

# WESTMINSTER

NEWSLETTER & RECREATION GUIDE

Dream  
**BIG**



Fall 2019

City of Westminster

# Dia de la Familia

Live Music  
Family Day  
Fun & Food

Sunday, September 22, 2019  
Sigler Park, 7200 Plaza St.  
1:00 p.m-5:00 p.m.

For more information call  
(714) 895-2860 or visit  
[www.westminster-ca.gov](http://www.westminster-ca.gov)

Parks  
Make  
Life  
Better!




## MEET — ON — BEACH

NOV 17  
BEACH BLVD

Connecting with Orange County cities for the first time  
to celebrate Beach Boulevard! Meet us on Beach by 1:00 p.m.  
to explore the historic West Coast City Center with the new  
and exciting multi-use space for the future.

[MEETONBEACH.COM](http://MEETONBEACH.COM)

Beach Boulevard Coalition SCAG gohuman CARS

CITY OF WESTMINSTER & WESTMINSTER MALL PRESENT

# BOO BASH

AT  
WESTMINSTER MALL

THURSDAY, OCTOBER 31  
4:30 - 7:30 PM

FOR MORE INFORMATION, PLEASE CALL 714.895.2860  
OR VISIT [WWW.WESTMINSTER-CA.GOV](http://WWW.WESTMINSTER-CA.GOV)



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## CLASS REMINDERS

1. Most recreation classes will begin the week of August 12th. Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

## BE SURE TO REGISTER EARLY!

### INTERNET ACCESS TO WESTMINSTER CITY COUNCIL MEETINGS

Check the city's website at [www.westminster-ca.gov](http://www.westminster-ca.gov) for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

To watch WTV on the City's website  
[www.westminster-ca.gov](http://www.westminster-ca.gov), click on  
Our City, Find, City Channel WTV

## FALL HIGHLIGHTS

**August 12**  
Fall Registration Begins

**September 2**  
Labor Day  
City Offices Closed

**September 3**  
Parks & Playgrounds Program Begins

**September 22**  
Dia de la Familia

**October 31**  
Halloween at the Mall

**November 17**  
Meet on the Beach

**December 2**  
Tree Lighting & Community Sing

**December 7**  
Breakfast with Santa

**December 25 – January 1**  
City Offices Closed

## QUICK REFERENCE CITY PHONE DIRECTORY

Animal Control.....	(714)548-3201
Building .....	(714)548-3254
Business License .....	(714)548-3473
City Clerk .....	(714)548-3237
City Hall.....	(714)898-3311
Coastline Community College (Le-Jao Center).....	(714)241-6184
Code Enforcement.....	(714)548-3246
Community Services & Recreation .....	(714)895-2860
Corporation Yard .....	(714)895-2876
Court Ordered Community Service .....	(714)953-5597
Department of Motor Vehicles .....	(800)777-0133
Family Resource Center.....	(714)903-1331
Housing/Grants .....	(714)548-3248
Library .....	(714)893-5057
Midway City Sanitary District (Trash Service Company) .....	(714)893-3553
O.C. West Court.....	(657)622-5900
Orange County Fire Authority Station #64 .....	(714)379-4920
Orange County Transportation Authority .....	(714)560-6282
Planning/Community Development .....	(714)548-3247
Police Department.....	(714)898-3315
Police Dispatch.....	(714) 548-3212
Police Emergency .....	9-1-1
Public Works/Engineering.....	(714)548-3243
Senior Center Services .....	(714)895-2878
Southern California Edison (Electric).....	(800)655-4555
The Gas Company (Gas).....	(800)427-2200
Time Warner Cable .....	(714)903-4000
Water Department .....	(714)898-3311
Westminster Chamber of Commerce.....	(714)898-9648
Westminster Rose Center .....	(714)793-1139
Westminster School District .....	(714)894-7311



## CITY OF WESTMINSTER CITY HALL

8200 Westminster Blvd.

Monday – Thursday 7:30 a.m. - 5:30 p.m.

Friday 7:30 a.m. - 4:30 p.m.

**Closed alternate Fridays**

(714) 898-3311

## CITY COUNCIL

Meetings are held the  
2<sup>nd</sup> & 4<sup>th</sup> Wednesdays  
of the month in the  
Council Chambers  
at 7:00 p.m.

8200 Westminster Blvd.

**Tri Ta**

MAYOR

(714) 548-3178

**Kimberly Ho**

VICE MAYOR

(714) 548-3178

**Sergio Contreras**

COUNCIL MEMBER

(714) 548-3178

**Tai Do**

COUNCIL MEMBER

(714) 548-3178

**Chi Charlie Nguyen**

COUNCIL MEMBER

(714) 548-3178

**Eddie Manfro**

CITY MANAGER

(714) 548-3172

## A WORD FROM YOUR CITY MANAGER



The Community Services Department continues to provide Westminster residents with services which make our City a great place to live, work and raise a family.

We know that safe neighborhoods and parks, programs for children and seniors, and well-maintained roads all lead to a better quality of life. That is why we are excited to share our **Project W** effort with you. **Project W** is a clearinghouse of completed and upcoming City improvement projects, a portal for economic development, information on places and events of interest in the City, and a place where you can provide feedback on Westminster's priorities.

We have just launched the **Project W** website at [projectw-westminster.com](http://projectw-westminster.com). On it you'll find great information on City efforts, resources for our local businesses, and a place to share your opinions.

As you may know, just a few short years ago, Westminster was in fiscal crisis, and the City was facing potential bankruptcy and considering deep cuts to basic services, including specialized police services. Today, because of voter-approved funding, the City has been able to shore up finances, and begin to restore and expand upon the core services you rely on.

As the City plans for its fiscal future, we want to hear from you! Please Join the Conversation and share your service and budget priorities by completing an online community priorities survey at [projectw-westminster.com](http://projectw-westminster.com).

Thank you for your input and commitment to our community! We welcome what the future holds, and will always strive to provide the high-quality services and programs you enjoy in our city.

Wishing you a beautiful fall season, an easy transition back for our school children, and enjoyment of all our autumn activities!

*Eddie Manfro*

*On the Cover*

The Fall 2019 cover features the winners for our recent *Art Contest*.

Thank you to all who participated and save the date for our next *Art Contest* being held with the 2020 Spring Festival on April 4th.

## COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Blvd.

Monday – Thursday • 7:30 a.m.-5:30 p.m.

Alternate Fridays • 7:30 a.m.-4:30 p.m.

### RECREATION PROGRAMS

#### FACILITY RENTALS

(714) 895-2860

#### SENIOR CENTER

(714) 895-2878

#### DAMAGE TO PARKS/GRAFFITI HOTLINE

(714) 895-2876

## COMMUNITY SERVICES & RECREATION COMMISSION

Ryan Billings, Chairperson

Khanh Nguyen, Vice Chairperson

David Johnson

Christine Nguyen

James Pham

## COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

#### Community Services Director

Diana Dobbert

#### Community Services Supervisor

Vanessa Johnson

#### Senior Services Supervisor

Claire Amyx

#### Family Resource Center Supervisor

Gina Nunes

#### Community Services Coordinators

Pam Gremling - Special Events

Stacy Yoshida - Sports

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

## SPECIAL EVENTS

### DIA DE LA FAMILIA FAMILY DAY

The annual Dia de la Familia event will be held on Sunday, September 22nd from 1:00 p.m. until 5:00 p.m. at Sigler Park, 7200 Plaza St. Festivities include local entertainment, authentic costumes, delicious food, and a vintage automobile display. Several information booths are made available to individuals and families. The entire event is free and open to the public. For additional information, please contact Westminster's Community Services and Recreation Department at (714) 895-2860 or visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov).

### MEET ON BEACH

On Sunday, November 17th, 2019, meet us on Beach Boulevard for a day filled with free fun for the whole family and experience seven Orange County cities like never before. From the hills of La Habra, down to the ocean at Huntington Beach, enjoy 1.5 miles of open streets, bike and pedestrian friendly activities, live performances, food, giveaways and much more at seven pop-up sites along or nearby Beach Boulevard.

As part of the economic revitalization efforts of the Renew Beach Boulevard Coalition, this multi-city reimagining celebration will transform historic State Route 39 into a more walkable and bikeable active street for a day.

- Move more and eat healthy along the Coyote Creek Bikeway in La Habra
- Walk, bike, skate or scoot along 1.5 miles of car-free streets connecting Knott's Berry Farm's Independence Hall in Buena Park. Participate in hands-on workshops at Stanton's Walkable Streets Lab
- Ride the bike skills course with Garden Grove's Police Department
- Bike over to Westminster's Civic Center for active and healthy fun
- Cruise over to Huntington Beach's Party on the Beach

Meet on Beach is presented by Go Human and the Southern California Association of Governments in partnership with the Mobile Source Air Pollution Reduction Review Committee; and produced by Community Arts Resources; in association with the cities of La Habra, Buena Park, Anaheim, Stanton, Garden Grove, Westminster, and Huntington Beach.

For more information, please visit: <https://www.facebook.com/events/2201617216597086/>

## BOO BASH AT WESTMINSTER MALL

The Westminster Mall and Westminster Community Services & Recreation Department proudly sponsor this annual Halloween funfest on Thursday, October 31 from 4:30-7:30 p.m. at the Westminster Mall. Families are invited to come in costume, however, children over the age of 12 and adults may not wear masks. Children ages 2-12 years can enjoy trick-or-treating throughout the mall and win treats and prizes at the game booths. For more information, please call (714) 895-2860 or visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov).

## WRITE A LETTER TO SANTA CLAUS

Children are invited to write a letter to Santa. Santa's helpers will assist Mr. and Mrs. Claus in answering all the letters received. Be sure your return address is on your letter and that it is mailed to Westminster Community Services & Recreation Department, 8200 Westminster Blvd., Westminster, CA 92683. As Santa is really busy during this time of year, all letters must be received prior to December 12th.

## BREAKFAST WITH SANTA

You'd better watch out because Santa is making a special trip to Westminster. On Saturday, December 7, Santa will arrive to delight and entertain at this traditional event. The cost is \$8.00 and includes breakfast, crafts, and a small stocking for each child. Children must be accompanied by an adult. Please note that all family members in attendance must be pre-registered. Reservations are taken on a first-come, first-served basis as space is limited. No walk-in registration will be accepted on the day of the event. For more information, please call (714) 895-2860 or visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov).

Fee: \$8.00

Location: E/W Room

8010.401

Sa

12/7

Age: 2 years - Adult

Length: 1 day

9:00 - 10:30 a.m.

## PARKS PROGRAM

### FALL PARKS AND PLAYGROUNDS PROGRAM

The City of Westminster's After School Parks Program is the perfect place for youth to spend their after school hours. Elementary school aged children can enjoy an assortment of free activities in a supervised and positive environment. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. This supervised program is designed to offer a quality recreation experience at no charge. The parks noted below will be open Monday through Friday, 2:30 to 5:00 p.m. beginning Tuesday, September 3. Parks will be closed on October 31 for Halloween and November 28 & 29 for the Thanksgiving holiday. Pre-registration is preferred, but not required. Registration forms can be filled out at the Community Services & Recreation Department and are also available at the parks listed below.

BOLSA CHICA PARK (6030.401),  
13660 University St., Park Phone 714.865.6568

LIBERTY PARK (6030.402),  
13900 Monroe St., Park Phone 714.412.2617

SIGLER PARK (6030.403),  
7200 Plaza St., Park Phone 714.715.0262

### SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break at the sites listed above. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, Monday, December 23 through Friday, January 3. Parks will be closed on December 25 and January 1.

Did you know that Westminster has its very own television station? You can watch live coverage of our city council meetings and other locally produced original programming on WTV. The programming is produced by the Public Cable Television Authority and can be seen in the City of Westminster on Spectrum Channel 3, Frontier FiOS Channel 42 and AT&T Channel 99.

For more information on the Public Cable Television Authority and to view clips of PCTA-produced local television programming, visit [www.pcta.tv](http://www.pcta.tv)

For more information on WTV or to watch the channel streaming live, visit [https://www.westminster-ca.gov/our\\_city/find/city\\_channel\\_live\\_stream\\_wtv\\_3.asp](https://www.westminster-ca.gov/our_city/find/city_channel_live_stream_wtv_3.asp)



## YOUTH SPORTS

### PEE-WEE SOCCER

Come be where the action is. Learn the basics of soccer and build self-esteem through participation and fun activities. Participants should dress in comfortable clothes and tennis shoes (no cleats). Please register before October 5. No practice 11/29.

Instructor: Recreation Staff      Ages: 5-7 yrs  
Fee: \$30.00      Length: 10 wks

6010.403    Liberty Park      F    9/27-12/6    3:45-4:30 p.m.  
6010.402    Bolsa Chica Park    F    9/27-12/6    3:45-4:30 p.m.

### YOUTH HOOPSTERS

Learn the fundamentals of the sport and develop the skills in a fun and supportive environment that emphasizes character development, teamwork, and good sportsmanship. Participants will develop skills in ball handling, passing, shooting, and defense. Please register before October 5. No practice 10/31 & 11/28.

Instructor: Recreation Staff      Ages: 8-12 yrs  
Fee: \$30.00      Length: 10 wks

6010.407    Liberty Park      Th    9/26-12/12    3:30-4:30 p.m.  
6010.406    Bolsa Chica Park    Th    9/26-12/12    3:30-4:30 p.m.

### PEE-WEE HOOPSTERS

Learn basic basketball skills in a fun atmosphere. Coaches will promote fun while teaching the importance of teamwork in a non-competitive setting. Adjustable rims and junior sized basketballs will be used. Please register by October 5.

Instructor: Recreation Staff      Age: 5-7 yrs  
Fee: \$30.00      Length: 10 wks  
Min: 10 Max: 30

6010.405    Liberty Park      W    9/25-11/27    3:45-4:30 p.m.  
6010.404    Bolsa Chica Park    W    9/25-11/27    3:45-4:30 p.m.

### SOCCER STARS

Kick into a fun time and learn to dribble, pass, shoot, and defend. We will also cover aspects of defensive and offensive play. Participants should dress in comfortable clothes and shoes (no cleats). Please register before October 5.

Instructor: Recreation Staff      Age: 8-12 yrs  
Fee: \$30.00      Length: 12 wks

6010.401    Liberty Park      Tu    9/24-11/26    3:30-4:30 p.m.

### BASKETBALL CLINIC

This clinic is designed to develop and improve youth basketball skills. The focus of the clinic will be the breakdown of basic offense, defense, and team skills needed to develop a solid basketball game. Please register by October 5.

