



#### Message from the Mayor

If you're looking for action, fun and friends, the City of Vaughan Youth Pocket Guide is just for you. Filled with information on a wide variety of programs and activities, this brochure is a go-to resource that highlights what the City of Vaughan has to offer in recreational activities for the whole family and in particular, the young people in our community.

At the City of Vaughan, we appreciate the important role that recreation plays in our lives and we work hard to engage youth and keep them motivated and involved.

As Vaughan's Active Together Community Champion I believe that investing in people today will help create a better tomorrow. The young people in our community are the future and by providing activities that keep them healthy and active, as well as programs that stimulate the mind and encourage artistic expression, I am confident that we are improving the quality of life for everyone.

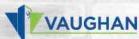
This guide offers everything from sports and arts programs to events and volunteer opportunities. I encourage you to use it and get involved in everything our community has to offer.

Hon. Maurizio Bevilacqua, P.C.

Mayor

Active Together Community Champion



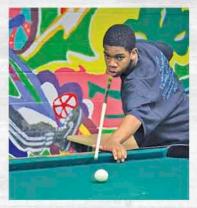


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## Youth **Memberships**

chill all year for just \$15

#### Youth Rooms

Access to Youth Room stuff:

- TV's
- Billiards
- Air Hockey
- Wii Xbox
- Ping Pong Foosball
- Music

#### **Drop-In Youth Sports**

Access to all community centre avmnasiums:

- Basketball
- Soccer
- Badminton
- Table Tennis
- Ball Hockey
- Volleyball

#### Go Anywhere You Want!

Access to all Youth Rooms in Vaughan:

- Chancellor
- North Thornhill
- **Dufferin Clark**
- Rosemount
- Father E. Bulfon
   Vellore Village
- Maple

Community Centre locations: page 32



'Like' us on Facebook and get connected to exclusive promotions & event info, plus chances to win awesome prizes!

facebook.com/RecAndCultureVaughan









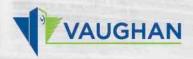
Recreation Programs in Vaughan:
Creative & Performing Arts
Education & Language Arts
Health & Wellness
Science & Technology
Sports & Fitness
Leadership & Swimming



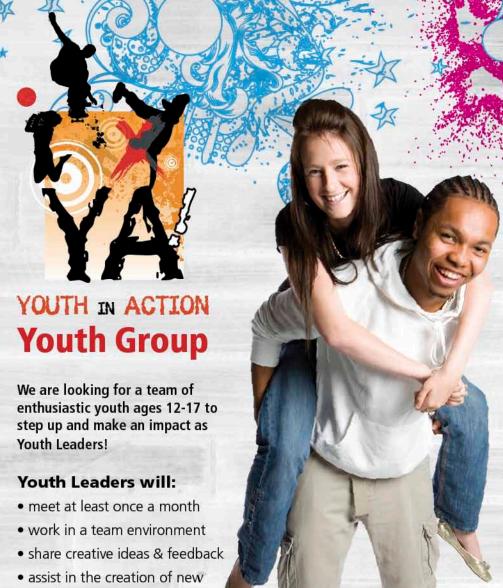
We have programs and workshops for every interest and hobby. Have fun and get active by doing something you like!



To check out all the awesome programs Vaughan has to offer, view the new **Recreation eGuide** at **vaughan.ca** 







- youth programs & initiatives
- · help with special events

Complete your community service hours and help make a difference in your community!

For more information, contact: Heather McLean, Active Living Coordinator at 905.832.2377 x. 7438



#### Win tons of prizes!

Celebrate youth achievement and empowerment with one week of **FREE** games, fitness classes, sports tournaments, arts and dance activities at community centres across Vaughan.

