

# AQUATICS

## All Ages Section



### LAP SWIM

\$4/person/visit

January 28–March 28 • Mon & Thu  
8:00 PM–9:00 PM

### FISH TICKETS

Fish Tickets can be used for any drop-in recreation activity. Tickets cost \$20 and are good for \$25 worth of activities. You can purchase your fish tickets from the pool staff at the Begg Pool office or in the Parks and Recreation Department, 1400 Highland Avenue.

### BEGG POOL MASTERS



January–December • 6:15 AM–7:15 AM

Start Date	Days	Cost	A#
Jan 7–30	MWF	\$35	18111
Feb 1–27	MWF	\$35	18112
Mar–May	MTWThF	\$120	TBA
Jun–Aug	MTWThF	\$120	TBA

Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. Swimmers are required to join Southern Pacific Masters Association (SPMA) within their first month of enrollment. Membership of SPMA is good for the entire year and the cost is approximately \$40. We invite you to come and swim with us!

Coach: Steve Hyde

### POOL RULES

All patrons entering the facility during recreational/lap swim times are required to pay the facility admission fee, including spectators, except those seated in the bleacher area.

- Swim suit attire required
- Children not potty trained must wear a swim diaper
- Children under age 7 must be accompanied by an adult in the water at all times (4 children max per 1 adult)
- Hair longer than shoulder length must be pulled back or a swim cap must be worn
- Water toys and U.S Coast Guard approved Lifejacket Type III may be used at the Pool Manager's discretion. Each individual wearing a U.S. Coast Guard Lifejacket Type III must be accompanied by an adult in the pool, within arms reach.

### NOT ALLOWED IN POOL OR POOL AREA

- Flotation devices
- Diving
- Running
- Pets
- Smoking
- Breath-holding games

### NO EXCEPTIONS

- Maximum pool capacity: 150 persons
- The City reserves the right to refuse access at any time

### POOL RENTAL

Begg Pool is available for rent Saturday afternoons between 1:30 PM - 4:00 PM. The cost is \$150/hour for residents and \$190/hour for nonresidents. The rental fee includes pool lifeguards for up to 50 guests. Parties larger than 50 guests will be charged additional fees to cover the cost of additional lifeguards. For reservation information, call (310) 802-5429 or (310) 802-5410.

### REGISTRATION

The Swim Registration form and more information can be found online at [citymb.info](http://citymb.info) or in the Winter MANHAPPENINGS Activity Guide.

**\*NEW\*** Online Registration will begin at 6:00 AM

Walk In Registration begins at 8:00 AM

Resident registration begins Dec. 31, 2012  
Nonresident registration begins Jan. 14, 2013

- Online [www.citymb.info](http://www.citymb.info)
- Fax (310) 802-5401
- Mail/Walk in: Parks and Recreation Dept  
1400 Highland Avenue  
Manhattan Beach, CA 90266

