

City of Mobile

COMMUNITY ACTIVITIES PROGRAM

Enriching the Community through Education

FALL 2015



Register online @

CommunityActivitiesProgram.com

FREE BROCHURE

TAKE ONE

ART INSTRUCTIONAL CENTER

200 W. Parkway Dr. at Old Shell Road (In Lavretta Park).

Phone: 460-2421

ADULT CLASSES

BEGINNING FELTING

Students will learn the 4 basics of felt making, heat, moisture, pressure and agitation, all of these things are required to make felt. Students will make beads and flowers. Supply Fee: \$10.

Instructor: **Kathe Byrnes Kutzman**

Thurs. 9:30-11:30 a.m.

#07-2015-000580 Sept. 24-Oct. 1 (2 wks.) \$16

NUNO FELTED SCARF

Learn how to felt on top of a ready made scarf, students will also learn how to make pre-felts. (Read the description of Beg. Felting). Students need to bring a light colored gauzy scarf (or call for more info) Supply Fee: \$10.

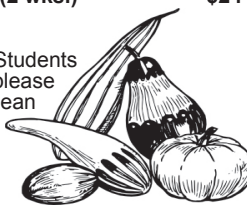
Instructor: **Kathe Byrnes Kutzman**

Tues., 1-4 p.m.

#07-2015-000581 Nov. 10-17 (2 wks.) \$24

BEGINNING GOURDS

Learn how to clean, stain or paint a gourd. Students will need to bring a gourd. If you need one please call the art center. In the 1st class, we will clean the gourd; we will saw or drill and work on the design. Samples are on display at the Art Center.



Instructor: **Kathe Byrnes Kutzman**

Thurs., 9:30-11:30 a.m.

#07-2015-000582 Sept. 10-17 (2 wks.) \$16

PAINTING PROJECTS AND OPEN STUDIO

Students can work in oils, watercolors, acrylics etc. Projects can be painted on any surface. Students can work from pictures; still life set ups, and books. Students need to bring all their own supplies. Students will receive help and critiques.

For more info: call the art center.

Instructor: **Kathe Byrnes Kutzman**

Tues. & Wed., 9-12 p.m.

#07-2015-000583 Sept. 8-Dec. 9 (weekly) \$5 per class

JELLI PLATES

Jelli printing is a great choice for printing on papers and fabric without a press and a great choice for beginners who want to try their hand at the printing process. Students will learn how to make their own jelli plate, and how to use them for backgrounds, etc. Supply Fee: \$5

Instructors: **Kathe Byrnes Kutzman and Ann Henkel**

Thurs., 9-12 p.m.

#07-2015-000584 Nov. 5 (1 class) \$12

NEW

FURNITURE MAGIC

Don't throw that old serving cart, coffee table, frames etc. Bring them to class and we will make them ...new again. Students need to bring a small piece of furniture that they can carry home each week. The class will learn about paints: acrylic, milk, chalk, enamels and varnishes. We will discuss each piece and plan the style and design, stenciling or painting, folk art or modern, and we will give you a supply list at the first class. Supply Fee: \$10

Instructors: **Kathe Byrnes Kutzman, Ann Henkel and Ginger Woechan**

Thurs., 9-12 p.m.

#07-2015-000585 Nov. 12-Dec. 10 (4 wks.) \$48

NEW

INTERMEDIATE ZENTANGLE®

This class is for tangles who have taken Beginning Zentangle® classes or have the equivalent experience with this meditative art form. We will take a deeper look at what makes Zentangle® practice different from "doodling". In addition, the classes will cover tangle enhancements, tangle design, and a ZIA project. \$5 supply fee payable to the instructors at first class

Instructor: **Ann Henkel, CZT**

Tues., 1-3 p.m.

#07-2015-000570 Sept. 8-29 (4 wks.) \$32

NEW

TEACHERS' TANGLE PROJECT

Classroom teachers-Learn how to share the art of Zentangle® with your students. The benefits, beyond creating art they will be proud of, include teaching students to find inner focus and self-control. And...it won't put a big dent in your budget! Separate \$5 supply fee payable to instructors at first class

Instructors: **Ann Henkel, CZT and Lois Silvernail, CZT**

Sat., 10-12 p.m.

#07-2015-000571 Sept. 26 (1 class) \$8

INTRODUCTION TO ZENTANGLE®

Zentangle® is the registered trademark for an easy-to-learn, relaxing and fun way to create beautiful images by drawing structured patterns. Discover what makes Zentangle® practice different from "doodling". We are excited to share our love of it and get you started on a new meditative art adventure. \$5 supply fee.

Instructor: **Ann Henkel CZT**

Sat., 10 a.m.-12 p.m.

#07-2015-000572 October 24 (1 class) \$8

PAPER QUILLING

Learn the centuries-old art of curling paper strips into shapes to make animals, flowers, and creatures of all kinds, limited only by your imagination. Quilling makes great decorations for greeting cards and scrapbook pages. After learning a few basics, we will decorate a picture mat and create a greeting card.



Instructor: **Ann Henkel**

Wed., 1-3 p.m.

#07-2015-000573 Oct. 7-21 (3 wks.) \$24

FRIDAYS FOR WOMEN: DEEPENING YOUR CREATIVE CONNECTIONS

This class is designed to help women explore and integrate creative expression through the practice of mindfulness and artistic activity. We will begin each session with a meditative walk through our Lavretta Park, followed by some thoughtful input and sharing. The art we do in each class will flow from this. For all levels: beginner to advanced. Separate \$10 supply fee payable to the instructor at first class. (No class Oct. 9 or Nov. 27)

Instructor: **Ann Henkel**

Fri., 9-11 a.m.

#07-2015-000574 Sept. 11-Oct. 23 (6 wks.) \$48

#07-2015-000575 Nov. 6-Dec. 11 (5 wks.) \$40

WATERCOLOR

This is a watercolor class designed for someone who has already taken a beginner watercolor class. We focus on many techniques to strengthen our watercolor abilities. Join this class and you will surely grow and continue to love this wonderful media. **Supply fee \$5**

TABLE OF CONTENTS

ART INSTRUCTIONAL CENTER	2-3
CERAMICS CENTER	3
U GOT CLASS	3
PALMER PILLIANS MIDDLE SCHOOL	4-6
DAVIDSON HIGH SCHOOL	7-10
LEFLORE MAGNET HIGH SCHOOL	10-12
COMMUNITY ACTIVITIES PROGRAM V.O.A.	13-19
MURPHY HIGH SCHOOL	19-22
NEIGHBORHOOD PARKS & RECREATION CENTERS ..	22-25
ATHLETIC FALL 2015 PROGRAM	25
COTTAGE HILL GYMNASTICS CENTER / TUMBLING,	
TRAMPOLINE, GYMNASTICS	25-26
THERAPEUTIC SENIOR RECREATION PROGRAM	26
TENNIS CENTER	27
ADULT CENTER	27-28
S.T.A.R. PROGRAM& CAMPS	28
REFUND POLICY	29
HOW TO REGISTER	31
REGISTRATION COUPON	32

ART INSTRUCTIONAL CENTER-CONTINUED

Instructor: Ginger Woechan
Mon., 10-12 p.m.

#07-2015-000555	Sept. 14-Oct. 5	(4 wks.)	\$32
#07-2015-000556	Oct. 19-Nov. 16	(4 wks.)	\$32
#07-2015-000557	Nov. 30-Dec. 14	(3 wks.)	\$24

MIXED MEDIA AQUAMEDIA

Mixed media is a fun way to create and explore. This class is perfect for beginners who want to dabble in both mixed media and aquamedia. You will learn to prep a surface and work with acrylic. All supplies will be provided in this class for a **supply fee of \$12**

Instructor: Ginger Woechan **NEW**
Mon., 5:30-7:30 p.m.
#07-2015-000558 Nov. 16-Dec. 14 (4 wks.) \$32

COLOR MIXOLOGY: A CLASS ON COLOR

How well do you know the color wheel? This class is designed to help any artist who is having trouble mixing color or understanding color. This will offer you tips and help you understand color. This is an important class for anyone who is beginning or wanting to be a better painter. We will create a abstract painting from the colors we mix. All supplies will be provided with a **\$15 supply fee paid to the instructor at the first class.**

Instructor: Ginger Woechan **NEW**
Tues., 1-3 p.m.
#07-2015-000560 Oct. 6-27 (4 wks.) \$32

BEGINNING WATERCOLOR

This is a watercolor class designed for someone who is a beginner or needs to freshen up on watercolor skills. We focus on many techniques to learn this versatile media! You will need to bring your own tubes of watercolor and watercolor paper. Please, call the Art Center for help if needed. **Supply fee for other materials \$5 to the instructor paid at the first class.**

Instructor: Ginger Woechan
Mon., 5:30-7:30
#07-2015-000561 Sept. 14-Oct. 5 (4 wks.) \$24

INTRODUCTION TO PAINTING LOOSE

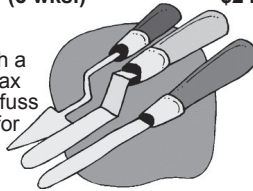
This painting class is fun and loose! No fuss here over drawing skills. Be as loose and free as you want to be in this class. You will learn some techniques to loosen up and be playful with your painting. Come and enjoy! The supplies will all be provided for a **supply \$12 fee**

Instructor: Ginger Woechan **NEW**
Mon., 5:30-7:30 p.m.
#07-2015-000562 Oct. 19-Nov. 2 (3 wks.) \$24

PALETTE KNIFE

Let's explore this loose way of painting with a palette knife! Students will learn how to relax and get into the painting with out all of the fuss over details. All materials will be provided for **\$12 paid to instructor the first class.**

Instructor: Ginger Woechan
Tues., 1-3 p.m.
#07-2015-000563 Dec. 1-15 (3 wks.) \$24



WIRE SCULPTURE

Have you ever wanted to create something 3D? This class is perfect for someone who wants to build with their hands. You will learn how to make a form from wire and have different techniques on how to create a interesting piece. All supplies will be provided for you for **\$12 paid to the instructor at the first class.**

Instructor: Ginger Woechan **NEW**
Thurs., 10-12 p.m.
#07-2015-000564 Oct. 8-15 (2 wks.) \$16
Wed, 12:30-2:30 p.m.
#07-2015-000565 Dec. 2-9 (2 wks.) \$16

OPEN STUDIO

Open studio offers a great place for the artist who has taken a class and wants to practice or advance on skills in a group setting. Gentle critique is offered and light suggestions. You will need to bring your own materials to this class.

Instructor: Ginger Woechan
Tues., 5-7 p.m.
#07-2015-000569 Sept. 14-Dec. 1 (weekly) \$5 per class

CHILDREN'S CLASSES

TIME FOR ART/A (AGES 8-11)

We will enjoy a different art-related activity each week, including drawing, painting, clay, papercraft, weaving, or...?? Come make art, have fun, and be ready for a surprise or two. **\$6 separate supply fee payable to instructor at first class.**

(no class Oct. 12 or Nov. 23)
Instructor: Ann Henkel
Mon., 3:30-4:30 p.m.
#07-2015-000576 Sept. 14-Oct. 26 (6 wks.) \$24
#07-2015-000577 Nov. 2-Dec. 7 (5 wks.) \$20

01-933 TIME FOR ART/B (AGES KINDERGARTEN-2ND GRADE)

We will enjoy a different art-related activity each week, including drawing, painting, clay, papercraft, weaving, or...?? Come make art, have fun, and be ready for a surprise or two. **\$6 separate supply fee payable to instructor at first class.** (no class Nov. 26)

Instructor: Ann Henkel
Thurs., 3:30-4:30 p.m.
#07-2015-000578 Sept. 17-Oct. 22 (6 wks.) \$24
#07-2015-000579 Nov. 5-Dec. 10 (5 wks.) \$20

ART FOR BIGGER KIDS (11-17)

We will work on different projects to help develop your child's creative ability. These classes are perfect for the older kid who wants more than what is offered in their school. Each session we will learn new things and focus on being creative. **Supply Fee: \$10**

Instructor: Ginger Woechan **NEW**
Wed., 4-5 p.m.
#07-2015-000566 Sept. 9-30 (4 wks.) \$20
#07-2015-000567 Oct. 7-28 (4 wks.) \$20
#07-2015-000568 Nov. 4-Dec. 9 (4 wks.) \$20

CERAMICS PROGRAM

LUSCHER CERAMICS CENTER

Recreation Leader: Ms. Dot
Phone Number: 470-7762
Address: 2459 N. Dog River Drive
Monday-Friday, 9 a.m. – 1 p.m.

WE OFFER SPECIAL CLASSES FOR HOME SCHOOLED CHILDREN WHO ARE AVAILABLE DURING THE DAY-
To schedule call 470-7762

UGotClass-Skills for the 21st Century[®]

**Demonstrate your knowledge.
Boost your productivity and
your organization's bottom line.**



To better serve you, the Community Activities Program has partnered with **UGotClass** to offer affordable, timely, relevant, and practical online certificates and Gain new skills to help advance your career. Courses taught by outstanding teachers who are subject matter experts.

Participate anytime day or evening, from any computer.

To check out these exciting courses go to:
<http://www.yougotclass.org/catalog.cfm/Mobile>

PALMER PILLANS MIDDLE SCHOOL

Principal: Edward Sanderson
 Coordinator: Community Activities Staff Assistant: Gilda Porter

Phone: 208-1662 Main Office (Mon. Fri. 8 a.m.-4 p.m.)
 School Office Phone: 221-2300 (After 4 p.m.)
 Location: 2051 Old Military Road off Dauphin Island Pkwy.

NO CLASSES HELD Nov. 11th, and Nov. 23rd-Nov. 27th

COMPUTER/BUSINESS SKILLS

COMPUTER KEYBOARDING

Good keyboarding skills are indispensable, whether you are computer literate or have little computer experience. In this course you will learn to touch-type on a PC keyboard with focus on developing speed and accuracy. Each student will have a PC on which to work.

Instructor: Melissa Fisher

Mon.-Thurs., 6-8 p.m.
 #07-2015-000713 Sept. 14-Sept. 17 (1 wk.) \$50

COMPUTERS FOR GROWN-UPS (BEGINNERS)

Are you uncomfortable with the idea of even turning on a computer because you've had little or no computer exposure? Take it from us-computers are not that fragile! Step into the 21st Century and learn computer basics in this hands-on non-judgmental environment. After getting comfortable with the basic computer parts and functions then you will be ready to move on at your own pace while increasing your knowledge and skills.



Instructor: Melissa Fisher

Mon.-Thurs., 6-8 p.m.
 #07-2015-000714 Sept. 28-Oct. 1 (1 wk.) \$50

MICROSOFT WORD

Microsoft Word for Windows is the most widely-used word processing package available for the PC. Learn to create all types of documents, memos, letters, reports and even books. Get an overview of the Windows System and how to use some of the most useful Word features such as cut/copy/paste, character formatting, rulers and section formatting. Basic PC skills are required.

Instructor: Melissa Fisher

Mon.-Thurs., 6-8 p.m.
 #07-2015-000715 Oct. 12-Oct. 15 (1 wk.) \$50

EXCEL I

Do you know what spreadsheets are and how their use can help you organize and simplify your life? With Microsoft Excel, the most widely used and comprehensive spreadsheet package available, you can quickly and easily keep track of inventory, projects, and finances and/or create business reports. Learn to use basic Excel features such as how to create and customize spreadsheets, cutting, copying and pasting, formatting, formulas, and running macros.

Instructor: Melissa Fisher

Mon.-Thurs., 6-8 p.m.
 #07-2015-000716 Oct. 26-Oct. 29 (1 wk.) \$50

ACADEMICS

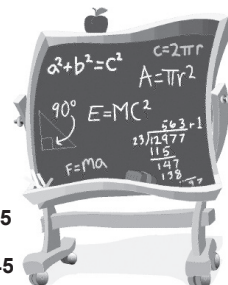
ALGEBRA & GEOMETRY (MIDDLE & HIGH SCHOOL)

This class will provide instruction in Algebra & Geometry. Instructor will work with student's one on one and in small groups.

Instructor: S. Green

Mon., 6:30-8:30 p.m.
 #07-2015-000717 Sept. 14-Oct. 19 (6 wks.) \$45

#07-2015-000718 Oct. 26-Dec. 7 (6 wks.) \$45



IMPROVING READING/ENGLISH STUDY SKILLS (AGES 8-13)

Students will be assisted in improving their reading, English, and study skills-learn effective textbook reading strategies that help in all areas of study. Basic grammar reviewed. Study schedules and techniques will also be used.

Instructor: Staff

Mon., 4:30-6 p.m.
 #07-2015-000719 Sept. 14-Oct. 12 (5 wks.) \$28
 #07-2015-000720 Oct. 19-Nov. 16 (5 wks.) \$28
 #07-2015-000721 Nov. 30-Dec. 14 (4 wks.) \$18



MATH TUTORING (1ST-3RD)

Help for the math challenged child to overcome problems with basic math concepts of addition, subtraction, multiplication and division.

Instructor: Ms. Fisher

Tues., 4:30-6 p.m.
 #07-2015-000722 Sept. 15-Oct. 13 (5 wks.) \$28
 #07-2015-000723 Oct. 20-Nov. 17 (5 wks.) \$28
 #07-2015-000724 Dec. 1-Dec. 15 (3 wks.) \$18

MATH TUTORING (4TH-6TH)

Let us help your child improve their math skills. Instructor will work with each student individually as well as teach them to work alone. This course is limited to small classes.

Instructor: Ms. Fisher

Wed., 4:30-6:30 p.m.
 #07-2015-000725 Sept. 9-Sept. 30 (4 wks.) \$30
 #07-2015-000726 Oct. 7-Oct. 28 (4 wks.) \$30
 #07-2015-000727 Nov. 4-Dec. 2 (4 wks.) \$30

FITNESS

YOGA

This class combines power yoga using strong, flowing movements with deep breathing to create a high energy workout that helps to build strength, unwind tight joints and loosen muscles (also burns calories) with gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime.

Instructor: K. Bell

Thurs., 5:30-6:30 p.m.
 #07-2015-000728 Sept. 10-Oct. 22 (6 wks.) \$22.50
 #07-2015-000729 Oct. 29-Dec. 10 (6 wks.) \$22.50



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facebook.com/communityactivitiesprogram

PALMER PILLANS MIDDLE SCHOOL - CONTINUED

DANCE/MUSIC

LINE DANCE

Don't be a wallflower or wilt while waiting to be asked! Yes, you can dance without a partner! Learn basic line dance movements, add your own signature moves and dance the night away.

Instructor: W. Black
Tues., 5-6:30 p.m.

#07-2015-000730 Sept. 22-Oct. 20 (5 wks.) \$28

SWING OUT

Have fun and meet new people while learning or polishing your dance skills of the most enduring dance crazes is the Swing-out or "Two-Step". Come join us at Pillans.

Instructor: W. Black
Tues., 6:30-8 p.m.

#07-2015-000731 Sept. 22-Oct. 20 (5 wks.) \$28

KIDS DANCE CLASSES ARE OFFERED ON SATURDAYS

GUITAR BEGINNERS (AGES 8 & UP)

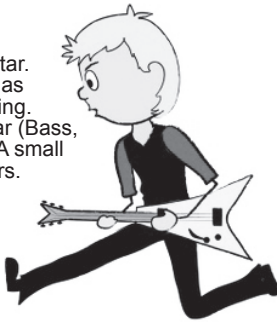
Have fun while learning the basics of guitar. You will learn how to play 3-4 note lyrics as you are learning the chords and positioning. All students need to bring a tunable guitar (Bass, Acoustic or Electric), and a guitar tuner. A small amplifier will be needed for electric guitars.

Instructor: J. Botter
Tues., 4-6 p.m.

#07-2015-000732 Sept. 8-Sept. 29 (4 wks.) \$30

#07-2015-000733 Oct. 6-Oct. 27 (4 wks.) \$30

#07-2015-000734 Nov. 3-Dec. 1 (4 wks.) \$30



GUITAR (INTERMEDIATE-ADVANCED)

Already know how to play basic chords but want to learn more? This "beyond-beginner" class is a perfect follow-up for anyone who's taken our "beginner" class or has comparable experience. Discover how easy it can be to spice up your playing. We'll sample a variety of techniques, including finger picking, strumming, and lead. Student must bring a tunable guitar (Bass, Acoustic or Electric), and a guitar tuner. A small amplifier will be needed for electric guitars. Practice between classes will speed up your progress.

Instructor: J. Botter
Tues., 6:15-8:15 p.m.

#07-2015-000735 Sept. 8-Sept. 29 (4 wks.) \$30

#07-2015-000736 Oct. 6-Oct. 27 (4 wks.) \$30

#07-2015-000737 Nov. 3-Dec. 7 (4 wks.) \$30

BLUES PIANO I (BEGINNERS)

This class teaches the basic components about piano for those who have always wanted to learn.

Instructor: Theodore Arthur
Wed., 4-6 p.m.

#07-2015-000738 Sept. 9-Sept. 30 (4 wks.) \$30

#07-2015-000739 Oct. 7-Oct. 28 (4 wks.) \$30

#07-2015-000740 Nov. 4-Dec. 2 (4 wks.) \$30

PIANO ALL LEVELS

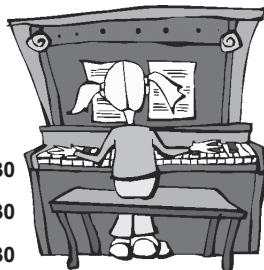
This class is designed for those who have had Piano I, and has a desire to increase their playing ability. This is also an excellent brush-up course.

Instructor: Theodore Arthur
Wed., 6:30-8:30 p.m.

#07-2015-000742 Sept. 9-Sept. 30 (4 wks.) \$30

#07-2015-000743 Oct. 7-Oct. 28 (4 wks.) \$30

#07-2015-000741 Nov. 4-Dec. 2 (4 wks.) \$30



VOICE TRAINING (BEGINNER) YOUTH-ADULT

Experience the enjoyment of expressing yourself through music, discovering your singing voice. We will begin with vocal exercise; each

singer will explore the range, agility, and timbre of his or her voice. We will work on proper tone production, breathing and posture. Students and the instructor will choose the vocal repertoire so that all aspects of vocal technique and music interpretation can be applied to specific songs. \$5.00 music and material fee to be paid to the instructor 1st night of class.

Instructor: Staff
Thurs., 6-7:30 p.m.

#07-2015-000940 Sept. 24-Oct. 22 (5 wks.) \$30

ARTS

ART FOR KIDS, ALL LEVELS (AGES 5 & UP)

Kids will get a chance to exercise their creativity while exploring art media such as pencil sketching, drawing, acrylics and charcoal. No previous art experience is required. Supply fee of \$10 to be paid to the instructor on first day of class. Wear old clothes and

Instructor: A. C. Smith
Tues., 4:30-5:30 p.m.

#07-2015-000744 Sept. 15-Oct. 13 (5 wks.) \$18.75

#07-2015-000745 Oct. 20-Nov. 17 (5 wks.) \$18.75

IPAD ART FOR KIDS (AGES 8 & UP)

Technology and artistic creativity is such a wonderful combination. Kids bring their own iPads and using a free downloadable program, receive step by step, hands-on instruction on how to use technology to create art works that can be saved, printed or shared digitally.

Instructor: A.C. Smith
Wed., 4:30-6 p.m.

#07-2015-000746 Sept. 16-Oct. 14 (5 wks.) \$28

NEW

CHRISTMAS IPAD ART FOR KIDS

Class will focus on creating special Christmas Cards and Christmas Pictures.