Scan to see event listings for Vaughan Youth Week



Contact: **Heather McLean**, Active Living Coordinator 905.832.2377 x. 7438





# Activities & Events for ages 10-17

#### **Get Sporty**

- Basketball
- Bocce
- Dodge Ball
- Foosball
- Ping Pong

#### **Get Fit**

- Aquafitness
- Female Socacize

Soccer

Swimming

**Table Tennis** 

Water Basketball

- Teen & MMA Boot Camp
- Free guest day at Vaughan Fitness Centres

#### **Get Moving**

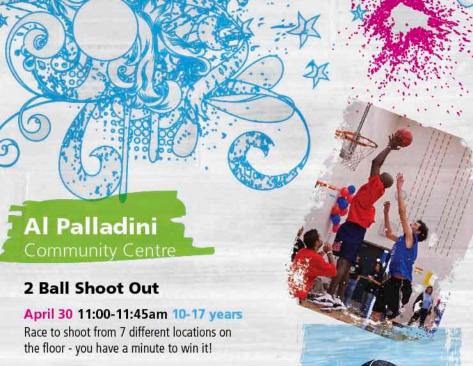
- DJ Clinic
- Hip Hop Swim
- Krumping
   Zumba

#### **Get Game**

. Kinect & Xbox 360 Challenge

#### **Get Artsy**

- Photography Workshop
- Cartooning Workshop



#### **3 Point Contest**

May 1 11:00-11:45am 10-17 years
Shoot from designated spots on the 3 point shooting line during this timed contest.

#### **Hip Hop Swim**

May 1 7:30-8:30pm 10-17 years

Get in da zone swimming to today's hottest hip hop!

#### **B-Ball Point Guard Challenge**

May 2 11:00-11:45am 10-17 years

Make your way through this timed obstacle course on the basketball court.

#### **B-Ball Skills Competition**

May 3 11:00-11:45am 10-17 years

Showcase your moves on the court during this basketball competition.

map & locations: pages 32-33





#### Zumba

May 1 9:00am 14-16 years

Improve your rhythm and tone your body doing the cha-cha, mambo, calypso, and belly dancing.

#### **Aquafitness**

May 2 1:30pm 14-16 years

Tone it up with this chest deep water workout, set to the latest music. Knowing how to swim is not a prerequisite.

#### **Boot Camp**

May 3 9:00am 14-16 years

Shape up with interval training, obstacle courses, core stability and muscle conditioning, power drills and more.

map & locations: pages 32-33



YouthVeek
FREE Activities all week! May 1-8





#### Garnet A. Williams-Community Centre

#### Indoor Soccer Tournament

May 1 4:00-6:00pm 12-13 years

Kick-off Euro Cup fever at this soccer tourney for a chance to win prizes.

#### **Basketball Challenge**

May 2 4:00-6:00pm 13-17 years

Compete in a pick-up game or just throw some hoops during this drop-in time.

#### **Rec Swim**

May 2 7:45-9:00pm 10-17 years

Make a splash during this free recreational swim!

#### **Boot Camp**

May 3 6:15-7:15pm 14-17 years

Shape up with interval training, obstacle courses, core stability and muscle conditioning, power drills and more.

#### Free Fitness Day

May 7 5:30am-10:30pm 14+ years

Get fit on us! Choose from free weights, squash, cardio and strength training equipment and fitness classes to feel better and look good. A signed parental consent form (available at Customer Service) is required to enter the fitness centre.

map & locations; pages 32-33

Bathurst Clark Resource Library

900 Clark Avenue West, Vaughan, Ontario

**After Hours Library Program** 

May 4 6:00-9:00pm

vaughanpl.info



# Maple Community Centre

#### Free Fitness Day

May 1 5:30am-10:30pm 14+ years
Get fit on us! Choose from free weights,
squash, cardio and strength training
equipment and fitness classes to feel better
and look good. A signed parental consent
form (available at Customer Service) is
required to enter the fitness centre.

#### Zumba

May 1 2:30-3:30pm 14+ years

Improve your rhythm and tone your body doing the cha-cha, mambo, calypso, and belly dancing.

#### **Fun Club**

May 2 5:30-8:00pm 14+ years

Fun activities for individuals with developmental disabilities including bowling, bocce, swimming, cooking, arts &



#### Dodge Ball

May 3 8:30am-2:30pm 14-17 years

Heads up! Squeeze in some dodge ball between classes at this all-day tourney for your chance to win prizes plus some really cool Vaughan swag! Get your game on to the latest tracks played by a DJ. Location: St. Joan of Arc High School

\*Available only to St. Joan of Arc students.