Instructor: Recreation Staff      Age: 6-12 yrs  
Fee: \$18.00      Length: 6 wks

Min: 10 Max: 25

6020.403    Sigler Park      Sa    9/28-11/2    12:00-12:45 p.m.

**Parks  
Make  
Life  
Better!**

### SOCCER CLINIC

Explore this introductory soccer clinic for youth ages 6-12 years old this Fall. Clinic will include a variety of fun games and learning soccer skills such as dribbling, passing, ball control, and shooting. Participants should dress in comfortable clothes and tennis shoes (no cleats). Please register by October 5.

Instructor: Recreation Staff      Age: 6-12 yrs  
Fee: \$18.00      Length: 6 wks

Min: 10 Max: 25

6020.402    Sigler Park      Sa    9/28-11/2    11:00-11:45 a.m.

### MINI SPORTS

This program introduces children to basketball and soccer. Boys and girls, ages 3-5 years, will play games while learning to dribble, pass, catch and kick. Parent participation is required. Please register before October 5.

Instructor: Recreation Staff      Age: 3-5 yrs  
Fee: \$18.00      Length: 6 wks

Min: 10 Max: 25

6020.401    Sigler Park      Sa    9/28-11/2    10:00-10:45 a.m.

## ARTS & CRAFTS

### ART: DRAWING AND PAINTING IN THE AFTERNOON

Maximize your time! This great class is designed for beginners and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, and elements of art will be incorporated. Students will have the opportunity to include their work in an art show. Note: please ask for the materials list when registering for the class in person, or download list if registering online, and bring all materials to the first class meeting.

Instructor: Pati Kent      Ages: 12 yrs+  
 Fee: \$64.00      Length: 4 wks  
 Location: WCSB Craft Room 5      Min: 3 Max: 20

7000.331	W	9/11-10/2	2:30-4:15 p.m.
7000.332	W	10/30-11/20	2:30-4:15 p.m.

### PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like award winning children's literature, arts and crafts, songs, and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. \$5 material fee due to instructor.

Instructor: Dawna Ludwig      Age: 1-4 yrs  
 Fee: \$49.00      Length: 5 wks  
 Location: Garden Grove Sports/ Recreation Ctr.      Min: 5 Max: 20

7000.319	Sa	9/7-10/5	10:00-10:40 a.m.
7000.320	Sa	10/12-11/9	10:00-10:40 a.m.

Location: WCSB A/B Room

7000.321	M	9/9-10/7	2:20-3:00 p.m.
7000.322	M	10/21-11/18	2:20-3:00 p.m.

### PAINTING IS FUN!

Join us each week for a fun and immersive painting class! Students will be taught basic techniques used to create wonderful works of art as well as introduced to a variety of concepts and artists that have continuously inspired us throughout history. Expand your creative horizons and enroll today! \*no class 11/29

Instructor: Westminster Arts Academy Staff  
 Fee: \$88.00      Length: 4 wks  
 Location: Westminster Arts Academy      Min: 4 Max: 10  
 Age: 5-9 yrs

7000.323	F	8/30-9/20	5:00-6:15 p.m.
7000.324	F	9/27-10/18	5:00-6:15 p.m.
7000.325	F	10/25-11/15	5:00-6:15 p.m.
7000.326	F	11/22-12/20	5:00-6:15 p.m.

Age: 10+ yrs

7000.327	F	8/30-9/20	6:15-7:30 p.m.
7000.328	F	9/27-10/18	6:15-7:30 p.m.
7000.329	F	10/25-11/15	6:15-7:30 p.m.
7000.330	F	11/22-12/20	6:15-7:30 p.m.

## DRAWING IS FUN!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! There will be a \$20 material fee due for to the instructor which covers all supplies. \*No class 11/28

Instructor: Westminster Arts Academy Staff  
 Fee: \$68.00      Length: 4 wks  
 Location: Westminster Arts Academy      Min: 4 Max: 8  
 Age: 5-7 yrs

1000.318	Th	8/29-9/19	3:30-4:30 p.m.
1000.319	Th	9/26-10/17	3:30-4:30 p.m.
1000.320	Th	10/24-11/14	3:30-4:30 p.m.
1000.321	Th	11/21-12/19	3:30-4:30 p.m.

Age: 8-11 yrs

1000.322	Th	8/29-9/19	4:30-5:30 p.m.
1000.323	Th	9/26-10/17	4:30-5:30 p.m.
1000.324	Th	10/24-11/14	4:30-5:30 p.m.
1000.325	Th	11/21-12/19	4:30-5:30 p.m.

Age: 12+

1000.326	Th	8/29-9/19	6:30-7:30 p.m.
1000.327	Th	9/26-10/17	6:30-7:30 p.m.
1000.328	Th	10/24-11/14	6:30-7:30 p.m.
1000.329	Th	11/21-12/19	6:30-7:30 p.m.

## PORTFOLIO TIPS & TECHNIQUES

Advance your skills as a visual artist! Just a level above Drawing is Fun! Portfolio tips & techniques is open to artists who wish to work on their personal art goals, compete (in art contests) and experience different art mediums. Students will have the opportunity for one-on-one time with the Teacher. There are no set rules in this class. Having the Students experiment with different art styles and mediums will give them a sense of direction if they wish to pursue art in the future. There will be a \$20 material fee due for to the instructor which covers all supplies. \*No class 11/28

Instructor: Westminster Arts Academy Staff      Age: 8-17 yrs  
 Fee: \$68.00      Length: 4 wks  
 Location: Westminster Arts Academy      Min: 4 Max: 8

1000.330	Th	8/29-9/19	5:30-6:30 p.m.
1000.331	Th	9/26-10/17	5:30-6:30 p.m.
1000.332	Th	10/24-11/14	5:30-6:30 p.m.
1000.333	Th	11/21-12/19	5:30-6:30 p.m.

## DANCE

### LINE DANCE FOR FUN & FITNESS, LEVEL 3 AND 4

This is the most popular level of line dance. It is a good class for people with some line dance experience who want to learn some of the newer dances with tags and restarts. We dance to all types of music. Last week of class is always a party and review. \*No class 11/25

Instructor: Barbara Lucas Age: 18 yrs+  
Fee: \$54.00 Length: 11 wks  
Location: WCSB E/W Room Min: 10 Max: 30

2000.548 M 9/30-12/16 1:15-2:45 p.m.

### LINE DANCE FOR FUN & FITNESS, LEVEL 4 AND 5

Level 4-5 is intermediate line dancing with syncopations, timing variations, and styling. We will incorporate tags and restarts. We will be learning new dances and reviewing some old favorites. The dances are done to all types of music. Last week of class is always a dance party and review. \*No class 11/27

Instructor: Barbara Lucas Age: 18 yrs+  
Fee: \$54.00 Length: 11 wks  
Location: WCSB E/W Room Min: 5 Max: 20

2000.547 W 10/2-12/18 1:15-2:45 p.m.

### BALLROOM AND SWING!

Learn fun, easy patterns in swing and waltz during session 1, swing and cha-cha in session 2, swing and waltz session 3! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

Instructor: Efren Barrera Age: 14 yrs+  
Fee: \$45.00 Length: 4 wks  
Location: WCSB E/W Room Min: 3 Max: 30

2000.505 Tu 9/3-9/24 6:00-7:00 p.m.

2000.506 Tu 10/1-10/22 6:00-7:00 p.m.

2000.507 Tu 10/29-11/19 6:00-7:00 p.m.

2000.508 Tu 11/26-12/17 6:00-7:00 p.m.

### SALSA 1 FOR ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner and intermediate patterns! Meet people, socialize, and show off your moves! No partner needed.

Instructor: Efren Barrera Age: 14 yrs+  
Fee: \$45.00 Length: 4 wks  
Location: WCSB E/W Room Min: 3 Max: 30

2000.509 Tu 9/3-9/24 7:00-8:00 p.m.

2000.510 Tu 10/1-10/22 7:00-8:00 p.m.

2000.511 Tu 10/29-11/19 7:00-8:00 p.m.

2000.512 Tu 11/26-12/17 7:00-8:00 p.m.

### COUNTRY 2 STEP AND COWBOY CHA-CHA

Country two step plus cowboy cha-cha - both dances are coming back and both are popular in country nightclubs! You will learn both and have a good time socializing and meeting new people. No partner needed!

Instructor: Efren Barrera Age: 14 yrs+  
Fee: \$45.00 Length: 4 wks  
Location: WCSB E/W Room Min: 3 Max: 30

2000.513 Tu 9/3-9/24 8:00-9:00 p.m.

2000.514 Tu 10/1-10/22 8:00-9:00 p.m.

2000.515 Tu 10/29-11/19 8:00-9:00 p.m.

2000.516 Tu 11/26-12/17 8:00-9:00 p.m.

### BEGINNING/INTRO LINE DANCING

Learning to line dance can help you to get mentally and physically fit while having fun. You will learn basic steps to popular dances that can introduce you to a new way to exercise.

Instructor: Mary Buckels Age: 18 yrs+  
Fee: \$60.00 Length: 12 wks  
Location: WCSB E/W Room Min: 10 Max: 25

2000.703 W 9/4-11/20 3:30-5:00 p.m.

### JIMMY'S AEROBIC LINE DANCING LEVEL 3 & 4

Line Dance class uses many types of music, tempos, rhythms and styles of dance and dance combinations. It is also a great benefit for exercise, memory, balance, mobility, cardiovascular fitness, staying healthy and it is fun, friendly, you don't need a partner, age is not a factor and it is very social. \*No beginners please \*No class 11/28

Instructor: Jimmy Camarena Age: 18 yrs+  
Fee: \$50.00 Length: 12 wks  
Location: WCSB E/W Room

2000.563 Th 9/26-12/19 10:30 a.m.-12:00 p.m.

### HAWAIIAN HULA BASICS BEGINNER CLASS

Students will learn basic hand and feet movements of Hawaiian Hula Auana (Modern Style). It's an excellent way of keeping the body in motion and the mind fit. Hula is a form of sign language to which stories are told through body and hand motions. \*\$5.00 material fee due to instructor.

Instructor: Patrick Taoipu Age: 50 yrs+  
Fee: \$32.00 Length: 4 wks  
Location: WCSB in A/B Room Min: 5 Max: 30

2000.584 Th 9/5-9/26 9:30-11:00 a.m.

2000.585 Th 10/3-10/24 9:30-11:00 a.m.

2000.586 Th 10/31-11/21 9:30-11:00 a.m.

## JIMMY'S AEROBIC LINE DANCING LEVELS 2 & 3

Line Dance class uses many types of music, tempos, rhythms and styles of dance and dance combinations. It is also a great benefit for exercise, memory, balance, mobility, cardiovascular fitness, staying healthy and it is fun, friendly, you don't need a partner, age is not a factor and it is very social. \*No beginners please \*No class 11/28

Instructor: Jimmy Camarena Age: 18 yrs+  
Fee: \$50.00 Length: 12 wks  
Location: WCSB E/W Room  
2000.561 Th 9/26-12/19 9:00-10:30 a.m.

## JIMMY'S AEROBIC LINE DANCING LEVELS 4 & 5

Line Dance class uses many types of music, tempos, rhythms and styles of dance and dance combinations. It is also a great benefit for exercise, memory, balance, mobility, cardiovascular fitness, staying healthy and it is fun, friendly, you don't need a partner, age is not a factor and it is very social. \*No beginners please \*No class 11/26 & 11/28

Instructor: Jimmy Camarena Age: 18 yrs+  
Fee: \$70.00 Length: 12 wks  
Location: WCSB E/W Room  
2000.562 Tu,Th 9/24-12/19 12:45-2:30 p.m.

## BABY'S FIRST YOGA, DANCE & TUMBLING CLASS

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams. \$5 material fee due to instructor.

Instructor: Dawna Ludwig Age: 6 m-2 yrs  
Fee: \$49.00 Length: 5 wks  
Location: Garden Grove Sports/ Recreation Ctr. Min: 5 Max: 18

2000.553 Sa 9/7-10/5 10:40-11:10 a.m.  
2000.554 Sa 10/12-11/9 10:40-11:10 a.m.

Location: WCSB A/B Room

2000.555 M 9/9-10/7 1:45-2:15 p.m.  
2000.556 M 10/21-11/18 1:45-2:15 p.m.



## BALLET, TAP & TUMBLING

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams. \$5 material fee due to instructor.

Instructor: Dawna Ludwig Age: 2-5 yrs  
Fee: \$49.00 Length: 5 wks  
Location: Garden Grove Sports/ Recreation Ctr. Min: 5 Max: 15

2000.557 Sa 9/7-10/5 9:20-10:00 a.m.  
2000.558 Sa 10/12-11/9 9:20-10:00 a.m.

Location: WCSB A/B Room

2000.559 M 9/9-10/7 3:00-3:40 p.m.  
2000.560 M 10/21-11/18 3:00-3:40 p.m.

Age: 5-12 yrs  
Location: Garden Grove Sports/Recreation Ctr.

2000.549 Sa 9/7-10/5 8:40-9:20 a.m.  
2000.550 Sa 10/12-11/9 8:40-9:20 a.m.

Location: WCSB A/B Room

2000.551 M 9/9-10/7 3:40-4:20 p.m.  
2000.552 M 10/21-11/18 3:40-4:20 p.m.

## "ALADDIN" PRINCESS BALLET

Enter a whole new world this summer! Princess Balletinas will use props, wear princess tutus, hear stories from "Aladdin," and dance to songs from the movie and other princess favorites. Class promotes listening skills, coordination, balance, and musicality. Optional December recital for those enrolled in full session. Nominal costume fee applies, Ballet shoes required. More info: [www.ocdanceproductions.com](http://www.ocdanceproductions.com). \$5 Material fee due to instructor on first day of class.

