUR DOCTOR**

Feb. 5 – Feb. 12, 11:30 a.m. to 1 p.m.  
2 sessions, \$20

Become an informed consumer of medical services. This course provides updates on state-of-the-art screening tests for cancer, cardiovascular disease and other gender-specific health issues. Examine the indications, limitations and interpretations of these tests for older adults. Discuss current recommendations for immunizations, supplements and vitamins and how you can be more effective in communicating with your doctor. Class participation will be encouraged with ample time for questions and answers.

**Instructor:** Edward Sachs, p. 40

**NEW HOW VIOLENT IS THE WORLD TODAY AND WHY?**

Feb. 5 – March 12, 1:30 to 3 p.m.  
6 sessions, \$40

Discover why one commentator, Steven Pinker, asserts that violence has declined. Examine violence from a historical view, as well as a theoretical and social science perspective. Whether you agree or disagree with any or all of Pinker's conclusions, the information he provides and the questions he pursues will enable us all to deepen our understanding of this important issue and this troubling part of our human condition.

**Required:** "The Better Angels of Our Nature: Why Violence Has Declined" by Steven Pinker, available online and at booksellers.

**Instructor:** Shirley Leckie Reed, p. 40

**EXPAND YOUR THINKING: OPEN-FOCUS BRAIN TRAINING, PART II**

Feb. 12 – March 19, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

This course is open to those who have completed Open-Focus Brain Training, Part I. It's designed to deepen the practice of Open-Focus and concentrates on using all of the senses. There will be a review of erasing pain and extending this skill into emotional pain.

**Instructor:** Martha Bennett, p. 34



## **WIZARD WAR: HOW RADAR SAVED THE ALLIES IN WWII**

Feb. 5 – March 12, 1:30 to 3 p.m.  
6 sessions, \$35

Learn how radar developed from a wild idea for a death ray into the modern remote sensing systems that sees through walls. Understand the basic concepts behind radio detection and ranging, and what they mean. Meet the men who invented radar and turned the Battle of Britain into England's victory. Discover how your microwave oven started as a top-secret project. No class preparation required. Questions and participation are encouraged.

**Recommended:** "A Race on the Edge of Time: Radar - The Decisive Weapon of World War II" by David Fisher.

**Instructor:** James D. Taylor, p. 41

## **PREPARING YOUR HOME FOR SALE: A GUIDE TO HOME STAGING**

Feb. 12 – Feb. 26, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

The real estate market has changed dramatically in the past several years. Learn how home staging affects your sale price, equity and home marketability. This course will answer all your questions about the process, cost, hows and whys of getting your home ready to sell. Real life examples will be used. Student questions and participation in discussion are encouraged.

**Instructor:** Melissa Marro, p. 38

## **NEW FUN WITH NUMBERS (OR MATH FOR THE CURIOUS)**

Feb. 19 to March 26, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

Are you intimidated by mathematics? Discover how math is a toolbox to explore the world. Learn to have fun with math, see its beauty and how to apply it more in your life. Study materials including recommended books and the instructor's cloud-based resources will be available to all students. A list of recommended books or web resources will be provided.

**Required:** Students must bring paper, pencil and a three memory scientific calculator.

**Instructor:** Roger Curry, p. 35

## **NEW WHAT YOU NEED TO KNOW ABOUT DNA! PART II**

March 5 – March 26, 1:30 to 3 p.m.  
4 sessions, \$30

Increase your knowledge of the basic tools and techniques of DNA science as well as current methods for analyzing the whole genome. Examine the impact that human genome sequence data is having on medicine, research and industry. Learn about DNA science as it relates to cancer and the evolution of scientific research. This will be a discussion class that focuses on content of the recommended text.

**Prerequisite:** What You Need to Know About DNA! Part I.

**Recommended:** "DNA Science: A First Course" (second edition) by David A. Micklos and Greg A. Freyer, available at Amazon.com (\$10 to \$37).

**Instructor:** Tom Collins, p. 35

## **BEACH SANDS, RETIRED MOUNTAINS**

March 26, 11:30 a.m. to 1 p.m.  
1 session, \$10

Discover the geological secrets of beach sand, what happens to it during a hurricane and the small sculptures that lightning strikes create. Our area's beach sands are prized for use in many products including toothpaste, M&Ms, space shuttle tires and electronics.

**Instructor:** Bill Longenecker, p. 38



## THURSDAY ▼

**FRENCH CONVERSATION I**

Jan. 16 – March 27, 9:30 to 11 a.m.  
 (No Class: March 20)  
 10 sessions, \$60

Are you a beginner with a basic knowledge of French grammar but little experience in the areas of conversation and oral comprehension? This course is for you! Using simple readings, poetry and songs, you will gain an understanding of everyday, widely-used vocabulary and acquire pronunciation skills.

**Instructor:** Mireille “Mimi” Smith Threlkel, p. 41

**FRENCH CONVERSATION II**

Jan. 16 – March 27, 11:30 a.m. to 1 p.m.  
 (No Class: March 20)  
 10 sessions, \$60

Boost your French language skills! Topics of conversation include current events, social encounters, travel, gastronomy and other themes in France and other French-speaking countries. Designed for the advanced beginner with prior experience speaking French through academic courses or travel, this course provides opportunities for you to express your personal experiences.

**Instructor:** Mireille “Mimi” Smith Threlkel, p. 41

**FRENCH CONVERSATION III**

Jan. 16 – March 27, 1:30 a.m. to 3 p.m.  
 (No Class: March 20)  
 10 sessions, \$60

Advance your French language skills through discussion and critical study of two short novels drawn from classic and modern French literature. This course is designed for students with intermediate or advanced knowledge of French language through prior experience in college-level courses or extended travel in a French-speaking country.

**Required:** Purchase of the instructor’s selected novels.

**Instructor:** Mireille “Mimi” Smith Threlkel, p. 41

**A VIEW OF THE CRIMINAL JUSTICE SYSTEM**

Jan. 23 – Feb. 27, 9:30 to 11 a.m.  
 6 sessions, \$40

Learn about criminal trials through the personal experiences and stories of a former Chicago police officer, criminal attorney and judge. Special emphasis is placed on the Constitution and its impact on every aspect from detention and arrest, right to speedy trial and adequate defense, rules of evidence, trial by jury and much more.

**Instructor:** William O’Malley, p. 39

**WRITING PERSONAL POETRY**

Jan. 23 – Feb. 27, 9:30 to 11 a.m.  
 6 sessions, \$40

Do you want to encourage your creativity through personal poetry? Contemporary poets avoid devices that distance readers from their poems. They use the word “I,” avoid forced rhyme schemes that sound formal and manufactured, use details of everyday life and speak so their words can be understood and felt. No experience needed. Come have a laugh, maybe shed a tear and just have fun. Workshop atmosphere is congenial and the instructor participates along with class.

**Instructor:** Connie McAuliffe, p. 39

**NEW FLOW: CREATING AND SUSTAINING MOMENTUM IN YOUR LIFE**

Jan. 23, 10 a.m. to 2:30 p.m. (with a working lunch)  
 1 session, \$25

Do you feel stuck? Does your creative potential seem like a shriveled, unplanted, un-nurtured seed? Join Carol O’Dell, an author and creativity coach, for an intensive workshop of creative exercises based on Julia Cameron’s “The Artist’s Way.” Designed to help you loosen your dried up dreams and water new ideas, this course offers opportunities to reinvent yourself, start a new business, revive an old one or simply awaken your creative spirit.

**Required:** \$15 payable to the instructor for art supplies. Each participant will receive a creativity journal.

**Recommended:** “Art and Fear: An Observation on the Perils (and Rewards) of Art Making” by David Bayles and Ted Orland, “The Artist Way” by Julia Cameron and “Soul Space” by Xorin Balbes, available online and at bookstores.

**Instructor:** Carol D. O’Dell, p. 39

**NEW ALL ABOUT CRAFT – THE ABCs OF GOOD WRITING**

Jan. 23 – Feb. 27, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

Calling all writers, would-be writers, journalists and novelists: Join us for interactive sessions in which we explore and practice the must-do, must-have basics. Does your point of view wander and confuse your readers? Does your writing do more telling than showing? Is your dialogue authentic and well-paced? Is your narrative clear in mood and tone? Are your endings not the end? We'll do what writers do: Write, both in class and at home. Everyone will be encouraged, but not forced, to share short samples. Constructive critique will be about words, not authors. Our goal is to improve our writing no matter the genre or skill level.

**Instructor:** Susan Shipe Calfee, p. 34

**NEW PLAY READING**

Jan. 23 – March 13, 11:30 a.m. to 1 p.m.  
8 sessions, \$50

Discover the sheer joy of reading excellent plays aloud, with or without expression. Personal or worldly worries melt away as you are transported through characters and settings. A copy of the play will be handed out on the day it is to be read. Parts will be assigned at random. You may choose to read with emotion or not. The pleasure of the experience comes from the playwright's skill and ability to make us forget personal or world problems and the fact that we all have a copy of the play: hearing problems are not problems. We shall read James Barrie, George Bernard Shaw, Eugene O'Neill and Arthur Miller among others.

**Facilitator:** Laura Rubin, p. 40

**NEW PRE-CIVIL WAR NORTHEAST FLORIDA: NATIVE AMERICANS, AFRICAN AMERICANS AND WOMEN ON THE FRONTIER**

Jan. 23 – Feb. 13, 11:30 a.m. to 1 p.m.  
4 sessions, \$30

Transform your understanding of the Sunshine State. Pre-Civil War Florida was quite a different place from the state we know today. Sparsely populated and under the control of Spain until 1821, Florida was a frontier society in which many, particularly including Native Americans, African Americans and women, were in precarious positions. Jacksonville was years away from being the bold new city of the South, but beginning to make its marks as an important city in Florida. By gaining a better knowledge of Florida's history, we'll gain a better understanding of the Florida we know today.

**Required:** Computer with Internet access.

**Instructor:** Joe O'Shields, p. 39

**NEW 1914: HOW THE GREAT WAR BEGAN**

Jan. 23 – March 13, 1:30 to 3 p.m.  
8 sessions, \$50

How and why did Europe go to war in 1914? This year, 2014, is the centennial of the Great War. Thirty-seven days after the assassination of an Archduke and his wife at Sarajevo, Europe went from peace to war. Three empires were destroyed and 15 million people were killed. Examine the decades prior to the events of 1914, as well as the mutual misunderstandings and unintended signals that drove the crisis from July to August 1914. Take a close look at the rulers and diplomats of Austria, Serbia, Germany, Italy, Russia, France and Britain who stumbled through crisis after crisis, finally convincing themselves war was the only answer.

**Recommended:** "The Sleepwalkers" by Christopher Clark (2012), available online and at bookstores.

**Instructor:** Irwin Kirk, p. 38

**SPEAKER SERIES**  
SECOND THURSDAY  
MONTHLY AT  
FLEET LANDING  
11 A.M. TO 12:30 P.M.



## THURSDAY ▼ Continued

**INTERMEDIATE TAI CHI**

Jan. 30 – March 6, 9:30 to 10:30 a.m.  
6 sessions, \$40

Join us to learn basic Tai Chi principles and move slowly and gently against resistance. Tai Chi breathing method will be incorporated with these movements to improve balance, posture and muscle tone. Expand your OLLI experience through class participation. Practice at home is encouraged.