#### Connect

May 5 11:00am-4:00pm 14+ years

Individuals with disabilities connect with new friends over fun group activities such as baking, scrap booking, swimming, dancing, bocce, card and sport games.

#### **Tooning Around**

May 5 1:30-3:00pm 14-18 years

Put your creativity on paper - learn how to sketch your favourite cartoon action figures from a professional cartoon artist. Planning on an education or career in the arts and need portofolio advice? The program instructor welcomes your questions.

#### **Bocce Tournament**

May 8 10:00am-2:00pm 14+ years

Learn the basic skills of bocce, then showcase them in a friendly game with peers.

map & locations: pages 32-33



#### **Ping Pong Tourney**

May 1 11:00am 10-17 years

Bring your A-game to the table! Showcase your racquet handling skills in this ping pong tourney.

#### **Teen Boot Camp**

May 1 3:45-4:30pm 10-17 years

Shape up with interval training, obstacle courses, core stability, muscle conditioning, power drills and more.

#### 3 on 3 B-Ball Tourney

May 1 4:30pm 10-17 years

Drive the lane for a slam dunk in this mini basketball tourney. Teams will be made on site.

#### Free Fitness Day

May 2 5:30am-10:30pm 14+ years

Get fit on us! Choose from free weights, squash, cardio and strength training equipment and fitness classes to feel better and look good. A signed parental consent form (available at Customer Service) is required to enter the fitness centre.

#### DJ Clinic "DJ Perfect Storm"

May 2 3:45pm 10-17 years

Mix and scratch to the latest tunes!





'Like' us on Facebook and get connected to exclusive promotions & event info, plus chances to win awesome prizes!

facebook.com/RecAndCultureVaughan

#### "Minute to Win It"

May 3 3:00pm 10-17 years 0

Test your skills in a variety of games - do it in a minute to win it!

#### Zumba

May 3 3:45-4:30pm 10-17 years

Improve your rhythm and tone your body doing the cha-cha, mambo, calypso, and belly dancing.

#### **Gitoni Tourney**

May 4 11:00am & 3:00pm 10-17 years Showcase your foosball skills during this friendly lunch tourney.

#### Kinect/Xbox360 Challenge

May 7 11:00am & 3:00pm 10-17 years
Get your game on! Show off your mad gaming
skills for a chance to be named NTCC Champion.

#### Staff vs. Youth B-Ball

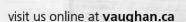
May 7 3:30pm 10-17 years

All-Star youth face-off against Recreation staff on the court.

map & locations: pages 32-33









#### Vellore Village Community Centre

#### **Teams Two Ball Basketball**

May 1 11:00am-1:00pm 10-17 years

In teams of two, score as many baskets as possible from 7 locations, alternating shots with your teammate. Two-ball is a competition between two-player teams - one team plays at a time with one minute to win it!

#### **3 Point Shooting Contest**

May 2 11:00am-1:00pm 13-17 years

Race to make as many 3-pointers as possible from different locations on the 3 point arc - you have a minute to win it!

#### 3 on 3 Basketball Tournament

May 3 4:00-6:00pm 10-13 years

May 4 4:00-6:00pm 10-13 years

If you've never played 3-on-3 basketball, you're missing out on one the most exciting and competitive short-sided basketball games around!

#### Shallow Water Basketball

May 4 8:15-9:00pm 10-14 years

Move your game from the court to the pool! In this fast-paced, half-court game two players will race to try and score exactly 21 points.

#### **Deep Water Aquafitness Boot Camp**

May 7 8:15-9:00pm 14-17 years

Tone it up with this deep water workout, set to the lastest music.

map & locations: pages 32-33













# **Art is ESSENTIAL!**

Let the artist in you make a creative impact at your local community centre! From youth room murals to displaying works of art in community art spaces and foyers, the opportunities to showcase your original artwork are limitless. Acknowledgment of artist contributions can be provided through community service hours or with permission from schools, the project can be integrated into the school curriculum.





