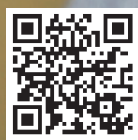


Fall 2012  
September-December

Your U

A Community Guide to  
Everything UW-Parkside



## About Us

The CCP at the University of Wisconsin-Parkside exists to provide community-based, extended learning opportunities in Southeastern Wisconsin and beyond. We do this by engaging our constituents in reciprocal partnerships which allow for connection of university resources to the needs and priorities of the communities we serve. We are YOUR University!

The CCP is sustained by program revenues and support from UW-Parkside, UW-Extension, grants, local stakeholders.

For more information please contact 262-595-3340 or visit us at [www.uwp.edu](http://www.uwp.edu)  
Keyword: ccp.

### Welcome to “Your U” for Fall 2012!

As the new Executive Director of the University of Wisconsin – Parkside Center for Community Partnerships, I’m often asked, “What does CCP do”? I have spent much of these past several months learning the answer to that question and was excited to see the breadth of continuing education and cultural enrichment opportunities provided to the general public by the university.

One critical role the Center for Community Partnerships plays is providing the general public with continuing education opportunities. In doing so, we extend the resources of the university to the communities we serve. These varied opportunities for YOUR continued learning and cultural enrichment are described within the “Your U” catalog. The range of possibilities offers something for everyone:

- Continuing Professional Education conferences, courses, and workshops help build career-related skills for those who wish to become employed, change careers, or advance in their current employment status. We offer both noncredit and credit opportunities for adult learners.
- Personal Enrichment/Mini Courses are designed for those who want to pursue new hobbies or meet new friends who share like interests. Whether it’s learning how to play the guitar or brushing up on your computer skills, we have something for everyone! Be sure to check out the Adventures of Lifelong Learning group too on page 19.
- Campus Events are offered by many departments throughout UW-Parkside. Whether you’re interested in visiting our art galleries, taking in a foreign film or attending a concert or theater production, you’re sure to find something that piques your cultural interest!

I invite you to explore the new fall catalog. You’ll notice several new offerings such as the Mentoring Certificate and the Health Information Management and Technology adult degree completion program. If learning from your home is more convenient for you, check out the hundreds of noncredit online courses featured throughout the catalog or at [www.uwp.edu](http://www.uwp.edu)  
Keyword: continuing education.

The ability to intentionally learn,



Jane L. Schaefer, Ph.D  
Executive Director  
UW-Parkside Center for Community Partnerships



## NEW!

### Look for **NEW** programs throughout this catalog!



**Learn the Secrets of Networking**  
See page 3



**Bachelor of Science in Health  
Information Management and  
Technology**  
See page 6

# Your U

**'LIKE' US ON  
FACEBOOK...**



for a chance to win a free class  
and to get course updates first!



“*A great chance to get out of  
the house and learn something.*”

- Dave Fabian  
*Mini Course Participant*

**Enrolling is quick AND easy!**

- See page 23

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# CONFERENCES, COURSES, WORKSHOPS

## Small Biz Kenosha

*Orientation: Thursday, August 16, 6:00-8:00p.m., Course: 11 Thursdays, begins August 23, 6:00-9:00p.m.*

OR

*Orientation: Tuesday, October 30, 6:00-8:00p.m., Course: 7 Mondays & Thursdays, begins November 1, 6:00-9:00p.m.*

Design a blueprint for your business! Write your own business plan so you will know what it takes to be a successful entrepreneur. Topics covered include: keys to your business success, product and price, assessing your business ideas, placement/promotion, market plan, selling success, government regulations, managing money, market analysis, and much more.

Fee: \$275 (includes course book)  
Location: WWBIC, 600 52nd Street, Suite 130, Kenosha

## Small Biz Racine

*Orientation: Monday, September 10, 6:00-8:00p.m., Course: 14 Mondays, begins September 17, 6:00-9:00p.m.*

Design a blueprint for your business! Write your own business plan so you will know what it takes to be a successful entrepreneur. Topics covered include: keys to your business success, product and price, assessing your business ideas, placement/promotion, market plan, selling success, government regulations, managing money, market analysis, and much more.

Fee: \$275 (includes course book)  
Location: RAMAC, 300 5th Street, Racine

## First Steps in Starting Your Own Small Business

*Tuesday, September 11, 6:00-8:00p.m.*

Join the First Steps in Starting Your Own Business presented by UW-Parkside's Small Business Development Center (SBDC). First Steps class provides information on issues and topics you need to consider before you start your business.

Fee: \$0  
Location: Workforce Development Center, 1717 Taylor Avenue, Racine – Public meeting room



## Advanced Ethics & Boundaries for Social Workers

*Friday, September 21, 8:00a.m.-12:00p.m.*

Ethics and boundaries can be complicated and confusing for human service professionals. Ethical decision-making processes will be addressed in a variety of contexts using case examples and best practice models to identify and address complicated scenarios within human service organizations. The process of using an ethical decision-making model will be shared as these ethical dilemmas are processed. The NASW Ethics Audit will be utilized to demonstrate the recommended process for evaluating ethical and boundary risk factors within organizational programs that cover both client services and personnel management. This program is designed to be interactive as participants share challenging ethical issues encountered while providing social services. This workshop is appropriate for human service workers, supervisors, and administrators who are new to the field or human service work or who are seasoned professionals.

Instructor: Jeanne Wagner  
Fee: \$65  
Location: Student Center Oak Room  
CEU: 0.4 (4 hours)



**NEW!**

## Understanding the Jobs Act

*2 Tuesdays, September 25 and October 9, 6:00-8:00p.m.*

This course will explain the nuts and bolts of the recently passed Jobs Act federal legislation. It will educate small business owners on the "small issue" aspects and how it can help raise capital for your business. Instructors will outline the financial and legal requirements of the law.

Instructors: Gus Harris and Norm Underwood, Jr.  
Fee: \$60  
Location: Student Center Hickory Room

## Managing Nonprofit Employees and Volunteers

*Friday, September 28, 9:00a.m.-2:00p.m.*

Explore the world of nonprofit human resources from volunteers to paid staff. Learn how to manage the process of developing and implementing recruitment plans, job descriptions, performance reviews, employee and volunteer handbooks. Balance this knowledge with an understanding of the legal concepts that apply to human resources.

Instructor: Guida Brown  
Fee: \$150  
Location: Tallent Hall 281

## Help & Hope for the Future: Serving Those with Substance Use Disorders

*Friday, October 12, 8:00a.m.-4:30p.m.*

This conference is intended to assist professionals and para-professionals who work with families and individuals where substance abuse is a concern. This low-cost conference brings experts in the field of alcohol and other drug addiction to provide fresh perspectives on how to serve children and families who suffer the effects of substance abuse. For more information on breakouts and the agenda, visit [www.uwp.edu](http://www.uwp.edu) Keyword: Continuing Education. Click on the "conferences" icon.

Keynote: Michael McGowan  
Fee: \$70 early-bird; \$85 after September 28  
Location: Student Center Ballroom  
CEU: 0.7 (7 Hours)

**NEW!**

## Learn the Secrets of Networking

2 Tuesdays, October 23 and 30,  
6:00-8:00p.m.

Networking is very important for you, your career or business when looking for a new position or building a social network. It is a skill that lasts a lifetime. This course will provide you an overall framework and process, which will give you the confidence to go out and network in any setting or environment. You will learn the specific steps, questioning techniques and approaches which have proven to be effective.

Instructor: David Hildreth  
Fee: \$60  
Location: Student Center Hickory Room

## Marketing and Communication for Nonprofits

Friday, October 26, 9:00a.m.-2:00p.m.

Develop marketing materials that reach the intended audiences, carry your message, and support your mission by delving into the principles, practices, and tools of nonprofit marketing. You will learn how to craft talking points, create a public relations campaign, and manage a crisis.

Instructor: Pat Boelter  
Fee: \$150  
Location: Tallent Hall 281

## Nonprofit Leadership Conference

Tuesday, November 13, 3:00-8:30p.m.

Whether you are new to serving or a seasoned board or staff member of nonprofit organizations, the 2012 Nonprofit Leadership Conference will provide you with tips, tools, strategies, and resources to make your organization more effective. Join together and network with others involved in the regional nonprofit sector.

Keynote: Kate Barr  
Fee: \$49 early-bird; \$59 after October 26  
Location: Student Center Ballroom



## Evaluation and Outcome Measurement for Nonprofits

Friday, November 16, 9:00a.m.-2:00p.m.

Secure the future of your nonprofit organization by learning how to measure its success. Find out how to develop a plan and the tools for evaluating the effectiveness of your organization and its programs. Learn what you can do yourself and when to work with an outside evaluator.

Instructor: Jennifer Madore  
Fee: \$150  
Location: Tallent Hall 281



## Online

Online courses in partnership with American Home Inspectors Training Institute (AHIT). All courses are online. Start dates flexible to your schedule. Call 877-838-0959 for more information or to register. View more information at [www.uwp.edu](http://www.uwp.edu) Keyword: Continuing Education. Click on the 'non-credit online' icon to view all the American Home Inspection courses.

### Home Inspection

This home inspection training course will provide you all the tools you need to successfully start your own, very profitable, Home Inspection Business. Our seasoned instructors will take you through many scenarios of real life situations you will encounter in the field. They will take you through common and not so common problems you will find as well as how to report your findings.

Fee: \$995

### Energy Audit Training

Do you understand the relationship between all the systems in the house and its effect on occupant health, safety and comfort, energy efficiency, and durability? With this training you will learn how various systems interact and how a flaw in one area can compromise the performance in another system. You don't fix the symptoms without knowing the problems' root causes. This training teaches you the fundamentals of home performance evaluation, home performance assessments, and more.

Fee: \$695

### Locksmith Training

Skilled locksmith professionals are in demand. An estimated 50,000 full-time Locksmiths work in today's marketplace servicing the needs of over 300 million people in the U.S. This represents a tremendous growth opportunity for properly trained, qualified locksmiths. As a Professional Locksmith, you will be the one others trust to handle their home and business security needs. You may be installing a lock in a new home, opening a safe or vault, or helping a driver retrieve their keys that have been locked in a car.

Professional Locksmith: \$795  
Apprentice Locksmith: \$595

# CERTIFICATE PROGRAMS

## Noncredit Certificates

### NCD A Career Development Facilitator Certificate

*120 hours of online learning begins Sunday, September 30*

Earn your NCD A Career Development Facilitator (CDF) certificate. 120 hours of interactive online professional development combined with 24 hours of face-to-face sessions. Endorsed by the National Career Development Association (NCDA).

**Instructor:** Marie Smith, Certified NCDA Master Trainer and Certified NCDA CDF Instructor  
**Fee:** \$1,295 plus textbook  
**Technical Requirements:** Internet, Email



**NEW!**

### Mentoring Certificate

*3 Fridays: October 5 and 19, 8:00a.m.-12:00p.m. and November 2, 8:00a.m.-1:00p.m., plus an additional 10 hours of online instruction/professional development*

This course is designed to provide training and resources for professionals developing and/or administering mentor programs. Components of the program include program design, program management and operations, youth development models, culturally competent delivery systems, evaluation practices, assessment tools, fiscal oversight and strategies for mentor recruitment, screening, training, and retention. This course is offered in collaboration with MENTOR: The National Mentoring Partnership.