**Instructor:** Gary Hickenbottom, p. 37

**LEARN TO USE YOUR IPAD OR IPHONE**

Jan. 30, 9:30 to 11 a.m.  
Feb. 6, 9:30 to 11 a.m.  
1 session each, \$10 per session

Unleash the power of your Apple mobile device. This course will take you from setting up your device to e-mailing, Web browsing and reading digital books. Learn to manage music and photographs, access movies and much more.

**Instructor:** John Brown, p. 34

**NEW VIETNAM WAR**

Jan. 30 – March 6, 9:30 to 11 a.m.  
6 sessions, \$40

Though they were not defeated on the battlefield, The Vietnam War was lost by the United States and its allies. Examine and discuss the political, social and military influences that played important roles in the U.S. involvement in Vietnam. Explore battles, turning points and the final peace agreement. Student participation is encouraged.

**Instructor:** Stewart Angell, p. 33

**NEW THE STATE OF THE U.S. ECONOMY, MID-YEAR, 2013**

Jan. 30, 11:30 a.m. to 1 p.m.  
1 session, \$10

Improve your understanding of economic conditions in the U.S. at mid-year 2013 and some special problems facing Congress. Student participation is encouraged and expected. Each student will receive a copy of the instructor's notes.

**Instructor:** Joseph Steinman, p. 41

**NEW THE METROPOLITAN OPERA LECTURES**

Jan. 30 – May 8, 1 to 3 p.m.

6 sessions, \$50

Dates vary with the opera presentations, see below.

"The Metropolitan Opera Live in HD" series begins Jan. 30 and features six operas on various Saturdays through May 10. On the Thursday prior to each live broadcast, Mary Ellen Young presents a lecture on the following Saturday's opera. The lectures include a survey of the opera's historical and cultural aspects and an examination of the libretto and audio/video highlights.

Schedule:

- Introduction to Opera Lecture: Jan. 30
- Dvorak: "Rusalka" Lecture: Feb. 6; Opera: Feb. 8
- Borodin: "Prince Igor" Lecture: Feb. 27; Opera Mar. 1
- Massenet: "Werther" Lecture: March 13; Opera: March 15
- Puccini: "La Boheme" Lecture: Apr. 3; Opera: Apr. 5
- Mozart: "Cosi fan Tutte" Lecture: Apr. 24; Opera: Apr. 26
- Rossini: "La Cenerentola" Lecture: May 8; Opera: May 10

**Recommended:** Live opera broadcasts from the stage of the Metropolitan Opera House at Lincoln Center in New York City sent directly to several hundred theaters worldwide, including the AMC Regency Square, Cinemark Tinseltown and Regal at The Avenues mall in Jacksonville. Ticket prices range from \$20 to \$22 for each broadcast performance.

**Instructor:** Mary Ellen Young, p. 42

**THE BAND PLAYS ON (THE ORCHESTRA TOO)**

Jan. 30 – March 6, 1:30 to 3 p.m.

6 sessions, \$40

Do you play a musical instrument? Or, would you like to learn to play one? If you have not played an instrument for years, would you like to begin again? Musicians will demonstrate the most popular instruments, giving you a chance to choose and play your favorite, including a mellow trombone, a stirring trumpet, the haunting flute, the jazzy clarinet, a melodious violin or other string, or another instrument. Each class will feature some music theory, but the emphasis will be on playing the instrument of your choice. A few instruments may be available on loan and others are for rent. If you already own an instrument, you will be able to use it in class.

**Recommended:** Participants should schedule weekly practice time.

**Instructor:** Richard Dickson, p. 35



## PSYCHOLOGICAL TYPE: A TOOL FOR UNDERSTANDING YOURSELF AND OTHERS

Jan. 30 – Feb. 27, 1:30 to 3 p.m.  
5 sessions, \$35

The idea that personalities can be categorized to allow for a better understanding of individual behavior has been around for centuries, from the early Hippocratic theory of the four humours to Carl Jung's theory of personality type and, more recently, the theories of Carol Gilligan describing women's personality development. This course will focus on Jung's personality theories as interpreted by Katherine Briggs and her daughter, Isabel Briggs-Myers, who developed the widely known personality assessment, the Myers Briggs Type Inventory. Identify your own personal preferences through lecture, light reading and workshop exercises. Explore how personality type and personal preferences relate to communication patterns and relationships, leisure time activities and reflective practices.

**Instructor:** Jane Bryant, p. 34

## INDIAN SPICES TO IMPROVE YOUR HEALTH

Feb. 6 – Feb. 20, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

Debunk the myth that all Indian food is hot, spicy and curry-based. Learn about the healthful side of Indian spices and how to use them in everyday cooking. Discuss and share recipes and cooking techniques in class. There will be several ED-ventures: one to an Indian grocery store and two visits to Indian restaurants for Dutch-treat lunches.

**Instructor:** Shashi Sathe, p. 40

## OPEN-FOCUS BRAIN TRAINING FOR GOLFERS

Feb. 6 – March 13, 1:30 to 3 p.m.  
6 sessions, \$40

Golf great Bobby Jones observed "the enemy of golf is tension." Discover the practice of Open-Focus (attentional flexibility) through a series of exercises. Learn to apply Open-Focus to dissolve tension and other stressful states including negativity, anxiety and trying too hard. Improve your game in other ways: decrease muscle tension, improve awareness and enhance creativity. Open-Focus is learned through lectures, experiential learning and class discussion. Practice outside class is recommended for the most successful outcome.

**Recommended:** Please bring a golf ball to class. CDs will be provided by the instructor for \$1.

**Instructor:** Martha Bennett, p. 34



## COMPUTER SECURITY: KNOWLEDGE TO PROTECT YOUR DATA, YOUR FINANCES AND YOUR REPUTATION

Feb. 13 – March 6, 9:30 to 11 a.m.  
4 sessions, \$30

In the 1970s, attacks on computers and data were done as occasional pranks to build geek credentials for college students. Today, these computer attacks are continuous and can generate billions of dollars for those who perpetuate them. Learn how to protect your computer, recognize malicious software and situations and manage your privacy on social networks like Facebook and Twitter. Safeguard yourself in this interconnected world. Students are expected to know how to use a Windows-based computer for e-mail and Web browsing.

**Instructor:** John Brown, p. 34

## **NEW** DISCOVER FLAGLER COUNTY – WASHINGTON OAKS AND BING'S LANDING

**ED-venture** 

Feb. 13, 10 a.m. to 3 p.m.  
1 session, \$25

Discover Bing's Landing and the Bella Vista and Mala Compra plantations, purchased in 1816 by Brigadier General Joseph Hernandez, Florida's first representative in the U.S. Congress. The remains of Mala Compra were discovered when Flagler County purchased the property in 1989. Your tour continues to Washington Oaks Gardens State Park. You'll hear the history of the park from a ranger, walk the beautiful trails and enjoy a unique shoreline of coquina rock formations. If you are an aficionado of gardens, roses, large oak trees, huge staghorn ferns and flowing ponds, this tour is for you! Enjoy a Dutch-treat lunch at Captain's BBQ.

**Required:** Physical stamina to walk two miles without difficulty. Wear outdoor attire including comfortable shoes, hat and sunscreen. Bring water and be prepared for foul weather. You're welcome to bring hiking sticks and binoculars. Transportation is on your own, but carpooling is encouraged. Directions will be provided.

**Coordinator:** Diane Dyal, p. 35

## THURSDAY ▼ Continued

**NEW THE DEATH OF SOVIET COMMUNISM:  
GORBACHEV, YELTSIN AND PUTIN**

Feb. 13 – March 6, 11:30 a.m. to 1 p.m.  
4 sessions, \$30

Enrich your knowledge of the largest country in the world, comprised of 83 federations and 143 million people. Following an introductory look at Russian geography, culture and Soviet government, enjoy an in-depth examination of the three transformative figures who have lead the country since 1985. Your instructor's experience as an American naval officer stationed there provides insights via real-life experiences.

**Recommended:** Reading about the USSR and Russia is encouraged.

**Instructor:** Ronald J. Kurth, p. 38

**NEW INSIDER'S TOUR OF ST. AUGUSTINE, PART II**

**ED-venture** 

March 27, 10 a.m. to 2:30 p.m. (includes lunch)  
1 session, \$25

Back by popular demand! On this tour, you'll visit the 18th century St. Francis Barracks and cemetery, believed to be the only extant structure in the city constructed entirely within the period of British occupation. Tour the barracks and museum with the command historian. The barracks currently serve as the state headquarters of the Florida National Guard. Founded in 1828, the cemetery is the final resting place of soldiers stationed at the barracks, veterans of the Indian Wars and a dozen British Commonwealth men who served in WWII. Your tour continues with a visit to one of the best-preserved colonial-era buildings in the city whose grounds date to the original 16th century town plan. View period furnishings and decorative arts, as well as historical objects related to territorial life and early statehood. Enjoy a Dutch-treat lunch of Brazilian and Italian fare at Restaurant and Café Sol Brazilierissimo.

**Required:** Physical stamina to walk and stand for the duration of the tour. Wear comfortable shoes, hat and sunscreen. Bring water and be prepared for foul weather. Transportation is on your own, but carpooling is encouraged. Detailed directions and parking instructions will be provided.

**Coordinator:** Kathy Marquis, p. 38

## FRIDAY ▼

**SPECIAL INTEREST GROUP: CREATIVE WRITING**

Fourth Friday of each month, 1:30 to 3 p.m.  
6 sessions, \$30

The purpose of these sessions is to invite, support and broaden writing opportunities for OLLI members by offering them an opportunity to participate in an ongoing, peer-based creative writing special interest group. Share fiction, creative nonfiction and poetry in a noncompetitive, OLLI-friendly environment. Writers of any level of experience who wish to share their creative writing with others and receive feedback may participate. The genres of fiction, creative nonfiction or poetry may be shared and feedback will focus on the craft of writing in that particular genre. Receive a brief review of the elements particular to each genre as time and interest permit. All three genres are welcome.

**Instructor:** Dixie Guill Golden, p. 36

**SPECIAL INTEREST GROUP: THE OLLI JOYFUL VOICES**

Fridays at 1:30 p.m. in conjunction with performance dates

Join the OLLI Joyful Voices, UNF OLLI's chorus. We have music readers and non-readers, folks who sing all the time and folks who haven't sung for years. Sing for OLLI events and for occasions in the community where UNF OLLI is represented. Our purpose is to sing well, and to have fun doing it. We have a place for you!

Do you toot, whistle, plunk or boom? Fancy digging your neglected flute, oboe, clarinet, recorder, percussion or strings out of the closet? We invite you to accompany us. Let us know what you play and we'll be in touch. The red carpet is waiting.

Contact OLLI director, Jeanette Toohey, at (904) 620-4200 to be referred to Julie Reeve, OLLI Joyful Voices coordinator.

