



# What's Happening?



CONTINUING  
EDUCATION

**March 2015**



Continuing Education — We Deliver!

## “WHAT’S HAPPENING?”

### **Facing Ethical Issues in Behavioral Health**

Tuesday, March 17, 2015

9:00am - 12:00 pm

\$39 Fee

- Identify the ethical issues related to cultural competence
- Recognize some approaches to conceptualizing cultural competence
- Appreciate the critical domains necessary for ensuring cultural competence
- Acquire a basic understanding of how the culturagram can be used with clients to understand their cultural diversity



### **Massage Therapy for Medically Frail and Hospice Patients**

March 14, 21, 22, 23, 2015

A study of massage therapy in the hospital setting as supportive care.

Licensed Massage Therapists earn  
47 CE hours

Register Now! 928-317-7674

March 5, 2015  
Body Sculpting/Fitness  
@Wellton

March 7, 14, 21, 28 2015  
Kendo

March 14, 2015  
Gemstone Carving

March 14, 21, 22, 23, 2015  
Massage Therapy for  
Medically Frail and Hospice  
Patients

March 17, 2015  
Facing Ethical Issues in Be-  
havioral Health

March 17, 18, 2015  
Floral Design

March 24, 2015  
Ethics in the Workplace

Register Now!  
928-317-7674

We're on the Web!

[www.azwestern.edu/ContinuingEd](http://www.azwestern.edu/ContinuingEd)

### **Ethics in the Workplace**

Tuesday, March 24, 2015

1:00 p.m. – 5:00 p.m.

\$49 Fee

*Workplace ethics go beyond doing the right thing. An ethical workplace establishes a solid foundation for organizational behavior, cultivates better teamwork and productivity, creates consistent standards for company offerings, ensures the legality and enforcement of corporate policies, and supports company growth and reputation.*



### **Expand your World! Personal Enrichment**



Floral  
Design

Gemstone  
Carving



KENDO

“Way of the Sword”

Group discounts  
available for  
groups of 5 or  
more!



Keep your training dollars local and let us coordinate your staff development. All of our courses are customizable and /or deliverable upon request.

Contact us for a free quote.

Call 928-317-7674 or  
email at [continuinged@azwestern.edu](mailto:continuinged@azwestern.edu)

Online Career Training Programs

Visit our sites to learn more!

[careertraining.ed2go.com/AWC](http://careertraining.ed2go.com/AWC)  
[Ed2go.com/AWC](http://Ed2go.com/AWC)

## Massage Therapy for Medically Frail and Hospice Patients



A study of massage therapy in the hospital setting as supportive care. Focusing on hospital culture, communication and research, students will learn to adapt massage therapy techniques to address patient issues within the clinical framework of the hospital or in a hospice situation.

**Required Textbook:** Massage for the Hospital Patient and the Medically Frail

Client By Gayle MacDonald, Lippincott Williams & Wilkins  
Publisher, ISBN-10: 0-7817-4705-9

**Required Health Clearances:** Student must show **TB** clearance card, **CPR** Healthcare provider card and **Arizona Massage Therapy License** during the first day of class.

**Location:** Arizona Western College  
Massage Therapy Program Office  
2451 S Avenue A - Building E, Suite #101  
Yuma, AZ 85364  
928-317-6056

### \$152 Fee

#### COURSE SCHEDULE

Saturday—March 14, 2015  
8:30 am to 12:20 pm  
1:30 pm to 5:20 pm  
Saturday—March 21, 2015  
8:30 am to 12:20 pm  
1:30 pm to 5:20 pm  
Sunday—March 22, 2015  
12:00 pm to 3:00 pm  
3:10 pm to 5:20 pm  
Monday—March 23, 2015  
8:30 am to 12:00 pm  
1:00 pm to 5:20 pm

In addition to scheduled class time, each student will be required to complete 4 clinical therapy sessions for Hospice of Yuma and 6 clinical therapy sessions for medically frail clients with the program clinic system. Each of these sessions must be appropriately documented. A final clinical review interview with the clinical staff will be required upon completion of clinical requirement.

**Licensed Massage Therapists earn 47 CE hours**  
All completers will be awarded a certificate of completion from Hospice of Yuma for the Volunteer Program.

