



ankeney community school district

COMMUNITY EDUCATION CATALOG

Winter/Spring 2014

Check out these classes!

- Infinite Campus
- German for Beginners
- Iowa Circus Academy
- Tabata Bootcamp
- Step Fusion
- Book Study



Evening and weekend classes for all ages!

Registration is now underway!

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Register for a class:

<http://ankenyschools.org/revtrak.net/tek9.asp>



Announcements:

safety town

Registration for safety town will be held at Kindergarten registration! Safety Town is a week-long opportunity for children, entering Kindergarten in the fall. Each session includes interactive instruction for biking, traffic, pedestrian, fire, 911, stranger danger, boating, camping, bus, poison, gun, internet, weather and personal safety. It's a fun and exciting way for children to learn about safety strategies! Cost: \$50.

• **Session 1** June 2 - 6

Times: 9:00 - 11:30 am
1:00 - 3:30 pm
5:30 - 7:30 pm

• **Session 2** June 9 - 13

Times: 9:00 - 11:30 am
1:00 - 3:30 pm

Registration forms will be available in the Ankeny Community Education office after February 7th. Registrations are accepted on a first-come, first-served basis. Contact Cindy Arbogast for information. E-mail ankenysafetytown50023@yahoo.com.

the ankeny clothing exchange (TAKE)

TAKE is volunteer project of Community Education Advisory Council, which provides FREE clothing, to residents in north Polk County. Their annual fundraiser, supports their ability to secure space at Neveln. This year's Waffle Breakfast fundraiser is April 5 from 7:30 to 10:30 am in room 106 at the Neveln Center Inc. located at 406 SW School Street, Ankeny, Iowa.

e-backpack

Parents can view non-school related flyers through e-backpack on the district website. To submit a non-school related flyer please see board policy 1004.25 or contact Community Education at karen.norton@ankenyschools.org



new class ideas

If you have a class that you would like to take or teach and we don't offer it, please contact our office at 289-3960 or e-mail us at karen.norton@ankenyschools.org.



Adult Enrichment Classes

arts & crafts



jewelry making

Make jewelry by reusing old or unused items. Bracelets (Flatware) – create unique creations out of old flatware. This is a way to reuse those beautiful pieces of flatware that I tend to fall in love with, maybe others do too. These bracelets make great gifts or could potentially provide additional income for someone. Beautiful Pendants (Flatware) – create beautiful pendants to hang from necklaces by using the decorative ends of butter knives. Beautiful Pendants (Mini Glass Tiles) – create beautiful pendants from glass tiles by adding pictures, stationary, dried flowers, whatever someone wants to add of themselves and their creativity. Charms and Beads – make your own charms or beads out of nuts, bolts, copper piping and add fun things to them such old book pages, scrapbook paper or even wire materials. Instructor: Spooner

81140-Class Code
Sat 3/29-4/26 1:00 - 3:00 pm
 *No class 4/19
Northeast Room 104 \$50
 (\$40 class fee + \$10 required materials)



make a special may basket with your child

Learn a basic design for a May Day basket of fresh flowers. Supplies needed: Sharp shears. Instructor: Carmen's Flowers

81154-Class Code
Tu 4/8 6:30 - 7:30 pm
Northeast Room 104 \$30
 (\$15 class fee + \$15 required materials)



spring flowers are blooming

Let's enjoy flowers in our homes. Learn the basic of creating a vase of spring flowers. Supplies needed: Sharp shears. Instructor: Carmen's Flowers

81158-Class Code
Tu 3/25 6:30 - 7:30 pm
Northeast Room 104 \$30
 (\$15 class fee + \$15 required materials)

books

intro to the bible

This class explains the central message of the Bible chronologically from the beginning of man to Christ, starting with simple truths. No previous Bible knowledge is necessary. Using an easy, but logical approach, the Bible is allowed to speak for itself, without arm twisting or intimidation. Instructor: Lounsbrough

81160-Class Code
Tu 1/14-3/25 6:30 - 8:30 pm
 *No class 2/25
Northview Room 443 \$25
 (\$10 class fee + \$15 required materials)

cards

american mah jongg

Mah Jongg is a fascinating rummy-like game played with tiles rather than cards. The game originated in China and was played solely by the ruling classes. Local play is available. Fees and materials included in class price. Instructor: Jarrell

81168-Class Code
W 2/5- 3/12 6:30 - 8:30 pm
 *No class 2/19
Neveln Room 106 \$10

computer & technology



infinite campus: navigating the parent portal

Do you wish you had a better sense of how to access your Ankeny student's information in Infinite Campus? Stay on top of your student's progress with this course, which will make you a parent portal expert from login to accessing grades, schedules and attendance information. The course will be useful to parents of students of any age, with special focus on the more in-depth use by parents of sixth through twelfth grade students. Also covered will be password resets, contact information preferences, and how the district's emergency notification system uses your contact information stored in Infinite Campus. **Parents must have an Infinite Campus Parent Portal account set up prior to class. If you do not already have a portal account, please e-mail your request,** complete with your name, children's names, address, phone numbers and e-mail addresses to portal@ankenyschools.org. Instructors: Ankeny Schools Professionals

81196-Class Code
Th 2/27 5:30 - 7:00 pm
Southview Room 1207 FREE

81197-Class Code
Sat 3/1 10:00 - 11:30 am
Southview Room 1207 FREE

dance

ballroom dancing - beginning

Put some nostalgia and excitement into your life. Ideal for couples planning proms and/or weddings. Lessons are taught at a slow pace for the beginner. Over fifty-five years of teaching experience. Dances include Swing, Fox Trot, Waltz and Cha-Cha. No partner needed. Ages fourteen to adult. Instructor: Leonard's Dance Studio - Neal