Instructor: OC Dance Productions Staff Age: 4-6 yrs  
Fee: \$69.00 Length: 5 wks  
Location: Fountain Valley Recreation Center Min: 5 Max: 14

2000.529 Sa 9/14-10/12 11:45 a.m.-12:30 p.m.  
2000.530 Sa 10/19-11/23 11:45 a.m.-12:30 p.m.

Fee: \$124.00 Length: 10 wks

2000.531 Sa 9/14-11/23 11:45 a.m.-12:30 p.m.

## PETITE HIP HOP

This class is an introduction to assist those young dancers with movement, musicality, coordination, and strength along with having fun and letting out all of their bundled energy! They will have so much fun letting out their energy while listening to fun kids bop tunes and age-appropriate hip hop music such as "Uptown Funk" and "Can't Stop the Feeling". Class Attire: loose, breathable clothing and tennis shoes Parents/visitors must wait outside in lobby due to limited classroom space and dancer distraction with the exception of 2 year olds.

Instructor: Westminster Dance

Company Staff

Fee: \$59.00

Location: Westminster

Dance Company

Age: 2-5 yrs

Length: 4 wks

Min: 4 max: 15

2000.543 W 9/4-9/25 4:00-5:00 p.m.

2000.544 W 10/2-10/23 4:00-5:00 p.m.

2000.545 W 11/6-11/27 4:00-5:00 p.m.

Fee: \$44.25

Length: 3 wks

2000.546 W 12/4-12/18 4:00-5:00 p.m.



## "FROZEN" PRINCESS BALLET

Do you feel that winter chill? Ballerinas use props, wear tutus, hear stories from "Frozen", and dance to princess songs. Optional December recital for those enrolled in full session. Nominal costume fee applies. Ballet shoes required. More info: www.ocdanceproductions.com \$5 Material fee due to instructor on first day of class. \*No class 11/9

Instructor: OC Dance

Productions Staff

Fee: \$69.00

Location: Fountain Valley

Recreation Center

Age: 3-5 yrs

Length: 5 wks

Min: 5 Max: 14

2000.520 Sa 9/14-10/12 9:10-9:55 a.m.

2000.521 Sa 10/19-11/23 9:10-9:55 a.m.

Fee: \$124.00

Length: 10 wks

2000.522 Sa 9/14-11/23 9:10-9:55 a.m.

## TAP, JAZZ, BALLET COMBO LEVEL 1

Children involved in dance develop improved spatial awareness, rhythm and listening skills. This beginning class introduces dancers to the world of tap, jazz, ballet movements and dance terminology. Ballet and tap shoes required. \*No class on 11/9 More info: www.ocdanceproductions.com Optional December recital for those enrolled in full session. Nominal costume fee applies.

Instructor: OC Dance

Productions Staff

Fee: \$69.00

Location: Fountain Valley

Recreation Center

Age: 3-5 yrs

Length: 5 wks

Min: 5 Max: 14

2000.523 Sa 9/14-10/12 10:00-10:45 a.m.

2000.524 Sa 10/19-11/23 10:00-10:45 a.m.

Fee: \$124.00

Length: 10 wks

2000.525 Sa 9/14-11/23 10:00-10:45 a.m.

## TAP, JAZZ, BALLET COMBO LEVEL 2

For those continuing from Level 1 or who are new to dance. Class improves spatial awareness, rhythm and listening skills. Class introduces dancers to tap, jazz, ballet movements and dance terminology. Optional December recital for those enrolled in full session. Nominal costume fee applies. Ballet and tap shoes required. For more information visit www.ocdanceproductions.com. \*No class 11/9

Instructor: OC Dance

Productions Staff

Fee: \$69.00

Location: Fountain Valley

Recreation Center

Age: 5-8 yrs

Length: 5 wks

Min: 5 Max: 14

2000.526 Sa 9/14-10/12 10:55-11:40 a.m.

2000.527 Sa 10/19-11/23 10:55-11:40 a.m.

Fee: \$124.00

Length: 10 wks

2000.528 Sa 9/14-11/23 10:55-11:40 a.m.

## PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like award winning children's literature, arts and crafts, songs, and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. \$5 material fee due to instructor.

Instructor: Dawna Ludwig

Fee: \$49.00

Location: Garden Grove Sports/

Recreation Ctr.

Age: 1-4 yrs

Length: 5 wks

Min: 5 Max: 20

7000.319 Sa 9/7-10/5 10:00-10:40 a.m.

7000.320 Sa 10/12-11/9 10:00-10:40 a.m.

Location: WCSB A/B Room

7000.321 M 9/9-10/7 2:20-3:00 p.m.

7000.322 M 10/21-11/18 2:20-3:00 p.m.

## HIP HOP IS FUN!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

Instructor: Westminster Arts Academy Staff

Fee: \$68.00

Length: 4 wks

Location: Westminster Arts Academy Min: 4 Max: 12

Age: 4-6 yrs

2000.587	Tu	9/3-9/24	4:30-5:30 p.m.
2000.588	Tu	10/1-10/22	4:30-5:30 p.m.
2000.589	Tu	10/29-11/19	4:30-5:30 p.m.
2000.590	Tu	11/26-12/17	4:30-5:30 p.m.

Age: 7-11 yrs

2000.564	Tu	9/3-9/24	5:30-6:30 p.m.
2000.565	Tu	10/1-10/22	5:30-6:30 p.m.
2000.566	Tu	10/29-11/19	5:30-6:30 p.m.
2000.567	Tu	11/26-12/17	5:30-6:30 p.m.

Age: 12 yrs+

2000.568	Tu	9/3-9/24	6:30-7:30 p.m.
2000.569	Tu	10/1-10/22	6:30-7:30 p.m.
2000.570	Tu	10/29-11/19	6:30-7:30 p.m.
2000.571	Tu	11/26-12/17	6:30-7:30 p.m.

## POP BALLET

Introducing young dancers to their bodies, this class focuses on creating a more disciplined, creative, and outgoing child! While still having fun, dancers will have focus in ballet while infusing creative improvisation, jazz, and modern! Female dancers must arrive to the first class with their hair back in a bun, a leotard (pink for ages 3- 4, black for ages 5+), pink ballet tights, and pink ballet slippers. Male dancers must arrive to their first class in a white t-shirt, black fitted pants/tights, and black ballet slippers. \*No class 11/27

Instructor: Westminster Arts

Academy Staff

Age: 3-4 yrs

Fee: \$58.00

Length: 4 wks

Location: Westminster Arts Academy Min: 4 Max: 12

2000.572	W	8/28-9/18	4:45-5:30 p.m.
2000.573	W	9/25-10/16	4:45-5:30 p.m.
2000.574	W	10/23-11/13	4:45-5:30 p.m.
2000.575	W	11/20-12/18	4:45-5:30 p.m.

Age: 5-8 yrs

Fee: \$68.00

2000.576	W	8/28-9/18	5:30-6:30 p.m.
2000.577	W	9/25-10/16	5:30-6:30 p.m.
2000.578	W	10/23-11/13	5:30-6:30 p.m.
2000.579	W	11/20-12/18	5:30-6:30 p.m.

Age: 9-15 yrs

Fee: \$68.00

2000.580	W	8/28-9/18	6:30-7:30 p.m.
2000.581	W	9/25-10/16	6:30-7:30 p.m.
2000.582	W	10/23-11/13	6:30-7:30 p.m.
2000.583	W	11/20-12/18	6:30-7:30 p.m.

## PETITE BALLET

This class is designed for those young ballerinas. They will learn beginning fundamental ballet steps along with its terms, increase their flexibility, and improve overall body awareness and control, and more. Enjoying the soundtracks of Disney and age appropriate classical ballet music. This class will bring about poise, fluidity, body awareness, and the opportunity to make friends and perform. Come out and join in the fun, it will be a magical time! Parents/visitors must wait outside in lobby due to limited classroom space and dancer distraction with the exception of 2 year olds. Class Attire: leotard, tights, ballet shoes, hair in ponytail or bun

Instructor: Westminster Dance

Company Staff

Age: 2-5 yrs

Fee: \$59.00

Length: 4 wks

Location: Westminster Dance Company Min: 4 Max: 15

2000.535	Sa	9/7-9/28	8:30-9:30 a.m.
2000.536	Sa	10/5-10/26	8:30-9:30 a.m.
2000.537	Sa	11/2-11/23	8:30-9:30 a.m.
2000.538	Sa	12/7-12/28	8:30-9:30 a.m.
2000.539	W	9/4-9/25	3:00-4:00 p.m.
2000.540	W	10/2-10/23	3:00-4:00 p.m.
2000.541	W	11/6-11/27	3:00-4:00 p.m.

Fee: \$44.25

Length: 3 wks

2000.542	W	12/4-12/18	3:00-4:00 p.m.
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## HIP HOP

This energetic class teaches clean, age appropriate hip hop moves, combinations and technique. Dancers also develop and improve balance, musicality, rhythm, and agility while building confidence. Suitable for boys and girls. Sneakers required. Optional December recital for those enrolled in full session. Nominal costume fee applies.

Info: [www.ocdanceproductions.com](http://www.ocdanceproductions.com) \*no class 11/9

Instructor: OC Dance Productions Staff

Age: 5-8yrs

Fee: \$69.00

Length: 5 wks

Location: Fountain Valley

Min: 5 Max: 14

Recreation Center

2000.532	Sa	9/14-10/12	12:35-1:20 p.m.
2000.533	Sa	10/19-11/23	12:35-1:20 p.m.
Fee: \$124.00			Length: 10 wks
2000.534	Sa	9/14-11/23	12:35-1:20 p.m.

## MUSIC

### MUSIC FUNTIME!

Music Classes for Preschoolers engineered by Music FunTime is an innovative, structured, and progressive curriculum derived from Johns-Hopkins Research exploring the magical connection between math & science through music for children newborn thru 9 years of age. Children learn to read music notation, rhythms and symbols, and play the instruments of their choosing. Through small preschool, kindergarten & early elementary group music classes in a classroom atmosphere, children use musical crafts, worksheets, games and instruments in a fun exciting way to explore and nurture a strong music foundation which becomes a way of life, thus, gaining all the benefits of uniting both hemispheres of the brain. \$20 material fee due to instructor. \*No class 11/30

Instructor: Westminster Arts

Academy Staff

Age: 1.5-3 yrs

Fee: \$88.00

Length: 4 wks

Location: Westminster Arts Academy

Min: 2 Max: 6

3000.351	Sa	8/31-9/21	10:30-11:00 a.m.
3000.352	Sa	9/28-10/19	10:30-11:00 a.m.
3000.353	Sa	10/26-11/16	10:30-11:00 a.m.
3000.354	Sa	11/23-12/21	10:30-11:00 a.m.

Age: 3-5 yrs

3000.355	Tu	9/3-9/24	5:30-6:00 p.m.
3000.356	Tu	10/1-10/22	5:30-6:00 p.m.
3000.357	Tu	10/29-11/19	5:30-6:00 p.m.
3000.358	Tu	11/26-12/17	5:30-6:00 p.m.

Age: 5-7 yrs

3000.359	Tu	9/3-9/24	6:00-6:30 p.m.
3000.360	Tu	10/1-10/22	6:00-6:30 p.m.
3000.361	Tu	10/29-11/19	6:00-6:30 p.m.
3000.362	Tu	11/26-12/17	6:00-6:30 p.m.

Age: 7-9 yrs

3000.363	Tu	9/3-9/24	6:30-7:00 p.m.
3000.364	Tu	10/1-10/22	6:30-7:00 p.m.
3000.365	Tu	10/29-11/19	6:30-7:00 p.m.
3000.366	Tu	11/26-12/17	6:30-7:00 p.m.



## INSTRUCTOR HIGHLIGHTS

### WESTMINSTER ARTS ACADEMY - NATIONAL SCHOOL OF THE YEAR

At an industry conference in Dallas, the Westminster Arts Academy of Westminster, California, was awarded the 2019 National Music School of the Year by its peers. More than two hundred music schools, gathered for the event, from the US and Canada were on hand for the cherished accolade.

Headed by siblings, Francis, Teresa and Augustina Rios, the Orange County-based school has continued the legacy of teaching thousands of young aspiring Southern California musicians, started by their father, Robert Rios in 1991, who had been teaching in Southern California since the mid-1960s. Currently the school has more than 700 students, learning piano, guitar — and a myriad of other instruments — along with dance and visual arts all at one location.

The family, who has always had a hand in the school, previously known as Piano Place and Rios Piano Centers, have enjoyed substantial growth in both the number of students and those students' abilities. With a focus on live performance, individualized teaching needs and The Musical Ladder System® to reward advancing students, Westminster Arts Academy has been giving students great opportunities during large scale recitals and numerous community-based performances at local fairs and elder care facilities. Art and Music have been eliminated from many primary schools. Westminster Arts Academy seeks to provide that missing link to the overall well-rounded development of children.

Founder Robert Rios, who passed away in 2013 after a nine-year battle with bone cancer, instilled the values of service and passion in his children, who had been involved with the school from very early ages. The award, in the Rios' minds, is a tribute to his legacy. The current sibling owners grew up in their father's business and seek to honor him every day in developing young minds through the arts. They see their role in the school like a "passing of the torch" from their late-father who instilled his passion and values in his children.

According to Francis Rios, Executive Director of the Westminster Arts Academy, "We are so honored to have been nominated along side these industry giants. Bringing home the trophy has been a surreal experience. To realize my father's dream and work together with my sisters carrying on his legacy, his mission. It's only the beginning for us and it has become our dream too."

## SINGING IS FUN!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life! A \$10 material fee will be due to the instructor.

Instructor: Westminster Arts Academy Staff

Fee: \$58.00

Location: Westminster Arts Academy

Age: 4-7 yrs

Length: 4 wks

Min: 4 Max: 10

3000.323	M	9/2-9/23	4:45-5:30 p.m.
3000.324	M	9/30-10/21	4:45-5:30 p.m.
3000.325	M	10/28-11/18	4:45-5:30 p.m.
3000.326	M	11/25-12/16	4:45-5:30 p.m.

Age: 8-11 yrs

Fee: \$68.00

3000.331	M	9/2-9/23	6:30-7:30 p.m.
3000.332	M	9/30-10/21	6:30-7:30 p.m.
3000.333	M	10/28-11/18	6:30-7:30 p.m.
3000.334	M	11/25-12/16	6:30-7:30 p.m.
3000.335	Su	9/1-9/22	10:00-11:00 a.m.
3000.336	Su	9/29-10/20	10:00-11:00 a.m.
3000.337	Su	10/27-11/17	10:00-11:00 a.m.
3000.338	Su	11/24-12/15	10:00-11:00 a.m.

