Waukee Community Education



Course Catalog for Adults & Students

Fall 2016 Volume 8, Issue 1



Learn. Serve. Thrive.





Courses

Parent University

Financial Planning for Special Needs Families	Dage 2
Great Beginnings for Families	Dage 2
Parenting with Love and Logic	
SENG Parent Group	
Social Media Safety for Parents	
Strengthening Families Program	
Arts & Crafts	Paye 4
Knitting 101	Dage 4
Knitting 201: Knitting in the Round	Dage 4
Business & Finance	raye 4
Maximizing Social Security	Dago /
Computers & Technology	raye 4
Having Fun With Social Media	V anc q
Intro to WordPress Website Design	
Minecraft for Parents (NEW)	
Foods & Cooking	age J
Parent & Child Cake Decorating – Beginning	Page 5
Parent & Child Cake Decorating – Advanced	
Parent & Child Cookie Decorating - Advanced	
Parent & Child – Gingerbread House Decorating .	
Health and Wellness	age J
Essential Oils 101 (NEW)	Page 6
Healthy Home 101 (NEW)	
Tai Chi for Arthritis and Fall Prevention (NEW)	Page 6
Music	uge o
Instant Guitar	Page 6
Special Interest	5
Everyone Communicates Few Connect (NEW)	Page 6
Tips & Tricks for Your Disney Vacation	
Waukee Academy	-
ACT Prep – English & Reading	Page 7
ACT Prep – Math	Page 7
ACT Prep – Science	
ACT Prep Workbook	
Babysitter's Training	Page 8
Bricks 4 Kidz – After School sessions	
Bricks 4 Kidz – Kidz Night Out	
Chess (NEW)	. Page 10
Elementary Spanish (NEW)	
Engineering for Kids (NEW)	. Page 10
Fencing (NEW)	
Mad Science-Chemistry & Brixology (Grades K-1)	. Page 10
Mad Science-Chemistry & Brixology (Grades 2-4).	
PSAT Prep.	
Show Choir 101 (NEW)	
Voice Lessons (Ages 13+)	
Volleyball Clinic (NEW)	
Waukee Invitational Cross Country Mile Run	
Yoga for Kids	
Zumbakids	. Page 12



Welcome Letter

Dear Waukee Community Members,

Welcome to a new school year! Each year is full of new opportunities. One opportunity that began last school year was our intramural program for Waukee High School students. Over 500 students participated in intramurals throughout the year. We are gearing up to offer even more intramural opportunities this year. Students and parents have shared that intramurals have allowed them to get to know their classmates better, exercise, socialize, and most importantly, have fun!

Staying with the new opportunity theme, we will be implementing new software for our Silver Cord program. The new tool will help our 9-12 grade students communicate, record, and monitor their volunteer hours. It will also allow parents to view updated hours. Our staff will increase efficiency and effectiveness with students, parents, and volunteer/ community organizations by utilizing the software. The new tool is a "win" on many levels and we are excited to roll it out this fall!

As always, please feel free to contact me. I welcome your feedback on how we can continue to grow Waukee Community Education and better serve our student, families, and community members. We are Waukee!

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Community Education Staff

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Fall 2016 Opportunities

Parent University

Financial Planning for Special Needs Families

We know you focus on making sure your child has the Quality of Living they deserve. What happens if you are no longer able to provide the financial resources yourself? How do you know if you have structured their finances in a way that ensures they are still able to receive needs-based benefits when they reach the age of majority? Properly structured supplemental funding can protect benefits and help provide a higher quality of living for that person.

Instructor: Dennis Burns F1600 Wednesday 7:00-8:30pm October 19 South Middle School, Room #305

\$12

IOWA STATE UNIVERSITY University Extension

Great Beginnings for Families

Join us for a fun, informative series of workshops for parents/ caregivers of 0-5 year olds that will provide the skills and understanding necessary to raise healthy young children. We will explore the key principles of child development, positive discipline and guidance, helping children cope with anger and conflict, encouraging learning through play, along with building strong families. Childcare will be provided. Instructor: ISU Extension and Outreach staff F1601

Thursdays 6:30-7:45pm October 13-November 10 Walnut Hills Elementary, Media Center \$10/family

Parenting with Love and Logic

Need a new parenting approach? Frustrated? Looking for new strategies? This 4-week program is based on the Cline-Fay Love and Logic Philosophy. Learn how to lovingly set limits, reduce power struggles, encourage responsibility, and improve decision-making skills in your children. The Love and Logic approach to parenting can be put into practice immediately and is appropriate for children of all ages. Jason Sanders, a school counselor and certified Love and Logic instructor, will be facilitating the class.

Instructor: Jason Sanders F1602a (single) F1602b (couple) Tuesdays 6:30-8:30pm October 25-November 15

Waukee High School, Media Center \$42 single \$54 couple

> Community Education Learn. Serve. Thrive.

SENG Parent Group

The Supporting Emotional Needs of Gifted (SENG) Parent Group is structured to bring together Waukee parents of gifted and talented children for the purpose of sharing information. Topics such as motivation, discipline, stress management, peer relations, and sibling rivalry, as they relate to parenting gifted children, will be discussed. The co-facilitators will guide weekly discussions relating to readings from the book, "Parent's Guide to Gifted Children". Fee includes the group book.

Instructors: Frankie DeMouth and Susan Wouters.

F1603

Tuesdays 6:30-8:00pm January 10-February 28 Waukee Middle, Media Center \$87

Social Media Safety for Parents

Do you understand the social media world? Learn about the social media sites your children are using, and the many ways they're connecting to them. We'll cover the best ways to set ground rules for social media usage, how to check their privacy settings, and how to use software and technology to keep them safe.