**Choral Director:** Sharon Scholl, p. 40

## ART AND GARDENS OF THE DUPONTS AT EPPING FOREST

**ED-venture** 

Jan. 17, 11:30 a.m. to 2 p.m.  
1 session, \$25

Visit the mansion of industrialist Alfred I. DuPont and his wife, Jessie Ball DuPont. Enjoy lunch followed by a tour of the mansion (now the private Epping Forest Yacht Club), with a focus on the art collection and a special bonus tour of the gardens. Transportation is on your own. Detailed directions will be provided.

**Coordinator:** Madeline Jorgensen, p. 37

## ADVANCED BRIDGE

Jan. 24 – March 14, 10 a.m. to noon  
8 sessions, \$50

Designed to help average bridge players improve their game, explore the areas of bidding, playing and defending. Each session begins with a lecture, followed by playing preset hands.

**Instructor:** Walter Beissinger, p. 33

## ESSENTIAL FRENCH GRAMMAR AND READINGS, PART XI

Jan. 24 – April 4, 10 to 11:30 a.m. (No class: March 14, March 21)  
9 sessions, \$70

This intermediate-level course emphasizes French grammar through the completion and correction of written exercises. Focus on comprehension, pronunciation and conversational skills in the reading of French texts.

**Required:** “Le Français Essentiel 3, Fundamentals of French” by Gail Stein (ISBN 1-56765326-X) available from Amazon for \$3 to \$12.

Prerequisites: Previous OLLI French classes, one year of college or two years of high school French. Students who meet the prerequisites are welcome to join the class without having completed earlier modules.

**Instructor:** Mary Ames, p. 33

## **NEW** THE BATTLE OF BRITAIN

Jan. 24 – March 7, 11:30 a.m. to 1 p.m.  
7 sessions, \$45

Advance your knowledge of one of the most significant battles in history. Fought in 1940 in the skies over Britain, the battle had a profound effect on the future of the civilized world. Examine and discuss the background, major players, tactics and air defense system involved in this battle. Students may volunteer to participate with mini-presentations.

**Recommended:** “Wings Like Eagles” by Michael Korda and “The Most Dangerous Enemy” by Stephen Bungay, available online and at bookstores.

**Instructor:** Fred Skinner, p. 41

## **NEW** GREAT DECISIONS 2014

Jan. 31 – April 11, 9:30 to 11 a.m. (No class: Feb. 14, March 21, March 28)  
8 sessions, \$50

Stretch your knowledge of current affairs with an in-depth discussion on specific national and international topics of current foreign policy concern. Topics include: political Islam in Africa, China’s foreign policy, Turkey, Israel, energy independence, economic statecraft and trade, defense and rise of new technologies, food security and climate change. Each session begins with a 30-minute film of expert commentary followed by one hour of highly participatory collegial discussion. Weekly preparation involves advance reading of 10–12 pages from the course booklet and supplemental reading materials provided by course facilitators via e-mail.

**Required:** “Great Decisions 2014” (\$20 plus shipping), available online from the Foreign Policy Association’s bookstore ([www.fpa.org](http://www.fpa.org)) or by calling (212) 481-8100. The booklet must be purchased at least two weeks prior to the first session.

**Facilitators:** John Fischer, p. 35 and Ralph Sawyer, p. 40



**SPEAKER SERIES**  
SECOND FRIDAY  
MONTHLY AT  
WESTMINSTER  
1:30 TO 3 P.M.



## FRIDAY ▼ Continued

**NEW ADDRESSING VOLATILITY IN YOUR PORTFOLIO**

Jan. 31, 11:30 a.m. to 1 p.m.  
 Feb. 21, 11:30 a.m. to 1 p.m.  
 Each: 1 session, \$10

Achieve your financial goals by understanding and addressing the volatility of your investments and exploring alternatives. Examine why financial markets have become so volatile and what investors can expect in the future. If you currently invest or wish to invest in stocks, this course provides practical information on methods of reducing and retaining growth potential for your portfolio.

**Instructor:** Jerry Seebol, p. 40

**NEW SOCIOLOGY OF EVIL**

Jan. 31 to March 7, 9:30 to 11 a.m.  
 6 sessions, \$40

Do we allow evil to dominate in society? Increase your understanding of the human propensity for evil and specific incidents of evil including the Holocaust.

**Recommended:** “Becoming Evil: How Ordinary People Commit Genocide and Mass Killing” by James Waller, “Black Edelweiss: A Memoir of Combat and Conscience by a Soldier of the Waffen SS” by Johann Voss and “Extraordinary Evil: A Short Walk to Genocide” by Barbara Coloroso, available online and at bookstores.

**Instructor:** Steven L. Stoll, p. 41

**NEW OWNER’S MANUAL TO THE BODY**

Feb. 7 – March 14, 11:30 a.m. to 1 p.m.  
 6 sessions, \$40

Have you ever wondered how the musculoskeletal system (muscles, bones and connective tissues) can work optimally, allowing you to do all the things you want to do with energetic zest? In six classes your questions will be answered by examining areas of the body as functional units that work together to make an efficient whole. Biomechanics, kinesiology, physiology and anatomy provide the basis for your informal look at how you can improve your quality of life by improving quality of your movement.

**Instructor:** Lynn Peterson, p. 39

**NEW SUCCESSFUL LIFE TRANSITIONS**

Feb. 14 – Feb. 28, 9:30 to 11 a.m.  
 3 sessions, \$25

Explore practical steps to tackle your transition to retirement and master other late-in-life transitions such as divorce, loss of a spouse and long-term care needs. Discussion will focus on specific measures you can take in advance to understand and ease the impact, including accessing available resources. Using lecture, open discussion and case study, this class examines the financial, legal and public benefit resources available to help those in transition.

**Instructor:** Bill Laird, p. 38

**FIRE! BEHIND THE SCENES WITH JACKSONVILLE UNIVERSITY’S GLASS DEPARTMENT****ED-venture** 

Feb. 21, 10:30 a.m. to 1 p.m.  
 1 session, \$25

JU’s art glass program was launched in 1972 just as Dale Chihuly garnered critical and popular acclaim as a glass artist. Enjoy a lecture and a narrated glassblowing demonstration. Witness glass formed from a molten pool into a stunning work of art during this educational and entertaining process. After your studio visit, join us for a Dutch-treat lunch at Cleota’s Southern American Cuisine. To view the menu, visit [www.cleotas.com](http://www.cleotas.com).

**Instructor:** Brian Frus, p. 36

**DIABETES: HOW FOODS FIGHT DIABETES**

Feb. 28, 10 a.m. to noon  
 1 session, \$15

Discover plant-based nutrition and cooking for Type-2 diabetes prevention and treatment, developed by the Physicians Committee for Responsible Medicine. The class is based on “Dr. Neal Barnard’s Program for Reversing Diabetes” and the DVD, “A New Approach to Nutrition for Diabetes.” Hear from Dr. Barnard on the science and practical aspects of adopting a low-fat, low-glycemic index, plant-based diet. Watch interviews with people who share their own life-changing experiences. View and discuss a video, enjoy a cooking demonstration and a tasting of three small meals.

**Required:** \$20 materials fee payable to the instructor.

**Instructor:** Heather Borders, p. 34

## KICKSTART YOUR HEALTH: POWER OF YOUR PLATE

March 7, 10 a.m. to noon  
1 session, \$15

Explore Dr. Neal Barnard's book, "21 Day Kickstart," and address the issues of losing weight, maintaining a healthy weight or simply embracing an overall healthful diet. Much of the Kickstart plan is about making a qualitative shift in the way we eat, as opposed to a quantitative shift. For some, it's the first time the idea of not restricting amounts of foods, but choosing the right foods has been the guiding principle for losing weight and staying healthy. View and discuss a video, enjoy a cooking demonstration, taste three small meals and receive other helpful resources.

**Required:** \$20 materials fee payable to the instructor.

**Instructor:** Heather Borders, p. 34

## CANCER PROJECT: HOW FOODS FIGHT CANCER

March 14, 10 a.m. to noon  
1 session, \$15

Discover the Cancer Project, which demonstrates more than one-third of all cancer deaths in the U.S. are due to poor diet. Learn how certain foods discourage cancer growth. View and discuss a video, enjoy a cooking demonstration, taste three small meals and receive other helpful resources.

**Required:** \$20 materials fee payable to the instructor.

**Instructor:** Heather Borders, p. 34

## **NEW** MAYO CLINIC'S HUMANITIES IN MEDICINE PROGRAM

**ED-venture** 

March 14, 10 a.m. to noon (excludes lunch)  
1 session, \$15

Discover how Mayo Clinic integrates ethics, history and the arts in a medical environment to meet diverse patient needs. Learn how musical performances, visual art exhibitions, theater and dance events and lectures advance healing and recovery. The program concludes with a tour of the clinic's art collection. After your tour, join fellow OLLI members for a Dutch-treat lunch to socialize and debrief.

**Required:** Physical stamina as the tour requires standing and walking for an hour. The program is fully accessible to those with assistive mobility devices. Transportation is on your own, but directions and parking suggestions will be provided.

**Coordinator:** Billie J. Hayward, p. 37

## SATURDAY ▼

### **NEW** SPECIAL INTEREST GROUP: PHOTOGRAPHY

Jan. 25, Feb. 22, March 22, 9 to 11 a.m.  
3 sessions, \$15

Calling all UNF OLLI shutterbugs! You're invited to join our newest Special Interest Group (SIG). Whether you are a photography novice, amateur, semi-professional or professional, seize this opportunity to learn, share tips with others and generally have fun outside the classroom. UNF OLLI members proficient in photography serve as mentors. Monthly meetings at various locations provide opportunities to use your camera, learn new techniques and tweak your skills.

**Coordinator:** Jay Sherline, p. 40

### **NEW** AFRICAN AMERICANS IN WORLD WAR II: FIGHTING FOR A DOUBLE VICTORY

Jan. 25 – Feb. 22, 11 a.m. to noon  
5 sessions, \$40 (includes UNF parking pass)

African Americans served bravely and with distinction in every theater of World War II. At the same time, they struggled for their own civil rights from the world's greatest democracy. Although the United States Armed Forces wasn't officially segregated until 1948, WWII laid the foundation for post-war integration of the military. In 1941, fewer than 4,000 African Americans served in the military and only 12 African Americans became officers. By 1945, more than 1.2 million African Americans served in uniform at home, in Europe and in the Pacific. Those ranks included including thousands of African American women in the women's auxiliaries.

**Instructors:** Joe "Hot Wing" Tillmon, p. 41 and Julius "Dark Knight" Grant, p. 36

### **NEW** PLANT-STRONG EATING: SAY "GOODBYE" TO THE SAD (STANDARD AMERICAN DIET) AND "HELLO" TO THE COLORFUL, IMMUNE-BOOSTING WORLD OF FRUITS AND VEGETABLES

Feb. 1 – Feb. 15, 1 to 2:30 p.m.  
3 sessions, \$25  
Location: Ananda Kula Holistic Center  
4154 Herschel St., Jacksonville



Optimize your health. Introduce more delicious plants into your diet. Explore the benefits and ease of preparing plant-based meals and snacks that support the immune system, which leads to a healthier body. Examples of plant-focused meals, recipes and suggestions for choosing whole foods will be provided.