**Instructor:** Crista Kruse and Mark Gesner  
**Fee:** \$475  
**Technical Requirements:** Internet, Email

## Online

*Noncredit Online Learning  
 Registration is online only.*

www.uwp.edu, keyword: continuing education  
 Click on the 'non-credit online' icon to view all the noncredit online certificate offerings.

**All courses begin the first Monday of the month**

### Business Coaching Certificate

Mentoring and coaching have come to be used more frequently in organizations to improve leadership competencies and provide employee support. It has benefits for the employer and employee. Develop skills in the development, implementation, and support of coaching and mentoring programs in your workplace. Take home the much-awaited toolkit you have been searching for to improve your employees' performance and create the working environment that your employees will find truly rewarding. Includes one two-month course.

**Fee:** \$295

### Certificate in Customer Service

Learn to improve your customer service skills to enhance your career skill set, improve productivity, and increase your organization's success. You will also take away some extraordinary customer service techniques you won't find anywhere else. Includes two one-month courses.

**Fee:** \$245

### Supervisory and Leadership Certificate

Learn about effective delegation, performance management, and writing performance reviews. Discuss the specifics of the supervisor's role and responsibilities and strategies for improving your overall effectiveness as a leader. Take home practical information along with tips and techniques that can be applied at your job immediately. Includes one two-month course; 32 hours of seat time is suggested for this course.

**Fee:** \$395

### eMarketing Essentials Certificate

Receive a fundamental yet advanced introduction to eMarketing, including improving email promotions, analyzing your website traffic, doing search engine optimization, and how to successfully employ online advertising. This is relevant for any type of organization, including businesses, companies, nonprofits, and government agencies. No eMarketing experience or expertise is necessary. If you are already at an advanced level, your instructors are experts and can provide the latest most advanced information and answer your toughest questions. Includes three one-month courses and readings.

**Fee:** \$495

### Mobile Marketing Certificate

The way consumers are interacting with brands and connecting to the world is changing because of smartphones. Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons. You will learn how mobile marketing can increase your capabilities to retain current customers and gain new ones. Receive step-by-step instructions on how non-technical users can build, deploy, and market smartphone applications across Android, iPhone, and Blackberry platforms. Finally, get the knowledge needed to implement a mobile marketing plan for your organization. Find out about proximity marketing, mobile marketing metrics, and developing a mobile marketing campaign. Includes three one-month courses.

**Fee:** \$595

### Social Media for Business Certificate

Learn how social networks are used to develop a two-way communication and marketing strategy for your organization. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing. Includes three one-month courses.

**Fee:** \$495

## Credit Certificates



### Sustainable Management Science Certificate

This certificate will help employees in existing jobs improve their skills or help displaced workers transition to jobs in emerging green industries. With this certificate, you can put the lessons learned in the classroom into practice on the manufacturing floor or in the office boardroom. The Sustainable Management Science Certificate is offered completely online, so you never need to come to campus. And, you can do homework whenever and wherever it's convenient for you. Learn more at [sustain.wisconsin.edu](http://sustain.wisconsin.edu).

Four courses are required, 12 credits (3 credits each) for the online certificate completion program:

- SMGT 310: Ecology for Sustainable Management
- SMGT 315: Global Environmental Chemistry
- SMGT 320: Energy for Sustainable Management
- SMGT 325: Natural Resource Management

**Tuition:** \$390 per credit  
**Register:** Call: 877-UW-LEARN  
 (877-895-3276) E-mail:  
[sustainable@learn.uwsa.edu](mailto:sustainable@learn.uwsa.edu)

### Sustainable Enterprise Management Certificate

Are you looking for an entry point into the green economy? The Sustainable Enterprise Management Certificate is offered completely online, so you never need to come to campus. And, you can do homework whenever and wherever it's convenient for you. This certificate will help employees in existing jobs improve their skills or help displaced workers transition to jobs in emerging green industries. With this certificate, you can put the lessons learned in the classroom into practice on the manufacturing floor or in the office boardroom. Learn more at [sustain.wisconsin.edu](http://sustain.wisconsin.edu).

Select 5 out of 6 courses, 15 credits (3 credits each) for the online certificate completion program:

- SMGT 230: Triple Bottom Line Accounting for Managers
- SMGT 235: Economics in Society and Sustainability
- SMGT 331: Sustainable Organizational Finance
- SMGT 335 or SMGT 350: (Students select one of these two courses)
  - o Management & Environmental Information System (335)
  - o Operations Management and Sustainability (350)
- SMGT 430: International Management for a Sustainable World

**Tuition:** \$390 per credit  
**Register:** Call: 877-UW-LEARN  
 (877-895-3276) E-mail:  
[sustainable@learn.uwsa.edu](mailto:sustainable@learn.uwsa.edu)

### Project Management Certificate

Project management has gained tremendous importance in the past few decades. In the current environment where many companies are outsourcing their business processes, the ability to manage complex projects involving diverse teams both domestically and internationally has become an increasingly desirable skill for employers nationwide. The courses in this certificate program will help you prepare for the Project Management Professional certification exam offered by the prestigious Project Management Institute (PMI). They cover the Project Management Breadth of Knowledge (PMBok) material emphasized by the PMI.

The certificate program is comprised of the following 4 classes (12 credits):

- PMGT 341: Basics of Project Management
- PMGT 342: Essential Personal Skills for Project Management
- PMGT 441: Advanced Project Management Tools and Techniques
- PMGT 442: Project Management Simulation

**Tuition:** \$950 per course  
**Register:** Call 262-595-2280

### Entrepreneurship Certificate

The Entrepreneurship Certificate is designed for students who have an interest in small business management. The Entrepreneurship Certificate provides students with a solid knowledge base and the strong quantitative skills necessary for a successful small business career.

The certificate program is comprised of the following 4 classes (12 credits):

- ENTR 250: Entrepreneurial Principles
- ENTR 350: Entrepreneurial Leadership
- ENTR 400: Entrepreneurial Strategy
- ENTR 450: Entrepreneurial Projects

**Tuition:** \$869.25 per course for WI resident  
**Register:** Call 262-595-2280

# ADULT DEGREE PROGRAMS



UNIVERSITY OF  
**WISCONSIN**  
HEALTH INFORMATION  
MANAGEMENT & TECHNOLOGY

**NEW!**

## Bachelor of Science in Health Information Management and Technology (HIMT)

This degree completion program is designed to equip you with the skills to work and lead in the health data management field. Health information professionals maintain, collect, and analyze the data that doctors, nurses, and other healthcare providers rely on to deliver quality healthcare. They are experts in managing patient health information, administering computer information systems, and coding diagnoses and procedures for healthcare services provided to patients.

HIMT is a 63 credit online bachelor's degree completion program. If you have completed the first two years of a bachelor's degree or if you have completed at least 60 credits of transferable coursework with a minimum GPA of 2.0, you may apply directly to the program.

Tuition: \$395 per credit  
Register: Call: 877-UW-LEARN  
(877-895-3276) E-mail:  
sustainable@learn.uwsa.edu

## Bachelor of Science in Sustainable Management (SMGT)

This degree completion program provides the knowledge and skills students need to create profitable businesses, vibrant communities, and a healthy environment for Wisconsin, the

United States, and the world.

SMGT is a 63 credit online bachelor's degree completion program. If you have completed the first two years of a bachelor's degree or if you have completed at least 60 credits of transferable coursework with a minimum GPA of 2.0, you may apply directly to the program. For more information or questions email [onlinedegrees@uwp.edu](mailto:onlinedegrees@uwp.edu).

Tuition: \$390 per credit  
Register: Call: 877-UW-LEARN  
(877-895-3276) E-mail:  
sustainable@learn.uwsa.edu

## Master of Science in Computer and Information Systems (MSCIS)

This program combines information technology and business knowledge. Students enhance their learning by completing tangible, real-world projects which benefit the local communities. The CIS program is designed to benefit new students looking to enter the information systems (IS) field, as well as current IS professionals looking to expand their knowledge and expertise in areas such as software development, IS management, project management, cyber security, and research.

Tuition: \$463.23 per credit for  
WI resident  
Register: Call 262-595-2314

## Master of Business Administration (MBA)

The AACSB internationally accredited Master of Business Administration (MBA) program offered by the College of Business, Economics, and Computing is designed to develop general management competence and prepare candidates for successful careers in administrative and policy-making positions. Online, onsite, and international study tours can be used to complete the degree requirements.

Tuition: Depends on class format.  
Onsite tuition and fees are  
\$494.01 per credit for  
WI resident  
Register: Call 262-595-2280

## Master of Science in Applied Molecular Biology (MAMB)

This program provides advanced training in the theory and application of molecular biology, in conjunction with supervised independent research culminating in a research thesis. Graduates perform at an advanced technical level in biotechnology and related industries or continue their education in Ph.D. or professional programs.

Tuition: \$463.23 per credit for  
WI resident  
Register: Call 262-595-2355

## Online

*Noncredit Online Learning  
Registration is online only.*

[www.uwp.edu](http://www.uwp.edu), keyword: continuing education  
Click on the 'non-credit online' icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

### Drawing for the Absolute Beginner

Gain a solid foundation in drawing and become the artist you've always dreamed you could be!

Fee: \$95

### Start Your Own Arts and Crafts Business

Learn how to start your own arts and crafts business from a professional artist.

Fee: \$95

### Start Your Own Gift Basket Business

Express your creativity in a fun and profitable way, by starting a home-based business as a gift basket designer.

Fee: \$95



# ARTS & CRAFTS

## Beginning Matting and Framing

*2 Mondays, September 17 and 24,  
6:30-8:30p.m.*

Learn to choose and cut the best mat and put together the right frame for drawings, paintings, photography, illustration, and more in this hands-on class! This final touch will give your artwork the best presentation and protection possible. Students will be able to mat and frame one piece and need to buy and bring their own mat board and frame. Students should also bring pictures, photographs, etc. no larger than 11" x 14" to the first class. All other materials and equipment are included.

Instructor: Denise Zingg  
Fee: \$45  
Location: Spectrum School of the Arts and Gallery, East Building of the DeKoven Center, 600 21st Street, Racine  
Limit: 6

**NEW!**

## Card Making and Paper Crafting

*2 Tuesdays, September 18 and 25,  
6:00-8:00p.m.*

Make your holiday gifts extra special this year! Students will learn various rubber stamping and paper crafting techniques while creating gift tags, cards, and boxes. Students will create at least three projects per session. No previous stamping or crafting experience is necessary.