Instructor: Kim Jarnagin F1604

Tuesday 6:30-8:00pm December 6 South Middle School, Room #330 \$10

Strengthening Families Program

(Parents & Youth Ages 10-14)

Learn how to maintain and/or build a positive relationship with your youth during those challenging teen years and to prevent your youth from having serious behavior and substance abuse problems. This skills-building program from Iowa State University Extension and Outreach is for parents to attend with their youth ages 10-14. Parents will sharpen their nurturing skills that support their children and enhance their skills in effectively disciplining and guiding their youth. Youth will be given a healthy future orientation, an increased appreciation of their parents, plus learn skills for dealing with stress and peer pressure. Each week a free meal will be provided from 5:00-5:30pm for all attending families along with free child care for younger children.

Instructor: ISU Extension and **Outreach staff** F1605

Sundays 5:00-7:30pm October 2-November 13 Waukee Elementary, Cafeteria, Media Center \$19

Arts & Crafts

Knitting 101

Learn to knit a scarf, start to finish! In the first class session, learn to knit stitch and how to cast-on and knit a basic scarf. You will work getting the stitches right and learn how to fix mistakes. The time period between the 4

two classes is your time to knit the majority of the scarf, bringing it close to a finishing point. You will use the second class to learn the purl stitch and also finish the scarf - binding off, adding fringe and weaving in the ends. You will learn all the basics of knitting! Participants need to bring their own supplies to the first class. Ask for supply list when registering. Adults and students age 13 and up are welcome.

Instructor: Jen Geigley F1606

Thursdays 6:30-8:30pm October 20 & November 10 South Middle School, Room #408 \$34

Knitting 201

Knit your first hat! This session will be spent learning the basics of knitting in the round. You will begin by casting on and joining in the round on circular needles, and then we will switch to double pointed needles and learn how to finish off a hat. This class will progress at a quicker pace. You will be required to knit and purl comfortably on your own, without assistance. Participants need to bring their own supplies to the first class. Supply list is available online. Adults and students age 13 and up are welcome. **Instructor: Jen Geigley**

F1607 Thursday 6:00-9:00pm December 1 South Middle School, Room #305 \$26

Business & Finance

Maximizing Social Security

For years you have contributed to Social Security. How do you get the most back? Very few approaching retirement understand the different opportunities to maximize their lifetime income. individually or as a couple. This workshop will help you understand how to maximize your lifetime income from Social Security. Instructor: Dennis Burns F1608 Tuesday 7:00-8:30pm

October 18 South Middle School, Room #305 \$12

Computers & Technology

Having Fun With Social Media

Feel out of the loop when it comes to new technology? Want a new way to connect and get information? Learn how to use Facebook, Twitter, YouTube, Pinterest, and Foursquare. These social media outlets will help students shop online, stay on top of the weather, keep track of your favorite sports teams, road closings, your children's school announcements, and much more! Students will also have access to an online classroom where they can download course resources. **Instructor: Kim Jarnagin**

F1609

Tuesdays 6:30 - 8:30pm October 11 & 18 South Middle School, Room #330 Tuition: \$38

Intro to WordPress Website Design

Have you ever been interested in creating your own website? If so, this class is perfect for you! You can use WordPress as a website or blog. In this course, you will learn how to host, install, and customize your site. In addition, you will learn how to add WordPress pages, a custom menu, upload media files, and add a contact form. We'll also explore some of the many templates and plugins available to the WordPress community. Each student will be assigned a WordPress.org website that they may work with during class, as well as several months after class has ended. Students will also have access to an online classroom where they can download class materials and resources. Students must have basic computer skills and feel comfortable using a browser. A required handbook will be available to purchase the first night of class. Handbook cost is approx. \$20.

Instructor: Kim Jarnagin F1610

Tuesdays 7:00-8:30pm November 1, 8, 15 South Middle School, Room #330 \$42

Minecraft for Parents



Ever feel like your little Minecrafter is speaking a different language? Want to be more connected when they're sharing about their newest level? Have questions about the game? In this class we'll explore Minecraft from the parents' perspective. We'll look at what the game has to offer and give you a new way to connect with your little Minecrafter. Participants must provide their own mobile device, that is wi-fi accessible and has the most updated version of Minecraft: Pocket Edition app by Mojang installed on it. Russ Goerend, a Waukee teacher who utilizes technology in and out of the classroom, will lead class. **Instructor: Russ Goerend**

F1611 Thursdays 7:00 - 9:00pm September 8 & 22 Waukee High School, Media Center \$55 (Cost of App not included. Approximate cost is \$7)

Foods & Cooking

Parent & Child Cake Decorating - Beginning

Want to do something fun and creative with your child/grandchild? Learn basic cake decorating techniques, while having lots of fun and smiles! Go home with a yummy cake created by you! Parents and children 7+ are welcome.

Instructor: Echo Boland

F1612 Monday 6:30-8:30pm October 3 South Middle School, Room #526 \$40 Parent & Child

Parent & Child Cake Decorating - Advanced

Are you looking for next step in cake decorating? Advance your cake decorating skills with your child in this two-hour class. Refresh what you know and learn even more! You will go home with a finely decorated, delicious cake. Parents and children 7+ are welcome.