Instructor: A.C. Smith
Wed., 4:30-6 p.m.

#07-2015-000747 Oct. 21-Dec. 2 (5 wks.) \$28

NEW

IPAD ART (TEENS-ADULTS)

SEE DESCRIPTION FOR iPad ART FOR KIDS

Instructor: A.C. Smith
Wed., 6:30-8 p.m.

#07-2015-000748 Sept. 16-Oct. 14 (5 wks.) \$28

NEW

CHRISTMAS IPAD ART (TEENS-ADULTS)

Class will focus on creating special Christmas Cards and Christmas Pictures.

Instructor: A.C. Smith
Wed., 6:30-8 p.m.

#07-2015-000749 Oct. 21-Dec. 2 (5 wks.) \$28

NEW

ART FOR ADULTS (ALL LEVELS)

Beginner through advanced artist will work in their preferred media, i.e. pen & ink, charcoal, acrylics and pencil sketch while developing or refining their style and technique. Call for supply list.

Instructor: A. C. Smith
Tues., 6-8 p.m.

#07-2015-000750 Sept. 15-Oct. 13 (5 wks.) \$37.50

#07-2015-000751 Oct. 20-Nov. 17 (5 wks.) \$37.50

MISCELLANEOUS

FAMILY & FRIENDS CPR (COMMUNITY CPR)

Take this American Heart Association's Family and Friends Course and learn life saving skills in CPR (Cardio-Pulmonary Resuscitation), AED (Automatic External Defibrillator), and includes steps to take when adults, children or infants are choking. This course uses the practice-while-watching format and is taught by Mobile Fire and Rescue. Please pre-register. Class size is limited and non-credentialed (No certificates will be given).

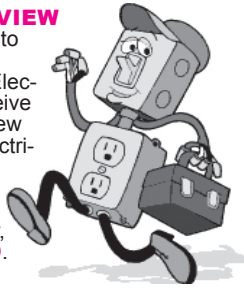
Instructor: Capt. D. Y. Smith
Tues., 5-7 p.m.

#07-2015-000752 Sept. 15 (1 meeting) FREE

PALMER PILLANS MIDDLE SCHOOL - CONTINUED

NATIONAL ELECTRICAL CODE REVIEW

Proof of 14 CEU's is required every 2 years to renew your Alabama Electrical Contractors License. Complete this Alabama Board of Electrical Contractors' approved course and receive 16 CEU's. Topics covered include an overview of the National Electrical Code, National Electrical Code Calculations, Motor Calculations and much more. Please bring your N.E.C. (NEPA-70), pocket calculator any reference book on Basic and Applied Electrical Theory, and pen & paper. **NO TESTING REQUIRED.**



Instructor: Theodore Blunt Jr.

Tues. & Thurs., 6-8 p.m.

#07-2015-000753	Sept. 3-Sept. 29	(8 meetings)	\$130
#07-2015-000754	Oct. 6-Oct. 29	(8 meetings)	\$130
#07-2015-000755	Nov. 3-Dec. 3	(8 meetings)	\$130

-----OR-----OR-----OR-----OR-----

Saturday 8 a.m.-5 p.m.

#07-2015-000756	Sept. 12 & Sept. 19	(2 meetings)	\$130
#07-2015-000757	Oct. 17 & Oct. 24	(2 meetings)	\$130
#07-2015-000758	Nov. 14 & Nov. 21	(2 meetings)	\$130
#07-2015-000759	Dec. 5 & Dec. 12	(2 meetings)	\$130

MANNERS ARE EVERYTHING

Learn poise and grace along with proper etiquette and table manners, grooming, good posture, and wardrobe tips. If your restaurant manners need some help? Sign up! We'll cover the principles of posture, common courtesy, and hygiene review. This class will help you gain valuable social skills while having fun and meeting others. \$10 supply fee payable to the instructor at 1st class.

Instructor: W. Black

Mon., 4-5:30 p.m.

#07-2015-000760	Sept. 21-Oct. 19	(5 wks.)	\$28
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BUILDING SUPER SELF-ESTEEM

One of the keys to happiness and success is healthy self-esteem. Self-confidence and high self-esteem is not something we are born with, but rather a skill we develop over time. This course offers those who struggle with negative self-view, tend to put themselves down, or doubt or analyze their every move, an opportunity to triumph and succeed in life. Why struggle when you can turn your life around by learn practical ways to increase confidence and resilience? If you are shy, anxious, or simply tired of living in fear; join and discover the amazing and wonderful truth about you.

Instructor: W. Black

Mon., 5:30-7p.m.

#07-2015-000761	Sept. 21-Oct. 19	(5 wks.)	\$28
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FLORAL ARRANGING (BEGINNER)

Learn basic flower arranging. Class will include proper wiring of flowers, assembling corsages, learning to make ribbon bows and much, much more. Fresh and silk flowers will be used. Supply fee: approximately \$30 to be paid to instructor first night of class. Bring scissors and wire cutters.

Instructor: Melissa Fisher

Thurs., 6-8 p.m.

#07-2015-000939	Nov. 5-Dec. 10	(5 wks.)	\$37.50
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MOTIVATIONAL CLASS FOR WOMEN

Are you a woman who works hard to take care of everyone around you, but don't have time for yourself? Have you lost your inner drive or motivation you had? Then this class is for you. It is a class designed to inspire, motivate, and encourage. This class offers beauty tips from dress to skin care, as well as women health. At the end of this class you will be renewed and motivated to reach your goals. This class is to inspire women to look and feel their best. Supply list available the first night of class.



Instructor: Fertina Westry

Tues., 6-8 p.m.

#07-2015-000762	Sept. 21-Oct. 5	(3 wks.)	\$22.50
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WEDDING CONSULTING/DIRECTING

Start your own home-based business as a Bridal Consultant/ Director Coordinator. You will learn how to start earning big profits immediately

in your own business. With a positive attitude, you can start making money consulting with brides to conduct their weddings, and overseeing the receptions. Assisting the bride and her bridal party to assure the perfect wedding is the job of the director. Learn how to handle the unexpected and teach your bride the secrets of a perfect wedding by sharing the wedding rules of order and protocol.

Instructor: Harriett Holland

Thurs., 6-8 p.m.

#07-2015-000763	Sept. 24-Oct. 15	(4 wks.)	\$30
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BASIC FIREARM SAFETY COURSE (AGES 18 & UP)

Learn basic rules of proper handling, cleaning and use of firearms. Class also covers state laws on use, ownership, self-protection and gun permit regulations. Instructor has 30 years of firearms instructor experience and is N.R.A. CERTIFIED. A training gun is used for class demonstrations. **\$15 materials/book fee is payable to instructor the first day of class.** NO REAL WEAPONS ALLOWED! Students wishing to attend the Fire Range will need to coordinate times with instructor after fourth class; this option is a separate cost from registration fee.

Instructor: A. Clarkbanks

Sat., 10 a.m.-12 Noon

#07-2015-000764	Sept. 12-Oct. 10	(5 wks.)	\$37.50
#07-2015-000765	Oct. 17-Nov. 21	(5 wks.)	\$37.50

SUPER SATURDAY FUN-TIME

MOMMY & ME, INTRODUCTION TO MOVEMENT (AGES 18 MONTHS-4 YEARS)

Great class for bonding with your child! Creative play and simple dance movements will be introduced while listening to popular children's music. Various props will be used to teach body control and enhance creativity. Parent or guardian is required to stay for the entire class.

Instructor: Alexis Ford-Green

Sat., 9:30-10 a.m.

#07-2015-000766	Sept. 19-Oct. 24	(6 wks.)	\$15
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BALLET (AGES 5-8 YEARS OLD)

Come join us for a lesson in balancing, leg strength, poise and coordination. This fun class provides the foundation for more formal dancing. Our class helps students develop and practice social, physical and motor skills. Students should wear loose clothing and socks the first day. Dance attire will be discussed at the first class.

Instructor: Alexis Ford-Green

Sat., 10-11 a.m.

#07-2015-000767	Sept. 19-Oct. 24	(6 wks.)	\$25
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TAP (AGES 5-8 YEARS OLD)

Basic tap fundamentals and terminology will be introduced in this class. Students will learn simple tap steps and progress to more complex tap rhythms over time. Your child will love this class!

Instructor: Alexis Ford-Green

Sat., 11 a.m.-12 noon

#07-2015-000768	Sept. 19-Oct. 24	(6 wks.)	\$25
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PHONICS (AGES 5 & UP)

Learning phonics will help your children learn to read and spell. Written language can be compared to a code, so knowing the sounds of letters and letter combinations will help your child decode words as he reads. Knowing phonics will also help your child know which letters to use as he/she writes words.

Instructor: Jewel Simmons

Sat., 9:30-10:30 a.m.

#07-2015-000769	Sept. 19-Oct. 24	(6 wks.)	\$25
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TOUCH MATH (AGES 5 & UP)

Touch Math works like magic. If your child can count, touch points help them to become very accurate in their computations. Math can be fun!

Instructor: Jewel Simmons

Sat., 10:30-11:30 a.m.

#07-2015-000770	Sept. 19-Oct. 24	(6 wks.)	\$25
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DAVIDSON HIGH SCHOOL

Principal: Lewis Copeland Coordinator: Cheryl Sigler / Asst.: Herman Finklea

Phone: 208-1654 Main Office (Mon.-Fri., 8 a.m.-4 p.m.)

221-3084 School Office (Mon.-Thurs., 4-8 p.m.)

Location: 3900 Pleasant Valley Road Office phone: 208-1660

MARK YOUR CALENDER! EARLY REGISTRATION BEGINS-AUGUST 24, 2015

NO CLASSES-NOV. 11 & 26, 2015

INSTRUCTOR RECRUITING: PLEASE CONTACT 251-208-1660 FOR MORE INFORMATION

COMPUTER/BUSINESS SKILLS

CERTIFICATES OF COMPLETION ARE GIVEN OUT AT THE END OF COMPUTER COURSES EXCLUDING BASIC COMPUTER CLASSES.

INTRODUCTION TO COMPUTERS

This is the class for the technology novice. You will learn the basics of computer terminology, operations, maintenance, and file management, as well as using the internet, including search engines, favorites and history.

Instructor: Staff
Mon.-Thurs., 6-8 p.m.

#07-2015-000508 Sept. 21-24 (4 days) \$50



WORD (PART I)

Introduction to basic word processing using Microsoft Word. One of the world's most widely used word processing programs. This is the Introduction to the program. Learn correct terminology for the program as well as working with documents, editing, and formatting and file management. Typing skills are required.

Instructor: Staff
Mon.-Thurs., 6-8 p.m.

#07-2015-000509 Sept. 28-Oct. 1 (4 days) \$50

WORD (PART II)

In this course you will learn intermediate Word skills including how to create templates, manage table data, create a newsletter, send form letters, and manage document changes.

Instructor: Staff
Mon.-Thurs., 6-8 p.m.

#07-2015-000510 Oct. 12-15 (4 days) \$50

EXCEL (PART I)

Spreadsheet program used by millions of people throughout the world. Learn about spreadsheets and formulas. Create spreadsheets for professional reporting. Learn to sort, create a link between worksheets and workbooks.

Instructor: Staff
Mon.-Thurs., 6-8 p.m.

#07-2015-000511 Oct. 19-22 (4 days) \$50

EXCEL (PART II)

This is the class to take your basics and build on. Create more advanced formulas. Work with Charts. Absolute references and create macros. Create a database that works for you. Learn filters and list and how to share your work and protect it.

Instructor: Staff
Mon.-Thurs., 6-8 p.m.

#07-2015-000512 Oct. 26-29 (4 days) \$50

POWERPOINT

This course will introduce you to presentation basics. You will learn to create and format slides, add graphics, group objects and use basic transitions and animations.

Instructor: Staff
Mon.-Thurs., 6-8 p.m.

#07-2015-000513 Nov. 2-5 (4 days) \$50

HOME SKILLS

BASIC FIREARM & SHOTGUN SAFETY COURSE (AGES 21 & UP)

This class will cover the basic safety, cleaning and proper use of fire-

arms. Discussions will also cover state laws on use, ownership and self-protection laws and regulations. Students will learn about proper handling techniques and gun permit laws as well. Instructor has 30 years of firearms instructor experience and is N.R.A. CERTIFIED. A training gun is used for class demonstrations. A \$15 materials/book fee payable to instructor the first night of class. **NO REAL WEAPONS ALLOWED!** Students wishing to attend the Fire Range will need to coordinate times with instructor after fourth class; this option is a separate cost from registration fee.

Instructor: A. Clarkbanks

Tues., 6-8 p.m.

#07-2015-000514 Sept. 8-Oct. 13 (6 wks.) \$45

#07-2015-000515 Oct. 27-Dec. 8 (6 wks.) \$45

COUPONING

Do you want to learn how to start couponing? If so, this is the class for you! Join us and learn how to save money on your household needs. Participants will learn how to organize coupons, learn coupon policies, stockpiling basics and much more. If you've missed other classes due to your schedule, then this is the perfect class for you. Learn the techniques so you can start saving money.

Instructor: Nneka Y. Jackson

Mon., 7-8 p.m.

#07-2015-000516 Sept. 21-Oct. 12 (4 wks.) \$22.50

DO-IT-YOURSELF CERAMIC TILE (ADULTS ONLY)

This class will show the student basic steps for installing ceramic tile in the home. Instructor will demonstrate layouts and provide insights for different applications with ceramic tile. At the conclusion of the class, students will have a basic understanding of ceramic tile installation to work on their own.

Instructor: Staff

Tues., 6-7:30 p.m.

#07-2015-000517 Sept. 15-Oct. 6 (4 wks.) \$38

PERSONAL SKILLS

DRIVER'S EDUCATION (SIMULATOR ONLY) (AGES 14 & UP)

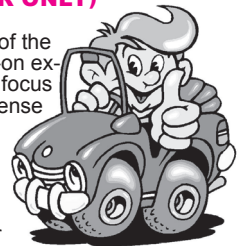
Learn the basic driving skills and the "Rules of the Road." This 12-hour course includes hands-on experience on the simulator. Safety is a major focus of this class. The Alabama State Driver's License handbook will be covered thoroughly to help students prepare for their learner's permit. Registration includes Lab fees. This is not a high school credit-granting course. Many insurance companies have approved this course for discounts. Please check with your insurance agent first. Our instructor is state approved and certified. **CERTIFICATES OF COMPLETION ARE GIVEN OUT AT THE END OF THIS COURSE.** Class is limited to 13 students.

Instructor: S. Mosley

Mon.-Thurs., 4-7 p.m.

#07-2015-000518 Sept. 21-24 (M-TH) \$60

#07-2015-000519 Oct. 12-15 (M-TH) \$60



REAL ESTATE

BUYING FIXER-UPPER HOMES

Getting your hands on the property you want to fix-up can be personally and financially rewarding. Join us and find out how you can earn a good profit from the resale or see a stream of rental income from a fixer-upper. First time investors and seasoned pros will learn the essentials: finding property; pre-purchase inspection; estimating cost of repair; planning; organizing and managing the project; financing; do it

DAVIDSON HIGH SCHOOL-CONTINUED

yourself vs. subcontracting and marketing the finished product.

Instructor: S. Fowler
Wed., 6-8 p.m.
#07-2015-000520 Sept. 23 (1 night) \$15

HOME OWNERS SELLING CLASS

Selling a home, either on your own or through a Real Estate Broker can be a stressful experience. Learn what to repair before you list your home, and what not to repair. Learn about "curb-appeal", showing your home, and the legal requirements of selling a home.

Instructor: S. Fowler
Wed., 6-8 p.m.
#07-2015-000521 Sept. 30 (1 night) \$15

HOME INSPECTION

This course will help the first-time homeowner to become familiar with what to look for when buying a home. Topics will include: foundation, movement in frame, roofline, and how to check plumbing. This course should not take the place of a professional inspection, but does cover topics that the buyer should be aware of when making a purchase.

Instructor: S. Fowler
Wed: 6-8 p.m.
#07-2015-000522 Oct. 7 (1 night) \$15



LEARN ABOUT INVESTING IN REAL ESTATE

Build an investment portfolio; learn to recognize a bargain in the Real Estate market; learn which homes have real investment potential and which do not. Learn about becoming a landlord-and the financial and legal responsibilities involved.

Instructor: S. Fowler
Wed., 6-8 p.m.
#07-2015-000523 Oct. 14 (1 night) \$15

ENHANCING YOUR HOME TO MAKE IT SELL

Thinking of selling your home within the next few months or years? Come find out how to invest your time, money and energy so you can sell your home quickly at the highest possible price. Learn:

- . What potential buyers are looking for in a new home
- . How to give your home curb appeal
- . How to stage each room of your home

Instructor: S. Fowler
Wed., 6-8 p.m.
#07-2015-000524 Oct. 21 (1 night) \$15

THE PRE-PURCHASE CLASS: "BE AN INFORMED BUYER"

Purchasing your new home-if it is your first home or your tenth home-can be a difficult experience. Learn what to look for when shopping for your new home. Learn about home inspection, termite bonds, and sellers' disclosures. Learn the legal and financial aspects of purchasing a home.

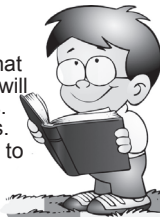
Instructor: S. Fowler
Wed., 6-8 p.m.
#07-2015-000525 Oct. 28 (1 night) \$15

ACADEMICS

PHONICS, BEGINNER (GRADES 1-3)

This class is for the beginning reader and the child that needs to build a solid phonics foundation. Students will learn the 44 sounds and the phonetic value of letters. Students will also cover the 'sight' word or Dolch lists. CLASS LIMITED TO 12 STUDENTS. Students need to bring pencils.

Instructor: Staff
Mon., 5:30-7 p.m.
#07-2015-000526 Oct. 5-26 (4 wks.) \$23



MATH TUTORING (GRADES 3-6)

Help is here for that child that is having problems in math. We believe that all children can learn if given proper motivation and the right kind of tutoring. Our skillful instructor provides both. Bring pencil and paper. Certificates are given at the completion of class. Class limited

to 10 students.

Instructor: Staff
Thurs. 5:30-7 pm
#07-2015-000527 Oct. 8-Nov. 5 (5 wks.) \$30

HEALTH/BEAUTY/SAFETY

L.E.A.N. START WORKSHOP

Highly interactive course that provides a scientifically based, clinically proven approach to wellness that focuses on the four pillars of health: Lifestyle-how we live, Exercise-how we move, Attitude-how we think, Nutrition-how we eat. Learn ways to improve overall health; have fewer sick days and less time away from school or work; reduce medical expenses; have better weight control; and more active, energetic and happier lives. And more!

Instructor: Cathy Moser
Mon., 6-7:45 p.m.
#07-2015-000528 Sept. 21-Oct. 26 (6 wks.) \$39

NEW

LANGUAGE

SPANISH I (CONVERSATIONAL) TEENS AND ADULTS

This class will introduce you to the basics of the Spanish language. You will learn to speak and understand the most widely spoken language in the world.

Instructor: Prestwood
Tues., 6-8 p.m.
#07-2015-000529 Sept. 24-Oct. 29 (6 wks.) \$45

SIGN LANGUAGE-BEGINNER (AGES 12 & UP)

Students will be introduced to American Sign Language, finger spelling, basic sign vocabulary, and understanding deafness. The class is appropriate for beginners or those needing a refresher. Material covered will be beneficial for those dealing with the public in service or sales professions. Middle and high school students are welcome. The textbook will be available through the instructor for \$17

Instructor: Marta Pierce
Thurs., 6-8 p.m.
#07-2015-000530 Sept. 24-Oct 29 (6 wks.) \$45

ARTS

BEGINNER BASIC PAINTING FOR ADULTS

Come and join our quiet environment while you learn to paint and reduce tension. The class will cover the basics of acrylics painting. No drawing experience required. Learn the different techniques in acrylics and apply it to any project you wish. If you have always wanted to paint, then you should take class and begin the most delightful leisure time experience of your life. Supply fee of \$15.00 (includes canvas) to be paid to instructor the first night of class.

Instructor: Koppersmith
Tues., 6-8 p.m.
#07-2015-000531 Sept. 15-Oct. 6 (4 wks.) \$30

WATERCOLOR

This class will teach basic watercolor techniques including composition, perspective and light shadows.

Instructor: A. Koppersmith
Tues., 6-8 p.m.
#07-2015-000532 Sept. 15-Oct. 20 (6 wks.) \$45

CALLIGRAPHY: A HIGHLY PROFITABLE HOME BUSINESS OR JUST FOR FUN

The fine art of calligraphy began in medieval times, when monks joyously and laboriously produced biblical text using intricate, artistic lettering. This regal writing appears today in items such as wedding invitation, birth notices, and certificates of merit. You could also produce suitable-for-framing family trees. Without a huge initial investment, you could offer your services to schools (for diplomas), brides-to-be (for addressing invitations), athletic teams, and even corporations that are involved in recognition programs where certification are in order. Italics alphabet will be covered, but the instructor will touch on other calligraphy alphabets. Supplies will be covered the first night of class. Please register in advance!

Instructor: Sylvia Morris
Thurs., 6-8 p.m.
#07-2015-000533 Sept. 10-Oct. 15 (6 wks.) \$45

DAVIDSON HIGH SCHOOL-CONTINUED

CRAFTS

CREATIVE CROCHET (AGES 12 & UP)

Individuals will learn at their own pace and skill level. This class will put emphasis on learning basic stitches and finishing techniques. Class will learn how to read both written and symbol pattern instructions while completing individual projects. Simple pattern stitches, increases, decreases, and working "in the round" will be covered. Learn the difference between "handmade" and "Handcrafted" with advanced finishing techniques. How to change colors attach new thread, and weave in ends for a "seamless" project will be covered. Learn about different types of yarns, how to read yarn labels, and check gauge. Individuals will have a choice of several different projects to choose from, including ponchos, scarves, hats, slippers, shawls, decorative items, and afghans.

Instructor: G. Mitchell
Tues., 5:30-7:30 p.m.

#07-2015-000534	Sept. 15-Oct. 6	(4 wks.)	\$30
#07-2015-000535	Oct. 13-Nov. 3	(4 wks.)	\$30

DECORATIVE GLASS CLASS

Ever wanted to give the perfect Gift??? This is the Class for you. Learn to decorate glass for any occasion for everyone. Personalize your gift every time. Supply fee of \$10 due to the instructor the first day of class. Supply fee will cover: glass, paints and all the accessories you will need to decorate.

Instructor: S. Williams
Tues., 6-8 p.m.

#07-2015-000536	Sept. 15-22	(2 wks.)	\$15
#07-2015-000537	Sept. 29-Oct. 6	(2 wks.)	\$15
#07-2015-000538	Oct. 20-27	(2 wks.)	\$15

BASIC UPHOLSTERY FOR BEG.

Learn the basic techniques of upholstery. Instructor will cover tools, type of fabrics suitable for different projects. You will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students are encouraged to have a small project to work on during class, for example a stool, small chair, an ottoman, and removable pillows from a piece of furniture, please keep items on a small scale. Students will need to pay \$15 to cover major tools/supplies. Call 208-1660 for supplies you will need to have for personal use.

Instructor: D.L. Howze
Wed., 6-8 p.m.

