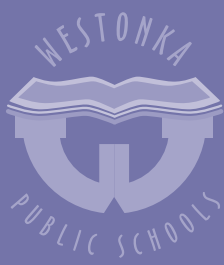


WESTONKA COMMUNITY EDUCATION & SERVICES

Serving the communities of Mound, Minnetrista, Spring Park, Orono, Navarre, Shorewood, Lyndale and Independence



Kid's Stuff Sale p. 5



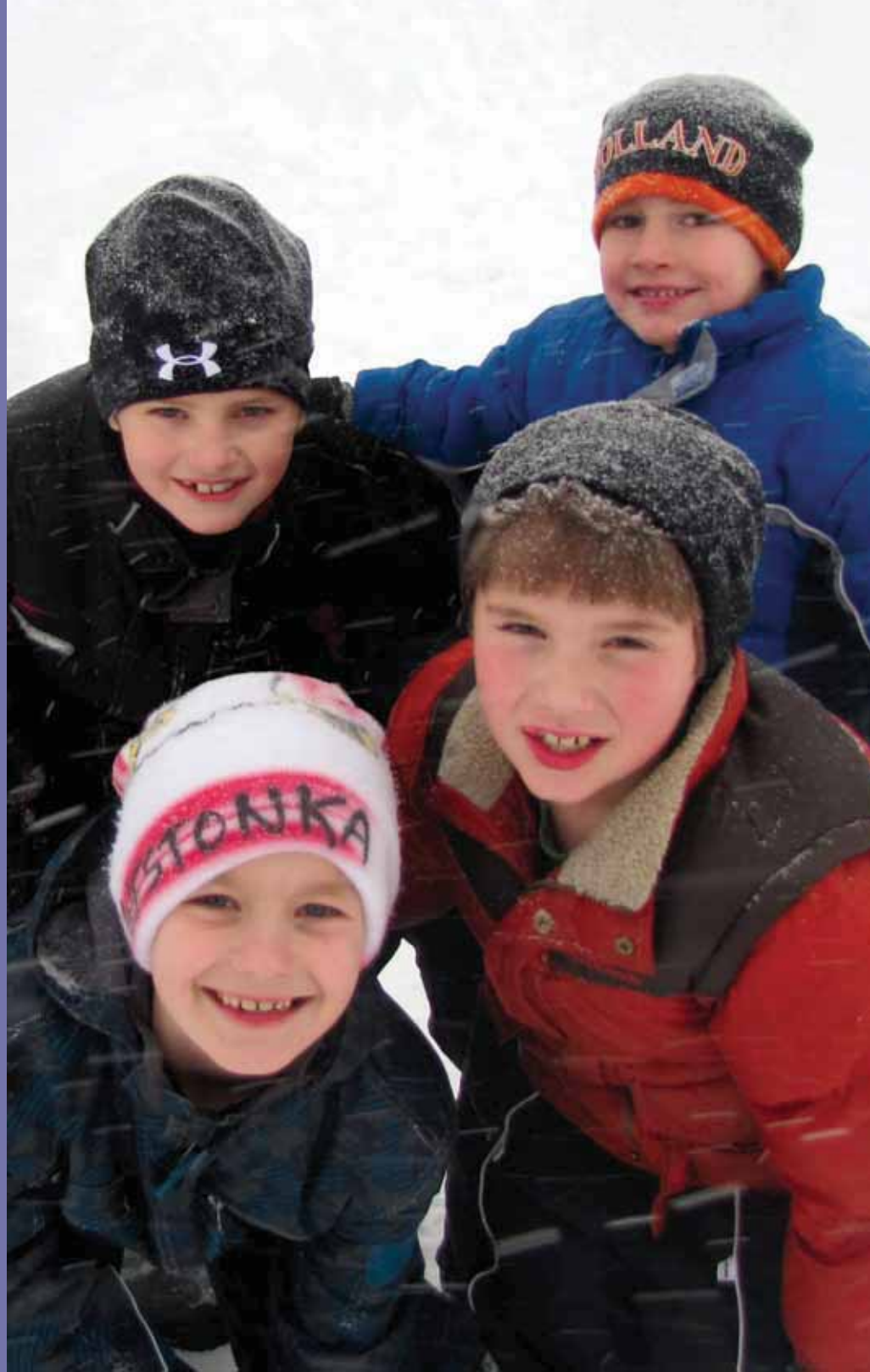
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Winter & Spring 2012

Lifetime Learning for the Time of Your Life!



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A message from Mary Hughes, director, Westonka Community Education and Services

Celebrate learning through the seasons. Welcome to our combined Winter/Spring catalog with an outstanding line-up of programs from January through May. January marks the excitement of a new year and an opportunity for a new beginning to have you and your family join us on the journey of lifelong learning. Westonka Schools and Community Education offer innovative opportunities that model education excellence.

The Community Education staff (listed on page 4) is a hardworking team dedicated to meeting your needs. We are always striving to provide you with the best customer service possible. We value your feedback and ideas. Let us know how we can better serve you by calling us or by getting involved with our Advisory Council.

Remember that you can register on line 24/7 through the Community Education website at: communityed.westonka.k12.mn.us

This catalog contains many wonderful choices to support every stage of life. Be sure to take a look at our new color-coded Table of Contents. We hope it makes it easier for you to find the classes that you are interested in taking. There is something for everyone. Find a class to energize your mind or to activate your body and learn something new in 2012. You won't be disappointed as we venture through two seasons of sharing and learning. Have a fantastic winter and magnificent spring!

Westonka Community Education and Services Advisory Council

Anna Peterson, Chair
 Pam Dahm
 Linda Hugh
 Renee McFadden
 Collette Roberts
 Kristin Schlapkohl
 Terrilynn Twaddle

David Botts and Gary Wollner,
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Weather Cancellation Hotline:...952.491.8055

Our Mission

To enrich the lives of all community members by promoting citizen involvement and providing lifelong learning opportunities.



Connect with Westonka Community Education

Stay Connected to the latest Westonka Community Education news, announcements and events by visiting our website at communityed.westonka.k12.mn.us. You can also sign up to receive our enews, follow us on Twitter or find us on Facebook.



Scan this QR Code with your smart phone to learn more about our programs.

Visit the Community Ed Website at:
communityed.westonka.k12.mn.us



Register for Winter & Spring classes online today!

Early Childhood Family Education



Come for your Child, Stay for Yourself

What is Early Childhood Family Education - ECFE?

ECFE is a unique parent-child education program for all families with children ages birth to kindergarten. **Weekly classes have three parts:**

Learning together

During the first half-hour of class, choose from many planned activities designed just for you and your child in the early childhood classroom. Learn new ideas for activities to do at home.

Purposeful play for children

The remaining portion of class is designed for children to learn through play with their peers. All children benefit from the guidance of a licensed early childhood teacher and experienced educational assistant. The goal is to help children develop a healthy self-concept and a love for learning. In several ECFE classes, parents and children remain together for the entire classtime. Look for the “ns” (non-separating) next to the class on the schedule below. All other classes have separating formats with a one-way window between rooms for parent observation.

Connecting with others

While children are learning with their teachers, parents join together in an informal group setting for a discussion time led by a licensed parent educator. The group discusses current family topics; they share ideas, learn more about their child’s development and benefit from feeling connected to other parents.

All ECFE parent-child classes are held at the Early Childhood Education Center, located at 5241 Shoreline Dr., Mound (in the Stonegate Plaza mall).

17th Annual Early Childhood “Kid’s Stuff” Sale Fundraiser

Gently used children’s clothing size 0-14, toys, furniture and sports equipment, (maternity clothes too) An annual spring fundraiser for the Early Childhood programs of the Westonka Public Schools.



**Saturday, April 21
8 am to 2 pm (Special half-price sale from 1-2 pm)
\$1 donation at the door
Pond Sports Arena, 2021 Commerce Blvd., Mound**

Be a seller and make up to 70% profit for your family! Better than your own garage sale!

Seller Packets will be on sale for \$10 starting February 7th. Stop by the early childhood office at 5241 Shoreline Dr., Mound (Stonegate Plaza), and pick one up. Donations are tax deductible, so if you prefer to simply donate items (in good condition), please contact the Early Childhood office 952.491.8048 for more information.

For more information about ECFE, call the Early Childhood Office at 952.491.8048.

Early Childhood Family Education Weekly Schedule at a Glance

(Class descriptions are listed on following pages) “ns” means non-separating; parents and children remain together for this class.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Two’s (ns) 24-38 months 9:00-10:30 am #8021-A12W, p. 9</p> <p>Practice Preschool 10:45-12:15 pm #9006-A12W, p. 12</p>	<p>Two’s 24-38 months 9:00-10:30 am #8023-A12W, p. 9</p> <p>Two-Dayers (1st Day) 33-55 months 10:45-12:15 pm #8033-A12W, p. 9</p>	<p>Toddlers (ns) 12-26 mo. 9:00-10:30 am #8009-A12W, p. 7</p> <p>Toddlers (ns) 12-26 mo. 11:00-12:30 pm #8015-A12W, p. 7</p> <p>Practice Preschool 10:45-12:15 pm #9006-A12W, p. 12</p>	<p>Infants (ns) birth-12 mo. 10:00-11:00 am #8007-A12W, p. 7</p> <p>Two-Dayers (2nd Day) 33-55 months 10:45-12:15 pm #8033-A12W, p. 9</p> <p>ECFE Family Nights Series (ns) 18 months - 5 years 6:00-7:30 pm #8027 series, p. 10</p>	<p>Wee Ones Specials birth to 5 years 10:00-11:15 am #8025-series (or drop by) p. 8</p>

Early Childhood Family Education



Registration is now available for all ECFE classes.

Sign up for one or both sessions. See ECFE class descriptions on pages 7-9.

Winter Quarter: Jan. 17- March 9 (8 wks) **Spring Quarter:** March 26- May 11 (7 wks)

Registration: Children must be class age when session begins. Please note if your child has any allergies.

Sibling Care: On-site sibling care is available while you attend an ECFE class with your other child. Register for this service when signing up for ECFE classes. Bring a comfort item for your child to help with separation if needed.

Location: 5241 Shoreline Drive, Mound, in the Stonegate Plaza Mall.

ECFE teaching staff: All teachers and program coordinator hold four-year degrees and are licensed in Early Childhood Family and/or Parent Education. Educational assistants are experienced with young children.

Parking: Safety first. Hold your child's hand when walking in the parking lot. Park on the north side of the building.

Parent Resources:

Many childhood challenges are best addressed early. You don't have to "go it alone."

ECFE Home Visits and Phone Consultations

Licensed family educators can provide free home visits or phone consultations on parenting and developmental challenges with your child. This service is confidential and is available to all families in the community who have a child in the birth-five year old range. To schedule, call 952.491.8044.

www.MNParentsKnow.info

This MN Department of Education website offers parents a convenient place to click for accurate knowledge about their child's learning development, health and safety.



Fee schedule for weekly classes*:

All families are welcome at ECFE. Choose weekly class fee based on gross annual income. (Please note: online registration is possible only when paying full fee.) For sliding fee registration, please stop by the early childhood office or call us at 952.491.8048. When registering multiple children for the same class, choose your income category for the first child and then each successive column to the right for each additional child.

Gross family income	\$44,000 + Full fee	\$36,000- \$43,999	\$29,000- \$35,999	\$22,300- \$28,999	less than \$22,300
Winter Session:					
Weekly Morning Classes					
Infants (8 weeks)	\$65	\$55	\$45	\$35	\$19
Toddlers (8 weeks)	\$95	\$85	\$65	\$45	\$29
Tuesday Two's (8 weeks)	\$95	\$85	\$65	\$45	\$29
Monday Two's (ns) (6 weeks)	\$75	\$65	\$55	\$39	\$25
Two-Dayers Class (see pg. 9)					
Evenings: 8 week family rate (This class only.)					
ECFE Family Nights	\$65	\$55	\$45	\$35	\$19
Spring Session:					
Weekly Morning Classes					
Infants (7 weeks)	\$55	\$49	\$39	\$29	\$15
Twos's / Toddlers (7 weeks)	\$85	\$75	\$59	\$45	\$29
Two-Dayers Class (see pg. 9)					
Evenings: 6 week family rate (This class only.)					
ECFE Family Nights	\$49	\$45	\$35	\$25	\$15

*No one will be denied participation due to inability to pay fees. Call the program coordinator 952.491.8044 for additional fee information.

Sibling Care (while you attend ECFE classes) fee schedule**

8 week sessions: \$40 one child, \$20 each additional.

7 week sessions: \$35 one child, \$17.50 each additional

6 week sessions: \$30 one child, \$15 each additional

** Sliding fees for sibling care are available, sponsored by the Early Childhood Advisory Council. Call the program coordinator at 952.491.8044 for sibling care assistance or to arrange for an "as needed" status.

Register online at communityed.westonka.k12.mn.us or call 952.491.8040

Early Childhood Family Education

ECFE Weekly Classes

See Sliding Fee Schedule on page 6 to determine your class and sibling care fees.



Infants (ns)

Birth to 12 months and their parents

Play together while learning more about your baby. Each class includes focused parent-child activities, a group time for songs and fingerplays, followed by a discussion led by a licensed parent educator. Parents choose topics that are meaningful to them in response to their baby. There's always time to share your joys and challenges. Infants and parents remain together for this classtime.

Thursdays 10:00-11:00 am
Winter Session (8 weeks)
January 19- March 8
#8007-A12W Infant Class
#8107-A12W Sibling Care (1st child)
#8107-B12W Sibling Care (ea. add'l. child)

Spring Session (7 weeks)
March 29- May 10
#8007-B12W Infant class
#8107-C12W Sibling Care (1st child)
#8107-D12W Sibling Care (ea. add'l. child)

Parents & Toddlers (ns)

Join our busy playtime and together use all your senses to explore our safe learning environment for toddlers. Our licensed parent educator will lead a discussion each week on all your favorite toddler topics including mealtime, bedtime, discipline, schedules and much more.

Wednesdays 9:00-10:30 am
Winter Session (8 weeks)
12-24 months January 18- March 7
#8009-A12W Toddler class
#8109-A12W Sibling care (1st child)
#8109-B12W Sibling Care (ea. add'l child)

Spring Session (7 weeks)
12- 26 months March 28- May 9
#8009-B12W Toddler class
#8109-C12W Sibling care (1st child)
#8109-D12W Sibling Care (ea. add'l child)

Wednesdays 11:00 am -12:30 am
Winter Session (8 weeks)
12-24 months January 18- March 7
#8015-A12W Toddler class
#8115-A12W Sibling care (1st child)
#8115-B12W Sibling Care (ea. add'l child)

Spring Session (7 weeks)
12- 26 months March 28- May 9
#8015-B12W Toddler class
#8115-C12W Sibling care (1st child)
#8109-D12W Sibling Care (ea. add'l child)



Early Childhood Census

It is important to count every child 0-5 years on our school census. Accurate data help the school district qualify for state and federal funding. Census data also help us plan for future educational needs. If you have just moved into the area, or have a new child, please complete a census form. You can download the form at www.preschool.westonka.k12.mn.us (click on e-back pack), or call the Early Childhood office 952-491-8048.

Early Childhood Family Education



Grandparent Night* **The Nana's & Papa's** **"I Love to Read"**

Ages Birth to Kindergarten

Nana's and Papa's come join us with your grandchildren for an evening of fun during February's "I Love to Read" month. We will have literacy-based activities for you to do with your grandchildren; circle time with singing, and then a grandparent time that will be centered around reading to your grandchildren and learning about the "Big 5's" of early literacy.

Monday, February 6 6:15-7:30 pm
#8054-A12W \$7 each child
(w/grandparent/s)

*For more evening classes, see Page 10

NEW! **Friday Afternoon** **Westonka Super** **Heros**

Ages 3 - 5 yrs with parents

Come join us at ECFE for a fun Friday with our local Community Hero's.

This will be fun afternoon with some of our local community hero's. During this time we will have a chance to meet with our local hero and do a fun activity. We will also have some great parent take home activities for you to do with your children at home.

1:00 pm - 2:00 pm
Fee: \$5/child for each event

Friday, January 20 #8602-A12W
Friday, February 24 #8602-B12W
Friday, March 30 #8602-C12W
Friday, April 20 #8602-D12W
Friday, May 18 #8602-E12W

Wee Ones Playtime Series

Ages birth to kindergarten

Each classtime will include a special project that will build upon the previous classes in the session. Your family will have a fun-packed morning playing and learning together. Join us for a series, or just drop-by when it works for you and check us out!

Fridays 10:00-11:15 am

Choose a series (reduced rate) by purchasing a punch card, or just drop by when it's convenient. Register and your punch card will be issued at first classtime you attend.

Punch Cards

#8025-A12W 8 weeks \$24/family
#8025-B12W 4 weeks \$16/family
#8025-C12W 2 weeks \$8/family

OR Drop-by at the door \$5/family each time

January 20 - February 3: Little Engineers

Here's your ticket to ride the ECFE Express. We'll have lots of fun playing and learning with trains in this session. We'll make a wooden train, read stories and take home a real train whistle. All Aboard!

February 10 - 24: Little Stompers

Join us at the Dinosaur Stomp! We'll go back in time as we have fun moving like dinosaurs and exploring just how big they really were. Roar!

March 2 and 9: Little Fishes

We're heading to the ocean to explore the wonderful world of under the sea. We'll get to explore how it looks and feels, and meet all sorts of creatures that live under the sea.

March 30 - April 13: Little Readers

Come see your child's favorite storybook characters come to life. Dora and Diego will teach us some Spanish. Max will bring us to the world of the Wild Things. We'll get curious with George, and see the world as Clifford the Big Red Dog. It's a wonderful world of books!

April 20 - May 4: Little Gardeners

It's spring! It's time to get a start on those blooming flowers. We'll explore all the parts of gardening including getting to plant some seeds to take home. Come get your hands in the dirt!

May 11: Little Artists

Experiment with water color, finger paint and colored puffy paint while listening to music. Make a masterpiece to take home on our final class for the school year.

Check out the Early Childhood webpage at preschool.westonka.k12.mn.us.

Register for Winter & Spring classes online today!

Early Childhood Family Education

Parents and Two-Year-Olds

Choose a class format for you and your two year old that supports your child's development toward more independence and learning to separate for short periods of time. Observe your child learning to think for him or herself while developing confidence and interacting with peers. A one-way classroom window provides this opportunity. Share in this experience with other parents and gain new information from parent discussions. Child must be appropriate age before classes begin.

Two's, Non-separating (ns) 24-38 months

The door between classrooms remains open during parent discussion time and children may move freely between their parent or playing with peers and the early childhood teacher in the adjoining room. Class participants may choose to work towards a separating format as the session progresses.

Mondays 9:00-10:30 am
Winter Session (6 weeks)
January 23- March 5 (no class Feb. 20)
 24-36 months
 #8021-A12W *Two's class (ns)*
 #8121-A12W *Sibling Care (1st child)*
 #8121-B12W *Sibling Care (ea. add'l child)*

Spring Session (7 weeks)
March 26- May 7
 24-38 months
 #8021-B12W *Two's class (ns)*
 #8121-C12W *Sibling Care (1st child)*
 #8121-D12W *Sibling Care (ea. add'l child)*

Two's, Separating 24-38 months

Parents step into the next room for parent discussion time. Classroom door is closed (one-way window is available to observe your child at play.)

Tuesdays 9:00 - 10:30 am
Winter Session (8 weeks)
January 17- March 6
 24-36 months
 #8023-A12W *Two's class*
 #8123-A12W *Sibling Care (1st child)*
 #8123-B12W *Sibling Care (ea. add'l child)*

Spring Session (7 weeks)
March 27- May 8
 24-38 months
 #8023-B12W *Two's class*
 #8123-C12W *Sibling Care (1st child)*
 #8123-D12W *Sibling Care (ea. add'l child)*



(See fee schedule on page 6. When registering multiple children for the same class, choose your income category for the first child and then each successive column to the right for each additional child.)

Two-Dayers - Tuesdays and Thursdays

An introductory preschool experience offering two days of class each week

Starting at 33 months of age

A unique blend of parent-child time and peer group experience.

Tuesdays: The Parent-Child Day:

This day each week is a parent-child playtime together followed by a separated parent discussion on topics parents choose.

Thursdays: The Child-Only Day:

The second day each week is just for your child to interact with peers, led by a licensed early childhood teacher and an assistant. An introduction to basic skills, along with story and gym time are included each day.

The "Big Five" Literacy Skills:

Each month the class will read a different book during circle time with each child having their own copy of the book. Each circle time will also focus on each of the "Big Five" Literacy Skills. Parents and children also participate in a home and school project with each book. The "Big Five" Literacy Program is funded through a Target Grant.

Child must be appropriate age when class begins. Parents must attend the parent-child class on Tuesday to have their child attend the child-only day.

Class meets Tuesdays and Thursdays
 10:45 am-12:15 pm

Winter Session (8 weeks, 16 sessions)

January 17- March 8

33-52 mo. (separating)

#8033-A12W \$155*
 #8133-A12W *Sibling care (1st child, Tuesdays only)*
 #8133-B12W *Sibling care (ea. add'l child)*

Spring Session (7 weeks, 14 sessions)

March 27- May 10

33-55 mo. (separating)

#8033-B12W \$139*
 #8133-C12W *Sibling care (1st child, Tuesdays only)*
 #8133-D12W *Sibling Care (ea. add'l child)*

** Please call the program coordinator (952-491-8044) for limited alternative fee arrangements.*

Sibling Care Fees - See Page 6

ECFE Evening Classes

Evening Classes

Held at the Early Childhood Education Center, 5241 Shoreline Dr, (Stonegate Plaza), Mound

ECFE Family Night Series



**18 months - 5 yrs.
children with parents (ns)**

Join us for a series of evening classes that will include parent-child interaction and a group circle time where your favorite storybook characters come to life through music, art, and movement. This is followed by a parent education discussion on two interesting topics (see below) that are guaranteed to make life at home run more smoothly.

A non-separating format allows children to be with you during discussion time or join the Early Childhood teacher in the adjoining classroom.

Winter Session (8 weeks): STAR Parenting-What to do when you don't know what to do!

We will look at Elizabeth Crary's new book "Star Parenting: Tales and Tools." Learn practical discipline tips that you can use right now based on the five points of a star. Each approach is practical and easy to do.