**Instructor:** Kristi Helow, p. 37

# WINTER 2014

## FLEET LANDING IN ATLANTIC BEACH



1 Fleet Landing Blvd., Atlantic Beach, FL 32233

### MONDAY▼

#### GENEALOGY FOR NOVICES

Feb. 10 – March 10, 1 to 2:30 p.m.  
5 sessions, \$35

Get a starting place to identify and document ancestors found within the United States. Like any area of study, genealogy has its processes, forms and vocabulary. Learn to identify basic records, where to find them and how to glean important information. Use forms to help you record and organize data. Students are encouraged to share their family stories and research experiences.

**Required:** Access to a computer with Internet service. Experience with Internet research is helpful.

**Instructor:** AnnLee Alley, p. 33

### WEDNESDAY▼

#### FACIAL FITNESS: EXERCISES FOR THE FACE AND NECK

Jan. 22 – Feb. 26, 1 to 2:30 p.m.  
6 sessions, \$40

Physical exercises are an important part of keeping our bodies fit. However, many people neglect the muscles in the neck and face. Discover the importance of neck and facial fitness. Various exercises will be demonstrated by the instructor or via DVD, with time for students to practice each exercise. Most exercises take less than one minute to complete. Students will be encouraged to practice at home. Exercising facial muscles can tone and firm the face while stimulating blood flow and circulation, resulting in a healthy, refreshed look: a natural face lift.

**Instructor:** Evelyn Anchondo, p. 33

### TUESDAY▼

#### **NEW** SOCRATES' CAFÉ

Feb. 4 – March 11, 1 to 2:30 p.m.  
6 sessions, \$40

Ignite your spirit of inquiry. Discuss core questions involved in the human experience: What is human? Is childhood an invention? Each session's question will be known well in advance so all students can prepare ideas for sharing.

**Required:** Read a bit of Socrates' dialogues online to catch the spirit of his inquiry.

**Facilitator:** Sharon Scholl, p. 40



# WINTER 2014

## GLENMOOR



235 Towerview Rd., St. Augustine, FL 32092

### TUESDAY ▼

#### WRITING YOUR LIFE STORY

Feb. 4 – 25, 10:30 a.m. to noon  
4 sessions, \$30

Begin writing the story of your life and legacy. This course will offer a bullet list of practical steps for beginning the project, including a number of questions and suggestions to pique the memory and imagination. We will focus on class members and their lives, with a high level of participation and exchange of ideas. In the first of four sessions, students will be introduced to the genre, the first of which will be introductory and exploratory. Students will then be asked to explore their memories and do some research into their family/personal history and return with a “white page” (summary) of their life story to share with the class—if they are comfortable sharing.

**Instructor:** Susan D. Brandenburg, p. 34

#### IS YOUR HEARING KEEPING UP WITH YOUR LIFE: THE BRIDGE TO BETTER HEARING AND COMMUNICATION

March 11 – 25, 10:30 a.m. to noon  
3 sessions, \$25

Maximize your hearing and communication! Learn about the anatomy and physiology of how we hear and process sound, and the emotional and physical consequences of untreated hearing loss. You will understand the difference between hearing and listening, effective communication strategies for the talker and the listener with hearing loss, and the evolution of hearing aid technology from the 1600s to the present.

**Instructor:** Nancy Gilliom, p. 36



**SPEAKER  
SERIES**  
SECOND FRIDAY  
MONTHLY AT  
GLENMOOR  
1:30 TO 3 P.M.



# WINTER 2014

## WESTMINSTER WOODS ON JULINGTON CREEK



 WESTMINSTER WOODS  
ON JULINGTON CREEK  
[www.WestminsterRetirement.com](http://www.WestminsterRetirement.com)

25 SR 13, Jacksonville, FL 32259 on the south side of the Julington Creek Bridge

### TUESDAY ▼

#### INTRODUCTION TO TAOIST TAI CHI

Feb. 4 – March 11, 10 to 11:30 a.m.  
6 sessions, \$40

The Taoist Tai Chi Society internal arts and methods incorporate stretching and turning into a sequence of movements that improve the health of body, mind and spirit. Students will learn the first 17 movements of the Taoist Tai Chi movement set.

**Instructors:** David and Donna Collins, p. 35

#### **NEW** SPEAKING OF MUSIC

Feb. 4 – March 25, 1 to 2:30 p.m.  
8 sessions, \$50

Maximize your understanding of music! Learn terminology and characteristics of different styles and periods of music. History of African American music will be woven throughout the course.

**Required:** "African American Musical Heritage" by Lenard C. Bowie, available in hard copy (\$66.99) or as an e-book (\$3.99). A set of six CDs (optional) will be available for \$30.

**Instructor:** Lenard C. Bowie, p. 34

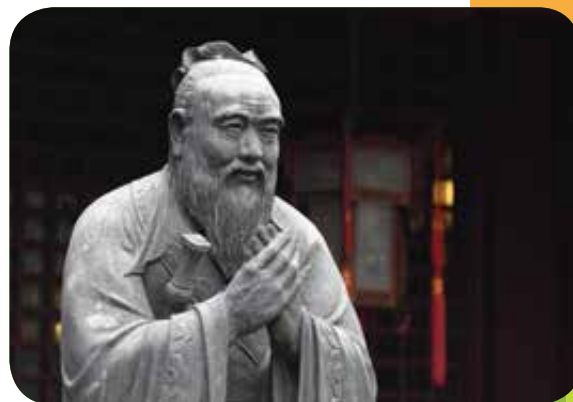
### WEDNESDAY ▼

#### **NEW** THE CONFUCIAN WORLDVIEW: PAST, PRESENT AND FUTURE

Feb. 5 – 12, 1 to 2:30 p.m.  
2 sessions, \$20

Stretch your knowledge of Confucius and his times and the influence of Confucianism in Asia. Consider the possibilities and challenges for Confucianism in the future. Learn about the impact of the Confucian worldview upon society, economics, politics and culture in the contemporary world. Assigned readings from the Internet and class handouts are provided and student participation in class discussion is encouraged.

**Instructor:** Carol Chou Adams and Daniel Adams, p. 33





# FACULTY

**Carol Chou Adams and Daniel Adams** are a husband and wife team with extensive teaching experience in the United States and Asia. Rev. Carol Chou Adams and Rev. Daniel Adams spent a combined 37 years in Taiwan and Korea working as educators. They have also served as visiting professors and special lecturers in Myanmar (Burma), Hong Kong, Japan, Thailand, Indonesia and Malaysia. Avid travelers, they have visited 73 countries, where they always sought out centers of religious devotion and places of cultural and archeological interest. Carol is a graduate of Tainan Theological College, Elmhurst College (B.A., L.H.D.), the University of Dubuque Theological Seminary (M.Div.), Presbyterian School of Christian Education (M.A.) and the Southeast Asia Graduate School of Theology (Th.D.). Daniel holds degrees from Seattle Pacific University (B.A.), the University of Dubuque Theological Seminary (M.Div.), Soochow University in Taiwan (M.A.) and Aquinas Institute of Theology (Ph.D.).

**The Confucian Worldview—Past, Present and Future, p. 32**

**AnnLee Alley** holds Florida Descendant Pioneer Certifications from the Florida State Genealogical Society recognizing that she is a direct descendant of two families who resided in Florida prior to statehood. She serves on the certification committee. AnnLee began researching family history after retirement and enjoys the challenge of problem solving and historical research combined with finding cousins and gathering stories. She earned a master's degree from Trinity College, Washington, D.C. and a bachelor's from Wesleyan College, Macon, Ga. A native Floridian, she spent her teen years on Jacksonville's southside, where she graduated from Landon High School.

**Genealogy for Novices, p. 30**

**Mary Ames** has a liberal arts degree in French from St. Xavier University in Chicago and has studied at the Sorbonne in Paris. She holds a teaching certificate from Illinois and has 11 years of experience teaching French in public and private schools in metropolitan Chicago. She has taught French in the OLLI program for six years and has traveled throughout France and to Belgium, Switzerland and Quebec. She is a member of the Alliance Française of Jacksonville and enjoys French culture and conversing with native-born French speakers.

**Essential French Grammar and Readings, Part XI, p. 27**

**Evelyn Anchondo** is originally from El Paso, Texas and retired from federal law enforcement with more than 30 years of service. She was the assistant to the director of volunteer services with an AIDS organization in El Paso and was involved with an AIDS organization in Jacksonville. She has provided one-on-one literacy tutoring in both cities. Evelyn has been interested in healthy living for a long time and enjoys regular exercise to stay and look healthy.

**Facial Fitness — Exercises for the Face and Neck, p. 30**

**Stewart Angell** was in the Marine Corps from 1959 to 1967 and served as a police officer for 24 years, the last 18 as a police chief. He has a bachelor's degree in business and law enforcement with a minor in history, as well as a master's degree in police administration. His interest in history is focused on the Korean War and the war in Vietnam.

**Vietnam War, p. 24**

**Keith Ashley** is coordinator of Archaeological Research at the University of North Florida. Ashley has been involved in archaeological excavations throughout the southeastern United States. His current research focuses on the Native American history and cultures of Florida and coastal Georgia.

**Jacksonville's Native American History, p. 10**

**Peter Bartha** is a native of Hungary and a retired senior executive of the Canadian affiliate of Exxon Corporation. He is a former professor at York University in Toronto and dean of the graduate business school at the Central-European University in Budapest. He and his wife are winter residents in Jacksonville where their daughter and grandchildren live.

**Tocqueville Revisits America, p. 14**

**Andrew Beall** has a master of science degree in biology with expertise in aquatic toxicology, anatomy and zoology. He teaches the laboratory sessions for anatomy and physiology, human biology and general biology, and has a strong academic interest in paleontology. Beall has taught an honors class entitled "Evolution and Natural History of Florida" with paleontologist Dr. Barry Albright for three spring terms and has led participants on paleontological digs in cooperation with the Florida Museum of Natural History.

**An Overview of Florida's Geology and Natural History, p. 18**

**Margie Begley** is an experienced financial and technology manager with more than 20 years of experience with Fortune 500 companies. She has developed in-house business application seminars as well as computer-based training, and continues to offer consulting services to companies. During the last two years, Begley has been a private tutor for high school and college students in accounting, finance, math and reading.

**Introduction to MS Word 2010, p. 13**

**Walter Beissinger** is a retired certified public accountant and former managing partner of a large regional CPA firm. He graduated summa cum laude from Temple University in Philadelphia. His involvement in competitive bridge began in 1956. He has reached the status of Life Master.

**Advanced Bridge, p. 27**

**Eliezer Ben-Yehuda** was born in Jerusalem, Israel. Rabbi Ben-Yehuda earned a doctorate in literature with a thesis on the text of the Jewish scriptures as reexamined from the Hebrew. Since arriving in the U.S. in 1958, Rabbi Ben-Yehuda has served as a rabbi of the pulpit, Jewish chaplain for the Veterans Administration, campus rabbi at Indiana University of Pennsylvania, Hebrew school and Sunday school principal and teacher, and guidance counselor for youth movements.