#07-2015-000539	Sept. 16-Oct. 21	(6 wks.)	\$45
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ATHLETICS

GOLF SWING CLINIC FOR FALL (BEG/INTERM. (10 & UP)

This class is for the greenhorn or the experienced that want to learn the fundamentals of "The Game". Attention given to proper stance and swinging, good putting techniques, how to address the ball, course etiquette and scoring. Students should bring \$3 in quarters for balls (20-30) each week. BRING BOTTLED WATER! Class held on the driving range at Spring Hill College. High Schools do have College Scholarships available in this field. This class will now be offered in fall, spring and summer, come join us for a great class.

Instructor: A. Wilson
Sat., 9-10:30 a.m.

#07-2015-000540	Sept. 12-Oct. 24	(7 wks.)	\$47
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NEW

TENNIS FOR TEENS/ADULT BEGINNER/REFRESHER (AGES 13 & UP)

Students will learn the basics of tennis in this class. Both beginners and those needing a refresher will find the help they need. Class will cover the fundamentals, ball control, stroke, footwork and scoring. Students will need to wear proper shoes, bring a racket and \$2 to cover the cost of the balls. Parents, there are college scholarships available in this field.

Instructor: A. Wilson Wed., 5-6:30 p.m.

#07-2015-000541	Sept. 9-Oct. 7	(5 wks.)	\$28
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NEW

DANCE/MUSIC

LEARN TO PLAY GUITAR

Students will be taught the basic skills for playing the guitar. All students need to bring an acoustic guitar that is tunable. Students will learn how to play 3-4 note lyrics as they learn the chords and become familiar with positioning. Students will learn to tune their guitars.

Instructor: Theodore Arthur
Thurs., 6-7:30 p.m.

#07-2015-000542	Sept. 10-Oct. 15	(6 wks.)	\$33.75
#07-2015-000543	Oct. 22-Dec. 3	(6 wks.)	\$33.75

BALLET (AGES 5 AND UP)

Students will learn the beginning of movements of ballet, jazz and will perform a show at the end of the session.

Instructor: Staff
Thurs., 6-7 p.m.

#07-2015-000544	Oct. 29-Dec. 10	(6 wks.)	\$23
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MIDDLE EASTERN DANCE, BEGINNERS (BELLY DANCE)

You can look and feel better than you ever did while developing confidence, poise and flexibility through the popular Middle Eastern art that originated along the Mediterranean. Belly dancing strengthens the back, hips, and upper body and tones the abdominal muscles. Learn the basic movements and rhythms in this beginning class. Instruction on costume will also be covered.

Instructor: Valarie Morrison

Mon., 6-7 p.m.	Sept. 14-Oct. 26	(7 wks.)	\$37.50
#07-2015-000546	Nov. 2-Dec. 14	(7 wks.)	37.50



MIDDLE EASTERN DANCE, INTERMEDIATE (BELLY DANCING)

This is a class for the more experienced dancers. Have fun while getting into shape!! Learn this ancient dance of the eastern Mediterranean in a congenial atmosphere. This Egyptian folk dance form provides a low impact aerobic workout, while helping you develop grace, stamina and overall flexibility.

Instructor: Valarie Morrison/Donna Walker
Mon., 7-8 p.m.

#07-2015-000549	Sept. 14-Oct. 26	(7 wks.)	\$37.50
#07-2015-000548	Nov. 2-Dec. 14	(7 wks.)	\$37.50

FITNESS

ZUMBA FOR ALL AGES

An easy-to-follow combination of Salsa, hip hop and cardio moves to create a one-of-a-kind fitness workout that will blow you away. It's high energy, motivating and goal focused to get the best out of your workout. The goal is simple: We want you to work out, to love working out, and to get hooked! All fitness levels welcome. Comfortable clothes, sneakers, towel and water recommended.

Instructor: J. Johnson
Mon., 6-7 p.m.

#07-2015-000545	Sept. 14-Oct. 19	(6 wks.)	\$22.50
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NO personal checks will be accepted as payment for classes.

Cash, Credit Cards (VISA, Mastercard, American Express), Money Orders and Debit Cards ONLY

DAVIDSON HIGH SCHOOL-CONTINUED

BASIC YOGA (AGES 14 & UP)

This class will teach strength, balance, and relaxation exercises along with proper alignment and breathing. Class helps relieve stress and build strength and equilibrium. Bring sticky mat and regular towel.

Instructor: I. Calloway

Tues. & Thurs., 5:30-6:30 p.m.

#07-2015-000550	Sept. 8-Oct. 20	(6 wks.)	\$45
#07-2015-000551	Oct. 27-Dec. 8	(6 wks.)	\$45

TAEKWONDO FOR BEGINNERS (AGES 4 & UP)

In this class the student will learn the techniques of Korean Martial Arts, which will develop the students' fitness, self confidence and esteem, respect, life skills, as well as self defense.

Instructor: Alex Jones

Thurs., 5-6 p.m.

#07-2015-000552	Sept. 17-Oct. 29	(7 wks.)	\$27
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FENCING (FREESTYLE) AGES 9 AND UP

Students will learn basic blocks, fencing terms and stances as well as participates in mock duels to learn the art of fencing. Types of sword you'll learn: Foil, Rapiers and Saber.

Instructor: Prestwood

Tues., 5-6:30 p.m.

#07-2015-000553	Oct. 20-Nov. 24	(6 wks.)	\$34
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05-321 WALKING FOR EXERCISE (HALLS OF DAVIDSON) (PERFECT FOR NEW WALKERS)

Looking for a safe place to walk for exercise? A one-mile path has already been mapped out for you! All you need to do is bring a friend and get in shape! Indoors, rain or shine, no dogs and perfectly safe. Start walking any time during these dates and times.

Mon.-Thurs., 5-8 p.m.

#07-2015-000554	Sept. 14-Dec. 17	FREE! FREE! FREE!
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LEFLORE MAGNET HIGH SCHOOL

PRINCIPAL: ALVIN DAILEY COORDINATOR: KATRINA FRAZIER
ASSISTANT COORDINATOR: NATHANIEL MOORE, JR.

PHONE: 208-1658 MAIN OFFICE (MON.-FRI. 8 A.M.-5 P.M.)

221-3127 SCHOOL OFFICE (MON.-THURS. 4 P.M.-8:30 P.M.)

LOCATION: Clinton Street, off St. Stephens Road

PRE-REGISTRATION: Aug. 24-Sept. 3, 2015

NO CLASSES: Sept. 7th, Nov. 11th and Nov. 23-27 (Thanksgiving Holiday)

Instructor Recruiting: Yoga, Phonics and Math instructors, please contact Katrina Frazier at 208-1658 for more information.

ACADEMICS

ALGEBRA/GEOMETRY TUTORING

For the algebra/geometry-challenged student. Learn to master factoring, simplify quadratic equations and understand the basics of algebra and geometry.

Instructor: C. McGhee

Mon., 5:30-7:30 p.m.

#07-2015-000586	Sept. 14-Oct. 5	(4 wks.)	\$30
#07-2015-000587	Oct. 19-Nov. 9	(4 wks.)	\$30
#07-2015-000588	Nov. 16-Dec. 14	(4 wks.)	\$30

MATH TUTORING (1ST-3RD GRADE)

Course is designed to help students to improve their math skills. Instructor will help each student individually as well as teach the student to work alone. In addition, student will learn to overcome basic math concepts of addition, subtraction, multiplication, and division.

Instructor: Amber Steele

Tues.: 5:30-7:30 p.m.

#07-2015-000589	Sept. 8-Sept. 29	(4 wks.)	\$30
#07-2015-000590	Oct. 13-Nov. 3	(4 wks.)	\$30
#07-2015-000591	Nov. 10-Dec. 8	(4 wks.)	\$30

MATH TUTORING (4TH & 5TH GRADE)

(See above description)

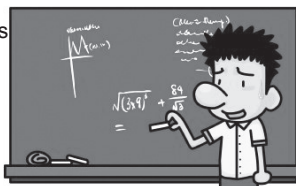
Instructor: Cameron Hall

Thurs., 5:30-7:30 p.m.

#07-2015-000592	Sept. 10-Oct. 1	(4 wks.)	\$30
#07-2015-000593	Oct. 15-Nov. 5	(4 wks.)	\$30
#07-2015-000594	Nov. 12-Dec. 10	(4 wks.)	\$30

PRE-ALGEBRA (6TH-8TH GRADE)

The curriculum assists students as they begin the transition of mathematical thought processes from the concrete to the abstract. Opportunities are provided for students to gain a thorough understanding of decimals and fractions while integrating these number sense concepts into the other mathematical strands, with particular emphasis on algebra, geometry, and proportional reasoning. Students be-



come fluent in rational number operations and establish skills needed to become successful problem solvers. Solving equations is another major focus of the curriculum as students prepare for further study of algebra.

Instructor: Clarenca Bonner

Thurs., 5:30-7:30 p.m.

#07-2015-000595	Sept. 10-Oct. 1	(4 wks.)	\$30
#07-2015-000596	Oct. 15-Nov. 5	(4 wks.)	\$30
#07-2015-000597	Nov. 12-Dec. 10	(4 wks.)	\$30

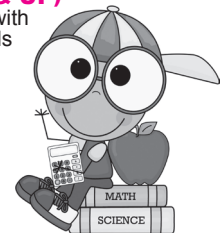
GETTING READY TO READ (AGES 4 & UP)

This class is designed to help young learners with letter recognition, phonics, and other basic skills that are necessary for them to become good readers.

Instructor: Sophia Mitchell

Mon. & Tues., 4:30-5:30 p.m.

#07-2015-000598	Sept. 14-Oct. 6	(4 wks.)	\$30
#07-2015-000599	Oct. 19-Nov. 10	(4 wks.)	\$30



READING TUTORING/ENRICHMENT (1ST-3RD GRADE)

This class is designed to enhance the students' present reading level and to promote advancement. Class will also focus on improving students reading comprehension abilities, as it related to his or her present level.

Instructor: Regina Whittier

Mon., 5:30-7:30 p.m.

#07-2015-000600	Sept. 14-Oct. 5	(4 wks.)	\$30
#07-2015-000601	Oct. 12-Nov. 2	(4 wks.)	\$30
#07-2015-000602	Nov. 9-Dec. 7	(4 wks.)	\$30

READING COMPREHENSION (4TH-8TH GRADE)

Reading Is Thinking. Comprehension is vital for learning and advancement. This class will focus on building comprehension strategies enabling students to increase their understanding of texts. CLASS SIZE IS LIMITED, SIGN UP SOON.

Instructor: S. Mitchell

Tues., 5:30-7:30 p.m.

#07-2015-000603	Sept. 15-Oct. 6	(4 wks.)	\$30
#07-2015-000604	Oct. 13-Nov. 3	(4 wks.)	\$30
#07-2015-000605	Nov. 10-Dec. 8	(4 wks.)	\$30

LEFLORE MAGNET HIGH SCHOOL-CONTINUED

COMPUTER/BUSINESS SKILLS

PHOTO STORY

Come and learn how to bring your digital photos to life with photo story. You will be taught how to create slide shows using your digital photos. With a single click you can touch up, crop, or rotate pictures. Also, learn how to add sound tracks, special effects and much more. Students must bring their own digital photos and lap tops.

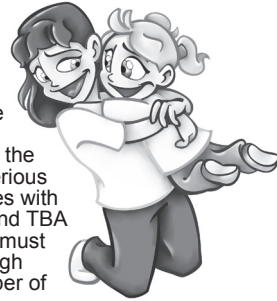
Instructor: Q. Howard

Tues., 5:30-7:30 p.m.

#07-2015-000606	Oct. 20	(1 night only)	\$15
#07-2015-000607	Nov. 17	(1 night only)	\$15

CHILDCARE TEACHER CERTIFICATION PROGRAM

This class will give you an advantage for employment in the daycare business. This 12-hour course guideline will cover the requirements as provided by DHS. Students will learn the basics of teaching arts and crafts, music, language and science development and free-play. Also, participants will learn how to set up the learning space for your students. The serious students will need to arrange testing dates with the appropriate agencies for your CPR and TBA testing before certificates awarded. You must be at least 18 years old and have your high school diploma or GED. Maximum number of students is 12.



Instructor: M. Hunt

Mon., 6-8 p.m.

#07-2015-000608	Sept. 21-Oct. 26	(6 wks.)	\$45
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CHILDCARE DIRECTOR'S CERTIFICATION PROGRAM, PART I

Do you want to own your own Daycare business? Start by completing part 1 of a two-part course that covers the DHR guidelines. Find out how to start your own licensed daycare center. Class will also cover how to select spacing, bookkeeping requirements, and how to select good personnel. You must be at least 19 years old and have a high school diploma or GED. Class size is limited.

Instructor: M. Hunt

Wed., 6-8 pm

#07-2015-000609	Oct. 28-Dec. 16	(6 wks.)	\$45
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\$7 GUEST FEE

Guests are invited to attend any class for a one-time guest fee. A \$7 guest fee must be paid by cash or money order payable to the City of Mobile. If you decide to register for the class, the \$7 guest fee will be applied toward the registration fee, otherwise it is forfeited.

REAL ESTATE

ESTATE PLANNING

If you don't have a plan, your state has one for you, but you probably won't like it. Planning your estate will help you organize your records and correct titles and beneficiary designations. Learn more about how to prepare for yourself and loved ones and minimize taxes and unnecessary legal fees. This is a one-time class for this season that will last for two sessions.

Instructor: Rick Zapata, Consumer Service and Personal Financial Management

Mon. & Tues., 5:30-7:30 p.m.

#07-2015-000610	Sept. 21-22	(2 day seminar only)	\$15
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BE AN INFORMED BUYER

Buying a home can seem like the biggest decision you'll ever make. But you've taken the first step and you're in the right place. Learn what to look for when shopping for your new home. Learn about home inspections, termite bonds, seller disclosures and much more. Why? Because buying a home is one of the most important investments you will ever make.



Instructor: Deborah Robinson

Tues., 6-8 p.m.

#07-2015-000611	Sept. 29	(1 class)	\$15
#07-2015-000612	Oct. 27	(1 class)	\$15

10 TIPS ON SELLING OUR HOME

Selling a home, either on your own or through a Real estate Broker can be a stressful experience. Learn about curb appeal, showing your home, and the legal requirements of selling a home.

Instructor: Deborah Robinson

Thurs., 6-8 p.m.

#07-2015-000613	Sept. 24	(1 class)	\$15
#07-2015-000614	Oct. 22	(1 class)	\$15

HOME SKILLS

SEW-EASY (ALL LEVELS)

Even if you have never sewn, you can learn to make a simple dress or party outfit. The only prerequisite is a willingness to learn. The instructor will guide you through the basic sewing fundamentals — selecting fabric, learning to read patterns, and completing at least one garment. If you have sewn before but are out of practice, this is the class for you. Improve your skills and learn new techniques that will give your finished pieces that professional look.

Instructor: T. Hickenbottom

Tues. & Thurs., 6-8 p.m.

#07-2015-000615	Sept. 22-Oct. 8	(3 wks.)	\$45
#07-2015-000616	Oct. 20-Nov. 5	(3 wks.)	\$45
#07-2015-000617	Nov. 10-Dec. 3	(3 wks.)	\$45

DRAPERY MAKING

Students will learn the basic of drapery making, i.e. how to properly measure windows, how to determine the amount of fabric required for drapes, how to make pleats, etc. BASIC SEWING SKILLS REQUIRED!

Instructor: Mrs. Laura Simmons

Wed., 6-8 p.m.

#07-2015-000618	Oct. 7-Nov. 18	(6 wks.)	\$45
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FITNESS

COMBA-TAI KARATE

Students will learn how to discipline themselves in life, learn self-respect, and deflect aggression that is present with bullying. Knowing that you CAN learn something new and different is what martial arts is all about.

Instructor: Master Fulmer

Tues. & Thurs., 5:30-6:30 p.m.

#07-2015-000619	Sept. 15-Oct. 15	(5 wks.)	\$40
#07-2015-000620	Oct. 27-Nov. 19	(4 wks.)	\$32



GYMNASTICS-"HEAD OVER HEELS" TUMBLING (AGES 3-5)

This is a basic tumbling and gymnastics class that works on body awareness, balance and self-confidence in a relaxed fun-filled environment. Adult must remain with child during class.

Instructor: Kia Howard

Mon. & Wed., 5:30-6:30 p.m.

#07-2015-000621	Sept. 21-Oct. 14	(4 wks.)	\$30
#07-2015-000622	Oct. 19-Nov. 16	(4 wks.)	\$30

GYMNASTICS/TUMBLING (AGES 6 & UP)

(SEE Above Description)

Instructor: Kia Howard

Mon. & Wed., 6:30-7:30 p.m.

#07-2015-000624	Sept. 21-Oct. 14	(4 wks.)	\$30
#07-2015-000623	Oct. 19-Nov. 16	(4 wks.)	\$30

CHEERLEADING CLINIC (AGES 7-13)

This class is for elementary and middle school aged students who want to be cheerleaders. Students will learn chants, jumps, cheer routines and much more! Participants should wear shorts and tennis shoes. Please bring bottle water and a towel.

Instructor: Deja Young

Tues. & Thurs., 5:30-6:45 p.m.

#07-2015-000625	Sept. 22-Oct. 8	(3 wks.)	\$27
#07-2015-000626	Oct. 20-Nov. 5	(3 wks.)	\$27

LEFLORE MAGNET HIGH SCHOOL-CONTINUED

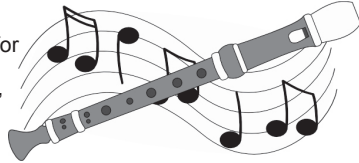
SWIMMING, ADULT BEGINNER (AGES 15 & UP)

Instructors are Red Cross Certified.
Tues. & Thurs., 6:30-7:30 p.m.
 #07-2015-000627 Sept. 15-Oct. 8 (4 wks.) \$36

DANCE/MUSIC

BRASS/WOODWINDS

This class will offer instruction in brass or woodwind instruments for the aspiring musician. Lessons will be provided on clarinet, flute, saxophone, trumpet, trombone, etc. Students must provide own instrument.



Instructor: Theodore Arthur Jr.
Mon., 5:30-7 p.m.
 #07-2015-000628 Sept. 14-Oct. 5 (4 wks.) \$30
 #07-2015-000629 Oct. 12-Nov. 2 (4 wks.) \$30
 #07-2015-000630 Nov. 9-Dec. 7 (4 wks.) \$30

GUITAR (16 & UP)

This class teaches the basic components about guitar for those who have always wanted to learn. Students must furnish their own guitar.

Instructor: Theodore Arthur, Jr.
Mon., 7-8:30 p.m.
 #07-2015-000631 Sept. 14-Oct. 5 (4 wks.) \$30
 #07-2015-000632 Oct. 12-Nov. 2 (4 wks.) \$30
 #07-2015-000633 Nov. 9-Dec. 7 (4 wks.) \$30

PIANO (AGES 7-ADULT)

This class is for beginners' as well as intermediate students. This class teaches the basic components about piano for those who have always wanted to learn to play the piano but didn't. Lessons are conducted in a group setting. There is an additional \$5.00 fee for the piano book, payable the 1st night of class.

Instructor: Theodore Arthur Jr.
Tues., 5:30-7:30 p.m.
 #07-2015-000634 Sept. 8-Sept. 29 (4 wks.) \$30
 #07-2015-000635 Oct. 6-Oct. 27 (4 wks.) \$30
 #07-2015-000636 Nov. 3-Dec. 1 (4 wks.) \$30

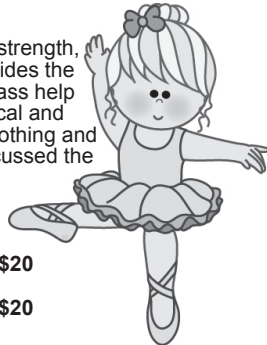
DRUMS (AGES 8 & UP)

This class is for the aspiring musician who wants to learn to play the drums. Students must supply their own drumsticks, and practice pads.

Instructor: Leon Rhoden
Wed., 5:30-6:45 p.m.
 #07-2015-000637 Sept. 16-Oct. 7 (5 wks.) \$30
 #07-2015-000638 Oct. 21-Dec. 2 (5 wks.) \$30

BALLET (AGES 5-8)

Come join us for a lesson in balancing, leg strength, poise and coordination. This fun class provides the foundation for more formal dancing. Our class help students develop and practice social, physical and motor skills. Students should wear loose clothing and socks the first day. Dance attire will be discussed the first night.



Instructor: Mrs. Ford-Green
Tues., 5:45-6:45 p.m.
 #07-2015-000639 Sept. 15-Oct. 13 (5 wks.) \$20
 #07-2015-000640 Oct. 27-Dec. 1 (5 wks.) \$20

BALLET (AGES 9 & UP)

See description above
Instructor: Mrs. Ford-Green
Tues., 6:45-7:45 p.m.
 #07-2015-000641 Sept. 15-Oct. 13 (5 wks.) \$20
 #07-2015-000642 Oct. 27-Dec. 1 (5 wks.) \$20

SWING OUT DANCING

Swing is more than a dance. Swing is music, its attitude, it's jazzy and it's romantic. Through easy to follow steps, you will learn classic swing dance moves from beginners' steps to elaborate spins.

Instructor: Derrick Andrews

Mon., 6-8 p.m.
 #07-2015-000643 Sept. 21-Oct. 26 (6 wks.) \$37
 #07-2015-000644 Nov. 2-Dec. 14 (6 wks.) \$37

HEALTH/BEAUTY/SAFETY

NATURAL HAIR 101

Ever wonder about having natural hair, how to manage it, what to use, admire the different styles that are worn? Well this class is for you! Learn how to transition from relaxer to natural, upkeep and maintenance, what to use, and even a few style options! You don't have to know everything about hair, just have an open mind and a willingness to learn.

Instructor: Tanene Jackson
Thurs., 6-8:30 p.m.
 #07-2015-000645 Sept. 24 (1 class) \$15
 #07-2015-000646 Oct. 22 (1 class) \$15
 #07-2015-000647 Nov. 19 (1 class) \$15

HAZARDOUS HOME ITEMS DISPOSAL

In every home, large or small, new or old, there are potential health hazards associated with the improper disposal of discarded household items, leftover paints, or unused chemicals that can affect the health of your family, your community as well as the environment. The main focus of the Alabama Urban Home Asyst Program will be the identification of possible health and environmental risks for your home or property and outlining voluntary actions to necessary to reduce those risks and prevent serious problems.

Instructor: Denise Huebach, Alabama Cooperative Extension System
Tues., 5:30-7:30 p.m.
 #07-2015-000648 Oct. 20 (1 class) \$15

THE COMMUNITY ACTIVITIES PROGRAM

"A Continuing Education Program"

...is a joint venture of the City of Mobile
 And
 Mobile County School System

Mayor, City of Mobile
William S. Stimpson

**Superintendent of Mobile County Public
 Schools**
Martha L. Peek

Director of Parks & Recreation
Daniel Otto

Supervisor of Community Activities
Mellanie Poole Johnson

COMMUNITY ACTIVITIES PROGRAM

LOCATED AT

V.O.A. COMMUNITY ENRICHMENT CENTER

6500 Zeigler Boulevard (Corner of Athey Rd., behind Family Dollar, Mon.-Thurs. after 4:30 p.m.)

COORDINATOR: JENNY JURJEVICH

ASSISTANT COORDINATOR: ELIZABETH ESPINOSA

Daytime Phone: 208-1661 or 208-1624 (Main Office MON.-FRI. 8 a.m.-4 p.m.)

Evening Phone: 338-1519 (Office at V.O.A.: MON.-THURS. 4:30 p.m.-8 p.m.)