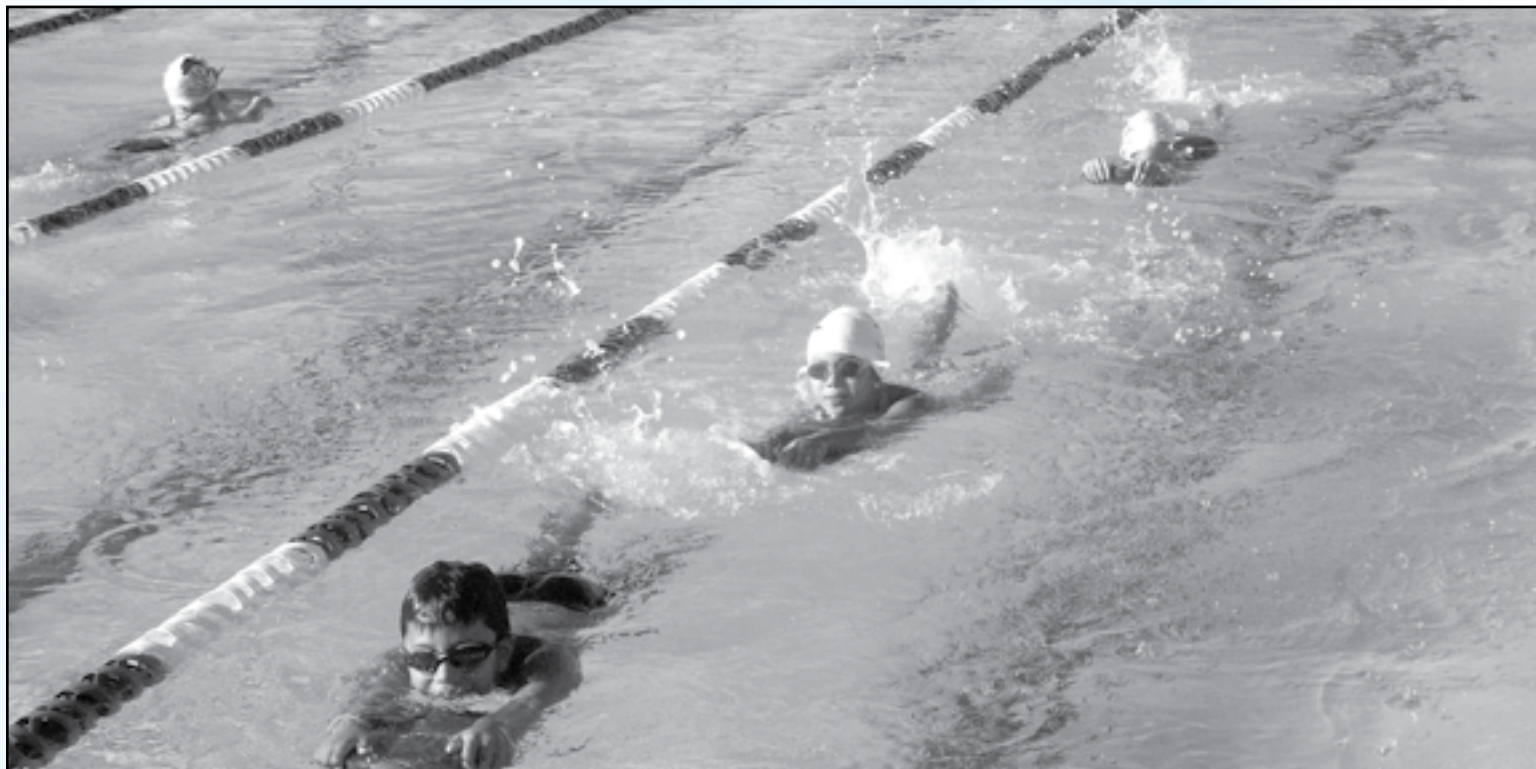
### BEGG POOL INFORMATION

1402 North Peck Avenue  
Manhattan Beach, CA 90266  
(310) 802-5428 • (310) 802-5448



# AQUATICS

## All Ages Section



### BEGG POOL MASTERS

Fee: \$35  
16 and up  
Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals, and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. Swimmers are required to join Southern Pacific Masters Association (SPMA) within their first month of enrollment. Membership of SPMA is good for the entire year and the cost is approximately \$40. We invite you to come and swim with us!

18111		6:15am to 7:15am
1/7-1/30	M W F	Hyde, Steve
18112		6:15am to 7:15am
2/1-2/27	M W F	Hyde, Steve

### JR. GUARD PREP CLASS

Res: \$150 Nonres:\$165  
9 but less than 15

The City of Manhattan Beach Parks and Recreation Department is now offering a Jr. Lifeguard preparation class. This class will focus mainly on freestyle. The emphasis will be to meet the qualification for the Los Angeles County Jr. Lifeguard Program.

18115		3:30pm to 4:05pm
1/28-3/27	M W	Staff, Begg Pool
18116		4:10pm to 4:45pm
1/28-3/27	M W	Staff, Begg Pool
18117		3:30pm to 4:05pm
1/29-3/28	Tu Th	Staff, Begg Pool
18118		4:10pm to 4:45pm
1/29-3/28	Tu Th	Staff, Begg Pool

### LIFEGUARD TRAINING CLASS (LGT)

Res: \$190 Nonres: \$209  
15 and up

Become a pool pro with the right certifications and training to be an important part of the pool and beach scenes in Manhattan Beach! You will be certified in Ameri-

can Red Cross C.P.R. for the Professional Rescuer, AED, First Aid, and Lifeguarding to meet the requirements to apply for lifeguard positions in Manhattan Beach as well as many other public and private agencies. Be prepared to swim each class meeting, so bring a swim suit, towel, goggles, and swim cap. Also, you'll want to take notes so bring pen/pencil, paper. Please Note: Class supplies will be provided. If a student wants to keep the LGT book or write notes in the book, an additional \$35 will be charged. If the student would like their own pocket mask, an additional \$15 will be charged. Friday, March 15, 2013 the class will meet at Mira Costa High School Pool from 5:00 PM-6:30 PM for the prerequisite swim test. All the other dates will meet at Manhattan Heights Community Center. No class 3/22.

18120	MHP-MBR	8:30am to 6pm
3/15-3/23	Su F Sa	Sandoval, Jesus