81201-Class Code
Tu 1/14-2/11 7:00 - 8:30 pm
Parkview Lunchroom (individual) \$50

81202-Class Code
Tu 2/25-4/1 7:00 - 8:30 pm
 *No class 3/18
Parkview Lunchroom (individual) \$50

81203-Class Code
Tu 4/15-5/13 7:00 - 8:30 pm
Parkview Lunchroom (individual) \$50

ballroom dancing - intermediate advanced

For the competent student who wants to learn more complex ballroom dances that were not offered in a beginning class. Dances include: Swing, Fox Trot, Waltz, Cha-Cha, Tango and Rhumba. No partner needed. Ages fourteen to adult. Instructor: Leonard's Dance Studio - Neal

81198-Class Code
M 1/13-2/10 7:00 - 8:30 pm
Parkview Lunchroom (individual) \$50

81199-Class Code
M 2/24-3/31 7:00 - 8:30 pm
 *No class 3/17
Parkview Lunchroom (individual) \$50

81200-Class Code
M 4/14-5/12 7:00 - 8:30 pm
Parkview Lunchroom (individual) \$50

couples dance

Aimee and Jerry have taught dance for more than eighteen years in the metro area. Long-time studies have proven that, not only is dancing good for the body, it is excellent for the brain. Let's dance! In our classes we teach, Fox Trot, Two Step, Swing, Cha Cha, Waltz, Rumba, Hustle and more. Challenge your brain, meet other dancers, come to exercise and have lots of fun while learning.

If you're interested in joining our class or have questions about the class, please contact Aimee at dancedsm@aol.com.

Instructor: Reynolds

81206-Class Code

Th 1/9-2/13 6:15 - 7:45 pm
Northeast Lunchroom (couples) \$100

81208-Class Code

Th 2/27-4/3 6:15 - 7:45 pm
Northeast Lunchroom (couples) \$100

81209-Class Code

Th 4/17-5/22 6:15 - 7:45 pm
Northeast Lunchroom (couples) \$100

do it yourself (diy)

healthy cleaning, healthy home

Did you know the cleaning supplies we use every day in our homes are toxic to us, and the environment, and create unsafe indoor air quality in our homes? Do you want to learn how to easily make your own non-toxic and green cleaning supplies, which are safer, less expensive and work better than what you are using now? Learn why typical cleaners are unsafe, and how using natural products is good for your home, your health, your family and the environment. We will make five different cleaning supplies (laundry detergent, multi-purpose/glass cleaner, dish washing detergent, antiseptic spray and a scrub). You will take home ready-to-use supplies and recipe cards so you can make them at home. Adults preferred. Instructor: Henzi

81237-Class Code

Su 2/9 1:00 - 3:00 pm
Neveln Room 106 \$46

81238-Class Code

Sat 4/12 1:00 - 3:00 pm
Neveln Room 106 \$46

family and parenting



book study - masterminds and wingmen

Study and discussion about helping boys cope with schoolyard power, locker-room tests, girlfriends and the new rules of the boy world. Required book may be purchased at Amazon, BAM in Ames, Barnes and Noble, Wal-Mart online or any place of your choice. Instructors: ACS D Administrator.

81544-Class Code

M 1/13-2/24 5:30 - 7:00 pm
Ankeny Centennial High School
Rooms 1110 FREE

(Required materials - Masterminds and Wingmen book by Rosalind Wiseman).



book study - queen bee's and wanna bee's

Book study and discussion on helping girls survive cliques, gossip, boyfriends and the "new" realities of the girl world. Required book may be purchased at Amazon, BAM in Ames, Barnes and Noble, Wal-Mart online or any place of your choice.

Instructors: ACS D Administrator .

81532-Class Code

M 1/13-2/24 5:30 - 7:00 pm
Ankeny Centennial High School
Rooms 1109 FREE

(Required materials - purchase Queen Bee's and Wanna Bee's book by Rosalind Wiseman).

becoming a love and logic parent

This five-week course will improve parenting skills by providing parents with practical and easy-to-use techniques for child rearing, disciplining, teaching responsibility and more. Learn to avoid the power struggles that can leave parents feeling frustrated and angry. The Love and Logic approach to parenting can be put into practice immediately and is appropriate for children of all ages. The "Becoming a Love and Logic Parent" course uses a unique approach that unlocks the secret of successful parenting. Participants will receive techniques that work the first week of attendance Workbook included. Instructor: Stjernberg

81242-Class Code

Th 3/27-4/24 6:30 - 8:30 pm
Parkview Event Center Room 126 \$38
(\$30 class fee + \$8 required materials-one per couple)

smart discipline

A fun-filled seminar packed with great ideas about discipline and self-esteem. If you are interested in a way to stop the fighting and bickering between your kids — or, a way to get your kids to do what you ask the first time — then this nationally-acclaimed workshop is for you. This is a positive system gets kids self-motivated to follow the rules. Similar class offered per facility. Materials included in pricing. Instructor: Garnett

81240-Class Code

M 1/13 6:30 - 8:30 pm
Prairie Ridge Lunchroom
\$28 single/\$38 couple

81241-Class Code

Tu 1/14 6:30 - 8:30 pm
Prairie Ridge Lunchroom
\$28 single/\$38 couple

finance

foundation of investing

This class provides an overview of investing, including key terms and investments types. Basic features of bonds, stocks, mutual funds and asset allocation will be covered.