Thursdays, January 19- March 8
6:16-7:30 pm
#8027-A12W Series family rate (see pg. 6)
#8127-A12W Sibling Care (see pg. 6)

Spring Session (6 weeks): "Positive Discipline - Laying the foundation for raising a capable, confident child."

Family playtime continues as above. Parent education time will be on this book by Jane Nelsen ED.D. We will look at temperament, trust vs. mistrust, autonomy vs. doubt, shame and more. This series uses a common sense approach to child-rearing and you'll learn how to use kind yet firm methods to parent your children.

Thursdays, April 5- May 10
6:15-7:30 pm
#8027-B12W Series family rate (see pg. 6)
#8127-B12W Sibling Care (see pg. 6)



Yoga Calm - For parents and their children ages 3-5 yrs.

Join us for a Yoga Calm class, either as an adult or with your preschooler! Yoga Calm is a registered trademark yoga program with methods that integrate fitness, social/emotional and cognitive learning into its practice. Yoga Calm is not based on religious beliefs. This session will include relaxation, breathing, simple yoga poses, quiet visualization stories and gentle music. Dress comfortably to be on the floor or sitting in chairs to participate in family friendly yoga poses led by **Kandi Englemann**, certified Yoga Calm Teacher.

Tuesday, February 7
#8067-A12W 6:15-7:30 pm
#8067-B12W \$5/adult only
#8167-A12W \$7/family
*CEU's available Sibling Care \$5/child



Living Green at Home; Reducing Toxicity and Protecting Water Resources

Learn the "signal" words on household products that rate them at different toxicity levels in your home. Discover ways to reduce harmful chemicals that we take for granted in daily living. How does run-off from your yard affect our community's water resources? In addition to these adult discussions, families will be making a non-toxic recipe and leave with a bottle of cleaning solution and a natural cloth bag. Children will learn about what happens to water when it goes down the drain.

This class is made possible by a Hennepin County Environmental grant awarded to the Westonka ECFE program. Choose to attend as an adult only or as a family.

Thursday, March 29 6:30-8:00 pm
#8070-A12W \$5/ adult only*
#8070-B12W \$5/family w/ children's activities for ages 2-kindergarten**
#8170-A12W Sibling Care \$5/child
*CEU's available **fee supplemented by grant



Baby Massage For Parents (and their infants up to 8 months), Grandparents and childcare providers

Meet **Jo Schubert**, Licensed Family Educator and Certified Baby Massage Instructor as she leads this introductory class. Learn about the value and importance of massage to the parent-baby relationship as well as the emotional and physical health of your baby.

- Know what your infant is trying to tell you by reading his/her cues
- Help your little one sleep, reduce crying, and ease gas or colic
- Practice some massage therapy on your baby (or bring a doll)
- Learn more ways for Mom or Dad to relax and bond with baby—now and throughout childhood

Wednesday, May 16 6:15- 7:15 pm
#8068-A12W \$5/ adult only*
#8068-B12W \$7/family
#8168-A12W Sibling Care \$5/child
*CEU's available

See the Nana's and Papa's Grandparent Special on Page 8.

Register for Winter & Spring classes online today!

ECFE Family Fun



The Barnyard Boogie An ECCE Family Special Event for families with children ages birth to kindergarten

Featuring "The Okee Dokee Brothers" Band, Winners of the 2010 National Parent's Choice Award

Saturday, February 11
10:00 am-11:45 am - Concert at 10 am
\$5 per family at the door
(No one turned away for inability to pay fee)

Held at Shirley Hills Primary School,
2450 Wilshire Blvd., Mound, MN 55364

Wear your farmer's clothes and come ready to boogie with the Okee Dokee Brothers.

Special Activities: 10:45 - 11:45 am

Theme-based games, prizes and crafts for everyone!

Special family photo area by Content Photography

Visit the "country fresh" cafe for wholesome snacks/ beverages.



Family Field Trips

Sesame Street Live Presents "Elmo's Makes Music!"



Join us, at the Minneapolis Target Center, as Elmo and friends teach children that everyone can make and enjoy beautiful music together. After Jenny their music teacher finds her instruments missing, the Muppet friends quickly come to the rescue with new instruments made from rubber duckies, trash can lids and even cookie jars.

Friday, January 13 (Bring a lunch for the bus ride home)
#8071-A12W Ages 1 year through adult \$10 per person
#8071-B12W Under 1 year on parent's lap \$1 per child

Departure site: East end of the Shirley Hills Primary School north parking lot,
2450 Wilshire Blvd., Mound.

Hop on the big yellow school bus!

Load bus: 9:10 am Bus departs: 9:20 am
Performance: 10:30 am-12:30 pm Bus returns: 1:20 pm (approx.)

Minnesota Zoo



What can we see at the zoo in the winter? How about the African Penguins loving it in the cold and the snow monkeys playing in the snow. The caribou, moose and musk ox have thick winter coats to show off to you. The dolphins are swimming in their habitat and the sea otters use the water to stay warm. There's plenty to see inside the zoo. The Tropics Trail and Discovery Bay are warm and feature animals from the Caribbean, South Pacific, and the rain forests. You might even see a bird show. Spend a wild day with the animals; have lunch and make a winter-time memory!

Friday, March 23
#8058-A12W Ages 0-2 yrs. Free, but please register
#8058-B12W 2-12 yrs. \$12/each
#8058-C12W 13 yrs. - Adults \$15/each
#8058-D12W Reserve stroller space on bus Free, but please register

(Note: MN Zoo on-site stroller rental - \$5 single; \$7 double)

Things to bring:

- A bag lunch (tables will be available) or purchase lunch on site
- Cameras/ Binoculars
- Wrist bands are available at the zoo entrance

School Bus Information:

Departure Site: Shirley Hills Primary School east end of north parking lot. 2450 Wilshire Blvd., Mound 55364

Schedule:

9:00 am- Loading
9:15 am- Departure (promptly)
10:15 am- 12:45 pm- Zoo visit
1:45 pm- Return

Kindergarten Readiness

Early Childhood Screening

Early Childhood Screening is recommended for all children when they reach the age of three years. Its purpose is to affirm a child's development and identify any early needs for educational assistance. It is also a state requirement for kindergarten enrollment. This free screening includes a review of immunizations, vision, hearing, growth and development. Your child plays a series of games and activities with the screener. While your child then enjoys a playtime with other staff, the screener shares a summary of the screening results with you. Options for scheduling an appointment:

- Sign up on-line at communityed.westonka.k12.mn.us for a date and time using the class numbers/letters listed below.
- Call 952-491-8049 and leave a message. You will be contacted.
- If you are on the school census list, the District will call you to schedule an appointment.

Parents with questions or concerns before their child turns age three call 952.933-GROW or contact the early childhood coordinator at 952.491.8044.

January 7	January 21	February 4	March 3	April 14
Session #9506__12W	Session #9507__12W	Session #9508__12W	Session #9509__12W	Session #9510__12W

How to make your choice for a screening appointment online: combine the session number above with a letter/time from below, (example: #9506-A12W for January 7 at 9 am).

- A. 9:00 am B. 9:20 am C. 9:40 am D. 10:00 am E. 10:20 am F. 10:40 am
 G. 11:00 am H. 11:20 am I. 11:40 am J. 12:40 pm K. 1:00 pm L. 1:20 pm
 M. 1:40 pm N. 2:00 pm O. 2:20 pm P. 2:40 pm Q. 3:00 pm



Practice Preschool

A mid-year offering for children age 3 by February 1st, 2012. This class might be just what your child needs to prepare for preschool next fall. It is designed for young three year olds who might not be ready for a full preschool program right now. This class will offer a structured peer-group learning environment with licensed teachers for one and a half hours and a smaller group setting (12 max.). Toilet training skills are not required. The class is inclusive with special education and offers both large and small group activities. There is a required parent-child day with discussion time each month. Sibling care will be available on these days.

*Mondays and Wednesdays
 January 9 - May 24, 2012
 10:45 am - 12:15 pm*

#9006-A12W

*Registration Fee: \$25 will hold a place for your child.**

Tuition Fee: \$95/ month beginning Jan. 9, 2012

**Enrollment forms will be mailed out following your registration.*

Kindergarten Round Up

School Registration for Fall of 2012

Plan now to bring your child to Kindergarten Round-Up in the Westonka Schools in January 2012. Two sessions will be held at each school, allowing you to choose the time that's most convenient for your family:

Tuesday, January 17th 4 or 6pm **Thursday, January 19 4:30 or 6pm**
Shirley Hills Primary School **Hilltop Primary School**
 2450 Wilshire Blvd., Mound **or** 5700 Game Farm Road, Minnetrista
 952-491-8405 952-491-8509

Kindergarten Round-Up provides a fun and informative look at the kindergarten programs offered in Westonka. It's geared toward families with children who will be age 5 or older by September 1, 2012 (thus eligible for kindergarten Fall 2012). Parents will meet teachers and staff, while children will join kindergarten teachers for classroom activities, a snack, and a short bus ride.

If your family is listed in our school district census, you should have received an invitation to Round-Up in late November. We want to be sure that every eligible family is invited, so please call your local school to make sure we have your current information.

Stepping-Up Preschool Class 4's/5's

Children must be at least age 4 by October 31st, 2012 and toilet-trained.

This school readiness class is designed to include students who turn age 4 by September 1st (eligible to attend kindergarten the following year) or have a late summer birthday PLUS those who will turn age 4 through October 31st and will do an additional year of preschool after one year in this class. Challenging curriculum will offer a wide range of activities in both large and small group activities. The focus will be on meeting the developmental needs of each individual child. See class #9004 on page 14 for more information.

Register for Winter & Spring classes online today!

Westonka Community Preschool

Westonka Community Preschool 2012-2013 Preschool Class Offerings

For children age three years to Kindergarten

The Westonka Community Preschool is a school readiness program emphasizing activities in all areas of growth and learning for children ages three through five years. In preschool, children learn about their world, experience success and gain skills needed for kindergarten and for life. Field trips are scheduled regularly. Weekly introductory Spanish is included in all classes during the school year. The program includes a diverse grouping of children reflective of the community and inclusive with special education.

Class Ages

Make sure your child enrolls in the appropriate class.

Three and Three/Four year old classes

- Age three or four by September 1st - you may enroll in any preschool class at the Early Childhood Education Center. (Note: please refer to toilet training skills section on this page.)

- Age three between September 1st and October 31st- You may enroll and begin on the first day of preschool in September at the Early Childhood Education Center. Plan to enroll for two years at this site. We recommend enrolling in the Teddy Bear room the first year and then the Gingerbread room the following year to progress in appropriate age group.

Four and Four/Five year old classes

- At the Primary School sites- children must be age four by September 1st and eligible for kindergarten the following year (no exceptions).
- Stepping-Up Class - your child must be age four by October 31st and toilet-trained.

Toilet Training Skills

Specific class sections are designed for children not yet toilet trained. If unsure about your child's progress with this skill,

be sure to sign up for one of these classes. All other three and four year old classes require that children be toilet trained. Sometimes potty accidents occur, but Pull-ups, or diapers are not appropriate in classes that require these skills.

Parents are Partners

Many events and volunteer activities are intentionally offered to preschool families that strengthen the connection between home and school.

Licensed teachers and experienced staff

Teachers and program coordinator are licensed in education. Other staff has college backgrounds and experience working with young children. Together, everyone loves what they do. They offer a safe, nurturing, learning environment that enhances self-esteem and instills a love for lifelong learning.



A Preschool Preview

An Information Night for parents interested in the 2012-2013 Westonka Community Preschool and Preschool Adventure Club Programs

Learn about the Preschool and Adventure Club programs and how they can benefit your child's early learning. Topics include the preschooler's day, curriculum objectives, transitions, separation, field trips and parent involvement. You will be able to sign up for a future tour date to one or more of the program sites at this event.

Tuesday, January 10, 2012

6-7 pm A FREE evening for adults only (Childcare not available.)

Early Childhood Education Center

5241 Shoreline Dr Mound, MN 55364

Mark your calendar and be prepared to sign up for the 2012-2013 Westonka Community Preschool program:

- 8 am Friday, January 20- Re-enrollment for current year's preschool families for next school year.
- 8 am Thursday, January 26- General public enrollment begins for the 2012-2013 school year.



For more information about Westonka Community Preschool, call 952.491.8048.

Westonka Community Preschool

2012-2013 Registration

A \$50 non-refundable fee and registration form will reserve a space for your child. Children must be the correct age for each class section.

Friday, January 20th- Re-enrollment Day for all currently enrolled preschool families starting, at 8:00 am

Thursday, January 26th- General Public Enrollment starting at 8:00 am

Please have a second class choice in mind before registration begins. You are welcome to call the Early Childhood office (952-491-8048) any time prior to this date to check on class availability.

Registration Options:
(see dates listed above):

NEW! **On-line** - A limited number of slots for each class will be set up for on-line registration at www.westonkace.org.

Your \$50 registration fee will be charged to a credit or debit card and you will be required to complete registration forms on-line. A confirmation e-mail of your on-line registration will be sent to you by the next business day.

By phone

You may call the early childhood office at 952.491.8048 to register. Leave a message listing your registration information if necessary.

In-Person

Numbers will be available starting at 7:30 am and will be called in order beginning at 8:00 am. You must be present when your number is called.

Waiting lists: If you do not get into your first choice class, please register for your second choice and go on a waiting list. You have a good chance of being called in the weeks following the initial registrations by remaining on a class waiting list.

Other services:

When registering for preschool, check the box on the form if you need any of these services, and an application will be mailed to you in the summer of 2012.

- Financial assistance (limited).
- Extended day childcare (Preschool Adventure Club) is available at all three sites from 6:30 am-6:00 pm during the school year and summer. (See page 15.)



2012-2013 Preschool Offerings

Early Childhood Education Center, 5241 Shoreline Drive, Mound

Please note: Classes printed in **color** do not require toilet training. All others do.

ECC=Early Childhood Center, SH=Shirley Hills Primary, HT=Hilltop Primary

Mornings (9-11:30 am)

Class	Days	Ages	Tuition/mo.*	Site
#9001A	Tu/Th	3's	\$155	ECC
#9001B	M/W/F	3's	\$199	ECC
#9001C (Combo A+B above)	M-F	3's	\$277	ECC
#9002A	Tu/Th	3-4's	\$150	ECC
#9002B	M/W/F	3-4's	\$199	ECC
#9002C (Combo A+B above)	M-F	3-4's	\$277	ECC

Afternoons (12:30-3 pm)

#9003A	Tu/Th	3-4's	\$155	ECC
#9003B	M/W	3-4's	\$155	ECC
#9003C (Combo A+B above)	M-Th	3-4's	\$230	ECC
#9004 (Stepping Up Class)	M-Th	4-5's	\$225	ECC

Preschool at the Primary School Locations:

To attend preschool at these sites, your child must be at least four years old by September 1, 2012 (no exceptions)

Shirley Hills Primary School, 2450 Wilshire Boulevard, Mound

Mornings (9:05-11:35 am)

#9007A	Tu/Th	4-5's	\$150	SH
#9007B	M/W/F	4-5's	\$199	SH
#9007C (Combo A+B above)	M-F	4-5's	\$277	SH

Afternoons (12:35-3:05 pm)

#9008	M-Th	4-5's	\$225	SH
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Hilltop Primary School, 5700 Game Farm Road, Minnetrista

Mornings (9:15-11:45 am)

#9009A	Tu/Th	4-5's	\$150	HT
#9009B	M/W/F	4-5's	\$199	HT
#9009C (Combo A+B above)	M-F	4-5's	\$277	HT

Afternoons (12:45-3:15 pm)

#9010	M-Th	4-5's	\$225	HT
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* Fees subject to change before September 2012

Preschool-Age Adventure Club

2011-2012 School Year Program

- Convenient for parents
- Safe for all kids
- Located at the Early Childhood Center, Hilltop and Shirley Hills Primary Schools
- Open 6:30 am – 6 pm Monday–Friday
- Providing care and enrichment for children enrolled in the Westonka Community Preschool program who are three years of age and toilet-trained.
- Self-contained classrooms
- Encourages creativity, builds self-esteem and confidence, teaches cooperation, and promotes positive behavior and socialization skills
- Offers a variety of activities including crafts, computers, books, science, building, outdoor play, and more
- Hot lunch service through the Westonka Food and Nutrition Service
- SCHOOL'S OUT days held at Shirley Hills must be enrolled in Adventure Club and preregister to attend!



Program Options and Fee Schedule

<u>Program Option</u>	<u>Cost per day 4-5 days/week</u>	<u>Cost per day 2-3 days/week</u>
Before School only (6:30 am - AM preschool begins)	\$8.00	\$9.00
After School only (pm preschool dismissal - 6:00 pm)	\$9.50	\$10.50
Kinder Ready (9:00 am until PM preschool starts, or from end of AM preschool until 3:35 pm)	\$11.50	\$12.50
pm Kinder Ready Full Day (6:30 am – until PM preschool starts & end of pm preschool – 6:00 pm)		\$24
AM Kinder Ready Full Day (6:30 am – until AM preschool starts & end of AM preschool - 6:00 pm)		\$24
Full Day (non preschool day during scheduled days) (6:30 am – 6:00 pm)		\$32



A \$30 non-refundable family registration fee is required at time of registration.

Registration must be received 2 weeks prior to starting.

Check the Westonka website for school year 2011-2012 registration forms at <http://communityed.westonka.k12.mn.us>

Kinder Ready

“Quality Childcare and Enrichment” for children ages 3-5 years who are enrolled in the Westonka Community Preschool

Kinder Ready is tailor-made for children who will spend most of their day in Preschool Adventure Club. Offered during the morning or afternoon hours opposite the child’s preschool class, Kinder Ready provides additional practice in school readiness skills and forming social/ emotional bonds with peers. Children who participate in Kinder Ready have a consistent schedule, nutritious snacks, lunch provided through the Westonka food service, a nurturing and caring environment, and fewer transitions during the day.

For information or to register, call Adventure Club Coordinator, Tiffany Grube at 952.491.8046

Westonka K-4 Adventure Club

2011-2012 School Year Program

Adventure Club is the premier school-age care program of the Westonka Public Schools!

- Convenient for parents!
- Safe for all kids!
- Located at Hilltop and Shirley Hills Primary Schools
- Open 6:30 am-6:00 pm Monday-Friday
- Providing care and enrichment for children kindergarten through sixth grade
- Transportation available for fifth and sixth grade from the middle school
- Homework Helpers, portable computer lab
- Encourages creativity, builds self-esteem and confidence, teaches cooperation, and promotes positive behavior and socialization skills
- Offers a variety of activities; including Clubs, crafts, gym time, science, building, outdoor play and more.

School Year Program Options

Program Option	Cost per day	Cost per day
	4-5 days/week	2-3 days/week
Before School only (6:30 am - 8:55 am)	\$8.00	\$9.00
After School only (3:35 pm - 6:00 pm)	\$9.50	\$10.50
Before and After School	\$15.00	\$16.00
Kinder Reach (9 am-12:30 pm or 11:30 am-3:35 pm)	\$11.50	\$12.50
pm Kinder Reach Full Day (6:30 am-12:30 pm & 3-6 pm)	\$24.00	
AM Kinder Reach Full Day (6:30 am-9 am & 11:30 am-6 pm)	\$24.00	
Non-School Full Day - Pre-registrations (6:30 am-6 pm)	\$32.00	

Pre-register to use Drop-In care (available for full day K- 6th grade students):

- \$ 12.00 per session for either before OR after care
- \$ 18.00 per day for combined before and after care - must be on the same day
- A \$30 non-refundable family registration fee is required at time of registration

Registration must be returned two weeks prior to starting.

For Information or to register, call Adventure Club Coordinator, Tiffany Grube at 952-491-8046 – Registration forms available on:
<http://communityed.westonka.k12.mn.us>



Kinder Reach

“Half Day Childcare and Enrichment” for children who are enrolled in the Westonka half-day kindergarten program.

Kinder Reach is an extended kindergarten experience with academic learning and one-on-one attention, taught by a licensed teacher. Children have additional opportunities to practice readiness skills and form social/emotional bonds with peers. Adventure Club offers a one -stop drop-off and pick-up for busy working families. There are fewer transitions for children—Kinder Reach offers a consistent schedule, nutritious snacks, and lunch in a nurturing, caring environment. Choose from two to five days per week, with an optional hot lunch provided through the Westonka Food and Nutrition service.

Special privileges for the older kids!

Grade 4 enjoys the company of the entire group; however, they can also help and lead activities for the younger children. These children become great friends, helpers, and role models for each other!

If you are wondering what to do with your child/ren on non-school days, check out School’s Out. Staff from our Adventure Club program plan fun activities for kids in Kindergarten to 7th grade. We strive to provide a theme-based setting that involves both academic and recreational activities. Non school days are held at Shirley Hills Primary School and are open to all students in grades K-7. School’s Out information can be found on our website. If you have any questions, contact Tiffany Grube at 952.491.8046 or grubet@westonka.k12.mn.us

School’s Out! Watch for fliers in your child’s Friday Folder or check out <http://communityed.westonka.k12.mn.us>

- Hours are 6:30am to 6:00pm
- Open to Kindergarten-7th grade
- Non-public school students are welcome
- Field trips are offered on designated days
- Located at Shirley Hills
- Fee is \$32 per day, per child if registered by the deadline. If registered after the deadline the fee is \$42 per day, per child space depending.

For information or to register, call Adventure Club Coordinator Tiffany Grube, 952.491.8046

Middle School GRAND FINALE

After school care at Grandview Middle School 5th – 7th grade GRAND Finale

A program of the Westonka Adventure Club

Westonka Adventure Club has created a new program designed just for 5th – 7th grade students called **GRAND Finale**. This program is conveniently located at Grandview Middle School. This program is age appropriate and convenient for middle school students and parents. GRAND Finale focuses on homework help and physical activity. GRAND Finale is only open after school Monday – Friday during regular scheduled school days from 2:30 pm – 5:30 pm We offer many schedule options for busy middle school students.

For registration information, contact the Adventure Club Coordinator, Tiffany Grube, at (952) 491-8046 or grubet@westonka.k12.mn.us.