Instructor: Amy Buchanan  
Fee: \$45  
Supply Fee: \$15 to instructor on first day of class  
Limit: 8

## Discovering New Techniques in Watercolor

*4 Wednesdays, begins September 19,  
6:00-8:30p.m.*

This is an excellent course for beginners to see all the possibilities water-media offers, as well as an opportunity for more experienced painters to discover new ways of handling the medium. This course will focus on technique beginning with several demonstrations that cover application, mark making, layering, and gouache, stamping, etc. Students will be encouraged to creatively think of their own techniques and develop a unique process as well. A final painting will be completed using

2 or 3 chosen techniques.

Instructor: Beki Borman  
Fee: \$75  
Supplies: A list of supplies needed will be available for students once registered.  
Limit: 10

## Mandala Workshop

*Thursday, October 11, 6:00-9:00p.m.*

Learn to create your own unique and luminous mandala with sacred geometry and colored pencils. Mandala is a Sanskrit word meaning 'circle'. In the Buddhist and Hindu religious traditions, their sacred art often takes a mandala form but mandalas are also prevalent in Christianity images. The mandala you make will serve as a meditation tool as well as a beautiful work of art. No prior drawing experience necessary. All materials included.

Instructor: Denise Zingg  
Fee: \$45  
Location: Spectrum School of the Arts and Gallery, East Building of the DeKoven Center, 600 21st Street, Racine  
Limit: 6

**NEW!**

## Drawing from Photos

*3 Wednesdays, begins October 24,  
6:00-8:30p.m.*

Learn how your favorite photos and images can translate into sensitive and powerful drawings. This course will cover a brief introduction on drawing and then focus on how to translate your photographs using drawing techniques and tools. This is a perfect course for beginners or those looking for a new perspective.

Instructor: Beki Borman  
Fee: \$75  
Supplies: A list of supplies needed will be available for students once registered.  
Limit: 10

## How Did Modern Art Get Modern?

*2 Mondays, October 29 and November 5,  
6:30-8:30p.m.*

Why are some works of art famous and well known and others not? This course will help you understand how and why art evolved while we look at the art and the influences of the time.

Instructor: Denise Zingg  
Fee: \$45  
Limit: 20

## Fall Wreath and Thanksgiving Centerpiece

*2 Tuesdays, November 6 and 13,  
6:00-8:00p.m.*

Learn basic techniques to create a beautiful fall wreath and a centerpiece for your Thanksgiving dinner table.

Instructor: Latifa Musleh  
Fee: \$45  
Supply Fee: \$20 to instructor on first day of class  
Limit: 12



## Making Jewelry for Gifts

*Wednesday, November 7, 6:00-9:00p.m.*

Do you need a gift for someone special this holiday season? Do you need a new accessory for your holiday dress? Learn various techniques for making necklaces, bracelets, and earrings using semi-precious stones and/or glass beads. Perfect course before the holidays to make gifts! Students will be able to make as many items as time allows. Supplies may be purchased from the instructor or you may bring your own.

Instructor: Kathy Schmitz  
Fee: \$45  
Limit: 8

## Christmas Centerpiece

*2 Tuesdays, November 27 and December 4,  
6:00-8:00p.m.*

Learn basic techniques to create your own floral centerpiece for the holidays!

Instructor: Latifa Musleh  
Fee: \$45  
Supply Fee: \$20 to instructor on first day of class  
Limit: 12

# COMMUNICATION & LANGUAGE

## Italian for Travelers

6 Mondays, begins September 17,  
7:00-9:00p.m.

Are you taking your dream vacation to Italy? Do you want to learn some quick phrases so you can communicate in Italian effectively? This course will provide an introduction to the Italian culture for first time travelers to Italy. It will also provide students with necessary language skills and the information and resources to make your first Italian travel experience enjoyable!

Instructor: Ralph Annina  
Fee: \$75  
Limit: 15

## Beginning Conversational Spanish

6 Tuesdays, begins September 18,  
6:00-8:00p.m.

Have you ever been among Spanish-speakers and longed to converse with them in their native tongue? Then this course is exactly what you need! Whether you are looking to gain the ability to simply 'get by' in Spanish, such as ordering in restaurants and reading street signs, or to gain more grammatical and conversational skills, this course will more than provide you with the tools you need to succeed. No materials necessary expect a way to take notes.

Instructor: Samuel Adamek  
Fee: \$75  
Limit: 20

## You're on the Air! How to Really Make It in Voice-Overs

Tuesday, October 2, 7:00-9:00p.m..

With such notable talent as Morgan Freeman, Glenn Close, and Alec Baldwin lending their voices to commercials, films and videos, one would think that it would be next to impossible to break into this field. Not so! Students will learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving full or part-time business. Instructor Bill Brooks will discuss the voice-over business as a whole, the numerous opportunities, the incredible potential, and the all-important 'demo'. Students will practice recording and will hear the results!

Instructor: Such a Voice  
Fee: \$30  
Limit: 40

**NEW!**

## Beginning Sign Language

6 Tuesdays, begins October 23,  
6:00-8:00p.m.

This course will offer students beginning conversational skills using a variety of fun and engaging activities. Students will learn fingerspelling, numbers, and colors, as well as learning about the culture and history of the deaf. Students will be instructed by an experienced sign language instructor and tutor who may be able to bring in deaf individuals so students can practice their newly learned sign language skills. **Optional book:** Basic Conversation with the Deaf and Hard of Hearing

Instructor: Victoria Ide  
Fee: \$75  
Limit: 10

## Intermediate Conversational Spanish

6 Tuesdays, begins November 6,  
6:00-8:00p.m.

Are you ready for some actual Spanish conversation? If you are looking to take your current knowledge of Spanish to the next level, this course is perfect for you! Students will be given the tools needed to uphold more in-depth conversations in Spanish. Learn to speak in the past and future tenses, as well as discuss numerous topics with the vocabulary and other verb tenses you will learn. No materials necessary expect a way to take notes.

Instructor: Samuel Adamek  
Fee: \$75  
Limit: 20



## Online

**Noncredit Online Learning**  
*Registration is online only.*

www.uwp.edu, keyword: continuing education  
Click on the 'non-credit online' icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

## Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Fee: \$95

## Beginning Conversational French

Discover how easy it can be to learn common words and phrases for both leisure and business.

Fee: \$95

## Conversational Japanese

Whether you want to learn conversational Japanese for travel or just for fun, you'll find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language.

Fee: \$95

## Effective Business Writing

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

Fee: \$95

## Pleasure of Poetry

This course will help you create your best possible work, whether you're looking to be published or simply wish to craft beautiful poems for friends.

Fee: \$95

# COMPUTERS

## Intro to Mac Computers

4 Mondays, begins October 1, 7:00-9:00p.m.

Just purchased a Mac or planning on purchasing one? No clue on how to use it? In this beginner's class, you will learn the Mac basics on how to navigate around your computer, printer set-up, installing programs, using the doc, web browsing basics, and much, much more! Class will be held in a Mac computer lab.

Instructor: Amanda Burmeister  
Fee: \$75  
Limit: 15

## Webpage Design

4 Thursdays, begins October 18, 7:00-9:00p.m.

This course is for people with little or no experience in web design. Students will first learn the basic layout of a webpage and will create a website using Adobe Dreamweaver. Learn how to add images, text, tables, hyperlinks, and much more in a step-by-step, hands-on, easy to learn format. Students must know how to use a Mac computer. Class will be held in a Mac computer lab.

Instructor: Amanda Burmeister  
Fee: \$75  
Limit: 15

## Excel Spreadsheets

7 Tuesdays, begins October 30, 2:00-3:50p.m..

Using Microsoft Excel 2010 software, learn the basic, intermediate, and advanced skills of spreadsheets. This course will cover editing and formatting, cell manipulation, sorting data, understanding and using cell references, formulas, functions, and charts. Students will use in-class hands-on activities to practice skills. Students will be contacted before the course begins to create a UW-Parkside guest account. **Optional book:** *Exploring Microsoft Office Excel 2010 Introductory* by Robert Grauer, Mary Anne Poatsy, Keith Mulbery, Lynn Hogan

Instructor: Erica Eddy  
Fee: \$175  
Limit: 4

## PowerPoint Presentation

7 Thursdays, begins November 1, 3:30-5:20p.m. No class on November 22.

Learn to develop effective presentations and how to use PowerPoint as a tool for better presentations. In this course, students will learn the fundamentals of PowerPoint 2010, with emphasis on the presentation development cycle while getting acquainted with the proper

procedures to create effective presentations and alternative methods for presentation development. Students will be contacted before the course begins to create a UW-Parkside guest account.

Instructor: Tim Knautz  
Fee: \$175  
Supply: **Required book:** *Microsoft Office PowerPoint 2010 Introductory* by Shelly Sebok  
Limit: 4



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[www.uwp.edu](http://www.uwp.edu), keyword: continuing education  
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**All courses begin the third Wednesday of each month**

## Advanced Microsoft Excel 2007

Discover the advanced features and functions of Microsoft Excel 2007 and find out everything this powerful program can do for you.

Fee: \$95

## Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

Fee: \$95

## Designing Effective Websites

Learn powerful graphic design techniques and build websites that are both attractive and wickedly effective.

Fee: \$95

## Guiding Kids on the Internet

Gain confidence and experience so you can help your children discover all the internet has to offer.

Fee: \$95

## Introduction to CSS and XHTML

Learn to create state-of-the-art websites using modern CSS and XHTML techniques.

Fee: \$95 Introduction to PC

## Introduction to Database Development

An experienced professional guides you through a structured approach to database design and development.

Fee: \$95

## Introduction to PC Security

Security expert teaches the fundamentals of PC and network security.

Fee: \$95

## Introduction to Programming

Take your first steps toward a career as a computer programmer as you master basic programming concepts and get hands-on practice in writing applications containing GUIs, sound, and graphics.

Fee: \$95

## Wireless Networking

Industry expert shows you how wireless networking works, as well as how to plan, deploy, and connect to wireless networks.

Fee: \$95

# FINANCE & RETIREMENT

## Financial Foundations – The Basics

4 Tuesdays, begins September 18, 6:30-8:30p.m.

Do you dare to live your dreams? Then this is one of the most important classes you will ever take! Based on Dave Ramsey's seven baby-steps for financial success, this course is excellent for everyone who wants the financial light at the end of the tunnel to NOT be an oncoming train. This course touches on savings, budgets, and debt and is designed for high school juniors and seniors, those in college, and parents of present or future college students. Students will learn practical, relevant skills, empowering you to obtain a solid financial foundation. **Textbook is required.**

Instructor: Jeanine O'Brien  
 Fee: \$75  
 Supply: **Required book:**  
*Foundations in Personal Finance, college edition, by Dave Ramsey*  
 Limit: 20

## Taking the Fear Out of Finances

Thursday, October 4, 6:00-9:00p.m.

Need to be guided through the basics of cash flow, investing, and tax planning? Let Certified Financial Practitioner, David Jordan, guide you and take the fear out of finances. This course is designed so students can ask questions in a comfortable, relaxed format and to grow confidence as they move forward with their financial lives. This course will be interactive and students are encouraged to come with questions. Two people may attend for the price of one!