Instructor: Trosper

81249-Class Code

M 3/31 6:30 - 7:30 pm
Northview Room 442 \$20

welcome to medicare

This workshop will help individuals understand Medicare coverage including Medicare Parts A and B, Medicare supplement plans, Medicare Advantage plans and Part D. Presented by SHIIP (Senior Health Insurance Information Program), a service of the Iowa State Insurance Division. SHIIP is a free, confidential, volunteer service that does not recommend or endorse any insurance product, company or agent.

Instructor: Thompson

81254-Class Code

Th 1/16 6:30 - 8:00 pm
Neveln Dining Room 106 FREE

fitness/wellness

jogging/walking

Participants may run or walk in self-directed pace and program. This class is open to adults only. YMCA showers available (bring a towel). Enter through YMCA.

81256-Class Code

M-W-F 1/6-3/24 5:00 - 7:00 am
*No class 3/14, 3/17, 3/19 & 3/21
Northview Balconies \$25

mini core

A short class focused on the core of the body. During twenty-minute meetings, this class will work the muscles of the torso as well as those of the limbs; but always concentrating on the powerhouse and central core of the body as the origin of movement. This class will draw on Pilates and other core-focused exercise models, while enabling you to increase functional muscle strength. This may be taken by itself, or as a warm-up to the Wednesday 1:00 pm Yoga for Mind and Body class. Bring an exercise mat, a towel and water. Optional: light hand weights (1 or 2 lbs.). Instructor: Walter-Ashby

81257-Class Code

W 1/15-3/12 12:30 - 12:50 pm
Neveln Room 303 \$9

81258-Class Code
W 4/2-5/14 12:30 - 12:50 pm
Neveln Room 303 \$7

mini core/yoga stretch combo

Join us for a class using two highly effective and complementary exercise regimens — a two-for-one! For the first twenty to thirty minutes of each class, focus will be on the powerhouse/central core of the body including the abdominal muscles. Drawing on Pilates and other core-focused exercise models, this portion of the course enables participants to increase functional muscle strength over time. For the last thirty to forty minutes of each class meeting, stretching muscles using Yoga-based gentle stretches to release tension, gradually increase flexibility, and prepare the body and mind for five to ten minutes of relaxation. Bring an exercise mat, a towel and water. Instructor: Walter-Ashby

81259-Class Code
M 1/13-3/10 10:15 - 11:15 am
***No class 1/20**
Neveln Room 303 \$24

81288-Class Code
M 4/7-5/19 10:15 - 11:15 am
Neveln Room 303 \$21

NEW! **piloxing**

This is an exercise class like no other! Piloxing is a non-stop, interval fusion style of standing PILATES, BOXING and DANCE that will burn calories, build lean muscles and increase your cardio stamina. Sculpt your muscles while increasing your ability to balance while improving overall flexibility. This fun, action-packed class is high cardio while being low impact to knees and joints. Maximize your work-out with optional weighted gloves to further tone arms and maximize your cardiovascular health. This class will leave you feeling sleek, sexy and powerful! Bring a mat or towel. Optional weighted gloves. Instructor: Royal

81307-Class Code
Sat 2/15-3/22 8:15 - 9:15 am
Prairie Trail Gym \$36

81323-Class Code
Sat 4/5-5/10 8:15 - 9:15 am
Prairie Trail Gym \$36

NEW! **step fusion**

Interval step aerobic blocks fused with muscle toning, using weights and resistance bands for about 45 minutes. Approximately 15 minute warm-up/cool-down, ab work and stretch. Emphasis on fun and hard work without tricky moves. Benefits include fat burning, cardiovascular endurance and muscle endurance/toning. Steps provided. Please bring water, hand weights and resistance bands. Optional: Bring towel. Instructor: Ward

81360-Class Code
Sat 1/11-3/29 8:30 - 9:30 am
Neveln Room 303 \$35

NEW! **tabata boot camp**

Tabata training is one of the most popular forms of high-intensity interval training (HIIT). It consists of eight rounds of ultra-high-intensity exercises in a 20 seconds on, 10 seconds off interval. It may only take four minutes to complete a Tabata circuit, but those four minutes may well push your body to its absolute limit. A \$9.99 website fee is also required as part of the program. Website participation is required for participation in this program. Cessation of the website programming is entirely voluntary and can be cancelled immediately after the Boot camp if desired. Ages 12+. Please bring mat. Instructor: Ward

81324-Class Code
M-Th 1/6-2/13 6:15 - 7:00 pm
No class 2/6
East Gym \$199

81328-Class Code
M-Th 2/24-4/3 6:15 - 7:00 pm
No class 3/11 & 3/27
East Gym \$199

81358-Class Code
M-Th 4/14- 5/22 6:15 - 7:00 pm
No class 4/22
East Gym \$199

tai chi for health

Each session includes: warm up and cool down, six basic core movements and six advanced extension movements, with direction changes to add challenge. These are a series of gentle, graceful movements linked together in a continuous sequence with each movement flowing into the next. Tai Chi is referred to as meditation in motion. Tai Chi will help you: reduce stress, increase balance and flexibility, feel relaxed and improve your overall mind, body and spirit. This Tai Chi for Health and Arthritis Program is designed by Dr. Paul Lam and supported by the Arthritis Foundation. Instructor: Johnston

