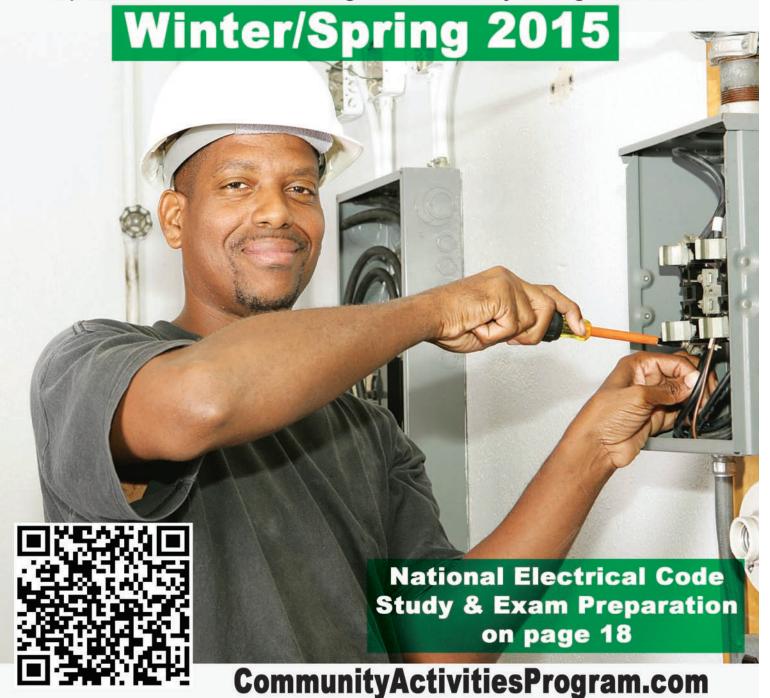


Parks & Recreation Department

# COMMUNITY ACTIVITIES PROGRAM

Enriching the Community through Education



**FREE BROCHURE** 

**TAKE ONE** 

# ART INSTRUCTIONAL CENTER 200 W. Parkway Drive at Old Shell Road (In Lavretta Park) Phone: 460-2421

Art Specialists: Kathe Kutzman, Ann Henkel & Ginger Woechan

NO CLASSES JAN. 19, FEB. 16-17 OR MAY 25

#### 01-605 BEGINNING FELTING

Students will learn the 4 basics of felt making, heat, moisture, pressure and agitation, all of these things are required to produce Felt. Students will make some flowers and beads. Supplies will be included for a \$10 fee.

Instructor: Kathe Byrnes Kutzman Wed. 1-3 p.m. Feb. 3 & 10 (2 wks.)

#### 01-938 SURFACE DESIGN...... LETS HAVE FUN AND...... COME TO PLAY.....

Learn different techniques some using common materials to create unique surfaces to paint on including salt, Vaseline, rollers, sponges, stenciling with a paste. Paint to make cracks, shaving cream and many more. Supplies will be included for a \$10.00

Instructor: Kathe Byrnes Kutzman Tue. 1:30-3:30 p.m. Feb. 24 & Mar. 3 (2 wks. (2 wks.) \$16

#### 01-951 GLASS BLOCKS

Light up the World... Learn a painting technique of painting on glass with oil or acrylics and when the painting is finished you will insert a light to shine through the design. Students can buy the glass bricks at Lowe's or other home improvement stores and they have the stands. \$5 supply fee.
Instructor: Kathe Byrnes Kutzman

Thurs. 9:30-11:30 a.m.

(2 wks.) \$16 Jan. 22 & 29

**01-907 POLYMER CLAY BASICS**Learn the basics of clay bead making i.e. the tools to use, how to work the clay, and the baking process. Students will make a figure, a bracelet, a necklace or a pendent. \$5 Supply Fee/payable to instructor at the first class

Instructor: Kathe Kutzman Tues. 1:30-3 p.m.

Jan. 13 & Jan. 20 (2 wks.) \$12

### 01-952 FURNITURE MAGIC

Don't throw away that old serving cart, coffee table, frames etc. Bring them to class and we will redesign them, or paint them so they are new...all over again. Students need to bring a small piece of furniture that they can carry home each week, paints (acrylic) brushes, etc. The first class we will discuss the piece, and begin sanding etc.

Instructors: Sr. Ann Henkel, Kathe Byrnes Kutzman and Ginger Woechan (Thurs. 9 a.m.-12 p.m.) Mar. 26 - Apr. 16 (4 wks.)

### 01-953 DESIGNING AND PAINTING

Decoration on Pillows will upgrade you interi-

or design skills, students will learn the art of painting using paints fabric and permanent makers. The finished pillows will be soft. Students need



to bring in a white or light colored pillow. Students will pay a \$5 supply fee the day of the class.

Instructor: Kathe Byrnes Kutzman Thurs. 9 a.m.-12 p.m. Apr. 23 (1 day) \$12

#### 01-689 PAINTED FLOORCLOTHS

This is a great project to get ready for the summer. The floorcloths will be canvas 2x3 or larger and can be purchased at the lo-cal art or canvas store. Acrylic paints will be used. A supple fee of \$10 will be charged for paints and the use of brushes. Etc.