Instructor: David P. Jordan  
 Fee: \$55 for 2 people  
 Limit: 13 couples

## Estate Planning

Thursday, October 11, 6:00-8:00p.m.

This class is an introduction to advance planning for transfer of assets to the next generation. Topics include wills, revocable trusts, probate, estate tax, and powers of attorney for finances and health care. Instructor Mary Wyant is a Racine attorney with over 25 years of experience in estate planning, probate, and trust administration.

Instructor: Mary Wyant  
 Fee: \$30  
 Limit: 18

**NEW!**

## Financial Foundations – College Essentials

5 Tuesdays, begins October 16, 6:30-8:30p.m.

This financial course can really change a person's future! Based on Dave Ramsey's seven baby-steps for financial success, this course, and courses like it, are being recommended by colleges and financial aid offices. It will touch on debt, college student essentials, family, friends, consumer awareness, and bargains. It is designed for high school juniors and seniors, those in college, and parents of present or future college students. Students will learn practical, relevant skills, empowering you to obtain a solid financial foundation. **Textbook is required.**

Instructor: Jeanine O'Brien  
 Fee: \$75  
 Supply: **Required book:**  
*Foundations in Personal Finance, college edition, by Dave Ramsey*  
 Limit: 20



## Financial Foundations – Investment

5 Tuesdays, begins November 20, 6:30-8:30p.m.

The principals taught in this course are what the wealthiest people in America follow. Learn these basic common sense principles, based on Dave Ramsey's seven baby-steps for financial success. This course delves into credit bureaus, insurance, investment, retirement, and real estate. It is designed for high school juniors and seniors, those in college, and parents of present or future college students. Students will learn practical, relevant skills, empowering you to obtain a solid financial foundation. **Textbook is required.**

Instructor: Jeanine O'Brien  
 Fee: \$75  
 Supply: **Required book:**  
*Foundations in Personal Finance, college edition, by Dave Ramsey*  
 Limit: 20

## Online

*Noncredit Online Learning  
 Registration is online only.*

www.uwp.edu, keyword: continuing education  
 Click on the 'non-credit online' icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

## Introduction to Stock Options

Learn how stock options can protect your portfolio and help you profit in any type of market.

Fee: \$95

## Personal Finance

Protect your assets and discover how best to achieve all your financial goals.

Fee: \$95

## Protect Your Money, Credit, and Identity

Learn how to guard against scam artists, identity thieves, predatory lenders, and abusive debt collectors.

Fee: \$95

## Real Estate Investing

Build and protect your wealth by investing in real estate.

Fee: \$95

## Stocks, Bonds, and Investing: Oh My!

Learn how to make wise investment decisions so that you have enough money to live comfortably through your retirement.

Fee: \$95

## Where Does All My Money Go?

Learn how to get control of your money once and for all.

Fee: \$95

## Japanese Foods that Heal

*Tuesday, October 2, 6:30-8:30p.m.*

Enjoyed this topic before? This will be the third course about Japanese foods that have specific healing effects on the body. These foods are available locally and can easily be added into a standard western style diet and food preparation. The indigenous foods of Japan that are eaten are believed to play an important role in maintaining one's health. Learn about these foods as Dr. Arthur Shattuck talks about their health giving properties and the legend behind each food. These are considered to be superfoods – nourishing and health enhancing. Come enjoy learning how to enhance your health through the foods you eat.

Instructor: Dr. Arthur Shattuck  
 Fee: \$30  
 Limit: 20

**NEW!**

## The Art of Tasting Beer

*Wednesday, October 3, 6:00-8:00p.m.*

There's an art to tasting beer? Who knew? This course will provide an introduction to the sensory elements in beer through the tasting of samples from around the world. Learn to appreciate various beer styles by learning to pick out aroma, color, and flavors and how they relate to malt, hops, and yeast.

Instructor: Jay Mollerskov  
 Fee: \$30  
 Limit: 25 (21 years and older only)



## A Course in Tea Drinking

*Tuesday, October 16, 6:30-8:00p.m.*

How do you tell one tea from another? How is white tea different from green tea and different from black tea? What is Pu-Erh tea? Learn all about tea, tea drinking, and the health benefits from this practice. Dr. Arthur Shattuck will explain step-by-step all you need to know to

recognize good tea, how to brew different teas, the different water temperatures, and enjoy their wide variety of flavors. Dr. Arthur Shattuck has been traveling to China, importing tea, and enjoying tea for over 25 years.

Instructor: Dr. Arthur Shattuck  
 Fee: \$30  
 Location: "Roots and Legends"  
 Natural Medicine Clinic &  
 Tea Bar, 3209 Washington  
 Avenue, Racine  
 Limit: 15

## Shiraz Around the World

*Friday, October 19, 6:30-9:00p.m.*

Do you like a fruity red wine or accompanying red wine with grilled meats with barbeque sauce? Shiraz may be the red wine for you! In this course, you will be taken around the world on a taste tour of shiraz (or syrah) from four continents, and food will be provided that pairs well with this grape.

Instructor: Karl Frederick  
 Fee: \$40  
 Limit: 18 (21 years and older only)

## Wine and Dessert

*Friday, November 16, 6:30-9:00p.m.*

We are all familiar with wine and many entrees whether it's meats, poultry, fish or shellfish. You may even be familiar with wines for appetizers or hors d'oeuvres. But desserts? Of course! In this course, wine and desserts will be paired that help both shine!

Instructor: Karl Frederick  
 Fee: \$40  
 Limit: 18 (21 years and older only)

## Wine with Italian Foods

*Friday, November 30, 6:30-9:00p.m.*

The Greeks called Italy "Oenetria", or land of vines, because of the massive planting of grapes they first saw. Italy has a large number of grape varieties that most people don't even recognize. In this course, foods from across Italy will be paired with wines from those regions as well. Salute!

Instructor: Karl Frederick  
 Fee: \$40  
 Limit: 18 (21 years and older only)

## Online

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**All courses begin the third Wednesday of each month**

### Luscious, Low-Fat, Lighting-Quick Meals

Join a registered dietitian and discover how easy it can be to prepare meals that are both delicious and nutritious!

Fee: \$95

### Secrets of the Caterer

Learn cooking and business secrets from a professional caterer.

Fee: \$95



# HEALTH

## Your Chinese Herbal Medicine Cabinet

*Saturday, September 29, 10:00a.m.-12:00p.m.*

What would your medicine cabinet look like if you knew more about tried and true remedies for common symptoms? What natural therapy would you reach for if you strained your back? Wrench your neck? How do you treat a bruise, a headache or indigestion? Dr. Arthur Shattuck has the remedy and is glad to share it with you. There are many herbal treatments that are common place in the Chinese home. Students will learn the use and lore of 10 different herbs and formulas that should be in your home. Learn what works and how to use each simple, safe, and proven remedy.

Instructor: Dr. Arthur Shattuck  
 Fee: \$30  
 Location: "Roots and Legends"  
 Natural Medicine Clinic &  
 Tea Bar, 3209 Washington  
 Avenue, Racine  
 Limit: 15

## Lose Weight through Self Hypnosis

*3 Wednesdays, begins October 3, 6:00-9:00p.m.*

If you've said "I'm too weak to lose weight", "I don't have enough time to eat right" or "I can't stop myself from eating" enough times, eventually your unconscious accepts these negative statements as truth. But your unconscious mind already knows how you are going to peel away those unwanted pounds. The cure for negative self-hypnosis is positive self-hypnosis. If you hypnotized yourself to gain weight, then you can hypnotize yourself to lose weight. Learn from Dr. Jay Stone who practices his own techniques. He says, "29 years ago I lost 50 pounds using hypnosis, and I have not gained the weight back." Perfect course for this holiday season of eating and to jump start your weight loss goals!

Instructor: Dr. Jay Stone  
 Fee: \$75  
 Limit: 18

## Eat for the Health of it

*2 Saturdays, October 13 and 20, 10:00a.m.-1:00p.m.*

Learn how to eat delicious foods that make you feel better and have more energy to live a healthier life without feeling deprived. Learn how to help your body help you by giving it the nutrients and nourishment it needs without

overburdening it with extra things it doesn't need. Learn how to make healthier choices at the store, in the kitchen or at a restaurant. This course will do all that and more! Learn how to sort through the confusing messages about diets and food with discussion on topics such as organics, carbohydrates, sugar and sweeteners, reading labels, and simple cooking tips and recipes.

Instructor: Sarah Wright  
 Fee: \$60  
 Limit: 20



## Heartsaver CPR/AED Certification

*Saturday, November 3, 9:00a.m.-12:30p.m.*

This course teaches CPR, automated external defibrillation use, relief of choking in adults and children, infant CPR and relief of choking, and use of barrier devices for all ages. Get certified!

Instructor: Paul Schlereth  
 Fee: \$45  
 Limit: 8

### NEW!

## Whole Food – Whole Body Detoxification

*2 Saturdays, November 3 and 10, 10:00a.m.-12:00p.m.*

How and what we eat determines our health. But what does detoxification really mean? Does it really work? Learn about the prevailing theories of body detoxification. Dr. Arthur Shattuck has led hundreds of his patients through a detoxification program using whole foods. Learn how to gently and safely rid your body of stored toxins and lose a few pounds doing so. Regain your energy and your health. This 2-session course will also help you get your body ready for the holiday eating season and how to make wise choices.

Instructor: Dr. Arthur Shattuck  
 Fee: \$45  
 Location: "Roots and Legends"  
 Natural Medicine Clinic &  
 Tea Bar, 3209 Washington  
 Avenue, Racine  
 Limit: 20

# Online

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www.uwp.edu, keyword: continuing education  
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**All courses begin the third Wednesday of each month**

## Certificate in Complementary and Alternative Medicine

Enhance your professional marketability by gaining a broad understanding of alternative health care options. (28 contact hours)

Fee: \$210

## Certificate in Pain Assessment and Management

This certificate provides an overview of the mechanisms of pain, the multidisciplinary methods of assessment, management, and treatment of pain, which include adults, children, and the elderly with cancer related and non-cancer related pain. (24 contact hours)

Fee: \$170

## Certificate in Spirituality, Health, and Healing

Enhance your professional marketability by recognizing the impact spiritual values and beliefs have on health and healing. (25 contact hours)

Fee: \$210

## Introduction to Natural Health and Healing

Learn how to promote wellness, balance, and health in all aspects of your daily life.

Fee: \$95

## Lose Weight and Keep it Off

Discover how to establish a healthy approach to successful weight loss and weight maintenance for a lifetime.

Fee: \$95

# LIFESTYLE, HOME & GARDEN

## Jumpstart your Vegetable Garden. . .NOW!

*Monday, September 24, 6:00-7:30p.m.*

Fall is the perfect time to start next year's vegetable garden! The weather is warm and mellow, weeds are retiring, and bugs are busy seeking winter shelter. Learn about 'lasagna' gardening – an easy, bio-friendly alternative to chemicals, digging sod, and rototilling. Prepare the garden NOW! Let nature spend the winter working for you creating healthy, fertile soil for you to plant in the spring. Discover all the vegetable garden tasks you can accomplish NOW to make spring less overwhelming and more enjoyable.