81289-Class Code
M/W 1/6-2/26 10:30 - 11:30 am
Neveln Room 204 \$40

81294-Class Code
Tu/Th 1/7-2/27 9:00 - 10:00 am
Neveln Room 204 \$40

81296-Class Code
Tu/Th 1/7-2/27 6:00 - 7:00 pm
Neveln Room 204 \$40

81290-Class Code
M/W 3/10-4/30 10:30 - 11:30 am
Neveln Room 204 \$40

81298-Class Code
Tu/Th 3/11-5/1 9:00 - 10:00 am
Neveln Room 204 \$40

81300-Class Code
Tu/Th 3/11-5/1 6:00 - 7:00 pm
Neveln Room 204 \$40

yoga - chair yoga

For anyone who cannot, or prefers not to get on the floor to exercise, this class will incorporate similar relaxation, breathing techniques and gentle stretching. Yoga poses covered in other yoga classes will be done with the use of a chair. Instructor: Walter-Ashby

81361-Class Code
M 1/13-3/10 9:00 - 10:00 am
***No class 1/20**
Neveln Room 303 \$24

81362-Class Code
W 1/15-3/12 9:00 - 9:50 am
Neveln Room 303 \$23

81363-Class Code
M 4/7-5/19 9:00 - 10:00 am
Neveln Room 303 \$21

81364-Class Code
W 4/2-5/14 9:00 - 9:50 am
Neveln Room 303 \$18

yoga - for mind and body

Beginners welcome! Light to moderate physical activity for any level of life or physical activity. Practice the basic poses while releasing physical and emotional stress. Yoga can be an experience for personal growth. Suitable for everyone. Bring a water bottle, yoga sticky mat and blanket or towel. Optional: bring blocks, stretch strap or other props. Instructor: Walter-Ashby

81365-Class Code
W 1/15-3/12 1:00 - 2:00 pm
Neveln Room 303 \$27

81366-Class Code
Sun 1/19-3/9 6:30 - 7:30 pm
***No class 2/2**
Prairie Trail Lunchroom \$21

81367-Class Code
Sun 3/30-5/4 6:30 - 7:30 pm
***No class 4/20**
Prairie Trail Lunchroom \$15

81368-Class Code
W 4/2-5/14 1:00 - 2:00 pm
Neveln Room 303 \$21

yoga - gentle yoga

Includes stretching, strengthening and relaxation poses combining ancient Hatha Yoga practices. Poses will be modified for many levels of ability although designed

for mature students. Meditation, breathing techniques and energy centers will also be explored. Bring a thin yoga sticky mat and a water bottle. Instructor: Vance

81427-Class Code
Tu 1/7-3/11 10:00 - 11:00 am
Neveln Room 303 \$30

81503-Class Code
F 1/10-3/14 9:00 - 10:00 am
Neveln Room 303 \$30

81433-Class Code
Tu 3/18-5/20 10:00 - 11:00 am
Neveln Room 303 \$30

81504-Class Code
F 3/21-5/23 9:00 - 10:00 am
Neveln Room 303 \$30

zumba

Zumba® Fitness is the Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a “fitness party” that is downright addictive. Since its inception in 2001, the Zumba® program has grown to become the world’s largest and most successful dance-fitness program with more than 10 million people of all shapes, sizes and ages taking weekly Zumba® classes in over 90,000 locations across more than 110 countries. Come experience the zesty Latin music, like salsa, merengue, cumbia and reggaeton, and the invigorating party-like atmosphere! Instructor: Ross.

81506-Class Code
W 1/8-2/12 6:15 - 7:00 pm
Prairie Trail Gym \$25

81508-Class Code
W 2/26-4/9 6:15 - 7:00 pm
***No Class 3/19**
Prairie Trail Gym \$25

81510-Class Code
W 4/16-5/21 6:15 - 7:00 pm
Prairie Trail Gym \$25

zumba gold

We'll do some gentle warming (toe touches, leg and arm movements) to ease the heart rate up gradually and warm up muscles and joints. Then we'll dance! We'll use small movements at a rate/pace that is comfortable, modifying as needed along the way. We'll move to approximately four or five songs, then cool down and stretch gently. Instructor: Walter-Ashby.

81511-Class Code
Sun 1/19-3/9 5:30 - 6:15 pm
***No class 2/2**
Prairie Trail Lunchroom \$21

81512-Class Code
Sun 3/30-5/4 5:30 - 6:15 pm
***No class 4/20**
Prairie Trail Lunchroom \$15

language

everyday english

This course is for individuals who have different levels of proficiency in the English language. Emphasis on speaking, listening, writing and survival skills that individuals use daily while living in the United States. Must have basic knowledge of English. Instructor: Klein

81513-Class Code
Tu 1/14-3/4 6:00 - 8:00 pm
Neveln Room 214 \$20

81514-Class Code
Tu 3/25-5/13 6:00 - 8:00 pm
Neveln Room 214 \$20



german for beginners

Sprechen Sie Deutsch? This class is intended for those who desire to learn the basics of the German language. As fast or slow as the group would like to go, we will learn some basic conversational German, vocabulary, verb conjugation, and a little about the German culture on the way. Who knows, you might even make a new friend! Instructor belongs to the Des Moines German Club - Stammtisch. Supplies: German dictionary. Instructor: Finn