**The Prophets from the Hebrew Text in Scriptures, p. 17**

**Martha Bennett** is a certified Open-Focus trainer and has more than 25 years of combined experience as a psychotherapist and educator. She received her M.A. in psychology from the University of West Georgia and is certified by the Hakomi Institute in Boulder, Colorado as a Body-Centered Psychotherapist.

**Expand Your Thinking: Open-Focus Brain Training, Part II, p. 20**  
**Open-Focus Brain Training for Golfers, p. 25**

**Heather Borders** is an astronaut trainer, turned medical device marketer, who transitioned to a plant-based diet in August 2011 to lower cholesterol without medication. She was pleasantly surprised to learn the powerful role food can play in one's quality of health, in spite of bad genes. In August 2012, Heather was chosen by the Physicians Committee for Responsible Medicine (PCRM) to be the Food for Life Cooking and Nutrition instructor for the Jacksonville area. She also created the VegHealthyJax Meetup, a community initiative to make eating healthy while dining out in the northeast Florida area possible and convenient. The VegHealthyJax team offers promotional opportunities to restaurants who serve whole food, plant based dishes.

**Cancer Project: How Foods Fight Cancer, p. 29**

**Diabetes: How Foods Fight Diabetes, p. 28**

**Kickstart Your Health: Power of Your Plate, p. 29**

**Lenard C. Bowie** is a long time music educator with 46 years of college teaching experience in Florida's state university system. He served as associate director of bands at Florida A&M University and founded the Instrumental and African American Music Programs at UNF. Bowie has performed with numerous music ensembles, including the Jacksonville Symphony, the St. Johns River City Band and lead of five brass quintets, currently, the Jacksonville Chamber Brass Players. Bowie is the recipient of four academic degrees, including Master and Doctor of Musical Arts degrees from Yale University. He is the author of four books, including the text, "African American Musical Heritage."

**Speaking of Music, p. 32**

**Susan D. Brandenburg** is a professional biographer who enjoys the great privilege of writing the life stories of extraordinary people. A journalist for more than thirty years, Susan has written eight biographies and published four books through her publishing company, Susan the Scribe, Inc. in Ponte Vedra Beach, Fla. Her website is [www.susanthescribe.vpweb.com](http://www.susanthescribe.vpweb.com).

**Writing Your Life Story, p. 31**

**Rona Brinlee** is the owner of The BookMark, an independent bookstore in Neptune Beach. Since 1995, she has developed a national reputation for hosting major authors and recommending books on NPR. Rona received her Ph.D. in anthropology from Columbia University and moved to Jacksonville in 1980 to start the anthropology program at UNF.

**Read Any Good Books Lately? Understanding the Book Business and Finding Out about What to Read Next, p. 15**

**John Brown** has more than 40 years of information technology experience. He has worked in every aspect of IT, including operator, programming, database management, desktop support, server support, network support and managing the staff that carries out these duties. For five years, John has trained IT professionals in PC repair, Microsoft services and computer security.

**Computer Security: Knowledge to Protect Your Data, Your Finances and Your Reputation, p. 25**

**Learn to Use Your iPad or iPhone, p. 24**

**Jane Bryant** worked as a counselor for Florida State College at Jacksonville for 36 years. Throughout her career she worked with students of all ages and in all career fields, individually and in groups through workshops and classes. Jane holds a B.A. in sociology and philosophy and an M.A. in counseling. She also completed postgraduate work in organizational development.

**Psychological Type: A Tool for Understanding Yourself and Others, p. 25**

**Joe Butler** has studied diamondback terrapins since 1996 in northeastern Florida, the Gulf Coast and the Keys. The Florida Fish and Wildlife Conservation Commission, Florida Sea Grant, NOAA, the National Wildlife Federation and UNF, have all supported his terrapin work. He has also published numerous manuscripts on terrapins and other herpetological topics. He is a founding member of the Diamondback Terrapin Working Group ([www.dtwg.org](http://www.dtwg.org)), which is dedicated to research, management, conservation and education concerning diamondback terrapin populations.

**Diamondback Terrapins: A Local Beauty Seldom Seen, p. 19**

**Susan Shipe Calfee** is wild about words and has been scribbling since childhood. Her published prose and poetry have appeared in print magazines, newspapers and online. Her first book, "St. Augustine A – Z, A Younger Reader's Guide to America's Oldest City" was released in September 2013.

**All About Craft – the ABCs of Good Writing, p. 23**

**Dale Casamatta** is an aquatic microbiologist and is known for his enthusiasm when it comes to the study of algae (the general field known as phycology). He has described four new groups and 25 new species of algae from around the world, serves on the Executive Committee for the Psychological Society of America, and is involved in several long-term studies of the impacts of pollution and climactic change on aquatic communities.

**Nutrients and Algal Blooms in Florida Lakes and Rivers: More than Just Unsightly, p. 18**

**Louis “Lou” Catania** is an internationally acclaimed clinical educator and author. Catania has written 11 textbooks and more than 125 journal articles. He practiced clinical eye care for more than 42 years in private practice and academic medical centers. Lou currently serves as senior consultant at Nicolitz Eye Consultants, a multi-specialty ophthalmology group in Jacksonville. Additionally, he serves as consultant and advisor to J&J Vision Care and Marco Ophthalmic, Inc. He holds academic rank and is a visiting faculty member at numerous optometry and medical schools at U.S. and international universities.

**Being Well Means Seeing Well, p. 17**

**Lois Chepenik** served as executive director of Jacksonville Community Council Inc. (JCCI) for 10 years. Prior to her service as executive director at JCCI, Chepenik was an assistant executive director of the Jewish Community Alliance, a role she prepared for through service on the boards of many organizations including the Delores Barr Weaver Policy Center, AgeWell Center of Baptist Health, Synovus Bank, PACE Center for Girls, Planned Parenthood, United Way and the Jacksonville Chamber of Commerce Foundation. Originally from Savannah, Ga., Chepenik graduated from the University of Florida with a Master of Special Education. Later she received the OneJax Humanitarian award and completed Leadership Jacksonville. Chepenik has extensive experience facilitating diverse groups.

**TED Talks: Conversations That Matter, p. 11**

**David Collins and Donna Collins** are a husband and wife team who are accredited by the Taoist Tai Chi Society to instruct beginning students.

**Introduction to Taoist Tai Chi, p. 32**

**Tom Collins** holds a B.S. and an M.S. in physics from the University of Georgia and a Ph.D. in physics from the University of Florida. He also holds an M.S. in political science from George Washington University. He is a graduate of the National War College and a Fellow of the American Physical Society. Tom retired in 2006 following a distinguished career in research and academia.

**What You Need to Know About DNA! Part 2, p. 21**

**Roger Curry** has a B.A. in mathematics. He served with the Jacksonville Sheriff’s Office for 30 years and in the Navy Reserve for 22 years. He has had a lifelong interest in exploring math and the sciences. Curry has been active in the Northeast Florida Astronomical Society for 25 years and enjoys sharing the sky with others.

**Fun with Numbers (or Math for the Curious), p. 21**

**Richard Dickson** is currently executive director for Northeast Florida Conservatory and director of the Community Band, Orchestra and Jazz Band. Richard has taught band at Wolfson and Paxon high schools and at Jacksonville University, Florida Community College Jacksonville and the University of Florida. He directed the Gainesville Community Band and Civic Chorus and Orchestra. Richard owned and operated a national music personnel service and also directed and produced his own dinner theatre. For 12 years, he was executive director for Amelia Arts Academy, a community school of the arts on Amelia Island and directed Amelia Island Chorale, the New Horizons Band and the String Ensemble. He was also organist and music director Amelia Plantation Chapel and has served churches in Jacksonville and Gainesville. Richard holds music education degrees from Stetson University and University of Florida.

**The Band Plays On (The Orchestra Too), p. 24**

**Diane Dyal** is a Jacksonville native who enjoys learning about the history of our area and sharing what she has learned with others in our community. In 2001, Diane was fortunate to be involved in the formation of Untamed Adventures, an outdoor adventure group for women. She volunteers with UNF OLLI to encourage members to learn more about the wonderful paradise called Florida. Prior to retiring, Diane worked in management for more than 30 years with Frank Griffin Motors.

**ED-venture: Discover Flagler County – Washington Oaks and Bing’s Landing, p. 25**

**Sandy Ernstsen** is passionate about creating objects that are both beautiful and useful. She learned to knit the same year she earned her B.A. in design from California State University, Los Angeles. For yarn money, Sandy worked as a graphic designer in the advertising industry.

**The String Theory: Learn to Knit, p. 20**

**John Fischer** is a retired management consultant who has been a news aficionado since high school. His professional work in factory management, technology and human resources required extensive domestic and international travel and periodic relocations. His lifelong hobby has been reading: books, newspapers and journals with an emphasis on politics, governance, economics, demographics and culture. However, win or lose, time is always reserved for the Detroit Tigers.

**Great Decisions 2014, p. 27**

**Linda A. Foley** is a psychologist who spent many years teaching psychology and law at UNF. She interviewed inmates, conducted psychological autopsies for the police, consulted with attorneys on jury selection and testified as an expert witness. She has written a psychology and law textbook, two books on offenders and more than 30 articles about legal, psychological and criminal issues. She now writes cozy mysteries.

**Psychology and the Law, p. 16**

**Marilyn Fowler** is a retired licensed clinical social worker/psychotherapist. She served as mental health team leader, then director of mental health services in the Duval County Jail. She later coordinated mental health services in five nursing homes, worked on in-patient units and was in private practice for a number of years. Her stories have appeared in a Salvation Army Magazine and in a book entitled "When God Spoke to Me" by David Paul Doyle. Her memoir, "Silent Echoes," was recently published.

**The Influence of Childhood Messages, p. 12**

**John Frketic** is a retired Army intelligence officer. He spent 34 years on active duty with multiple combat tours including Vietnam, Operation Desert Shield/Desert Storm and Operation Iraqi Freedom. As an intelligence operator and analyst, he spent years working counter-terrorism issues throughout the Balkans and the Middle East. He graduated from the U.S. Army's School of Advanced Military Studies at Fort Leavenworth, Kan., and served as a national security fellow at Harvard's Kennedy School of Government. He has lived and traveled extensively throughout Europe, the Middle East, North Africa and Southwest and Southeast Asia.

**Invisible Armies: An Epic History of Guerrilla Warfare From Ancient Times to the Present, p. 18**

**Brian Frus** is the professor of glass art at Jacksonville University where he oversees all glass art programs. Frus began to work with glass in 1996. His work can be found nationally and internationally in galleries and private collections.

**ED-venture: Fire! Behind the Scenes with Jacksonville University's Glass Department, p. 28**

**Tatiana Ganina** holds a doctorate in art history from the University of St. Petersburg, Russia. She is a former chief curator at the State Russian Museum in St. Petersburg. She has organized several international exhibits including one in the National Gallery in Washington, D.C., and is the author of several books and many articles. She has lectured in Russia, Canada and the United States.