Instructor: Kendall Victorine  
Fee: \$30  
Limit: 12



## Couponing 101

*Wednesday, September 26, 7:00-8:30p.m.*

This course is a basic guide to getting started in the world of coupons. . .Where to find them, how to organize them, and how to use them to stretch your budget.

Instructor: Judy Williams  
Fee: \$30  
Limit: 15

## Frugal Entertaining

*Thursday, September 27, 7:00-8:30p.m.*

Can you have a great time and not spend much money? Of course! This course will show you how to cut back on entertainment costs, from dining out to throwing a party without breaking the bank.

Instructor: Judy Williams  
Fee: \$30  
Limit: 15



## Mystery Shopping for Fun and Profit

*Thursday, October 18, 7:00-8:30p.m.*

This course is a beginner's guide on how to get started in mystery shopping. Learn what a mystery shopper is, how to apply to become a mystery shopper, and how to avoid the 'pay to shop' scams. Students will leave with knowledge on how to become a shopper along with a list of companies where you can apply.

Instructor: Judy Williams  
Fee: \$30  
Limit: 15

## 'Life is too Short' School of Gardening

*Monday, October 29, 6:00-7:30p.m.*

Life is simply 'too short' to be an obsessive gardener. This course will give students some gardening fun and learn simple shortcuts, tips, and tricks on having a successful garden. Discover practical alternatives to tedious garden chores of deadheading, raking, mulching, weeding, and yard maintenance. Learn how to successfully winter over tender perennials like lupines, how to grow vegetables in hay bales, and how to rethink problem areas in your yard. Plan to share your own experiences and ideas too!

Instructor: Kendall Victorine  
Fee: \$30  
Limit: 12

## Online

### Noncredit Online Learning

*Registration is online only.*

www.uwp.edu, keyword: continuing education

Click on the 'non-credit online' icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

### Introduction to Interior Design

Explore a career in interior design as you learn how to transform any room into a beautiful and functional space.

Fee: \$95

### Going Green at Home

Step into a green lifestyle as you discover simple, cost-effective ways to make your home environmentally friendly.

Fee: \$95

### Growing Plants for Fun and Profit

An industry professional teaches you everything you need to prosper in the backyard nursery business.

Fee: \$95



# MIND, BODY & DANCE

**NEW!**

## Breathe and Relax

*2 Wednesdays, September 12 and 19,  
6:00-9:00p.m.*

You've been breathing since the day you were born so isn't it time you learn how to breathe and relax? Improper breathing adversely affects your mood, ability to think, and every function in your body. Learn how the sound of your breath indicates whether or not you're breathing properly. Learn to use your breath to enhance your instincts and imagination to achieve your goals. Since you breathe everywhere you go, you'll learn how you can always improve your mental, emotional, and physical performance by improving your breath.

Instructor: Dr. Jay Stone  
Fee: \$45  
Limit: 18

## Meditation, Healing, and Intuition

*3 Thursdays, begins September 20, 7:00-9:00p.m.*

When we meditate, we learn to still the mind, release stress, and become more aligned with our true purpose and soul fulfillment. Meditation is also the gateway for inner knowing and deeper spiritual understanding which some call "intuition". Learning to let go of worries and fears from the past, present, and future, we can create more trust, inner peace, and balanced loving relationships.

Instructor: Doris LaBrasca  
Fee: \$60  
Limit: 12

## Gentle Yoga

*4 Mondays, begins September 24,  
5:45-7:00p.m.*

This course is for people with neck, back, shoulder or knee discomfort, anxiety, mild depression, and seniors who want simple stretches and postures to improve flexibility and health. Learn to breath naturally, calming your nervous system. Appropriate variations are given to students depending on their needs and ability. Each session will end with quiet relaxation. Students should wear loose, comfortable clothing.

Instructor: Pamela Grubb  
Fee: \$60  
Location: Mindful Yoga Studio, 6127  
Green Bay Road, Suite 150,  
Kenosha  
Limit: 15

## Improve your Brain Health with the Amen Solution

*2 Tuesdays, October 2 and 16,  
6:00-8:00p.m.*

How would you like the most powerful, effective, total health, wellness and personal development secrets revealed? In this course, learn about the famous Amen Solution – seen several times on Milwaukee public television due to popular demand. Students will learn all about the Amen Solution by taking the Brain Type Questionnaire and Brain Assessment, experiencing the wonderful online holistic health community, and immersing yourself in the 12 Amen Solution Steps to being smarter, happier, thinner, and younger!

Instructor: Randy Bennett  
Fee: \$45  
Supply: **Required book:** *The Amen Solution* by Daniel Amen  
Limit: 15

## Basics of Belly Dance

*3 Thursdays, begins October 4,  
6:00-8:00p.m.*

This course will expose students to raqs sharqi or belly dance. Students will learn abundantly of what the dance is whether it is Turkish, Arabic, American Tribal or Iranian belly dance, the roots are all the same. It is dance to celebrate and embrace the art form and the music. Learn how to feel the music and identify movements according to beats. Come with an open and humbled mind to learn this art form!

Instructor: Mila D  
Fee: \$60  
Limit: 15

## Sun Style Tai Chi

*6 Fridays, begins October 5, 6:00-7:30p.m.*

These classes are from the approved course work of the Arthritis Foundation Level 1, utilizing the Sun Style of Tai Chi. This style is particularly effective for people with arthritis because it includes agile steps and exercises that improve mobility, breathing, and relaxation. Sun Style Tai Chi does not require deep bending or squatting which makes it easier and more comfortable to learn. The program consists of a warm up, 12 movements (6 basic & 6 advanced), and a cool down. Once becoming familiar with the 12 movements, the program is designed to provide continual challenge by reversing the directions of movements.

Instructor: Ron Pfeiffer  
Fee: \$75  
Limit: 15

## Improve your Posture

*3 Saturdays, begins October 6,  
9:00-10:00a.m.*

Move with less body pain, ease back discomfort, and look your best when you improve your posture. Examine your personal posture and gain insight on how to sit, stand, and move with better alignment. Students will learn some specific exercises to not only improve postural defects but how to move throughout the day with less effort and pain. A great class for anyone, including those in chronic pain.

Instructor: Synchronicity Fitness  
Fee: \$45  
Location: Synchronicity Fitness, 6800  
Washington Avenue, Racine  
Limit: 15

## Let's Dance - The Classics

*4 Wednesdays, begins October 10,  
6:00-7:00p.m.*

This is an introductory dance course to several of the classic ballroom styles of dance including basic quick one-step, two-step, swing and waltz variations, some country line dances, and couples two-step. You will be assured to put on your dancing shoes the next time the music plays. Bring a friend or your significant other to make this class even more fun!

Instructor: Jeanne Ferraro  
Fee: \$45 per person  
Limit: 26

## Self-Defense for Women

*4 Thursdays, begins October 11,  
6:00-7:00p.m.*

This class will teach effective and proven basic survival techniques of self-defense for women. You will learn the physical as well as psychological strategies of defending yourself. The focus is to learn and gain insight of observing your surroundings and increasing your chances of successfully defending yourself of an attack. The principles of self-defense will be discussed and demonstrated in class. Instructor Beau Bosovich is a fourth degree black belt karate instructor and has studied Shorei Karate since 1975. Wear comfortable clothes and tennis shoes. No shorts please. Minors must have a parent as a partner.

Instructor: Beau Bosovich  
Fee: \$45  
Limit: 10



## Sweetest Day Massage Class for Couples

*Tuesday, October 23, 6:00-9:00p.m..*

Bring a sweetheart or just a friend to share learning the gift of a loving massage touch. Set your significant other's body, mind, and spirit free. Learn how to ease and reduce their stiffness, pain, and stress levels. Learn a massaging touch that is easy and relaxing to give and wonderful to receive. Each couple must bring 2 full-size pillows and a thick comforter or sleeping bag to the course.

Instructor: Mercedes Dzindzeleta  
Fee: \$70 per couple  
Limit: 9 couples

## Let's Dance - Latin Styles

*4 Wednesdays, begins October 24,  
7:00-8:00p.m.*

This is an introductory dance course to several of the popular Latin styles such as rumba, samba, and salsa. You will be assured to put on your dancing shoes the next time the music plays. Bring a friend or your significant other to make this class even more fun!

Instructor: Jeanne Ferraro  
Fee: \$45 per person  
Limit: 26



## Continued Belly Dance

*3 Thursdays, begins November 1,  
6:00-8:00p.m.*

This course will continue to expose students to raqs sharqi or belly dance. As a dance to celebrate and embrace the art form and the music, take your knowledge to the next level with new moves and learning. Students will do repetitive drills and you will start training your body in moving with controlled muscle movements..

Instructor: Mila D  
Fee: \$60  
Limit: 15

## Align your Body and Mind

*Tuesday, November 13, 6:30-8:30p.m..*

My body is supposed to move the way I want it to move! Do you often overdo an activity or move to fast that the body does not keep up or needs to compensate? In this course, students will learn some quick and easy movements that will effectively relieve discomfort as well as some self-massage techniques. The course will end with an activity that will calm and re-stabilize you. Students should bring a mat or comforter and a pillow to the course.

Instructor: Mercedes Dzindzeleta  
Fee: \$30  
Limit: 15

**NEW!**

## Fitness with Okinawan Nunchaku

*4 Fridays, begins November 16,  
6:00-7:30p.m.*

Nunchaku is a traditional Okinawan weapon consisting of two sticks connected at one end with a short chain or rope. In modern times, nunchaku were popularized by Bruce Lee in his movies. This course will introduce students to nunchaku and will teach the basic passes, several maneuvers, and footwork. Students will learn with a safety nunchaku which is foam covered and very safe. The coordination and aerobic benefits will make this a fun and interesting alternative exercise. Instructor Ron Pfeiffer has 35 years of weapon training and teaching experience.

Instructor: Ron Pfeiffer  
Fee: \$60  
Limit: 10

## Get Rid of the Holiday Frazzles

*Monday, December 3, 7:00-9:00p.m.*

Do holiday activities and people get you upset or off center? If you feel like you barely have enough energy to enjoy the holidays and are drained by all the activities and people – make a night for yourself! In this course, learn some easy ways to stay grounded, centered, and aware of options to coping and enjoying life. Start the process of containing or controlling your energy. Experience the realization that you can control how you feel about all the “required” holiday gatherings you have to attend, calmly, while increasing your energy quotient.

Instructor: Mercedes Dzindzeleta  
Fee: \$30  
Limit: 15

# Online

## Noncredit Online Learning Registration is online only.

www.uwp.edu, keyword: continuing education  
Click on the ‘non-credit online’ icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

## Get Assertive!

Find out how you can stop others from intimidating you or treating you poorly.