Age: 12-17 yrs

Fee: \$68.00

3000.327	M	9/2-9/23	5:30-6:30 p.m.
3000.328	M	9/30-10/21	5:30-6:30 p.m.
3000.329	M	10/28-11/18	5:30-6:30 p.m.
3000.330	M	11/25-12/16	5:30-6:30 p.m.
3000.339	Su	9/8-9/22	11:00 a.m.-12:00 p.m.
3000.340	Su	9/29-10/20	11:00 a.m.-12:00 p.m.
3000.341	Su	10/27-11/17	11:00 a.m.-12:00 p.m.
3000.342	Su	11/24-12/15	11:00 a.m.-12:00 p.m.

## PIANO IS FUN!

Witness your child become a little musician, playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence through reading basic musical patterns. Basic rhythms are introduced, and students enjoy playing and creating with others on real quality pianos! \$20 material fee due to instructor.

Instructor: Westminster Arts Academy Staff

Fee: \$78.00

Location: Westminster Arts Academy

Age: 5-6 yrs

Length: 4 wks

Min: 4 Max: 8

3000.343	W	8/28-9/18	3:15-4:00 p.m.
3000.344	W	9/25-10/16	3:15-4:00 p.m.
3000.345	W	10/23-11/13	3:15-4:00 p.m.
3000.346	W	11/20-12/18	3:15-4:00 p.m.

Ages: 7-10 yrs

3000.347	W	8/28-9/18	4:00-4:45 p.m.
3000.348	W	9/25-10/16	4:00-4:45 p.m.
3000.349	W	10/23-11/13	4:00-4:45 p.m.
3000.350	W	11/20-12/18	4:00-4:45 p.m.

## SPECIAL INTEREST

### ONLINE DRIVER'S EDUCATION/BAY AREA DRIVING SCHOOL

Allows Teens to receive their Learner's Permit at age 15 ½ and a License at age 16. This class is the FIRST, Required Step that must be completed. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Registration is ongoing.

Instructor: Erika Veyra

Fee: \$21.95

Location: Registrant's Home

Ages: 15 yrs+

Length: 1 month

4000.418	Every day	10/1-10/31	TBD
4000.419	Every day	11/1-11/27	TBD
4000.420	Every day	12/2-12/23	TBD

### DOG MANNERS "CRASH COURSE"

How are you and your dog getting along? What about your dog and your neighbors? Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Basic obedience commands and help with correcting various bad habits will be included. For dogs 4 months and older with current vaccinations. Dogs attend all meetings. Please pre-register so we may brief you prior to the first class. A \$5 material fee (includes liability insurance) will be due at the first class.

Instructor: Hacienda Hills

Dog Obedience Staff

Fee: \$86.00

Location: El Dorado Park

Age: 10 yrs+

Length: 4 wks

Min: 6 Max: 20

4000.324	Sa	10/19-11/9	1:15-2:30 p.m.
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### PUPPY KINDERGARTEN

Start your new puppy out on the right paw! Establish good manners and valuable socialization skills at an early age for puppies 2-5 months. Class will include puppy care topics such as housebreaking, teething problems, jumping up, & health-care pointers, and will introduce basic obedience commands, including walking on a leash without pulling, stay, and come. Bring vaccination records and \$10 materials fee (includes training manual) to first meeting, which is an orientation, to be held WITHOUT PUPPIES.

Instructor: Hacienda Hills

Dog Obedience Staff

Fee: \$88.00

Location: El Dorado Park

Age: 10+

Length: 6 wks

Min: 6 Max: 20

4000.325	Sa	10/12-11/16	12:00-1:00 p.m.
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## DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months). Exercises will include the proper heel command, automatic sit, sit, stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$10 material fee (includes training manual) to first meeting. \*No class on 10/31

Instructor: Hacienda Hills

Dog Obedience Staff

Fee: \$98.00

Location: H. Louis Lake Sr. Center

Age: 10 yrs+

Length: 7 wks

Min: 8 Max: 20

4000.322 Sa 10/5-11/16 10:00-11:00 a.m.

Location: El Dorado Park

4000.323 Th 9/26-11/14 7:45-8:45 p.m.

## CULTIVATE COMPASSION & MINDFULNESS

Big words like Compassion and Mindfulness are introduced through simple activities. The class aims to help students learn easy to practice lessons to develop compassion and mindfulness which will serve as tools for young children in a competitive academic environment, develop an attitude of kindness and be mindful of the present moment.

Instructor: Salma Azmi & Moha Mehta

Ages: 6-10 yrs

Fee: \$80.00 per session

Length: 8 wks

Location: WCSB A/B Room

Min: 10 Max: 20

4000.438 Tu 9/3-10/22 6:00-6:45 p.m.

## CPR FOR THE VIETNAMESE SPEAKER

This CPR training class is for the Vietnamese speaker and will teach you the basic ways to respond to an unconscious person in an emergency situation while waiting for the ambulance to arrive. By doing CPR, you will be helping to circulate the blood and oxygen of that unconscious person. You will also learn how to be calm and to be confident in what to do in the critical moment of saving a life. After completing the class, the participants will receive their American Heart Association (AHA) pocket certificate card which will be valid for 2 years. There will be a \$55 material fee due to the instructor at class.

Instructor: Steve Pham

Fee: \$15.00

Location: WCSB A/B Room

Age: 18 yrs+

Length: 1 day

Min: 6 Max: 30

4000.439 Sa 9/21-9/21 10:00 a.m.-2:00 p.m.

4000.440 Sa 10/19-10/19 10:00 a.m.-2:00 p.m.

4000.441 Sa 11/23-11/23 10:00 a.m.-2:00 p.m.

## LOSE WEIGHT- HYPNOSIS IS GREAT

Slimming down with hypnosis, using your own mind's natural ability, is easy, safe and comfortable. No diet, deprivation or willpower involved. Change habits and behaviors to ones that lead to success and satisfaction. Feel good and enjoy life more! For all the important reasons, sign up now. Pillow/blanket/mat optional. Supportive CD available for \$13. For more information visit my website at [www.life-enhancing-hypnosis.com](http://www.life-enhancing-hypnosis.com)

Instructor: Pamela J. Schmidt,

M.S., C.C.H.

Age: 18 yrs+

Fee: \$50.00

Length: 4 wks

Location: WCSB A/B Room

Min: 8 Max: 20

4000.433 W 9/18-10/9 7:30-9:00 p.m.

## STOP SMOKING- HYPNOSIS

This is a great way to claim your freedom, to enjoy life as a Nonsmoker. No willpower or medications involved, just the natural ability of your own mind. Save your breath and your money by using this easy, safe and comfortable method to accomplish your success. What better time than now? An accompanying CD is available in class for \$13. Pillow/blanket/mat optional. [www.life-enhancing-hypnosis.com](http://www.life-enhancing-hypnosis.com)

Instructor: Pamela J. Schmidt,

M.S., C.C.H.

Age: 18 yrs+

Fee: \$30.00

Length: 2 wks

Location: WCSB A/B Room

Min: 8 Max: 20

4000.432 W 10/23-10/30 7:30-9:00 p.m.

## MANNERS FOR YOUNG LADIES AND GENTLEMEN

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language and proper grooming in a relaxed, fun atmosphere. \*\$5.00 material fee due to instructor on first day of class.

Instructor: Dawna Ludwig

Fee: \$49.00

Location: WCSB A/B Room

Age: 5-12 yrs

Length: 5 wks

Min: 5 Max: 20

4000.436 M 9/9-10/7 4:30-5:00 p.m.

4000.437 M 10/21-11/18 4:30-5:00 p.m.

## CPR/AED FOR ADULTS, INFANTS & CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. You will receive your certification upon completion. If healthcare provider card is required please call Cindy at 7148915620 prior to class. A \$20 material fee is payable at the class.

Instructor: Jack Griswold

Age: 12 yrs+

Fee: \$10.00

Length: 1 day

Location: WCSB

Min: 8 Max: 20

Several classes each week, please check our website [www.westminster-ca.gov](http://www.westminster-ca.gov) or call us at 714-895-2860 for dates and times. We also offer a number of first aid classes. See website for details.

## SPORTS & FITNESS

### JIMMY'S STRETCH AND FLEX

The Stretch & Flex class uses many easy stretching exercises to help the joints, muscles, and help with range motion. The exercises are done sitting in a chair which takes the stress from hips, knees and lower back. The class is done to a variety of music, tempos, rhythms, and patterns to help with memory and coordination skills the class will also help with flexibility, balance, and mobility. During the hour the students will warm up, work the waist, arms, legs, and all the muscles on the body with no stress sitting in a chair. The class uses many deep breathing techniques to help with every day stress and its fun. \*No class 11/26

Instructor: Jimmy Camarena

Age: 18 yrs+

Fee: \$40.00

Length: 12 wks

Location: WCSB A/B Room

5000.684 Tu 9/24-12/17 9:30-10:30 a.m.

### INTRODUCTION TO FENCING

Learn the Olympic sport of fencing. Students learn how to move, attack and defend themselves with fencing gear. Emphasis is placed on developing balance, coordination, stamina, and quick decision making. Classes are hands-on and highly interactive. Fee includes cost of rental equipment. Students must pay a one-time, \$10 US Fencing Association membership fee upon their arrival at the Center.

Instructor: Jaime Wood

Age: 7 +

Fee: \$174.00 for two lessons a week

Length: 4 wks

Fee: \$119.00 for one lesson a week

Location: South Coast Fencing Center

4000.429	M-Tu,Th, F Sa	9/9-10/5 Adults Youth	6:30-7:30 p.m. 11:00 a.m.-12:00 p.m. 12:00-1:00 p.m.
4000.430	M-Tu,Th, F Sa	10/7-11/2 Adults Youth	6:30-7:30 p.m. 11:00 a.m.-12:00 p.m. 12:00-1:00 p.m.
4000.431	M-Tu,Th, F Sa	11/4 -12/7 Adults Youth	6:30-7:30 p.m. 11:00 a.m.-12:00 p.m. 12:00-1:00 p.m.

## JUDO FOR TEENAGERS AND ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self-defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of the Japan's most prominent martial arts! This class includes Judo throwing (Tachi Waza), strangulation (Shime Waza), and joint manipulation (Kansetsu Waza) techniques.

Instructor: Tu Nguyen

Age: 12 yrs+

Fee: \$85.00

Length: 5 wks

Location: Konjo Judo Dojo

5000.647	M,W,F	9/4-9/30	6:00-8:00 p.m.
5000.648	M,W,F	10/2-10/30	6:00-8:00 p.m.
5000.649	M,W,F	11/1-11/27	6:00-8:00 p.m.
5000.650	M,W,F	12/2-12/30	6:00-8:00 p.m.



### SHORINJI KEMPO MARTIAL ARTS FOR CHILDREN

Shorinji Kempo is an educational martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at [yukiko.fujie@gmail.com](mailto:yukiko.fujie@gmail.com) or call 714-585-2162. We are an official 501c3 Non-Profit Organization.

Instructor: Yukiko Fujie

Age: 5-12 yrs

Fee: \$35.00

Length: 5 wks

Location: Carden Conservatory  
Multipurpose Room

Min: 1 Max: 35

4000.421	M,Th-F	9/5-9/30	6:30-7:45 p.m.
4000.422	M,Th-F	10/3-10/31	6:30-7:45 p.m.
4000.423	M,Th-F	11/1-11/25	6:30-7:45 p.m.
4000.424	M,Th-F	12/2-12/13	6:30-7:45 p.m.

## SHORINJI KEMPO MARTIAL ARTS FOR ADULTS

Shorinji Kempo is an educational martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko.fujie@gmail.com or call 714-585-2162. We are an official 501c3 Non-Profit Organization.

Instructor: Yukiko Fujie Age: 13 yrs+  
 Fee: \$35.00 Length: 5 wks  
 Location: Carden Conservatory Multipurpose Room Min: 1 Max: 35

4000.425	M,Th-F	9/5-9/30	7:45-9:30 p.m.
4000.426	M,Th-F	10/3-10/31	7:45-9:30 p.m.
4000.427	M,Th-F	11/1-11/25	7:45-9:30 p.m.
4000.428	M,Th-F	12/2-12/13	7:45-9:30 p.m.

## ADULT KARATE

Basic and advanced moves, coordination, confidence, respect, discipline and sportsmanship under Masters 2000 Hall of Fame inductee Gary Pitts Black Belt in Shoto Kan & Shitto- Ryu Karate

Instructor: Gary Pitts Age: 14-55 yrs  
 Fee: \$65.00 Length: 4 wks  
 Location: WCSB A/B Room Min: 4 Max: 28

5000.652 W 10/2-10/23 5:00-5:45 p.m.

## KARATE FOR KIDS

In this introductory class, learn coordination, confidence, respect, discipline, & sportsmanship. Under Master 2000 Hall of Fame Inductee Gary Pitts a Black Belt in Shoto Kan & Shito-Ryu Karate.

Instructor: Gary Pitts Age: 3.5-13 yrs  
 Fee: \$49.00 Length: 4 wks  
 Location: WCSB A/B Room Min: 4 Max: 28

5000.651 W 10/2-10/23 4:30-5:00 p.m.

## KRAV MAGA SELF-DEFENSE FOR TEENS/ADULTS

Students engage in a series of practical martial arts training methods learning a unique curriculum specifically developed for urban self-defense applications in order to gain a greater sense of personal safety and confidence. Coeds (13 & up) all levels of experience, including beginners are welcomed to participate. Mouth guard included with registration.  
 \* No class on 10/31

Instructor: Paul S. Lewis Age: 13 yrs+  
 Fee: \$75.00 Length: 5 wks  
 Location: WCSB A/B Room Min: 5 Max: 20

5000.707	Th	8/29-9/26	7:00-9:00 p.m.
5000.708	Th	10/3-11/7	7:00-9:00 p.m.

## PARENT & ME SOCCER

Participate together in out fun age appropriate activities, soccer helps your child develop their large motor skills and socialization skills. The fun happens on the field and in the Parent & Me Soccer, parents are part of the action! Each child receives a soccer jersey.

Instructor: Kidz Love Soccer Age: 2-3.5 yrs  
 Fee: \$108.00 Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 10

5000.608 M 9/16-11/4 6:15-6:45 p.m.

## SOCCER 1: TECHNIQUES & TEAMWORK

Players will learn dribbling, passing, defense and shooting goals! Perfect for first time player while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after first meeting.