**Register Today!**

**Call: 928-317-7674**

### REGISTRATION FORM (MAIL, EMAIL OR FAX) LMT Medically Frail & Hospice Patients - March 2015 \$152

Name \_\_\_\_\_ Organization/Business \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

Form of Payment	
<input type="checkbox"/>	Check or Money Order Payable to Arizona Western College
<input type="checkbox"/>	VISA, MasterCard, Discover (in person or by phone)
<input type="checkbox"/>	Third Party Billing or Purchase Order



Return Registration Form to : AWC Entrepreneurial Center, 1351 S. Redondo Center Drive, Yuma, AZ 85365  
Email: [ContinuingEd@azwestern.edu](mailto:ContinuingEd@azwestern.edu) Phone (928) 317-7674 Fax (928) 317-7615

#### Refund/Cancellation Policy

A 100% refund is granted or another individual may attend in your place if a request is made two working days prior to the start of class. A 50% refund will be issued if notice is received less than two working days prior to class start date. No refunds will be issued after the first day of class.

# KENDO

"Way of the Sword"



Interested in a unique Japanese martial art? Kendo, "Way of the Sword", is a very traditional and immensely popular sport in Japan. This martial art of Samurai origin will develop the technical and mental skills associated with this Japanese philosophy. The focus of the course will be on the basic skills associated within the discipline of Kendo. Emphasis will be placed on physical conditioning, mental discipline, and self-awareness. This is a fun course and people of all fitness levels are welcome.

**Francisco Villa, Instructor - All US Kendo Federation rank of 2-Dan**

## *Now Registering!*

**Fee \$70**  
**4-Ways to Pay**

Call: 928-317-7674 (Visa, MCard & Discover)

Email: [ContinuingEd@azwestern.edu](mailto:ContinuingEd@azwestern.edu)

Check: payable to A.W.C.

Mail or in person: 1351 S Redondo Center Dr.  
Yuma, AZ 85365

Additional registration flyers available on our  
website,  
[www.azwestern.edu/continuinged](http://www.azwestern.edu/continuinged)

Held at AWC GYM 115 on Saturday's

Will meet : January 31  
February 7, 14, 21, 28  
March 7, 14, 21, 28  
April 4

Time: 9:00am-10:30am

Requirements:

- Reasonable, good health
- Ages 10 and up (Under 18 must have instructor approval)
- For more information please contact the instructor at [chemlatte@gmail.com](mailto:chemlatte@gmail.com)

**SPRING  
2015  
Session  
begins  
Jan 31st**

## REGISTRATION FORM (MAIL, EMAIL OR FAX)

Kendo- Spring 2015 Session \$70

Name (s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Fax: \_\_\_\_\_



Accepted: Checks or money orders payable to AWC— Visa, Discover, Master Card ( in person)- P.O.'s and Third Party Billing  
1351 S. Redondo Center Drive Yuma, AZ 85365 Phone (928) 317-7674 Fax (928) 317-7615

Email: [ContinuingEd@azwestern.edu](mailto:ContinuingEd@azwestern.edu)

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# GEMSTONE CARVING

Participants will be presented with: a brief history of carving, an overview of current and historic carving tools and techniques, different types of materials and selection of materials, implementation of carving, sanding, and polishing techniques. Participants will learn to use the power tool set to carve gemstone jewelry. Advanced students will learn and develop the skills necessary to create more complex designs. Workshop is geared towards both beginning and advanced level individuals. All required materials and equipment will be provided by the instructor for a nominal cost of \$5.00 (to be paid directly to the instructor for use of supplies).

Instructor: Richard Friesen

**\$60 Fee**

Saturday

March 14, 2015

9:00 am - 4:00 pm

(1 hour lunch break)

**Register Today!**

**928-317-7674**

AWC Entrepreneurial Center  
1351 S. Redondo Center Drive  
Yuma, AZ 85365

Room 163



REGISTRATION FORM (MAIL, EMAIL OR FAX)

Gemstone Carving at AWC E-Center 3/14/2014 **\$60**

Name \_\_\_\_\_ Organization/Business \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

### Form of Payment

- |                          |   |
|--------------------------|---|
| <input type="checkbox"/> | Check or Money Order Payable to Arizona Western College |
| <input type="checkbox"/> | VISA, MasterCard, Discover (in person or by phone)      |
| <input type="checkbox"/> | Third Party Billing or Purchase Order                   |



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# BODY SCULPTING/FITNESS

Body sculpting (or core conditioning) is a non-aerobic, muscle-toning class, usually focused on core strength. Most sculpting classes use weight bars, exercise bands, or dumbbells, or a combination of these gadgets. You perform traditional weight-training moves in a class setting.