REGISTER ONLINE AT www.CommunityActivitiesProgram.com

EARLY REGISTRATION BEGINS AUG. 24. We encourage you to register at least 24 hours in advance.

No classes Sept. 7, Oct. 12, Nov. 11, Nov. 23-Nov. 27.

RECRUITING INSTRUCTORS Do you have a talent, skill, hobby or area of expertise?
We have opportunities! Call 251-208-1661 FREE

WALK THIS WAY-BEGINNER + INTERMEDIATE (AGES 18 & UP; UNDER 18 MUST HAVE PARENT/GUARDIAN PRESENT)

Enjoy your walk sheltered from the outside elements in a safe and secure environment. Walk in the halls around the perimeter of the building-16 laps equal one mile. Plug in your earphones and enjoy your tunes while you unplug from daily stress, bring a friend to keep you company, or kick it up a notch with some power walking. Whichever way you choose to walk, we'd love to see you walk this way! **Please sign in at our office upon entering the building.**

Mon.-Thurs., 4:30-8 p.m.

#07-2015-000771 Sept. 8-Dec. 17

Free!

GETTING TO KNOW YOUR COMMUNITY ACTIVITIES PROGRAM

Discover what the City of Mobile's Community Activities Program is about, what we offer, and how you can benefit. Discussion will include an introduction to various classes and interests, as well as locations throughout Mobile.

SPEAKER: Jenny Jurjevich

#07-2015-000772 Tues., Sept. 8 6-6:30 p.m.

Free!

#07-2015-000772 Wed., Sept. 9 6-6:30 p.m.

Free!

#07-2015-000772 Thurs., Sept. 10 5:30-6 p.m.

Free!

ACADEMICS

READING FOR ADULT NON-READERS-BEGINNER (AGES 18 & UP)

Adults, here is your opportunity to improve your reading skills in a small, confidential setting. Begin at your own reading level, from the beginner level to the more advanced levels, at your own pace. Feel the sense of pride and confidence as you widen your world through reading. Must be able to recognize the letters of the alphabet.

Instructor: C. Martin

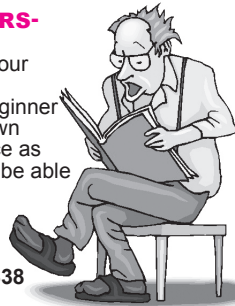
Thurs., 6-8 p.m.

#07-2015-000773 Sept. 10-Oct. 8

(5 wks.) \$38

#07-2015-000774 Oct. 15-Nov. 12

(5 wks.) \$38



NEW

EXPLORING MATH-BEGINNER + INTERMEDIATE (GRADES 1-6)

Is your child curious? Seeking explorers to journey through our math enrichment and skills review using their senses. This is a fun way to keep your child engaged in learning while having fun. **Class will not meet Nov. 24.**

Instructor: T. Davis

Tues., 5-6 p.m.

#07-2015-000775 Oct. 13-Dec. 8 (8 wks.)

\$30

PHONICS-BEGINNER (GRADES 1-3)

We focus on the beginning reader, or the child that needs to build a solid phonics foundation. Students will learn the 44 sounds and the phonetic value of letters. Students will also cover the 'sight' word, or Dolch lists. This class is growing in popularity; parents have been very satisfied with results. **Class will not meet Nov. 26.**

Instructor: T. Davis

Thurs., 5-6 p.m.

#07-2015-000776 Oct. 15-Dec. 10 (8 wks.)

\$30

READING TUTORING/ENRICHMENT-BEGINNER + INTERMEDIATE (GRADES 4-6)

This class focuses on enhancing each student's present reading level, while helping to promote advancement. Instructor seeks to guide student learning toward improving the students' reading comprehension. Basic rules of phonics reviewed. **Class will not meet Nov. 26.**

Instructor: T. Davis

Thurs., 6-7 p.m.

#07-2015-000777 Oct. 15-Dec. 10 (8 wks.)

\$30

MONTESSORI MAKE AND TAKE: LANGUAGE WORK-BEGINNERS (AGES 18 & UP)

Learn the philosophy behind The Montessori Method and create a piece of "work" to take home! This class is for parents of children birth-7 years old. **\$15 supply fee payable to the instructor at the first class.**

Instructor: M. Lambert

Mon., 6-8 p.m.

#07-2015-000778 Oct. 5 (1 class)

\$15

NEW

MONTESSORI MAKE AND TAKE: PRACTICAL LIFE WORK-BEGINNER (AGES 18 & UP)

Learn the philosophy behind The Montessori Method and create a piece of "work" to take home! This class is for parents of children birth-7 years old. **\$15 supply fee payable to instructor at the first class.**

Instructor: M. Lambert

Mon., 6-8 p.m.

#07-2015-000779 Oct. 19 (1 class)

\$15

NEW

MONTESSORI MAKE AND TAKE: SENSORIAL/ PRE-MATH WORK-BEGINNER (AGES 18 & UP)

Learn the philosophy behind The Montessori Method and create a piece of "work" to take home! This class is for parents of children birth-7 years old. **\$15 supply fee payable to instructor at the first class.**

Instructor: M. Lambert

Mon., 6-8 p.m.

#07-2015-000780 Oct. 26 (1 class)

\$15

NEW

ARTS

ART FOR KIDS-BEGINNER (AGES 5-10)

Unleash your child's inner artist! Your child will discover ways to be creative while working with a variety of mediums. All supplies will be furnished. **\$10 supply fee payable to the instructor at the first class.**

Instructor: T. Davis

Wed., 5-6 p.m.

#07-2015-000781 Sept. 16-Nov. 4

(8 wks.)

\$30

NEW



V.O.A. COMMUNITY ENRICHMENT CENTER - CONTINUED

CALLIGRAPHY: A HIGHLY PROFITABLE HOME BUSINESS OR JUST FOR FUN-BEGINNER (AGES 18 & UP)

The fine art of calligraphy began in medieval times, when monks joyously and laboriously produced biblical text using intricate, artistic lettering. This regal writing appears today in items such as wedding invitations, birth notices, and certificates of merit. You could also produce suitable-for-framing family trees. With a huge initial investment, you could offer your services to schools (for diplomas), brides-to-be (for addressing invitations), athletic teams, and even corporations that are involved in recognition programs where certificates are in order. Italics alphabet will be covered, but the instructor will touch on other calligraphy alphabets. Supplies will be covered the first night of class. Please register in advance! **Class does not meet Nov. 11.**

Instructor: S. Morris
Wed., 6-8 p.m.

#07-2015-000782 Sept. 9-Oct. 14 (6 wks.) \$45

NEW

OILS AND ACRYLICS-BEGINNERS + INTERMEDIATE (AGES 18 & UP)

Need a great way to relax? Acrylics are very forgiving of the "Oops" error. This class is for beginners as well as those with experience. Both can become a fun and easy way to learn how to paint. If you have always wanted to find your creative side, come join us. **\$10 supply fee payable to the instructor at the first class. Class does not meet Sept. 7.**

Instructor: S. Morris
Mon., 6-8 p.m.

#07-2015-000783 Aug. 24-Oct. 5 (6 wks.) \$45

DRAMA

THEATER EXPERIENCE-BEGINNER (AGES 10-16)

Learn the basics of Theater and Acting. Students will be responsible for learning a short audition piece, and perform them on the final meeting.

Instructor: M. Lambert
Wed., 6-7 p.m.

#07-2015-000784 Sept. 16-Nov. 4 (8 wks.) \$30

ATHLETICS

TENNIS-BEGINNERS/REFRESHERS (AGES 13 & UP)

Students will learn the basics of tennis in this class. Both beginners and those needing a refresher will find the help they need. Class will cover the basic fundamentals, ball control, stroke, footwork and scoring. *Parents, there are college scholarships available in this field. Students will need to wear proper shoes, bring a racket and \$2 to cover the cost of balls. Classes held on the Davidson campus.*

Instructor: Staff
Sat., 9-10:30 a.m.

#07-2015-000785 Sept. 12-Oct. 10 (5 wks.) \$28

#07-2015-000786 Oct. 17-Nov. 14 (5 wks.) \$28



TENNIS FOR KIDS-BEGINNER (AGES 5-11)

We are now offering an opportunity for your child to learn a great sport! Both beginners and those needing a refresher will find the help they need. Class will cover the basic fundamental, ball control, stroke, footwork and scoring. **Students will need to wear proper shoes, bring a racket and \$2 to cover the cost of balls. Classes held on the Davidson campus.**

Instructor: Staff
Sat., 10:30-12 p.m.

#07-2015-000788 Sept. 12-Oct. 10 (5 wks.) \$28

#07-2015-000787 Oct. 17-Nov. 14 (5 wks.) \$28

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on
FACEBOOK



facebook.com/communityactivitiesprogram

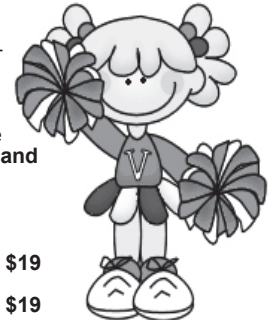
CHEERLEADING-BEGINNER (AGES 5-10)

This class is for students that are considering becoming cheerleaders or just for fun. Join us for practice workouts, increase your skills and prepare yourself. Students will learn cheer routines, chants and dance routines. **Wear shorts and tennis shoes and bring water.**

Instructor: A. Johnston
Sat., 10-11 a.m.

#07-2015-000789 Sept. 12-Oct. 10 (5 wks.) \$19

#07-2015-000790 Oct. 17-Nov. 14 (5 wks.) \$19



GOLF-SWING CLINIC-BEGINNER + INTERMEDIATE (AGES 10 & UP)

This class is for the greenhorn or the experienced that want to learn the fundamentals of "The Game." Attention given to proper stance and swinging, good putting techniques, how to address the ball, course etiquette and scoring. **High Schools do have College Scholarships available in this field! Students should bring \$3 in quarters for balls (buys 20-30 balls) each week. BRING BOTTLED WATER!** Class held on the driving range at Spring Hill College.

Instructor: A. Wilson
Sat., 9-10:30 a.m.

#07-2015-000791 Sept. 12-Oct. 17 (7 wks.) \$47

COMPUTER & BUSINESS SKILLS

WEDDING CONSULTANT/DIRECTOR-BEGINNER (AGES 18 & UP)

Start your own home-based business as a Wedding Consultant/Director! You will learn how to start earning big profits immediately in your own business. With a positive attitude, you can start making money consulting with brides to conduct their weddings, and overseeing the receptions. Learn how to handle the unexpected and teach your bride the secrets of a perfect wedding by sharing the wedding rules of order and protocol. **No class Nov. 24.**

Instructor: H. Holland
Tues., 6-8 p.m.

#07-2015-000792 Sept. 8-Oct. 6 (5 wks.) \$38

#07-2015-000793 Oct. 20-Nov. 17 (5 wks.) \$38



BOOKKEEPING & ACCOUNTING I-BEGINNER (AGES 18 & UP)

This is a manual presentation of basic accounting. You will learn the accounting cycle for Partnership accounting, Business accounting, merchandising, and Journal accounting. The instructor will cover bank reconciliation and the checking account for a business. The Bookkeeping & Accounting I book and workbook provided for you the first night of class. Book and workbook used for both classes. **Certificates awarded.**

Instructor: P. Denagall
Tues. & Thurs., 6-8 p.m.

#07-2015-000794 Oct. 6-Oct. 29 (4 wks.) \$60

BOOKKEEPING & ACCOUNTING II-BEGINNER (AGES 18 & UP)

Class will continue studying the second half of the text, covering chapters 11-20. Instruction will cover cash control, detailed bank activities, payroll liabilities, tax records, sales and cash receipts, purchasing and cash payments, and much more. Book and workbook used for both classes. **No class Nov. 24 or Nov. 26.**

Instructor: P. Denagall
Tues. & Thurs., 6-8 p.m.

#07-2015-000795 Nov. 3-Dec. 3 (4 wks.) \$60

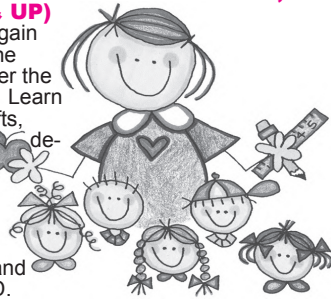
V.O.A. COMMUNITY ENRICHMENT CENTER - CONTINUED

CHILDCARE TEACHER CERTIFICATION PROGRAM, PT. I-BEGINNER (AGES 18 & UP)

Complete this 12-hour course and gain the advantage for employment in the daycare business. Course will cover the requirements as provided by DHS. Learn the basics of teaching arts and crafts, music, language and science development, free-play, and how to set up learning spaces. Students are responsible for arranging testing dates with the appropriate agencies for CPR and TBA testing. You must be at least 18 years old and have a high school diploma or GED.

Instructor: M. Hunt
Tues., 6-8 p.m.

#07-2015-000796 Sept. 8-Oct. 13 (6 wks.) \$45



Students will need to bring their laptop computer with Microsoft Word 2007 software installed.

Instructor: J. Alexander
Mon-Thurs., 6-8 p.m.

#07-2015-000802 Sept. 21-Sept. 24 (1 wk.) \$50
#07-2015-000803 Oct. 26-Oct. 29 (1 wk.) \$50

CHILDCARE TEACHER CERTIFICATION PROGRAM, PT. II-BEGINNER (AGES 18 & UP)

This is the final part of a two part series. Course will cover the requirements as provided by DHS. Students must arrange testing dates with the appropriate agencies for CPR and TBA testing. **No class Nov. 24.**

Instructor: M. Hunt
Tues., 6-8 p.m.

#07-2015-000799 Oct. 20-Dec. 1 (6 wks.) \$45

MICROSOFT WORD 2010-BEGINNER (AGES 18 & UP)

Learn to work with one of the most widely used computer programs in businesses and home use. Microsoft Word is necessary for all computer users. Students will focus on the fundamental concepts for using Word for planning, creating and editing of various types of documents. Students will cover the most frequently used features when using Word. **Students will need to bring their laptop computer with Microsoft Word 2010 software installed.**

Instructor: J. Alexander
Mon-Thurs., 6-8 p.m.

#07-2015-000804 Sept. 28-Oct. 1 (1 wk.) \$50
#07-2015-000805 Nov. 2-Nov. 5 (1 wk.) \$50

CHILDCARE DIRECTOR'S CERTIFICATION PROGRAM, PT. I-BEGINNER (AGES 19 & UP)

Do you want to own your own daycare business? Start by completing part one of a two-part course that covers the DHR guidelines. Find out how to start your own licensed daycare center. Class will also cover how to select spacing, bookkeeping requirements, and how to select good personnel. You must be at least 19 years old and have a high school diploma or GED. Class size is limited.

Instructor: M. Hunt
Thurs., 6-8 p.m.

#07-2015-000797 Oct. 1-Nov. 5 (6 wks.) \$45

BASICS OF EBAY FOR SELLING (AGES 18-UP)

Make extra money by selling on EBay! Learn the basics of how to set up your personal account, post an item for sale with pictures, and track your auction. Learn how to protect your information and manage your account. **Students will need to bring their laptop computer.**

Instructor: J. Alexander
Tues.-Thurs., 6-8 p.m.

#07-2015-000806 Oct. 6-Oct. 8 (2 days) \$30
#07-2015-000807 Dec. 1-Dec. 3 (2 days) \$30



CHILDCARE DIRECTOR'S CERTIFICATION PROGRAM, PT. II-BEGINNER (AGES 19 & UP)

This is the final series of this class. Students MUST attend all 4 classes to receive a certificate. **No class Nov. 26.**

Instructor: M. Hunt
Thurs., 6-8:30 p.m.

#07-2015-000798 Nov. 12-Dec. 10 (4 wks.) \$38

BASICS OF EBAY FOR PURCHASING (AGES 18-UP)

Learn the basics of making purchases, setting up and managing your account, as well as protecting your information. Feel confident buying items online! **Students will need to bring their laptop computer.**

Instructor: J. Alexander
Tues.-Thurs., 6-8 p.m.

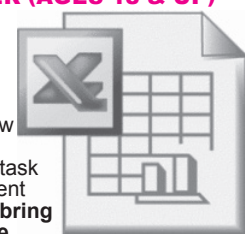
#07-2015-000808 Oct. 13-Oct. 15 (2 days) \$30
#07-2015-000809 Dec. 8-Dec. 10 (2 days) \$30

MICROSOFT EXCEL PT. I-BEGINNER (AGES 18 & UP)

Learn how to manage data using spreadsheets. New users to the EXCEL concept and spreadsheets will find that once you know the basics, the rest is a breeze. Students must have some **basic computer skills**. You will learn the fundamentals of how to use the worksheets, files, routine operations and ranges. Instructor will cover basic task saving and retrieving files, copying cell content and naming ranges. **Students will need to bring their laptop computer with Excel software installed.**

Instructor: L. Donald
Mon.-Thurs., 6-8 p.m.

#07-2015-000810 Oct. 5-Oct. 8 (1 wk.) \$50



**STUDENTS WILL NEED TO BRING THEIR LAPTOP
COMPUTER WITH SOFTWARE INSTALLED
FOR THE FOLLOWING COMPUTER CLASSES:**

WINDOWS: AN INTRODUCTION-BEGINNER (AGES 18 & UP)

This course covers the practical usage on Windows applications. You will learn to operate all the parts of the desktop, work with the taskbar, identify window components, use shortcuts, format and edit text, work with the control panel and more.

Students will need to bring their laptop computer with Windows software installed.

Instructor: J. Alexander
Mon.-Thurs., 6-8 p.m.

#07-2015-000800 Sept. 14-Sept. 17 (1 wk.) \$50
#07-2015-000801 Oct. 19-Oct. 22 (1 wk.) \$50



MICROSOFT WORD 2007-BEGINNER (AGES 18 & UP)

Learn to work with one of the most widely used computer programs in businesses and home use. Microsoft Word is necessary for all computer users. Students will focus on the fundamental concepts for using Word for planning, creating and editing of various types of documents. Students will cover the most frequently used features when using Word.



MICROSOFT EXCEL, PT. II-BEGINNER + INTERMEDIATE (AGES 18 & UP)

Students must have completed PART I or at least have had some accounting experience. Some basic computer skills would be helpful. Course materials will do more in-depth coverage of the fundamentals of worksheets, routine operations and ranges. Instructor will cover basic task saving and retrieving files, copying cell content and naming ranges. **Students will need to bring their laptop computer with Excel software installed.**

Instructor: L. Donald
Mon.-Thurs., 6-8 p.m.

#07-2015-000811 Oct. 19-Oct. 22 (1 wk.) \$50

**HOW TO REGISTER
FOR CLASSES SEE PAGE 31
Register Early! Some classes are limited.**

V.O.A. COMMUNITY ENRICHMENT CENTER - CONTINUED

QUICKBOOKS PT. I-BEGINNER (AGES 18 & UP)

This course is for the novice user for personal and small business use. Class will cover setting up a small company, working with lists, bank accounts, entering sales, invoices, receipt of payment, deposits, and entering /paying bills. This class will teach you how handle financial accounting matters with ease. **Students will need to bring their laptop computer with QuickBooks software installed.**

Instructor: D. Scott
Mon.-Thurs., 6-8 p.m.
 #07-2015-000812 Nov. 2-Nov. 5 (1 wk.) \$50

QUICKBOOKS PT. II-BEGINNER + INTERMEDIATE (AGES 18 & UP)

This course advances the user to the more complex skills needed to provide greater competencies in the use of QuickBooks for personal and small business use. Class will cover setting up a small company, working with lists, bank accounts, entering sales, invoices, receipt of payment, deposits, and entering / paying bills. Students will to cover increasingly more complex accounting matters. **Students will need to bring their laptop computer with QuickBooks software installed.**

Instructor: D. Scott
Tues.-Thurs., 6-8:30 p.m.
 #07-2015-000813 Nov. 16-Nov. 19 (1 wk.) \$50



Instructor: J. Lock

Tues., 6-8 p.m.
 #07-2015-000820 Nov. 3 (1 class) \$15
 #07-2015-000821 Dec. 1 (1 class) \$15

FLORAL ARRANGEMENTS-BEGINNER (AGES 18 & UP)

Do you enjoy making beautiful floral arrangements? Discover ideas and techniques for floral arrangements. **You will need the following supplies:** scissors, glue gun, glue stick, wire cutter, and small extension cord, bouquet holders and a bunch of roses or flowers you would like to put in your arrangement.

Instructor: F. Westry
Mon., 6-8 p.m.
 #07-2015-000822 Nov. 2 (1 class) \$15

SOY CANDLES-BEGINNER (AGES 18 & UP)

Come join us in this fun and relaxing class, smelling great fragrances and creating beautiful candles. Students will learn to make a soy fragrance candle and take home two completed candles. Soy wax is made from soybean, grown by American farmers, which makes the soy wax clean-burning, soot-free, great scent-thrower, and burns slower and longer. The wax stays cool and environmentally friendly. **\$10 supply fee payable to the instructor at the first class.**

Instructor: T. McPherson
Wed., 5:30-8:30 p.m.
 #07-2015-000823 Sept. 23 (1 class) \$23
 #07-2015-000824 Oct. 21 (1 class) \$23

CRAFTS

BOWS/CORSAGE-BEGINNER (AGES 15 & UP)

For Brides-To-Be or for anyone who enjoy making beautiful floral arrangements. It will offer money-saving ideas for brides and teach how to plan that beautiful wedding on a budget. **You will need the following supplies:** scissors, glue gun, glue stick, wire cutter, and small extension cord, bouquet holders and a bunch of roses or flowers you would like to put in your bouquet.

Instructor: F. Westry
Mon., 6-8 p.m.
 #07-2015-000814 Sept. 14 (1 class) \$15

BRIDAL BOUQUETS: WAYS TO SAVE ON YOUR BIG DAY-BEGINNER (AGES 18 & UP)

For Brides-To-Be or for anyone who enjoy making beautiful floral arrangements. It will offer money-saving ideas for brides and teach how to plan that beautiful wedding on a budget. **You will need the following supplies:** scissors, glue gun, glue stick, wire cutter, and small extension cord, bouquet holders and a bunch of roses or flowers you would like to put in your bouquet.

Instructor: F. Westry
Mon., 6-8 p.m.
 #07-2015-000815 Oct. 5 (1 class) \$15



PLATE PICTURE FRAMES-BEGINNER (AGES 13 & UP)

Join us in making your memories last. We will be turning old plates into picture frames. Bring in your favorite photo, preferably 5x7 or smaller, and learn how to use a kitchen plate to frame it. **Kit is \$5, which includes everything to do one plate frame.**

Instructor: T. Ryland
Mon., 6-8 p.m.
 #07-2015-000825 Nov. 9 (1 class) \$15
 #07-2015-000826 Dec. 7 (1 class) \$15

VISION BOARD CREATION-BEGINNER (ALL AGES)

Set your goals! Create your vision! Be motivated to succeed! A vision board is a collage of images, pictures, and affirmations of your dreams, goals, and things that make you happy.

Instructor: J. Turner
Mon., 6-8 p.m.
 #07-2015-000827 Sept. 15 (1 class) \$15
 #07-2015-000828 Oct. 20 (1 class) \$15
 #07-2015-000829 Nov. 17 (1 class) \$15
 #07-2015-000830 Dec. 15 (1 class) \$15

WINE GLASSES PAINTING-BEGINNER (AGES 21 & UP)

Come out and learn how to turn plain glasses into a decorative home decor. You will paint designs on the empty glasses and turn them into beautiful decorative pieces for your tablescapes or candleholders.