Instructor: Kidz Love Soccer Age: 5-7 yrs  
 Fee: \$108.00 Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 10

5000.611 M 9/16-11/4 4:15-5:00 p.m.

## PRE SOCCER

Learn the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 4-5 yrs  
 Fee: \$108.00 Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 020

5000.610 M 9/16-11/4 5:00-5:35 p.m.

## SOCCER 2: SKILLZ & SCRIMMAGES

Kidz will have a great time while developing core soccer skills like dribbling, passing and shooting. Each class will include individual skill building and scrimmages to develop teamwork and positional play. All levels are welcome to come enjoy the world's most popular game! All participants receive a soccer jersey! Shin guards are required.

Instructor: Kidz Love Soccer Age: 7-11 yrs  
 Fee: \$108.00 Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 10

5000.612 M 9/16-11/4 3:30-4:15 p.m.

## TEENY YOGIS

Looking for a way to bond with your child while they learn about their bodies? Keeping them mindful of themselves and surroundings in a technologically overwhelmed world, Teeny Yogis teaches mindfulness, body awareness, balance, and coordination through the use of song and parent involvement! Parents & child must bring their own mat. \*no class 11/30

Instructor: Westminster Arts Academy Staff  
 Age: 2-4 yrs  
 Fee: \$68.00 Length: 4 wks  
 Location: Westminster Arts Academy Min: 2 Max: 6

5000.704	Sa	8/31-9/21	10:00-10:30 a.m.
5000.701	Sa	9/28-10/19	10:00-10:30 a.m.
5000.702	Sa	10/26-11/16	10:00-10:30 a.m.
5000.703	Sa	11/23-12/21	10:00-10:30 a.m.

## TOT SOCCER

Learn the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer  
 Age: 3-5 yrs  
 Fee: \$108.00 Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 10

5000.609	M	9/16-11/4	5:35-6:05 p.m.
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## LITTLE STAR TAEKWONDO

Taekwondo will teach your little stars characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training for NEW STUDENTS. \*No class 11/11

Instructor: Sungho Park  
 Age: 4-6 yrs  
 Fee: \$49.00 Length: 5 wks  
 Location: Five Star Taekwondo School Min: 1 Max: 10

5000.628	M,W	9/4-9/30	4:30-5:10 p.m.
5000.629	M,W	9/4-9/30	6:00-6:40 p.m.
5000.630	Tu,Th	9/3-9/26	4:30-5:10 p.m.
5000.631	M,W	10/2-10/30	4:30-5:10 p.m.
5000.632	M,W	10/2-10/30	6:00-6:40 p.m.
5000.633	Tu,Th	10/1-10/24	4:30-5:10 p.m.
5000.634	M,W	11/4-12/4	4:30-5:10 p.m.
5000.635	M,W	11/4-12/4	6:00-6:40 p.m.
5000.636	Tu,Th	11/5-12/3	4:30-5:10 pm

Fee: \$29.00 Length: 4 wks

5000.637	Sa	9/7-9/28	3:30-4:10 p.m.
5000.638	Sa	10/5-10/26	3:30-4:10 p.m.
5000.639	Sa	11/2-11/23	3:30-4:10 p.m.

## BALLET FITNESS

This cardio is a fun and inspiring way to get your heart rate up, burn calories and fat. The class combines ballet steps that get you dancing like a true ballet dancer. We work out a lot and deep stretch, it makes you feel better!

Instructor: Sungho Park  
 Age: 12 yrs+  
 Fee: \$80.00 Length: 4 wks  
 Location: Five Star Taekwondo School Min: 1 Max: 8

2000.517	Th	9/5-9/26	3:30-4:20 p.m.
2000.518	Th	10/3-10/24	3:30-4:20 p.m.
2000.519	Th	11/7-12/5	3:30-4:20 p.m.

## TAEKWONDO FOR KIDS

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training for NEW STUDENTS.

Instructor: Sungho Park  
 Age: 7-12 yrs  
 Fee: \$49.00 Length: 5 wks  
 Location: Five Star Taekwondo School Min: 1 Max: 10

5000.613	M,W	9/4-9/30	5:10-6:00 p.m.
5000.614	M,W	9/4-9/30	6:40-7:30 p.m.
5000.615	Tu,Th	9/3-9/26	5:10-6:00 p.m.
5000.616	Tu,Th	9/3-9/26	6:00-6:50 p.m.
5000.617	M,W	10/2-10/30	5:10-6:00 p.m.
5000.618	M,W	10/2-10/30	6:40-7:30 p.m.
5000.619	Tu,Th	10/1-10/24	5:10-6:00 p.m.
5000.620	Tu,Th	10/1-10/24	6:00-6:50 p.m.
5000.621	M,W	11/4-12/4	5:10-6:00 p.m.
5000.622	M,W	11/4-12/4	6:40-7:30 p.m.
5000.623	Tu,Th	11/5-12/3	5:10-6:00 p.m.
5000.624	Tu,Th	11/5-12/3	6:00-6:50 p.m.

Fee: \$29.00 Length: 4 wks

5000.625	Sa	9/7-9/28	4:10-5:00 p.m.
5000.626	Sa	10/5-10/26	4:10-5:00 p.m.
5000.627	Sa	11/2-11/23	4:10-5:00 p.m.

## TAEKWONDO FOR TEENS

The goal of Taekwondo training is not about how to fight, but learning a way of living through building self-defense. Taekwondo's foundation is to improve the inner self through physical, mental and spiritual discipline to achieve the highest form of character. Learn to defend and develop self-confidence right now for NEW STUDENTS.

Instructor: Sungho Park  
 Age: 13-17 yrs  
 Fee: \$49.00 Length: 4 wks  
 Location: Five Star Taekwondo School Min: 1 Max: 10

5000.640	Tu,Th	9/3-9/26	6:50-7:40 p.m.
5000.641	Tu,Th	10/1-10/24	6:50-7:40 p.m.
5000.642	Tu,Th	11/5-12/3	6:50-7:40 p.m.

## JUDO - JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self-discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen Age: 5-11 yrs  
 Fee: \$85.00 Length: 5 wks  
 Location: Konjo Judo Dojo

5000.643	M,W,F	9/4-9/30	4:00-6:00 p.m.
5000.644	M,W,F	10/2-10/30	4:00-6:00 p.m.
5000.645	M,W,F	11/1-11/27	4:00-6:00 p.m.
5000.646	M,W,F	12/2-12/23	4:00-6:00 p.m.

## YOUTH BEGINNER VOLLEYBALL

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the youth athlete who is completely new to the game. Come have fun and learn with us

Instructor: West Grove Volleyball Staff Age: 8-11 yrs  
 Fee: \$48.00 Length: 4 wks  
 Location: Garden Grove Sports/ Recreation Ctr. Min: 4 Max: 12

5000.685	Su	9/8-9/29	1:00-2:00 p.m.
5000.686	Su	10/6-10/27	1:00-2:00 p.m.
5000.687	Su	11/3-11/24	1:00-2:00 p.m.
Fee: \$36.00		Length: 3 wks	
5000.688	Su	12/1-12/15	1:00-2:00 p.m.

## YOUTH INTERMEDIATE VOLLEYBALL

PASS, SET, HIT! Volleyball is back and better than ever! We take the science of learning and combine it with the art of coaching to help maximize your child's development in the fundamental skills of volleyball. This course is tailored to youth with more volleyball experience. Balls will be standard weight and come at faster speeds in a more random nature. We strive to create a growth mindset and a culture of fun to foster your child's passion for the game!

Instructor: West Grove Volleyball Staff Age: 8-11 yrs  
 Fee: \$48.00 Length: 4 wks  
 Location: Garden Grove Sports/ Recreation Ctr. Min: 4 Max: 12

5000.689	Su	9/8-9/29	2:00-3:00 p.m.
5000.690	Su	10/6-10/27	2:00-3:00 p.m.
5000.691	Su	11/3-11/24	2:00-3:00 p.m.
Fee: \$36.00		Length: 3 wks	
5000.692	Su	12/1-12/15	2:00-3:00 p.m.

## TEEN BEGINNER VOLLEYBALL

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the youth athlete who is completely new to the game. Come have fun and learn with us.

Instructor: West Grove Volleyball Staff Age: 12-14 yrs  
 Fee: \$48.00 Length: 4 wks  
 Location: Garden Grove Sports/ Recreation Ctr. Min: 4 Max: 12

5000.693	Su	9/8-9/29	3:00-4:00 p.m.
5000.694	Su	10/6-10/27	3:00-4:00 p.m.
5000.695	Su	11/3-11/24	3:00-4:00 p.m.
Fee: \$36.00		Length: 3 wks	
5000.696	Su	12/1-12/15	3:00-4:00 p.m.

## TEEN INTERMEDIATE VOLLEYBALL

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed for the teen athlete with some volleyball experience but exceptions do apply (give us a call if you're not sure!). Come have fun and learn with us!

Instructor: West Grove Volleyball Staff Age: 12-14 yrs  
 Fee: \$48.00 Length: 4 wks  
 Location: Garden Grove Sports/ Recreation Ctr. Min: 4 Max: 12

5000.697	Su	9/8-9/29	4:00-5:00 p.m.
5000.698	Su	10/6-10/27	4:00-5:00 p.m.
5000.699	Su	11/3-11/24	4:00-5:00 p.m.
Fee: \$36.00		Length: 3 wks	
5000.700	Su	12/1-12/15	4:00-5:00 p.m.

## BEGINNING ICE SKATING

Learn to skate forward & backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (Thursday 3:10-4:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended).

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs  
 Fee: \$38.00 Length: 4 wks  
 Location: Westminster ICE

5000.665	Th	9/12-10/3	4:10-4:40 p.m.
5000.667	Th	10/10-10/31	4:10-4:40 p.m.
5000.668	Th	11/7-12/5	4:10-4:40 p.m.
5000.669	Sa	9/14-10/5	10:15-10:45 a.m.
5000.670	Sa	10/12-11/2	10:15-10:45 a.m.
5000.671	Sa	11/9-12/7	10:15-10:45 a.m.

### ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when they learn how to march, glide, hop, and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, and free practice on the day of class (3:00-5:00 PM for Wednesday class and 12:00-2:00 PM for Saturday class), and three additional passes to be used during the 4 week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves or mittens recommended). \*No class 11/27 & 11/30

Instructor: Westminster Ice

Arena Staff

Fee: \$38.00

Location: Westminster ICE

Age: 3-5 yrs

Length: 4 wks

Min: 1 Max: 8

5000.659	W	9/11-10/2	5:40-6:10 p.m.
5000.660	W	10/9-10/30	5:40-6:10 p.m.
5000.661	W	11/6-12/4	5:40-6:10 p.m.
5000.662	Sa	9/14-10/5	10:45-11:15 a.m.
5000.663	Sa	10/12-11/2	10:45-11:15 a.m.
5000.664	Sa	11/9-12/7	10:45-11:15 a.m.

### PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent & one child per class. Includes skate rental, 30-minute lesson, and free practice on the day of class (Tuesday 3:10 - 4:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early to fit skates, and dress warmly (gloves or mittens recommended). \*No class 11/26 & 11/30

Instructor: Westminster Ice

Arena Staff

Fee: \$38.00

Location: Westminster ICE

Age: 3-5 yrs

Length: 4 wks

Min: 1 Max: 8

5000.653	Tu	9/10-10/1	4:10-4:40 p.m.
5000.654	Tu	10/8-10/29	4:10-4:40 p.m.
5000.655	Tu	11/5-12/3	4:10-4:40 p.m.
5000.656	Sa	9/14-10/5	11:15-11:45 a.m.
5000.657	Sa	10/12-11/2	11:15-11:45 a.m.
5000.658	Sa	11/9-12/7	11:15-11:45 a.m.

### ICE HOCKEY SKATING SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (Wednesday 6:40 - 7:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly. \*No class 11/27 & 11/30

Instructor: Westminster Ice

Arena Staff

Fee: \$38.00

Location: Westminster ICE

Age: 6-16 yrs

Length: 4 wks

Min: 1 Max: 8

5000.678	W	9/11-10/2	6:10-6:40 p.m.
5000.679	W	10/9-10/30	6:10-6:40 p.m.
5000.680	W	11/6-12/4	6:10-6:40 p.m.
5000.681	Sa	9/14-10/5	11:15-11:45 a.m.
5000.682	Sa	10/12-11/2	11:15-11:45 a.m.
5000.683	Sa	11/9-12/7	11:15-11:45 a.m.



### ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3:00-5:00 PM Wednesday and 12:00-2:00 PM Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended).

Instructor: Westminster Ice

Arena Staff

Fee: \$38.00

Location: Westminster ICE

Age: 17 yrs+

Length: 4 wks

Min: 1 Max: 8

5000.672	W	9/11-10/2	6:40-7:10 p.m.
5000.673	W	10/9-10/30	6:40-7:10 p.m.
5000.674	W	11/6-12/4	6:40-7:10 p.m.
5000.675	Sa	9/14-10/5	10:15-10:45 a.m.
5000.676	Sa	10/12-11/2	10:15-10:45 a.m.
5000.677	Sa	11/9-12/7	10:15-10:45 a.m.

Parks  
Make  
Life  
Better!

# TENNIS

## BEGINNING YOUTH TENNIS

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve and volley. Students will be given a solid tennis foundation, through tons of innovative and effective drills, and games. Once ready, players will be invited to attend the Intermediate class. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*No class 11/11

Instructor: Johnny Allen  
Tennis Staff

Fee: \$35.00

Location: Bolsa Chica Park

Age: 6-8 yrs

Length: 3 wks

Min:5 Max: 20

6000.331 M 11/4-11/18 5:00-6:00pm

Fee: \$52.00

Length: 3 wks

6000.328 M 10/14-10/28 5:00-6:00 p.m.

6000.329 W 10/16-10/30 5:00-6:00 p.m.

6000.332 W 11/6-11/20 5:00-6:00 p.m.

6000.334 M 12/2-12/16 5:00-6:00 p.m.

6000.335 W 12/4-12/18 5:00-6:00 p.m.

Fee: \$63.00

Length: 3 wks

6000.333 M,W 11/4-11/20 5:00-6:00 p.m.

Fee: \$69.00

Length: 4 wks

6000.325 M 9/16-10/7 5:00-6:00 p.m.

6000.326 W 9/18-10/9 5:00-6:00 p.m.

Fee: \$75.00

Length: 3 wks

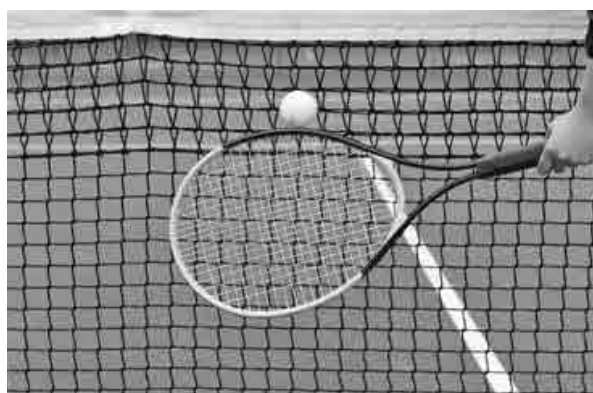
6000.330 M,W 10/14-10/30 5:00-6:00 p.m.