Instructor: Echo Boland F1613

Monday 6:30-8:30pm November 7 South Middle School, Room #526 \$40 Parent & Child

Parent & Child Cookie Decorating

Looking for an opportunity to create memories with your child/ grandchild? We will decorate cookies, and then you take home your delicious creations. All materials are included in the class, just bring your creativity! Parents and children 7+ years are welcome. Instructor: Echo Boland

F1614

Monday 6:30-8:30pm October 17 South Middle School, Room #526 \$40 Parent & Child

Parent & Child – Gingerbread House Decorating

A fun filled two hours for parents/ children to come and create memories together. Decorate a gingerbread house and take home your delicious creations! All materials are included in the class, just bring your creativity. Parents and children 7+ years are welcome.

Instructor: Echo Boland F1615 Monday 6:30-8:30pm

December 5 South Middle School, Room #526 \$40 Parent & Child

Health and Wellness

Essential Oils 101

This class is designed to give participants a



foundation in essential oils and how they can benefit and support the body and spirit. Participants will smell and feel several oils and oil-infused products, learn the history of oils and their many benefits, including how to use oils to support wellness, promote emotional balance, and aid in chemical-free cleaning and living. Participants will make a product they can take home and enjoy.

Instructor: Janelle Rouse F1616

Thursday 6:30-8:00pm October 6 South Middle School, Room #305 \$10

Healthy Home 101 This class is designed



to give participants a foundation in essential oils and how they can benefit and support a healthy home. Participants will be given an Essential Oils 101 overview, but will make three different home/health products they can take home and enjoy.

Instructor: Janelle Rouse

F1617 Thursday 6:30-8:00pm October 20 South Middle School, Room #305 \$10

Tai Chi for Arthritis and Fall Prevention Tai Chi has been



shown to help prevent falls and improve health and quality of life. Tai Chi can help reduce pain and stiffness through a series of gentle, pain-free movements. It will help improve balance, strength, flexibility and stamina. Most importantly, Tai Chi can help improve quality of life both physically and mentally. The instructor is a certified Tai Chi instructor. This class can be done while sitting in a chair if needed. Ages 16+ are welcome.

Instructor: Michelle Goodman F1618

Tuesdays & Thursdays 7:00-8:00pm September 27-November 17 (no class 10/25 & 10/27 due to Parent-Teacher Conferences) South Middle School, Room #405 \$7

Music

Instant Guitar

Have you ever wanted to learn to play the guitar but time and money for private lessons has kept you away? Then this class is for you! This one-time 2 1/2 hour class will teach all the basics of playing the guitar so you can play your favorite songs right away. No past experience with music or the guitar is required. Designed for beginners, the emphasis is on having the correct tools and instruction to have fun learning chords and strumming patterns, not technical perfection. This interactive class uses an easy to use instruction manual and plenty of hands-on experience to help you feel comfortable knowing you have the proper tools and instruction to enjoy your guitar for years to come. Bring your acoustic guitar. Ages 12+ are welcome. Fee includes a workbook.

Instructor: Phil Buntenbach F1619

Tuesday 6:00-8:30pm November 15 South Middle School, Pod #302 \$37

Special Interest

Everyone Communicates Few Connect

Learn how to identify with people and relate



with people and relate to others in a way that increases your influence with them. To be a successful leader, you need to learn to communicate in a way that connects with others. This program is designed by John Maxwell. The instructor is a certified John Maxwell coach, trainer and speaker, with over two decades of experience as leader in a Fortune 500 company. Fee includes the John Maxwell book "Everyone Communicates Few Connect".

Instructor: Tim Gaynor F1620

Thursdays 6:30-8:00pm October 13-December 15 (no class 10/27 & 11/24) South Middle School, Room #308 \$197

Tips and Tricks for your Disney Vacation

Looking for ways to make the most of your Disney vacation? This interactive course will help you with several aspects of planning, navigating crowds, and making the most of your vacation. Even if you have been before, these sessions will help you learn more about the parks and the things you can do to make the most of your time there. Instructor has made 50+ trips to Disney Parks in the USA and is an authorized Disney Vacation Planner.

Instructor: Rob Brookhart F1622

Thursdays 6:30-9:00pm September 29 & October 6 South Middle School, Room #308 \$19

Waukee Academy

ACT Prep – English & Reading (Grades 9-12)

Experienced Waukee English instructor with Master's Degree in Education will review grammar, punctuation, sentence and paragraph structure, and style. An emphasis will be placed on finding the shortcuts on the English test as well as test-taking tips for this particular section of the ACT. Students will also review the reading test: types of passages, time management suggestions, and how to approach the reading exam. Please purchase the class workbook separately online through Community Ed. This is

the same book being used for the Science & Math review courses. Instructor: Adam Werley

F1623a

Monday-Friday 3:15-4:45pm October 10-14 Waukee High School, Room #404 \$85

F1623b

Monday-Friday 3:15-4:45pm November 28-December 2 Waukee High School, Room #404 \$85

ACT Prep – Math (Grades 9-12)

Instructor teaches high school math in Waukee. This class will focus on test taking strategies for the math portion of the ACT. We will review math concepts commonly found on the ACT and take and discuss several practice exams. Please purchase the class workbook separately online through Community Ed. This is the same book being used for the Grammar, Science and Reading review courses.

Instructor: Jay Winter F1624

Mondays 3:15-5:45pm September 19, 26, October 3 Waukee High School, Room #661 \$85

ACT Prep – Science (Grades 9-12)

Instructor has Master's Degree in Education, experience in teaching ACT test preparation, and high school science teaching experience for fourteen years in Waukee. This class will focus on test taking strategies for the science portion of the ACT. We will review science concepts commonly found on the science portion of the ACT: Charts and Graphs, Experiments, and Fighting Scientists. We will take and discuss several practice exams during this review. Please purchase the class workbook separately online through Community Ed. This is the same book being used for the Math and English & Reading review courses.