Program Options

Full time care: 1 – 5 days per week same days each week - \$10.00 per day

Casual Calendar Care: must be submitted by the 15th of each month prior to care requested. Days cannot be swapped for other days. If absent you are still charged for the day. Payment must be made by credit card when submitting calendars. If calendars are not turned in prior to the 15th of the month we will assume you are not attending. - (no minimum days per week) \$10.00 per day.

Drop in Care ONLY must contact prior to needing services - \$12.00/day

Punch Card: used only when a child is transitioning to another activity ex. Volleyball, basketball - \$45.00 for 10 sessions

5th – 7th grade Summer 2012 GRAND Finale

If your middle schooler is looking for something to do this summer, they will have lots of choices at Grandview MS! It will be an opportunity for middle school students to be with their friends in a safe and supervised setting, learn something new in an enrichment class, make some special memories, and have fun! This program has flexible care options for students entering grades 5th -7th, Monday-Friday from 6:30 am-6:00 pm, from June 13 – August 24. GRAND Finale will be Closed during the Fourth of July holiday – dates are to be determined!

This program will offer a variety of activities, enrichment classes, and theme based activities, Service learning projects, crafts, cooking, water fun, sports, science, outdoor and gym play, Friday field trips, weekly walks to downtown Mound, and activities Middle School students want to participate in!

Youth Enrichment Classes for all GRAND Finale Students

All GRAND Finale students will participate in youth enrichment classes as a part of their daily routine. Students will be able to select the classes they would like for each session. Each session will be 1 week and run from 9:30 am to 11:30 am for a total of 7 weeks.

GRAND Finale will include: breakfast, snacks, enrichment, field trips and fun!

(Lunch will only be provided on Tuesdays and Fridays or unless otherwise specified.)

This program has flexible schedules to be more accommodating for your busy middle schoolers summer schedule:

Full time: enrolled everyday of the week

Part time: minimum of 2 days per week must be same days each week

Calendar Care: must be submitted by the 15th of the month prior to care requested (2 day per/week minimum) See fee schedule for cost.

Registration Fees are as follows: (subject to change)

\$30 non – refundable registration fee per student if registered by April 20th.

\$40 non – refundable registration fee per student if registered after April 20th.

***All students must be registered by May 18, 2012 to ensure a start date.**

Cost per week:

5 days/week: \$155 for 1st student
\$145 for each add'l student

4 days/week: \$132 per student

3 days/week: \$106 per student

2 days/week: \$78 per student

*All Fees are subject to change

For first time registration please come to the GRAND Finale Summer Information Night on Wednesday, March 28th at 7:00 pm in the Hilltop Media Center Please note registration does not open till Wednesday, March 28th at the GRAND Finale Summer Information Night.

Summer 2012 Adventure Club

For FIRST time registration come to the Summer Information night March 28th at 5:30 pm in the Hilltop Media Center.

Please note registration does not open till Wednesday, March 28th.

Summer 2012

Preschool - 4th grade Summer Adventure Club

- Open 6 am – 6 pm Monday–Friday, from June 13 - August 24
- Located at Hilltop Primary School 5700 Game Farm Road, Minnetrista
- Open to all Preschool-4th Grade students, Preschool children must be 3 yrs. old and toilet-trained
- 1 to 10 staff to child ratios for preschool
- 1 to 15 staff to child ratios for entering Kindergarten –4th grade
- Children grouped by grade levels
- Enrichment Classes, theme based summer, Service learning projects, Summer reading program, crafts, cooking, water fun, sports, science, building, outdoor and gym play, and much more fun to keep your children excited all summer long!

Exciting Friday Field Trips

Exciting Friday Field trips have been planned for everyone!!

Easy to follow schedule

A summer schedule set up so students, parents, and staff will get used to our routine, making special days easy to remember.

Monday – Thursday: enrichment classes followed by lunch, group activities/ themes, class challenges, and more.

Friday: field trips for everyone!



Youth Enrichment Activities for all Adventure Club Students

All Adventure Club students will participate in youth enrichment classes as a part of their daily routine. Students will be able to select the classes they would like for each session.

Each session will be 2 weeks and run from 9 am to noon for kindergarten through sixth grade and 9:00 am to 11:00 am for preschool. Kindergarten—sixth grade will have four sessions for a total of 8 weeks. Preschool will participate in three sessions for a total of 6 weeks.

Hot Lunches

Hot lunch will be provided for all Adventure Club participants Monday through Thursday. **A bag lunch will be provided on Fridays for all Adventure Club participants.**

Register for 2-5 days. Must be the same days each week.

Registration fees:

subject to change

\$30 non – refundable registration fee per child if registered by April 20th.

\$40 non – refundable registration fee per child if registered after April 20th.

All children must be registered by May 18, 2011 to ensure a start date.

Cost per week:

5 days/week: \$155 for 1st child

\$145 for each add'l child

4 days/week: \$132 per child

3 days/week: \$106 per child

2 days/week: \$78.00

***Fees are subject to change.

***Weekly tuition includes hot lunch, Friday bag lunch, field trips, Adventure Club t-shirt, stimulating enrichment classes, quality care, and a cool summer!

This summer includes weekly trips to the beach, local library and local parks!

For information contact Adventure Club Coordinator, Tiffany Grube at (952) 491-8046 or grubet@westonka.k12.mn.us.

Youth Enrichment

See Page 30 for Information about our new Birthday Party Packages!



Mom-Son Superhero Night Out

Ages 3-8 with parent

Super moms and their super hero sons are invited to enjoy a fun night together at the first annual Mom-Son Super Hero Night Out.

The special night will be held at Shirley Hills Primary School on Friday, March 30th from 6:15-7:45 pm. Preschool through elementary-aged boys can bring a mom or other relative as their “date” for an evening of music, refreshments, games and more.

Casual attire is recommended for moms and boys are encouraged to wear their (non-violent) super hero costumes.

The cost of the Mom-Son Super Hero Night Out is \$29 per pair. This price includes refreshments, prizes and dancing.



<i>Friday, March 30</i>	<i>6:15-7:45 pm</i>	<i>Shirley Hills</i>	<i>Gym</i>
<i>#1765-A12W</i>			<i>\$29</i>
<i>#1765-B12W</i>		<i>additional child</i>	<i>\$9</i>



Voyageur Lumber Jack Day

For families



Bring the family! You are invited to drop in at Voyageur Environmental Center between the hours of 8 am-1 pm to enjoy a fun day of activities with the Voyageur staff. Along with a delicious pancake breakfast, the activities will include lumberjack fry pan tossing, log rolling, a chance to cut your own wood and even a chance to learn about maple sapping. Grab your friends and family and come out to Voyageur for a fun Lumber Jack Day!

<i>Sunday, March 4</i>	<i>8 am-1 pm</i>
<i>Voyageur, 7000 County Road 15, Mound</i>	
<i>#1210-A12W</i>	<i>Free Ages 5 and under</i>
<i>#1210-B12W</i>	<i>\$5 Ages 6-12</i>
<i>#1210-C12W</i>	<i>\$10 Ages 13 and Up</i>



Mad Science – Techno-Crazy

Grades 1-4

Mad Science® is an enrichment program that makes staying after school fun. Use Newton’s laws, convert potential energy into kinetic, leverage simple machines, and use gravity to keep your balance. Set up a cellular relay, program robots, use sun’s heat, and make liquid light. Take home your Inertia Kit, Catapult, Drag Racer, Gravity Game, Optical Fibers, Mechano-Hand, Crank’n Shine Flashlight, and Black Light Writer.

<i>Wednesdays, February 1-March 28 (no class 3/14)</i>	<i>3:40–4:40 pm</i>
<i>Shirley Hills</i>	<i>L-2</i>
<i>#1771-A12W</i>	<i>\$95 (8 sessions)</i>

Mad Science – Crazy Chemworks

Grades 1-4

Mad Science® is an enrichment program that makes staying after school fun. Learn about acids and base, chemical reactions, blink-of-an-eye chemistry, and polymer slime. Explore the three states of matter, hydrogen bonding, and the molecular make up of bubbles. Take home a Graduated Cylinder, pH Paper, Action Flask, Thermocolor Cup, Tetrahedron Bubble Wand, Atomic Coins set, and Professor Beakerdude, and slime!

<i>Wednesdays, April 4-May 23</i>	<i>3:40–4:40 pm</i>
<i>Shirley Hills</i>	
<i>#1788-A12W</i>	<i>\$95 (8 sessions)</i>

Register online at communityed.westonka.k12.mn.us or call 952.491.8040

Youth Enrichment

Horse Camps & Riding Lessons

Westonka Community Education has partnered with Giddy Up Stables to offer after school horse camps at a NEW heated indoor location! Camps will now be offered at Giddy Up Stables, 6430 County Road 26 (next to from Minnetonka Orchard). For more information on lessons and programs go to www.giddyupstables.com Lead horse instructor is **Christina Carl**.

Holiday Horse Party

Ages 8 and up



While you get ready for the holidays send the kids to celebrate the season with the horses. Party includes riding, an art project to give to a special person, fun and games both on the ground and on horses, decorate the tree and horses. Enjoy the day at the barn. Don't forget visiting family and friends with you. Helmets required - some available to use. Boots required.

Thursday December 22 9 am-3 pm
#1669-A12W \$120

Group Horseback Riding Lessons

Ages 6 to adult



A great deal on Horseback Riding Lessons, just in time for gift giving. Group lessons are a fun relaxed way to enjoy learning to ride, advance or to get you back in the saddle. Weekend - day and evening sessions available. Sessions will expire on June 1st 2012. Call to book with Giddy Up Stables. 623-628-7663. Reserve in advance to get desired days and times. Helmets required - under 18, some are available for use. Boots required.

Semi-Private Riding Lessons (reg. 35.00 per session)

Pkg. of 6 - 45 minute sessions / person
#1670-A12W \$180

Pkg. of 12 - 45 minute sessions / person
#1670-B12W \$325

Homeschool Horsemanship 101

Ages 8 and up

Geared for homeschool families' schedules, this 2 hour - 4 week session is perfect for kids wanting to add something to their educational experience. Riding, care, horsemanship and responsibility are all lessons learned from the world of horses. Join us for this fun experience. Helmets required/available at barn. Boots required.

Wednesdays, January 18-February 8
1-3 pm
#1674-A12W \$140

After School Horse Camp

Take the bus from Hilltop/GMS/MWHS to Giddy Up Stables after school for some horse fun! Heated indoor arena keeps us warm all winter at Giddy Up Stables NEW facility. Learn all about horses and horsemanship in this 4-week program. Helmets are required - some available. Boots required. If you would like your child to ride the bus after school, please call or email Sarah Heyer at 952-491-8045 or heyers@westonka.k12.mn.us No class January 16 & 17.

Grades 5 and Up

Mondays, January 9-February 6
Bus arrival (approx 3 pm)-4:30 pm
#1650-A12W \$120

Grades 1-4

Tuesdays, January 10-February 7
Bus arrival (approx 4 pm)-5:30 pm
#1650-B12W \$120

4-day Summer Horse Camp - Ages 8 and up

Give the gift of Summer Horse Camp in the middle of winter! Pre-register for camp and save \$50.00. This camp is designed for kids who LOVE horses. Kids are assessed and grouped according to riding ability, focus on advancing riding skills and horsemanship. The programming is intense, however our focus is through play and repetition rather than drills and instruction. We also do arts and crafts, play games both on and off the horses and practice maneuvers that would be required in a horse show. Even decorate the horses. Then we show their stuff to their invited guests in the "End of Camp Show". Deadline for early-bird registration (\$345) is December 21st, after December 21st increase to \$395. Full color gift certificate at Community Education office prior to Dec. 21st. (pick up only)

Camps run Monday - Thursday from 9 am-3 pm, Cost: \$345 (before 12/21/11)
\$395 (after 12/21/11) Registration thru Community Education ends February 15th, 2012.

#1671-A12	June 11-14	#1671-F12	July 23-26
#1671-B12	June 18-21	#1671-G12	July 30-August 3
#1671-C12	June 25-28	#1671-H12	August 6-9
#1671-D12	July 9-12	#1671-I12	August 13-16
#1671-E12	July 16-19	#1671-J12	August 20-24

Buck - A - Roo Summer Horse Camp - Ages 6 and up

This camp is just right for young riders. Ages 6 and up start their introduction to horses and riding. Get them started right! Perfect for beginners. Camp will include horse safety, bareback riding, steering, grooming, tack, saddle rides, and lung lessons. Boots and Helmets required. Sign up by December 21st to receive \$25 off the regular camp fee.

Camps run Monday - Thursday from 9 am-Noon, Cost: \$170 (before 12/21/11)
\$195 (after 12/21/11) Registration thru Community Education ends February 15th, 2012.

#1672-A12	June 11-14	#1672-F12	July 23-26
#1672-B12	June 18-21	#1672-G12	July 30-August 3
#1672-C12	June 25-28	#1672-H12	August 6-9
#1672-D12	July 9-12	#1672-I12	August 13-16
#1672-E12	July 16-19	#1672-J12	August 20-24

See page 44 for information on classes
for adults at GiddyUp Stables!

Register for Winter & Spring classes online today!

Youth Enrichment

Cross Country Skiing

Grades 3-4

Grab your winter gear and get ready for some fun on skis this winter! In this group class we will explore the scenery around Hilltop on cross country skis. 3rd grade teacher, Craig Schmidt, will lead this class. All students must come to class with all of their winter gear in order to participate. Skis are provided. Class will be held regardless of the weather. Gym games will be planned if weather does not permit skiing.

Thursdays, January 12-February 23

3:40-4:40 pm

Hilltop

#1298-A12W

Gym

\$39

Snowshoeing

Grades K-4

Grab your winter gear and get ready for some fun as we get exercise snowshoeing this winter! In this group class we will explore the scenery around Hilltop on snowshoes! 4th grade teacher, Beth Harstad, will lead this class. All students must come to class with all of their winter gear in order to participate. Snow shoes are provided. If the weather does not permit snowshoeing, we will be playing gym games.

Wednesdays, January 11-February 22

3:40-4:40 pm

Hilltop

#1299-A12W

Gym

\$39

Grandmaster of Chess

Grades K-4

This class will progress from rudimentary concepts through higher-level theories. The activity books (Cadet, Lieutenant and Captain) are formatted to be accessible to beginners, yet challenge intermediate and advanced students to apply deeper understanding of chess concepts. Develop the brain bending strategies of a brilliant and complex game! For a more thorough explanation of **Youth Enrichment League Chess**, go to www.youthenrichmentleague.com

Mondays, January 23, 30, February 6,

13, 27, March 5

3:40-4:40 pm

Hilltop

#1752-A12W

\$65 (includes book)

Wednesdays, January 25, February 1, 8,

15, 22, 29

3:40-4:40 pm

Shirley Hills

#1752-B12W

\$65 (includes book)

Mondays, March 26, April 2, 9, 16, 23, 30

3:40-4:40 pm

Hilltop

#1752-C12W

\$65 (includes book)

Wednesdays, March 28, April 4, 11, 18,

25, May 2

3:40-4:40 pm

Shirley Hills

#1752-D12W

\$65 (includes book)

Fencing II for Kids

For new and returning students. A fast-paced, action packed program to keep kids active. Our fencing program focuses on technical skills, group games, individual bouts, fun and safety. Returning students will focus on feints, balestra, beat attacks, baits, crossover lunges and press moves as well as fine tune the basic skills. Beginning students will work on the technical basics of advances, retreats, thrust, lunge and parry. Young student fencing classes improve dexterity, speed, quickness, focus, health and build self-esteem. Safety is our first priority. We supply safety swords, protective masks & jackets, and a high-octane, inclusive environment. Are you ready to duel? Instructor **Youth Enrichment League.**

Grades 2-5

Thursdays, January 26, February 2, 9,

16, 23, March 1

6-7 pm

Grandview MS

#1292-A12W

Cafeteria

\$69

Grades 6-10

Thursdays, January 26, February 2, 9,

16, 23, March 1

Grandview MS

#1292-B12W

7-8 pm

Cafeteria

\$69

Fencing III Tournament Prep



Get pumped and prepped for our end-of-year tournament. This session is designed to sharpen your skills and focus your talent to be the best you can be. We will be sponsoring a spring metro area tournament. Students from fencing clubs throughout the metro will be invited. Details will follow. SAFETY is our first priority. We supply safety swords, protective masks and jackets, and a high-octane, inclusive environment. There is an additional fee for the Fencing tournament.

Grades 2-5

Thursdays, March 29, April 5, 12, 19, 26,

May 3

Grandview MS

#1279-A12W

6-7 pm

Cafeteria

\$69

Thursdays, March 29, April 5, 12, 19, 26,

May 3

Grandview MS

#1279-B12W

7-8 pm

Cafeteria

\$69

Spring on the Farm at Gale Woods Farm

A program of Three Rivers Park District

Grades 1-4

Join in the spring-time excitement of new life on the farm! Students will help prepare the gardens, care for the farm animals, and cook with farm produce in the education center.

We will also explore the farm through hikes, wagon rides and games. New activities from the past! Classes are taught by the education staff of Gale Woods Farm, a program of Three Rivers Park District. Bus transportation (bus #10) is available after school for students who attend Shirley Hills, please indicate on your registration if you want your child to ride the bus from Shirley Hills to Gale Woods Farm. All students need to be picked up at 6 pm at Gale Woods Farm. Registration deadline is February 24.

Thursdays, March 1-April 12 (No class 3/15) 4-6 pm

Gale Woods Farm, 7210 County Road 110 West, Minnetrista

#2163-A12W



Youth Enrichment

Chef's Academy - Grades 1-4

Chef's Academy includes hands-on cooking classes for kids. Students will learn the fundamentals of food preparation, proper kitchen technique and how to have fun with food. Each class will incorporate at least one food preparation technique, one kitchen equipment demonstration and use, and a fresh food recipe that we will make. Each student will get a recipe and learn a little about the history of the food being prepared. Students can sign up for one class or the series! Chef's Academy lead chef, **Paula Slagle**, is the Head Cook at Hilltop. She has taught cooking class for nine years and has cooked at many fine restaurants and exclusive resorts in Alaska, Florida, New York, Minnesota, and Washington.

Cake Lollipops

What is cuter than a cupcake, a cake pop of course! In this class you will learn how to make and decorate these cute little cakes on a stick!



Tuesday, January 17 3:40-5:15 pm
Shirley Hills Cafeteria
#1229-A12W \$15

Wednesday, January 18 3:40-5:15 pm
Hilltop Cafeteria
#1229-B12W \$15

Homemade Soft Cheesey Pretzels

We will twist and shape our very own soft cheesey pretzels in this class. These are just as easy to make as cookies and will disappear just as fast!

Tuesday, January 24 3:40-5:15 pm
Shirley Hills Cafeteria
#1228-A12W \$15

Wednesday, January 25 3:40-5:15 pm
Hilltop Cafeteria
#1228-B12W \$15

Chocolate Truffles

Just in time for Valentine's Day! We will use the finest ingredients to make smooth, rich, and "melt in your mouth" truffles.

Tuesday, January 31 3:40-5:15 pm
Shirley Hills Cafeteria
#1247-A12W \$15

Wednesday, February 1 3:40-5:15 pm
Hilltop Cafeteria
#1247-B12W \$15

Marvelous Muffins

We'll make two different kinds of delicious muffins in this class. They will be healthy AND yummy, the perfect combination!

Tuesday, February 14 3:40-5:15 pm
Shirley Hills Cafeteria
#1227-A12W \$15

Wednesday, February 15 3:40-5:15 pm
Hilltop Cafeteria
#1227-B12W \$15

Fruit Pizza

Fruit Pizza is always a hit! We will make our own delicious crust and "sauce" and then top it with our favorite fruit.

Tuesday, February 28 3:40-5:15 pm
Shirley Hills Cafeteria
#1241-A12W \$15

Wednesday, February 29 3:40-5:15 pm
Hilltop Cafeteria
#1241-B12W \$15

Fortune Cookies

Homemade fortune cookies are fun to make and taste better than store bought ones. You will get to write your own fortunes and put them in your cookies!

Tuesday, March 6 3:40-5:15 pm
Shirley Hills Cafeteria
#1226-A12W \$15

Wednesday, March 7 3:40-5:15 pm
Hilltop Cafeteria
#1226-B12W \$15

Apple Turnovers

Delicious yet easy to make! Your friends and family won't believe these are homemade! They're packed with all the great flavor of an apple pie.

Tuesday, March 20 3:40-5:15 pm
Shirley Hills Cafeteria
#1237-A12W \$15

Wednesday, March 21 3:40-5:15 pm
Hilltop Cafeteria
#1237-B12W \$15

Make Your Own Pizza from Scratch

We will be making, shaping, and topping our own pizza. We will make our own sauce and dough. Get ready for some super tasty 'za!

Tuesday, March 27 3:40-5:15 pm
Shirley Hills Cafeteria
#1238-A12W \$15

Wednesday, March 28 3:40-5:15 pm
Hilltop Cafeteria
#1238-B12W \$15

Spring Cut-Out Cookies

We'll make bunnies, eggs and other spring shaped cookies out of cookie dough that we make & we'll get to decorate them too!

Tuesday, April 3 3:40-5:15 pm
Shirley Hills Cafeteria
#1253-A12W \$15

Wednesday, April 4 3:40-5:15 pm
Hilltop Cafeteria
#1253-B12W \$15

Homemade Macaroni & Cheese

We'll make delicious homemade macaroni & cheese with a cheese sauce from scratch!

Tuesday, April 10 3:40-5:15 pm
Shirley Hills Cafeteria
#1235-A12W \$15

Wednesday, April 11 3:40-5:15 pm
Hilltop Cafeteria
#1235-B12W \$15

After School Snacks & Beyond -



Bored with the same 'ol snacks? Come and learn some fun, easy and tasty snacks that you can make for yourself and others!

Tuesday, April 17 3:40-5:15 pm
Shirley Hills Cafeteria
#1225-A12W \$15

Wednesday, April 18 3:40-5:15 pm
Hilltop Cafeteria
#1225-B12W \$15

Homemade Salsa & Chips



There's lots of ways to make salsa? We'll make a veggie and a fruit salsa & chips to go with! Nothing more fresh & tasty!