The kit cost is \$5 and this includes glasses, choice of designs and paint supplies.
Instructor: T. Ryland
Thurs., 6-8 p.m.
 #07-2015-000831 Oct. 1 (1 class) \$15

BURP CLOTHS & BLANKETS-BEGINNER (AGES 13 & UP)

Makes an ideal gift for new mothers! Create your own unique receiving blanket and matching burp cloth. **Supply fee \$5 (includes burp cloth, elastic, thread, and needles) payable to the instructor at the first class. Bring sewing machine, basic sewing supplies, and 2 yards of your favorite fabric.**

Instructor: T. Davis
Mon., 5:30-7:30 p.m.
NEW
 #07-2015-000816 Sept. 14 (1 class) \$15
 #07-2015-000817 Sept. 28 (1 class) \$15
 #07-2015-000818 Oct. 19 (1 class) \$15
 #07-2015-000819 Nov. 2 (1 class) \$15

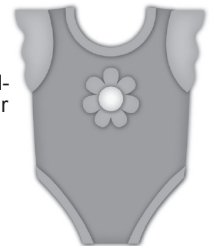
CHOCOLATE ROSES CANDY ARRANGEMENTS-BEGINNER (AGES 10 & UP)

In this unique class, you will learn to make chocolate roses and embellish them with silk flowers for a grand effect. This class is perfect class for any special occasion! **Contact staff for supply list at 338-1519, or instructor at 666-8363.**

WONDERFUL ONESIES-BEGINNER (AGES 13 & UP)

Learn how to make a onesie dress for little girls or a onesie suit for little boys for newborns to toddlers. This unique outfit is one of a kind and your imagination is the limit! **Supply fee \$5 (elastic, thread, and needles) payable to the instructor at the first class. Bring onesie, sewing machine, and 1/3 yard of your favorite fabric. Class size limited to 6 students.**

Instructor: T. Davis
Mon., 5:30-7:30 p.m.
 #07-2015-000832 Sept. 21 (1 class) \$15
 #07-2015-000833 Oct. 5 (1 class) \$15
 #07-2015-000834 Oct. 26 (1 class) \$15
 #07-2015-000835 Nov. 9 (1 class) \$15



V.O.A. COMMUNITY ENRICHMENT CENTER - CONTINUED

CAKE DECORATING-BEGINNER (AGES 15 & UP)

This is a basic class in cake decorating techniques. Learn the tools and tips that create those beautiful store designs that are so costly. Learn basic frosting recipes, piping, writing and roses. Amaze your family and friends! **\$10 supply fee payable to the instructor at the first class (covers cost of frosting, dyes and tips).** Bring baked cake on dish ready for second class. *Class does not meet Nov. 26.*

Instructor: G. Dubose

Thurs., 6-8 p.m.

#07-2015-000836	Sept. 10-Oct. 8	(5 wks.)	\$38
#07-2015-000837	Oct. 22-Nov. 19	(5 wks.)	\$38

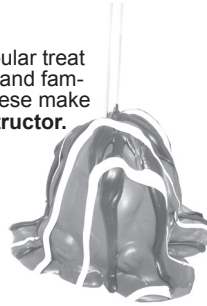
GOURMET APPLES-BEGINNER (AGES 10 & UP)

Come join the fun and learn to prepare this popular treat for any special occasion. Impress your friends and family with these beautiful homemade delights. These make great gifts! **\$10 supply fee payable to the instructor.**

Instructor: N. Murphy

Tues., 6-8 p.m.

#07-2015-000838	Sept. 15 (1 class)	\$15
#07-2015-000839	Oct. 13 (1 class)	\$15
#07-2015-000840	Nov. 3 (1 class)	\$15



students perform.

Instructor: A. Johnston

Sat., 9-10 a.m.

#07-2015-000848	Sept. 12-Oct. 10	(5 wks.)	\$19
#07-2015-000849	Oct. 17-Nov. 14	(5 wks.)	\$19

SWING OUT AND LINE DANCE (ALL AGES)

This is your chance to learn this popular dance. This dance fits any occasion because of the combination of the waltz steps and the slow dance. Students will also learn some fresh new line dances! Come try it out at VOA! (Meets ADA standards for 3 of 5 days of exercise).

Instructor: K. Nobles

Tues., 6:30-8 p.m.

#07-2015-000936	Sept. 15-Oct. 27	(7 wks.)	\$39
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PIANO FOR KIDS-BEGINNER (AGES 7 & UP)

Come learn the basic skills for the piano. This is an excellent class for a refresher as well. **Students will need to bring their own keyboards and \$5 for handbooks, payable to instructor at first class.** Parents, this is just the class your child needs if she/he has shown interest in the piano. *Parents remember, any music endeavor increases your child's academic skills. Class does not meet Nov. 24.*

Instructor: M. Bonner

Tues., 6-7 pm

#07-2015-000850	Sept. 8-Oct. 13	(6 wks.)	\$23
#07-2015-000851	Oct. 27-Dec. 8	(6 wks.)	\$23

PIANO FOR ADULTS-BEGINNER (AGES 18 & UP)

Come learn the basic skills for playing the piano. This is an excellent class for a refresher as well. **Students will need to bring their own keyboards and \$5 for handbooks, payable to instructor at first class. Class does not meet Nov. 24.**

Instructor: M. Bonner

Tues., 7-8:30 p.m.

#07-2015-000853	Sept. 8-Oct. 13	(6 wks.)	\$34
#07-2015-000852	Oct. 27-Dec. 8	(6 wks.)	\$34

VOICE TRAINING FOR KIDS-BEGINNER (AGES 7 & UP)

Nurture your child's interest in singing by giving them this fantastic opportunity to work with a seasoned voice coach. The instructor's expertise, combined with his easy-to-follow teaching style, will help your child develop their voice and their confidence. *Class does not meet Nov. 26.*

Instructor: M. Bonner

Thurs., 6-7 p.m.

#07-2015-000854	Sept. 10-Oct. 15	(6 wks.)	\$23
#07-2015-000855	Nov. 5-Dec. 17	(6 wks.)	\$23



VOICE TRAINING FOR ADULTS-BEGINNER + INTERMEDIATE (AGES 18 & UP)

If music is the song of the soul, then voice training is the musical note. Choir members, join us for the training you need. This is a great opportunity for anybody who has always wanted to sing! Class will focus on breathing techniques, diction, voice placement and increasing ones range. *Class does not meet Nov. 26.*

Instructor: M. Bonner

Thurs., 7-8:30 p.m.

#07-2015-000857	Sept. 10-Oct. 15	(6 wks.)	\$34
#07-2015-000856	Nov. 5-Dec. 17	(6 wks.)	\$34

GUITAR FOR BEGINNERS (AGES 10 & UP)

This class teaches the basics of guitar. **All students need to bring an acoustic guitar that is tunable.** Students will learn how to play 3-4 note lyrics as they learn the chords and become familiar with positioning. Students will learn to tune their guitars. Parents, when investing in an instrument it needs to be tunable. Instructor is a renowned musician that continues to play music locally. *Class does not meet Nov. 24.*

Instructor: W. Wolf

Tues., 7-8:30 p.m.

#07-2015-000858	Sept. 8-Oct. 13	(6 wks.)	\$34
#07-2015-000859	Oct. 27-Dec. 8	(6 wks.)	\$34

DANCE/MUSIC

PRE-DANCE-BEGINNER (AGES 3-5)

Calling all princesses! Come and learn basic dance steps and have fun with creative movement. We will have fun while we learn. *Class does not meet Nov. 24.*

Instructor: A. Fuqua

Sat., 9-10 a.m.

#07-2015-000841	Sept. 12-Oct. 10	(5 wks.)	\$19
#07-2015-000842	Oct. 17-Nov. 14	(5 wks.)	\$19

NEW

BATON TWIRLING-BEGINNER (AGES 5-10)

Learn baton-twirling technique, dance twirling and basic dance steps. Batons will be available for purchase. *Class does not meet Nov. 24.*

Instructor: L. Carter

Tues., 5:30-6:30 p.m.

#07-2015-000843	Sept. 8-Oct. 13	(6 wks.)	\$23
#07-2015-000844	Oct. 27-Dec. 8	(6 wks.)	\$23

NEW



BATON TWIRLING-BEGINNER (AGES 10 & UP)

Learn baton-twirling technique, dance twirling and basic dance steps. Batons will be available for purchase. *Class does not meet Nov. 24.*

Instructor: L. Carter

Tues., 6:30-7:30 p.m.

#07-2015-000846	Sept. 8-Oct. 13	(6 wks.)	\$23
#07-2015-000845	Oct. 27-Dec. 8	(6 wks.)	\$23

NEW

BELLY DANCING FOR EVERYONE-BEGINNER (AGES 18 & UP)

Have fun while getting into shape! Belly dancing is a uniquely feminine experience. Learn this ancient dance of the Eastern Mediterranean in a congenial atmosphere. Whatever your age, size, or shape, you can enjoy the benefits of this Egyptian Folk Dance, while you develop stamina and overall flexibility. Instructions on costume covered. *No class Oct. 8.*

Instructor: V. Morrison

Thurs., 6-7 p.m.

#07-2015-000847	Sept. 10-Nov. 5	(8 wks.)	\$30
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A waist cincher!

BALLET CLINIC-BEGINNER (AGES 5-10)

Your child can build balance, poise and coordination in this beginner ballet class. Instructor has over a decade of dance experience and has been dancing competitively for 8 years. FYI-most children wear body suits. *Parents are invited to the last class to watch the*

V.O.A. COMMUNITY ENRICHMENT CENTER - CONTINUED

GUITAR FOR KIDS-BEGINNER/INTERMEDIATE/ADVANCED (AGES 8 & UP)

All students need to bring an acoustic guitar that is tunable. Students will learn about the Nashville number system, elementary music theory, improv, and songwriting. Instructor is a renowned musician that continues to play music locally. **Class does not meet Nov. 26.**

Instructor: J. Botter
Thurs., 6-7:30 p.m.

#07-2015-000860	Sept. 10-Oct. 15	(6 wks.)	\$34
#07-2015-000861	Nov. 5-Dec. 17	(6 wks.)	\$34

GUITAR FOR ADULTS-BEGINNER (AGES 18 & UP)

All students need to bring an acoustic guitar that is tunable. Students will learn about the Nashville number system, elementary music theory, improv, and songwriting. Instructor is a renowned musician that continues to play music locally. **Class does not meet Nov. 11 and Nov. 25.**

Instructor: J. Botter
Wed., 6-7:30 p.m.

#07-2015-000862	Sept. 9-Oct. 14	(6 wks.)	\$34
#07-2015-000863	Oct. 28-Dec. 16	(6 wks.)	\$34

FITNESS

YOGA FOR FITNESS-BEGINNER (AGES 18 & UP)

This class combines power yoga using strong, flowing movements with deep breathing to create a high energy workout that helps to build strength, unwind tight joints and loosen muscles (also burns calories) and gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime. *No previous yoga experience necessary. Bring a sticky mat and towel.*

Instructors: K. Bell
Tues., 5:30-6:30 p.m.

#07-2015-000866	Sept. 8-Oct. 27	(8 wks.)	\$30
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HEALTH/BEAUTY/SAFETY

SELF DEFENSE FOR WOMEN (AGES 16 & UP)

Learn to defend yourself using the Aware, Avoid, and Prepare Method, basic skills, and everyday items that you carry. **\$5 packet fee payable to the instructor at the class.**

Instructor: C. Turgeau
Tues., 6-8 p.m.

NEW

#07-2015-000867	Sept. 8	(1 class)	\$15
#07-2015-000868	Oct. 13	(1 class)	\$15
#07-2015-000869	Nov. 10	(1 class)	\$15
#07-2015-000870	Dec. 8	(1 class)	\$15

TAEKWONDO FOR KIDS-BEGINNER (AGES 6-13)

Students will develop the skills of self-respect, courtesy and self-control while participating in a beneficial exercise and self-defense class. Students will build confidence and self-esteem while they progress through the program. This class will enhance the child's character and contribute to their self-worth. **See instructor for arrangements for uniforms (optional).**

Instructor: J. Andrianopoulos

#07-2015-000871	Sept. 12-Oct. 10	(5 wks.)	\$19
#07-2015-000872	Oct. 17-Nov. 14	(5 wks.)	\$19

TAEKWONDO FOR KIDS-INTERMEDIATE (AGES 6-13)

Placement in this class requires prior approval from instructor. Students will develop the skills of self-respect, courtesy and self-control while participating in a beneficial exercise and self-defense class. Students will build confidence and self-esteem while they progress through the program. This class will enhance the child's character and contribute to their self-worth. Student testing for belt advancement is in place. **See instructor for arrangements for uniforms.**

Instructor: J. Andrianopoulos

#07-2015-000873	Sept. 12-Oct. 10	(5 wks.)	\$19
#07-2015-000874	Oct. 17-Nov. 14	(5 wks.)	\$19



BEGINNER TAI CHI

Find out what the most effective tai chi techniques are and strategies to learn tai chi.

Instructor: D. Marshall

Mon., 5-6 p.m.	#07-2015-000937	Sept. 14-Nov. 2	(8 wks.)	\$30
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FIREARM & SHOTGUN SAFETY COURSE-BEGINNER (AGES 18 & UP)

This class will cover the basic safety, cleaning and proper use of firearms. Discussions will also cover state laws on use, ownership and self-protection laws and regulations. Students will learn about proper handling techniques and gun permit laws as well. Instructor has 30 years of firearms instructor experience and is N.R.A. CERTIFIED. **A training gun is used for class demonstrations. NO REAL WEAPONS ALLOWED! \$15 materials/book fee payable to instructor the first night of class.** Students wishing to attend the Fire Range will need to coordinate times with instructor after fourth class; this option is a separate cost from registration fee.

Class does not meet Nov. 24.

Instructor: A. Clarkbanks

Tues., 6-8 p.m.	#07-2015-000876	Sept. 8-Oct. 13	(6 wks.)	\$45
	#07-2015-000875	Nov. 3-Dec. 15	(6 wks.)	\$45

HISTORY/RESEARCH

GENEALOGY-BEGINNER (AGES 18 & UP)

Research your family history by learning the tools that help you build your family tree. Join this interesting class and learn where your family roots begin. Excellent project to share with family members!

Instructor: S. Morris

Tues., 6-8 p.m.	#07-2015-000877	Sept. 1-Oct. 13	(6 wks.)	\$45
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HOME SKILLS

SEWING-BEGINNER & INTERMEDIATE (AGES 8 & UP)

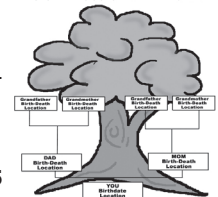
Bring your sewing machine and learn the basics of sewing, or brush up on the sewing techniques you already know! *There is an additional \$15 fee for sewing supplies and tools, payable to the instructor at the first class.

Class will not meet Oct. 12 or Nov. 23.

Instructor: F. Lewis

Mon., 6-8 p.m.	#07-2015-000878	Sept. 14-Oct. 26	(6 wks.)	\$45
	#07-2015-000879	Nov. 2-Dec. 14	(6 wks.)	\$45

MY FAMILY TREE



UPHOLSTERY FOR BEGINNERS-BEGINNER (AGES 18 & UP)

Learn the basic techniques of upholstery. Instructor will cover tools and types of fabric suited for different projects. You will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students **must** have a **small project** to work on during class, for example: a stool, small chair, ottoman, or removable pillows from a piece of furniture. The instructor will give out a supply list the first night of class. **Class will not meet Nov. 24.**

Instructor: D. Howze

Tues., 6-8 p.m.	#07-2015-000880	Sept. 8-Oct. 20	(7 wks.)	\$53
	#07-2015-000881	Oct. 27-Dec. 15	(7 wks.)	\$53

UPHOLSTERY FOR BEGINNERS + UPGRADERS-BEGINNER (AGES 18 & UP)

Learn the basic techniques of upholstery. Instructor will cover tools, type of fabrics suitable for different projects. Students will learn how to

HOW TO REGISTER
FOR CLASSES SEE PAGE 31
Register Early! Some classes are limited.

V.O.A. COMMUNITY ENRICHMENT CENTER - CONTINUED

measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students **must** have a **small project** to work on during class, for example: a stool, a chair etc. Students will need to pay \$15 to cover major tools/ supplies. Call 377-8284 for supplies you will need for personal use, or call VOA after 4:30 pm. at 338-1519.

Class will not meet Nov. 26.

Instructor: L. Bridges

Thurs., 6-8 p.m.

#07-2015-000882	Sept. 10-Oct. 22	(7 wks.)	\$53
#07-2015-000883	Oct. 29-Dec. 17	(7 wks.)	\$53

SUSHI: HOW TO MAKE YOUR OWN-BEGINNER (AGES 18 & UP)

Sushi lovers, now you can learn how to make it! Learn the basic techniques for rolling, how to select the best fillings and the best sauces to use. **All supplies provided; students need to bring \$10 to EAT and ENJOY!**

Instructor: N. Murphy

Tues., 6-8 p.m.

#07-2015-000884	Sept. 22	(1 class)	\$15
#07-2015-000885	Oct. 20	(1 class)	\$15
#07-2015-000886	Nov. 10	(1 class)	\$15

PERFECT EGGROLLS-BEGINNER (AGES 18 & UP)

Learn the techniques for making the perfect egg rolls. Join us to learn how to make great egg roll dishes. **All supplies provided; students need to bring \$10 to EAT and ENJOY!**

Instructor: N. Murphy

Tues., 6-8 p.m.

#07-2015-000887	Sept. 29	(1 class)	\$15
#07-2015-000888	Oct. 27	(1 class)	\$15
#07-2015-000889	Nov. 17	(1 class)	\$15

LANGUAGE

SIGN LANGUAGE FOR BEGINNERS PT. I (AGES 13 & UP)

This is an introduction to American Sign Language, finger spelling, basic vocabulary and understanding of deafness. This is a good class for beginners or those needing a refresher class. This class is especially beneficial for those dealing with the public in sales or service professions. Middle and high school students also welcome. **A textbook will be available for \$21, payable to the instructor at class time. Instructor will arrange Part II, based upon interest. Class does not meet Nov. 24.**

Instructor: Marta Pierce

Tues., 6-8 p.m.

#07-2015-000890	Sept. 8-Oct. 13	(6 wks.)	\$45
#07-2015-000891	Oct. 27-Dec. 8	(6 wks.)	\$45

SPANISH FOR BEGINNERS PT. I (AGES 13 & UP)

Do you want to learn Spanish in a fun and interesting way? This class offers you an excellent opportunity to learn Spanish for work or for your personal use. Study papers and learning guides provided. **\$5 supply fee for text materials payable to instructor at first class. Instructor will arrange Part II, based upon interest. Class does not meet Oct. 12 or Nov. 23.**

Instructor: N. Griffin

Mon., 6-8 p.m.

#07-2015-000892	Sept. 14-Oct. 26	(6 wks.)	\$45
#07-2015-000893	Nov. 2-Dec. 14	(6 wks.)	\$45

SPANISH FOR KIDS (BEGINNER) (AGES 5-11)

Kids will learn Spanish in a fun and interesting way. There is no better time to learn than now! Parents, your child will love this great class! Study papers and learning guides provided. Students need to bring \$5 to cover text materials.

Instructor: V. Zeledoa

Thurs.: 6:00 – 7:00 p.m.

#07-2015-000938	Sept. 22 – Nov. 10	(8 wks.)	\$30
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PERSONAL FINANCE/LAW

"I WILL NEED MONEY FOR COLLEGE"-BEGINNER (AGES 13 & UP)

FREE MONEY FOR SOME GRADUATES! CALLING ALL 8th GRADE PARENTS. Each year students entering college get financial assistance and scholarships for a variety of studies and special circumstances. Why not your child? Parents, we discuss ways to seek out other funding sources. We will discuss the basic strategies of promoting your student to colleges. The earlier you are aware, the more prepared you are, the better your chances will be. **HIGHLY Recommended for students in grades 8-11.**

Instructor: C. Watkins

Thurs., 6-8 p.m.

#07-2015-000894	Dec. 3	(1 class)	\$15
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COUPONING 101-BEGINNER (AGES 18 & UP)

Learn to save money like a pro. We will show you some old tips and NEW tricks. Join us and learn how to use **eCouponing** to reduce your grocery bill. Participants will learn how to organize coupons, learn coupon policies, stockpiling basics and much more. **DID YOU MISS THIS CLASS the last time? YOU DO NOT WANT TO MISS THIS ONE.** Learn the techniques and start saving \$\$\$!

Instructor: Staff

Thurs., 6-8 p.m.

#07-2015-000895	Oct. 8	(1 class)	\$15
#07-2015-000896	Dec. 10	(1 class)	\$15



MURPHY HIGH SCHOOL

Principal: Dr. William Smith

Coordinator: Jack Green-Office: (251) 208-1659, Cell: (251) 234-9080

Assistant Coordinator: Bettye Bennett-Richardson-Office: (251) 470-7751, Cell: (251) 622-2212

Location: 100 South Carlen Street (off Dauphin Street)

Fall Registration is in the Community Activities Office, next to the girl's gym.

www.communityactivitiesprogram.com

Main Office: 251-208-1659 or 251-208-1654 (Mon.-Fri. 8 a.m.-5 p.m.)

REGISTRATION BEGINS: Mon., Aug. 24 Thur Sept. 3, 2015

No classes held on Nov. 11 & Nov. 25-Nov. 27 2015

COMPUTER BUSINESS SKILLS

\$5 fee to cover cost of handouts and is payable to the instructor 1st night of class. Students must bring their own Laptop for this class. Certificates awarded upon completion of computer courses.

EXCEL I 2010/2013

Excel is one of the most popular spreadsheet programs around. Learn how to utilize the layout of a Spreadsheet. In Excel I, we begin with the basics of Formulas and linking worksheets together with a formula in a workbook. Learn how to sort and create link between worksheets and workbooks. Once the student has learned these skills, they are



MURPHY HIGH SCHOOL - CONTINUED

ready for a more advanced approach to working in Excel. **CERTIFICATE COURSE for 8 HOURS**

Instructor: Angela Cerrato

Mon.-Thurs., 4-6 p.m.

#07-2015-000649 Sept. 14-Sept. 17 (1 wks.) \$50

EXCEL II 2010/2013

Excel part two is for the serious user who will be utilizing their skills to produce high quality and accurate spreadsheets. Excel II covers the more advanced functions available in Excel using Logical Formulas and Larger Spreadsheet. Most employers use Excel and most want you to know it before you are hired. Prerequisite is Excel CERTIFICATE COURSE for 8 HOURS



Instructor: Angela Cerrato

Mon.-Thurs., 4-6 p.m.

#07-2015-000650 Sept. 28-Oct. 1 (1 wks.) \$50

MICROSOFT WORD I-CORE 2010/2013

This course is especially for the student who is interested in optimizing their usage of Word and creating professional documents with the use of templates and hands on creativity. Mail merges, integration, short cuts and document mapping will be covered. No prior computer experience required. **CERTIFICATE COURSE for 8 HOURS**



Instructor: Angela Cerrato

Mon.-Thurs., 4-6:30 p.m.

#07-2015-000651 Oct. 12-Oct. 15 (1 wks.) \$50

MICROSOFT WORD II-INTERMEDIATE/ADVANCED 2010/2013

Word II course is for the more serious user. In this course, you will learn document mapping, typesetting, and layout of documents, flyers, mailers etc. The Intermediate user typically uses word a day-to-day bases for office and professional use. Prerequisite is Word I. CERTIFICATE COURSE for 8 HOURS

Instructor: Angela Cerrato

Mon.-Thurs., 4-6:30 p.m.