**Masterpieces of Art: Europe's Golden Age, p. 15**

**Vladimir Ganina** graduated from St. Petersburg University, Russia with a Ph.D. in theoretical and mathematical physics. During the past 20 years, he worked as a senior research scientist in American industry. History has always been his passion.

**Can Russia Become a Democracy?, p. 10**

**Jim Gelslechter** is an assistant professor of biology at UNF who has conducted scientific research on sharks for close to 20 years.

**Everything You Ever Wanted to Know about Sharks, p. 19**

**Quincy Gibson** is a research scientist at UNF who has spent time in Australia and Hawaii studying the behavior of marine mammals. Since 2010, she has been conducting weekly cruises along the St. Johns River photographing, counting and observing dolphin behavior with some very interesting results.

**Dolphins in the St. Johns River, p. 19**

**Nancy Gilliom** received her doctorate from Purdue University. She has been in private practice in Jacksonville since 1995. She seeks to provide excellent care that is backed by the power of an extensive education. Nancy believes in educating her patients and the community regarding hearing loss, prevention and rehabilitation. She has presented to numerous community outreach programs, written several editorials for local media and continues to promote better hearing. She is a member of the Academy of Doctors of Audiology and American Academy of Audiology. She is the past editor for "Audiology Practices" and "Feedback," official publications of the ADA.

**Is Your Hearing Keeping Up With Your Life: The Bridge to Better Hearing and Communication, p. 31**

**Dixie Guill Golden** is writer, poet, teacher and blogger, whose books since retirement include a chapbook of poetry, "Wingwalking: Poems," "Unfinished Conversations," a novel that tells about a woman's journey to reclaim her identity during the last quarter of the twentieth century, and a mystery in progress, "Unnumbered Days." She holds both an M.A. and B.A. in English, mentors other writers and enjoys creating and teaching new OLLI classes.

**Special Interest Group: Creative Writing, p. 26**

**A Walk with American Women Poets, p. 16**

**Julius A. "Dark Knight" Grant** is a former United States Marine with 13 years of active and reserve service. He joined the Buffalo Solider Historical Society in 2000 serving as sergeant-at-arms. He holds an M.B.A. from the University of Phoenix and works as an operations manager.

**African Americans in World War II: Fighting for a Double Victory, p. 29**

**Courtney Hackney** has studied natural systems on all three U.S. coasts and published more than 60 scientific papers, numerous technical reports and many articles for the public on coastal topics. He is the former Chairman of the Coastal Resources Commission for the state of North Carolina and served on the Environmental Advisory Board for the chief of the U.S. Army Corps of Engineers.

**The Dynamic Coast, p. 18**

**Billie Hayward** became a full time community volunteer after a career as psychiatric clinical nurse specialist. She contributes her time and talents to the arts and UNF OLLI. Hayward enjoys planning new ED-ventures that provide OLLI members unique learning experiences.

**ED-venture: Mayo Clinic's Humanities in Medicine Program, p. 29**

**Wayne Heckrotte** worked in the computer field for more than 41 years, but for as long as he can remember he has been a history buff. He had the usual high school history courses and one college course on the subject, but he has been a prolific reader of all things historical. He acquired his knowledge of history the easy way. He loves it! He enjoys visiting historical sites and history museums.

**The Pacific War: 1941 to 1945, p. 17**

**Kristi Helow** is an R.N. who received her B.S. in nursing from the UNF in 1984. She is a radiation oncology case manager at the University of Florida Proton Therapy Institute (cancer treatment facility) in Jacksonville. Among her nursing responsibilities, she provides monthly presentations supporting improved nutrition and lifestyle for Proton patients and families.

**Plant-Strong Eating: Say "Goodbye" to the SAD (Standard American Diet) and "Hello" to the Colorful, Immune-Boosting World of Fruits and Vegetables, p. 29**

**John Hendrickson** developed a passion for opera when he was just 17 and has been a student of opera ever since. He previously taught other opera classes at UNF OLLI.

**The Operas of Giuseppe Verdi, Part II: The Galley Years Continue, p. 9**

**Gary Hickenbottom** is certified as an instructor for Tai Chi for Arthritis and was an assistant tai chi instructor at the Jim Fortuna Senior Center. As a strong advocate of this ancient form of exercise, he believes that the regular practice of tai chi reduces stress and creates a sense of calm and confidence. Gary has been an OLLI member since 2010 and enjoys taking classes, especially ones that focus on brain training and creativity.

**Tai Chi for Beginners, p. 15**

**Intermediate Tai Chi, p. 24**

**Howard Hodor** retired after 35 years' experience in commercial and residential real estate development. He served as founding chairman of Gainesville's Council for Economic Outreach and received the governor's appointment to the Southern Growth Policy Board and Florida Council of 100. Howard served as administrative committee chairman of the board that founded Enterprise Florida. At the request of the governor, he assumed the responsibilities of president and CEO of that organization for 18 months.

**Current Events, p. 13**

**Bill Howes** holds a B.A. and M.A. in the teaching of history and social sciences and an Ed. D. in educational leadership. He is a retired educator who has also served as a principal and a superintendent of schools in Michigan, Wisconsin and Florida. He taught college classes at St. Norbert College and the University of Wisconsin-Fox Valley. He has an ardent interest in the study of history. This is his seventh year teaching in UNF's OLLI program.

**A People's History of the United States: Part II, 1914–2000, p. 18**

**Chuck Hubbuch** is an assistant director of Physical Facilities at UNF who previously worked at the Jacksonville Zoo and Gardens and the Fairchild Tropical Garden in Miami. Hubbuch is a self-described obsessed gardener. He recently launched his own website called SoutheastGarden.com, which documents his green-thumbed experiences in northeast Florida.

**Guided Tour of the UNF Sawmill Slough Preserve, p. 13**

**Jake Ingram** is a retired landscape architect who moved back to his hometown of Jacksonville seven years ago, after being away for 35 years. From 1998 until 2005 Jake was the staff landscape architect for the St. Joe Company's projects in Walton County where only native plants were used in all landscaping. Since retiring he's been involved in several pro bono projects in the Riverside/Avondale area and maintaining his own native landscaped yard and productive food plot. Jake has been a member of the Florida Native Plant Society for 12 years.

**Maintenance of Native Plants in a Residential Landscape, p. 13**

**Barbara Jackson** was born in Jacksonville and is a third generation Floridian. She is a Duval County master gardener, a Florida master naturalist and president of the local chapter of the Florida Native Plant Society. She serves on the Executive Committee of the Northeast Florida Green Chamber of Commerce and is in charge of membership. Barbara is also the president of the City of Neptune Beach Beautification Committee. She speaks and writes about native plants and Florida ecosystems.

**Wake Up and Plant the Natives, p. 13**

**Eric Johnson** is a Fishery Biologist interested in management of fish stocks. He has spent more than a decade studying the blue crab fishery in Chesapeake Bay, working closely with fishermen and agencies responsible for their management. He has also worked with spiny lobster and finfish in the Florida Keys and is currently studying how the introduction of the exotic lionfish is impacting important fisheries species.

**Fish and Fisheries, p. 19**

**Madeline Jorgensen** is a founding member of UNF OLLI. She served on its Advisory Board and led its Activities Committee. Madeline organized tours of the Federal Reserve, JAXPORT and Jaguars Stadium among others. As a member of the ED-ventures Team, she continues to pursue her passion for organizing interesting field trips for OLLI members. The Epping Forest Yacht Club lunch and tour is a perennial favorite.

**ED-venture: Art and Gardens of the DuPonts at Epping Forest, p. 27**

**Irwin Kirk** is a retired lawyer who has facilitated OLLI history classes about the Paris 1919 Peace Conference, the modern Middle East, modern China, American Disunion, Reconstruction and the American Frontier West.

**1914: How the Great War Began, p. 23**

**Maureen Kirschhofer** began her working career as an art teacher in Buffalo, N.Y., after completing her B.F.A. at the University of Rochester and an M.S. in art education at the State University College at Buffalo. In 1981, she began a new career as an insurance agent for the Paul Revere Company. A Chartered Life Underwriter since 1991, Maureen has had a distinguished career in insurance and financial planning. She has held many positions and received many honors on local, state and national levels, including president of the Jacksonville Society of Financial Planners.

**Studio Painting, p. 9**

**Dan Kossoff** began his working life as a DJ and folksinger. Since then he has produced and directed thousands of TV programs, films, commercials and special events. His work ranges from award-winning documentaries to state legislative coverage; from directing a popular PBS cooking show to running the Jacksonville Jazz Festival. He hosted a long-running WJCT/Public TV talk show and was the station's resident movie critic. Kossoff also worked as a corporate marketing director and director of creative services. He is a graduate of the University of Minnesota with post-graduate studies in Film/TV at the University of Kansas.

**TED Talks: Conversations That Matter, p. 11**

**Ronald J. Kurth** is a retired Navy rear admiral who also served as the naval attaché and defense attaché, in Moscow. Kurth graduated from the U.S. Naval Academy and earned a Ph.D. from Harvard University in Russian studies. As a young Navy lieutenant, he taught Russian at Annapolis.

**The Death of Soviet Communism: Gorbachev, Yeltsin and Putin, p. 26**

**Bill Laird** is a financial advisor for Dixon Hughes Goodman's Jacksonville office. He is one of only 1,300 individuals nationwide to hold both the Certified Financial Planner and Chartered Financial Analyst certifications and has 14 years of experience in the wealth management industry. Laird's specialty is assisting clients through major life transition events such as retirement, divorce, death and long-term care decisions. He dedicates significant time to the community through Rotary International, Clay County Senior Advocacy and Second Harvest Food Bank. He was recently honored as one of Jacksonville's "Top 40 Under 40" by the Jacksonville Business Journal. Laird is married with two children and is the primary decision-maker and caregiver for both his father and uncle, who suffer from dementia.

**Successful Life Transitions, p. 28**

**Bill Longenecker** is an amateur beach geologist who developed an interest in the subject as a mountain biker. His "Wavelengths" column appears frequently in The Florida Times-Union. Currently he works as an emergency department paramedic at Shands.

**Beach Sands, Retired Mountains, p. 21**

**Randi Loving** is a graphic designer with 30 years' experience. She has a B.A. and B.F.A. from UNF and is a 17-year member of the National Association of Photoshop Professionals (NAPP). Her specialties include digital photo restoration, general photography and photo organization.

**Computer Help, p. 12**

**Kathy Marquis** is an Army brat who grew up all over the world. She married a Navy pilot and got to see even more. As a result, she developed a love of history and other cultures. Kathy and her husband moved to the heart of downtown St. Augustine in 2000. Living in the oldest city in the U.S. is a perfect fit. She looks forward to sharing with you some interesting sites in the city. Kathy is a graduate of FSU and UNF and had a career in teaching, most recently at the Florida School for the Deaf and Blind, St. Augustine.