Fee: \$95

## Individual Excellence

Master twelve career-enhancing skills including goal setting, time management, personal organization, and creativity.

Fee: \$95

## Listen to Your Heart and Success Will Follow

Design a life that makes you happy by learning how you can use work to express yourself and share your interests and talents.

Fee: \$95



# MUSIC

## Beginning Guitar

6 Wednesdays, begins September 19,  
5:30-7:00p.m.

Enjoy an introduction to acoustic guitar styles. Students will learn guitar basics, chording, and strumming through songs and exercises. No experience required. **Bring your guitar to class.**

Instructor: Melissa Lawrence  
Fee: \$75  
Supply: **Required book & CD:**  
*Acoustic Guitar by Bert Casey*  
Limit: 10

## Bluegrass and Folk Singing

6 Wednesdays, begins September 19,  
7:00-8:30p.m.

Find your vocal style and range and learn singing techniques to improve you at any level. We will cover vocal basics, learn to hear and sing two-part, three-part and four-part harmonies.

Instructor: Melissa Lawrence  
Fee: \$75  
Limit: 10

## Bluegrass Fiddle

6 Thursdays, begins October 11,  
5:30-7:00p.m.

This is an introductory course on playing fiddle style violin. We will explore fiddle tunes and structuring "breaks." Prior experience playing violin is useful. There will be sheet music handouts and **an instrument is required.**

Instructor: Melissa Lawrence  
Fee: \$75  
Limit: 10

**NEW!**

## Songwriting

6 Thursdays, begins October 11,  
7:00-8:30p.m.

Ever dreamt of writing your own song? Take this course to learn the basics of crafting a song. Students will experiment with different styles and genres of songwriting and ways to challenge yourself if you get writer's block. No instruments are required yet are encouraged.

Instructor: Melissa Lawrence  
Fee: \$75  
Limit: 10

**NEW!**

## Self-Promoting your Music

Monday, October 22, 6:00-9:00p.m.

This course will establish your musical presence with regards to performance and PR. Instructor, Melissa Lawrence, worked for the Country Music Hall of Famer Tom T. Hall and his wife, Dixie, at their independent bluegrass label, Blue Circle Records, and music publishing company Good Home Grown Music. She will teach you to self-promote your music and guide you through PR, radio promotion, festival presence, internet, recording, CD distributing, and designing ads and CD layouts.

Instructor: Melissa Lawrence  
Fee: \$30  
Limit: 10

## Join the Band

4 Mondays, begins October 22,  
6:00-9:00p.m.

Hope to join the band? This course will cover the basics of playing acoustic music in a string band setting. This applies to musical genres like Bluegrass, Old-Time, Country or Irish. All acoustic stringed instruments are welcome as well as percussion and electronic keyboard. Students will learn how instruments fit with each other in a band setting, how to listen to what other members of the band are doing, how to take breaks, how to play behind a vocalist, when to provide melody, and when to provide rhythm. This course is not appropriate for students who are at the beginning level on their instrument. You should be able to play a few songs and know the chords in the common major keys of A, E, D, C, and G. Students should come prepared with a song that you would like to play with the band!

Instructor: Bruce Sedloff  
Fee: \$75  
Limit: 15



## Continuing Guitar

6 Wednesdays, begins November 7,  
5:30-7:00p.m.

Continue what you learned in Beginning Guitar with acoustic guitar styles. Students will learn guitar basics, chording, and strumming through songs and exercises. No experience required. **Bring your guitar to class.**

Instructor: Melissa Lawrence  
Fee: \$75  
Supply: **Required book & CD:**  
*Acoustic Guitar by Bert Casey*  
Limit: 10



## Appalachian Dulcimer II

6 Wednesdays, begins November 7,  
7:00-8:30p.m.

Build on the skills from the beginning course on Appalachian Dulcimer last semester. We encourage newcomers too! Take this course if you know a little something but want more. Dust off that dulcimer in your attic and join us!

**Bring instrument to class.**

Instructor: Melissa Lawrence  
Fee: \$75  
Supply: **Required book & CD:**  
*You Can Teach Yourself  
Dulcimer by Mel Bay*  
Limit: 10

## Online

**Noncredit Online Learning  
Registration is online only.**

www.uwp.edu, keyword: continuing education  
Click on the 'non-credit online' icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

## Music Made Easy

Learn the fundamentals of music theory. Be able to read, write, and play simple music.

Fee: \$95

**Noncredit Online Learning**  
*Registration is online only.*

www.uwp.edu, keyword: continuing education  
Click on the 'non-credit online' icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

## Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Fee: \$95

## Beginner's Guide to Getting Published

Published writer shows you how to give yourself the credibility you need to get your books and articles published.

Fee: \$95

## Creating a Successful Business Plan

Turn your business ideas into a solid plan for financing and long-term success.

Fee: \$95

## Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the web.

Fee: \$95

## Explore a Career in a Dental Office

Discover the wide range of dental office careers open to you, master basic dental anatomy and terminology, and learn how dental professionals create healthy smiles.

Fee: \$95

## Explore a Career as a Pharmacy Technician

Master the skills that will prepare you for an entry-level position as a pharmacy tech or clerk, and discover the steps you can take to become a Certified Pharmacy Technician (CPhT).

Fee: \$95

## Introduction to Quickbooks 2010

Learn how to quickly and efficiently gain control over the financial aspects of your business.

Fee: \$95

## Keys to Effective Communication

Lost for words? Don't be! Learn to build rapport, trust, warmth, and respect through conversation.

Fee: \$95

## Marketing Your Business on the Internet

Develop an Internet marketing plan for your business that incorporates SEO, advertising, email, social media, and more.

Fee: \$95

## Resume Writing Workshop

Discover the secret to transforming your tired, boring resume into a powerful tool that will get you interviews.

Fee: \$95

## SAT/ACT Preparation – Part 1

Master the reading, writing, English, and science questions on the ACT and new SAT.

Fee: \$95

## SAT/ACT Preparation – Part 2

Master the math questions on the ACT and new SAT.

Fee: \$95

## Spanish for Medical Professionals

Learn medical Spanish quickly and easily, honing your basic conversational skills and mastering key healthcare words and phrases.

Fee: \$95

## Starting a Consulting Practice

Find out how you can earn income by sharing your training or knowledge with others.

Fee: \$95

**NEW!**

## Quick Start to Kayaks

*Saturday, September 22,  
9:00a.m.-12:00p.m.*

This introduction, or quick start, to kayaks will emphasize safety, enjoyment and skill acquisition for the entry level paddler. Student paddlers will learn and practice skills such as launching, landing, strokes, and maneuvers. You will assess risk associated with wind, waves, and weather. Kayaks and gear will be provided but students may want to wear neoprene water shoes and dress for the weather! Students will be contacted before the course begins to sign a waiver.

Instructor: David Schultz  
Fee: \$45  
Location: Root River Environmental Education Community Center (REC), 1301 W. 6th Street, Racine  
Limit: 6



## Twelve Steps to a Successful Job Search

World-renowned author and career advisor shows you how to get the job you want quickly and easily and in any economy.

Fee: \$95

## Get Paid to Travel

Learn everything you need to start your new and exciting career as a professional tour director.

Fee: \$95

## Travel Writing

Profit from your experiences in exotic lands, or your own backyard, by learning how to write and sell travel articles and books.

Fee: \$95

# PHOTOGRAPHY

## Digital Camera Basics

4 Mondays, begins September 24,  
7:00-9:00p.m.

Pixels, mega-pixels, JPEGs, resolution. . .What does it all mean? What can I do to get better pictures? This course can help you! This is a basic hands-on class covering functions commonly found on today's digital cameras from a Point & Shoot camera to a digital SLR. From memory cards to the different dials and menus, this class will help you sort it all out and get you on the road to taking better pictures. Students should bring camera and manuals and be ready to explore new potentials!

Instructor: Mike Bisom  
Fee: \$75  
Limit: 10

## Photo Editing Using Photoshop Elements

6 Tuesdays, begins September 25,  
7:00-9:00p.m.

Photoshop Elements is the #1 selling photo editing software and with good reason! This course is for those who want to take control of their images and make them look their very best. You will learn the fundamentals of importing and organizing images using the tools within Elements to crop, straighten, clone, add text, and work with layers. Students must know how to operate a PC computer.

Instructor: Mike Bisom  
Fee: \$75  
Limit: 10

## Wedding Photography Tips & Tricks

3 Thursdays, begins October 4,  
7:00-9:00p.m.

Thinking about photographing a wedding? In this course, we will review what it takes! We will cover different equipment including cameras, lenses, flashes, and more. We will also "walk-through" a typical wedding day offering tips and tricks for successfully photographing of a wedding. And finally, offering an overview of post-processing a wedding. Students should be familiar with how an exposure is recorded before taking this course.

Instructor: Mike Bisom  
Fee: \$60  
Limit: 10

## Intermediate to Advanced Digital Cameras

6 Mondays, begins October 22,  
7:00-9:00p.m.

Metering, white-balance, shutter, aperture, ISO, macro, depth of field - we cover it all and more! This is a hands-on class geared towards digital SLRs but these principles apply to any camera with manual controls. Learn to improve your everyday images and even explore new photographic opportunities. Students should bring camera and manuals.

Instructor: Mike Bisom  
Fee: \$75  
Limit: 10

**NEW!**

## Composition: The Art of Better Photos

2 Thursdays, October 25 and November 1,  
7:00-9:00p.m.

How can I improve the look of my images? That's exactly what this course will cover by starting with a basic overview of photography and moving to simple tips to help students improve compositions. Learn the common rules of composition – rule of thirds, leading lines, repeating patterns, and more. Student should bring at least two images to the course for critique.

Instructor: Mike Bisom  
Fee: \$45  
Limit: 20



## Online

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*Registration is online only.*

www.uwp.edu, keyword: continuing education  
Click on the 'non-credit online' icon to view all the noncredit online course offerings.

**All courses begin the third Wednesday of each month**

### Discover Digital Photography

An informative introduction to the fascinating world of digital photography equipment.

Fee: \$95

### Photographing Nature with Your Digital Camera

Learn how to use your digital camera to take stunning nature photos, including landscapes, flowers, animals, and even macro shots.

Fee: \$95

### Photographing People with Your Digital Camera

Learn to take beautiful pictures of adults, children, and babies.

Fee: \$95

### Photoshop Elements 9 for the Digital Photographers

Learn the secrets of Adobe's Photoshop Elements 9 and bring out the best in your images.

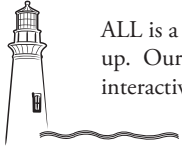
Fee: \$95

### Secrets of Better Photography

Explore strategies and learn a variety of tricks to create excellent photographs in all types of situations.

Fee: \$95

# ADVENTURES IN LIFELONG LEARNING (ALL)



ALL is a membership organization for adults ages 55 and up. Our members are looking for intellectual, stimulating, interactive opportunities, and adventure.