#07-2015-000652 Oct. 26-Oct. 29 (1 wks.) \$50

POWERPOINT I ~ CORE 2010/2013

This class is for the beginner who is interested in designing a presentation and incorporating ideas. Watch as your creations come to life and animate across the screen. Basic functions as well as navigating and formatting within the program will be taught. **CERTIFICATE COURSE for 8 HOURS**



Instructor: Angela Cerrato

Mon.-Thurs., 4-6 p.m.

#07-2015-000653 Nov. 16-Nov. 19 (1 wks.) \$50

ACCESS ~ CORE 2010/2013

This course is for users familiar with programming and Excel. In this course, you will learn how to build a database and create reports through Access. You will learn relationships and how they can be linked to different tables. Excel experience is required. **CERTIFICATE COURSE for 8 HOURS**

Instructor: Angela Cerrato

Mon.-Thurs., 4-6 p.m.

#07-2015-000654 Dec. 7-Dec. 10 (1 wks.) \$50

CRAFTS

BASIC UPHOLSTERY FOR BEGINNERS

Learn the basic techniques of upholstery. Instructor will cover tools and types of fabric suited for different projects. You will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students are encouraged to have a small project to work on during class, for example: a stool, small chair ottoman, or removable pillows from a piece of



furniture (please keep items on a small scale). Students will need to pay \$15 to cover major tools/supplies. Call 208-1659 for supplies you will need to have for personal use.

Instructor: D. L. Howze

Thurs., 6-8 p.m.

#07-2015-000655 Sept. 10-Oct. 1 (4 wks.) \$30

#07-2015-000656 Oct. 8-Oct. 29 (4 wks.) \$30

#07-2015-000657 Nov. 5-Dec. 3 (4 wks.) \$30

BASIC SEWING

Bring your sewing machine learn the basics of sewing, or brush up on the fundamentals of the sewing techniques you already know! *\$15 supply fee, payable to the instructor at first class for sewing supplies and tools.

Instructor: Felecia Lewis

Wed., 6-8 p.m.

#07-2015-000658 Sept. 9-Sept. 30 (4 wks.) \$30

#07-2015-000659 Oct. 7-Oct. 28 (4 wks.) \$30

#07-2015-000660 Nov. 4-Dec. 2 (4 wks.) \$30

MAKE THE BEST PAPER AIRPLANE IN THE WORLD (AGES 6-12)

This is a great activity for grandparents, parents & children. This is not your traditional paper airplane that spirals into tight loops and falls head first to the ground. It will glide like no paper airplane you have ever seen! Instructor will teach the construction of the plane, preflight inspection, flight techniques and fine-tuning. After building the plane, you will take your plane outside and conduct test flights.

Instructor: Cedrick Lewis

Thurs., 5:30-7:30

#07-2015-000661 Sept. 17 (1 class) \$15

#07-2015-000662 Oct. 15 (1 class) \$15

#07-2015-000663 Nov. 19 (1 class) \$15

#07-2015-000664 Dec. 10 (1 class) \$15

NATURAL SOAP MAKING

Learn to make 100% Natural Bath & Body products for personal care, as unique gifts or starting your own business. Class will include basic soap making techniques, as well as simple recipes for bath and body products such as Sugar Body Scrubs. Supply fee: \$20 payable to instructor at beginning of class.

Instructor: C. Hawkins

Thurs., 6-8 p.m.

#07-2015-000665 Sept. 10 (1 class) \$15

#07-2015-000666 Oct. 8 (1 class) \$15

#07-2015-000667 Oct. 22 (1 class) \$15

#07-2015-000668 Nov. 5 (1 class) \$15

#07-2015-000669 Nov. 19 (1 class) \$15

#07-2015-000670 Dec. 3 (1 class) \$15

#07-2015-000671 Dec. 10 (1 class) \$15

ACADEMICS

READING ENRICHMENT (GRADES 1-5)

This class is designed to enhance the student's present reading level and to encourage advancement. Instructor will focus on the areas of reading comprehension, listening skills, recalling details, fact and opinion, literary elements, and word usage. Instructor will focus on the student's needs as it relates to the student's weekly homework assignments. If the student has reading homework, please have the student bring it to class. Although we encourage parents to meet the instructor, we strive to create a classroom setting and therefore suggest that parents do not sit in class with their child.

Instructor: Alexis Moran

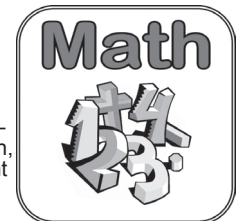
Tues., 4-5 p.m.

#07-2015-000672 Sept. 8-Oct. 27 (7 wks.) \$26.25

#07-2015-000673 Nov. 3-Dec. 15 (7 wks.) \$26.25

MATH TUTORING (GRADES 1-5)

Practice, Practice, Practice! The more you practice at math the better you will get. This class is designed to help your child become a better math student through practices with hands-on math activities and skill sheets. Students will have practice in addition, subtraction, telling time, and problem solving. If the student has math homework, please have the student bring it to class. Although we encourage par-



MURPHY HIGH SCHOOL - CONTINUED

ents to meet the instructor, we strive to create a classroom setting and therefore suggest that parents do not sit in class with their child.

Instructor: Alexis Moran

Tues., 5-6 p.m.

#07-2015-000674	Sept. 8-Oct. 27	(7 wks.)	\$26.25
#07-2015-000675	Nov. 3-Dec. 15	(7 wks.)	\$26.25

FITNESS

YOGA FOR FITNESS (BEGINNERS) (AGES 18 & UP)

This class combines power yoga using strong, flowing movements with deep breathing to create a high energy workout that helps to build strength, unwind tight joints and loosen muscles (also burns calories) and gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime. No previous yoga experience necessary. Bring a sticky mat and towel.

Instructors: Leontyne Jones & Kendra Bell

Wed., 5:45-6:45 p.m.

#07-2015-000676	Sept. 9-Oct. 28	(8 wks.)	\$30
#07-2015-000677	Nov. 4-Dec. 9	(5 wks.)	\$18.75

MAT PILATES

Mat Pilate's classes challenge the student to focus on specific muscle groups, and with practice, students will soon build tremendous core strength. Strong core muscles support the spine, reduce back pain. No Pilates experience is necessary.

Instructor: N. Dixon

Tues., 6-7 p.m.

#07-2015-000678	Sept. 8-Sept. 29	(4 wks.)	\$15
#07-2015-000679	Oct. 6-Oct. 27	(4 wks.)	\$15

DANCE/MUSIC

BEGINNER SAXOPHONE (AGES 7 & UP)

Lessons are provided by a member of the Murphy Marching Band. Early registration strongly suggested! Students will receive instruction in the basics of saxophone playing. Students must have their own Saxophone for this class.

Instructor: Kevin Mooney

Mon., 6-7:30 p.m.

#07-2015-000680	Sept. 14-Oct. 19	(6 wks.)	\$33.75
#07-2015-000681	Nov. 2-Dec. 7	(6 wks.)	\$33.75



BASIC VOICE TRAINING (AGES 7 & UP)

Learn from a professional. Instructor will teach basic vocal techniques and voice training.

Instructor: Staff

Mon., 4:30-6 p.m.

#07-2015-000682	Sept. 14-Oct. 19	(6 wks.)	\$33.75
#07-2015-000683	Nov. 2-Dec. 7	(6 wks.)	\$33.75

BEGINNER GUITAR (AGES 8 & UP)

Learn from one of Mobile's best. This class teaches the basic components about guitar for those who have always wanted to learn. Students must bring their own guitar and tuner kit.

Instructor: Jimmy Botter

Mon., 5-6 p.m.

#07-2015-000684	Sept. 14-Oct. 12	(5 wks.)	\$30
#07-2015-000685	Oct. 19-Nov. 16	(5 wks.)	\$30



MISCELLANEOUS

TRAVEL FREE FOR FUN AND PROFIT (TRAVEL AGENT 101)

See the world on someone else's dime! Learn the tools you will need to become successful travel agent. **Earn up to 80-90% commission!**

Instructor: J. Jones

Tues., 6-8 p.m.

#07-2015-000686	Sept. 15	(1 class)	\$15
#07-2015-000687	Oct. 13	(1 class)	\$15
#07-2015-000688	Nov. 3	(1 class)	\$15
#07-2015-000689	Dec. 15	(1 class)	\$15

SIMPLIFYING MEDICARE

Confused by Medicare? Not sure whether to choose a Medicare Supplement and a Prescription Drug Plan or an Advantage plan? You will be given a brief overview of original Medicare and modernized Medicare. By the end this class, you will be able to make an informed decision about which plan is the right for you. It is a free educational class and the public is welcome to attend. Please call ahead to check space availability. 208-1659 or 622-2212.

Instructor: Roger Cascaden

Wed., 6-8 p.m.

#07-2015-000690	Sept. 16-Sept. 23	(2 wks.)	Free
#07-2015-000691	Nov. 4-Nov. 11	(2 wks.)	Free

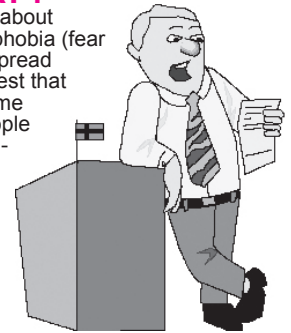
BASIC PUBLIC SPEAKING, PART 1

If you lack confidence and feel anxious about speaking in public, don't worry! Glossophobia (fear of speaking in public) is the most widespread phobia in the world; some studies suggest that up to 75% of people suffer from it to some degree. This course is designed for people with confidence problems or little experience of speaking in public. Maybe you have to speak as part of your job role, or maybe you anticipate having to do so when you get that next promotion or job! This will enable you to deliver a basic presentation in a structured, confident, professional manner that will impress your audience.

Instructor: Sher Graham

Thurs., 6-8 p.m.

#07-2015-000692	Sept. 17-Oct. 8	(4 wks.)	\$30
#07-2015-000693	Oct. 22-Nov. 12	(4 wks.)	\$30



BASIC PUBLIC SPEAKING, PART 2

So you've conquered your initial fear of public speaking. Now you'd like some help in polishing your speaking skills, so that you can have more impact on your audience. This course will help you to hone your skills in preparing and delivering dynamic presentations. You will learn how to: prepare presentations with a clear message, turn nervous energy into positive charisma, grab your audience's attention and hold it, improve your nonverbal communication skills, speak clearly and convincingly, practice and evaluate your presentation skills, and will include hands-on exercises and skills practice, as well as individualized coaching.

Instructor: Sher Graham

Thurs., 6-8 p.m.

#07-2015-000694	Oct. 15-Nov. 5	(4 wks.)	\$30
#07-2015-000695	Nov. 19-Dec. 10	(4 wks.)	\$30

BASIC PROPOSAL WRITING FOR ARTISTS AND ART ORGANIZATIONS, PART 1

Successful grant proposal writing involves the coordination of several activities, including planning- developing ideas, community support, collaboration partners, funding resource identification, searching for data and resources and general organization tips for proposal preparation. This newly revised class will provide artists and art organizations with an overview of what is needed to write a standard project proposal to a funder based on the Request for Proposal (RFP).

Instructor: S. Graham

Mon., 6-8 p.m.

#07-2015-000696	Sept. 14-Oct. 5	(4 wks.)	\$30
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BASIC PROPOSAL WRITING FOR ARTISTS AND ART ORGANIZATIONS, PART 2

Successful grant proposal writing involves the coordination of several activities, including steps needed to write a successful proposal. Part 2 of this newly revised class will provide artists and art organizations with an overview of the basic components of a proposal based on the funder's RFP. It will include: the basic elements of a proposal, how to prepare a budget, the "do's" and "don'ts" of writing and submitting a

MURPHY HIGH SCHOOL - CONTINUED

proposal, and how to follow up whether the answer is yes or no, as well as hands-on writing activity writing a proposal.

Instructor: S. Graham

Mon., 6-8 p.m.

#07-2015-000697 Oct. 12-Nov. 2 (4 wks.) \$30

COMMERCIAL DRIVING LICENSES, CLASS B (SCHOOL BUS DRIVERS)

Students will be provided with the information needed to prepare for the written Driver's License Exam required for a CDL. This course will help those who wish to obtain a CDL, as well as serving as a great refresher for the experienced commercial driver.

Instructor: Melanie Fisher /Phase 1, Kevin Hill /Phase 2

Mon., 6-8 p.m.

#07-2015-000698 Sept. 14-Oct. 12 (8 wks.) Ph 1 \$60
#07-2015-000699 Oct. 19-Nov. 2 (3 wks.) Ph 2 \$22.50



BASKETBALL ACADEMY (GRADES 5-8)

Do you have "Hoop Dreams"? If you answered yes then we have the class for you! Instructor will cover the fundamentals of basketball for both beginner and advanced players whose goal is to make their middle school team.

Instructor: T. Waller

Sat., 12 noon-1 p.m.

#07-2015-000703 Sept. 12-Oct. 3 (4 wks.) \$15
#07-2015-000704 Oct. 10-31 (4 wks.) \$15

TAEKWONDO FOR BEGINNERS (AGES 5-12)

Students are introduced to the basic techniques of Korean Martial Arts. This is an excellent opportunity for developing fitness, self-confidence, esteem, respect, life skills, and self-defense.

Instructor: Alex Jones

Mon., Wed., 5-6 p.m. / Sat., 9:30-10:30 a.m.

#07-2015-000705 Sept. 14-30 (8 classes) \$30
#07-2015-000706 Oct. 3-31 (10 classes) \$37.50
#07-2015-000707 Nov. 2-30 (9 classes) \$33.75
#07-2015-000708 Dec. 2-16 (7 classes) \$26.25

BEGINNER FLUTE (AGES 7 & UP)

Learn basic Flute techniques; get introduced to reading music. Play basic and popular tunes.

Instructor: B. Blessing

Sat., 9-10:30 a.m.

#07-2015-000709 Sept. 12-Oct. 17 (6 wks.) \$33.75
#07-2015-000710 Oct. 31-Dec. 19 (6 wks.) \$33.75

BEGINNER DRUMS (AGES 8 & UP)

Learn basic Drum techniques; get introduced to reading sheet music. Play basic and popular tunes. Students must supply their own drumsticks and pads.

Instructor: Staff

Sat., 9-10:30 a.m.

#07-2015-000711 Sept. 12-Oct. 17 (6 wks.) \$33.75
#07-2015-000712 Oct. 31-Dec. 12 (6 wks.) \$33.75

SATURDAY CLASSES

ALGEBRA & GEOMETRY TUTORING (GRADES 6-12)

Instructor will assess the needs of students and focus on the math skills that they need help with in order to be successful and to improve grades. If students have math homework, they may bring it to class. This is an excellent class for high school and middle school students who need to their math skills, or for those who want enrichment activities. Although we encourage parents to meet the instructor, we strive to create a classroom setting and therefore suggest that parents do not sit in class with their child.

Instructor: Vanessa Chapman

Sat., 9-11 a.m.

#07-2015-000700 Sept. 12-Oct. 10 (5 wks.) \$26.25
#07-2015-000701 Oct. 17-Nov. 14 (5 wks.) \$26.25
#07-2015-000702 Nov. 21-Dec. 19 (5 wks.) \$26.25

NEIGHBORHOOD PARKS AND RECREATION CENTERS

Program Supervisor: Yolanda Crawford-Broom

Phone: 208-1657 Location: 48 N. Sage Avenue, Mobile, Al 36607

JOSEPH C. DOTCH COMMUNITY CENTER

Facility: Charmyne Thompson, Zelda Williams

Address: 3100 Bank Ave.

Phone: 452-9856

Hours: Mon - Thurs 9 a.m. - 9 p.m. / Fri 9 a.m. - 7 p.m.

Seniors Bingo - Tues & Thurs 12:30 - 1:30 p.m.
 Walking Exercise - Mon - Thurs 10 - 11 a.m.
 Chair Aerobics - Tues & Thurs 9 - 10 a.m.
 Sewing, Quilting For Adults - Tues & Thurs 10:00 a.m. - 12 p.m.
 Computer for Adults - Mon - Thurs 10 - 11:00 a.m.
 Swing Dancing with Daddy DJ - Tues 5:30 - 8:30 p.m.
 Line Dance for Adults - Mon & Thurs 5:30 - 8 p.m.
 Walking on Track - Anytime Daily
 Special Population Exercise & Games - Tues & Thurs 10 - 11 a.m.
 Narcotics & Alcoholics Anonymous - Tues 5:30 p.m.
 Open Recreation in Gym - Daily
 Adult Card Tournament - Wed & Thurs 6 - 8 p.m.
 Game Room Tournament - Fri 3:30 - 4:30 p.m.
 Wii Games - Daily
 Basketball - Mon - Fri 11- 2 p.m.
 Good News Club Ms. Charlene Campbell with Children
 Wed 4:30 - 5 p.m.
 Senior Day Out - Monthly
 Mentoring with Rev. Scott - Wed 5:00 p.m.
 Learn to Text for Adults - Mon - Fri 10-11 a.m.
 Coffee Club - Mon - Fri 9 a.m. - until
 After school snacks - 3:30 - 5:30 p.m. Mon - Fri
 Homework Time for Children - Mon - Wed 4 -5 p.m.



Computer Time for Children - Mon - Wed 4 -5 p.m.
 P.E. in the Park - Daily 11 -12 p.m.

MICHAEL A. FIGURES COMMUNITY CENTER

Facility Supervisors: Kelly Tyrus, Dorothy Lewis

Address: 658 Donald St.

Phone: 452-4052

Hours: Mon - Thurs 10 a.m. - 9 p.m. / Fri 10 a.m. - 7 p.m.

Arts & Crafts - Tues & Thurs 4 - 5 p.m.
 Basic Fitness & Movement w/ Jackie - Tues, Wed & Thursday
 4:15 -5:30 p.m.
 Swing Out & Line Dance Classes w/ Tray Turner - Mon 5 - 7 p.m.
 Walk & Exercise for Seniors - Mon - Fri 7 - 8 a.m.
 Seniors Birthday Dinner - 2nd & 4th Tues Monthly 11 a.m. - 1 p.m.
 Table Games - Mon - Fri 10 a.m. - 9 p.m.
 Adult Billiard Pool Championship - Mon - Fri 10 a.m. - 12 p.m.
 Reading Circle - Mon, Wed & Fri 4:30 - 5:30 p.m.
 Black Jack Plus 3 Tournament - TBA
 Spade Tournament - TBA
 Cheerleader Practice - Mon - Fri 5:30 - 7:30 p.m.
 Ping Pong Classes - Tues 4 - 5 p.m.
 Walking w/Lynn - Tues & Thurs 5 - 5:45 p.m.
 Narcotics Anonymous - Mon - Fri 1 - 2 p.m.
 Church - Sun 11 a.m. - 3 p.m.
 Basic Dominoes - Mon - Wed 11 a.m. - 12 p.m.
 Exercise Classes with Jackie - Tues, Wed, & Thurs 1:45 - 2:45 p.m.
 We Welcome New Seniors for Recreation



NEIGHBORHOOD PARKS AND RECREATION CENTERS - CONTINUED

HARMON - THOMAS COMMUNITY CENTER

Facility Supervisors: Ruby Owens & Woodrow Cannon
Address: 1611 Belfast St.
Phone: 470-7752
Hours: Mon - Thurs 8:00 a.m. - 9 p.m. / Fri 8 a.m. - 7 p.m.

Senior Fitness - Mon - Thurs 9 - 11 a.m.
 Theater Rehearsal - Thurs 5 - 6 p.m.
 Piano Class - Tues & Thurs 6 p.m.
 Children Community Choir - Mon 6 p.m.
 Straight Talk (Teens) - Wed 5 - 6 p.m.
 Card Sharks - Mon & Wed 4 - 6 p.m.
 Volleyball - Tues & Thurs 6 - 8 p.m.
 Step to Fitness - Mon - Thurs 7 p.m.
 Computer Assisted Tutoring - Mon - Thurs 5 - 7 p.m.
 Theater Board Meeting - Wed 7 p.m.
 Scrabble - Wed 1 p.m.
 Jr. Advisory Board Meeting - 2nd Tues Each Month 7 p.m.
 Parent Meeting - Monthly 4 p.m.
 Sr. Citizen Choir - Mon 6 p.m.
 New Games Practice - Mon & Wed 4 p.m.
 Beginner Dance Class - Mon 4 p.m.
 Advance Dance Class - Thurs 5 p.m.
 Cooking - Wed 4 p.m.
 Tutoring - Mon- Thurs 4 - 5 p.m.
 Football Practice - Tues & Thurs 5 p.m.



HILLSDALE AREA COMMUNITY CENTER

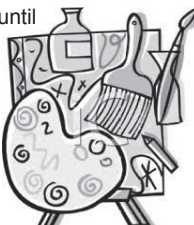
Facility Supervisor: Birdie Anderson, Sylvia Denson, & Jeffrey McCondichie
Phone: 344-0341
Address: 558 Felhorn Rd.
Hours: Mon - Thurs. 8 a.m. - 9 p.m. / Fri 8 a.m. - 7 p.m.

S.A.I.L. Program
 (Seniors Activities Independent Living) - Mon - Thurs 9 a.m. - 1p.m.
 Hillsdale Community Association Meeting - 2nd Tues Monthly 7 p.m.
 Senior Nutrition Program - 3rd Wed Monthly
 Sunday School Lesson Review - Tues 10:30 - 11:30 a.m.
 Stand Out Speak Out - Mon 6 - 7 p.m.
 Police Explorer Meeting - 2nd Tues Monthly 6 p.m.
 Book Mobile - 2nd Wed 4 - 5 p.m.
 Game Room - Mon - Fri 4 - 6 p.m.
 Activities for People with Intellectual Disabilities
 Mon - Fri 9 a.m. - 1:00 p.m.
 Volleyball Tournament for Need - 9 a.m. - 2 p.m. Aug. 15th
 Tennis Court (outdoor) - Open Daily 8 a.m. - 7 p.m.
 Adult Open Court Basketball - Mon - Fri 9 a.m. - 8:45 p.m.
 Walk it Out with Mr. Jeff - Mon - Fri 8:30 a.m.
 Swing Out & Line Dance Class - Wed 7 - 8:45 p.m.
 Chess, Dominoes, Checkers & Cards - Mon - Fri 9 a.m. - 2 p.m.
 Football Practice - 5 - 7 p.m., Mon - Fri
 Homework Help - Wed 4:30 - 5:30 p.m.
 Weight Room - 8 a.m. - 11:30 a.m. 4 p.m. - 7 p.m.
 Dancing with our Stars - 3 p.m. - 10 p.m. Aug. 23rd

LAUN PARK

Facility Supervisor: Voundria Thornton
Address: 5401 Windmill Dr.
Phone: 661-6541
Hours: M - F, 3 - 6 p.m.