Tuesday, April 24 3:40-5:15 pm
Shirley Hills Cafeteria
#1224-A12W \$15

Wednesday, April 25 3:40-5:15 pm
Hilltop Cafeteria
#1224-B12W \$15

Register for Winter & Spring classes online today!

Youth Enrichment

Video Game Animation : Nintendo Games

Grades K-4

Create your own customized Video Game using Nintendo Characters. Program you characters move and interact with one another. Students will learn to change backgrounds, add music, play catch, and other amazing features. Working in pairs, students will create a dynamic video animation game using Scratch, the innovative programming language created just for students by the MIT Media Lab. The first part of each class will be instructor led, with the time remaining students will have the opportunity to solve challenges or develop their own game animation. Student will be able to use different Nintendo characters such as: Pokémon, Super Mario Brother, Lego Star Wars, Indiana Jones, Sonic the Hedgehog to create their video game animations. Games will be available online or students can bring in a USB drive on the last day.

Mondays, February 6, 13, 27, March 5
3:40-5:10 pm
Hilltop
#1766-A12W \$65

Fridays, February 3, 10, 17, 24
3:40-5:10 pm
Shirley Hills
#1766-B12W \$65

Amusement Park Engineering

Grades 1-4

Learn about the science behind amusement park rides. This class will introduced students the physical and mechanical forces behind thrilling amusement park rides. Students working in pairs will be using our K'Nex dynamic, open-ended, spatial building system, students to build and experient with action-packed working models. Models include different rollercoaster ramps, a high flying swing ride, ferris wheel, and more. There's no stopping the fun or the learning in this fast-paced class!

Thursdays, March 1, 8, 22, 29
3:40-5:10 pm
Shirley Hills
#1767-A12W \$65

Jedi & Imperial Droids

Grades 2-4

Star Wars, Robotics and Engineering! Using the "Micro Scout" Lego Mindstorm Robotics System's microcomputer for the brain of your droids. Use the built-in light sensor, motor and sound to bring your droids to life. Create familiar Star Wars droids or use the Force to create droids of your own. In this exciting hands on class student working in pairs will be using the Robotic Mindstorms Droid and Darkside developer kit to build and experiment with up to 8 different models. Learn about robotics and engineering as we build the base models, then customized your droid.

Tuesdays, March 6, 20, 27, April 3
3:40-5:10 pm
Hilltop
#1768-A12W \$65

Crazy Action Contraptions: Wheels & Gears

Grades K-3

The fun doesn't stop in this class. If you love legos, making things move, building and experimenting this is the class for you. Learn about engineering and the physical science principles behind different fun action machine. Students work in teams building high-performance contraption that spin, stretch, speed or spring into action, while learning the principles of mechanical engineering and simple machines. Twelve possible crazy contraptions that zoom across the floor, fly down a zip-line, add a new flair to drawings, spin your way to destruction and much more!

Tuesdays, April 10, 17, 24, May 1
3:40-5:10 pm
Hilltop
#1769-A12W \$65

Mondays, April 2, 9, 16, 23
3:40-5:10 pm
Shirley Hills
#1769-B12W \$65



Extreme Legos: Copters & Spy Planes

Grades K-3

Never seen before projects! Build a helicopter, egg beater, paddle boat and Spy Plane. Use your projects to investigate basic engineering concepts including: gearing up, gearing down, gear ratio and more. Get in gear, sign up today! Instructor: **Youth Enrichment League**

Tuesdays, January 24, 31, February 7, 14, 28, March 6
3:40-4:40 pm
Hilltop
#1281-A12W \$65

Thursdays, January 26, February 2, 9, 16, 23, March 1
3:40-4:40 pm
Shirley Hills
#1281-B12W \$65

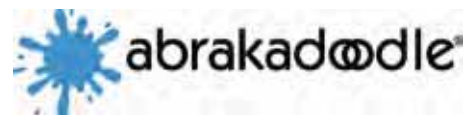
Extreme Legos: Pulleys Grades K-3

New and returning students welcome! Build a crane, a clown sign, design your own conveyor belt and use these projects to investigate basic pulleys concepts including: direction of rotation, increased speed, a fixed pulleys, movable pulleys system, and compound pulleys. We may even try to bulid the world's largest conveyor belt made of LEGOs a the last class! How cool is that? Instructor: **Youth Enrichment League**

Tuesdays, March 27, April 3, 10, 17, 24 & May 1
3:40-4:40 pm
Shirley Hills
#1280-A12W \$65

Thursdays, March 29, April 5, 12, 19, 26, May 3
3:40-4:40 pm
Hilltop
#1280-B12W \$65

Youth Enrichment



NEW!

Your Room Rules with Kidcreate Studio

There's plenty of room for imagination in this class! We'll make tons of cool stuff for your room. From the walls to the windows and doors, we'll make all the accessories you'll need to transform your pad into your dream room! We'll craft fantastic projects like clay trinket boxes. We'll even splatter paint on canvas to create a one-of-a-kind masterpiece. Best of all, we'll make graffiti that your mom will actually let you put on your walls!

<i>Wednesdays, January 25-February 15</i>	<i>3:40-4:40 pm</i>		
<i>Hilltop</i>	<i>#1278-A12W</i>	<i>\$49</i>	
<i>Thursdays, January 26-February 16</i>	<i>3:40-4:40 pm</i>		
<i>Shriley Hills</i>	<i>#1278-B12W</i>	<i>\$49</i>	

NEW!

Horsing Around Art Class with Kidcreate Studio

Is your child crazy about horses? Arabians, Thoroughbreds, and Palominos - do they love them all? In this popular class, your child will learn simple step-by-step techniques to draw and sculpt beautiful horses. But that's not all! They will also create mini horse accessories, design their own bandana and more. Their masterpieces are sure to win blue ribbons!

<i>Wednesdays, February 29-March 28 (no class 3/14)</i>	<i>3:40-4:40 pm</i>		
<i>Hilltop</i>	<i>#1277-A12W</i>	<i>\$49</i>	
<i>Thursdays, March 1-29 (no class 3/15)</i>	<i>3:40-4:40 pm</i>		
<i>Shriley Hills</i>	<i>#1277-B12W</i>	<i>\$49</i>	

NEW!

Video Gamer Art Class with Kidcreate Studio

Want to channel your child's love of video games into a creative, fun outlet? Have them put down the controller and come get messy with us! We'll create a Mario Kart racecourse, cartoons of our favorite Smash Bros., characters, a Wii Mii self-portrait, a Lego Darth Vader made out of clay, and much more at this awesome class! We'll even share a few secrets about how to unlock hidden features in each game! We'll paint, draw and sculpt our way to become video game masters.

<i>Wednesdays, April 4-25</i>	<i>3:40-4:40 pm</i>	<i>Hilltop</i>	<i>#1276-A12W</i>	<i>\$49</i>
<i>Thursdays, April 5-26</i>	<i>3:40-4:40 pm</i>	<i>Shriley Hills</i>	<i>#1276-B12W</i>	<i>\$49</i>

Marvelously Messy Art Class with Kidcreate Studio

Hey kids, do you love to get messy? Then this is the art class for you! We'll use clay, paper mache, paint and more simply sloppy supplies to make projects your mom would never let you do at home! We'll become masters at making a mess - and have lots of fun doing it! With Kidcreate Studio making a mess is the best!

<i>Wednesdays, May 2-23</i>	<i>3:40-4:40 pm</i>	<i>Hilltop</i>	<i>#1275-A12W</i>	<i>\$49</i>
<i>Thursdays, May 3-24</i>	<i>3:40-4:40 pm</i>	<i>Shriley Hills</i>	<i>#1275-B12W</i>	<i>\$49</i>

NEW!

Painting on Canvas with Abrakadoodle

Grades K-4

Abrakadoodle presents Painting on Canvas, a unique art program that teaches students about painting on a variety of canvas surfaces. Canvas paper, canvas board, and stretched canvas will be used while exploring acrylic, tempera and watercolor paint. Master artists such as Renoir, Picasso and Modigliani will be introduced.

<i>Mondays, March 5, 19, 26, April 2</i>	<i>3:40-4:40 pm</i>	<i>Hilltop</i>	
<i>#1272-A12W</i>		<i>\$59</i>	
<i>Tuesdays, March 6, 20, 27, April 3</i>	<i>3:40-4:40 pm</i>	<i>Shriley Hills</i>	
<i>#1272-B12W</i>		<i>\$59</i>	

NEW!

American Girl Doll Art Class with Abrakadoodle

Grades K-4

NEW!

Does your daughter love the American Girl Dolls? If so, this is the class for her! We'll learn how to draw and paint a portrait of our doll on canvas, sculpt accessories for our dolls such as tea cups and saucers out of clay, decoupage a tea tray, paint wooden luggage and more.

<i>Mondays, January 30, February 6, 13, 27</i>	<i>3:40-4:40 pm</i>	<i>Hilltop</i>	
<i>#1274-A12W</i>		<i>\$59</i>	

<i>Wednesdays, February 1, 8, 15, 22</i>	<i>3:40-4:40 pm</i>	<i>Shriley Hills</i>	
<i>#1274-B12W</i>		<i>\$59</i>	

Star Wars Best of Art class with Abrakadoodle

Grades K-4

NEW!

This popular class features our favorite Star Wars lessons! We'll learn how to draw Darth Vader, sculpt Chewbacca out of clay, make light sabers, draw Bobba Fett using oil pastels, collage a galaxy complete with ships and glow in the dark paint and more.

<i>Tuesdays, January 31, February 7, 14, 28</i>	<i>3:40-4:40 pm</i>	<i>Shriley Hills</i>	
<i>#1273-A12W</i>		<i>\$59</i>	

<i>Fridays, February 3, 10, 17, 24,</i>	<i>3:40-4:40 pm</i>	<i>Hilltop</i>	
<i>#1273-B12W</i>		<i>\$59</i>	



Register for Winter & Spring classes online today!

Youth Enrichment

Middle/High School

Math and Science Tutoring

Grades 6-12

Don't struggle alone! Tutoring can save you hours of frustrated confusion. One-on-one tutoring is available for the following subject areas: basic math skills, algebra and trigonometry, calculus, physics, and chemistry, job-related math skills, homework assistance, and test preparation. To schedule a tutoring session, call Sarah Heyer at Westonka Community Education, 952.491.8045. Tutor **Tony Kelzenberg** has a master's degree in Engineering from Northwestern University (IL) and over 5 years of experience tutoring students in math and science.

Mondays-Thursdays

Grandview/Mound Westonka HS

\$35 per hour; a minimum of 4

sessions must be paid for at the time of registration.

Private Tutoring

Grades 2-7

Does your child need a little extra help in school? One-on-one tutoring may be the answer! Your tutor will work with you and your child through an evaluation, testing, goal setting, and personalized tutoring needs for your child. Tutoring is available on Mondays through Thursdays at your child's school. Licensed teachers have been hired for private tutoring. Call Sarah Heyer at 952-491-8045 to schedule a tutoring session.

Mondays-Thursdays

Shirley Hills/Hilltop/Grandview

\$35 per one hour; a minimum of 4

sessions must be paid for at the time of registration.

Tax Credits & Deductions for Educational Expenses

All families regardless of income can take tax deductions for educational expenses. Some classes in this catalog qualify, for more information contact your personal tax preparer or contact the MN Department of Revenue at 651.296.3781 or www.taxes.state.mn.us

ACT Prep Class

NEW format! This ACT class will give students a competitive edge on the April 14th test! Sylvan ACT Prep offers state-of-the-art course materials, which include proven test taking strategies and essential skill review. Students will prepare for all 4 areas of the ACT test (English, Math, Reading, and Science) and receive essay instruction. The course includes 24 hours of instruction plus 2 practice tests. Students typically see an increase from 1-5 points in their ACT score. One missed class session can be made-up at either the Minnetonka or Chaska Sylvan Learning Center locations at no additional cost. The ACT Test is scheduled for April 14, 2012.

Saturdays, February 18, 25, March 3, 10, 24, 31, April 7

9 am-1 pm

Mound Westonka HS

B-101

#1795-A12W

\$495

(includes all materials)

Teens Matter

Grades 9-12

Through "Teens Matter", participants will learn lifelong skills which can help them begin to identify for themselves who they are and who they want to be. Small group coaching is facilitated by certified life effectiveness coach, **Scott Nelson**. Sessions will focus on helping each teen discover his or her own identity, purpose, values, and beliefs.

Mondays, January 9, 23, 30, February 6, 13, 27

7:30-8:30 pm

Mound Westonka HS

#1416-A12W

\$95

Drivers Education

Students 14 ½ years and older

This class includes 30 hours of classroom instruction. Students must attend every session; state law requires 30 hours of classroom instruction. After completing this course, students sign up with a commercial driving school and receive a blue card needed before taking the permit test. After passing the permit test, students take six hours of behind-the-wheel instruction at a cost of approximately \$275-\$350 through a commercial driving school. Bring paper and a pencil to class. Instructor **Roger Illies** is certified by the State Board of Education and the MN Department of Transportation.

Tuesdays & Thursdays

March 20-April 19

6:30-9:30 pm

Mound Westonka HS

B-106

#1793-A12W

\$69

Babysitter Training

11 years old & up

Come to this class and become a certified babysitter or learn safety concerning staying home alone. This American Safety & Health Institute class includes basic first aid, choking, CPR (non-certification training), diapering procedures, learning safe and age appropriate play, and more. Upon completion of this course, students will receive babysitter training certification. Students should bring a snack, bag lunch, and a writing utensil to class. Instructor: **Shelly Juire** is a certified Safety and Health Institute Instructor & Certified Occupational Therapy Assistant and has over 10 years of experience teaching CPR & First Aid.

Saturday, February 11

9 am-3:30 pm

Mound Westonka HS

B-106

#1797-A12W

\$59

Saturday, May 19

9 am-3:30 pm

Mound Westonka HS

B-106

#1797-B12W

\$59

Youth Enrichment

GMS Chef's Academy - Grades 5-7

WOW your friends by learning how to cook like the pros on TV! Chef's Academy includes hands-on cooking classes. Students will learn the fundamentals of food preparation, proper kitchen technique and how to have fun with food. Each class will incorporate at least one food preparation technique, one kitchen equipment demonstration and use, and a fresh food recipe that we will make. Each student will get a recipe and learn a little about the history of the food being prepared. Students can sign up for one class or the series! Chef's Academy lead chef, **Paula Slagle**, is the Head Cook at Hilltop. She has taught cooking class for nine years and has cooked at many fine restaurants and exclusive resorts in Alaska, Florida, New York, Minnesota, and Washington. All classes will be held at Grandview MS in Room G-19.



Cake Lollipops

What is cuter than a cupcake, a cake pop of course! In this class you will learn how to make and decorate these cute little cakes on a stick!

Thursday, January 19 2:45-4:15 pm
#1229-C12W \$15



Homemade Soft Cheesey Pretzels

We will twist and shape our very own soft cheesey pretzels in this class. These are just as easy to make as cookies and will disappear just as fast!

Thursday, January 26 2:45-4:15 pm
#1228-C12W \$15

Chocolate Truffles

Just in time for Valentine's Day! We will use the finest ingredients to make smooth, rich, and "melt in your mouth" truffles.

Thursday, February 2 2:45-4:15 pm
#1247-C12W \$15



Marvelous Muffins

We will make two different kinds of delicious muffins in this class. They will be healthy AND yummy, the perfect combination!

Thursday, February 16 2:45-4:15 pm
#1227-C12W \$15

Fruit Pizza

Fruit Pizza is always a hit! We will make our own delicious crust and "sauce" and then top it with our favorite fruit.

Thursday, March 1 2:45-4:15 pm
#1241-C12W \$15



Fortune Cookies

Homemade fortune cookies are fun to make and taste better than store bought ones. You will get to write your own fortunes and put them in your cookies!

Thursday, March 8 2:45-4:15 pm
#1226-C12W \$15

Apple Turnovers

Delicious yet easy to make! Your friends and family won't believe these are homemade! They're packed with all the great flavor of an apple pie.

Thursday, March 22 2:45-4:15 pm
#1237-C12W \$15

Make Your Own Pizza from Scratch

We will be making, shaping, and topping our own pizza. We will make our own sauce and dough. Get ready for some super tasty 'za!

Thursday, March 29 2:45-4:15 pm
#1238-C12W \$15

Spring Cut-Out Cookies

We will make bunnies, eggs and other spring shaped cookies out of cookie dough that we make. After they're cooled we'll get to decorate them too!

Thursday, April 5 2:45-4:15 pm
#1253-C12W \$15

Homemade Macaroni & Cheese

We will make some delicious homemade macaroni & cheese with a cheese sauce from scratch!

Thursday, April 12 2:45-4:15 pm
#1235-C12W \$15

After School Snacks & Beyond

Bored with the same 'ol snacks? Come and learn some fun, easy and tasty snacks that you can make for yourself and others!

Thursday, April 19 2:45-4:15 pm
#1225-C12W \$15



Homemade Salsa & Chips

Did you know there's lots of ways to make salsa? In this class we'll make a veggie and a fruit salsa & chips to go with! Nothing more fresh & tasty!

Thursday, April 26 2:45-4:15 pm
#1224-C12W \$15

Register for Winter & Spring classes online today!

Music for All Ages

Individual Guitar Lessons - Ages 6 and up

Have you always wanted to learn how to play the guitar? Students young and old love it! Sign up for one-on-one beginning, intermediate or advanced guitar lessons and learn chords, scales, solo technique, and some of your favorite songs. James teaches all levels of guitar and bass students, and will take the students to a level of playing beyond their expectations. Lessons with James are fun while maintaining structure and discipline. He caters his teaching towards the students needs, respecting the interests of each individual. There will be no make-ups for missed classes, unless it is a weather or instructor-related cancellation. There will be a one-time \$12 materials fee for new students. **James Gross**, experienced guitar instructor. **Fee: \$89**



Mondays, January 23, 30, February 6, 13
Hilltop Primary School

#1713-A12W	4-4:30 pm
#1713-B12W	4:30-5 pm
#1713-C12W	5-5:30 pm
#1713-D12W	5:30-6 pm
#1713-E12W	6-6:30 pm
#1713-F12W	6:30-7 pm
#1713-G12W	7-7:30 pm
#1713-H12W	7:30-8 pm
#1713-I12W	8-8:30 pm

Mondays, February 27, March 5, 26, April 2
Hilltop Primary School

#1813-A12W	4-4:30 pm
#1813-B12W	4:30-5 pm
#1813-C12W	5-5:30 pm
#1813-D12W	5:30-6 pm
#1813-E12W	6-6:30 pm
#1813-F12W	6:30-7 pm
#1813-G12W	7-7:30 pm
#1813-H12W	7:30-8 pm
#1813-I12W	8-8:30 pm

Mondays, April 16, 23, 30, May 7
Hilltop Primary School

#1913-A12W	4-4:30 pm
#1913-B12W	4:30-5 pm
#1913-C12W	5-5:30 pm
#1913-D12W	5:30-6 pm
#1913-E12W	6-6:30 pm
#1913-F12W	6:30-7 pm
#1913-G12W	7-7:30 pm
#1913-H12W	7:30-8 pm
#1913-I12W	8-8:30 pm

Individual Piano Lessons Grades 2 - Adult

Do you want to learn how to play the piano? Sign up for one-on-one piano lessons! Students will learn sight reading skills, where the notes are located on the staff and piano, and more. As students work their way through the books, an emphasis will be on classical music. Jazz and popular music will also be explored. There will be a one-time \$15 charge for first-time students (family members can share books). **One make-up lesson will be allowed per session, unless it is a weather or teacher-related cancellation.** Instructor: **Carolyn Adair**, graduate of Augsburg College has taught vocal music for 5 years and piano for over 30 years. **Fee: \$179 (9 lessons)**

Tuesdays, January 17-March 27
(no lessons 2/21 & 3/13)

Hilltop	Newberry Room
#1719-A12W	3:45-4:15 pm
#1719-B12W	4:15-4:45 pm
#1719-C12W	4:45-5:15 pm
#1719-D12W	5:15-5:45 pm
#1719-E12W	5:45-6:15 pm
#1719-F12W	6:15-6:45 pm

Thursdays, January 19-March 22
(no lessons 3/15)

Shirley Hills	Room 105
#1719-G12W	3:45-4:15 pm
#1719-H12W	4:15-4:45 pm
#1719-I12W	4:45-5:15 pm
#1719-J12W	5:15-5:45 pm
#1719-K12W	5:45-6:15 pm
#1719-L12W	6:15-6:45 pm

Tuesdays, April 3-May 29
Hilltop

Newberry Room	
#1719-M12W	3:45-4:15 pm
#1719-N12W	4:15-4:45 pm
#1719-O12W	4:45-5:15 pm
#1719-P12W	5:15-5:45 pm
#1719-Q12W	5:45-6:15 pm
#1719-R12W	6:15-6:45 pm

Thursdays, April 5-May 31

Shirley Hills	Room 105
#1719-S12W	3:45-4:15 pm
#1719-T12W	4:15-4:45 pm
#1719-U12W	4:45-5:15 pm
#1719-V12W	5:15-5:45 pm
#1719-W12W	5:45-6:15 pm
#1719-X12W	6:15-6:45 pm

Register for Winter & Spring classes online today!

Music for All Ages

Private Voice Lessons

Ages 10 and up

Learn to express yourself with your voice! During private one-on-one voice lessons we will work on the basics of in-tune singing, posture, breathing, performance skills, optional sight reading. There will be opportunities for recitals. Lessons are taught by experience retired music teacher, **Andrea Schussler**.