**What body sculpting and core conditioning does for you:** Gives you strength, muscle tone and lowers your risk of bone loss, but only if you lift heavy enough weights.



**\$19 Fee**

Tuesdays & Thursdays  
March 17 - March 26, 2015  
6:00 pm - 7:00 pm

Arizona Western College  
Wellton Learning Center  
28851 County 12th Street  
Wellton, AZ 85356  
Room 112

Instructor: Judy Simmons

**Register Today!**

**Call: 928-785-4175**

**REGISTRATION FORM (MAIL, EMAIL OR FAX)**

Body Sculpting Fitness 3/17/2015 - 3/26/2015 **\$19**

Name \_\_\_\_\_ Organization/Business \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Form of Payment	
<input type="checkbox"/>	Check or Money Order Payable to Arizona Western College
<input type="checkbox"/>	VISA, MasterCard, Discover (in person or by phone)
<input type="checkbox"/>	Third Party Billing or Purchase Order



Return Registration Form to : AWC Wellton Learning Center, 28851 County 12th Street, Wellton, AZ 85356  
Email: [WelltonLearningCenter@azwestern.edu](mailto:WelltonLearningCenter@azwestern.edu) Phone (928) 785-4175 Fax (928) 314-9436

**Refund/Cancellation Policy**

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A 50% refund will be issued if notice is received less than two working days prior to class start date. No refunds will be issued after the first day of class.

## AS A BEHAVIORAL HEALTH COUNSELOR WHAT ETHICAL ISSUES WILL YOU FACE?



### ETHICAL ISSUES IN MENTAL HEALTH SERVICES FOR CULTURALLY DIVERSE COMMUNITIES

MARCH 17, 2015 9:00 A.M.— NOON

**Earn 3 clock hours of Continuing Education**

*A Certificate of Completion will be awarded upon completion*

## AS A BEHAVIORAL HEALTH COUNSELOR WHAT ETHICAL ISSUES WILL YOU FACE?

### Ethical issues in mental health services for culturally diverse communities

- Identify the ethical issues related to cultural competence
- Recognize some approaches to conceptualizing cultural competence
- Appreciate the critical domains necessary for ensuring cultural competence
- Acquire a basic understanding of how the culturagram can be used with clients to understand their cultural diversity

Facilitated by Troy Love, LCSW, PHR

- Leadership Development Coach
- Training Development Designer
- Mediator
- Change Specialist
- Expert Interpersonal Skills
- People Management Systems
- Masters in Social Work



*"Thank you for bringing this to Yuma. Excellent presenter, very knowledgeable well prepared." - Catherine J.*

*"I enjoyed the workshop and appreciated the expertise and the local conference." - Renee W.*

### Earn 3 clock hours of Continuing Education

*A Certificate of Completion will be awarded upon completion*

Tuesday, March 17, 2015  
9:00am - Noon \$39 Fee

AWC Entrepreneurial Center Room 159  
1351 S. Redondo Center Drive  
Yuma, Arizona 85365

**REGISTER NOW**

**Call: 928-317-7674**

or download a registration flyer at  
[www.azwestern.edu/continuinged](http://www.azwestern.edu/continuinged)

#### REGISTRATION FORM (MAIL, EMAIL OR FAX)

Ethical Issues in Mental Health Services 3/17/15 \$39

Name \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Receive a \$5 discount when you register at least seven (7) days in advance



Accepted: Checks or money orders payable to AWC  
 Visa, Discover, Master Card (in person/phone) P.O.'s and Third Party Billing  
 1351 S. Redondo Center Drive Yuma, AZ 85365 Phone (928) 317-7674 Fax (928) 317-7615  
 Email: ContinuingEd@azwestern.edu

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# FLORAL DESIGN



Learn the fundamentals of floral design and create award winning floral projects like corsages, animal shape floral arrangements and bouquets.