Wellness Wednesday - Wed TBA
 Tournament - Thurs 3:15 - 3:45 p.m.
 Twister Tuesday - Tues 3:30 - 4 p.m.
 Talent Search - Fri TBA
 Bookmobile - 3- 4 p.m. TBA
 Outside Basketball Court - Open Daily
 Cute and Cozy Rental Facility - Mon- Fri 7 p.m. - until
 Sat & Sun 7 a.m. - until
 Arts & Crafts - Fri
 3 Mile Club - Fri
 Reading Club - Mon & Fri 3:30 - 4:30 p.m.
 Hula Hoop Exercise - Fri TBA
 Visually Impaired Walking Trail - Open Daily
 Open Recreation Daily - Daily 3 - 6 p.m.
 Beautiful Playground Equipment
 For Fun & Fitness! - Daily



LUSCHER CENTER AT DOG RIVER PARK

Recreation Leader: Johnnie Meeks
Phone: 470-7758
Address: 2459 N. Dog River Road
Hours: Mon - Fri 3:00 p.m. - 6:00 p.m.

Inside Game Room Activities
 Ping Pong
 Table Pool (Adults and children)
 Cards, Games Uno, Bingo,
 Mousetrap, Etc.
 Fishing Pier
 Boat Launching
 Basketball Court
 Children: Arts / Craft
 Picnic Area - Open to the Public Year Round!!!!



MITTERNIGHT CENTER

Facility Supervisor: Willie Burns Jr. - Open Summer Only
Address: 5310 Colonial Oaks Dr.
Phone: 344-7275
Hours: Mon - Fri 3 p.m. - 6 p.m.

Open Recreation Activities - Daily
 Standard Billiards Table Tournament
 Tues 4 - 5:30 p.m.
 Air Hockey Tournament - Wed 4:30 - 5:30 p.m.
 Evening cards - Thurs 4 - 5:30 p.m.
 Table Tennis Tournament - Thurs 3:30 - 4:30 p.m.
 Picnic Playground Area Accessible - Daily Mon - Sun
 Softball & Baseball Fields
 Multi-Purpose Walking Trail - Daily 9 a.m. - 6 p.m.
 Reading Fever - Mon & Wed 4 - 5 p.m.
 "Nuthin" Fancy - Just Crafts - Mon 3:15 - 4:30 p.m.
 Outside Basketball Court - Daily until 7 p.m.
 Come Play With Us!!!!



NEWHOUSE PARK

Recreation Leader: Yolanda Johnson
Address: 2960 Alston Dr.
Phone: 470-7753
Hours: 3 - 6 p.m. Mon - Fri

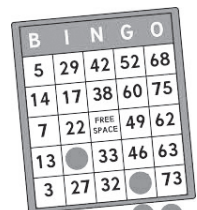
Youth Motivation - Wed 4:30- 5 p.m.
 Picnic Play Area - Daily
 Playground Entertainment Area for Children - Daily
 Reading Takes You Around The World - Mon - Fri 3:30 - 4 p.m.
 Youth Arts & Crafts - Tues & Thurs 4- 4:45 p.m.
 Adult & Youth Table Games - Daily
 Neighborhood Community Meeting - 3rd Thurs of the Month 6-7 p.m.
 Guys & Gals Walking Trail - Daily 8 a.m. - 6 p.m.
 Inside Playroom Activities - Daily 3- 5:30 p.m.
 Empowering Our Youth With Words - Mon 3:30 - 4:00 p.m.
 Outside Basketball Court - Daily
 Homework Assistance Ages 5-10 - Mon- Fri 4:15- 5 p.m.
 After School Goodies - Mon- Fri 3:30- 4:30 p.m.



PARKWAY SAIL SENIOR CENTER

Center Manager: Freda Mitchell
Recreation Leader: Johnnie Rankins
Address: 1600 D Boykin Blvd.
Phone: 471-2503
Hours: 9 - 1 p.m. Mon - Fri

Lunch 11:30 - noon
 Bingo with Yolanda - Mon & Fri 10 - 11 a.m.
 Creative Writing with Judy - Tues 10 - 11 a.m.
 Scarlet O'Hatters - 3rd Wed Monthly 9:30 - 11 a.m.
 Life Lessons With John Landis - Thurs 10:00 - 11:15 a.m.
 Line Dancing In Bay Room - Wed 10 - 10:45 a.m.
 Wii (Tennis, Golf, Bowling) - Daily
 Finishing Well- Study J.D. Landis - 4th Wed 10 - 11 a.m.
 In-door/Outdoor walking - Daily
 Pool (Tournament - monthly) - Daily
 Ping Pong/ Air Hockey - Daily
 Dominoes, Billiards, Cards, Crafts, Music - Daily
 Chair Exercise with Yolanda - Wed 9:15 - 9:30 a.m.
 Senior Day out with Yolanda - TBA



NEIGHBORHOOD PARKS AND RECREATION CENTERS - CONTINUED

Vickie Indoor Walking Exercise Class - Tues & Thurs 9:15 – 10 a.m.
Door Wreath Decorating - TBA

ROBERT HOPE COMMUNITY CENTER

Facility Supervisors: Wanda Porter & Patricia Ferguson
Address: 850 Edwards St.
Phone: 456-7639

Hours: Mon - Thurs 10 a.m. - 9 p.m. / Fri 10 a.m. - 7 p.m.

Walking With Wanda (Seniors) - Daily 9 - 10 a.m.
Senior Devotion Hour - Mon, Wed, & Thurs 10 - 11 a.m.
Play Games (Seniors) - Mon 11 a.m. - 12:00 noon.
Exercise (Seniors) - Wed & Thurs 11 - 12 noon
Computer Class (Seniors) - Thurs 5 - 6 p.m.
Seniors Birthday Lunch - 4th Wed Monthly 12 p.m.
Open Recreation - Daily
Computer Class (Children) - Mon - Thurs 3:30 - 5:30 p.m.
Arts & Crafts - Thurs 4:30 - 5:30 p.m.
Bible Class - Thurs 7 - 9 p.m.
Table Tournaments - Tues & Thurs 4 - 5 p.m.
Checkers Tournament - 5 - 7 p.m.
Wii Games (Children) - Mon - Thurs 4 - 6 p.m.
Puzzle Wuzzle - 2nd Tues Monthly 4:30 - 5:30 p.m.
Basketball - Daily
Tutoring & Snack Program

RICKARBY PARK

Recreation Leader: Jackie Simmons
Address: 550 Rickarby St.
Phone: 470-7750
Hours: Mon - Fri 3 - 6 p.m.



Holiday Arts & Crafts - Thurs & Fri 4 - 5 p.m.
Bookmobile - Every 3rd Fri in the Month 3 - 4 p.m.
Outdoor Basketball - Daily
Tables Games- Chess, Checkers, Dominos - Daily 3 - 4 p.m.
Basic Cooking w/Ms. Jackie - Tues & Thurs 3:15 - 4 p.m.
Shopping Field Trip - TBA
Outdoor Kickball - Wed & Fri 4 - 4:45 p.m.
Turkey Coloring and Craft Making - Mon & Wed 3:15 - 4 p.m.
Snacks - Daily 3:30 - 4:30 p.m.
Homework Help w/ Mr. Eric - Mon - Wed 3:30 - 4:30 p.m.
Xmas Cookie Dough Baking - Wed 5 - 5:45 p.m.

JAMES SEALS COMMUNITY CENTER

Facility Supervisors: Lionel Dais, Ralph Gordon,
Voundria Thornton, Rhonda McDaniel
Phone: 438-7498
Address: 540 Texas St.
Hours: Mon - Thurs 9 a.m. - 9 p.m. / Fri 9 a.m. - 7 p.m.

Pinocle - Wed 9 a.m.
Wheel Chair Basketball - Fri TBA
Walking with Staff - Daily 9 a.m. - 10 a.m.
Bible Study - Thurs 12 p.m.
Seasonal Sports Practice (Age 4-12) - TBA
Gospel Aerobics - Tues & Thurs 5:30 - 6:45 p.m.
Down the Bay Club - 4th Mon Monthly 6 p.m.
Open Recreation - Mon - Fri 10 a.m. - 1 p.m.
Line Dancing with Tiffany Barnes
Wed 5:30 p.m. - 7 p.m.
Tennis - Mon & Wed 5 - 6 p.m.
Band - Tues & Thurs 5:30 - 8:30 p.m.
Beg. Band - Wed 5:30 - 7 p.m.
After School Snacks, Reading, Tutoring - Daily 3:30 p.m. - 4:30 p.m.
Cooking Class w/Ms. Beck - TBA
Scrabble with Ms. Mac and staff - Daily 4:00 p.m. - until
Book Mobile - Every 3rd Wed 4:15 - 5:15 p.m.
Dominoes, checkers, chess w/ Lionel Dias & staff - Daily 4 p.m. - until
Dance Hall with Gee - Wed 7 - 8 p.m.
Beginning Piano w/ Rev. John Lakes - Mon 5:30 - 7 p.m.
Congo Drum Playing w/ Mr. Curtis - Tues 6 - 7 p.m.
Advanced Piano w/ Rev. John Lakes - Thurs 5:30 - 7 p.m.
Bid Whist (cards) Beg. - Adv. w/ Lionel Dias and staff
Daily 6 p.m. - until
Texas St. Booster Club Meeting -
1st Tues of each month 6:00 p.m.



SPRINGHILL COMMUNITY CENTER

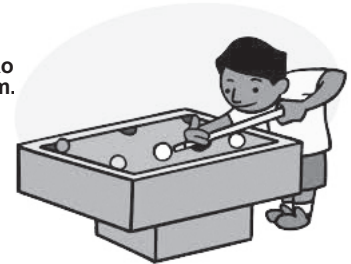
Facility Supervisors: Tanya Gullett
Address: 1151 Springhill Ave.
Phone: 438-7415
Hours: Mon 10 a.m. - Fri - 7 p.m.

Line Dance w/Steve
Tues & Fri 10 a.m.-12 noon - Mon & Wed 4:30 - 6:45 p.m.
Tutoring/Elementary & Middle School - Mon-Thurs 3:15- 4:15 p.m.
Bid Whist & Spades - Wed & Thurs 10 a.m.
Coupon for Saving - Thurs 10:30 a.m.
Basketball Free Play (Adults) - Mon - Fri 10:00 a.m.-3:00 p.m.
Walk-A-Cise - Mon, Wed & Fri 10:30 p.m.
Pencil Sketching, Drawing, Coloring - Fri 3:30 - 4:30 p.m.
Billiards Tournament (Adults) - Mon - Fri 10:00 a.m.-3:00 p.m.
Springhill Avenue Advisory Council - 2nd Wed Monthly 6 - 7:00 p.m.
Gym Free Play (Youth) - Daily 3p.m. - 6 p.m.
Table Games Tournament (Youth) - Daily 3p.m. - 6 p.m.
Cooking Class (Youth) - 2nd Tues in each month 4:30-6 p.m.
Arts & Crafts - 2nd Tues in each month 4:30-6 p.m.
Seasonal Sports Call for Info: 251-438-7415

STOTTS PARK

Rec. Leader II: Richard Davis
Rec. Leader I: Willie Nixon
Phone: 666-4955
Address: 2150 Demetropolis Ro
Hours: Mon - Fri 3:00 - 8:00 p.m.

5 p.m. Open Rec
6 - 7 p.m. Basketball
3 - 4 p.m. Homework Help
4 - 4:30 p.m. Arts & Crafts
4:30 - 5 p.m. Painting
7 - 8 p.m. Pool Tournament



THOMAS SULLIVAN COMMUNITY CENTER

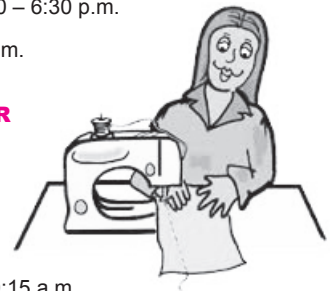
Facility Supervisors: Mary Brown
Address: 351 N. Catherine St.
Phone: 438-7282
Hours: Mon - Thurs 9 a.m. - 9 p.m. / Fri 9 a.m. - 7 p.m.

S.A.I.L. Program (Seniors)
Hot Meals Daily - Mon - Fri 9 a.m. - 1 p.m.
Bible Study - Thurs 1 p.m.
Senior Monthly Birthday Dinner - Last Friday Monthly 11 a.m.
Providence Monthly Visit - 3rd Thurs Monthly 10 a.m.
Healthy Eating Senior - Mon 10 a.m.
Gospelcise Exercise w/ Tangy & Sharon
Mon & Wed 5:30 - 6:15 p.m.
Bookmobile - Fri 4 - 5 p.m.
Walking in Gym - Daily 9 - 10 a.m.
Football Practice - Daily Starting July 21st
Physical Fitness Morning (Senior) - Tues & Thurs 10 - 11 a.m.
Tutoring
Youth Step Team Practice - Mon 6 p.m. Girls
Open Game Room, Pool, Checker, Foosball
Mon - Fri When Center is Open
Lafayette Square Community Meeting
3rd Tues of each month, 6 p.m.
Swing dance Classes - Tues 6:00 p.m.
Cooking class w/Chef Maurice - Mon 4:30 - 5:30 p.m.
Line Dance Trey Turner - Tues 5:30 - 6:30 p.m.
Dance Girls Practice
Ages 9 and up Mon & Thurs 5 p.m.
Ages 3 to 8 Tues 5 p.m.

TRICKSEY SENIOR CENTER

Site Manager: Jackie Green
Phone: 456-6690
Address: 3055 Bank Avenue
Hours: 9:00 a.m. - 1:00 p.m.

Arrival Time 9:00 - 9:15 a.m.
News 9:30 - 9:40 a.m.
Devotional & Bible Study 9:45 - 10:15 a.m.
Sewing & Quilting, etc. - Mon-Thurs 10:15 - 11 a.m.
Lunch 11 - 11:30 a.m.



NEIGHBORHOOD PARKS AND RECREATION CENTERS - CONTINUED

Arts & Crafts - 11:30 a.m. – 12 p.m.
 News & T.V. Time 12 – 12:30 p.m.
 Activity & Sharing Time
 Games, Puzzles, Dominoes, Bingo, etc.
 12:30 – 1 p.m.
 Departure 1 p.m.
 Field Trips - Friday 10 a.m. - 12 noon
 General Shopping - (Household Items, Food,



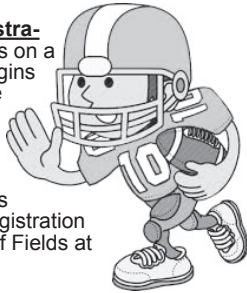
Clothes, Groceries, etc.)
 Bible Class - Fri 10 - 11 a.m.
 Nutrition Class - Wed 10 – 11 a.m.
 Nurse on Tuesday (From University of South AL)
 Blood pressure, diabetics
 Flu shots, etc. - 10 – 11 a.m.
 Poetry Time - Thurs
 Ping Pong Tournament - TBA



ATHLETIC PROGRAMS

Jay Shine: 208-1655 Marion Shepard: 208-1630
Phone: 208-1632

2015 Adult Fall Softball Program – Registration for begins August 10th. Registration is on a first-come, first-serve basis, the season begins Sept. 14th. Entry fee is \$215, for a 7 game season. Playing sites are Herndon (Sage) Park and Lewis Brassell Softball Complex.



year olds. Begins the month of July. The season starts on August 29th at the following parks. Peters, Doyle, Taylor, Optimist and Kiwanis Boys and Girls clubs, Theodore, Trinity Gardens, Roger Williams, Duval, Figures, Hillsdale, Kidd, Springhill, Aaron, Harmon, Crawford, Community Baptist, and Texas Street.

2015 Adult Flag Football - Registration begins on August 10 and league play start's on September 14 and runs thru Oct. 10 Registration fee is \$290.00. Playing site is The New Turf Fields at Sage.

2015 Youth Soccer - Registration begins in July for ages 4 thru 12 year olds, the season begins Sept. 5th the are normally played on Saturdays and are played at Sage Park.

2015 Youth Lacrosse
 Call 251-654-6551 for registration information.

2015 Youth Football - Registration for ages 6 and under thru 14 Call 208-1632 or more information

TUMBLING, TRAMPOLINE & GYMNASTICS

Phone: 666-0559 or 208-1637
Location: Cottage Hill Gymnastics Center Medal of Honor Park (bottom of the water tower)
1711 Hillcrest Rd. (Between Grelot Rd. & Cottage Hill Rd.)

PRESCHOOL MOVEMENT EDUCATION (AGES 3, 4, & 5)

Children **MUST** be potty trained to attend class. Introduction to gymnastics apparatus. Body awareness, balance and self-confidence are developed through introduction to the world of exercise and fun.

SESSION 1: Mon. & Wed., Sept. 9-Oct. 5
 #07-2015-000897 2-2:45 p.m. (4 wks.)
 \$50
 OR Tues. & Thurs., Sept. 8-Oct. 1
 #07-2015-000900 9:30-10:15 a.m. (4 wks.) \$50
 OR Sat., Sept. 5-26
 #07-2015-000903 9-10 a.m. (4 wks.) \$35
SESSION 2: Mon. & Wed., Oct. 12-Nov. 4
 #07-2015-000898 2-2:45 p.m. (4 wks.) \$50
 OR Tues. & Thurs., Oct. 13-Nov. 5
 #07-2015-000901 9:30-10:15 a.m. (4 wks.) \$50
 OR Sat., Oct. 10-31
 #07-2015-000904 9-10 a.m. (4 wks.) \$35
SESSION 3: Mon. & Wed., Nov. 16-Dec. 14
 #07-2015-000899 2-2:45 p.m. (4 wks.) \$50
 OR Tues. & Thurs., Nov. 17-Dec. 15
 #07-2015-000902 9:30-10:15 a.m. (4 wks.) \$50
 OR Sat., Nov. 14-Dec. 12
 #07-2015-000905 9-10 a.m. (4 wks.) \$35

SESSION 3: Friday, Nov. 13-Dec. 11
 #07-2015-000908 8:30-9:30 a.m. OR
 #07-2015-000911 9:30-10:30 a.m. (4 wks.) \$35

YOUTH CLASSES

This class teaches progressive skills on trampoline and other gymnastics equipment. Flexibility, strength, balance and coordination are enhanced through participation in this program.



YOUTH GYMNASTICS (5-8 YEARS)

MUST BE 5 BY FIRST CLASS
SESSION 1: Tues. & Thurs., Sept. 8-Oct. 1
 #07-2015-000912 4-5 p.m. (4 wks.) \$60
 OR Saturday, Sept. 5-26
 #07-2015-000915 10-11 a.m. (4 wks.) \$35
SESSION 2: Tues. & Thurs., Oct. 13-Nov. 5
 #07-2015-000913 4-5 p.m. (4 wks.) \$60
 OR Saturday, Oct. 10-31
 #07-2015-000916 10-11 a.m. (4 wks.) \$35
SESSION 3: Tues. & Thurs., Nov. 17-Dec. 15
 #07-2015-000914 4-5 p.m. (4 wks.) \$60
 OR Saturday, Nov. 14-Dec. 12
 #07-2015-000917 10-11 a.m. (4 wks.) \$35

KINDER-GYM (AGES 18 MO-3 YEARS)

Instructor: Chelle Ferguson
 A class for toddlers that will teach basic gymnastics, body awareness, balance and self-confidence in a relaxed gymnastics environment! Adult must participate with the child.

SESSION 1: Friday, Sept. 4-25
 #07-2015-000906 8:30-9:30 a.m. OR
 #07-2015-000909 9:30-10:30 a.m. (4 wks.) \$35
SESSION 2: Friday, Oct. 9-30
 #07-2015-000907 8:30-9:30 a.m. OR
 #07-2015-000910 9:30-10:30 a.m. (4 wks.) \$35

YOUTH GYMNASTICS (9-12 YEARS)

SESSION 1 Saturday, Sept. 5-26
 #07-2015-000918 11-12 a.m. (4 wks.) \$35
SESSION 2: Saturday Oct. 10-31
 #07-2015-000919 11-12 a.m. (4 wks.) \$35
SESSION 3: Saturday, Nov. 14-Dec. 12
 #07-2015-000920 11-12 a.m. (4 wks.) \$35

TUMBLING, TRAMPOLINE & GYMNASTICS - CONTINUED

BEGINNING TUMBLING (5-10 YEARS)

This class is designed to introduce younger students to the various components of tumbling. Primarily: cartwheels, round-offs, back walk-overs, and back handsprings.

SESSION 1: Tues. & Thurs., Sept. 8-Oct. 1			
#07-2015-000921	5-6 p.m.	(4 wks.)	\$60
SESSION 2: Tues. & Thurs., Oct. 13-Nov. 5			
#07-2015-000922	5-6 p.m.	(4 wks.)	\$60
SESSION 3: Tues. & Thurs., Nov. 17-Dec. 15			
#07-2015-000923	5-6 p.m.	(4 wks.)	\$60

CHEER TUMBLING (AGES 10 AND UP)

(Emphasis on tumbling aspect of cheerleading) A must for students preparing for middle school or high school cheerleading.

SESSION 1: Mon. & Wed., Sept. 9-Oct. 5			
#07-2015-000924	6-7 p.m.	(4 wks.)	\$60
SESSION 2: Mon. & Wed., Oct. 12-Nov. 4			
#07-2015-000925	6-7 p.m.	(4 wks.)	\$60
SESSION 3: Mon. & Wed., Nov. 16-Dec. 14			
#07-2015-000926	6-7 p.m.	(4 wks.)	\$60
OR ** Tues. & Thurs			
SESSION 1: Tues. & Thurs., Sept. 8-Oct. 1			
#07-2015-000927	6-7 p.m.	(4 wks.)	\$60
SESSION 2: Tues. & Thurs., Oct. 13-Nov. 5			
#07-2015-000928	6-7 p.m.	(4 wks.)	\$60
SESSION 3: Tues. & Thurs., Nov. 17-Dec. 15			
#07-2015-000929	6-7 p.m.	(4 wks.)	\$60

BEGINNING TRAMPOLINE & TUMBLING (5 & UP)

This class teaches basic trampoline and tumbling skills and is an excellent safety course for those families with backyard trampolines.

SESSION 1: Mon. & Wed., Sept. 9-Oct. 5			
#07-2015-000930	4-5 p.m.	(4 wks.)	\$60
SESSION 2: Mon. & Wed., Oct. 12-Nov. 4			

#07-2015-000931	4-5 p.m.	(4 wks.)	\$60
SESSION 3: Mon. & Wed., Nov. 16-Dec. 14			
#07-2015-000932	4-5 p.m.	(4 wks.)	\$60

INTERMEDIATE TRAMPOLINE & TUMBLING

For students with moderate gymnastics experience

SESSION 1: Mon. & Wed., Sept. 9-Oct. 5			
#07-2015-000933	5-6 p.m.	(4 wks.)	\$60
SESSION 2: Mon. & Wed., Oct. 12-Nov. 4			
#07-2015-000934	5-6 p.m.	(4 wks.)	\$60
SESSION 3: Mon. & Wed., Nov. 16-Dec. 14			
#07-2015-000935	5-6 p.m.	(4 wks.)	\$60



NO CLASS: November 25-28

★ PARENTS ARE INVITED TO FIRST & LAST CLASS ONLY

★★ PARENTS: PLEASE NOTE THAT CLASSES FILL UP QUICKLY. IT IS BEST TO REGISTER FOR THE ENTIRE QUARTER. NOTE REFUND POLICY.

'LIKE' us
on
FACEBOOK

Find us on
Facebook

facebook.com/communityactivitiesprogram

SPECIAL ACTIVITIES THERAPEUTIC RECREATION ADULT CENTER

LaDarrel Bell 251-666-6053/ 251-454-0880

**REGISTER EARLY!
CLASSES ARE LIMITED**

BASKETBALL SKILLS & DRILLS (AGES 8 & UP)

Develop and improve your fundamental basketball skills by learning essential drills and plays. Engage in teamwork during scrimmage to become a more effective offensive and defensive player.