Fee: \$109 per person or \$155 for group lessons (2 people)

Mondays, January 9, 23, 30, February 6
 Shirley Hills Music Room
 #1762-A12W 3:45-4:15 pm
 #1762-B12W 4:15-4:45 pm
 #1762-C12W 4:45-5:15 pm
 #1762-D12W 5:15-5:45 pm
 #1762-E12W 5:45-6:15 pm
 #1762-F12W 6:15-6:45 pm
 #1762-G12W 6:45-7:15 pm
 #1762-H12W 7:15-7:45 pm

Tuesdays, January 10, 24, 31, February 7
 Shirley Hills Music Room
 #1763-A12W 3:45-4:15 pm
 #1763-B12W 4:15-4:45 pm
 #1763-C12W 4:45-5:15 pm
 #1763-D12W 5:15-5:45 pm
 #1763-E12W 5:45-6:15 pm

Mondays, February 13, 27, March 5, 19
 Shirley Hills Music Room
 #1762-I12W 3:45-4:15 pm
 #1762-J12W 4:15-4:45 pm
 #1762-K12W 4:45-5:15 pm
 #1762-L12W 5:15-5:45 pm
 #1762-M12W 5:45-6:15 pm
 #1762-N12W 6:15-6:45 pm
 #1762-O12W 6:45-7:15 pm
 #1762-P12W 7:15-7:45 pm

Tuesdays, February 14, 28, March 6, 20
 Shirley Hills Music Room
 #1763-F12W 3:45-4:15 pm
 #1763-G12W 4:15-4:45 pm
 #1763-H12W 4:45-5:15 pm
 #1763-I12W 5:15-5:45 pm
 #1763-J12W 5:45-6:15 pm

Mondays, March 26, April 2, 9, 16
 Shirley Hills Music Room
 #1762-Q12W 3:45-4:15 pm
 #1762-R12W 4:15-4:45 pm
 #1762-S12W 4:45-5:15 pm
 #1762-T12W 5:15-5:45 pm
 #1762-U12W 5:45-6:15 pm
 #1762-V12W 6:15-6:45 pm
 #1762-W12W 6:45-7:15 pm
 #1762-X12W 7:15-7:45 pm

Tuesdays, March 27, April 3, 10, 17
 Shirley Hills Music Room
 #1763-K12W 3:45-4:15 pm
 #1763-L12W 4:15-4:45 pm
 #1763-M12W 4:45-5:15 pm
 #1763-N12W 5:15-5:45 pm
 #1763-O12W 5:45-6:15 pm

Mondays, April 23, 30, May 7, 14
 Shirley Hills Music Room
 #1764-A12W 3:45-4:15 pm
 #1764-B12W 4:15-4:45 pm
 #1764-C12W 4:45-5:15 pm
 #1764-D12W 5:15-5:45 pm
 #1764-E12W 5:45-6:15 pm
 #1764-F12W 6:15-6:45 pm
 #1764-G12W 6:45-7:15 pm
 #1764-H12W 7:15-7:45 pm

Tuesdays, April 24, May 1, 8, 15
 Shirley Hills Music Room
 #1763-P12W 3:45-4:15 pm
 #1763-Q12W 4:15-4:45 pm
 #1763-R12W 4:45-5:15 pm
 #1763-S12W 5:15-5:45 pm
 #1763-T12W 5:45-6:15 pm

Private Violin/Viola Lessons

Ages 5 and up

One-on-one violin lessons will be offered this year for students of all ages and abilities. Students will develop a true love for violin and music in general through personalized lessons and use of Suzuki and traditional methods.

Instructor **Ann Bur** directed the HT Strings for Kids program and has taught Violin lessons for over 13 years.

Thursdays, January 12-February 9

\$125 (5 lessons)

Shirley Hills Room 104
 #1414-A12W 3:45-4:15 pm
 #1414-B12W 4:15-4:45 pm
 #1414-C12W 4:45-5:15 pm
 #1414-D12W 5:15-5:45 pm
 #1414-E12W 5:45-6:15 pm
 #1414-F12W 6:15-6:45 pm
 #1414-G12W 6:45-7:15 pm
 #1414-H12W 7:15-7:45 pm

Thursdays, February 16-March 22

(no lessons 3/15)

\$125 (5 lessons)

Shirley Hills Room 104
 #1414-I12W 3:45-4:15 pm
 #1414-J12W 4:15-4:45 pm
 #1414-K12W 4:45-5:15 pm
 #1414-L12W 5:15-5:45 pm
 #1414-M12W 5:45-6:15 pm
 #1414-N12W 6:15-6:45 pm
 #1414-O12W 6:45-7:15 pm
 #1414-P12W 7:15-7:45 pm

Thursdays, March 29-April 26

\$125 (5 lessons)

Shirley Hills Room 104
 #1414-Q12W 3:45-4:15 pm
 #1414-R12W 4:15-4:45 pm
 #1414-S12W 4:45-5:15 pm
 #1414-T12W 5:15-5:45 pm
 #1414-U12W 5:45-6:15 pm
 #1414-V12W 6:15-6:45 pm
 #1414-W12W 6:45-7:15 pm
 #1414-X12W 7:15-7:45 pm

Thursdays, May 3-31 \$125 (5 lessons)

Shirley Hills Room 104
 #1415-A12W 3:45-4:15 pm
 #1415-B12W 4:15-4:45 pm
 #1415-C12W 4:45-5:15 pm
 #1415-D12W 5:15-5:45 pm
 #1415-E12W 5:45-6:15 pm
 #1415-F12W 6:15-6:45 pm
 #1415-G12W 6:45-7:15 pm
 #1415-H12W 7:15-7:45 pm

SMILE

We will be out taking pictures to help promote our programs. If you wish not to have a picture taken of you or your children, please let the photographer know.



Register online at communityed.westonka.k12.mn.us or call 952.491.8040

Youth Recreation



Yoga Storytime 18 months to 7 years w/ Parent or Guardian

Come breathe, stretch and relax in these fun yoga classes designed for children along with their parent/guardian. We will read fun stories which will invite us to leap like frogs, fly like birds and butterflies, act like animals and stand tall like trees. All classes are held in the Shirley Hills Media Center. Instructor: **Annalisa Bragg**

Nursery Rhymes with a Twist

Perfect for the younger children with classic nursery rhymes, but hilarious for the older kids as we twist and move with silly nursery rhymes.

Thursday, January 19 6:30-7 pm
5610-A12W \$9 parent/child
5610-B12W \$5 each add'l child

S-T-R-E-T-C-H

Come be a dog, a caterpillar, a lion, and an astronaut blasting off into space. Let's stretch!

Thursday, February 16 6:30-7 pm
5610-C12W \$9 parent/child
5610-D12W \$5 each add'l child



Kids Yoga Ages 8-12

This specially-developed class for kids helps them use the basics of yoga to build body awareness and tools for connecting body and mind. Students will learn yoga sequences, breathing exercises that aid concentration, and techniques for settling down and creating a calm mind. The class has structure and discussion, and features plenty of fun, laughter, and music to help junior yogis and yoginis to shine. All classes are held in the Shirley Hills Media Center. Instructor: **Annalisa Bragg**

Thursday, January 19 7:15-8 pm
5611-A12W \$9

Thursday, February 16 7:15-8 pm
5611-B12W \$9

Thursday, March 15 7:15-8 pm
5611-C12W \$9

Thursday, April 5 7:15-8 pm
5611-D12W \$9



Birthday Party Packages

Westonka Community Education is now offering birthday party packages! Come and use the space at one of our school buildings for an ultimate party experience! You bring the cake and ice cream, and other drinks/food. To sign up for a birthday party, please call Sarah Heyer at 952-491-8045 at least three weeks prior to the party. Party dates are available based on space availability. All party packages are for 2 hours. Plates, napkins, cups and utensils are available upon request for an additional \$12 fee. When you register the party must be paid in full, no reservations will be taken without payment. If you need additional children to attend, it will be \$5 per child above the fee listed. Reservations are made for 2 ½ hours total, 15 minutes prior to the party for set up and 15 minutes after the party for clean up.

Party Package #1 Pool Party

#1202-A12W \$85

Includes: up to 15 children, 1 ½ hours of pool time (one lifeguard), ½ hour of cafeteria time for cake, ice cream, and gift opening.

Party Package #2 Gym Party

#1202-B12W \$65

Includes: up to 15 children, 1 ½ hours of gym time with one staff who leads gym games and activities, ½ hour of cafeteria time for cake, ice cream and gift opening.

Party Package #3 Kids in the Kitchen

#1202-C12W \$85

Includes up to 10 children, 1 ½ hours of kitchen time with one chef who leads cooking activities, ½ hour of cafeteria time for cake, ice cream and gift opening. Call for sample ideas for food choices. Food costs are included in the party fee.

Party Package #4 Princess or Superhero

#1202-D12W \$65

Includes up to 10 children, 1 ½ hours of themed activities (games and crafts) led by one staff, ½ hour of cafeteria time for cake, ice cream and gift opening. Craft supplies are included in the fee.

Party Package #5 Other themed party

#1202-E12W \$65

Includes up to 10 children, 1 ½ hours of themed activities (games and crafts) led by one staff, ½ hour of cafeteria time for cake, ice cream and gift opening. Craft supplies are included in the fee. When you register, please indicate the theme you are looking to do. Examples of themed parties: science, spa day, Art, Fairies

Youth Recreation



Minnesota Concussion Law

Effective September 1, 2011, M.S. 121A.37 requires that any municipality, business, or nonprofit organization that organizes a youth (ages 18 and under) athletic activity for which an activity fee is charged, shall make information accessible to all participating coaches, officials, and youth athletes and their parents or guardians about the nature and risks of concussions, including the effects and risks of continuing to play after receiving a concussion. All information must be in keeping with protocols and content consistent with the current medical knowledge available from the Centers for Disease Control and Prevention (CDC). They must also require all participating coaches and officials to receive initial online training and online training at least once every three years thereafter. All online training must be consistent with the program, Concussion in Youth Sports, online training program on the CDC's website.

The new law can be found at www.revisor.mn.gov under "Laws, 2011 Regular Session, Chapter 90." To view the concussion information, please visit the CDC's website at <http://www.cdc.gov/concussion/HeadsUp/>.



Volunteer Coaches Needed

Volunteer coaches are needed on a regular basis to lead youth sports programs. Volunteer coaches are critical to the success of these programs. If you see that a program requires volunteer coaches and you are interested, please contact the coordinator at 952.491.8047. All volunteer coaches are required to complete a background check prior to the first practice or game. Volunteer coaches will receive a credit on their account in the amount of their child's registration fee (minus a \$5 processing) at the end of the season. Make a difference in your community and consider volunteer coaching!

Learn-to-Skate Lessons

Ages 4-13

This program is offered in collaboration with the Mound Westonka Hockey Association (MWHHA). The lessons are designed to teach the ABC'S of skating... Agility, Balance, Coordination, and Speed. All participants are required to wear skates and bring a helmet. Students will be grouped according to age and/or ability level. Group A: 12:45-1:15 pm and Group B: 1:30-2 pm An open skate will be held from 1:15-1:30 pm each day to allow students to work on their skills and to allow for transition time between groups. Groups will be determined after the first class. All students should arrive at 12:30 pm on the first day. Instructor: **Aimee Krebsbach**

Sundays, January 8-February 12 12:30 pm
Thaler Arena
#6905-A12W \$49

Preschool Basketball

Ages 3-4

This introductory program will focus on teaching kids the basic fundamental skills and rules of basketball. Equipment is provided. The fee includes a shirt and certificate of participation. If you are interested in volunteering, please call 952.491.8047. Instructor: **Jeff Peterson.**

Saturdays 9-9:30 am
Open Shooting with Parent/Guardian
9:30-9:45 am
January 14-February 18
Grandview MS Gym
#5010-A12W \$25

Youth Basketball

This introductory program will focus on teaching kids the basic fundamental skills and rules of basketball. Equipment is provided. The fee includes a shirt and certificate of participation. If you are interested in volunteering, please call 952.491.8047. Instructor: **Jeff Peterson.**

Grade K

Saturdays 9:45-10:30 am
Open Shooting with Parent/Guardian
9:30-9:45 am
January 14-February 18
Grandview MS Gym
#5011-A12W \$29

Grade 1

Saturdays 10:30 am-11:30 am
January 14-February 18
Grandview MS Gym
#5012-A12W \$35

Grades 2-3

Saturdays 11:30 am-12:30 pm
January 14-March 10
Grandview MS Gym
#5013-A12W \$49

Floor Hockey

Grades 3-4

This program will introduce students to the fundamental skills of floor hockey as well as allow them to play informal games in a fun and relaxed atmosphere. Instructor: **Dan O'Brien**

Tuesdays 3:30-4:40 pm
January 17-February 14
Shirley Hills Gym
#5644-A12W \$29

Tuesdays 3:30-4:30 pm
March 20-April 17
Shirley Hills Gym
#5644-B12W \$29

Youth Volleyball Clinic

This introductory clinic will focus on teaching kids the basic fundamental skills and rules of volleyball through fun games and activities. Equipment and instruction will be age appropriate. Participants will work on serving, setting, bumping and more. Instructor: **Sarah Heyer**

Grades 3-4

Tuesdays 3:40-4:30 pm
April 17-May 15
Hilltop Primary Gym
#4994-A12W \$29

Grades 5-6

Wednesdays 2:45-3:45 pm
April 18-May 16
Grandview MS Gym
#4995-A12W \$35

Youth Recreation



Westonka Soccer Club Competitive Soccer for Ages 8-18



The Westonka Soccer Club (WSC) is a member of the Minnesota Youth Soccer Association (MYSA) and runs in partnership with Westonka Community Education and Services. Our focus is on providing an environment where players can develop their skills and technique, as well as team skills and sportsmanship. Our teams play competitive soccer at various age levels against teams from across the twin cities, but primarily in the West Metro. Teams will be formed after the registration process is complete. Practices will begin indoors in March with league games from May through July. Typically, teams meet two to three times per week. For more information about the club or to register please visit their website at www.westonkasoccerclub.org.

Preschool Soccer

Ages 3-4

This introductory program will focus on teaching kids the basic fundamental skills and rules of soccer. Equipment is provided. It is recommended that all participants wear shin guards. The fee includes a shirt and certificate of participation. **This program requires volunteer coaches.** If you are interested in volunteering, please call 952.491.8047.

<i>Saturdays</i>	<i>9-10 am</i>
<i>April 21-May 26</i>	
<i>Mound Westonka HS</i>	<i>Field 12</i>
<i>#5542-A12W</i>	<i>\$29</i>

Youth Soccer

This introductory program will focus on teaching kids the basic fundamental skills and rules of soccer. Equipment is provided. It is recommended that all participants wear shin guards. The fee includes a shirt and certificate of participation. **This program requires volunteer coaches.** If you are interested in volunteering, please call 952.491.8047.

Grades K-1

<i>Saturdays</i>	<i>10:05-11:05 am</i>
<i>Tuesdays</i>	<i>5:30-6:30 pm</i>
<i>April 21-May 26</i>	
<i>Mound Westonka HS</i>	<i>Field 12</i>
<i>#5543-A12W</i>	<i>\$49</i>

Grades 2-3

<i>Saturdays</i>	<i>11:10 am-12:10 pm</i>
<i>Thursdays</i>	<i>5:30-6:30 pm</i>
<i>April 21-May 26</i>	
<i>Mound Westonka HS</i>	<i>Field 12</i>
<i>#5544-A12W</i>	<i>\$49</i>

Registration

The registration fee includes: registration to the WSC, MYSA and Community Education, MYSA Insurance, Referee fees, Coaching Education and Licensing, one Invitational Tournament, a Photo Package, U9-U10 includes an end-of-season trophy and the MYSA Jamboree, U11-U18 includes all District and State team playoff fees.

All participants will register directly with the Westonka Soccer Club.

To register visit their website at www.westonkasoccerclub.org.

Registration deadline is January 31st.

Ages <i>(see WSC website for specific age cutoffs)</i>	Early Registration Fee <i>(prior to Dec. 31st)</i>	Normal Registration Fee <i>(after Dec. 31st)</i>
U9, U10 Boys and Girls	\$135	\$160
U11, U12 Boys and Girl	\$175	\$200
U13, U14 Boys and Girls	\$195	\$220 (coaching fees may apply)
U15-U18 Boys and Girls	\$225	\$250 (coaching fees may apply)

Uniforms

Uniforms are an additional fee of \$75. Only new players will need to buy a uniform (returning players will be able to use the 2011 uniform). Players will also need to bring a soccer ball, soccer shoes, and shin guards to all games and practices.

Tryouts

Tryouts will occur as needed February 10-12. Any player who registers after January 31 will only be placed on a team if space permits. Team consolidation can occur at any age level based on level of participation. Advance notice of any changes will be given.

Club Volunteer Support

There is an expectation that every family volunteer in some way (coaching, team manager/co-manager, board member, picture organizer, fundraising support, etc). At a minimum each family is expected to be involved in our annual Soccer Blitz fundraising event in early May and the Club hosted District Tournament in July. Contact the Club President at president@westonkasoccerclub.org to let us know how you can help the kids have a great season!

Register for Winter & Spring classes online today!

Youth Recreation



Westonka Youth Softball Association (WYSA) Competitive and recreational softball for girls in kindergarten to age 18

The Westonka Youth Softball Association (WYSA) in partnership with Westonka Community Education and Services provides an opportunity for girls to play competitive softball. For those younger athletes that are just beginning, the WYSA offers recreational teams that are more focused on instruction and developmental play. All teams work on learning the game and improving fundamentals. Traveling teams require greater commitment and play at a higher level of competition.

The season typically begins the middle of March and lasts until the first or second week of July (depending on the age group). Teams that qualify for national tournaments may have games through the end of July. Most teams will have games or practices 2-3 evenings per week. Traveling teams will also play up to five weekend tournaments. **For more information or if you are interested in coaching please contact Chad Dvoracek at 952.220.4378 or Scott Eidsness at 952.367.6927. You can also visit the WYSA website at www.moundfastpitch.org.**



Player Evaluations

For those that desire to play on a traveling team, WYSA will hold player evaluations to determine teams. Players will be evaluated on hitting, fielding, athletic ability and pitching. Girls may attend both dates of tryouts with the higher score being used to determine team placement. All girls will have an opportunity to play regardless of experience or skill level. Please register prior to tryouts. Evaluations will be held at the Mound Westonka High School gym. Girls must tryout to make a higher level competitive team. **Please arrive 15-20 minutes early!**

<i>Saturday, January 28</i>		<i>Sunday, January 29</i>	
10U and 12U	9:30-11 am	All ages	6:30-8:30 pm
14U and 16U	11 am-12:30 pm	(Optional warm-up	6-6:30 pm)
(Optional warm-up	8:30-9:15 am)		

Winter Clinics

WYSA will hold winter training sessions which will be listed on the WYSA website. Our annual pre-season warm-up clinic will be at the Mound Westonka High School gym on February 25 from 9 am-1 pm and February 26 from 6-9 pm. All interested players are welcome.

Registration deadline is January 26 (late registration fee is \$25)
Ages are determined as of January 1, 2012.

#5600-A12W	Recreational League	Gr K-3	\$95
#5601-A12W	10U Traveling Team	Ages 9-10	\$310
#5602-A12W	12U Traveling Team	Ages 11-12	\$310
#5603-A12W	14U Traveling Team	Ages 13-14	\$310
#5604-A12W	16U Traveling Team	Ages 15-16	\$310
#5605-A12W	18U Traveling Team	Ages 17-18	\$310

A separate uniform fee of \$65 for traveling teams should be made payable to the WYSA. The uniform fee will be collected at player evaluations or can be mailed to :WYSA, P.O. Box 134, Mound, MN 55364.

Open Gym

The Mound Westonka High School gym is open to the public each Saturday from 1-3 pm and Sunday from 6-8 pm. Anyone under the age of 15 must be accompanied by an adult (18+) and all participants must supply their own ball/equipment. The fee is \$2 per participant and is payable to the building supervisor at the door. Be sure to check our website for cancellations or call 952.491.8047.

Open Skate

Open skating is available at Thaler Arena on Saturdays from 8:30-9:45 p.m. and Pond Arena on Sundays from 2:15-3:15 p.m. Open skate is available until March 4. For more information please contact the Thaler Arena office at 952.491.8271.

Facility Rentals

Westonka School District facilities are available for use by the public during non-school hours. All users are required to submit an online facility use request form available at www.communityed.westonka.k12.mn.us. For more information please call 952.491.8047.

Register online at communityed.westonka.k12.mn.us or call 952.491.8040

Youth Recreation

Westonka Stars Tennis Program

The Westonka Stars Tennis Program is run by Carlson Tennis and is designed to provide a pathway for kids to learn how to play tennis in a positive and exciting atmosphere and then apply it in match play. This winter we are offering indoor tennis for the first time. If you have any questions please call **Dan Carlson** at 612.875.5507 or email dan@carlsonstennis.com. You can also visit www.carlsonstennis.com. All camps are held at the Grandview Middle School Gym.

To register for one of our tennis programs please visit www.westonkatennis.com.



Little Stars

Ages 4-6

This class is for our youngest players and will focus on agility, balance, and coordination. Movement and tracking skills will give the kids the ability to properly handle a racquet and ball.

Sundays 1-1:45 pm
January 8-February 5 \$65
 (no class on January 22)

Sundays 1-1:45 pm
February 12-March 4 \$65

Monday-Thursday 11-11:45 am
March 12-15 \$65

Middle School Boys Tennis

Grades 5-6

This program will help students develop and refine their tennis skills as well as learn the rules of the sport to prepare them for JV and Varsity tennis. Students will not be involved in matches with other schools, however, they will work on match play during practice. The first day of practice is listed. Students will receive a full schedule in the spring.

Instructor: **George Boll**

Monday, April 2 4:45-6 pm
Mound Westonka HS Tennis Courts
#5814-A12W \$75

Rising Stars

Ages 7-8

This class will focus on rallying the ball back and forth while working on technique and tactics. We want these kids to be able play rally games by the 2nd lesson and the final day will be full of games and competitions.

Sundays 1:45-2:45 pm
January 8-February 5 \$75
 (no class on January 22)

Sundays 1:45-2:45 pm
February 12-March 4 \$75

Monday-Thursday 11:45 am-12:45 pm
March 12-15 \$75

Future Stars

Ages 9-11

This class will focus on rally play from the first day. Our emphasis is on getting kids to understand the fundamentals of the forehand and backhand groundstrokes, volleys and serves.

Sundays 2:45-3:45 pm
January 8-February 5 \$75
 (no class on January 22)

Sundays 2:45-3:45 pm
February 12-March 4 \$75

Monday-Thursday 12:45-1:45 pm
March 12-15 \$75

Westonka Area Athletic Associations

For more information about these organizations, please contact the individuals listed below or by visiting their website. If you have a group that would like to be listed in the community education brochure please call 952.491.8047.