6000.336 M,W 12/2-12/18 5:00-6:00 p.m.

Fee: \$99.00

Length: 4 wks

6000.327 M,W 9/16-10/9 5:00-6:00 p.m.



## BEGINNING/INTERMEDIATE YOUTH TENNIS

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve and volley. Players will improve technique, spin, placement, balance and movement, through Johnny Allen's own specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments and an overall higher level of the game. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*No class 11/11

Instructor: Johnny Allen Tennis Staff

Location: Bolsa Chica Park

Fee: \$35.00

Age: 9-12 yrs

Min:5 Max: 20

Length: 3 wks

6000.343 M 11/4-11/18 6:00-7:00 p.m.

Fee: \$52.00

Length: 3 wks

6000.340 M 10/14-10/28 6:00-7:00 p.m.

6000.341 W 10/16-10/30 6:00-7:00 p.m.

6000.344 W 11/6-11/20 6:00-7:00 p.m.

6000.346 M 12/2-12/16 6:00-7:00 p.m.

6000.347 W 12/4-12/18 6:00-7:00 p.m.

Fee: \$63.00

Length: 3 wks

6000.345 M,W 11/4-11/20 6:00-7:00 p.m.

Fee: \$69.00

Length: 4 wks

6000.337 M 9/16-10/7 6:00-7:00 p.m.

6000.338 W 9/18-10/9 6:00-7:00 p.m.

Fee: \$75.00

Length: 3 wks

6000.342 M,W 10/14-10/30 6:00-7:00 p.m.

6000.348 M,W 12/2-12/18 6:00-7:00 p.m.

Fee: \$99.00

Length: 4 wks

6000.339 M,W 9/16-10/9 6:00-7:00 p.m.

## INTERMEDIATE/ADVANCED YOUTH TENNIS

This class is perfect for players getting ready to compete in tournaments, high school or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*no class 11/11

Instructor: Johnny Allen Tennis Staff Age: 7-17 yrs  
Location: Bolsa Chica Park Min: 5 Max: 20

Fee: \$50.00 Length: 3 wks

6000.355 M 11/4-11/18 7:00-9:00 p.m.

Fee: \$75.00 Length: 3 wks

6000.352 M 10/14-10/28 7:00-9:00 p.m.

6000.353 W 10/16-10/30 7:00-9:00 p.m.

6000.356 W 11/6-11/20 7:00-9:00 p.m.

6000.358 M 12/2-12/16 7:00-9:00 p.m.

6000.359 W 12/4-12/18 7:00-9:00 p.m.

Fee: \$89.00 Length: 3 wks

6000.357 M,W 11/4-11/20 7:00-9:00 p.m.

Fee: \$99.00 Length: 4 wks

6000.349 M 9/16-10/7 7:00-9:00 p.m.

6000.350 W 9/18-10/9 7:00-9:00 p.m.

Fee: \$105.00 Length: 3 wks

6000.354 M,W 10/14-10/30 7:00-9:00 p.m.

6000.360 M,W 12/2-12/18 7:00-9:00 p.m.

Fee: \$139.00 Length: 4 wks

6000.351 M,W 9/16-10/9 7:00-9:00 p.m.



## PEE WEE TENNIS

This class is your future tennis star's introduction to the exciting world of tennis, sports and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance and love for tennis. Our friendly staff will provide a fun, creative and positive environment for every child involved. Parent participation is strongly encouraged. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*No class 11/11

Instructor: Johnny Allen Tennis Staff Age: 3-5 yrs  
Location: Bolsa Chica Park Min: 5 Max: 20  
Fee: \$25.00 Length: 3 wks

6000.319 M 11/4-11/18 4:15-5:00 p.m.

Fee: \$37.00 Length: 3 wks

6000.316 M 10/14-10/28 4:15-5:00 p.m.

6000.317 W 10/16-10/30 4:15-5:00 p.m.

6000.322 M 12/2-12/16 4:15-5:00 p.m.

6000.323 W 12/4-12/18 4:15-5:00 p.m.

6000.320 W 11/6-11/20 4:15-5:00 p.m.

Fee: \$49.00 Length: 4 wks

6000.313 M 9/16-10/7 4:15-5:00 p.m.

6000.314 W 9/18-10/9 4:15-5:00 p.m.

Fee: \$50.00 Length: 3 wks

6000.321 M,W 11/4-11/20 4:15-5:00 p.m.

Fee: \$60.00 Length: 4 wks

6000.318 M,W 10/14-10/30 4:15pm-5:00 p.m.

Fee: \$60.00 Length: 3 wks

6000.324 M,W 12/2-12/18 4:15-5:00 p.m.

Fee: \$79.00 Length: 4 wks

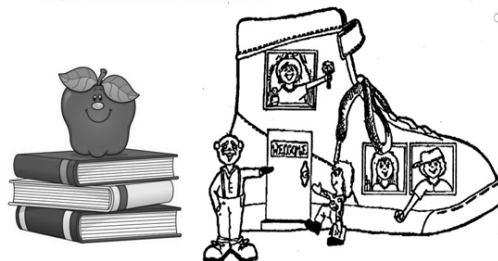
6000.315 M,W 9/16-10/9 4:15-5:00 p.m.

**Attention:**  
**Project S.H.U.E. Volunteers**  
**needed!!!!**

Project S.H.U.E. is an after school tutoring program for 1st and 2nd grade students in the community struggling in math and literacy.

Project S.H.U.E. provides a structured, safe and educational environment for students to be tutored by seniors at the Westminster Senior Center.

If you are interested in volunteering, please contact the Office at 714-548-6372.



## WESTMINSTER SENIOR CENTER

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.

### The Westminster Senior Center offers the following services:

- Blood Pressure Testing
- Commodities Distribution
- Home Delivered Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportation
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to Our City, Departments and Divisions, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

## SENIOR FITNESS

Join one of the following FREE weekly exercise classes, designed specifically for older adults

Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi*	Friday	8:30 a.m.

\*This Tai Chi class has a small registration fee. Please call 714-895-2878 for more information.

## FEE-BASED SENIOR FITNESS CLASSES

The following classes are fee-based and require advanced registration through the Community Services and Recreation Department. Please call 714-895-2860 for registration information.

Stretch & Flex	Tuesday	9:30 a.m.
Aerobic Line Dancing 4/5	Tuesday & Thursday	12:45 p.m.
Aerobic Line Dancing 2/3	Thursday	9:00 a.m.
Aerobic Line Dancing 3/4	Thursday	10:30 a.m.

See Class Page 8 and 16 for more info.



## SPECIAL EVENTS

### Fall Breakfast

Monday, September 23rd at 9:00 a.m.  
\$3 (breakfast and entertainment)

### Halloween Party

Thursday, October 31st at 11:00 a.m.  
\$3 (lunch and entertainment)

### Thanksgiving Day Party

Thursday, November 21st at 11:00 a.m.  
\$3 (lunch and entertainment)

### Holiday Party

Thursday, December 12th at 11:00 a.m.  
\$3 (lunch and entertainment)

## FRIDAY AFTERNOON GAMING FRIENDS

### Board Games/Card Games

Bring your games  
12:00 p.m. – 4:00 p.m.  
September 13th and 27th  
October 11th and 25th  
November 8th and 22nd  
December 6th and 20th

## OC HEALTH CARE AGENCY

### Fall Prevention

Senior Health Outreach Prevention Program  
Public Health Nursing Division  
By Lori Funke, RN, PHN  
Wednesday, October 3rd at 10:00 a.m.

This presentation will discuss reasons why seniors fall and how we might be able to prevent falls in the future.

## OC HEALTH CARE AGENCY

### High Blood Pressure: Overview

By: Bill Liu PharmD BCGP  
Wednesday, October 30th at 10:00 a.m.  
This presentation will discuss the condition called “Hypertension” also known as high blood pressure. The National Institutes of Health estimates 1 in 3 adults has hypertension but frequently it is undiagnosed for many years.

## BROWN BAG ONE ON ONE MEDICATION REVIEW

By Bill Liu PharmD BCGP  
Thursday, November 7th at 10:00 a.m.  
(call for appointment)

## HICAP PRESENTATION

(HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM)

Wednesday, October 23rd at 10:00 a.m.  
KNOW THE FACTS: MEDICARE 2020  
This is the time to get information of any changes taking place with Medicare in 2020.

## PROGRAMS AND CLASSES

### DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$3.00 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Monday-Thursday, and 11:30 a.m. on Fridays. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also available on the city's website.

### DIABETES SUPPORT GROUP

Facilitated by Jane Herin, MSHS, BSN, RN, PHN, Certified Diabetes Educator, Gerontologist

Meetings held on the first Wednesday of the month at 10:00 a.m. unless indicated:

**September 4th** Diabetes Reducing Risks  
**October 2nd** Diabetes-Eating Out and Party Time  
**November 6th** Diabetes Problem Solving  
**December 4th** Diabetes and Exercise

### WE OFFER MANY MORE SENIOR PROGRAMS & CLASSES SUCH AS:

- Crocheting and Knitting
- Bingo
- Bridge
- Mexican Dominos
- Pinochle
- Longevity Stick
- Chess
- Sudoku
- Bunco

For more information on any of these programs, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to Our City, Departments and Divisions, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

### FRIDAY DANCES!

Come and dance to the sounds of Boyd Elston every other Friday from 12 p.m. to 2 p.m. Please call the Senior Center for more details at 714-895-2878.

September 13th and 27th  
 October 11th and 25th  
 November 8th and 22nd  
 December 6th and 20th

## OC HEALTH CARE AGENCY NUTRITION CLASSES

**Wednesday, October 9th from 10:00 a.m.-11:30 a.m.**  
 "Make Better Beverage Choices" (Food Demonstration)

**Wednesday, November 6th from 10:00 a.m.-11:30 a.m.**  
 "Building a Healthy Meal" (Food Demonstration)

**Wednesday, December 4th from 10:00 a.m.-11:30 a.m.**  
 "Be Food Safe" (Food Demonstration)

## AARP SAFE DRIVING CLASSES (8 HOUR CLASS)

**Wednesday, October 16th and Wednesday, October 23rd**  
 9:00 a.m. – 1:00 p.m.  
 (fee based)

**Wednesday, January 15 and Wednesday, January 22nd**  
 9:00 a.m. – 1:00 p.m.  
 (fee based)

## ADAPTED FITNESS

Looking for a class? Coastline College offers fitness classes at the Westminster Senior Center with no charge! Fall classes will be held from August 26, 2019 to December 13, 2019:

Course	Day	Time
Adapted Fitness	Monday	10:30 a.m.-12:00 p.m.
Adapted Fitness	Wednesday	10:30 a.m.-12:00 p.m.
Adapted Fitness	Monday/Wednesday	9:30-10:30 a.m.

For more information about enrolling, please contact Coastline's Special Programs and Services Office at (714) 241-6214.

## TRIPS AND EXCURSIONS

### Harrah's Indian Casino

Tuesday, October 8th

\$12 per person      \$5 back in slot play  
 Departs: 8:00 a.m.      Returns: 5:00 p.m.

### Laughlin Riverside Hotel and Casino

Monday-Wednesday, December 2nd to 4th

\$137 p/p double      \$171 single  
 3 free buffets at hotel (2 breakfasts and 1 choice)  
 Departs 9:00 a.m.      Returns 6:00 p.m.

## CELL PHONE HELP

Thursday, October 10th from 10:00 a.m. to 12:00 p.m.

Thursday, November 7th from 10:00 a.m. to 12:00 p.m.

Thursday, December 5th from 10:00 a.m. to 12:00 p.m.

## VISUAL, PERFORMING, & CULTURAL ARTS

**BLAKEY HISTORICAL PARK & MUSEUM** - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

**LASTAPATIAS FOLKLORIC DANCERS** - Call Jenny Mariscal at (657) 363-9751. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

**VIETNAMESE CULTURAL PROGRAMS** - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs

**WESTMINSTER CHORALE** - The Westminster Chorale is a group of diverse individuals who just love to sing. From Gershwin to Verdi, the Chorale performs for civic events, private parties, formal concerts, and much more. Rehearsals are Monday nights from 7pm-9pm in the dining hall of the Westminster Senior Center. All are welcome no musical experience necessary! For more information about joining or event bookings please contact, Artistic Director Jared Pugh (559)783-3469 or check us out online at [www.westminsterchorale.org](http://www.westminsterchorale.org).

**WESTMINSTER COMMUNITY THEATER** - Call (714) 893-8626. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Call Rhonda for tickets or current show information.

**NICHOLSON PIPES & DRUMS** - Call Malcolm Willis at (714) 891-9445. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

**ORANGE COUNTY CHILDREN'S THEATER** - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is *for children, by children*, and is open to all young people ages 5 through 18. *Parent involvement is required.* Call now to get on their mailing list so you will not miss productions or auditions.

**ORANGE COUNTY ROSE SOCIETY** - Call Tom Cooney at (949) 362-2710 or visit our website at [www.orangecountyrs.org](http://www.orangecountyrs.org) Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

**FRIENDS OF THE ROSE CENTER THEATER** - The Friends of the Rose Center Theater is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. **For information, please call 714-793-1150 or visit [www.rosecentertheater.com](http://www.rosecentertheater.com)**



# ORANGE COUNTY FIRE AUTHORITY



## KIDS AND PETS IN CARS



*A tragedy can occur within minutes if children or pets are left unattended in cars.*



**Orange County  
Fire Authority**

**714-573-6200**

[ocfa.org](http://ocfa.org)



*On a warm day, the temperature inside a parked car can reach as high as 140 degrees in as little as two hours. On average, 37 children and hundreds of pets die of heatstroke each year after being left alone in cars.*

### **It's Up to You**

Following simple safety tips can help protect children and pets in and around vehicles.