Instructor: Dan Briggs F1625

Saturdays 8:45am-12:30pm October 1 & 15 Waukee High School, Room #724 \$85

ACT Prep Workbook

The Princeton Review "Cracking the ACT 2016 Edition". This is the workbook being used for all of the Waukee Academy ACT Prep courses. To receive the book through Community Ed, please enroll using the course number F1600 in addition to enrolling in your chosen ACT Prep course. Cost: \$13.00



You Snooze... We Lose.

Nothing kills a course quicker than waiting until the last minute to register for it! If there are not enough registrations at the registration deadline (approximately one week prior to the start of the course), the course may be cancelled. Please register at least one week prior to the start of the course to ensure the success of the course! Thank you!

Babysitter's Training (Ages 11-14)

Safe Sitter prepares young adolescents for the responsibilities of nurturing and protecting children. Participants will learn: how, why, and where injuries happen so you can prevent them from happening in the first place, how to get help if you need it, how to keep yourself safe when babysitting, how a child's age affects how to care for them, how to prevent problem behavior, and how to rescue a choking infant or child. The class will include hands-on manikin practice in rescue skills, small group interactive learning, role-playing, and games. At the end of each section, each participant must pass a written exam proving they understand the key concepts. Students must also demonstrate their skills in care of the choking infant/child and in infant/child CPR. Upon successful completion, students will receive a Safe Sitter certification card. Students will also keep their handbook. Please bring a sack lunch.

Instructor: Safe Sitter staff F1626

Saturday 9:00am-4:00pm November 5 Prairieview School Media Center \$49

Bricks 4 Kidz – After School sessions (Grades K-5)

Bricks 4 Kidz[®] offers project-based programs designed to teach principles and methods of engineering and architecture, as well as concepts across a variety of subject areas including math,

8

science and history using LEGO[®] bricks. The activities are designed to trigger a child's imagination, encourage problem solving and enable learning not only by listening and observing, but also by using fine motor skills and spatial intelligence. Participants build a new project each week. Best for students grades K-5th grade, but any age is welcome.

Instructor: Bricks 4 Kidz staff

Fall Class Theme: Best of Transportation Timeline

Build dynamic transportation models and explore the history of transportation from the horse and buggy and locomotive to modern day cars and airplanes! Our final destination is FUN! F1627we Mondays 3:50-4:50pm September 19-October 10 Waukee Elementary, Room #122 \$39

F1627wh Mondays 3:50-4:50pm October 17-November 7 Walnut Hills Elementary, Room #303 \$39

F1627gr Tuesdays 3:50-4:50pm October 18-November 8 Grant Ragan Elementary, Room #122 \$39

F1627ee Mondays 3:50-4:50pm November 21-December 12 Eason Elementary, Room #101 \$39

Bricks 4 Kidz – Kidz Night Out (Grades K-5)

Bricks 4 Kidz Night Out is an evening of FUN sure to please kids and their parents! Three hours of LEGO[®] activities including loads of free play LEGOS[®] for creative projects and challenges, our signature motorized "technic" model building, 3D Model building, zip line races, CHIMA[™] Speedorz and Ramps, LEGO[®] movies, crafts and much more. We will have pizza and snacks. Each Kidz Night will feature a fun new theme. With a variety of stations and activities, our event is great for LEGO® fans 4 to 12 year old, so leave them with us and enjoy a night out! You'll feel great knowing your kids are in a safe, enriching environment and the kids will be happy to have an evening of FUN dedicated to them!

Instructor: Bricks 4 Kidz staff F1628a

Friday 6:00-9:00pm October 14 South Middle School Commons \$29 (single child) *\$18 (each additional sibling)

F1628b Friday 6:00-9:00pm December 9 South Middle School Commons \$29 (single child) *\$18 (each additional sibling)

* Each additional sibling is \$18 and will be included in the normal online registration form. If registering for one child, use the "single" registration. If registering for more than one child, use the "sibling" registration.

Chess (Grades K-5) Youth Enrichment

New!

League chess lessons engage beginners through advanced students. Students will have a lesson, practice, and play each class. All equipment is provided and students will receive a cadet booklet. Join this "sport of the mind." Sign up and create a checkmate today! Instructor: Youth Enrichment

League staff F1629mg Tuesdays 3:50-4:50pm September 27-November 1 Maple Grove Elementary, Media Center \$70

F1629wh Tuesdays 3:50-4:50pm November 8-December 20 (No class 11/15 due to Parent-Teacher conferences) Walnut Hills Elementary, Media Center \$70

Elementary Spanish (Grades 1-5)



The Language Project is based around discovery, experience and play in the target language. We will learn Spanish through music, games, stories and immersion in the language. Set your child up on the journey to success!