Association	Contact Person	Phone
Mound Westonka Hockey Association (MWhA) www.westonkahockey.org	Randy Lee	612.812.4622
Mound Wrestling Organization (MWO) www.whitehawkswrestling.com	Todd Munsterteiger	952.491.8258
Upper Tonka Little League (UTLL) www.utll.org	Mike Hoh	952.250.4215
Westonka Lacrosse Club www.westonkacrosse.com	John Legeros	612.708.7441
Westonka Soccer Club (WSC) www.westonkasoccerclub.org	Ian Moloney	952.471.1072
Westonka Youth Basketball Association (WYBBA) www.wybba.org	Linda Wharram	952.472.5096
Westonka Youth Football (WYFA) www.westonkayouthfootball.org	Joel Dahl	952.491.8047
Westonka Youth Softball Association (WYSA) www.moundfastpitch.org	Chad Dvoracek	952.220.4378
White Hawk Youth Baseball www.westonkabaseball.org	Mike Seats	952.472.4713
Southwest All Stars Cheerleading www.southwestallstars.org	Maria Wacker	612.636.8724
Westonka Archery Club www.westonkaarchery.org	Mike Wallace	952.491.8560

Register for Winter & Spring classes online today!

Youth Recreation



5555 Pioneer Creek Drive
Orono, MN 55359

2011-2012 School Year Schedule

phone:763-479-3189 fax:763-479-3231

Winter 1: Nov. 14, 2011-Jan. 28, 2012

Winter 2: Jan. 30- March 31, 2012

Spring: April 2-June 2, 2012

www.northshoregym.org

\$30 Annual family registration fee applies

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Fee for 1 class a week , per session
Preschool Classes							
Tumble Bugs 18 mo - 3 yrs			5:30-6:10		9:30-10:10	8:30-9:10 9:15-9:55	\$98
Busy Bee's 3 years	4:15-4:55	6:00-6:40		10:15-10:55	10:15-10:55	10:00-10:40	\$145
Grasshoppers 4 years	6:00-6:55		9:30-10:25 4:30-5:25	11:00-11:55	11:00-11:55		\$145
Dragon Flies 5 years	5:00-5:55	6:45-7:40		5:00-5:55	12:00-12:55		\$145
Preschool Open Gym			11:30-12:30	12:00-1:00			\$5 per child per time
Progressive Girls Classes, 6 - 18 years							
Bronze Ages 6 & up	4:00-4:55 5:00-5:55	7:30-8:25		4:00-4:55 6:30-7:25		9:00-9:55	\$145
Silver	4:30-5:25		4:00-4:55	6:45-7:40	5:30-6:25	10:00-10:55	\$145
Gold recommended 2x per week		7:00-8:25		7:30-8:25	4:00-5:25		\$145 / 1 hr class \$196 / 1.5 hr class
Platinum recommended 2x per week	6:00-7:55		3:30-5:25				\$237
Boys Classes, 6 - 18 years							
Boys Ages 6 & up	6:30-7:25		6:30-7:25	4:30-5:25			\$145
Boys Advanced					3:30-4:55		\$196
Specialty Classes							
FUNtastics! Ages 6-12				4:00-5:55			\$201
Tumbling Only 6+				7:30-8:25			\$145
Trampoline 6+					5:30-6:25		\$145
Adult Fitness			7:30-8:25pm		8:00-8:55am		\$98
Home School		1:30-2:55					\$83
Open Gym 6+					7:30-9:00		\$8 students / \$10 non-student

Discounts!

Multi-Class discount: Sign up for more than 1 class and receive 10% off each additional class fee*

Multi-Student discount: Sign up more than 1 child and receive 10% off each additional child* (*Lowest fee applies)

Don't forget NSGA for

Birthday Parties!

Call for details
and pricing:
763-479-3189



Extra gym time!

Open Gym on Friday nights!
7:30-9:00pm, Ages 6 - 18, Bring a friend! cost: \$8 for current NSGA students, \$10 for non-current. Non-current students must have a current NSGA signed waiver on file to participate.

Preschool Open Gym!
Wednesday 11:30am-12:30pm &
Thursday 12:00-1:00pm;
Bring a Friend! \$5 per child.

Kid's Night Out Parties!

Winter Holiday Party - Friday, December 16 7:30-10:00pm

Valentines Party - Friday, February 10 7:30-10:00pm

Spring Fling - Friday, April 13 7:30-10:00pm



Cost: The cost is \$25 for current students and \$30 for guests if paid by the Thursday before the party. For families with 2 or more children: 1st Child \$25 or \$30, 2nd Child \$20 or \$25, 3rd Child \$15. Costs increase by \$5 to \$30 for current students and \$35 for guests if paid on the day of the party. All non-current students MUST have a current parent signed NSGA waiver on file to participate. Please print a waiver from our web site, www.northshoregym.org. Please call to reserve, space is limited: 763-479-3189.

Please visit our website: www.northshoregym.org for NSGA policies including cancellations, make-up classes and more.

Aquatics

American Red Cross Swimming Lessons

The American Red Cross program is a comprehensive and developmentally appropriate swim program that teaches children how to swim skillfully and safely. The prerequisite for each level is the successful demonstration of skills from the preceding level. Each level also includes lessons in water safety. Each class will begin with a brief skill assessment to ensure that your child is enrolled in the appropriate level. All students must be able to perform the exit skills prior to moving to the next level. All classes are held at the Mound Westonka High School Pool (enter through the north doors).

Parent & Child (PC) 6 months - 3 years

Parent and Child Aquatics familiarizes young children to the water and prepares them to learn to swim in the Preschool Aquatics or Learn-to-Swim programs. PC Aquatics teaches parents safety information and teaches techniques to help orient their children to the water. It also provides direction regarding how to supervise water activities in a responsible manner. There are no exit skills for the Parent and Child Aquatics classes. Parent and Child classes are 30 minutes. A parent/guardian is required to accompany each child in the water.

Parent & Child (PC) Level 1

The objective of this level is to introduce basic skills to parents and children. Parents are taught to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children are introduced to basic skills that lay a foundation to help them learn to swim. Several water safety topics are introduced that are directed to parents.

Parent & Child (PC) Level 2

The objective of this level is to build on the skills introduced in PC Level 1. Participants improve on these skills and learn more advanced skills.

Preschool Aquatics (Pre) Ages 3-5

Preschool Aquatics is an integral part of the overall Red Cross Instructional aquatic and water safety program. The primary objective is to promote developmentally appropriate learning of fundamental water safety and aquatic skills. Preschool classes are 30 minutes.

Pre Level 1

The objective of this level is to teach students the most elementary aquatic skills which they will continue to build on as they progress through the program. Students will begin to develop safe practices in and around the water. **Exit Skills:** (skills are performed with support) enter independently using either the ladder, steps or side, travel at least 5 yards, submerge to mouth and blow bubbles for at least 3 seconds then safely exit the water. While in shallow water, glide on front at least 2 body lengths, then roll to back and float on back for 3 seconds then recover to a vertical position.

Pre Level 2

Prerequisite: successful completion of Pre Level 1. The objective of this level is to build on the basic aquatic skills learned in Level 1 and to give children further success with fundamental aquatic skills performed to a slightly more advanced degree. Most skills in this level are performed with assistance. This level marks the beginning of independent aquatic locomotion skills. Children continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for future strokes. **Exit Skills:** (skills may be performed with support) glide on front at least 2 body lengths, roll to back, float on back for 5 seconds then recover to a vertical position. Glide on back for at least 2 body lengths, roll to front, float for 5 seconds then recover to a vertical position. Swim using combined arm and leg actions on front for 3 body lengths, roll to back, float for 5 seconds, roll to front then continue swimming on front for 3 body lengths.

Pre Level 3

Prerequisite: successful completion of Pre level 2. The objective of this level is to build on the skills learned in previous levels by providing additional guided practice of basic aquatic skills at slightly more proficient performance levels and greater distances and time. Skills in this level are performed independently. Children will be taught to improve coordination of combined simultaneous arm and leg actions and alternating arm and leg actions. **Exit Skills:** (skills are performed independently) step from side into chest-deep water, move into a front float for 5 seconds, roll to back, float for 5 seconds then return to a vertical position. Move into a back float for 5 seconds, roll to front then recover to a vertical position. Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to front then continue swimming for 5 body lengths.

Learn-to-Swim (LTS) Ages 5 and up

The American Red Cross Learn-to-Swim levels teach aquatic and personal water safety skills in a logical progression made up of six levels. Throughout the levels, participants build on their basic skills to learn various propulsive movements on the front, back and side. As the levels increase, participants learn to refine the different strokes and build endurance. Learn-to-Swim classes are 45 minutes.

Level 1: Introduction to Water Skills

The objective of this level is to learn basic personal water safety information and skills, to help students feel comfortable in the water and to enjoy the water safely. Elementary aquatic skills are taught at this level. **Exit Skills:** enter independently, using either the ladder, steps or side, travel at least 5 yards, bob 3 times then safely exit the water. (Participants can walk, move along the gutter or "swim.") Glide on front at least 2 body lengths, roll to a back float for 3 seconds and recover to a vertical position. (This part of the assessment can be performed with support.)

Level 2: Fundamental Aquatic Skills

Prerequisite: successful completion of Pre Level 2 or LTS Level 1. The objective of this level is to give participants success with fundamental skills. Participants learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous and alternating arm and leg actions on the front and back that lay the foundation for future strokes. **Exit Skills:** step from side into chest-deep water, move into a front float for 5 seconds, roll to back, float for 5 seconds then return to a vertical position. Move into a back float for 5 seconds, roll to front then recover to a vertical position. Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to the front then continue swimming for 5 body lengths.

Level 3: Stroke Development

Prerequisite: successful completion of Pre Level 3 or LTS Level 2. The objective of this level is to build on previously learned skills by providing additional guided practice. Participants will learn to survival float, swim the front crawl and elementary backstroke. The scissors and dolphin kicks will be introduced and participants will build on fundamentals of treading water. Participants will also learn the rules for headfirst entries and begin to learn to enter the water headfirst from a seated and kneeling position at poolside. **Exit Skills:** jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.

Register for Winter & Spring classes online today!

Aquatics

Level 4: Stroke Improvement

Prerequisite: successful completion of LTS Level 3. The objective of this level is to develop participants' confidence in the strokes learned thus far and to improve other aquatic skills. Participants improve their skills and increase their endurance by swimming familiar strokes (front crawl, elementary backstroke) for greater distances. Participants add the arms to the scissors kick for the sidestroke. Participants also start to learn the back crawl, breaststroke and butterfly and the basics of turning at a wall. **Exit Skills:** perform a feet-first entry into deep water, swim front crawl for 25 yards, change direction and position as necessary and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and position as necessary and swim back crawl for 15 yards.

Level 5: Stroke Refinement

Prerequisite: successful completion of LTS Level 4. The objective of this level is coordination and refinement of strokes. Participants refine their performance of all the strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distances. Flip turns on the front and back are also introduced. **Exit Skills:** perform a shallow-angle dive into deep water, swim front crawl for 50 yards, change direction and position of travel as necessary and swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position of travel as necessary and swim back crawl for 25 yards.

Level 6: Swimming and Skill Proficiency

Prerequisite: successful completion of LTS Level 5. The objective of this level is to refine strokes so participants swim them with more ease, efficiency, power and smoothness and over greater distances. Participants are given two options for additional aquatic activities – Personal Water Safety and Fitness Swimmer. These options focus on preparing participants for more advanced courses such as the Water Safety Instructor course or competitive swimming. **Personal Water Safety Exit Skills:** swim 500 yards continuously using any 3 strokes of your choice, swimming at least 50 yards of each stroke. Jump into deep water, perform a survival float for 5 minutes, roll onto back and perform a back float for 5 minutes. Perform a feet-first surface dive, retrieve an object from the bottom of the pool at a depth of 7-10 feet, return to surface and return to starting point. **Fitness Swimmer Exit Skills:** swim 500 yards continuously using any 3 strokes of your choice, swimming at least 50 yards of each stroke. Perform the Cooper 12-minute swim test, and compare results with the pre-assessment results.

Private and Semi-Private Swim Lessons

Private and Semi-private swim lessons are available upon request. Lessons are based on pool availability. Private lessons are \$120 for 6 – 30 minute lessons and Semi-private lessons are \$65/student (up to 3 students) for 6 -30 minute lessons. For more information or to register call 952.491.8047.

Swimming Lessons Schedule

Session I: Saturdays, January 14-March 3

9 am	PC Level 1 #6100-A12W	PC Level 2 #6101-A12W		
9:35 am	Pre Level 1 #6200-A12W	Pre Level 2 #6201-A12W	Pre Level 3 #6202-A12W	
10:10 am	LTS Level 2 #6302-A12W	LTS Level 3 #6303-A12W	LTS Level 4 #6304-A12W	LTS Level 6 #6306-A12W
11 am	LTS Level 1 #6301-A12W	LTS Level 3 #6303-B12W	LTS Level 5 #6305-A12W	LTS Level 6 #6306-B12W
11:50 am	LTS Level 1 #6301-B12W	LTS Level 2 #6302-B12W	LTS Level 4 #6304-B12W	LTS Level 5 #6305-B12W

Session II: Saturdays, March 24-May 12

9 am	PC Level 1 #6100-B12W	PC Level 2 #6101-B12W		
9:35 am	Pre Level 1 #6200-B12W	Pre Level 2 #6201-B12W	Pre Level 3 #6202-B12W	
10:10 am	LTS Level 2 #6302-C12W	LTS Level 3 #6303-C12W	LTS Level 4 #6304-C12W	LTS Level 6 #6306-C12W
11 am	LTS Level 1 #6301-C12W	LTS Level 3 #6303-D12W	LTS Level 5 #6305-C12W	LTS Level 6 #6306-D12W
11:50 am	LTS Level 1 #6301-D12W	LTS Level 2 #6302-D12W	LTS Level 4 #6304-D12W	LTS Level 5 #6305-D12W

Aqua Exercise / Lap Swim

Water exercise is a safe and fun way to tone your muscles and improve your cardiovascular health. The buoyancy of the water helps support you and acts as a non-impact resistance to give your joints the support they need. Water exercise is great for all ages and ability levels. Must be at least 18 or accompanied by an adult. (1 or 2 lanes will be reserved for lap swim depending upon the number of swimmers)

Punch Cards are good for both aqua exercise and lap swim. Classes are ongoing and you may begin at anytime. Punch cards can be purchased at the pool and are valid for 8 weeks from the date purchased. Please indicate on your registration the number of classes you would like to attend.

Winter/Spring schedule begins

January 9, 2012

Monday-Friday 5:45-6:45 am

Saturdays 8-9 am

Monday & Wednesday 6-7 pm

#6371-A12W

8 punches \$39

16 punches \$49

24 punches \$65

32 punches \$75

Martial Arts



After School Tae Kwon Do Ages 6 and Up

New this winter we are offering an after school Tae Kwon Do class. This is a beginner level class. Students will learn to use powerful hand strikes, blocks and kicks as a means of self-discipline, physical conditioning, and self-defense. Tae Kwon Do develops the mind, body and spirit while encouraging a balance of knowledge, strength and focus. Master **Fred Baker** is a certified instructor and fifth-degree black belt. **After School Tae Kwon Do classes are held at Quantum Martial Arts Studio, 2313 Commerce Blvd. Mound.** Your child can ride the bus from Shirley Hills or Hilltop right to Quantum Martial Arts Studio. If your child plans to ride the bus after school, please call or email Sarah Heyer at 952-491-8045 or heyers@westonka.k12.mn.us so we can add them to the bus list.

*Wednesdays, January 11, 18, 25,
February 1* 3:50-4:50 pm
#1894-A12W \$35

Wednesdays, February 8, 15, 22, 29
3:50-4:50 pm
#1894-B12W \$35

*Wednesdays, March 7, 21, 28,
April 4 (no class 3/14)* 3:50-4:50 pm
#1894-C12W \$35

*Wednesdays, April 11, 18, 25,
May 2* 3:50-4:50 pm
#1894-D12W \$35

Wednesdays, May 9, 16, 23, 30
3:50-4:50 pm
#1894-E12W \$35

NEW FORMAT! Please read below for the changes to the Quantum Martial Arts Program

Tae Kwon Do Little Dragons Ages 4-6

This class will help your “little dragon” develop balance, coordination, respect and discipline, along with having fun. Master **Fred Baker** is a certified instructor and a fifth-degree black belt. **All Little Dragons classes are held at Quantum Martial Arts Studio, 2313 Commerce Blvd. Mound**

Tuesdays, January 10-31 5-5:45 pm
#1701-A12W \$35

Tuesdays, February 7, 14, 28, March 6
5-5:45 pm
#1701-B12W (no class Feb 21) \$35

Tuesdays, March 20, 27, April 3, 10
5-5:45 pm
#1701-C12W \$35

Tuesdays, April 17, 24, May 1, 8 5-5:45 pm
#1701-D12W \$35

Tuesdays, May 15, 22, 29, June 5
5-5:45 pm
#1701-E12W \$35

NEW Beginning Tae Kwon Do Age 6 and up - Beginner level

This class is for beginner level Tae Kwon Do students. Tae Kwon Do means the way of “hand and foot.” It uses powerful hand strikes, blocks and kicks as a means of self-discipline, physical conditioning, and self-defense. Tae Kwon Do develops the mind, body and spirit while encouraging a balance of knowledge, strength and focus. Master **Fred Baker** is a certified instructor and fifth-degree black belt. If you are beyond a beginner level Tae Kwon Do student, you are encouraged to sign up for classes at Quantum Martial Arts. **All classes Beginning Tae Kwon Do classes are held at Grandview Middle School, 1881 Commerce Blvd. Mound**

Wednesdays, January 11-February 1 6-7 pm
#1873-A12W \$35

Wednesdays, February 8, 15, 22, 29 6-7 pm
#1873-B12W \$35

Wednesdays, March 7, 21, 28, April 4
(no class 3/14) 6-7 pm
#1873-C12W \$35

Wednesdays, April 11, 18, 25, May 2 6-7 pm
#1873-D12W \$35

Wednesdays, May 9, 16, 23, 30 6-7 pm
#1873-E12W \$35

Register for Winter & Spring classes online today!

Adult Enrichment

Taking Better Photographs with Your Digital Camera

This class is for beginner photographers, but experienced people may find it helpful as well. The class will discuss the various aspects of composition, including tips and techniques on these topics related to composition: Subject matter and general tips, Lighting, Portraits, Action, Background, Perspective, and Rule of Thirds. In addition to composition, we will spend some time answering specific questions about the basic functions of digital cameras and how to use them for creating better photographs. Please bring the manual for your camera to the class. The class will consist of lecture, including examples of photographs containing the techniques and tools covered in the presentation. Instructor **Mark Paulson** has been taking photographs since the mid-1980s. Mark has taken several award-winning photographs and his work has been published in books and regional magazines and exhibited in local galleries. www.mpaulsonphotography.com

Tuesday, May 8 7-9 pm
Mound Westonka HS C-103
#1886-A12W \$35

Dog Obedience – Large Breed

You will have a happier and more enjoyable dog after this course. This course is intended for the large breed pet (45 lbs or larger as an adult). All dogs must be six months of age or older and have proof of rabies shots. Bring a steel choke chain and lead for your dog (available at class from instructor at a reasonable price) to the classes. Participants need to be at least 13 years old. Instructor: **Marilyn Swanson**, Oak Ridge Kennels

Mondays, April 9-May 14 7-8 pm
Oak Ridge Kennels, 1640 Game Farm
Road North, Minnetrista
#1851-A12W \$49

Photographing Plants and Flowers - Field Photography at Noerenberg Gardens



Spend 2 hours with photographer **Mark Paulson** (www.mpaulsonphotography.com) capturing images of nature at Noerenberg Gardens. This experienced photographer will provide tips and advice on photo composition, technique and digital camera use. Let him share this knowledge and expertise with you to help you capture better pictures of the Noerenberg Garden grounds and to help you learn to be better photographers. Mark has provided numerous images for use in advertising, displays and images for calendars, postcards and greeting cards. Let him share this knowledge and expertise with you to help you capture better pictures and help you learn to be a better photographer. Students should meet at the entrance of the Noerenberg Gardens in Orono, no later than 9 am. In case of inclement weather, class will be rescheduled for Saturday, May 19.

Saturday, May 12 9-11 am
Noerenberg Gardens, Orono
#1887-A12W \$30

How to Photograph Your Children (and not go crazy!)



Learn how to improve your photography skills and capture better pictures of your children. We will discuss camera operation and offer tips and techniques from composition to lighting and back drops that will make taking pictures of your children easier and more enjoyable! The first hour will be lecture style and the last ½ hour will be questions. Bring your camera to class if you'd like. Instructor **Tirisha Dirks**, Content Photography.

Tuesday & Thursday, April 24 & 26
6-7:30 pm
Mound Westonka HS
#1918-A12W \$39



Minnesota Starwatch Class with Mike Lynch, meteorologist at WCCO for individuals, families, scout groups (ages 6 and up)

Make the stars your old friends as we watch the great celestial show in the skies over West side of Lake Minnetonka. This is the ultimate stargazing show. We'll start with an indoor orientation followed by outside viewing of winter-spring constellations like the Big Bear, Cassiopeia the Queen, Orion the Bull, Leo the Lion, and some of their great stories behind them. We'll also use large reflecting telescopes, including a giant 20" reflector, one of the biggest mobile telescopes in Minnesota for close up views of planet Saturn, as well as getting close and personal with star clusters, nebulae, galaxies and other wonders in our early spring skies. Participants will get a great handout and package with user-friendly star maps and constellation charts maps, websites, a telescope-buying guide, astrophotography, and more! Instructor, **Mike Lynch** is a meteorologist at WCCO Radio and has been teaching astronomy classes for over 38 years. He also writes a weekly stargazing column for the St. Paul Pioneer Press and is author of the book, "Mike Lynch's "Wisconsin Starwatch" that'll be available for purchase at a discount. Dress warm!

Thursday, February 23 7:30-9:30 pm
Hilltop Primary School Media Center
#1827-A12W \$15 individual
#1827-B12W \$29 (up to five people)

Adult Enrichment



Hair Accessories – DIY (Do It Yourself)

In this class you will learn how to make hair accessories that are fun for your special girl to wear! You will learn how to make a variety “boutique quality” hair clips to match any outfit. Each participant can make & take up to 10 clips home!