Contact: **Mirella Tersigni**, Cultural & Community Development Coordinator, 905.832.8500 x. 8459



#### **National Youth Arts** Week Vaughan: May 1-7

This annual initiative showcases simultaneous youth-led, communitybased events and projects across Vaughan. It's a great opportunity for creative expression and offers youth a platform to exchange ideas and showcase talents citywide. Get together and coordinate a performance, or an exhibition of artwork.

Contact: Mirella Tersigni, Cultural & Community Development Coordinator, 905.832.8500 x. 8459











EXPRESS the creative you!

Scan to see event listings for National Youth Arts Week Vaughan

#### Vaughan IN FOCUS:

A community photography exhibition

Submission deadline: September 7, 2012

Vaughan youth are invited to submit images to be considered for this commemorative photography exhibition. This is a juried competition and is open to both emerging and established photographers including secondary students. Youth are encouraged to focus their creative vision on capturing some inspired aspect of the City's diverse character by exploring traditional and/or digital processes to develop still images that showcase the vibrant spirit of the people, places and things in Vaughan.

Contact: Sharon Gaum-Kuchar. Arts Coordinator, 905.832.8500 x. 7428



#### Vaughan Arts Space

at Maple Community Centre

Vaughan Arts Space is a public space dedicated to nurturing the creative spirit of the arts. Opportunities range from visual art exhibitions, collaborative initiatives, cultural celebrations and presentations. You can schedule a time for your school to showcase individual or group artwork.

Contact: **Sharon Gaum-Kuchar**, Arts Coordinator, 905.832.8500 x. 7428





#### Art Exhibition & Studio Space Rental Program

The City of Vaughan is committed to assisting local artists, both emerging and existing cultural groups and arts groups by providing affordable access to a number of municipally-owned heritage buildings. This program offers unique venues for your school's arts and culture exhibitions, events and fundraisers.

Contact: **Nadia Vidiri**, Arts and Culture Events Programmer, 905.832.8500 x. 7436

#### R.A.V.E. AWARDS Rising Star

Submission Deadline: June 29, 2012

The City of Vaughan is accepting student nominations under the "Rising Star" category of the annual R.A.V.E. Awards (Recognizing Arts Vaughan Excellence). The R.A.V.E. Awards acknowledge the talent of emerging artists of any age who have earned significant recognition within the academic and/or arts community and who show continued promise of achieving a high degree of artistic excellence in the visual, performing or literary arts.

Contact: **Nadia Tersigni**, Arts and Culture Events Programmer, 905.832.8500 x. 7439



# AWARD HIGHER ARTS



#### The City of Vaughan Award for Higher Arts Education

Submission Deadline: June 29, 2012

This award was established by the City as an annual bursary to assist the emerging talent of Vaughan students pursuing post-secondary education in the arts. Two \$3,000 City of Vaughan Award for Higher Arts Education bursaries are distributed annually to Vaughan students enrolled in secondary and post-secondary arts education programs. Selection is based on financial need, academic merit and demonstrated community leadership. Bursary recipients are recognized at the R.A.V.E. Awards reception.

Contact: **Nadia Tersigni**, Arts and Culture Events Programmer, 905.832.8500 x. 7439

# **culture** days

CELEBRATING ARTS + CULTURE FROM COAST TO COAST TO COAST



Scan to see event listings for Culture Days in Vaughan



# Annual Celebration of Arts & Culture in Vaughan September 29-30

The City of Vaughan is a proud participant of Culture Days, a free national celebration of arts and culture. This spectacular two day event celebrates Vaughan's diverse and multi-talented cultural groups, organizations, individual artists, creators and performers as they offer eclectic experiences of handson, interactive activities, free of charge to all residents and visitors. Youth can provide unique activities and showcase their school. All participants will receive volunteer hours and official appreciation from the City of Vaughan. We look forward to hearing your creative ideas!