**ED-venture: Insider's Tour of St. Augustine, Part II, p. 26**

**Melissa Marro** is one of the top home staging industry professionals. She is one of the most requested speakers and has given the keynote address at the Real Estate Staging Association (RESA) annual convention three times. Melissa is a featured educator at national staging expos and regional vice president for RESA. She is known for engaging her audience in a no-nonsense fashion. Offering years of hands-on experience, Melissa has helped shape the industry and develop best business practices.

**Preparing Your Home For Sale: A Guide to Home Staging, p. 21**

**Jay Marshall** retired from a management career with Fortune 100 companies including Exxon-Mobil, Nestle and Revlon. He also served as CEO of smaller international trading companies. Marshall earned an M.B.A. in economics from Columbia University, and holds a B.A. in engineering and business administration from the City College of New York. An OLLI instructor on a variety of topics since 2007, his ongoing interest in international trade and globalization continues to provide material for his "Understanding Our World" series.

**Understanding Our World: A Time Perspective, p. 14**

**Lee Marshall** is an OLLI instructor whose courses focus on contemporary women's issues. Marshall retired after more than 20 years as an area director for several national health agencies in New York and, most recently, as a founding partner and principal of Non-Profit Planning Associates, a consulting firm specializing in strategic planning and leadership training. She holds a B.A. in social sciences from Mercy College in Dobbs Ferry, N.Y. and she completed her graduate studies in psychology and English at Manhattanville College in Purchase, N.Y.

**Stanley Kubrick: Master of Metaphor, p. 14**

**Connie McAuliffe** is a retired management consultant and college instructor. Her area of expertise in business and education is communication. She holds a B.A. in English from Bucknell University in Lewisburg, Pa and an M.Ed. from Cabrini College in Radnor, Pa. Connie is a lifelong, avid reader, has spent time as a journalist and continues to write both fiction and poetry.

**Writing Personal Poetry, p. 22**

**Kenneth McMillan** was a professor in the University of North Florida's Department of Art and Design where, for 30 years, he taught Aesthetics, Art of the 20th Century, Art Since 1940, Ceramics/Sculpture and 3D Design. He is a former chairperson of that department. Although teaching full time, he was able to travel extensively, and these experiences add a passion to his teaching. As a retiree, he is now producing art, researching and serving as a volunteer teacher for the St. John's Cultural Council and the O.U.R. Communities in Schools Program of St. Johns County.

**More Movies: Our Enduring Passion, p. 14**

**Dennis Navin** retired in 2006, after running a business in upstate New York. While in New York, Dennis was on the board of directors of the Ingersoll Home, an assisted living facility. After retiring, he moved to Tucson, Ariz. where he volunteered at Habitat for Humanity and Tucson Medical Center. Dennis believes in giving back to his community, and is becoming more involved with UNF OLLI.

**ED-venture: St. Augustine Lighthouse and Museum, p. 10**

**ED-venture: Speed! Daytona International Speedway, p. 16**

**Jim Newman** is a Senior Vice President with Janney Montgomery Scott LLC, one of the oldest firms in the industry. He volunteers his time as an investment instructor with the Duval County Schools continuing education division. Newman has been an adjunct professor at Jacksonville University, UNF and Florida Community College of Jacksonville. He taught courses to CPAs and attorneys that counted toward their Continuing Education Professional (CPE) credit hours.

**Building and Maintaining Wealth through Proper Investment Planning, p. 20**

**Carol D. O'Dell** is an author, inspirational speaker, artist, creativity coach and founder of Le Chats Writer's Circles. Her books include "Mothering Mother: A Daughter's Humorous and Heartbreaking Memoir" and "White Iris" (Spring 2014). Carol bases her course on her studies with Eric Maisel, Ph.D., a leading expert in creativity research, and on the works of Julia Cameron and her ground-breaking book, "The Artist Way."

**Flow: Creating and Sustaining Momentum in Your Life, p. 22**

**William O'Malley** is a retired Chicago Circuit Court judge, a former defense attorney and Chicago police officer. He holds a degree from Loyola University of Chicago and has his J.D. from Chicago Kent College.

**A View of the Criminal Justice System, p. 22**

**Joe O'Shields** is a practicing lawyer in Jacksonville. Before earning a law degree from Duke University, his love of history led to degrees in the discipline from the University of South Carolina (B.A.) and UNF (M.A.). He is an active communicant at St. John's Episcopal Cathedral, mentored an Education for Ministry (EFM) class for the past 12 years and practices as a spiritual director. He enjoys practicing yoga, riding his bicycle and being in school and around people who love to learn.

**Pre-Civil War Northeast Florida: Native Americans, African Americans and Women on the Frontier, p. 23**

**Terrance Patterson** is a clarinetist who founded and currently serves as artistic director of the Ritz Chamber Players. A native of Jacksonville, Patterson performed in Paris, London, Milan, Brussels, Belgrade, Munich, Amsterdam, Moscow, Washington, D.C., Baltimore, Miami, Philadelphia, Los Angeles and New York. He has performed with the Jacksonville Symphony Orchestra, the Sphinx Symphony of Detroit and Nashville, Florida West Coast, Huntsville, Festival, and Las Vegas Symphonies. He attended the Peabody Conservatory of Johns Hopkins University where he studied with clarinetist Lorin Kitt, principal clarinetist of the National Symphony Orchestra.

**Ritz Chamber Players Presents African-American Composers, p. 12**

**Lynn Peterson**, PT PMA-CPT is a local physical therapist and alumnus of UNF's Physical Therapy program. She is the creator and owner of Synergy Studio, an outpatient physical therapy clinic and Pilates studio, where Pilates meets physical therapy. Peterson has been an educator for Polestar Pilates Education since 2010 and is a master instructor.

**Owner's Manual to the Body, p. 28**

**Marsha Dean Phelts** has researched American Beach extensively. She is the author of the first complete book that chronicles the development of this coastal community, located at the southern end of Amelia Island. Marsha has also published two additional books on American Beach, a monograph on Jacksonville's St. Philip's Episcopal Church and a biography of Landon L. Williams, whose autobiography is titled "The Boy from Jessie Street." A retired school librarian, she continues to research and write, sharing intriguing stories about life on the First Coast.

**American Beach from Inside and Out, p. 17**

**Bill Prince** has maintained two musical career paths, one as a performer and the other as a teacher. He has performed with many musical giants including Buddy Rich, Dave Brubeck, Dizzy Gillespie, Henry Mancini, Tony Bennett, Arturo Sandoval and Ella Fitzgerald, as well as with a number of symphony orchestras. Bill has taught at five universities in three countries and has lectured on more than 70 campuses. One of Bill's most unique talents is his ability to perform professionally on several instruments including trumpet, flugelhorn, trombone, flute, clarinet, saxophone, piano and bass. He produced his own CD, "Happy Thoughts," for which he composed, arranged and performed all parts.

**Classical Music and All That Jazz, p. 15**

**Musical Failures and Mishaps, p. 16**

**What is Jazz?, p. 15**

**Shirley Leckie Reed** is professor emerita in history from the University of Central Florida and now a resident in the welcoming city of Jacksonville.

**How Violent Is the World Today and Why?, p. 20**

**John Reeve** retired from the advertising and publishing industry. A Silver Life Master with more than 1,600 Master Points, John frequently competes in regional and national bridge tournaments.

**Beginning Bridge, p. 12**

**Intermediate Bridge, p. 14**

**Virginia Roemhild** has a B.S. in business administration from Drexel University in Philadelphia. Language courses in Dutch, Portuguese and French are just a few of her other academic pursuits. She served as a tax consultant and instructor for H&R Block and taught high school math, English and business courses. Her former residences include the Netherlands, Jamaica, Brazil and a few states in the U.S.

**Passport to Travel, p. 19**

**Cliff Ross** is an associate professor of biology examining the effects of climate change on Floridian coral reef systems.

**Climate Change and the Impacts on Tropical Coral Reefs, p. 19**

**Glenn Ross** has been an OLLI member for four years and now teaches in the program. He is president of AllEnergy LLC, a company he started in 2004. As a technical consulting firm, the primary focus of AllEnergy is dispute resolution, mediation, contract interpretation and renegotiation for energy companies. Glenn has worked with clients throughout North America, the United Kingdom, Japan and Europe. He has a B.S. in electrical engineering and an M.B.A.

**Beginning Woodcarving, p. 12**

**Intermediate Woodcarving, p. 14**

**Alan F. Rost** has been part of the zoo world since 1979 and has been an Association of Zoos and Aquariums Professional Fellow since 1988. Rost arrived at the Jacksonville Zoo and Gardens in early 1989.

**21st Century Zoos and the Jacksonville Zoo and Gardens, p. 16**

**Laura Rubin** was born in Brooklyn and lived in Madison, Wisc., Hammond, Ind., Denver, Colo. and Jacksonville. She was a public school speech therapist and worked with emotionally disturbed children. Rubin volunteers to teach reading to adults and has facilitated play reading classes at the OLLI in Denver for 10 years and UNF OLLI for seven years.

**Play Reading, p. 23**

**Edward Sachs** is a recently retired internist with more than 30 years in private practice. Sachs is certified through the American Board of Internal Medicine, and is a graduate of the Ohio State University College of Medicine. He served as clinical professor of medicine and chairman of the Department of Medicine.

**What To Ask Your Doctor, p. 20**

**Margret Sander** is retired from FSCJ where she taught English as a second language, German, German Humanities and the Foundations of Western Civilization. She was educated in Germany, England and the U.S. and holds degrees in German studies and English. She loves literature and languages.

**The Epic of Gilgamesh, p. 15**

**Jayant D. Sathe** was born in India and came to the U.S. at the age of 21 to pursue a graduate degree in engineering. He lived and worked abroad in three countries while working for a multi-national consumer products company.

**India: The Good, The Bad, The Ugly, p. 16**

**Shashi Sathe** was born in India and came to the United States in 1971 to pursue her graduate studies. She has lived in several regions of the U.S. and Mexico, but chose to retire in Jacksonville.

**Indian Spices to Improve Your Health, p. 25**

**Strategies to Make Math Easy, p. 11**

**Ralph Sawyer** has facilitated or taught more than 25 courses since the inception of UNF OLLI. He is a retired Navy ophthalmologist and was chairman and residency director of the training program at the National Naval Medical Center for 15 years. He has lectured nationally at a number of ophthalmology organizations for 20 years. He has been interested in economics since college and has taught "Poverty in America" and "The Economic Crisis of 2008" in the past several years.

**Great Decisions 2014, p. 27**

**Sharon Scholl** is professor emerita from Jacksonville University. She is the author of two scholarly books and four books of poetry. Scholl is currently a choral director, keyboard musician and adventurer in world cultures.

**Socrates' Café, p. 30**

**Special Interest Group: The OLLI Joyful Voices, p. 26**

**Jerry Seebol** is a financial advisor and has been in the financial industry for 24 years. He is a Certified Financial Planner and currently manages a large book of clients, where he focuses on retirement planning. He enjoys hosting educational seminars and community classes.

**Addressing Volatility in Your Portfolio, p. 28**

**Jay Sherline** has loved photography most of his life. Handed a small Brownie camera as a young boy, he was hooked! Jay, a semiretired pharmacist, travels with his cameras always at the ready. Currently he serves as the photographer for all OLLI activities. His goal, in this new digital age, is for you to be comfortable with and enjoy using your camera.