ALL members enjoy twice-monthly free lectures and other programs both on the UW-Parkside campus and on location. These cover a wide variety of subjects: current events, health, history, travel, the arts, etc. Our speakers, experts in their fields, welcome questions from the audience.

## How to Become a Member

**Dues: \$40 per year**

For more information, call the ALL office Monday and Wednesday mornings, between 8:00a.m. and 12:00p.m., 262-595-2137, or look on our website: [www.uwp.edu](http://www.uwp.edu), search keyword: ALL.

## Activities

We provide four ways to enrich your life: lectures, classes, day trips, focus groups plus some special events. All of our events are planned by volunteer member committees. Some events charge a small fee.

**Lectures** are free and usually the 1st and 3rd Mondays of the month at 2:00p.m. in the UW- Parkside Student Center Cinema.

- September 17: "Foreign Policy and Presidential Politics": Dr. Arthur Cyr, Clausen Distinguished Professor of Political Economy and World Business, Carthage College
- September 24: "Nuclear Regulatory Commission": Speaker TBA
- October 1: "WHA Radio, the Wisconsin Idea and the Development of Public Radio in Wisconsin": Randall Davidson, Director of Radio Services, UW-Oshkosh
- October 15: "Root River Steelhead Facility": John Komassa, SE Hatchery Group Leader, Wisconsin Department of Natural Resources
- November 5: "Freshwater and the Great Lakes: Are we taking them for granted?": Dr. J. Val Klump, Director of the Great Lakes WATER Institute and a Professor and Associate Dean for Research at UW-Milwaukee's New School of Freshwater Sciences
- November 19: "On Gateway Becoming a Community College": Ray Koukari, Dean, Gateway Technical College
- December 3: The Centennial of the Sinking of the 'Christmas Tree Ship' Annual Holiday Celebration

**Classes** provide in-depth learning. These are usually 2 or 3 sessions but sometimes more. Offerings vary widely. Dates and times TBA.

- September: Contemporary Art: Dr. Patricia Briggs, UW-Parkside Gallery Director-Exhibit Curator
- October: Three Penny Opera, Lisa Kornetsky, Chair, UW-Parkside Theatre Arts Department
- European Union: Political and Economic Analysis: Dr. Jonathan Olsen, UW-Parkside Professor, Political Science
- Opera Classes (October to March): Gregory Berg, Asst. Prof. Music Dept. These coincide with the Metropolitan Opera Live in HD presentations at local theatres.
- Week of Learning, which is held yearly, focuses on one topic in depth, for example: Humor Matters; Structures and Cities; Food;

All about Music; India, Ancient Traditions –Modern Ambitions; Theatre ALL Week, etc.

**Day Trips** are designed to augment learning and often follow classes; our trip to The Chicago Museum of Science and Industry and the Adler Planetarium followed weather and astronomy classes. Some trips stand on their own: Milwaukee Institute of Art and Design, Ukrainian museum and church in Chicago, Ravinia, Christmas Carol, and many others.

- September 12: Million Dollar Quartet at the Apollo Theatre in Chicago with dinner at Maza restaurant and possibly a stop at the Lincoln Park Zoo
- October 5: Frank Lloyd Wright Tour, Oak Park
- October 19, 10:00a.m.: Three Penny Opera at UW-Parkside
- December 2: Holiday Outing: Doc Severinsen and the Milwaukee Symphony. Dinner will follow.
- Ethnic Dining gives us a chance to try various world cuisines – Ethiopian, Thai, German, Chinese, Russian, Persian, and many others. We ask the owner or manager to talk about the foods of their home countries.

**Focus Groups** allow members to join together to study a particular subject area. Our present focus groups usually meet monthly, some weekly. They include: ALL- a-Bloom (horticulture); ALL for Fun singers; Bridge; Duplicate Bridge; Current Affairs; Great Books; Great Decisions; International Friendship, Mahjong; Over-the-Hill Hikers; Poetry Group; ALL Technology. Some of these groups evolved from previous classes.

**Special events** include a holiday party, fall picnic, and annual meeting.



All events are subject to change.

For additional information contact the ALL office in Tallent Hall, Room 113, UW-Parkside, 900 Wood Road, P.O. Box 2000, Kenosha, WI 53141-2000. The office is open Monday and Wednesday from 8:00a.m. to 12:00p.m.

Phone: 262-595-2137

Website: [www.uwp.edu](http://www.uwp.edu), Keyword: ALL

ALL welcomes guests and hopes they will join the organization in order to enjoy the benefits of membership. Guests may attend at most, two lectures, classes or trips.

# CAMPUS EVENTS

## Foreign Film Series

Featuring critically acclaimed films from around the world, the UW-Parkside Foreign Film Series is entering its 31st consecutive season. Nowhere else in Wisconsin can movie-lovers see films of this quality at such a great value. The Fall 2012 series starts in September and is available by season subscription only

*Thursdays 7:30p.m.*

*Fridays 7:30p.m.*

*Saturdays 5:00p.m. and 8:00p.m.*

*Sundays 2:00p.m. and 5:00p.m.*

Fee: \$27; Seniors/Students \$25

Location: Student Center Cinema



Purchase online at [www.uwp.edu](http://www.uwp.edu), Keyword: tickets

Or mail in by downloading and filling out an order form.

Phone 262-595-2307

Or stop by the Concierge Desk located in the Student Center.

## UW-Parkside Admissions Events

Are you looking for an opportunity to work closely with faculty? Be involved in a vibrant student life? Explore professional opportunities through “real world” projects, research, and internships? UW-Parkside is the place for you!

### Campus Tours

*Mondays – Wednesdays 10:00a.m. and 2:00p.m.*

*Thursdays 10:00 a.m. and 5:00p.m.*

*Fridays 10:00a.m. and 2:00p.m.*

### Experience Days

Include, admissions presentation, Q&A session, campus tour and the UW-Parkside experience by academic departments

*October 26, November 12 or November 30, 10:00a.m.-2:00p.m.*

### Saturday Information Sessions

Includes admissions presentation and campus tour

*September 22, October 13, November 3, November 17 or*

*December 8, 9:00a.m.-12:00p.m.*

[www.uwp.edu/admissions/visit](http://www.uwp.edu/admissions/visit)

262-595-2355

## Junior Ranger Basketball Clinic

Join the UW-Parkside men’s basketball program for this unique and fun opportunity to become part of the Junior Rangers Basketball Club! This three-week clinic, directed by head coach Luke Reigel, will help take your basketball skills to the next level. Instructors will include members of the Ranger men’s basketball team and coaching staff. For boys and girls grades K-5.

*October 28, November 4 and November 11, 12:00-1:30p.m.*

Fee: \$60

Location: Sports and Activity Center Gym

Contact 262-595-2699

## UW-Parkside Theater

### Three Penny Opera

A provocative musical by Bertolt Brecht and Kurt Weill

*October 19, 20, 25, 26, and 27, 7:30p.m.*

*October 19, 10:00a.m.*

*October 28, 2:00p.m.*

Fee: \$17 general admission;

\$13 Seniors/UW-Parkside staff; \$7.50 students

Location: The Rita, Black Box Theatre

### Dancing at Lughnasa

A heartwarming Irish memory play by Brian Friel

*November 30, December 1, 6, 7, and 8, 7:30p.m.*

*December 2, 2:00p.m.*

*December 7, 10:00a.m.*

Fee: \$17 general admission;

\$13 Seniors/UW-Parkside staff; \$7.50 students

Location: The Rita, Black Box Theatre

Box Office 262-595-2564

## UW-Parkside Art Galleries

### Gallery Hours

The Rita Tallent Picken Regional Center for Arts and Humanities

*Saturdays and Mondays 12:00-4:00p.m.*

*Tuesdays and Wednesdays 12:00-6:00p.m.*

*Thursdays 12:00-8:00p.m.*

*And by appointment*

[www.parksidegallerynews.com](http://www.parksidegallerynews.com)

262-595-2564

[gallery@uwp.edu](mailto:gallery@uwp.edu)

### Fine Arts Gallery

Wisconsin Visual Arts Group 2012

*September 5 - October 13*

Juried exhibition organized by Wisconsin Visual Artists Group

- Wisconsin’s oldest nonprofit arts organization of visual artists.

*Opening Reception: September 8, 2:00-5:00p.m.*

## AIDS Memorial Quilt

October 22 - November 5

Sections of the internationally celebrated AIDS Memorial Quilt – the 54-ton, handmade tapestry that stands as a memorial to more than 90,000 individuals lost to AIDS.

*“Voices from the Quilt” a play by Dean Yohnk, performed by UW-Parkside Theater Department: November 3, 4, and 5, 7:30p.m.*



## Channel Two Episodes

November 13 - December 16, 2012

Interactive digital art installation by Chicago artists Adam Trowbridge and Jessica Westbrook.

*Opening event with computer-inspired electronic music:  
November 16, 5:00-7:00p.m.*

*Workshop: “Intro to Game Development”  
November 8, 2:00-4:45p.m.*



## UW-Parkside Foundation Gallery

Michael Kareken: Salvaged Views

September 5 - November 17

*Opening reception: September 8, 2:00-5:00p.m.*

*Artist talk*

*October 2, 2:00-4:00p.m.*

## UW-Parkside Art Department Senior Exhibitions

November 28 - December 16

## E.H. Mathis Gallery

Newspaper Poetry from the Community

September 5 - October 27

*Opening reception: September 8, 2:00-5:00p.m.*

Why Abstraction? Jerrold Belland, Maureen Fritchen, Dan Nielsen, Suellyn, Scoon, Maggie Venn

November 5 - February 2, 2013

*Opening Party: November 16, 5:00-7:00p.m.*

## UW-Parkside Concerts

### Noon Concerts, UW-Parkside Music Department

*Wednesdays, September 26 thru December 5, 12:00p.m.*

Location: The Rita, Francis Bedford Concert Hall

### UW-Parkside Orchestra

*October 20, 7:30 p.m.*

Location: The Rita, Francis Bedford Concert Hall

### UW-Parkside Wind Ensemble and Community Band

*October 20, 7:30 p.m.*

Location: The Rita, Francis Bedford Concert Hall

### UW-Parkside Opera Workshop

*November 17, 7:30 p.m.*

*November 18, 3:30 p.m.*

Location: The Rita, Francis Bedford Concert Hall

### UW-Parkside Orchestra and UW-Parkside Choirs

*December 1, 7:30 p.m.*

Location: The Rita, Francis Bedford Concert Hall

### UW-Parkside Choirs

*December 2, 7:30 p.m.*

*December 3, 7:30 p.m.*

Location: The Rita, Francis Bedford Concert Hall

### UW-Parkside Jazz Ensemble

*December 4, 7:30 p.m.*

Location: The Rita, Francis Bedford Concert Hall

### UW-Parkside Wind Ensemble and Community Band

*December 7, 7:30 p.m.*

Location: The Rita, Francis Bedford Concert Hall



## UW-Parkside Arts & Craft Fair

The University of Wisconsin-Parkside is proud to present the 39th annual arts and crafts fair! This fair features live music, a raffle, and silent auction, with proceeds benefiting the student leader scholarship, concessions, coat and package check, and great shopping.