Thursday, February 16 6:30-8 pm
Mound Westonka HS B-106
#1940-A12W \$25 (includes supplies)



Zipper Art – Hand Sewing for Beginners

Create flowers and cute bugs out of zippers! Leave the sewing machine at home, these are done by hand. For beginners, EASY! There will be a \$6 supply fee payable to the instructor the night of class, includes enough to complete several zips. Instructor **Donna Nelson** who has over 15 years experience sewing, crafting and working with children.

Thursday, January 5 6-8 pm
Mound Westonka HS B-104
#1941-A12W \$15
(plus \$6 supply fee payable at class)



The Art of Silhouettes

Learn to create your own silhouettes by using only a photograph. A fun and easy class. Make your own heirlooms! A \$6 supply is due to the instructor the night of class. Supplies are enough to complete several silhouettes. Instructor **Donna Nelson**.

Tuesday, February 7 6-8 pm
Mound Westonka HS B-106
#1943-A12W \$15
(plus \$6 supply fee payable at class)



No Sew Fabric Gift Bags

Create adorable fabric gift bags without sewing a stitch! Wear long sleeves since we will be working with irons. Gloves will be provided in class kit. A \$6 supply fee is payable to instructor the night of class. Includes enough to make several gift bags. Instructor **Donna Nelson**.

Thursday, February 16 6-8 pm
Mound Westonka HS B-106
#1944-A12W \$15
(plus \$6 supply fee payable at class)

Learn How to Paint

Have you ever looked at a famous painting and thought “I could do that”? This class is designed for beginners and non-beginners of any age who wish to develop their painting skills. **Kevin Kluever**, a local landscape and mural painter, will teach you how to paint in acrylics. Each student will paint from a subject of their choice (a photograph, sketch, or classic work of art) while Kevin guides you through to creating your own masterpiece.

Tuesdays, January 24, 31, February 7, 14
7-9 pm
Mound Westonka HS B-205
#2061-A12W \$59
(plus \$20 supply fee which includes all paint, brushes and canvases)

Begin to Knit

Learn the basics to get you knitting those winter blues away! This is a one time class to see if you like knitting or not. You will learn to cast on, knit, and bind off. We will make a simple dishcloth. Supplies for the class will be purchased from the instructor the night of the class, so you don’t have to worry about buying the correct supplies. What could be easier? Come on, you’ve always wanted to learn and I haven’t failed teaching anyone yet! Ages 15-Adult. Instructor **Mary Madison** (former owner of Knit One Bead Too).

Thursday, January 19 7-8:30 pm
Mound Westonka HS B-104
#1802-A12W \$19
(plus \$12 supply fee payable to the instructor the first night of class, includes knitting needles and yarn)

Thursday, February 16 7-8:30 pm
Mound Westonka HS B-104
#1802-B12W \$19
(plus \$12 supply fee payable to the instructor the first night of class, includes knitting needles and yarn)



Begin To Crochet

Crochet is one of the earliest crafts to learn. All you need is a ball of yarn and a hook! The possibilities of what you can make are limited only by your imagination! You will learn all the basics of crochet and then you can make beautiful things. For ages 14 and up. Instructor **Kathleen Cappelli** has been crocheting and crafting for over 30 years.

Wednesday, January 11 6:30-8 pm
Mound Westonka HS
#1934-A12W \$19
(plus \$10 supply fee collected at class)

Thursday, March 8 6:30-8 pm
Mound Westonka HS
#1934-B12W \$19
(plus \$10 supply fee collected at class)



Crochet with Beads

Once you have learned the basics of crochet, it’s time to add some fun! Beads can be applied to crochet at the same time as the stitches are worked. You will learn to add beads to a foundation chain and to a crochet square. For ages 14 and up. Instructor **Kathleen Cappelli** has been crocheting and crafting for over 30 years.

Wednesday, April 4 6:30-8 pm
Mound Westonka HS
#1935-A12W \$19
(plus \$10 supply fee collected at class)



Beyond Basic Crochet

Use up that leftover yarn making crochet shapes! Squares are simple to crochet and can be connected to make anything. From afghans to shawls, belts to bags and scarves to vests. We will learn Traditional Granny and Square Target, also how to understand patterns. For ages 14 and up. Instructor **Kathleen Cappelli** has been crocheting and crafting for over 30 years.

Wednesday, April 11 6:30-8:30 pm
Mound Westonka HS
#1936-A12W \$25
(plus \$10 supply fee collected at class)

Register for Winter & Spring classes online today!

Adult Enrichment

Learn to Sell Like a Pro on eBay

This class will teach new users the basics such as how to set up an eBay account and cover every subject required to become a successful eBay seller. Topics covered include: safety, pricing, photography, titles, descriptions, policies, shipping, returns, feedback and selling strategies. Even experienced sellers will learn many new skills to help improve their eBay sales. A detailed workbook is available for each student, and is very helpful as a step-by-step guide for reference after the class. Basic computer knowledge is helpful, however students will NOT be working on computers during class. A \$15 book from eBay Press is available for purchase at class from the instructor. Instructor **Joel Karsten** has extensive background in sales and marketing and eBay experience. He is prepared for any eBay related situation that arises! He is one of the top eBay sellers in the Midwest.

Tuesday, January 24 6:30-9:30 pm
Mound Westonka HS C-103
#1819-A12W \$55

Life Matters

As busy adults and parents, it seems that life pull us in so many different directions. Often, the last item on the to-do list is finding the time to figure out what matters most to you. Life Matters is a positive and casual opportunity to explore who you are and who you want to be. Think of it as a book club environment where instead of opening pages of the latest bestseller, you're opening a new chapter in your life! Facilitator **Scott Nelson** is a certified effectiveness coach. A Senior Partner at Clarity Central, Scott previously worked at Mayo Clinic as a conflict resolution mediator for patients and physicians.

Thursdays, January 12, 19, 26, February 2, 9, 16 7-8 pm
Mound Westonka HS
#1957-A12W \$95

All You Need to Know About Estate Planning and Trusts

Come to this class and you will learn the top things you need to know about estate planning. No matter your net worth, it's important to have a basic estate plan in place. Everyone has an estate and if you don't plan for the distribution of your assets, the state has a backup plan. You will leave this class with the knowledge you need – including: how to avoid probate, the difference between wills and trusts, how to protect your estate from estate tax, along with other important information on health care directives, the power of attorney, and more.

Tuesday, February 7 6:30-8 pm
Mound Westonka HS C-103
#1911-A12W \$15

Sign Language for Babies and Toddlers

Learn to use sign language with your hearing infant or toddler to promote understanding and decrease frustration. Have you ever looked into your baby's eyes and wondered what they were thinking or what they wanted? Now you can through Small Talk Baby Sign Language. Babies are capable of understanding language before they are able to speak. Learn to communicate simple concepts and ideas with your infant by using baby sign. You will learn the benefits, techniques, and 60 key vocabulary signs. An illustrated resource book is included you're your registration. This class is valuable for parents, family members, and child care providers. Instructor: **Susan Hagel**, MS, CTRS has taught Conversational American Sign Language for over 28 years.

Tuesday, April 17 6:30-8:30 pm
Mound Westonka HS
#1929-A12W \$39 per pair or person
(includes book)

Three Rivers Park District Programs at Gale Woods Farm. All classes are held at Gale Woods Farm, 7210 County Road 110W, Minnetrista. Classes are taught by education staff or contract employees of Gale Woods Farm

Get Started Gardening

Ages: 11+

Does the idea of growing your own vegetables interest you? Do you just need someone to tell you how to begin? This is the class for you! We will spend the morning teaching you how to get started growing food in your backyard. You will leave this class with a place to begin, resources to help and the inspiration to grow beautiful produce on your own. Your food can't get more locally grown than you own backyard!

Saturday, March 10
9:30 am-12:30 pm
#1868-A12W \$15

The ABC's of Apple Trees

Ages: 10+

Want to know where your apples come from? Grow them yourself! This class gives you the basics and resources to take you forward. Come dressed to visit Gale Woods orchard to see basics of planting, pruning, and more!

Saturday, March 10
9:30 am-12:30 pm
#1799-A12W \$15

Wet Felting for Children: Finger Puppets

Ages: 6-14

Drop off your child to create a fun felted project! Participants will use wool, water and soap to make their very own fun finger puppets. We'll take time to meet the sheep and learn how the wool goes from sheep to puppets.

Saturday, March 10
9 am-1:30 pm
#1798-A12W \$25

Check out the Junior After School Program for students in grades 1-4 on page 21.

Adult Enrichment

Adult Cooking Classes

NEW! Traditional French Cuisine

Experience exquisite French classics starting with french onion soup topped with toasted croutons and gruyere cheese, browned to perfection, followed by “Coq au Vin”, tender breast of chicken sautéed with fresh pearl onions, mushrooms and bacon in a rich burgundy wine sauce served with a delicious wild rice blend and green beans amandine. We’ll finish with “Crepes Suzette”, thin French Pancakes served in a delightful butter, citrus and brandy sauce. Instructor **Jeff Sandino** is the founder of Flavors from Home, Inc., home cooking instruction and catering services. He most recently served as executive chef of the original Buca Di Beppo and several years as executive sous-chef with Figlio restaurant. Jeff’s 28 years of experience in the industry has brought him to such gourmet restaurants as “Le Café Royal” to more casual dining establishments such as “Sunsets” on Wayzata Bay.

Thursday, January 12 6-9:30 pm
Grandview MS G-18
#1945-A12W \$35

NEW! Tex Mex

We’ll start with “Empanadas”, tasty little pastries filled with beef, tomatoes, potatoes and herbs. We’ll then prepare authentic mexican rice, prepared with onions, garlic, tomatoes and fresh coriander leaves. Fajitas will follow, tender strips of beef and chicken along with fresh sautéed bell pepper and onion wrapped in warm tortilla shells and served with fresh tomato salsa, guacamole and sour cream. We’ll finish this fiesta with a Yucatecan-style delight, fresh coconut blended with rich custard in a wonderful nutty crust, baked to a caramely brown, and served with crème fraiche. Instructor: **Jeff Sandino**

Thursday, February 9 6-9:30 pm
Grandview MS G-18
#1946-A12W \$35

NEW! Pasta, Pasta, Pasta!

Starts with bruschetta topped with vine ripe tomatoes, zesty herb salsa and creamy gorgonzola cheese. We’ll begin our pasta barrage with a classic Italian dish, “spaghetti and meatballs” tossed in a light marinara sauce and topped with freshly grated parmesan cheese. Next you’ll enjoy ziti pasta tossed with olive oil, fresh garlic, broccoli, oven roasted tomatoes and tender breast of chicken followed by vermicelli tossed with succulent gulf shrimp in a delicious roasted red bell pepper pesto cream sauce. We’ll finish with “Panna Cotta”, a delightful combination of cream and gelatin served in a pool of fresh strawberry sauce with crispy almond wafers. Instructor: **Jeff Sandino**

Monday, April 2 6-9:30 pm Grandview MS G-18 #1950-A12W \$35

NEW! The Art of Sushi

Come explore the world of Sushi as you create this Japanese delicacy yourself. We’ll begin by preparing sushi rice. You’ll then learn the art of “maki-sushi” rolling rice and various fillings in nori (dried seaweed sheets). Options will include panko-breaded shrimp, seared tuna, teriyaki chicken, crabmeat, avocado, cucumber and more. For the adventurous there will be raw tuna to prepare “nigiri-sushi” (on hand molded rice). You’ll also learn to prepare the traditional cucumber salad and discover “Edamame”, fresh salted soybeans (They’re addictive). Instructor: **Jeff Sandino**

Tuesday, May 15 6-9:30 pm Grandview MS G-18 #1951-A12W \$35

NEW! Classic Soups

Create some of the best hearty soups – New England Clam Chowder, Wild Rice, Pumpkin, Split Pea with Ham, and Corn Bisque with Rosemary. Then top it off with the very famous French Beef Stew in Red Wine (Boeuf Bourguignon). What could be better for an easy meal during the cold weather – soup, salad, and some great bread! Join us! Instructor **Laurel Severson.**

Monday, January 23 6-9 pm Grandview MS G-18 #1970-A12W \$35



Register for Winter & Spring classes online today!

Adult Enrichment

Adult Cooking Classes



Czech Kolaches

Kolaches are one of the Czechoslovakia's national pastries. Immigrants brought their passion (and recipes) for kolaches to the Midwest as early as the 1860's. Kolaches are marvelous egg-rich, slightly sweet yeast dough. Traditionally filled with fruit mixtures such as apricot, cottage cheese, poppy seed or prune; they can be shaped into small rounds, square "tied packages", or filled turnovers. We will make variations in class and taste samples. Plan to take home an assortment to share with family, friends or to freeze. You will also leave with many recipes, tips and techniques to master these Old World delicacies. Better than the bakery! Instructor **Laurel Severson**.

Saturday, February 11 9 am-1 pm
Grandview MS G-18
#1976-A12W \$35



Chicken & More Chicken

Some classic, some quick, some spectacular for company but ALL healthy and delicious! There will be whole chicken, chicken parts and those versatile skinless-boneless chicken breasts. We'll use skillets and the oven to prepare and enjoy chicken – Cordon Blue, Marsala with Sage, Philippine style Adobo, Strips with Spicy Honey Dipping Sauce, With White Wine and Mushroom Sauce, Crab-Stuffed Breasts, Crispy Parmesan Strips, Italian Lemon, Lemon Kebabs, Pineapple-Raspberry Nibbles, Raspberry Lime and lastly Roasted with Mushrooms and Apples. Three recipes are great as appetizers, and the entrees will quickly become your favorites for family and friends. Instructor **Laurel Severson**.

Thursday, March 8 6-9 pm
Grandview MS G-18
#1977-A12W \$35

**Don't see the class
you're looking for?
Call 491-8045 with your
suggestions for new
classes.**



Festive Spring Salads

Head into spring with a Wild Rice and Breast of Chicken Salad or Wild Rice with Fresh Mushrooms and Cashews. We will also feature a vegetarian main dish salad using multi-colored peppers and the unique grain, Quinoa. What could be more refreshing than fruit - a salad combination of cantaloupe and strawberries with an orange sauce. Equally as pretty is Raspberry-Spinach Salad with Glazed Pecans. Then round out the evening with 3 easy dressings for your favorite combination of assorted garden greens – Feta Cheese, Creamy Blue Cheese and Orange Dressing. You will be ready for family and friends and spring! Instructor **Laurel Severson**.

Wednesday, April 18 6-9 pm Grandview MS G-18 #1980-A12W \$35



Fresh to Freezer – Frozen Meals

You're busy. Whether you work full time, go to college or are a mom! You don't always have time to make nutritious meals that are healthy and affordable. Why not make your own frozen dinners and save extra money on take-out or frozen store-bought entrees? In this class we will give you quick and easy recipes that are delicious and perfect for once a month cooking. We will also share methods on how to freeze food properly and other tips on how to save time and money. We will be making two meals in class. Please bring two containers to class to take your food home in.

Tuesday, January 24 6:30-9 pm Grandview MS G-18 #1981-A12W \$65

Quick & Easy Meals for Moms on the Go

Come to this class and learn about some tried and true recipes for busy moms. As moms we know the importance of a nutritional meal, but we really don't have spare time to devote to the kitchen. In this class you will walk away with simple recipes that can be incorporated into your everyday lives without an enormous time burden. Please bring 2 of your favorite (quick & easy) recipes to class. Learn about meal planning and how to create a meal schedule based on your family's favorite meals. Simplify and get organized! We will have a sample for you to try at class!

Monday, February 27 6:30-8 pm Grandview MS G-18 #1982-A12W \$25

Introduction to Energy Testing

Come and learn whether certain foods, medicines, supplements and products are good for you or not, or if you can metabolize them through energy/muscle testing. Every body is different and responds differently. You will become more in tune with your own body's messages and improve your health. You can also use these basic techniques for testing others. Take control by learning the basics of energy testing and become one step closer to improving and maintaining your own health. Bring any food, medicine, product or supplement you would like to test. Instructor **Susan Stubson**, experience life coach.

Monday, March 19 6:30-8:30 pm Mound Westonka HS #1958-A12W \$25

Infant & Child CPR Training

This American Safety & Health Institute course is for individuals who need to learn Infant & Child CPR. Participants will learn how to recognize a life threatening emergency, provide basic life support, recognize normal heart and lung function, manage airway obstruction (choking), child safety and injury prevention, and signs and symptoms of cardiac arrest and stroke. Instructor: **Shelly Juaira**, is a certified Safety and Health Institute Instructor & Certified Occupational Therapy Assistant.

Thursday, February 9 6-9 pm Mound Westonka HS B-106 #1998-A12W \$55

Adult Enrichment

College Boot Camp: How to Win College Scholarships and How to Get Into Top Colleges

Getting into America's top colleges and paying for it is the toughest challenge facing high school students. Yet, few parents and students know where to start. Few know that you don't have to be an academic superstar or varsity athlete to attend America's top schools and win free college money. This course will teach you what college admissions offices look for in an application and how to select the right college. The class also shows you where to find unadvertised scholarship opportunities, how to complete scholarship forms and gather materials, and what works and what doesn't work in competing for scholarship money. This popular course is taught by **Jason Lum**, who serves as CNBC's contributing consultant regarding college admissions and financial aid. Jason has worked for Harvard University's Admissions Office. A recipient of \$250,000 in scholarship winnings, and a graduate of Harvard and Berkeley, Jason has served as a college admissions and scholarships consultant to families, schools, and public/private organizations since 2000. Jason's work with high school students and families has been profiled by the Minneapolis-St. Paul Star Tribune, CBS news, and CBS radio. The competition for college admissions and scholarship competitions is more intense than ever before. Equip yourself with the knowledge to gain a competitive advantage. All high school students and their parents (not just Seniors) are strongly encouraged to attend!

Thursday, April 26 7-9:30 pm
Mound Westonka HS Little Theater
#1830-A12W \$39 per family

Adult Horsemanship 101

This program gives you the opportunity to learn about the human horse relationship and how horses communicate through body language. Covering ground manners, lunging, care and riding - you will come away with a new appreciation for these wonderful animals. Boots required. Helmets available.

Wednesdays, January 18-February 8
9-11 am
#1673-A12W \$140

Grocery Savings 101: Save Money on Your Grocery Bill Today!

Come be inspired to discover or rejuvenate your passion for saving money on groceries! You will be equipped with information from a Pocket Your Dollars trainer about the four types of grocery shoppers and how each one can save money, how to use store advertisements to identify sale cycles, learn a system for using coupons that does not require a coupon file box, and much more. You will see results when you apply these principles! Instructor **Angie Erickson**, trainer with Pocket Your Dollars and former teacher.

Thursday, March 22 7-8:30 pm
Mound Westonka HS
#2000-A12W \$19

Grocery Savings 102: Advanced Grocery Savings

Do you have basic grocery savings principles in place and are asking yourself, "What's Next?" Do you ever wonder how people can save money or get things for free at stores that have very high shelf prices? If so, come discover the art of saving money by utilizing store loyalty programs which manifest in the form of rebates and store credits. You leave this class with easy, practical ways to take your money-saving journey to the next level! Instructor **Angie Erickson**, trainer with Pocket Your Dollars and former teacher.

Thursday, May 3 7-8:30 pm
Mound Westonka HS
#2001-A12W \$19

Thursday/Friday Adult Horseback Ride

Adult Riders only please.

3 hours to work on skills without having to own a horse. Trainer Christina Carl picks the right horse for your riding level. Advance what you know and help you learn what you are looking for. All levels Welcome. Don't let the weather scare you off, NEW warm indoor facility to ride all year. Private lessons/groups are available by calling - **Christina Carl** - 623-628-7663 or go to: www.GiddyUpStables.com

Thursday, January 19 6-9 pm #1675-A12W \$55
Friday, January 20 9 am-Noon #1675-B12W \$55
Friday, February 3 9 am-Noon #1675-C12W \$55



Beginning Spanish

Newly formatted class! Come and learn the basics of speaking Spanish at this class. We will start to speak and understand Spanish through interactive and conversational sessions and activities to help you learn basic vocabulary, grammar and pronunciation. Learning about the Hispanic culture is also a component of this class. Class fee includes handouts/folder. Instructor: **Lisselin Diaz**

Mondays, January 23-March 5
(no class 2/20) 6:30-8 pm
Mound Westonka HS B-108
#1953-A12W \$75



Continuing Spanish

Continue and put to use what you have learned in Beginning Spanish! You will continue learning vocabulary, grammar and pronunciation while speaking and hearing Spanish. You will also learn to hold small conversations and more about the Hispanic culture. Class fee includes handouts/folder. Instructor: **Lisselin Diaz**

Mondays, March 19-April 23
6:30-8 pm
Mound Westonka HS B-108
#1961-A12W \$75

Instructors wanted!

Do you have a special talent or hobby that you would like to share? We are seeking instructors to teach new classes to adults in our community. For more information, please call Sarah Heyer at 952.491.8045.

Visit page 20 to see more classes at GiddyUp Stables.

Register for Winter & Spring classes online today!

Adult Enrichment

Build Your Own Fishing Rod



Build your own fishing rod from the ground up! Participants will learn how to find the spine on the rod blank, fit the handle, reel seat and fore grip to the rod blank and glue them on. You will then properly space the guides on the rod and hand wrap each with thread. Participants can choose to build a 6'6" (\$80) casting rod, 7'6" (\$105) or 8'6" (\$150) musky rod. Please indicate which type of rod you would like to build on your registration. The additional fee listed next to each rod is for materials and will be paid directly to the instructor at the class. If you are interested in building a custom rod different from the three that are listed, please contact the instructor ahead of time to let him know what you would like to build. Completed fishing rods will be monogrammed with the builder's name. Following the class the rods will be taken to the instructors shop in Anoka for gluing. Participants are welcome to visit the shop and glue their own rods. Finished rods can be picked up in the community education office. For more information please contact the instructor: **Gary Wicks** at 763.427.0631 or visit his website at www.garyscustomrodreel.com.