Contact: Mirella Tersigni, Cultural & Community Development Coordinator, 905.832.8500 x. 8459



The YRMFF is a contest/film festival open to ages 6 and up. Almost anyone and everyone is encouraged to enter a submission, regardless of experience or expertise. In fact, some of the best films are made by use of amateur equipment...it's all in the storytelling!

All submission themes are open to most genres: comedy, drama, cultural identity, documentary, quirky treatments, musicals or animation. It can be about something important concerning youth today or celebrating youth contributions in our community! Make it interesting, provocative and eye-catching, with a good story.

Contact: Mirella Tersigni, Cultural & Community Development Coordinator, 905.832.8500 x. 8459

check out: yorkregionfilmfestival.com

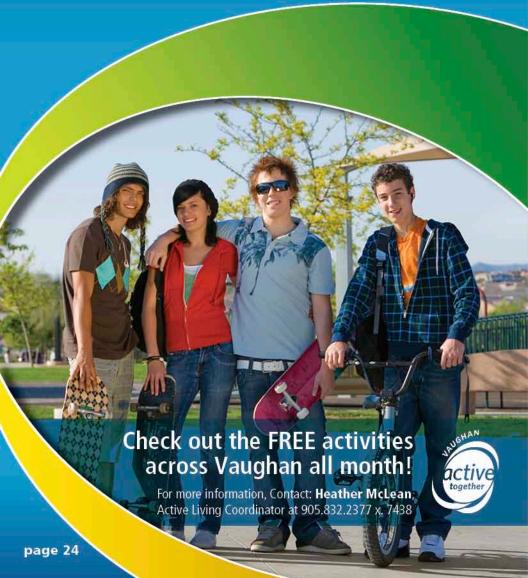


# June is Recreation & Parks Month



Scan to see event listings for Recreation & Parks Month in Vaughan







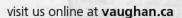
# Youth Champions

Are you active, motivated, and dedicated to fitness or sports?

Send us your story about how you or someone you know is getting active, staying healthy, and working hard to play hard!

You'll be entered into a prize draw and may be featured in the next Youth Pocket Guide.

For more information, Contact: **Heather McLean**, Active Living Coordinator at 905.832.2377 x. 7438





Submit Today
For a Chance to Win Cool Prizes!





































































# Photo: Contest

## Active Pursuits...Picture It!

We encourage all City of Vaughan residents to be active together! Go behind the lens and show us what being active means to you. Whether you play a sport, hike, walk, cycle or swim we want to see you, your friends or your family being active. Submit your photos capturing any of your favourite activities in the following categories:

Great Outdoors all ages Families At Play all ages Teen Photographers ages 10-18 years

# Submission Deadline: June 30, 2012

- Pick up a submission application at any community centre or online at vaughan.ca.
- Submit your high resolution 300 dpi photos in jpg or tif format on a cd or dvd at any community centre.
- The cd or dvd must be labeled "Active Together" and include your name and phone number written on it. (Please note that cd's and dvd's will not be returned.)

For more information, contact: **Heather McLean**, Active Living Coordinator at 905.832.2377 x. 7438





# Accessibility for youth in Vaughan





#### **Year-round Programs**

Creative & Performing Arts Health & Wellness Lifestyle & Social Skills Sports & Drop-In Activities

#### **Summer Camps**

Specialized & Integrated Leadership Opportunities

#### **Events & Workshops**

#### **Accessible Facilities**

Community Centres Fitness Equipment Parks & Pools For more information about accessibility and volunteering in Vaughan, contact:

Contact: **Mihaela Neagoe**, Active Living Coordinator, Special Needs & Volunteers, 905.832.2377 x.7405 mihaela.neagoe@vaughan.ca



### Enriching Vaughan Together, Become a Volunteer Today!

#### There are Benefits...

- Meet fellow peers and expand your network circle
- It's personally rewarding, satisfying and FUN!
- Sharing your skills and talents does make a difference.
- Gain commendable work-related skills and experience.
- Society will recognize your efforts.
- Earn volunteer hours towards the high school requirement.