- Never leave a child or pet unattended in a vehicle, even for a minute.
- Keep a cell phone, briefcase, laptop, or anything essential to your daily routine beside your child in the car.
- Make "look before you leave" a routine whenever you get out of the car.
- Always lock your car, even in the garage, and make sure children don't have access to keys or remote entry devices. Teach children that cars are never to be used as play areas.
- Have a plan that your childcare provider will call you if your child does not show up.
- If a child is missing, always check the pool and then the car, including the trunk.
- If you see a child or pet unattended in a hot vehicle, call 9-1-1.

### **California Vehicle Code 15620**

A parent, legal guardian, or other person responsible for a child who is six years of age or younger may not leave that child inside a motor vehicle without being subject to the supervision of a person who is 12 years of age or older, under either of the following circumstances:

- Where there are conditions that present a significant risk to the child's health or safety.
- When the vehicle's engine is running or the vehicle's keys are in the ignition, or both.

### **California Penal Code 597.7**

It is illegal in California to leave an animal in an unattended motor vehicle under conditions that endanger the health or well-being of the animal due to heat, cold, lack of adequate ventilation, lack of food or water, or other circumstances that could reasonably be expected to cause suffering, disability, or death to the animal.



## Sorting Guide: Container Usage

Blue Container RECYCLABLES	Black Container NON-RECYCLABLE	Green Container ORGANICS
<p>ALL PAPER, CARDBOARD, PLASTIC, GLASS, METAL &amp; STYROFOAM</p> <p>Aerosol cans (empty)</p> <p>Aluminum cans (please do not crush)</p> <p>Aluminum foil &amp; plastic wrap</p> <p>Beverage containers</p> <p>Books (hard &amp; soft back)</p> <p>Bottle caps</p> <p>Boxes &amp; packing materials</p> <p>Brochures, mailers &amp; junk mail</p> <p>Cardboard boxes</p> <p>Cereal boxes &amp; liners</p> <p>Clothes, rags, shoes</p> <p>Computer/copy/ledger paper</p> <p>Drink boxes</p> <p>Egg cartons</p> <p>Envelopes</p> <p>Food cans &amp; yogurt containers (empty)</p> <p>Glass products</p> <p>Glass cosmetic bottles (empty)</p> <p>Juice cartons &amp; bottles</p> <p>Laundry bottles &amp; boxes (empty)</p> <p>Lids &amp; container closures</p> <p>Metal &amp; plastic coat hangers</p> <p>Milk &amp; cream cartons</p> <p>Mirrors</p> <p>Newspapers &amp; magazines</p> <p>Paper products (all)</p> <p>Paper tubes</p> <p>Pizza boxes &amp; paper plates</p> <p>Plastic bags/bottles/containers</p> <p>Plastic cups/plates/utensils</p> <p>Plastic milk jugs</p> <p>Plastic toys</p> <p>Ribbon, twine, rope</p> <p>Styrofoam products</p> <p>Tin cans</p> <p>Tissue paper and tissue boxes</p> <p>All paper - wrapping, waxed, etc..</p>	<p>Cat waste &amp; litter (bagged)</p> <p>Bathroom waste ie: sanitary supplies</p> <p>Cigarette butts</p> <p>Disposable diapers (bagged)</p> <p>Medication (see disposal of medication subject to special requirements)</p> <p>Overflow from Green container</p> <p><b>Only 5% of household trash goes into the black container</b></p> 	<p>YARD WASTE: Grass clippings, leaves, twigs, small branches, weeds, etc.</p> <p>Dog waste</p> <p>FOOD WASTE: leftovers, sauces, eggshells, coffee grounds &amp; filters, peels, pits, seeds, meat, poultry, fish, and their skin and bones, pasta, bread, rice, FOG (fats, oils, grease)</p> <p>Paper towels used to soak up fats/oil/grease</p> <p><u>COMPOSTABLE BAGS ARE PREFERRED IF YOU ARE BAGGING YOUR WASTE</u></p> <p>MIDWAY CITY SANITARY DISTRICT 14451 CEDARWOOD ST WESTMINSTER, CA 92683 (714)893-3553</p> <p>Email: <a href="mailto:INFO@MCSANDST.COM">INFO@MCSANDST.COM</a></p> <p>Website: <a href="http://www.midwaycitysanitarydistrict.com">www.midwaycitysanitarydistrict.com</a></p>

## WESTMINSTER WATER DIVISION

### RAIN BARREL DISTRIBUTION EVENT

Date: Saturday, October 5th, 2019

Time: 9am -11am

Place: City of Westminster

8200 Westminster Blvd.

Westminster, Ca. 92683

For more information and to  
order your rain barrel  
visit: <http://www.rainbarrelsintl.com>  
EVENTS tab- City of Westminster

\$30 after rebate (\$65 + tax)

For rebate information call (919) 602-6316

Any other questions call (714) 548-3687

**Thank you for your water saving efforts!**

**We can't do it without you!**

**-Westminster Water Division-**



## FLOWER OF THE SEASON

Botanical name:  
Hemerocallis 'Bitsy'

**Common Name:**  
Bitsy Hybrid Daylily



### Description:

Yellow flowers in profusion for over 250 days per year here. Thin scapes give an airy, fairy-like quality. Tinty 2" lemon-yellow blossoms appear very early in the season above 12-20" slender, grassy foliage.

- Information by Greenwood Daylily Gardens

### Culture:

Sun: Half

Water: Low

Growth Rate: Fast

Hydro-zones: #2

Soil Type: Sandy

Soil Condition:

Soil pH: Acid

### Design & Anatomy:

Design Styles: English Cottage

Accenting Features: Showy Flower

Seasonal Interest: Spring

Location Uses: Bedding

Special Uses: Full

Attracts Wildlife: Birds

Flower Color: Blue

Flower Season: Winter

# WESTMINSTER POLICE DEPARTMENT

## ANNUAL “GREAT CALIFORNIA SHAKEOUT” SET FOR OCTOBER 17, 2019

All residents, businesses, and communities in Westminster encouraged to participate.

Westminster, CA — Following FEMA’s “National Preparedness Month” in September, individuals and communities throughout the City of Westminster plan to participate in the Great CALIFORNIA ShakeOut earthquake drill.

Held annually on the third Thursday of October, the International ShakeOut Day is set for Thursday, October 17, 2019. During the self-led drill, participants practice how to “Drop, Cover, and Hold On”. Endorsed by emergency officials and first responders, the safe response to an earthquake is to:

**DROP** where you are, onto your hands and knees. This position protects you from being knocked down and also allows you to stay low and crawl to shelter if nearby.

**COVER** your head and neck with one arm and hand

- If a sturdy table or desk is nearby, crawl underneath it for shelter
- If no shelter is nearby, crawl next to an interior wall (away from windows)
- Stay on your knees; bend over to protect vital organs

**HOLD ON** until shaking stops

- Under shelter: hold on to it with one hand; be ready to move with your shelter if it shifts
- No shelter: hold on to your head and neck with both arms and hands.

According to Ellen Lopez, Emergency Management Coordinator for the City of Westminster, “While damaging earthquakes here may be fewer in number when compared to other areas, they can occur at any time wherever we work, live, or travel within the region and beyond. Everyone, everywhere should know how to protect themselves from an earthquake.”

The ShakeOut is free and open-to-the-public, and participants include individuals, schools, businesses, local and state government agencies, and many other groups. To take part in the ShakeOut, individuals and organizations are asked to join the drill by registering to participate [www.ShakeOut.org](http://www.ShakeOut.org). Once registered, participants receive regular information on how to plan their drill and become better prepared for earthquakes and other disasters.

To date, 2.4 million people are registered to participate in this regional event, however Great ShakeOut Earthquake Drills will also occur throughout the nation and in several countries worldwide. More than 35 million people around the globe are expected to participate; and in addition to safety drills, many participants take extra steps to become more prepared for earthquakes or other disasters.

*The Great California ShakeOut is coordinated by the Federal Emergency Management Agency, the U.S. Geological Survey and dozens of other partners. ShakeOut is coordinated globally by the Southern California Earthquake Center at the University of Southern California.*



**ARE YOU PREPARED?** Recent California history has shown the need for neighborhoods, schools, & businesses to rely on themselves for a minimum of 7 days to 2 weeks following a major earthquake. For information and registration contact West County CERT Administrator, Jeanette Vella, 562-972-0006.

### **CERT (Community Emergency Response Team)**

is a group of responsible, trained individuals that form a skilled group of Disaster Service Workers. The CERT Program can be used just for your family or in neighborhoods, businesses, and schools. The CERT members realize that in the event of a major disaster they will have to rely on themselves and their neighbors to handle emergencies until professional help arrives.

The 24 hour CERT course covers topics such as Introduction to Disaster Preparedness, First Aid, Light Search and Rescue, Fire Suppression, and Disaster Psychology. Classes are held in the Spring and the Fall.

**WEST COUNTY CERT** is comprised of those who live and/or work in Buena Park, Cypress, La Palma, Los Alamitos, Seal Beach, and Westminster plus their attached communities.

**FOR FURTHER INFORMATION:** Go to [www.westcountycert.com](http://www.westcountycert.com)

E-mail: [westcountycertacademy@gmail.com](mailto:westcountycertacademy@gmail.com) or call (562) 972-0006

**CITY OF WESTMINSTER CONTACT:** Ellen Lopez, Westminster PD Emergency Management Coordinator  
[Elopez@westminster-ca.gov](mailto:Elopez@westminster-ca.gov) (714) 548-3211



### **RADIO AMATEUR CIVIL EMERGENCY SERVICE**

RACES are Public-safety volunteers which are licensed Amateur Radio Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support.

Westminster RACES are looking for licensed Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Chief Radio Officer Chi Nguyen, KE6MVS @ (714) 869-1441, [chinguyen@yahoo.com](mailto:chinguyen@yahoo.com), or RACES Assistant Chief Radio Officer Adam Valek, N6HVC @ (714) 305-9026, [adam.n6hvc@gmail.com](mailto:adam.n6hvc@gmail.com), for further information.

### **Hot Topics....**

Residents in the City of Westminster have developed living standards that determine their desires for the appearance of the community. These community standards, established by you, the residents of Westminster, are communicated to the City Council. The City Council then implements those standards through the adoption of Municipal Codes and Ordinances that reflect the rules for proper maintenance of homes and businesses in the community. This is all done to ensure that we can live peacefully and safely in a quality environment.

The following are some “hot topic” issues and complaints received by the Code Enforcement Division:

- **UNPERMITTED GARAGE SALES:** garage sales are limited to three per year per residence, and may not exceed three consecutive days. A Garage Sale Permit must be obtained prior to each sale. Garage Sale Permits are \$10 and may be obtained at City Hall. Since the activity of posting garage sale signs on public property, utility poles and light poles is prohibited, a suggestion is to advertise your sale in a local newspaper. This way you can still reach the community while remaining in compliance with City codes.
- **PAVING YOUR FRONT LAWN:** current codes require that front yard setbacks be landscaped, and may not be used for off-street parking, or the permanent storage of vehicles. Using your front lawn as a parking lot is not only prohibited, but contributes to a negative appearance in the community and decreases property values. Please do your part adhere to City standards and maintain your front lawn.
- **THE OCEAN BEGINS AT YOUR FRONT DOOR:** Did you know that dumping anything but clean, clear water in the storm drain is illegal and harmful to the environment? Anything we use in our home, car and business like motor oil, paint, pesticides, fertilizers and cleaners are considered hazardous materials, and must be disposed of properly. Storm drains are there to drain water off the street, not for disposal of hazardous materials.

Preservation of our oceans and bays has become a primary concern in our City, as well as Orange County. Providing this information is part of our effort to create awareness in the community, and help residents avoid excessive fines. To learn more, or to obtain an informational brochure, contact the County Environmental Division at (714) 567-6363.

For additional information, contact the City's Code Enforcement Division at (714) 898-3311, ext. 256, or visit City Hall at 8200 Westminster Boulevard.

## WESTMINSTER LIBRARY

8180 13th St., Westminster, CA 92683  
714-893-5057 | [www.ocpl.org](http://www.ocpl.org)

### CHILDREN'S PROGRAMS

Children and parents are invited to come to our weekly storytimes! We offer Toddler Time (ages 1-3) every Tuesday at 10:30am, Preschool Storytime (ages 3-4) every Wednesday at 10:30am, Book Babies (ages 0-1, or until walking) every Thursday at 9:30am, and Family Storytime (all ages) every Saturday at 10:30am. Come to enjoy stories, songs and crafts, and help your child develop a love of books and reading!

Join us for Art Lab once a month, a process art program where we use different materials and techniques to create whatever you can imagine! Play clothes are recommended, but aprons are provided. Open to all ages, but 4 and under must be accompanied by an adult. Check our online calendar for dates and times.

Our newest program is Future Makers, a monthly makerspace event just for kids 6-12 years old. We will offer different STEAM-based projects that will give kids a chance to create and build, and learn about basic science, technology and engineering concepts. Check our online calendar for dates and times.

Be sure to come in to the library for a printed calendar or check online at [www.ocpl.org](http://www.ocpl.org) for our full schedule of events.

### SPANISH LANGUAGE FAMILY PROGRAM

Adults and children over 7 years old are invited to come play Loteria (Mexican Bingo) and win prizes! Loteria is held one Saturday a month – contact the library for dates! All games will be in Spanish.

### TEEN PROGRAMS

Teens are invited to join our Teen Advisory Board! In TAB, teens can earn volunteer hours and help to make decisions about teen services offered at the library, including upcoming programs, teen books, and more. Teens that are interested in earning volunteer hours should pick up an application at the front desk. Get a copy of our monthly calendar in the library or check online at [www.ocpl.org](http://www.ocpl.org) to find out about other fun teen events. All programs are open to teens aged 12-18.

**Teen Volunteer Orientation.** Oct 22, Nov 19, Dec 17, 3:30pm-4:00pm. For teens ages 12 to 17. If you would like to volunteer at the library, you must attend a volunteer orientation. Volunteer applications must be completed and turned in the day of the orientation. Volunteer applications are available at the library.

**Teen Lounge.** Every other Wednesday beginning September 25, 2:00pm-4:00pm. For Middle School and High School age students. Join us in the community room to relax, play games, work on projects, and spend time with friends.