81516-Class Code
M 1/6-3/3 6:30 - 8:30 pm
No class 2/17
Northwest Room 117 \$55

music

instant guitar

Have you ever wanted to learn to play the guitar but time and money for private lessons have kept you away? This one-time class will teach all the basics of playing the guitar so you can play your favorite songs right away. No past experience with music or the guitar is required. Designed for beginners, the emphasis is on having the correct tools and instruction to have fun learning chords and strumming patterns, not technical perfection. This interactive class uses an easy instruction manual and plenty of hands-on experience to help you feel comfortable knowing you have the proper tools and instruction to enjoy your guitar for years to come. Ages 12 and up. Bring your acoustic guitar. Instructor: Buntentbach

81565-Class Code
Tu 1/7 6:30 - 9:00 pm
Prairie Ridge Room 350 \$45
(\$25 class fee + \$20 required materials)

81566-Class Code
Tu 2/11 6:30 - 9:00 pm
Prairie Ridge Room 350 \$45
(\$25 class fee + \$20 required materials)

81567-Class Code
Tu 3/11 6:30 - 9:00 pm
Prairie Ridge Room 350 \$45
(\$25 class fee + \$20 required materials)

percussion lessons

These lessons will be geared toward all students, beginner to advanced, elementary age through adults, who either want to learn how to play percussion instruments or want to continue developing their skills as percussionist and musicians. Instruction is available for: snare drum, drum set, keyboard percussion (xylophone/marimba), timpani, or ethnic/auxiliary instruments. Students will need to supply sticks/mallets and music. Taught by Jacob Thieben, Ankeny Schools music instructor. **First call the instructor at (585-330-5699, then register on-line, to set up your private lesson dates and times. Ages 10+.** Instructor: Thieben

81585-Class Code
No class 1/20, 2/25, 2/27, 3/14, 3/17, 3/18, 3/19, 3/20, 3/21, 4/19, 4/24, 4/28, & 4/29
Prairie Ridge Room 330 (per lesson)\$25

Family Enrichment Classes

martial arts

tae kwon do

Learn traditional Tae Kwon Do. Get your black belt. Benefits include: self confidence, stress relief and personal protection. Ages six and older. Family fun. This class will be held on Monday and Thursday unless communicated by Instructor. Instructor: Hass

81592-Class Code
M/Th 1/6-3/6 6:15 - 7:15 pm
***No class 2/6, 2/17 & 2/20**
Crocker Lunchroom \$55

81595-Class Code
M/Th 3/10-5/8 6:15 - 7:15 pm
No class 3/17 & 3/20
Crocker Lunchroom \$55

Youth Enrichment Classes

art



Iowa circus academy

Want to learn amazing new skills that will impress your friends and family? Come and learn circus arts from a real circus performer. In this class, you'll try out fun activities like juggling, hooping, balancing, aerial and floor acrobatics, and even roll around in a human-sized hamster ball! Sign up today for an experience you won't find anywhere else! Grades 1-8.

Website: iowacircusacademy.com.

Instructor: Castelline

81601-Class Code
Th 4/3-5/8 3:30 - 5:30 pm
Northwest Gym \$45
(Grades 1-5)

81603-Class Code
Th 4/3-5/8 4:00 - 6:00 pm
Northwest Gym \$45
(Grades 6-8)

engineering and architecture

bricks 4 kidz

BRICKS 4 Kidz® offers project-based programs designed to teach principles and methods of engineering and architecture, as well as concepts across a variety of subject areas, including math, science and history using LEGO® bricks. Activities are designed to trigger children's lively imaginations and build self-confidence. We strive to foster creativity and problem solving, and enable children to learn not only by listening and observing, but also by using fine motor skills and spatial intelligence. Participants build a new project each week. Architectural concepts are taught while assembling the projects. Once the project is completed, children use the rest of their time to expand their gadgets and collaborate. Sibling discount of 20%. Instructor: Wyman

Construction Craze - Put on your hard hat and head on over to our construction site! Make Lego® motorized models of construction tools from a hand-held power drill, to an all-terrain bull-dozer, to a dump truck. Would you be surprised to find out that one of the common construction tools has a history dating from the Stone Age to the space age? Join us for lots of high-impact learning and fun! Grades K-5.

81674-Class Code
F 1/10-1/31 4:30 - 5:30 pm
Neveln Dining Room 106 \$40

Life Science - Explore the fascinating science of living things, and build engaging LEGO® models of creatures from caterpillars to dinosaurs. Students will explore topics like the amazing life of a butterfly, and investigate the interesting plant called the Venus Fly Trap. Grades K-5.

81679-Class Code
F 3/7-4/4 4:30 - 5:30 pm
No class 3/21
Neveln Dining Room 106 \$40

Factory Fun - Have you ever wondered how things are made? Or wanted to operate the big machines in a factory? Join us and build LEGO® kid-sized versions of these clever creations, such as a scissor lift, conveyor belt and more. You will be learning about engineering challenges involved in machine design to inspire your LEGO® creations and machines you build at home. Grades K-5.

81685-Class Code
F 4/25-5/16 4:30 - 5:30 pm
Neveln Dining Room 106 \$40

bricks 4 kidz night

Join us for an evening of endless LEGO® activities! Three hours of LEGO® activities including loads of free play LEGO'S® for creative projects and challenges, our signature motorized "technic" model building, LEGO® board games, LEGO® Wii and DS games. Bring them hungry; pizza and a beverage will be served. With a variety of activities, our event is great for LEGO® fans ages 6 to 12, so leave them with us and enjoy a night out for dinner and movie or shopping! You'll feel great knowing your kids are in a safe, enriching environment and the kids will be happy to have an evening of FUN dedicated to them! Grades K-5.