#### Volunteer Opportunities

Volunteers are a valuable part of the Recreation & Culture team.

Aquatics
Camps
General Programs
Leisure Buddy
Special Projects & Events

# Interested in Volunteering?

Download the volunteer application online at:

#### vaughan.ca/SeasonalRecJobs

Contact: Mihaela Neagoe, Active Living Coordinator, Special Needs & Volunteers, 905.832.2377 x.7405 mihaela.neagoe@vaughan.ca laugh. live. lead.



#### Summer Break Programs

- fitness & wellness
- swimming & sports
- creative & performing arts
- science & technology
- special needs

#### Volunteer & Job Training

- volunteer hours
- counsellor in training (CIT) program
- leadership & communication skills for your resume
- · lifesaving training

#### Flexible & Convenient

- 1 & 2 week sessions
- busing & extended hours
- day trips & overnights

Register online at RecEnrollVaughan.ca

vaughan.ca







#### Employment Opportunities

Exciting and rewarding part-time and seasonal job opportunities await you at Vaughan recreation facilities. Imagine the difference you can make in the areas of aquatics, fitness, arts, camps, sports, and active living.



- competitive wages
- flexible hours & shifts
- employment opportunities during December and March Breaks, and throughout the summer
- employment locations across Vaughan
- the chance to gain valuable work experience to add to your resume, and develop worthwhile skills future employers want

#### What we're looking for:

Each job has a unique list of qualifications; however, in general we're looking for individuals who possess strong leadership and communication skills, enthusiasm, and a willingness to make a difference in their community.

The right job today can take you places tomorrow!













# Join the Recreation & Culture Team!

For seasonal and part-time Recreation & Culture job postings, application forms and instructions, visit:

vaughan.ca/SeasonalRecJobs

### **Vaughan Community Centres**

& Active Living Coordinator (ALC) Contacts





'Like' us on Facebook and get connected to exclusive promotions & event info, plus chances to win awesome prizes!

facebook.com/RecAndCultureVaughan





@RecAndCultureV

vaughan.ca



Skating Arena/

**Outdoor Rink** 





Al Palladini Community Centre
9201 Islington Ave., Woodbridge
ALC: Andrea Stramaglia x. 7206
905.832.8564

Chancellor Community Centre
350 Ansley Grove Rd., Woodbridge
ALC: Ajay Sharma x. 7504

905.832.8620

Dufferin Clark Community Centre

3 1441 Clark Ave. W., Concord ALC: Deidre Richards x. 7733 905.832.8554

Father E. Bulfon Community Centre

4 8141 Martin Grove Rd., Woodbridge

ALC: Rick DeMedeiros x. 7121

905.879.8732

Garnet A. Williams Community Centre

501 Clark Ave. W., Thomhill ALC: Jason Stulberg x. 7632

905.832.8552

Maple Community Centre

10190 Keele St., Maple

ALC: John Morrison x.7407 905.832.2377

North Thornhill Community Centre

300 Pleasant Ridge Ave., Thornhill

ALC: Tony Medeiros x. 7654 905.832.8540

Rosemount Community Centre

& the City Playhouse Theatre

3 1000 New Westminster Dr., Thornhill

ALC: Jason Stulberg x. 7632 905.832.8552

Vellore Village Community Centre

9 1 Villa Royale Ave., Woodbridge

ALC: Rob Moniz ext. 7306 905.832.8544

Woodbridge Pool & Memorial Arena

5020 Highway 7, Woodbridge

ALC: Rick DeMedeiros x. 7121 905.879.8732





### **Student Summer Special**

fitness memberships only \$35\*/month

Close.

Convenient.

Comfortable.

Vaughan Fitness Centres

#### Membership includes:

- Program Consultation
- Spinning & Fitness Classes, including Zumba & Pilates
- Cardio & Strength Training
- Squash Courts & Indoor Tracks
- Swimming Pools & Saunas
  - \*\$35/ month plus HST. Valid May 1 – August 31, 2012
  - \*Available to Vaughan residents only; other requirements apply