Instructor: The Language Project staff

F1630

Tuesdays 3:50-4:50pm September 27-December 6 (No class 11/15 due to Parent-Teacher conferences) Shuler Elementary, Media Center \$148

Engineering for Kids (Grades K-5)



Engineering for Kids provides STEM (Science, Technology, Engineering, Math) education to students through a variety of hands-on learning experiences. Students build problem solving skills, discover how things work, explore engineering as a career option, learn math and science while having fun, and engage in real world engineering problems. Instructor: Engineering for Kids staff

Fall Theme: Junior Aerospace Engineering (Grades K-1)

The Junior Aerospace Engineering classes are ways to introduce the youngest engineers to concepts of aircraft and spacecraft design through fun and exploration. Students will learn to construct airplanes, rockets and more. F1631a

Thursdays 3:50-5:20pm September 15-October 6 Eason Elementary, Room #101 \$99

F1631b Thursdays 3:50-5:20pm October 13-November 3 Waukee Elementary, Room #122 \$99

Fall Theme: Aerospace Engineering (Grades 2-5)

Aerospace Engineering classes provide an opportunity for students to use the Engineering Design Process to design, create, test and refine a variety of flying machines, including a lunar vehicle, air-powered rockets and a blimp that flies! F1632a Tuesdays 3:50-5:20pm September 13-October 4 Eason Elementary, Room #101 \$90

F1632b

Tuesdays 3:50-5:20pm October 11-November 1 Waukee Elementary, Room #122 \$90

Fencing (Grades 2-12) Fencing is one of the

New!

fastest growing sports in the USA. Youth Enrichment League fencing is designed to engage beginners through advanced students. Students will receive world class instructor as the curriculum is designed by a former olympic fencer. Students will get a physical workout while learning honor, manners, and respect in the sport of fencing. Safety is a priority and all equipment is provided. Get in the game!

Instructor: Youth Enrichment League staff

Grades 2-5 F1633a Mondays 6:45-7:45pm November 7-December 12 South Middle School, Commons \$81 Grades 6-12

F1633b

Mondays 8:00-9:00pm November 7-December 12 South Middle School, Commons \$81

9

Mad Science – Chemistry & Brixology (Grades K-2)

Our new Lego-based engineering program, plus our classic Crazy Chemistry (a Nobel Prize area). Brixology was co-designed with Mad Science by a Lego Certified Professional! For both Brixology and Chemistry, the programming is taught at the age appropriate level. The topics are totally different than for the older students. Your child will receive three take homes each time we meet. For students in grades K-2.

Instructor: Mad Science staff F1634mg

Wednesdays 1:55-5:00pm September 7 & 21 Maple Grove Elementary Room #122 \$73

F1634bv Wednesdays 1:55-5:00pm October 5 & 19 Brookview Elementary Room #109 \$73

F1634se Wednesdays 1:55-5:00pm November 2 & December 7 Shuler Elementary Room #122 \$73

F1634wd Wednesdays 1:55-5:00pm January 11 & 25 Woodland Hills Elementary Room #122 \$73

Mad Science – Chemistry & Brixology (Grades 3-5)

Our new Lego-based engineering program, plus our classic Crazy Chemistry (a Nobel Prize area). Brixology was co-designed with Mad Science by a Lego Certified Professional! For both Brixology and Chemistry, there are additional activities to challenge this age group. The topics are totally different than for the younger students. Your child will receive three take homes each time we meet. For students in grades 3-5. **Instructor: Mad Science staff**

F1635mg

Wednesdays 1:55-5:00pm September 7 & 21 Maple Grove Elementary Room #516 \$73

F1635bv Wednesdays 1:55-5:00pm October 5 & 19 Brookview Elementary Room #108 \$73

F1635se Wednesdays 1:55-5:00pm November 2 & December 7 Shuler Elementary Room #516 \$73

F1635wd Wednesdays 1:55-5:00pm January 11 & 25 Woodland Hills Elementary Room #516 \$73 **PSAT Prep (Grades 9-12)**

The Preliminary-SAT (PSAT) is essentially the same test as the SAT, without the essay component. Students who take the PSAT exam generally do so for one of two reasons: To compete for the prestigious National Merit Scholarship or to gain realistic practice for the SAT college admissions test. This test-preparation seminar provides students with highly effective tips and strategies to prepare them for success on the PSAT (as well as the SAT), regardless of their motivation for taking the exam. Students who take this seminar – and practice the tips and strategies at home - typically raise their PSAT scores by 5 to 15 points and their SAT scores by 50 to 150 points. Also included, students will take shortened practice tests, receive a comprehensive study guide and practice-test workouts with answer explanations, reduce their test anxiety, and gain confidence. All materials are included in the registration fee.

Instructor: Doorway to College staff

F1636

Wednesday & Thursday 6:30-9:00pm September 28-29 Waukee High School, Room #715 \$90

Show Choir 101 (Grades K-6)

Students will spend the New day in the shoes of a competition show choir performer! Students will build beginning skills in singing and dancing, in a positive, rewarding, and fun learning environment. Students will learn two choreographed songs which will be performed at 4:00pm in the auditorium. Students should bring their own sack lunch. Refrigerator space will be provided. Instructor has 7 years of experience teaching voice lessons, six years of participating in show choir, 3 years of being a freelance choreographers, 2 years of being a varsity show choir assistant director, and is a senior music student at Iowa State University.

Instructor: Grant Luther F1637

Friday *8:00am-4:00pm October 28 Waukee High School, Vocal Music Room #122 \$50 *End of camp performance @ 4:00pm in Auditorium

Voice Lessons – Waukee High School (Ages 13+)

Develop your singing voice to its full potential by learning the essential foundations of singing. Sing anything by learning HOW to sing! Students will learn to sing classical art songs and arias in English, Italian, German and/ or French while developing their full potential and produce a well-supported, well-focused and freely produced sound. All private lessons are 30 minutes in length, once a week between the dates below.