Sibling discount of 20%.

Instructor: Wyman

81687-Class Code
F 2/14 5:30 - 8:30 pm
Neveln Dining Room 106 \$25

fitness/wellness

zumba kids

Zumba Kids is a dance-fitness workout designed exclusively for kids that gets everyone moving and having fun! The class is NOT a mini adult Zumba class but designed by Zumba Fitness especially for kids! Kids will enjoy learning basic routines, playing games and free-style dancing all designed to let kids max out on fun. It's an exciting exercise class for boys and girls! Parents love Zumba Kids because of the effect it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination. No prior dance or fitness experience is needed! Ages 4-8. Instructor: Royal.

81690-Class
Sat 2/15-3/22 9:30 - 10:30 am
Prairie Trail Lunchroom \$48

81693-Class Code
Sat 4/5-5/10 9:30 - 10:30 am
Prairie Trail Lunchroom \$48

music

first steps in music

First Steps in Music for infants and toddlers is a musical class for students' birth to 3-year-olds. Students and their parents will engage each other through a variety of music and movement. Students will tap, clap, wiggle, bounce and tickle to music and rhymes. Parents and students will sing lullabies and simple songs to each other. Students will develop accurate rhythmic skills, accurate singing skills and sensitivity to the expressive qualities in music. Your student deserves a research-based curriculum that will nurture a lifelong love of music. Instructor: Hobin

81701-Class Code
Birth to 1 yrs. old
M 1/6-3/3 5:30 - 6:00 pm
***No class 2/17**
Northwest Room 113 \$50

(Required materials:
Ride Away on Your Horses: CD 438
<http://www.giamusic.com>)

81703-Class Code
2 to 3 yrs. old
M 1/6-3/3 6:00 - 6:30 pm
***No class 2/17**
Northwest Room 113 \$50

(Required materials
Frog in the Meadow: CD 439
<http://www.giamusic.com>)

science

mad science - awesome chemistry

Age-appropriately modified for kindergarten, first and second grades. Chemistry is one of three science fields awarded a Nobel Prize each year. It is considered to be very important to the whole of science! Excellent future employment opportunities for those with a strong chemistry background are beyond enumeration here! Chemistry experiments are greatly enjoyed and held in awe by children of all ages! Invest in your child's future. Specific topics Mad Science will cover are: Lab work, Acids and Bases pH scale, Quick Reactions and Super Stick Stuff. Instructor: Birkel

81728-Class Code
Th 1/30 & 2/6 4:00 - 6:00 pm
Neveln Room 106 \$49

81731-Class Code
Th 3/6 & 3/13 4:00 - 6:00 pm
Neveln Room 106 \$49

81734-Class Code
Th 4/17 & 5/1 4:00 - 6:00 pm
Neveln Room 106 \$49

mad science - nasa space

Age-appropriately modified for third, fourth and fifth grades. This programming was co-designed and co-developed with NASA and allows your child to learn at their age level. NASA employs over 50,000 people between staff and contractors, including astronauts, chemists, doctors, engineers, lawyers, physicists, other scientists, secretaries, teachers and more! Invest in your child's future. Specific topics Mad Science will cover are: Sun and Stars, Rocket Building, Space Travel and Living in Space. Instructor: Birkel

81714-Class Code
Th 1/30 & 2/6 4:00 - 6:00 pm
Neveln Room 106 \$49

81717-Class Code
Th 3/6 & 3/13 4:00 - 6:00 pm
Neveln Room 106 \$49

81720-Class Code
Th 4/17 & 5/1 4:00 - 6:00 pm
Neveln Room 106 \$49

30-day web-based classes

Courses are online for 30 days. Participants can work at their own pace – whatever fits their schedule. Requirements include an internet ready computer, an e-mail account and an attitude for fun! Each student has access to the professor on a one-to-one basis via e-mail during the course. Tuition payment required at time of registration. Once a participant registers for a class, the web-based instructor will be in contact via e-mail. Instructor: Barbara George

digital camera - basics

Explore different ways to use your digital camera utilizing one-to-one interaction with the instructor. Take pictures, transfer them to your computer, learn basic editing, uploading to the web and more. Get that camera out and lets have some fun!

81746-Class Code \$35
1/13-2/12

photo editing - basics

Learn to do interesting things with your

Where big ideas become the next big thing.

ONLY AT CAMP INVENTION.
 Camp Invention inspires confidence in curious children like yours. Not just for a day or a week, but for a lifetime.



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 Brought to by Ankeny Community Education.

.....
 Crocker Elementary School
 June 9 - 13, 2014



National Inventors Hall of Fame

In partnership with



United States Patent and Trademark Office,
 an Agency of the Department of Commerce

digital/scanned pictures in this online course. Create high-quality photographs and digital images for a variety of applications. Practice basic editing techniques, play with advanced editing skills, and prepare images to be web-ready. One-on-one interaction with the instructor is available.

81748-Class Code \$35
2/13-3/15

solar system savvy

Have you ever wished you knew more about the solar system, galaxies, and black holes but didn't want to take a test about them? This is the fun online experience for you. Venture into the solar system and galaxy in which we reside from your own home.

81753-Class Code \$35
2/7-3/9

stamp collecting - the basics

Did you know that stamp collecting is one of the world's most popular hobbies, with millions of collectors in the United States? Learn the basics of this hobby. You may want to work on a Scout merit badge, start a new hobby or revitalize an old one. Completion certificates available upon request.