**Teen Spooky Stories and Games.** Sep 28, 2:00pm-4:00pm. Join us for scary stories and games in the dark! For Teens ages 12-17.

**Teen Horror Movie Day.** October 26, 2:00pm-4:00pm. Join us for a horror movie (PG-13) and popcorn! For Teens ages 12-17.

### ADULT PROGRAMS

We have a monthly book club for adults, held the third Tuesday of each month at 10:30am; contact the library for the current selection!

## Marriage License & PASSPORT Services

Now Available in Westminster.

You can apply for a marriage license at the County Community Service Center located at:

15460 Magnolia St., Westminster, CA 92683  
714.889.4105

Hours: 9:00am - 4:30pm; Monday - Friday  
(closed from 12:30-1:00pm)

Only marriage licenses (no ceremonies) and passports are available at this location.

## Registration begins August 12th

***There are 3 easy ways to register for classes . . .***

### ON-LINE

On-line registration is just a click away...

Please visit  
[www.westminster-ca.gov](http://www.westminster-ca.gov)

You will need to pay by credit card to register on-line.

### MAIL-IN

Mail completed form & payment to:

Westminster Community Services  
& Recreation Department  
8200 Westminster Blvd.  
Westminster, CA 92683

Make checks payable to:  
**City of Westminster**

### WALK-IN

Visit us...

Westminster Community  
Services & Recreation  
Department at 8200  
Westminster Blvd.

7:30 a.m. – 5:30 p.m.  
Monday – Thursday  
7:30 a.m. – 4:30 p.m.  
Alternate Fridays

## General Information & Refund Policy

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

## SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



# Community Services and Recreation Department Registration Information

# Registration Form

City of Westminster Community Services & Recreation Department

*All information is required. Please Print.*

Parent/Adult Name: First \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ Birth \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Date \_\_\_\_\_

Phone ( ) \_\_\_\_\_

Cell \_\_\_\_\_

Email address \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Name of Participants		Birth	Sex	Activity	Name of Activity	Fee
First	Last	Date		Number		
					<b>TOTAL FEES</b>	

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes ☐ No ☐

If yes, please explain: \_\_\_\_\_

## Liability and Publicity Release

For and in consideration of permitting \_\_\_\_\_ to enroll in and participate in the recreational program entitled, \_\_\_\_\_ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF \_\_\_\_\_ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

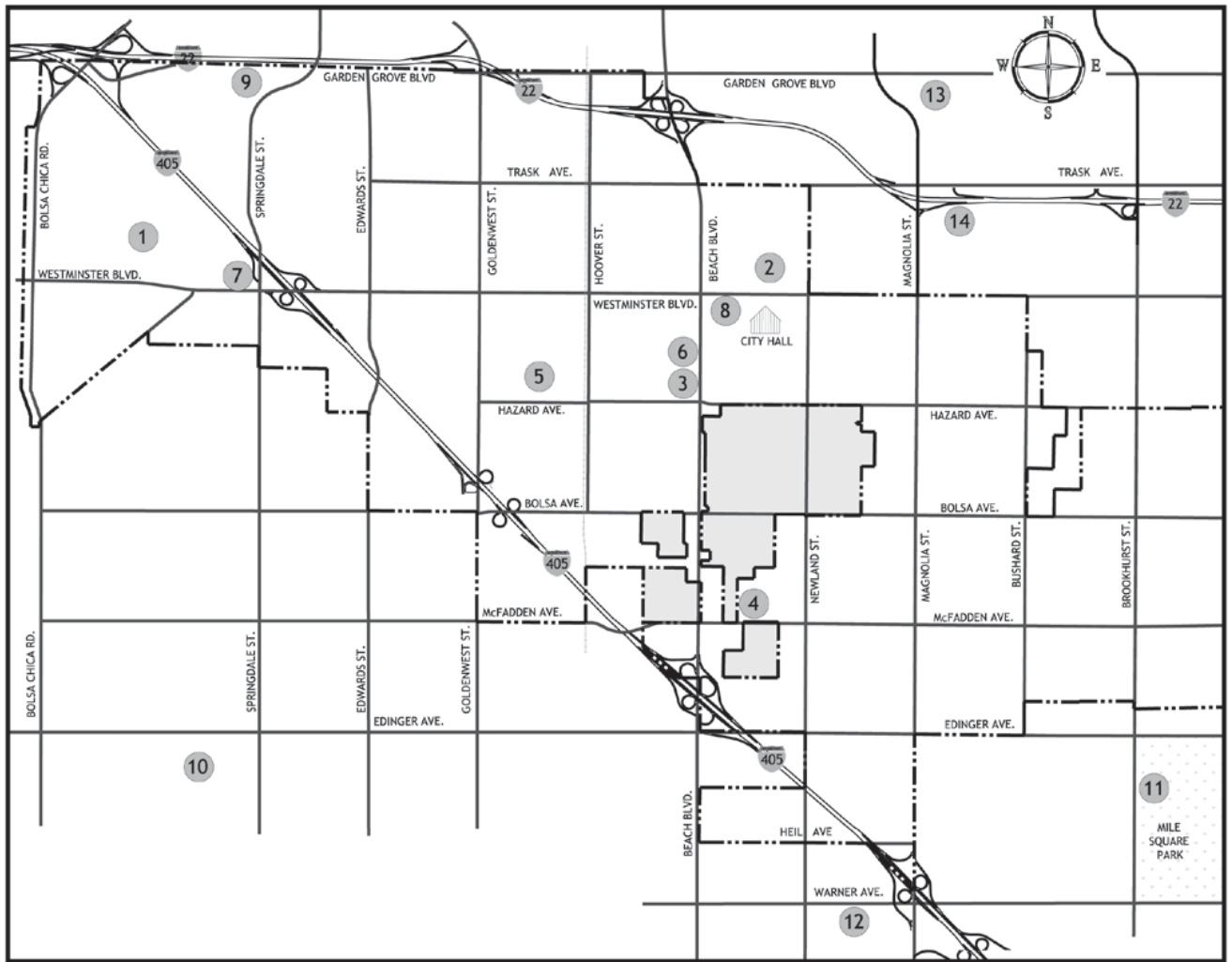
The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature \_\_\_\_\_ Date \_\_\_\_\_



**1 BOLSA CHICA PARK**  
13660 University Street  
Westminister, CA 92683

**2 LIBERTY PARK**  
13900 Monroe Street  
Westminister, CA 92683

**3 MIRIAM WARNE ROOM**  
14491 Beach Blvd., Westminister, CA 92683  
(entrance on Hazard Ave.)

**4 PARK WEST PARK**  
8301 McFadden Ave.  
Westminister, CA 92683

**5 SIGLER PARK**  
7200 Plaza Street Westminister, CA 92683  
(between Olive Street & Church Street)

**6 WESTMINSTER ARTS ACADEMY**  
14441 Beach Blvd. #100, Westminister, CA 92683

**7 WESTMINSTER DANCE COMPANY**  
5915 Westminister Blvd., Westminister, CA 92683

**8 WESTMINSTER COMMUNITY SERVICES BUILDING**  
8200 Westminister Blvd., Westminister, CA 92683  
(between Jackson Street & All American Way)

**9 WESTMINSTER ICE RINK**  
13071 Springdale Street, Westminister, CA 92683

**10 GARDEN CONSERVATORY**  
5702 Clark Drive, Huntington Beach, CA 92649

**11 FOUNTAIN VALLEY RECREATION CENTER**  
16400 Brookhurst Street, Fountain Valley, CA 92708

**12 FOUNTAIN VALLEY MUSIC**  
8740 Warner Ave., Fountain Valley, CA 92708

**13 FIVE STAR TAEKWONDO SCHOOL**  
9192 Garden Grove Blvd. # F, Garden Grove, CA 92844

**14 GARDEN GROVE SPORTS & RECREATION CENTER**  
13641 Deodara Drive, Garden Grove, CA 92843



## ADDITIONAL LOCATIONS

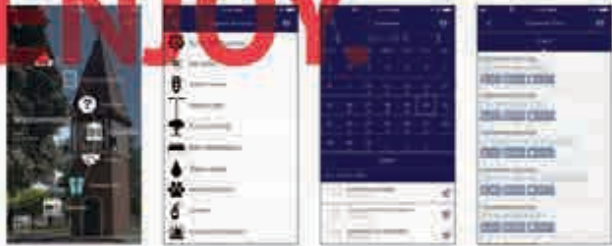
**H. LOUIS LAKE SENIOR CENTER**  
11300 Stanford Ave., Garden Grove, CA 92840

**KONJO JUDO DOJO**  
18030 Magnolia St., Fountain Valley, CA 92708

**SOUTH COAST FENCING CENTER**  
3518 W. Lake Center Drive Ste. C, Santa Ana CA 92704

**SANTA ANA COLLEGE**  
1530 17th Street, Santa Ana, CA 92706

# CLICK. DISCOVER. ENJOY.



**OUR CITY AT YOUR FINGERTIPS.** Access your favorite city services and information all in one place. The My Westminster app has you stay up to date with events in the City, discover local businesses around our beautiful city, and even report issues like potholes or graffiti. Download the My Westminster app for iPhone or Android now.

[westminster-ca.gov](http://westminster-ca.gov)

THE CITY OF WESTMINSTER & THE WESTMINSTER CITY COUNCIL  
INVITE YOU TO OUR ANNUAL

## Tree Lighting Ceremony & Holiday Community Sing

MONDAY, DECEMBER 2ND  
6:30 P.M.

WESTMINSTER CIVIC CENTER  
8200 WESTMINSTER BLVD.  
714.895.2860

[WWW.WESTMINSTER-CA.GOV](http://WWW.WESTMINSTER-CA.GOV)

VISIT WITH SANTA BEFORE AND DURING EVENT. PLEASE  
BRING CANNED GOODS TO DONATE TO THOSE IN NEED THIS  
HOLIDAY SEASON. DRESS WARMLY. EVENT WILL BE HELD OUTDOORS.



## Parenting Classes

Our parenting courses have an effective curriculum that focuses on positive parenting techniques, effective discipline, and developmentally appropriate parenting skills.

Parenting classes offered throughout the year, in English, Spanish and Vietnamese.  
Please call (714) 903-1331 for dates or come in to the center today!



7200 Plazo St. (Sigler Park)  
Westminster, CA 92683  
(714) 903-1331

Programs and services of the Westminster Family Resource Center are funded in part through Families and Communities Together (FACT). FACT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services-Preventing Suicide and Suicide Prevention, Office of Child Abuse Prevention, California Emergency Management Agency, the County of Orange as well as volunteer in-kind support and private donations. FACT is a program administered by the County of Orange Social Services Agency, in partnership with the FACT Coalition of Orange County, the Orange County, the Orange County Alliance for Children and Families.



## BREAKFAST with SANTA

SATURDAY : 9:00-10:30am  
DECEMBER 7th : \$8 per person

COMMUNITY SERVICES BUILDING  
EASTWEST ROOM | 8200 WESTMINSTER BLVD.

Register Early! Space is Limited!  
Please call 714.895.2860 for more information  
or register online at [www.westminster-ca.gov](http://www.westminster-ca.gov)

City of Westminster  
8200 Westminster Blvd.  
Westminster, CA 92683

\*\*\*ECRWSS EDDM\*\*\*  
POSTAL PATRON

PRSRT STD  
U.S. POSTAGE  
PAID  
PERMIT NO. 20-21  
HUNTINGTON BEACH, CA



**Sigler Park**  
**7200 Plaza Street**  
**Westminster, CA 92683**  
**(714) 903 - 1331**  
**familyresourcecenter@westminster-ca.gov**  
**Office hours: Mon, Wed, & Fri 9 am - 6 pm**  
**Tues & Thurs 11 am - 8 pm**

**El Centro de Recursos Familiares de Westminster ofrece los siguientes servicios ¡GRATIS!**

- ♦ Representación Familiar
- ♦ Programa de Superación Personal
- ♦ Consejería en Violencia Doméstica
- ♦ Información y Referencias
- ♦ Talleres de Educación para Padres de Familia
- ♦ Promoción y Apoyo para Adopciones
- ♦ Servicios para Reunificación de Familias
- ♦ Servicios Dentales \*
- ♦ Programa para recibir Alimentos\*
- ♦ Programa de Asistencia de Emergencias\* (pañales, comida, higiene)
- ♦ Programas para Después de Escuela
- ♦ Servicios de Administración de Casos
- ♦ Consejería Individual y para Familias

\* While funding is available. Please call for more information.

\* Mientras fondos están disponibles. Llame para más información.

\* Khi còn ngân quỹ Để biết thêm chi tiết xin vui lòng liên lạc trung tâm.

Programs and services at the Westminster Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services-Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, the County of Orange as well as volunteer, in-kind support and private donations. FaCT is a program administered by the County of Orange Social Services Agency, in partnership with the FaCT Coalition of Charitable Ventures of Orange County, The Olin Group, and the Orange County Alliance for Children and Families.

The Westminster Family Resource Center offers the following services for **CHILD**

- ♦ Family Advocacy
- ♦ Personal Empowerment Program
- ♦ Domestic Violence Counseling
- ♦ Information & Referral
- ♦ Parent Education Workshops
- ♦ Adoption Promotion & Support
- ♦ Family Reunification Services
- ♦ Dental Services\*
- ♦ Emergency Food Program\*
- ♦ Emergency Assistance Program\* (Hygiene Kit, Diapers, Food)
- ♦ After School Enrichment Programs
- ♦ Case Management Services

Services are offered in English, Spanish, and Vietnamese!

*The Westminster Family Resource Center is a community collaborative:*



**Trung Tâm Trợ Giúp Gia Đình Westminster phục vụ **MIỄN PHÍ** những dịch vụ sau đây:**

- ♦ Bệnh Vực Gia Đình
- ♦ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ♦ Cố vấn về bạo hành trong gia đình
- ♦ Thông tin và giới thiệu
- ♦ Hội thảo dành cho phụ huynh
- ♦ Khuyến khích & hỗ trợ dịch vụ nhận con nuôi
- ♦ Dịch vụ đoàn tụ gia đình
- ♦ Dịch vụ nha khoa\*
- ♦ Chương trình trợ cấp thực phẩm khẩn cấp\*
- ♦ Chương trình trợ giúp khẩn cấp\*
- ♦ Chương trình sau giờ học
- ♦ Dịch vụ phụ trách các vấn đề
- ♦ Dịch vụ cố vấn cá nhân và gia đình