Saturday, March 24 9 am-3 pm Mound Westonka HS D201
#5999-A12W \$25

Microsoft Word 2007, Part 1

We will work with Word 2007, a powerful word processing program that allows you to do much more than just type documents. Throughout the lessons participants will learn how to create and enhance letters, reports, press releases mail merge and more. Instructor: **Lisa Matson**, Westonka Technology Assistant, who has over 25 years of experience teaching and in the technology field.

Monday & Wednesday, January 23 & 25
6-9 pm
Mound Westonka HS B-102
#1837-A12W \$75 (includes book)

Microsoft Excel 2007, Part 1

In this course, you will work with Excel 2007, a powerful spreadsheet application. The focus of this course is basic skills. You will begin by reviewing the new Office Ribbon interface. Then you will enter and edit data, select cells and ranges, print worksheets, create formulas and functions, and format cell contents. Instructor: **Lisa Matson**, Westonka Technology Assistant, who has over 25 years of experience teaching and in the technology field.

Monday & Wednesday, February 27 & 29
6-9 pm
Mound Westonka HS B-102
#1838-A12W \$75 (includes book)

Group Hypnosis to Lose Weight & Stop Smoking

All behavior change must occur at a subconscious level to maintain a lasting change. Hypnosis is very relaxing. You will be in control at all times and at no time will you be unconscious. Bring a pillow and blanket or sleeping bag to sit or lie on for more comfort. Dress comfortably in layered clothing to adjust to the temperature of the room. Session includes a CD and lifetime membership for free reinforcement. If you have questions or would like more information about Group Hypnosis, please check out www.hypnosisclinic.net Instructor: **Mary Fischer**, New Way Hypnosis Clinic.

Mound Westonka HS B-105/B-106
6 pm Check in and receive materials
6:15-7 pm Introduction (attendance required)
7-7:45 pm Weight Loss Hypnosis
7:45-8:30 pm Stop Smoking, Chewing Hypnosis

Group Hypnosis for Weight

If you have lost weight consciously many times, only to gain it back again, make a subconscious change today! Stop craving sweets, and fatty, greasy foods. Stop unhealthy snacking and overeating. Get motivated to exercise. Increase will power and self-confidence.

Wednesday, January 11
#1907-A12W \$59

Thursday, May 3
#1907-B12W \$59

Both Stop Smoking/Chewing Tobacco and Weight Loss Group Hypnosis
Wednesday, January 11 #1908-A12W \$105

Both Stop Smoking/Chewing Tobacco and Weight Loss Group Hypnosis
Thursday, May 3 #1908-B12W \$105

Group Hypnosis to Stop Smoking/Chewing Tobacco

What will your future be like if you don't stop smoking or chewing tobacco today? If you have the desire to quit, hypnosis can help you stop immediately, without withdrawal, cravings, or weight gain.

Wednesday, January 11
#1909-A12W \$59

Thursday, May 3
#1909-B12W \$59

One-on-one Computer Training

You will have 100% of the instructor's attention to assist you with whatever computer needs you have. Spend 1 1/2 hours with a highly qualified trainer that will focus on your specific needs. Some examples of possible topics are: basic computer skills, email basics, software applications such as Word or Excel, how to organize digital photos, creating a newsletter, and much more. Prior to your tutoring session, the instructor will call you to discuss your individual needs so the instructor is prepared to work with you. Two people may attend together if you are interested in the same training.

\$65 for one person per 1 1/2 hours; \$79 for two people per 1 1/2 hours

To schedule a session, call or email Sarah Heyer at 952-491-8045 or heyers@westonka.k12.mn.us

Adult Enrichment and Fitness



Zumba Dance & Fitness

Back by popular demand! Let's face it, working out can be healthy, rewarding and beneficial. Working out can be lots of things, but it's never been known to be an exhilarating experience...UNTIL NOW! The Zumba program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program. Our goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® Fanatics achieve long-term benefits while experiencing an absolute blast of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got a Zumba® class! Instructor **Diane Crist**.

<i>Wednesdays, January 11-February 15</i>	
7-8 pm	
Shirley Hills	Cafeteria
#1856-A12W	\$49
<i>Wednesdays, February 22-April 4</i>	
(no class 3/14)	7-8 pm
Shirley Hills	Cafeteria
#1856-B12W	\$49
<i>Wednesdays, April 11-May 16</i>	7-8 pm
Shirley Hills	Cafeteria
#1856-C12W	\$49



15-Minute Fitness for Moms-On-The-Go!

Four 15-minute fitness routines will be instructed and demonstrated. Hand-outs and a DVD will be provided. Class is intended for busy moms who need a quick workout between laundry loads, carpools, trips to the park, etc. Emphasis is on full-body, multi-joint, functional movements to improve strength and flexibility. Bring a yoga mat to class. Instructor **Swen Germann** is a licensed physical therapist, personal trainer, author and mother of three.

<i>Monday, January 23</i>	6:30-8 pm	<i>Thursday, April 12</i>	6:30-8 pm
Mound Westonka HS	B-106	Mound Westonka HS	B-106
#1915-A12W	\$19	#1915-B12W	\$19



Stability Ball Exercise Class

The stability ball is one of the most widely used training tools in the fitness industry and something you can easily use at home. This introductory class will provide participants with challenging exercises that can be done at home. Whether you need to bounce back from a pregnancy belly, or just need to strengthen your abdominal muscles, core ball training helps to develop and strengthen those muscles. Bring a core ball to class. Instructor **Swen Germann** is a licensed physical therapist, personal trainer, author and mother of three.

<i>Monday, February 6</i>	6:30-8 pm	<i>Wednesday, March 21</i>	6:30-8 pm
Mound Westonka HS	B-106	Mound Westonka HS	B-106
#1917-A12W	\$19	#1917-B12W	\$19

Bellydance Blast

Women of all ages, come discover your inner diva & the many benefits of bellydancing. Learn a fun bellydance routine that will lift your spirits, fascinate your friends & give you a head to toe workout. (No, you don't have to bare your belly) After the 3 week class, you can continue practicing the dance at home to help improve your muscle tone, flexibility & gracefulness too - a fun mother/daughter activity. Dress comfortably & bring a water bottle.

<i>Wednesdays, January 18 - February 1</i>		<i>Wednesdays, April 18 - May 2</i>	
7:15-8:45 pm		7:15-8:45 pm	
Shirley Hills	Stage	Shirley Hills	Stage
#1965-A12W	\$35	#1965-B12W	\$35

Adult Ballet Basics

Ages 16 and up

Adult Ballet Basics is designed for the beginning ballet student. No prior experience is necessary. Ballet will increase your flexibility, develop coordination, tone muscles, and improve your balance as well as challenge the mind. Instructor: **Cathy Hollingsworth**

<i>Thursdays</i>	6:15-7:15 pm
<i>January 12-May 3</i>	
Shirley Hills	Stage
#1923-B11F	\$115

Am I in?

Yes! We will notify you only if your class selection is full or cancelled. You will receive an email confirmation only if you provided an email address on your registration.

Register for Winter & Spring classes online today!

Adult Recreation and Fitness

The Arobix Dept.™

The Arobix Dept. is a trademark fitness program designed by nationally certified and trained instructor **Carol Laurie**. Carol and her instructors will help motivate your self-confidence and improve your physical health. All classes are held at the Shirley Hills Primary School gym and each class is an hour long. For more information or class cancellations please contact Carol at 952.491.8009.

Strength Training

This program is designed to assist in building bone density, losing weight, and strengthening muscles. Emphasis is placed on good form and body alignment. Participants will strengthen and tone all major muscle groups. Weights are provided.

Total Body Conditioning (TBC)

This class offers the best of both worlds, cardiovascular and strength training for a challenging full body workout. This “power-hour” will burst and boost your energy systems.

Tri-Fit

This class offers a total body workout in just one hour and includes 20 minutes of cardio/aerobic exercise, 20 minutes of strength training with weights, tubes and bands and ends with 20 minutes of Pilates/yoga work for core conditioning and flexibility.

Yoga

This mind-body workout for people of all ages will improve your health and mental acuity. Participants will gain balance, strength, power and grace as well as maximum stress reduction. Yoga is a non-competitive, non-judgmental, mind/body fitness program. Participants should bring a yoga mat.



Yoga Fusion

Whether you are a beginner or someone that wants to enhance your yoga practice, these specialty classes will bring balance, flexibility, strength and focus to your daily life. The yoga classes will rotate weekly to include: Yin Yoga, Yoga Sculpt, Vinyasa Flow and Yoga/Pilates.



Winter/Spring Schedule begins January 9, 2012

	Mon	Tues	Wed	Thurs	Fri	Sat
7:45 am	TBC	Strength	Yoga	Strength	TBC	TBC
9:00 am						Yoga
6:15 pm	Tri-Fit	Yoga	Fusion	TBC		

All classes are held at Shirley Hills Primary School Gym.

For more information or class cancellations contact Carol Laurie at 952.491.8009



Punch Card Fees

Classes are ongoing and you may begin at any time. Punch cards can be purchased at class and are valid for 8 weeks from the date purchased. Please indicate on your registration the number of classes you would like to attend.

#1608-A12W

8 punches \$55 16 punches \$85 24 punches \$115



Adult Volleyball

Are you looking for a fun, casual volleyball game? Then join us for non-league volleyball on Tuesday evenings from 7:30-9:30 pm at Grandview Middle School throughout the school year. If you are interested in attending, please call Larry or Mary at 952.472.4298.

Adult Basic Ed / Additional Resources

Adult Basic Education

- Obtain skills to get a job or expand your job skills
- Become a better reader
- Work on math, spelling, or writing
- Obtain your GED or high school diploma
- Prepare for vocational school or college
- Learn the English language
- Prepare for U.S. citizenship test

**Adult Basic Education
has a new location!**

**Educational Service Center
Conference Room C
5901 Sunnyfield Road E, Minnetrista.
Use lower-level back door.
Refer to map on page 49.**

Enrollment is ongoing. Call 952.491.8029 to schedule an appointment with the teacher.



Adult Basic Education / General Education Diploma (ABE/GED)

Classes and materials are free.
Tuesdays 5-8 pm

English Language Learner (ELL)

Classes and materials are free.
Mondays & Wednesdays 5-8 pm

Adults with Disabilities

Community Education welcomes individuals of all abilities to participate in any of our classes. Please call 952.491.8045 if you would like staff assistance at any Community Education class listed in this catalog.

Circle of Friends - A partnership between Westonka and Orono Public Schools.

- Enables adults with disabilities to participate in Community Education classes & activities
- Offers specific classes and activities for adults with disabilities
- Offers 1-2 activities per month usually on Thurs nights.
- Classes and activities include: dancing, plays, bowling, crafts, concerts, cooking, computer and more!

Fees are usually \$5 or less. Call 952.491.8045 (Westonka) or 952.449.8350 (Orono).

Western Communities Action Network (WeCAN)

WeCAN provides basic human services to individuals and families in our service area, and works to enhance family stability and self sufficiency.

- Meals on Wheels
 - Employment counseling Program
 - Emergency Assistance
 - Family Support Services
 - Information and Referral
- Call 952.472.0742 or visit at www.wecan-help.org.

For Adults Over 21

GED Testing Information

The GED Tests are five exams in the areas of reading, social studies, science, writing, and mathematics. The questions in each of these tests require you to use general knowledge and thinking skills. You must bring identification and Social Security number with you. If you are under 19, you must have an age waiver; see GED teacher. For information call 952.491.8029.

The Gillespie Center

**Westonka Senior Services
2590 Commerce Boulevard
Mound MN 55364
952.472.6501
www.gillespiecenter.org**

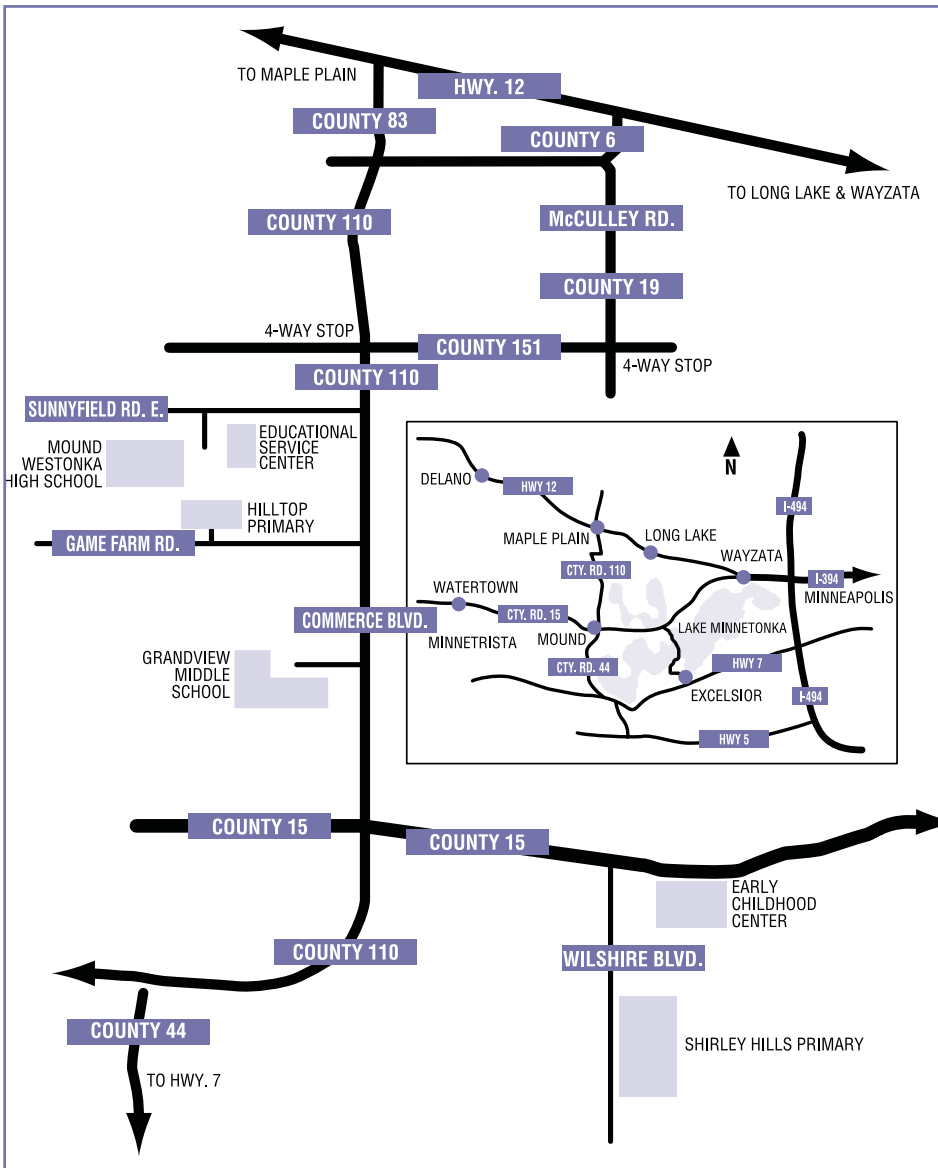
A place where everyone is welcome, especially citizens 55 and over and their families. Our mission is to keep older adults healthy and actively involved in the community.

Senior Outreach

Licensed social workers helping seniors and their families to get needed services: personal care, homemaking, home maintenance, medical care, financial assistance, day activity programs, transportation and resources for caregivers.

Marian Danielson 952.472.0176
m.danielson@seniorcommunity.org

Map, Class Locations



Office and Class Locations

Westonka

Adult Basic Education
Educational Service Center
5901 Sunnyfield Road SE, Minnetrista
Use lower level back door.

Community Education Office
Educational Service Center
5901 Sunnyfield Road East, Minnetrista

Early Childhood Center
5241 Shoreline Drive, Mound

Grandview Middle School
1881 Commerce Blvd., Mound
enter through east doors marked "cafeteria"

Hilltop Primary
5700 Game Farm Rd., Minnetrista
enter through main doors by flagpole

Mound Westonka HS
5905 Sunnyfield Rd. E., Minnetrista
enter through north lower level doors

Shirley Hills Primary
2450 Wilshire Blvd., Mound
enter through north doors facing Maywood Road



Tobacco-Free Together
Inside...Outside...Anywhere, this is a tobacco-free environment

Register online at communityed.westonka.k12.mn.us or call 952.491.8040

Online registration

Online registration features include:

- Online course catalog & class registrations
- Make secure online payments with Visa or MasterCard
- View your family account history with full details of all classes each family member is taking
- Print or email receipts

How to register for classes

- Visit communityed.westonka.k12.mn.us
- Select "Registration"
- Pick the category, then the classes you'd like to take
- Proceed to the shopping cart
- The system will ask you if you are a new or returning user. The first time you use it, please assume you are a new user.
- The process is quite simple and the program will direct you through each stage of the registration process online.

If you have any questions about the registration system, please call Westonka Community Education at 952.491.8040.

Rent facility space with a credit card

Now, it's easier than ever to rent school district facilities for your special event! Call 952.491.8047 and use your credit card to reserve meeting or event space.

Weather-related cancellations

For weather-related cancellations, please visit our website at communityed.westonka.k12.mn.us or call 952.491.8055.

Visit the Community Ed Website at:
[communityed.westonka.k12.mn.us!](http://communityed.westonka.k12.mn.us)

Registration

- Pre-registration is required unless otherwise noted.
- Class sizes are limited; enrollment is accepted on a first-come, first-served basis. Fees must accompany your registration.
- Registration options:
 - 1) Go to communityed.westonka.k12.mn.us
 - 2) Use your MasterCard or Visa and call 952.491.8040
 - 3) Fax your registration to 952.491.8043
 - 4) Register in person at Westonka Community Education and Services.
 - 5) Use the Drop Box attached to the Educational Service Center mailbox in the upper parking lot.

We will notify you if a class is filled, canceled, or changed. Assume your class will be held unless you are notified. *Please note: If your phone screens out unidentified calls, you could miss important calls about your student's safety or class cancellations. Please provide work and cell phone numbers on the registration form.

Tune in to WCCO radio (830 AM) for weather-related class cancellations or call 952.491.8055 after 4 pm.

Adult with disabilities: Please contact Sarah Heyer at 952.491.8045.

Cancellation policy: If you cancel with less than three working days' notice, 50% of the registration fee will be refunded. Some classes and/or programs may have a more specific refund policy. No refunds can be given after the class has begun. There will be a \$5 processing fee for all customer-requested refunds. Westonka Community Education reserves the right to cancel classes with less than minimum enrollment, or for weather-related reasons; in those cases, a 100% refund will be given.

Office Hours
Monday-Friday, 8 am-4:30 pm,
Tel: 952.491.8040
Add our website to your favorite:
communityed.westonka.k12.mn.us

Participant Name _____ M/F
 Address _____
 City _____ Zip _____
 Special Needs/Comments _____
 Age: Child 0-5 yrs Youth 6-18
 Adult 19-54 55+ (10% discount)
 DOB ____/____/____ Grade _____ School _____
 Does student attend Adventure Club? Yes No

Parent Name _____
 Work Ph. () _____ Home Ph. () _____
 Cell Ph. () _____ (see *note above)
 E-mail: _____
 Please add me to the e-mail list for updates on new classes and special offers.

I would like to contribute to the "Sponsor a Student Scholarship Program."
 \$10 \$25 \$50 \$75 _____ Other

Class #	Class Title	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____

Method of Payment
 _____ Cash
 _____ Check (Payable to ISD 277) Check # _____
 MasterCard VISA
 Card #: _____ - _____ - _____ - _____ Exp.: ____/____
 Cardholder's name (please print): _____

Office Use Only: Date _____ Time _____ F W/S S

Mail to: Westonka Community Education & Services, 5901 Sunnyfield Road East, Minnetrista MN 55364; Fax: 952.491.8043



Participant Name _____ M/F
 Address _____
 City _____ Zip _____
 Special Needs/Comments _____
 Age: Child 0-5 yrs Youth 6-18
 Adult 19-54 55+ (10% discount)
 DOB ____/____/____ Grade _____ School _____
 Does student attend Adventure Club? Yes No

Parent Name _____
 Work Ph. () _____ Home Ph. () _____
 Cell Ph. () _____ (see *note above)
 E-mail: _____
 Please add me to the e-mail list for updates on new classes and special offers.

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_____	_____	_____
_____	_____	_____
_____	_____	_____

Method of Payment
 _____ Cash
 _____ Check (Payable to ISD 277) Check # _____
 MasterCard VISA
 Card #: _____ - _____ - _____ - _____ Exp.: ____/____
 Cardholder's name (please print): _____

Office Use Only: Date _____ Time _____ F W/S S

Mail to: Westonka Community Education & Services, 5901 Sunnyfield Road East, Minnetrista MN 55364; Fax: 952.491.8043

Mom & Son SUPERHERO



Ages 3-8 with parent

**Friday, March 30th from
6:15pm to 7:45pm
Shirley Hills GYM**

Super moms and their super hero sons are invited to enjoy a fun night together at the first annual Mom-Son Super Hero Night Out.



Preschool through elementary-aged boys can bring a mom or other relative as their "date" for an evening of music, refreshments, games and more. The cost is \$29 per pair and includes refreshments, prizes and dancing. Casual attire is recommended for moms and boys are encouraged to wear their (non-violent) super hero costumes.

#1765-A12W mom & son \$29
#1765-B12W additional child \$9



NIGHT OUT!

Community Education and Services. . . Learning for Life



Independent School District #277
Westonka Public Schools
5901 Sunnyfield Road East
Minnetrista MN 55364

Non-Profit Org.
US POSTAGE
PAID
Permit No. 51
Mound MN

Westonka Board of Education

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Superintendent of
Schools

Westonka Lifelong Learner

TIME SENSITIVE MATERIAL

The Barnyard Boogie

An ECFE Family Special Event for families with children ages birth to kindergarten

Featuring "The Okee Dokee Brothers" Band,



Winners of the 2010 National
Parent's Choice Award!

Saturday, February 11

10-11:45am

\$5 per family at the door

Concert begins at 10am and Special
Activities run from 10:45 to 11:45!



**Wear your farmer's
clothes and come ready
to boogie with the Okee
Dokee Brothers.**

**Theme-based games,
prizes and crafts for
everyone!**

**Special family photo
area by Content
Photography**

**Visit the "country fresh"
cafe for wholesome
snacks/beverages.**

Held at Shirley Hills Primary School, 2450 Wilshire Blvd., Mound, MN 55364