81786-Class Code \$35
3/12-4/11



Online Learning

Ankeny Community Education

is now offering online classes! Through our partner, UGotClass, we are able to offer a wide variety of online classes ranging from *Advanced Teaching Online to Keys to Customer Service*. If you have ever wanted to try an online class or prefer to learn and work on your own schedule, then these online classes are for you!

The online certificates and courses are provided by quality colleges and associations with expert instructors. Classes start at different times throughout the year, so please visit our website for dates and registration information.

about online learning

Online learning is a fun and productive way to learn. You will engage with the instructor and other participants, and you may even make friends!

how courses work

After you register, you will receive a web address to enter the online classroom. You will use your email address and password to gain access.

participate when you want

You can participate any time, day or night. The online classroom is open 24 hours a day, 7 days a week.

There are no live real-time requirements or meetings. You decide when you participate.

what you will do

1. In the online classroom you will listen to audio lectures, view slides, and take an optional quiz to test yourself.
2. Discussion and Questions: You will post written comments in the online discussion with your fellow participants and instructor. Your instructor logs on once a day to answer questions and join in on any of the discussions taking place.
3. Readings: Many courses have online readings of up to 20 pages a week.
4. Participate anytime, day or night.

The ideal is to go online two to three times a week, but you decide.

online learning

Below is a list of online courses available to take. To view a full list of courses, descriptions, dates and costs, please visit our website at www.yougotclass.org/catalog.cfm/Ankeny

All of the classes listed are instructor-led online classes. You must have internet access and audio (speakers) to participate.

certificate programs

To obtain a certificate in a specific area you may be required to take more than one course. Through this program, you have the option of signing up for one course individually, or all three classes at a discounted rate to earn your certificate. Please see the website for further details.

eMarketing essentials certificate

- Improving Email Promotions
- Boosting Your Web Site Traffic
- Online Advertising

managing social media platforms certificate

- Twitter
- Facebook for Business
- LinkedIn

mobile marketing certificate

- Creating Cell Phone Apps for your Business
- Mobile Marketing
- Advanced Mobile Marketing



social media for business certificate

- Introduction to Social Media
- Integrating Social Media in Your Organization
- Marketing Using Social Media

online course

- Designing Successful Webinars
- Generational Learning Styles for K12 Teachers
- Photoshop for Presentations
- Self Publishing eBooks
- Spanish for Medical Professionals

To view a full list of courses, descriptions, dates and costs, please visit our website at www.yougotclass.org/catalog.cfm/Ankeny

To register, visit our website at www.yougotclass.org/catalog.cfm/Ankeny or call 1-800-678-5376



ANKENY
COMMUNITY SCHOOL DISTRICT

four ways to register:

online

You can access up-to-date program information 24 hours a day, 7 days a week. There are only a few steps to follow for easy, online registration. When you provide your e-mail, you will receive a registration confirmation.

- Step 1: Go to www.ankenyschools.org
- Step 2: Select *Community Education*
- Step 3: Click on the typing icon
- Step 4: Select *Course Category*
- Step 5: Select *Number*
- Step 6: Select *Register for this Class*
- Step 7: Sign In
- Step 8: Follow registration process to check out.



in person

Ankeny Community Education Office is at 306 SW School Street. Registration hours are Monday through Friday, 7:30 am to 4:30 pm. Checks payable to Ankeny Community Schools. Credit card payment online only.

by phone

Phone-in registrations are accepted at 289-3960. Please mail a check or drop check/cash by the Community Education Office once registered by phone. Credit card payment online only.

by mail

Ankeny Community School District
 c/o Community Education
 306 SW School Street
 Ankeny, Iowa 50023

register early

- Registration is required for all classes and is taken on a first come basis.
- Some classes fill quickly, so please register early to ensure a spot.
- If registering close to the start of class, call or check the website to confirm that space is still available.

confirmations

Once you have submitted your registration form, you are registered for the class unless notified otherwise. To help keep our classes reasonably priced, we do not send out confirmation notices by mail. If you register online, you do receive an email confirmation.

refunds

Request for refunds must be made before the second class session is held. There is a \$5 administration fee per class on all refunds.