Bring your friends to join the fun! Perfect for 4H clubs, Girl Scout Troops, Garden Clubs and

Mother/Daughter, Father/Daughter Groups, for ages 9 years and up.

**Participants need to bring the following supplies:**

- Sheers
- Apron
- Camera (optional)

**AWC will provide the following supplies:**

- Flowers
- Floral Foam
- Containers

AWC Entrepreneurial Center  
1351 S. Redondo Center Drive  
Yuma, AZ 85364  
Room EC 160

**Session 1** \$59

Saturday, Jan 17, 2015  
Saturday, Jan 24, 2015  
9 am - 12 pm

**Session 2** \$59

Thursday, Feb 12, 2015  
Friday, Feb 13, 2015  
4 pm - 7 pm

**Session 3** \$59

Tuesday, Mar 17, 2015  
Wednesday, Mar 18, 2015  
Thursday, Mar 19, 2015  
4 pm - 6 pm

**Register Today!**

**Call: 928-317-7674**

or download a registration flyer at  
[www.azwestern.edu/continuinged](http://www.azwestern.edu/continuinged)

**REGISTRATION FORM (MAIL, EMAIL OR FAX)**

Floral Design at AWC E-Center

**\$59 per session**

Name \_\_\_\_\_ Organization/Business \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Form of Payment**

<input type="checkbox"/>	Check or Money Order Payable to Arizona Western College
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<input type="checkbox"/>	Third Party Billing or Purchase Order

**AWC Entrepreneurial Center  
Room EC 160**

- Session 1 (Jan. 17 & 24)
- Session 2 (Feb. 12 & 13)
- Session 3 (Mar. 17 - 19)

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# ETHICS IN THE WORKPLACE



*Workplace ethics go beyond doing the right thing. An ethical workplace establishes a solid foundation for organizational behavior, cultivates better teamwork and productivity, creates consistent standards for company offerings, ensures the legality and enforcement of corporate policies, and supports company growth and reputation.*

*This training program explores how workplace ethics should be developed, how to create the standards and policies that support them, how employees can be trained and managed to follow and support these standards, and how to deal with problems where ethics are concerned.*



Tuesday, March 24, 2015  
1:00 p.m.– 5:00 p.m. \$49 Fee



Receive a \$5 discount when you register at least seven (7) days in advance! (Not to be combined with other discounts.)

AWC Entrepreneurial Center Rm  
1351 S. Redondo Center Drive  
Yuma, Arizona 85365

**Register Today!**  
**Call: 928-317-7674**

or download a registration flyer at  
[www.azwestern.edu/continuinged](http://www.azwestern.edu/continuinged)



*request your...  
free no-obligation  
quotation today!*

**REGISTRATION FORM (MAIL, EMAIL OR FAX)**

Ethics in the Workplace 3/24/2015

**\$49**

Name (s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Fax: \_\_\_\_\_



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## ATTENTION MILITARY SPOUSES

# You can receive a \$4,000 MyCAA Scholarship to TRAIN ONLINE FOR A NEW CAREER

MyCAA is the Military Spouse Career Advancement Accounts program, offered by the Department of Defense. It allows military spouses to train for in-demand careers at little or no cost.

Each online program allows you to learn at your convenience and enables you to move your career **wherever you are stationed.**

### WHO IS ELIGIBLE?

- Spouses of an active duty Army, Navy, Air Force, or Marine service member in pay grades E1-E5, W1-W2, or O1-O2
- If your spouse is in the National Guard or is an AGR Member, they must be on federal Title 10 active duty orders.

*Note: You must finish your program within 18 months of starting*

### POPULAR PROGRAMS

- Pharmacy Technician
- Paralegal
- Administrative Medical Specialist with Medical Billing and Coding
- Administrative Dental Assistant
- And more

For more information and a complete list of courses offered, contact us at:

# Arizona Western College Continuing Education

Continued@azwestern.edu (928) 317-7674 • <http://careertraining.ed2go.com/awc>