*Instructor: Jacqueline Thomson

F1638

Available Mondays, Tuesdays, and Wednesdays Between 3:30-7:30pm September 6-December 14 Waukee High School, Room #157 \$28 per lesson

Please contact Jacqueline Thomson first for availability at (515) 720-5198 or jacquelinetsoprano@ gmail.com *Jacqueline has been on the

Voice Faculty with Simpson College and NYU's CAP 21 Studios; her students have won numerous competitions, awards, and college scholarships

Volleyball Clinic (Grade 7)

This after school clinic offers quality technical instruction of basic volleyball skills: serving, passing, setting, hitting, and defense. Participants will be involved in a fun and energetic atmosphere with drills, lead-up games, and intra squad scrimmages! Wear tennis shoes and knee pads each day. Taught by Waukee Middle School Physical Education Teacher, Heidi Morse. Mrs. Morse has coached volleyball at the collegiate and middle school levels. Instructor: Heidi Morse F1639 **Tuesdays & Thursdays** 3:15-4:35pm

September 13-October 11 Waukee Middle School, main Gym \$89

Waukee Invitational Cross Country Mile Run (Grades 3-7)

Join the excitement of a true cross-country experience! Run a one-mile course on the grounds of Eason Elementary School. The top three place winners in each grade level receive a medal and all runners receive a ribbon. A traveling trophy is awarded to the elementary school with the top finishers. Spectators are encouraged to line the course and cheer for all of the runners. This event is open to all third through seventh grade students attending Waukee Schools. Race times: 3-4 grade girls 4:30 PM, 3-4 grade boys 4:45 PM, 5-6 grade girls 5:00 PM, 5-6 grade boys 5:15 PM, 7 grade only boys & girls 5:30 PM. Rain date is Tuesday, October 4th. Participants are encouraged to bring a water bottle and arrive at least 10 minutes prior to their race time.

Coordinator: Missy Brush. Contact Missy with questions at mbrush@waukeeschools.org Monday, October 3 Eason Elementary

\$3

F1640a 4:30pm, 3-4 grade girls

F1640b 4:45pm, 3-4 grade boys

F1640c 5:00pm, 5-6 grade girls

F1640d 5:15pm, 5-6 grade boys

F1640e 5:30pm, 7 grade girls & boys

Yoga for Kids (Grades K-5)

In this course, students will engage in a variety of activities! During the 90 minute classes, they will practice yoga poses that center around a theme (winter, outer space, trip to the zoo, etc.), learn about breath control, play games that involve active movement, and we will end each class by focusing on stillness and relaxation. This class will adapt to meet the needs of all students! Students need to bring a yoga mat and comfortable clothing. Instructor: Valerie (Steele) Jansonius

F1641 Tuesdays 4:15-5:45pm September 27-October 18 Grant Ragan Elementary School, Media Center \$50

What Waukee Academy Parents are Saying:

Wonderful class! My daughter learned a great deal and really enjoyed the class. What she learned is not only incredibly useful, but could truly save a life!

(Intro to WordPress Website Design)

"I will pick up my guitar more often. Iloved the way Phil taught us!" (Instant Guitar)

Zumbakids (Ages 5-11)

The ultimate dance-fitness party for young Zumba fans, where they can play it loud and rock with friends. This program features age-appropriate music and moves that get kids moving to the beat, combining movement, games, music and community in a class for children. Explore different cultures and learn more about languages, dances, music instruments, games and more. **Instructor: Patricia O'Connell** F1642a

Tuesdays & Thursdays, 3:50-4:35pm September 15-October 6 Brookview Elementary Room #108 \$40

F1642b

Tuesdays & Thursdays, 3:50-4:35pm October 18-November 10 (No class 11/8) Brookview Elementary Room #108 \$40

F1642c

Tuesdays & Thursdays, 3:50-4:35pm November 29-December 22 (No class 12/13) Brookview Elementary, Room #108 \$40

What Continuing Education Participants are Saying:

"The Intro to Wordpress Website Design course offered an opportunity to learn more about web design from a real person at an affordable price. It provided a necessary jump-start to a relevant job skill I've been wanting to work on, and the timing and format of the class was convenient for me and my family"

(Intro to WordPress Website Design)

"I will pick up my guitar more often. Iloved the way Phil taught us!" (Instant Guitar)

What Parent University Participants are Saying:

"We have been able to use the techniques shared to improve how we handle our son's aggression issues. He's doing better in school and we aren't as stressed at home. It really helped to reflect on what we have been doing, identify what isn't working and come up with a better plan so we can provide the love and support our 5 year old needs. We are also better equipped to raise our 1 1/2 year old by applying the things we learned now vs struggling like we had with our first child."

(Great Beginnings for Families)

Beyond the **Bell**

Children can get help with homework, play games in the gym, do crafts, enjoy the great outdoors, learn about eating healthy, and much, much more at Beyond the Bell. Beyond the Bell is open from 6:30 – 8:40 before school and open from 3:40 – 6:00 after school. More information available online, www.waukeeschools.org



5 Easy Ways to Register

Online

Go to: http://www.waukeeschools.org/ communityeducation. Then click "Online Registration."

By Phone

Call 987-2761 between 8:00am and 4:00pm to pre-register for classes.

In Person or by Mail

Bring your completed registration form in person, or mail to 560 SE University, Waukee, IA 50263. Our office hours are 8:00am–4:00pm, Monday through Friday. Make checks payable to Waukee Community Schools.

By Fax

Fax your completed form with your complete credit card number and expiration date to 515-987-2701 between 8:00am and 4:00pm.

Register Early

Please Note! Instructors need to know how many students will be attending to help them plan materials. Some classes fill quickly and have size limits. Late registration may cause a class to be canceled due to low enrollments, so please sign up as soon as possible.

Pre-Registration

Please pre-register for all classes or call ahead for availability as some classes have enrollment limits. Also, pre-registration

Look for Waukee Academy fliers in Waukee Backpack. View backpack online at https://blogs.waukeeschools.org /waukeebackpack/



requires payment. We aren't able to just "hold a seat" for you. Thank you for understanding.