Instructor: Staff
Mon., 10:30-12:30 p.m. **Supply Fee: \$6**
No Class Sept. 7

PICKLEBALL (AGES 8 & UP)

Learn to play this fun game, which is a combination of ping pong, badminton, and tennis. This aerobic activity is great for improving hand-eye coordination.

Instructor: Staff
Mon., 1-3 p.m. **Supply Fee: \$6**
No Class Sept. 7

LINE DANCING (ALL AGES)

Dance to new and old R&B and country tunes, including Wobble, Boot Scootin' Boogie, Electric Slide, Cotton Eye Joe, and much more.

Instructor: Staff
Tues.,
10:30 a.m.-12:30 p.m.
FREE



WONDROUS WEDNESDAY

Enjoy various activities, which include arts and crafts, movie and popcorn, and musical instruments. Complementary snacks and beverages in class.

Instructor: Staff
Wed., 10:30 a.m.-12:30 p.m. **Supply Fee: \$3 per class**
No Class Nov. 11

DRUMS FOR BEGINNERS & INTERMEDIATE (AGES 5 & UP)

Learn to play different rhythms and use different techniques on various percussion instruments. **(MUST PRE-REGISTER)**

Instructor: Staff
Wed., 5-6:30 p.m. **Supply Fee: \$25 due first day of class**
No Class Nov. 11

BINGO BONANZA

Enjoy socializing with friends and winning cool prizes, while playing this classic game. Great game for adults with special needs.

Instructor: Staff
Thurs., 10:30-11:30 a.m. **FREE**

HAUNTED HOUSE

Beware of this suspenseful and fun haunted house. Wear your favorite costume, decorate spooky treats and enjoy a Halloween dance.

Instructor: Staff
Fri., 10 a.m.-1 p.m. & 5-7 p.m.
Oct. 30 **Supply Fee: \$3**



TENNIS CENTERS

BRUCE E. LOCKETTE, USPTA, SUPERINTENDENT
LORI D. WILLIAMS, ASSISTANT MANAGER

MOBILE TENNIS CENTER - 60-LIGHTED LAYKOLD COURTS

851 Gaillard Drive
Mobile, AL 36608
Phone: 208-5181
Fax: 208-5188

HOURS OF OPERATION:

Mon.- THURSDAY-8 a.m. to 10 p.m.
FRIDAY-8 a.m. to 5 p.m.
SATURDAY-8 a.m. to 5 p.m.
SUNDAY-9 a.m. to 5 p.m.

Fees: \$4 days, \$5 under lights

Open to the Public

Memberships are available for individuals or families
Organized Leagues and Round Robin play for all levels and ages
Special Senior Programs and rates
Individual Lessons and Clinics by tennis professionals for adults and children

Pro Shop on site

Lockers and Showers are available



Open Play: two - hour match

Open to the public

Memberships available for individuals or families

Organized Leagues and Round Robin play for all levels and ages

Individual Lessons and Clinics by tennis professionals for adults and children

LYONS PARK TENNIS CENTER - 5-LIGHTED LAYKOLD COURTS

180 Lyons Park Ave.
Mobile, AL 36603
Phone: 694-1830
Fax: 690-7730

Hours of Operations:

Mon.- THURSDAY - 3 PM TO 9 PM

FRIDAY - CLOSED

FEES: \$4 DAY, \$5 NIGHT

SPECIAL SENIOR AND YOUTH RATES AVAILABLE

Hours subject to change based upon participation and inclement weather.

Open to the Public

Special tickets are available. Ask City Desk Attendant.

Tennis Lessons for adults and children

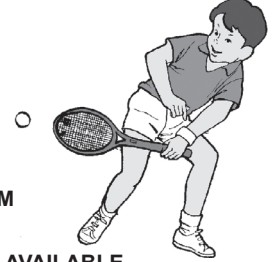
USTA National Junior Tennis League

BATA Adult League

Lyons Park Very Own "Tennis Anyone"

Program

Lockers and Showers are available.



COTTAGE HILL TENNIS CENTER - 10 LIGHTED LAYKOLD COURTS

1171 Hillcrest Road
Mobile, AL 36695
Phone: 666-9539
Fax: 666-4601

HOURS OF OPERATION:

Mon.- THURSDAY-8 a.m. to 9 p.m.
FRIDAY-8 a.m. to 5 p.m.
SATURDAY-8 a.m. to 1 p.m.
SUNDAY-12 p.m. to 5 p.m.

FEE: \$4 DAY, \$5 NIGHT

Hours subject to change based upon participation and inclement weather



HIGH SCHOOLS:

Murphy High School

lighted courts

LeFlore High School

lighted courts

Davidson High School

lighted courts



School courts are for public use after 4 p.m.

SPECIAL ACTIVITIES THERAPEUTIC RECREATION/ADULT CENTER

Program Supervisor: Ella Austin-Mooney / Phone: 251-208-1668 / Special Activities Office: 251-208-1651
Location: Therapeutic and Senior Activity Center (T-SAC)
261 Rickarby St. (formerly Woodcock Elementary)

Therapeutic Recreation Specialist: Marie Beard / Phone: 251-208-1669
Location: City of Mobile Adult Center 1301 Azalea Rd.

Therapeutic Recreation Specialist: Heidi Hanchey / Phone: 251-666-3922
Location: Therapeutic Recreation Program (Adult Center) 1301 Azalea Rd.
Therapeutic Recreation Specialist: LaDarrel Bell / Phone: 251-666-6053

Class sizes are limited. Please call the location and pre-register for all classes.
Pre-Registration determines if a class will meet or if it will be cancelled.

LOCATION: ADULT CENTER
PLEASE CALL HEIDI HANCHEY AT 251-666-3922

ARTS AND CRAFTS

15-310 WOODCARVING

Come use our tools and learn this craft of old. The Delta woodcarvers share their skills and show you how to carve your own work of art.

Instructor: Ron Johnson

First Monday of every month: 3-6 p.m.

FREE Class

15-391 OIL/ACRYLICS

Designed for beginners, as well as those with some experience. Supplies not included.

Instructor: Diane Everett

Wed., 9:30-12:30 p.m.

Session 1: Sept. 16-Oct. 7

(4 wks.)

\$36

Session 2: Oct. 14-Nov. 4

(4 wks.)

\$36

Session 3: Nov. 11- Dec. 9

(4 wks.)

\$36

15-392 OIL, ACRYLICS & WATERCOLOR

Learn the basics for beginners, as well as the techniques for the more experienced. Supplies not included.

Instructor: Kay Rodriguez

Thurs., 1-4 p.m.

Session 1: Sept. 17-Oct. 7

(4 wks.)

\$36

Session 2: Oct. 15-Nov. 5

(4 wks.)

\$36

Session 3: Nov. 12-Dec. 10

(4 wks.)

\$36

SPECIAL ACTIVITIES THERAPEUTIC RECREATION ADULT CENTER - CONTINUED

GAMES

15-361 BINGO

Bingo for our Senior Adults. Each class limited to 20.
Call for dates and to sign up!

15-362 BUNCO CLUB

A great game everyone can play. No skill or strategy involved. You MUST PRE REGISTER to play. Limited space. \$5 per meeting

15-363 BRIDGE FOR BEGINNERS

This class starts with the basics. Includes lecture, explanation & playing time.

Instructor: Sarah Crawford

Mon., 10 a.m.-12 noon

Session 1: Sept. 14-Oct. 19

Session 2: Oct. 26-Dec. 7

(6 wks.)

\$36

(6 wks.)

\$36

15-364 BRIDGE BRUSH -UP

Focus is on review of basic bridge skills and play of hand. Class is limited to 8.

Instructor: Sarah Crawford

Thurs., 10 a.m.-12 noon

Session 1: Sept. 15-Oct. 20

(6 wks.)

\$36

Session 2: Oct. 28-Dec. 10

(6 wks.)

\$36



15-365 BRIDGE SUPERVISED PLAY OF HAND

MUST HAVE TAKEN BRUSH UP BRIDGE. CLASS LIMITED TO EIGHT.

Instructor: Sarah Crawford

Wed., 10 a.m. - 12 noon

Session 1: Sept. 16-Oct. 21

Session 2: Oct. 28-Dec. 9

(6 wks.)

\$36

(6 wks.)

\$36

15-366 CANASTA HAND AND FOOT

Every Mon. & Tues., 2-5 p.m.

15-368 ROOK

Learn to play Rook by the Masters Game Rules and practice up with us for Masters Games Competition in October.

Every Mon. & Tues., 2-5 p.m.

FITNESS

15-331 TNT (TONING AND TIGHTENING) ALL AGES

Class consists of exercise for the waist, chest, abdomen, hips, thighs, and arms (no Aerobics). All classes will be held in air-conditioned room. Please bring a towel or mat.

Instructor: Irene Callaway

Tues., 10:30-11 a.m.

No class on March 4 and April 15

Session 1: Sept. 15-Nov. 3

(8 wks.)

\$12

Session 2: Nov. 10-Dec. 15

(6 wks.)

\$9

15-330 BASIC YOGA

Bring sticky mat and regular towel.

Instructor: Irene Callaway

Tues., 11-12 p.m.

Session 1: Sept. 15-Nov. 3

(8 wks.)

\$24

Session 2: Nov. 10-Dec. 15

(6 wks.)

\$18



15-332 SIT AND BE FIT CHAIR EXERCISES AND WALKING CLUB

This class is for individuals who prefer to stay seated, or may be confined to a wheelchair.

Mondays 9-9:30 a.m.

Wednesdays 9-9:30 a.m.

Location: T-SAC (former Woodcock Elementary)
Please call Marie Beard @251-208-1668 for classes below

SPECIAL EVENTS

CALL FOR DATES & TIMES

Please call to register for all classes.

SENIOR RECREATION

Walking Club

Mondays 9:30 a.m. -10 am

Swing Out

Mondays 6 p.m.-8 pm

Bingo

Tuesdays 10:30 a.m.-11:30 a.m.

Bid Whist

Tuesdays 11:30 a.m.-7 p.m.

Pinochle

Wednesday 10 a.m.-5 p.m.

Holiday Crafts

Wednesdays 1 p.m.-2 p.m

Bid Whist

Thursdays 11 a.m.-8 p.m.

Bridge

Thursdays 12 p.m.-2 p.m.

Bible Study

Thursday 1:30 p.m.-2:30 p.m.

Pinochle

Saturdays 10 a.m.-4 p.m.



SPECIAL ACTIVITIES HOLIDAY CAMPS

Thanksgiving Camp: Nov 23 – Nov 25, 2015

Christmas Camp: Dec 18, 2015 to Jan 5, 2016
Camp will be closed Dec 24th, Dec 25th and Jan 1st

Mardi Gras Camp: Feb 10, 2016 to Feb 12, 2016

Spring Break Camp: April 11, 2016 – April 15, 2016

CALL 251-251-208-1651 OR 251- 208-1668
FOR MORE INFORMATION

All camps are held at T-SAC (Woodcock)

Camps are Monday through Friday unless noted

S.T.A.R. PROGRAM

STUDY TIME AND RECREATION
BEFORE SCHOOL AND AFTER SCHOOL CHILD CARE
August 10, 2015 to June 1, 2016

PROGRAM FEES

BEFORE SCHOOL: \$20.00 per week

AFTER SCHOOL: \$35.00 per week

BEFORE & AFTER SCHOOL: \$45.00 per week

DROP IN: \$10.00 per day

REGISTRATION FEE PER CHILD: \$15.00

SCHOOL LOCATIONS: TBA

WE ACCEPT CHILD CARE SOUTH

CALL 251-251-208-1651 OR 251- 208-1668

FOR MORE INFORMATION



UGOTCLASS

The following courses are just a small sample of the affordably priced certificate and non-certificate courses available to enrich and enhance your personal and professional life. You can participate any time of day or evening. The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings. You decide when you participate

To check out these exciting courses and more go to:
<http://www.yougotclass.org/catalog.cfm/Mobile>

ENTREPRENEUR BOOT CAMP

Starting a business is something that all of us have thought about at one time or another. Everyone wants to be their own boss. Yet statistics show that most businesses fail within the first five years. This course provides insight into the characteristics, knowledge and skills needed to become a successful entrepreneur. At the end of this course, you will be able to identify the abilities required of successful entrepreneurs and how to acquire them, develop goals to help establish your business, develop an outline for your plan, and take home techniques to successfully manage your new business.

Instructor: Conrad Brian Law, COI
One month course
September 8 - October 2

GETTING STARTED IN VOICE OVER

The demand for voice over (VO) talent has boomed over the last decade, driven by more demand for content online, an increased demand for audiobooks, and much easier production requirements than ever before. The demand for that talent continues to grow. All you need is a plan. Getting started in voice over identifies every tool and skill you need to acquire to take advantage of this swelling need for voice over artists. When completed, this course will leave you with exactly the plan you need to get going.

Instructor: David Lawrence
One month course
September 8 - October 2

BUSINESS COACHING CERTIFICATE

Mentoring and coaching have come to be used more frequently in organizations to improve leadership competencies and provide employee support. It has benefits for the employer and employee. Develop skills in the development, implementation, and support of coaching and mentoring programs in your workplace. Take home the much-awaited toolkit you have been searching for to improve your employees' performance and create the working environment that your employees will find truly rewarding. Building on Coaching and Mentoring in the Workplace Course I, C/M II take a further in-depth look at variables involved in employee support. Additionally, in this course you will develop skills in the development, implementation, and support of coaching and mentoring programs in your workplace. Critical analysis and improvement of your programs alongside group dynamics and innovative strategies will also be examined in terms of coaching and mentoring programs. This course offers the much-awaited toolkit you have been searching for to improve your employees' performance and create the working environment that your employees will find truly rewarding.

Instructor(s): Marie Johnson, COI and Sherri Restauri Carson, COI
One two-month course



- Mentoring and Coaching in the Workplace Level 1
September 8 - October 2
- Mentoring and Coaching in the Workplace Level 2
October 5 - 30

PODCASTING

Businesses are turning to podcasting to grow their brand and connect with customers. People with a niche hobby are turning podcasts into a business. Podcasting is experiencing a rebirth as mobile devices are everywhere. The intimate nature of the audio medium allows potential clients to get to know who you are and determine if you are the kind of company with which they want to do business. Learn how to take your business or hobby and turn it into a podcast. This step-by-step class will take you from start to finish and cover the required elements needed to get your show online. Come to class with your idea and end with your show online for all to hear.

Instructor: Travis Allison
One month course
September 8 - October 2

INTRODUCTION TO BUSINESS RESEARCH

Business Research will provide the specific knowledge needed to succeed in researching and utilizing the best and most appropriate data for decision making. It will also provide the skills needed to effectively communicate research results to a specific audience for maximum impact and effective decision making. The course is broad based and provides a strong foundation for meeting business research needs. More advanced courses will be available after completion of this foundation course.

Instructor Cathy Proffitt Boys, COI
One month course
September 8 - October 2

CERTIFICATE IN CUSTOMER RESEARCH

Your customers hold the key to the future success of your organization. You can find out what your customers know by engaging and interacting with your customers. Find out how to get feedback, information and even answers from your customers. With our low and no cost methods of customer research, you will discover new techniques for collecting information that will improve your organization's products or services, promotion and marketing, and even bottom line finances. Whether you work in a for-profit or nonprofit environment, our 8 stage needs assessment model will give you a step by step proven approach to researching and selecting new services, products or activities.

Lead instructor: William A. Draves
Eight week course
September 8 - October 30

CYBER SECURITY FOR MANAGERS

Cyber security issues are all around us and reach nearly every part of our business and work, from online banking and education to Facebook and Wi-Fi. Finally, you can get up to date on Cyber Security basics and fundamentals. Designed for non-technical managers,

UGOTCLASS - CONTINUED

directors and others in the work place, you will find out about threats and vulnerabilities, safeguards, common attacks, viruses, malware and spyware, disaster recover planning, Intrusion Detection/Prevention, basic security architecture, introductory forensics, and cyber terrorism. At the end of this course, you will have the knowledge needed to practice safer computing and safeguard your business and work information.

Instructor: Stan Waddell
One month course
October 5 - 30

ACCOUNTING AND FINANCE FOR NON-ACCOUNTING MANAGERS

Every successful person in the workplace utilizes financial information to aid effective decision making. Accounting and Finance for Non-Financial Managers explains the financial concepts and accounting processes used in most businesses and will provide practical techniques that will increase your effectiveness and career. Get a foundation to understand the seven steps in the accounting cycle and use financial information in decision making. Come away with the knowledge to analyze resource allocation and evaluate financial performance.

Instructor: Sharon deFonteny
One month course
September 8 - October 2

CASH IS KING

Cash is arguably the most important factor in business success. D&B reports 90% of all small business failures are due to poor cash flow—more money gets paid out than collected. It is the non-financial manager who really makes a difference in the day-to-day cash activities. Discover how to maximize cash flow, learn the importance of cash and find out your role in cash flow success.

Instructor: Jodie Trana
One-month course
October 5 - 30

FUNDING YOUR BUSINESS

What does it take to have a financially feasible business? The short answer is Money! But, where does this money come from? Come explore your business's financial feasibility in three areas—start-up or expansion, profits, and cash. Then, you will explore potential debt and equity sources of funds to help support these areas and create a financially successful venture.

Instructor: Jodie Trana
One month course
November 2 - 27

COMPLETE ALL THREE COURSES TO EARN CERTIFICATE IN SELF PUBLISHING AND EBOOKS

GROWING YOUR BUSINESS WITH SELF PUBLISHING

A book can help you expand your business in the way no form of advertising can. This practical course is designed to help entrepreneurs, businesses, and organizations self-publish as well as gain a complete understanding of this often-complicated marketplace. Learn how to understand your publishing options and how to select the best pathways given your business and personal objectives. You will learn how to work with print on demand (POD) companies that print books in small quantities economically. All participants will gain an understanding of the decision-making framework and what factors drive decisions in self-publishing.

September 8 - October 2

SELF PUBLISHING EBOOKS

EBooks are becoming more popular than ever, especially with the release of the iPad and other tablet computers. In addition to publishing fiction and non-fiction books individuals and companies are using eBook publishing as a way to market products, services, and ideas. Come discover what makes a great eBook and how you go about creating, formatting and publishing your eBook. Learn the steps necessary to create your eBook with text, photos, illustrations, audio, videos and hyperlinks to websites. Understand the different options you have in self-publishing and distributing your eBook. Walk away not only knowing how to make an eBook but how to market it as well.

Instructor: Tim Street
One month course
October 5 - 30



MARKETING EBOOKS

Having a book idea and publishing it is only half the recipe for success. Find out how to get the word out to your target market. Discover the various marketing avenues for your book. Acquire information on which social media site or sites makes sense for your audience and how to maximize your effort by minimizing your time online. Most importantly, you will create a marketing plan so you can map out your marketing steps all the steps from start to finish.

Instructor: Tim Streeter
One month course
November 2 - 27

REFUND POLICY

1. **Failure to attend a course does not constitute withdrawal;** refunds must be requested by telephone, mail, e-mail or in person.
2. A full refund (less \$1.00 for processing) will be given upon withdrawal one full week (7 calendar days) before the first class meeting. ...EXAMPLE: If your class begins on **October 15**. For a full refund (less \$1.00), the request must be made by **October 8**.
3. **After the seven days and before the second class the student will be given a 75% refund.**
4. **The student must request ALL refunds.** Our telephones are answered 24 hours a day. When you call, give the name of the class, the class site, your name, the student's name, and the telephone number where you can be reached between 8 a.m. and 5 p.m. A member of our staff will return your call the following business day. E-mail refund requests to psa-office@cityofmobile.org.
5. After the second class no refunds will be given.
6. If a class is cancelled due to insufficient enrollment, the full class fee will be refunded
7. Please allow 4-6 weeks for delivery of refund check. Credit Card refunds are processed within 24 hours from your request.

HOW TO REGISTER

Registration is accepted on a first come-first serve basis.
Many classes have limited enrollment. Please register early!

Please Note:

All activities paid for by credit/debit card are subject to a 3% non-refundable surcharge.

1. ONLINE **NEW**

Beginning **Aug. 24** Mobile Parks & Recreation is excited to announce that our fall, 2015 class offerings are available for ONLINE registration now! For your convenience, we have moved to a new Online Registration System. If you have not already done so, log on to www.communityactivitiesprogram.com to register for most classes. NOTE: camps, sports leagues and special events will soon be available for online registration as well.

2. MAIL

You may mail your completed registration form, with payment enclosed, to:

Community Activities Program (location of class)

48 N. Sage Ave.

Mobile, AL 36607-2653

Payment may be made by money order, Discover, American Express, MasterCard or Visa. Money Orders should be made payable to: **City of Mobile**. NOTE: Due to the possibility of postal delays, we recommend that you register by fax, telephone, online or in person.



3. TELEPHONE

Monday - Friday, 8:00 a.m. to 5:00 p.m. The telephone number for the Registrar's Office is **(251) 208-1654**. Please have course number(s), credit card number and expiration date ready.



4. FAX

You may register by fax, 24 hours a day, 7 days a week with Discover, American Express, MasterCard or Visa. Please complete the registration form and fax it to **(251) 208-1617**.



5. SCHOOL/SITE REGISTRATION

Aug. 24 – Sep. 3, 4:00 pm to 8:00 pm at the following locations: Davidson, LeFlore, Murphy, Pillans and Volunteers of America. For registration after **September 3**, please check headings in this brochure for the days and times that the coordinator will be on site to handle your registration. **The school secretaries and staff are not prepared to handle registration.**



6. IN-PERSON REGISTRATION

Monday - Friday, 8:00 am to 4:00 pm. (except city holidays*) Please visit the Main Office lobby (**48 N. Sage Ave.**) Payment may be made by cash, money order, American Express, MasterCard, Visa or bank debit card. Money Orders should be made payable to: **City of Mobile**.

*CITY HOLIDAYS:

Sep. 7, 2015 Labor Day

Nov. 11, 2015 Veterans Day

Nov. 26-27, 2015 Thanksgiving

EARLY REGISTRATION IS ENCOURAGED. *Pre-registration determines if a class will meet or if it will be cancelled. Only registered students can be contacted if a class is cancelled.*

Registration Form

Make money orders payable to: CITY OF MOBILE
Mailing address: Community Activities Program (school/site)
 48 N. Sage Ave.
 Mobile, AL 36607-2653

No personal checks accepted | Activities paid for by credit/debit subject to a 3% non-refundable surcharge)

**DON'T WAIT-
SIGN UP TODAY!**



Name: (on credit card if applicable) _____
 Billing Address: _____
 City: _____ State: _____ Zip Code: _____
 Work #: _____ Home #: _____ Mobile #: _____
 E-mail Address: _____

Class #/Class	Date	Time	Fee	Student	Gender	D.O.B.
1 _____	_____	_____	\$ _____	_____	M/F _____	____/____/____
2 _____	_____	_____	\$ _____	_____	M/F _____	____/____/____
3 _____	_____	_____	\$ _____	_____	M/F _____	____/____/____
4 _____	_____	_____	\$ _____	_____	M/F _____	____/____/____
5 _____	_____	_____	\$ _____	_____	M/F _____	____/____/____
TOTAL			\$ _____			

Cash Money Order Visa MasterCard American Express Discover

Credit Card No. _____ / _____ / _____
 Expiration Date: _____ / _____ / _____



Registration | Phone: (251) 208-1654 Fax: (251) 208-1617 Online: www.communityactivitiesprogram.com