*Saturday, December 1, 10:00a.m.-4:00p.m.*

Fee: Free Admission

Location: Main Complex

Additional information can be found at [www.uwp.edu](http://www.uwp.edu), Keyword: dacf

# GENERAL FAQ'S

## **Registration:**

Preregistration is required for all programs unless otherwise noted. Register online at [www.uwp.edu](http://www.uwp.edu), keyword: continuing education, or by calling 262-595-2307, or through the specific contact information provided with the course or program description when applicable. When registering, please be sure to include your correct phone number and email address so updates to courses can be communicated to you if needed. If you plan to mail in your registration form with payment, be sure you do so at least 2 weeks before the start of the course for processing.

## **Cancelations/Refunds:**

A full refund is issued to participants if the university cancels a course or program for any reason. You may also choose to cancel your registration at least 5 business days prior to the start of a course or event for a full refund. No refunds will be issued if notice is not provided at least 5 business days prior to course or event, after a course has started or at the conclusion of a course.

## **Weather Cancellation:**

Programs in this catalog follow the university policy if there is inclement weather. When UW-Parkside classes are canceled, programs will be canceled. Please check our website at [www.uwp.edu](http://www.uwp.edu) or call our information line at 262-595-2307. News of UW-Parkside closures will also air on television and radio.

## **Where to Find Your Course:**

Unless otherwise noted, all courses are held at UW-Parkside. The location of courses can be found on our website or in the communication we send you after receiving your registration. Rooms are subject to change without notice. Room changes are communicated via phone and/or email. It is very important that you provide this contact information when you register. You can also confirm your course location by calling 262-595-2307 the day of your course or program.

## **Special Accommodations:**

If you have a disability and desire accommodations, please advise us at least 3 weeks prior to the program date so accommodations can be made. Requests are kept confidential. If you have food allergies or restrictions of any kind, and are taking a course involving food, we encourage you to call ahead for menus.

## **Assumption of Risk:**

Certain courses may have inherent risks depending on the course topic. In such cases, a note will be included in the course or program description. If you register for a course with a possible risk, you will be asked to sign and return a waiver.

## **Parking:**

UW-Parkside has 3 lots available for general parking: Student Center, Communication Arts, and Tallent Hall.

If you register for a Mini Course, a parking permit will be sent in the mail along with your Mini Course tickets. Please contact the Concierge Desk at 262-595-2307 if you do not receive a permit. The parking permit will be valid only on the date(s) of your class and MUST be displayed on your rearview mirror. Permit users are restricted from using meters and reserved spots. REMINDER: Permits are only valid for use in specified lots and are not valid in residence hall parking lots.

For all other courses or events, parking instructions will be noted in the communication you will receive after you have registered. If you have any questions about parking, please contact us at 262-595-2307.

## **Course Proposals:**

If you are interested in teaching a course, visit our website and submit a proposal. [www.uwp.edu](http://www.uwp.edu), keyword: continuing education

## **Become a Friend!!**

Find us on Facebook! Search for University of Wisconsin-Parkside Continuing Education





# HOW TO ENROLL

Enrolling is quick and easy! Select the option most convenient for you.



Online  
[www.uwp.edu](http://www.uwp.edu)  
 Keyword: Continuing Education



Phone  
 262-595-2307



Fax  
 262-595-2513



Mail  
 UW-Parkside, Student Center  
 Attn: Conceirge Desk  
 900 Wood Road  
 P.O. Box 2000  
 Kenosha, WI 53141-2000



In-Person  
 (advance registration only)  
 UW-Parkside, Student Center  
 Concierge Desk  
 8:00 a.m. to 4:00 p.m.

## Registration Form

**\*Payment must accompany all registrations and mailed at least 2 weeks before the start of the course for processing.**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Course Name	Beginning Date	Fee
		<b>Total:</b>

Payment Method:  Check or money order (made payable to UW-Parkside)  
 Mastercard/Visa/Discover/American Express

Credit Card #: \_\_\_\_\_ Security Code: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Please Check:  I have read and agree to the terms of UW-Parkside's cancelation policy. (See page 22)

**For Office Use Only:**

Date Received: \_\_\_\_\_ Date Entered: \_\_\_\_\_

Confirmation Sent: \_\_\_\_\_

Campus Events

# DIRECTIONS, PARKING, MAP

## Directions:

The University of Wisconsin-Parkside is located in the Town of Somers, Kenosha County, minutes from downtown Kenosha and downtown Racine.

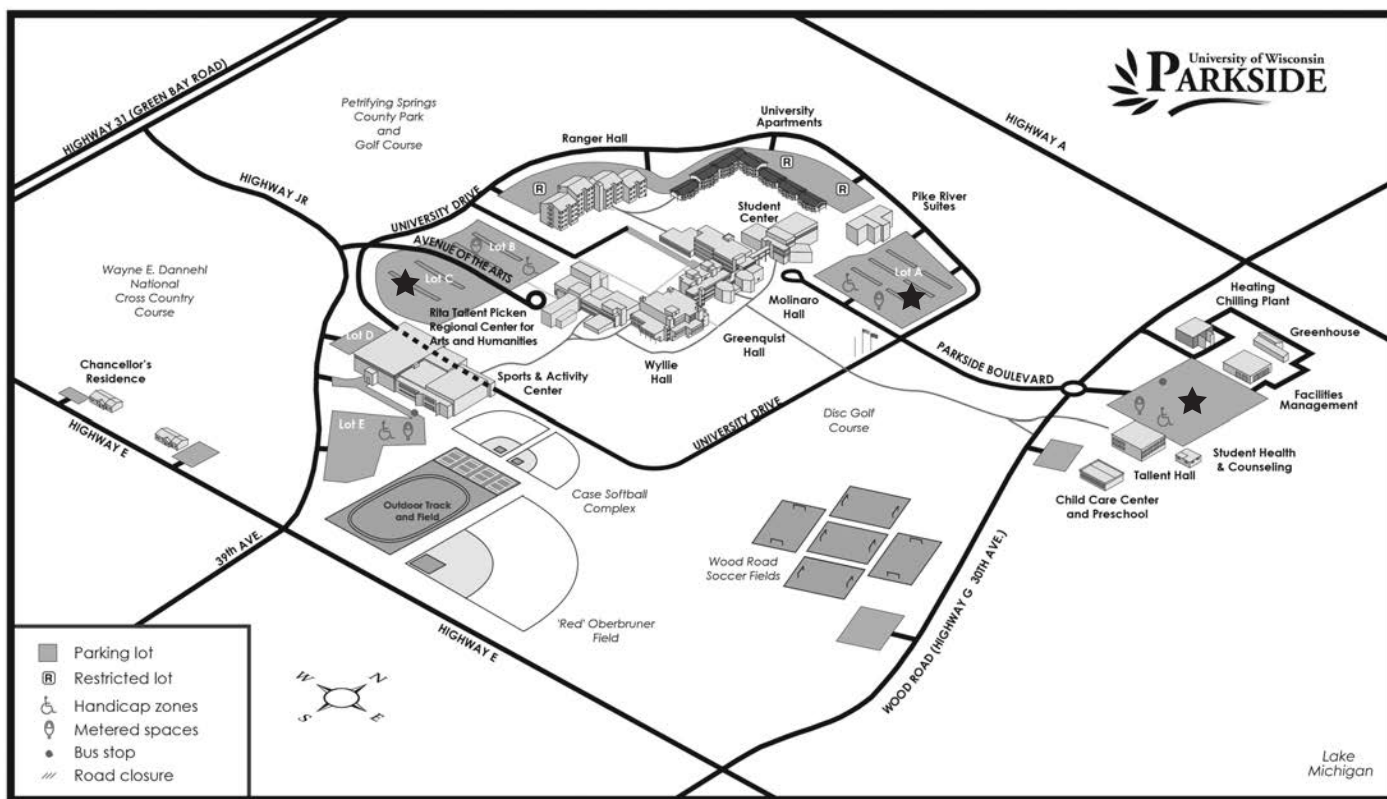
From Highway 31/Green Bay Road, turn east on County Highway E and continue 1.5 miles to 30th Ave./Wood Road, turn north.

From Highway 32/Sheridan Road/Racine Street, turn west on County Highway E and continue to 1.5 miles to 30th Ave./Wood Road, turn north.

From Chicago or Milwaukee on Interstate 94, take County Highway E east 5 miles to 30th Ave./Wood Road, turn north.

## By Local Bus:

Kenosha Transit serves the campus. For schedules and route information, call 262-653-4287. During the fall and spring semesters, the UW-Parkside shuttle connects to Racine's Belle Urban System. For schedules, check the UW-Parkside Police Department website.



## Parking at UW-Parkside:

UW-Parkside has 3 lots available for general parking: Student Center, Communication Arts, and Tallent Hall.

If you register for a Mini Course, a parking permit will be sent in the mail along with your Mini Course tickets. Please contact the Concierge Desk at 262-595-2307 if you do not receive a permit. The parking permit will be valid only on the date(s) of your class and MUST be displayed on your rearview mirror. Permit users are restricted from using meters and reserved spots. REMINDER: Permits are only valid for use in specified lots and are not valid in residence hall parking lots.

For all other courses or events, parking instructions will be noted in the communication you will receive after you have registered. If you have any questions about parking, please contact us at 262-595-2307.

## 6th Annual Mentor Conference



SAVE THE DATE  
January 18th, 2013

To learn more, visit us online at:  
[www.uwp.edu](http://www.uwp.edu)  
Keyword: Mentor KR

OR

Contact us at:  
(262) 595-2604  
[mentorkr@uwp.edu](mailto:mentorkr@uwp.edu)

## Unlocking Youth Potential Through Mentoring



## Western Kenosha County **TRANSIT**



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[www.kenoshacounty.org/transit](http://www.kenoshacounty.org/transit)



## There is no cure, but lead poisoning is 100% preventable.

Lead poisoning is a serious problem that can easily be prevented. The Kenosha/Racine Lead-Free Communities Partnership focuses on removing lead hazards from homes in the City and County of Kenosha and the City of Racine.

For more information,  
please contact the Kenosha/Racine Lead-Free  
Communities Partnership

Kenosha (262) 605-6741

Racine (262) 619-3571

Visit us at [legacyofflead.com](http://legacyofflead.com)



## Help and Hope for the Future: *Serving Those with Substance Use Disorders*

Register Now!

Friday, October 12, 2012

UW-Parkside Student Center

Keynote Presenter: Michael McGowan

Time: 7:30 am - 8:00 am *Registration*  
8:00 am - 4:30 pm *Conference*

Cost: \$70.00 Early bird with lunch  
\$60.00 Early bird without lunch

After September 28th:  
\$85.00 with lunch  
\$75.00 Without lunch





Center for Community Partnerships  
900 Wood Road • P.O. Box 2000  
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