**Special Interest Group: Photography, p. 29**



**Fred Skinner** is a longtime UNF OLLI student who retired as a corporate planner from Pittsburgh Natural Gas Utility. He earned his B.S. in electrical engineering and an M.S. in information science. He has continued his education by taking more than 100 courses, many in history, from the Teaching Company.

**The Battle of Britain, p. 27**

**Joseph Steinman** is originally from Philadelphia and holds a B.S. and M.S. in chemical engineering, and an M.B.A. and Ph.D. in finance. In the early part of his career, he worked in research for NASA on the space shuttle. Later he spent 19 years in private industry in various financial and general management positions in the United States, Europe and east Africa. He served on the finance faculty of a university in Switzerland for 12 years and the University of North Florida for seven years. He has consulted for management throughout the world.

**The State of the U.S. Economy, Mid-Year, 2013, p. 24**

**Steven L. Stoll** has 25 years of experience in business and 12 years in academia. He enjoys teaching and learning in an interactive classroom environment. He believes he has taught more classes in his academic career than most professors teach in a lifetime.

**Sociology of Evil, p. 28**

**Nona Tarjan** is a native Spanish speaker, born and educated in Argentina where she earned degrees in education and law. Tarjan is a former teacher who has lived in Europe. She has lived in the U.S. for the past 40 years.

**Intermediate Spanish Conversation, p. 19**

**James D. Taylor** holds B.S. and M.S. degrees in electrical engineering. He worked on the cutting edge of electronics technology as a research engineer for the U.S. Air Force. His books, including "Ultrawideband Radar Applications and Design" (CRC Press, 2012), established his reputation as an expert in radar technology.

**Wizard War: How Radar Saved the Allies in WWII, p. 21**

**Jack Thompson** is a retired history professor from Indiana University. Thompson has taught in the Maine OLLI for 10 years and began teaching at UNF OLLI during the 2013 winter term.

**Eight Women Who Changed History, p. 10**

**Mireille "Mimi" Smith Threlkel** was born and raised in French-speaking Switzerland. She earned a B.A. in political science and an M.B.A. at UNF. Her international marketing career was in Switzerland, where she worked for a number of multinational companies. Mimi has traveled extensively, strengthening her intense interest in expanding multicultural communications and understanding.

**French Conversation I, p. 22**

**French Conversation II, p. 22**

**French Conversation III, p. 22**

**Joe "Hot Wing" Tillmon** enlisted in the U.S. Army after high school where he served proudly for 20 years. Hot Wing's passion for motorcycle riding and the history of the Buffalo Soldiers motivated him to begin the process of forming the Jacksonville Chapter of the Buffalo Soldiers Motorcycle Club. In Nov. 2011, the name was changed to Buffalo Soldiers Historical Society.

**African Americans in World War II: Fighting for a Double Victory, p. 29**

**Gene Waering** is immediate past-president of the Jacksonville Rose Society. He is a longtime rose hobbyist who concentrates on growing rare and unusual roses from all over the world that are well suited to North Florida gardens. He focuses on sustainable growing without the use of synthetic chemicals.

**New Adventures in Growing Roses in North Florida, p. 12**

**Ed Waller** is a graduate of the U.S. Naval Academy and a career Navy pilot. After retiring in 1999, Ed became a financial adviser. Several years ago, Ed awoke to a major medical event. After a miraculous recovery, he decided that his wife would have been unprepared to handle the household responsibilities if he had died. Ed had seen it many times in his practice: A client lost a spouse or parent only to realize they had no idea where to start looking for the will, what day the electric bill came due or how to access bank accounts and insurance policies. As soon as he recovered, Ed created "My List for Life" to ensure his family and clients would never have to deal with that kind of scenario. Now available to you and your loved ones, this investment can save time and money today and make all the difference when it is needed most.

**My List for Life, p. 20**

**Linda Ward** graduated from Wake Forest University with a B.A. in French and a love of travel. She lived in Asia and in Europe for 15 years where she enjoyed learning about each different city and country. Linda has lived in Jacksonville for the last nine years. She was an accounting specialist at Merrill Lynch prior to retiring. She continues to enjoy world travel and exploring Jacksonville and the surrounding area.

**ED-venture: Jacksonville Downtown from Top to Bottom, p. 11**

**Alexander Weiss** earned B.A. and M.A. degrees in medieval and comparative literature from the University of Maryland. He earned his Ph.D. in medieval literature with a specialization in Chaucer from the University of California, Berkeley. For 30 years, he taught English at Radford University in Virginia and is the author of "Chaucer's Native Heritage."

**Beowulf: The Monsters and the Critics, p. 10**

**Stephanie Weiss**, public services librarian at UNF's Thomas G. Carpenter Library, worked for more than five years in the field of education and training before serving as a librarian, first for the Jacksonville Public Library System and then at UNF. Stephanie earned a B.A. in Spanish from Flagler College and an M.S. in library and information studies from Florida State University.

**Improve Your Internet Search Skills, p. 11**

**June Weltman** is a lifelong mystery fan. A former newspaper reporter and a freelance writer and editor, she is the author of "Mystery of the Missing Candlestick," a mystery for ages 9–13 that won a special award from the Florida Historical Society. June teaches adult education classes in writing mysteries for children and teens. She's won awards for her mystery reviews that appear in the Florida Times-Union. **Mysteries Unlimited: International, p. 17**

**Gary Whiting** is a freelance photographer and former Fortune 500 marketing executive. After many years in a corporate career, he has gone independent to pursue his vision. A dedicated film photographer since age 12 and now a complete digital convert, his goal is to create uncommon images of nature, landscapes, architecture and machinery. He loves to experiment with different subjects and techniques to create unique works of art. Gary has a B.S.B.A. in marketing and is a lifelong sailor. He is a UF/IFAS Coastal Systems Naturalist. He pursues his interests in photography while cruising Florida waters with his wife and two dogs, and also works part-time at Wild Birds Unlimited. Camera gear always in tow, you never know what he'll see next!  
**Photographing Nature with a Digital Camera, p. 11**

**Harry Yoffee** is a physician specializing in internal medicine who works part-time as a consultant for the Veterans Administration. He has more than 50 years of experience in trading all types of financial instruments.  
**Stock Market Fundamentals, p. 9**

**Mary Ellen Young** holds a Ph.D. in historical musicology from the University of Minnesota. As a faculty member of Lakewood Community College for 30 years and chair of the Humanities Department for 20 years, she taught music history, comparative religion and interdisciplinary humanities. In 2013, she received the Emeritus Award from the Guild of the Jacksonville Symphony Orchestra. She is an avid golfer.  
**The Metropolitan Opera Lectures, p. 24**

---

## Your OLLI Team Members

### LEADERSHIP COUNCIL

**Dennis Sullivan**  
**President**  
unfollipresident@gmail.com

**Cynthia Rylant**  
**President Elect**  
**Team Leader, Member Relation**

**Valerie Rubin**  
**Recording Secretary**

**Billie Hayward**  
**Immediate Past President**

**Ellen Navin**  
**Team Leader, Curriculum**

**Linda Ward**  
**Team Leader, ED-ventures**

### AT-LARGE MEMBERS

Joyce Bizot      Janet Myers  
Dorothy Dobbs      Michael Shore  
Hilda Federico

### PARTNER RESIDENT MEMBERS

Jim Carpenter – Glenmoor  
Dean Veremakis – Fleet Landing

### PARTNER REPRESENTATIVES

Briana Bledsoe – Fleet Landing  
Mindy Gooden – Glenmoor  
Janice Richardson – Vicar's Landing  
Dinah Ammerman – Westminster Woods

### SUPPORT TEAM:

**Robert Wood, Dean**  
UNF Division of Continuing Education

**Tim Giles, Director**  
UNF Division of Continuing Education

**Jeanette Toohey, Director**  
Osher Lifelong Learning Institute

**Clara May, Program Assistant**  
Osher Lifelong Learning Institute

### THIS CATALOG IS BROUGHT TO YOU BY:

**The Curriculum Team and**

**Hilda Federico**  
Editor

**Jay Sherline**  
Photographer



## Enrollment is easy!

Simply complete the form and return it to the UNF Division of Continuing Education.

### Mail

OLLI, UNF Continuing Education  
12000 Alumni Drive  
Jacksonville, FL 32224

### Call

Customer Care at (904) 620-4200

### Fax

(904) 620-4244

### Visit

The OLLI Office  
Herbert University Center  
(Building 43, Room 2110)

### E-mail

Clara May at clara.may@unf.edu

### Online

Online enrolment is new and improved this year.  
Visit the website for details:

[www.unfolli.com](http://www.unfolli.com)

# Enrollment Form (Please print)

## PERSONAL INFORMATION:

Dr./Mr./Mrs./Ms. First name: \_\_\_\_\_ MI: \_\_\_\_\_

Last name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Day (\_\_\_\_) \_\_\_\_\_ Evening (\_\_\_\_) \_\_\_\_\_

E-mail address: \_\_\_\_\_

Year of birth (for grant reporting): \_\_\_\_\_

ANNUAL MEMBERSHIP(S): \_\_\_\_\_ at \$50 each = \$ \_\_\_\_\_

## COURSE ENROLLMENT:

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

TOTAL AMOUNT DUE: \_\_\_\_\_ \$ \_\_\_\_\_

## METHOD OF PAYMENT:

Check enclosed  Visa  MasterCard  American Express

Credit card #: \_\_\_\_\_

Exp. date: \_\_\_\_\_ CC security code: \_\_\_\_\_

Cardholder name: \_\_\_\_\_

Cardholder signature: \_\_\_\_\_

## CANCELLATION AND REFUND POLICY:

Enrollment, Cancellation and Refund Policy: Classes are a benefit of membership. Enrollees must be members in good standing prior to the start date of the first class and through the end of the session. Full payment is required prior to the first class. Payment of outstanding balance(s) is required prior to class enrollment. You will receive a 100% credit or refund if you withdraw and the OLLI office is notified in writing no later than 5 business days after the first class meeting. ED-ventures are non-refundable.

Osher Lifelong Learning Institute (OLLI)  
University of North Florida  
12000 Alumni Drive  
Jacksonville, FL 32224-2678  
(904) 620-4200

Non-Profit  
Organization  
U.S. Postage  
PAID  
Jacksonville, FL  
Permit No. 1308

# Save the date! CELEBRATE!

Winter Back to School  
with UNF OLLI

**UNF Adam W. Herbert  
University Center**

Wednesday, Jan. 8, 1 to 3 p.m.

**Fleet Landing** (Mayport Road)  
Thursday, Jan. 9, 11 a.m. to noon

**Glenmoor** (World Golf Village)  
Friday, Jan. 10, 1:30 to 3 p.m.

**Westminster Woods** (Julington Creek)  
Friday, Jan. 3 1:30 to 3 p.m.

Reserve now!  
Online at [www.unfolli.com](http://www.unfolli.com)  
or call (904) 620-4200



**All New OLLI  
Winter 2014 Catalog  
LOOK INSIDE NOW!**