Confirmations

Once you have submitted your registration form, you are registered for the class unless we notify you otherwise. To help keep our classes reasonably priced, we do not send out confirmation notices by mail. If you register online, you do receive an e-mail confirmation.

Changes/Cancellations

You will be notified by e-mail if there are any changes in your class or if a class is canceled. Please make sure we have your e-mail address so we may contact you. We will notify you at least 24 hours prior to the first class.

Weather Closings

Continuing Education classes are automatically canceled when Waukee Schools are closed due to weather. Canceled classes will be rescheduled if possible. WATCH LOCAL NEWS PROGRAMMING FOR DISTRICT CLOSURES.

Class Participants with Special Needs

If you need any special accommodations, please let us know when registering.

REGISTRATION OPEN NOW!



Refund request must be made 48 hours prior to the first day of the class. A \$5 administrative fee will be deducted from the original amount paid by the participant.

Waukee Community Education reserves the right to cancel classes is there is insufficient enrollment. Should that occur, full refunds will be given.

Be part of Community Ed!

Do you have an interesting skill, craft or hobby you would like to share with our community? Please call 515.987.2761 or visit: www.waukeeschools.org/ communityeducation



The Silver Cord Program

The purpose of the Waukee Silver Cord Program is to instill within the students the importance of community service, and encourage students to be accountable for investing in their own education, and in the community, on a regular basis during their school years.

The silver cord is a cord worn at the graduation ceremony to celebrate the accomplishments of students who actively participated in community service during their time at Waukee.

> For more information, please visit the Community Education website at www.waukeeschools.org/communityeducation

City Offices

Waukee Police

1300 L.A. Grant Parkway Phone: 978-7979 Emergency: **911** 24-hour line: 222-3321

Waukee Fire Department

1300 L.A. Grant Parkway Phone: 978-7998 Emergency: **911**

Parks and Recreation

805 University Avenue Phone: 978-0007

Waukee Public Works

805 University Avenue Phone: 978-7920

Waukee City Hall

230 W. Hickman Rd. Phone: 978-7900

Waukee Public Library

950 Warrior Lane Phone: 978-7944

Waukee Community Center 445 Maple Street Phone: 978-0007

4-H

Sandy Bland...... 515-987-8160 **American Legion** Pat Helle..... 515-681-3872 **American Legion Auxiliary** Sue Cline......515-987-3046 **Boy Scouts** (troops 178 & 182) Brett Thaver (178) ... 515-987-8026 www.waukeetroop178.com Steve Brush (182) ... 515-987-2052 **Crime Stoppers** Lynn Hakenson ... 515-987-4162 **Cub Scouts** Kurt Sundermann 515-987-1841 Friends of the Library Bill Mueller 515-457-9122 Garden Club Bev Pous 515-367-2648 **Girl Scouts** Sarah Bosch 515-278-2881 **Optimist Club** www.waukeeoptimists.org Scott Gustafson .. 515-865-1829 Plus 50 Club Delores Betchold 515-987-5981 **Rotary Club** Sue Rasmussen ... 515-223-4841

Healthy, vibrant communities are Learning Communities. Community Education contributes to this vibrancy by providing opportunities for all ages to Learn, Serve, and Thrive. Community Education partners with business, civic, and community organizations to create lifelong learning and service opportunities for individuals, families, and neighborhoods. For more information, go to www.waukeeschools.org/communityeducation

or please call us at 515-987-2761.

SYMPHONY ACADEMY PROGRAM: Private String & Piano Lessons with the DM Youth Symphony

The Des Moines Symphony Academy is delighted to continue offering private string and piano instruction to any interested student in the Waukee School District. Beginners at any age are welcome. All private lessons are given outside of school day in District buildings and are taught by Des Moines Symphony Academy faculty members Amanda Drish, violin, and David Rubin, piano. "Our goals as violin and piano teachers are to provide a unique experience for everyone involved. We would love the opportunity to teach your child the invaluable lessons we learned growing up in music. Music gave us something to call "our own". It is such a unique opportunity to have the Des Moines Symphony Academy partner with Waukee Schools, offering top-notch private music lessons at Prairieview School." – Violin teacher Amanda Drish and Piano teacher David Rubin.

(5) lessons = \$142.00 (8) lessons = \$227.00

(10) lessons = \$284.00(15) lessons = \$426.00



Lessons will take place at Prairieview School. For more information on the lessons, please contact Joshua Barlage, Symphony Academy Managing Director, at 515-280-3332 or joshua@dmsymphony.org To register, contact Waukee Community Education at 515-987-2761.

VFW

Civic Contacts

Richard Kroemer. 515-987-8780 Vision Soccer Academy

www.visionsocceracademy.com Office.....515-978-8040 Walnut Creek Little League

E-mail inquiries to: jhender518@aol. com

Wau-Tri-Kee

Charlene Beichley515-987-1063 Waukee Girl's Softball Parks & Recreation515-978-0007 Waukee Area Chamber of Commerce

www.waukeechamber.com Melinda Behn 515-978-7115

Waukee Area Arts Council

www.waukeearts.org Karen Dluhos...... 515-402-7870 Women's Club (Day Meetings)

Fran Jolliffe515-987-4607

www.dmymca.org Eric Kress......515-987-9996

Is there additional community information that you would like to see included on this page? If so, please let us know at 987-2761 or e-mail: communityed@waukeeschools.org

Registration is open now!