weather cancellations

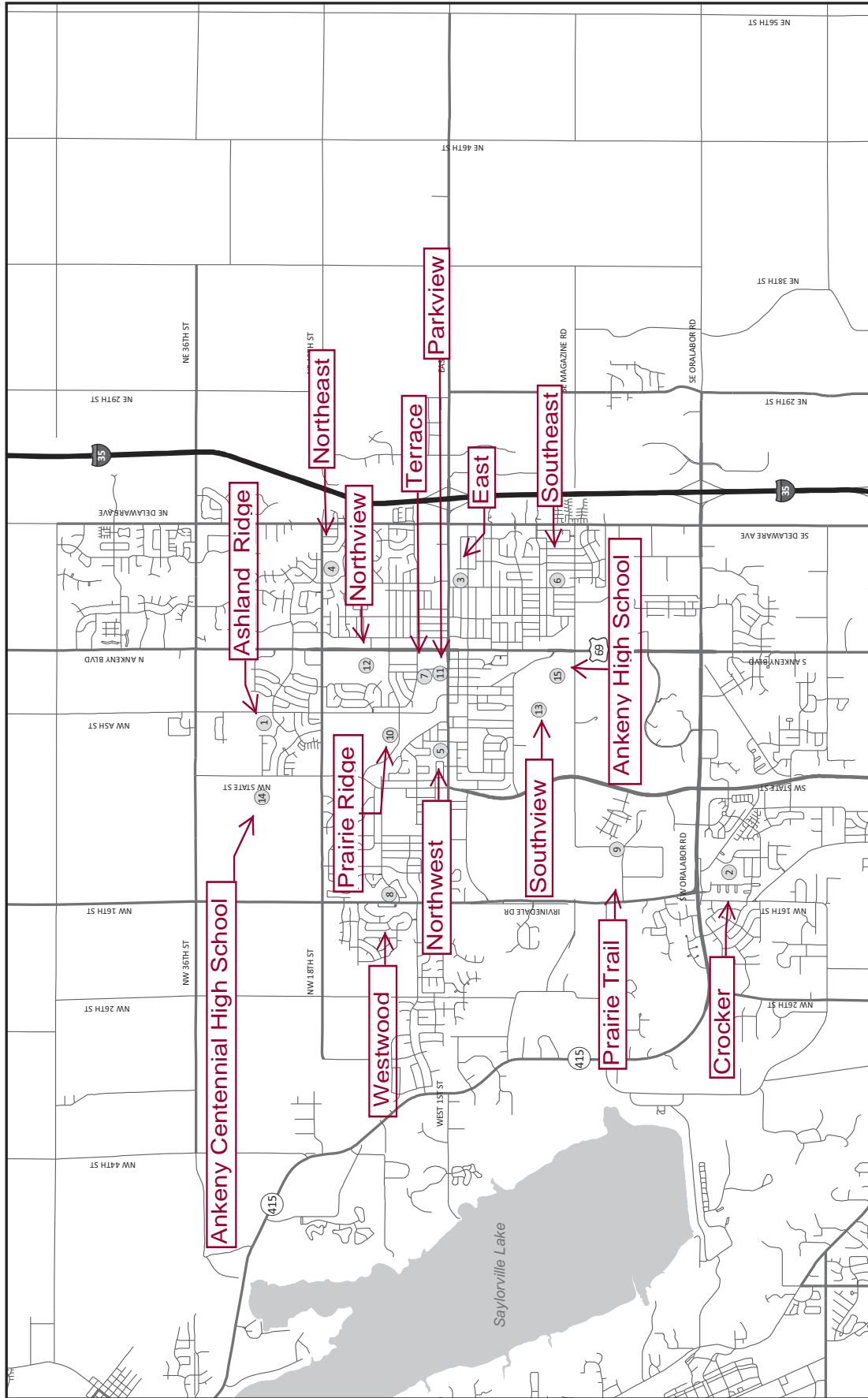
Classes will automatically be cancelled on days when Ankeny Schools are closed due to weather. School cancellations are posted at www.ankenyschools.org. Classes cancelled because of weather will be made up whenever possible.

Registration Form

*required information

*Student Name		
*Address	*City, State	* Zip
*Day Phone	*Cell Phone	*Evening Phone
*E-mail	Birthdate	
How did you hear about us? <input type="checkbox"/> Catalog <input type="checkbox"/> Website <input type="checkbox"/> Friend <input type="checkbox"/> Instructor <input type="checkbox"/> Other _____		
1. Class Name _____	Code _____	Class Begins ___/___/___ Fee \$ _____
2. Class Name _____	Code _____	Class Begins ___/___/___ Fee \$ _____
3. Class Name _____	Code _____	Class Begins ___/___/___ Fee \$ _____
Total of fees \$ _____	*Please make checks payable to Ankeny Community School District.*	
Method of Payment		
Check No. _____		

Ankeny School Locations



1- Ashland Ridge Elementary 2600 NW Ash St	4-Northeast Elementary 1705 NE Trilein	7-Terrace Elementary 310 NW School St	10-Prairie Ridge Middle School 1010 Prairie Ridge Drive	13-Southview Middle School 1020 SW Cherry Street	Neveln Center, Inc. 406 SW School St
2- Crocker Elementary 2910 SW Appplewood St	5-Northwest Elementary 1202 NW First St	8-Westwood Elementary 2920 NW Ninth St	11-Parkview Middle School 105 NW Pleasant St	14-Ankeny Centennial High School 2220 NW State St	
3- East Elementary 710 SE Third St	6-Southeast Elementary 1005 SE Trilein	9- Prairie Trail Elementary 1850 SW College Ave	12-Northview Middle School 1302 N Ankeny Blvd	15-Ankeny High School 1155 SW Cherry St	



ANKENY
COMMUNITY SCHOOL DISTRICT

Community Education Office 306 SW School Street Ankeny, IA 50023
Office Hours: 7:30 am to 4:30 pm Monday thru Friday
P: 515.289.3960 F: 515.965.4235 W: ankenyschools.org

Ankeny Community School District does not discriminate based on race, color, creed, religion, national origin, sex, gender identity, age, disability, marital status, sexual orientation, physical attributes, physical or mental ability or disability, ancestry, political party preference, military affiliation, socioeconomic status, or familial status. Inquiries and grievances may be directed to Dr. Matt Adams, Assistant Superintendent of Organizational Development and Learning, 306 S.W. School Street, P.O. Box 189, Ankeny, Iowa 50021-0189, (515) 965-9600, or the U.S. Equal Employment Opportunities Commission, 500 West Madison Street, Suite 2000, Chicago, IL 60661.