Visit our Website: www.waukeeschools.org/ communityeducation or scan the code below on your smartphone QR app!



WAUKEE COMMUNITY EDUCATION REGISTRATION FORM

Participant Name
D. O. B/ Gender Waukee Community School District Resident? Yes 🖵 No 🖵
Address City State/ZIP
Phone (day) [] (evening) [] (cell) []
Email:
School & Grade in 2016-17 (if student):
Parent's Name (if applicable): T- Shirt Size (if applicable)
Special Accommodations/Allergies/Health Concerns? Yes 📮 No 📮 If Yes, please specify:
How did you hear about us? 🗅 Program Guide 🗅 Newspaper 🗅 Website 🗅 Friend 🗅 Flier 🗅 Email 🗅 Other:
Method of Payment DasterCard VISA Discover Check (No. Please make checks payable to Waukee Community Schools
Name on Card
Card No
Program Name Program Code Date(s) Time(s) Fee

*Community Education reserves the right to utilize photos and the names of participants for publicity purposes. Participants desiring their names/photograph not to be used for publicity must notify Community Education in writing at the time of registration.

CONSENT AND RELEASE FORM

I am aware that my or my child's participation in this Program is completely voluntary and that I, or my child, may cease participation in the Program at any time. I also understand that I, or my child, may be removed from participation in the Program at any time, at the discretion of the District, for failure to follow District policies, rules or procedures with regard to the Program participation.

I understand that participation in the Program may expose me, or my child, to some risk. Understanding that certain dangers and risks are associated with participation in the Program, and in consideration of my or my child's desire to participate in the Program, I agree to participate in this Program or grant permission for my child to take part in this Program.

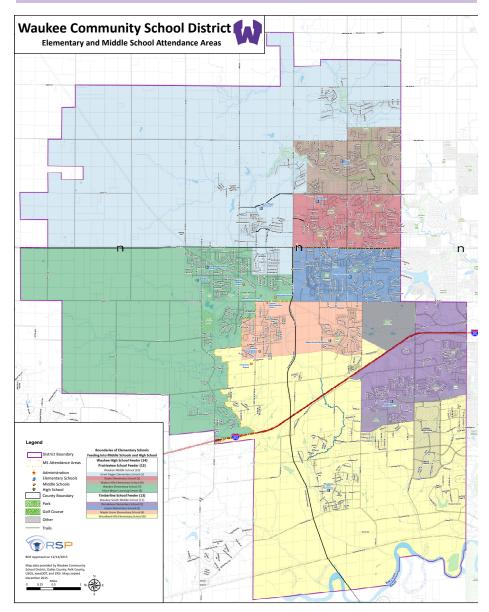
I authorize designated Program personnel and staff to exercise necessary authority to protect, render medical attention, discipline, and control me, or my child, as they may deem necessary. My permission is also given for me, or my child, to receive emergency medical treatment in case of injury or illness. I further understand that the District does NOT carry health/accident insurance to cover participants in the Program and, thus, I am responsible for any medical expenses not covered by my, or my child's, insurance policy.

Understanding the potential risks involved in my, or my child's, participation in the Program, I, acting for myself, my heirs and assigns, do hereby release, absolve and forever discharge the Waukee Community School District, its Board of Directors, officers, employees, representatives, agents and chaperones, individually and collectively from, and agree to hold them harmless against, any and all liability, including claims at law or in equity, for any accident or injury, fatal or otherwise or for any property loss or damage which may result from my, or my child's, participation in the Program.

Participant Signature (REQUIRED) _

Parent/Guardian Signature (if participant is under 18 years of age)

Map and Facility Addresses



NON-DISCRIMINATION STATEMENT

It is the policy of the Waukee Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status (for programs), genetic information (for employment), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Mr. Terry Welker, Director of Human Resources, 560 SE University Avenue, Waukee, IA 50263. Phone number: 515-987-5161; or to the Director of the lowa Civil Rights Commission, Des Moines, Iowa; or to the Director of the Region VII Office of Civil Rights, Department of Education, Chicago, Illinois. The Waukee Community School District complaint procedure in its entirety is located in the Board of Directors' Policy Manual. Procedures for staff are outlined in Board policy 405.5. Procedures for parents, students and community members are referred to in Board policy 502.9 and 1003.3. Copies of the Policy Manual are located in each Principal's office, the Administrative Office, the Waukee Public Library and the District's website, http://www.waukeeschools.org.

Our Schools

Brookview Elementary 8000 EP True Parkway, West Des Moines

Eason Elementary 605 SE Boone Drive, Waukee

Grant Ragan Elementary 645 NE Dartmoor Dr., Waukee

Maple Grove Elementary 1455 - 98th Street, West Des Moines

Shuler Elementary 16400 Douglas Pkwy, Clive

Walnut Hills Elementary 4240 - NW 156th Street, Urbandale

Waukee Elementary 850 - 6th Street, Waukee

Woodland Hills Elementary 1120 South 95th Street, West Des Moines

South Middle School 2350 SE LA Grant Pkwy, Waukee

Waukee Middle School 905 S Warrior Lane, Waukee

Timberline School 2605 LA Grant Pkwy, Waukee

Prairieview School 655 SE University Ave, Waukee

Waukee High School 555 SE University Ave., Waukee

Waukee School District Office 560 SE University Ave., Waukee



DISTRICT MISSION Dedicated to optimizing learning and potential for success in a global community.

BOARD OF EDUCATION

Mary Scheve (President), Susan Bunz Wendy Liskey, David Cunningham Ethan Huisman Patrick Nehls Jerry Ripperger Dr. David Wilkerson (Superintendent)