Instructor: Kathe Byrnes Kutzman

Thurs. 9 a.m.-12 p.m. Apr. 30 & May 7

(2 wks.) \$24

\$12

\$32

#### 01-954 MARDI GRAS GLASSES

Create little shades to make a votive candle light wine glass decorated for Mardi Gras. A \$10 supply fee will be charged for the glass, the paper for making the shade, and the paints.



Instructor: Kathe Byrnes Kutzman Thurs. 9 a.m.-12 p.m.

Jan. 15 (1 day)

#### 01-939 LETTER BETTER

This class will focus on the art of Hand Lettering. While we will employ some calligraphy techniques and materials, it is not a calligraphy class. You will learn lettering basics; discover new fonts, ornamentation, and spacing tricks. A supply list will be given to students at the first class.

Instructor: Ann Henkel Wed. 1– 3 p.m. Jan. 28-Feb. 18 (4 wks.)

#### 01-938E TANGLE TIME OPEN STUDIO

Bring your Zentangle® supplies and a bag lunch. Join us for coffee, good conversation, and new ideas.

Instructor: Ann Henkel Tues. 12:30-3:30 p.m. Jan. 15-May 19

\$5 per class

\$8

#### 01-938C TEACHERS' TANGLE **PROJECT**

Classroom teachers-Learn how to share the art of Zentangle® with your students. The benefits, beyond creating art they will be proud of, include teaching students to find in-ner focus and self-control. And...it won't put a big dent in your budget!

Instructor: Ann Henkel Sat. 9:30-11:30 a.m.

Feb. 28

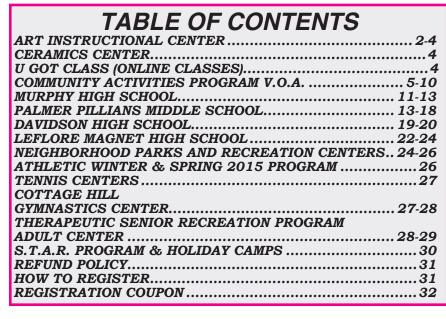
#### 01-938D TANGLE WITH COLOR

This Zentangle® class will take us beyond the classic format of black pen on a white tile. We will use colored pencils, watercolor pencils, watercolors, gel pens and markers to our Zentangle-inspired art (ZIA). A supply list will be given to students at the first class.

Instructor: Ann Henkel

Wed. 1-3 p.m. Mar. 25-Apr. 20

\$32 (4 wks.)



#### ART INSTRUCTIONAL CENTER CONTINUED -

### 01-938 LEARN THE ART OF

Zentangle® is the registered trademark for an easy-to-learn, relaxing and fun way to create beautiful images by drawing structured patterns. We're not permitted to use the term 'Zentangle", but we are excited to share our love of it and get you started on a new art adventure. This class will be fun and appropriate for beginning tanglers. A supply list will be given to students at the first class.

Instructor: Ann Henkel Wed. 6:30-8:00 p.m.

Apr. 15-May 20 (6 wks.) \$36

#### 01-933 FRIDAYS FOR WOMEN: **DEEPENING YOUR CREATIVE CONNECTIONS**

This class is designed to help women explore and integrate creative expression through the practice of mindfulness and artistic activity. . We will begin each Session with a meditative walk through our Lavretta Park, followed by some thoughtful input and sharing. The art we do in each class will flow from this. For all levels: beginner to advanced. \$15 supply fee per Session - payable to the instructors at first class

Instructors: Ann Henkel, Kathe Kutzman Fri. 9-11 a.m.

Jan. 16-Feb. 20 (5 wks.) \$40 Mar 27-Apr. 24 \$40 (5 wks.)

#### ADULT CLASSES:

### 01-936 WATERCOLOR (INTERMEDIATE/ADULTS)

Come enjoy exploring one of the most versatile media the art world has to offer! Watercolors have long been a staple for Artists because of their portability and luminous transparent quality. Bring the watercolor supplies hidden under your bed for years or pick up a supply list from the Art Center. Take one Session or continue on to the next! Each Session will be a different lesson plan. A supply fee of \$10 for still life materials and other supplies provided by the instructor, payable to the instructor at the first class.

Instructor: Ginger Woechan

Mon. 10-12 p.m. Jan. 26-Feb. 23 (off for Mardi Gras)

(4 wks.) \$32 Mar. 2-23 \$32 4 wks. Apr. 6-May 4 \$32

#### 01-934 EXPLORE WATERCOLORS! **BEGINNERS**

This is an Introduction to watercolor class. We will begin explorwatercolor ing techniques and using the watercolor paints. We will paint quick studies and focus



on the process of working with this versatile medium rather than having a finished product. This class is a fun way to get into this medium for the first time or to come back to it after a couple of years. Please bring your own paint and brushes. Other materials and mediums will

be provided by the instructor with the \$10 supply fee payable at the first class.

Instructor: Ginger Woechan

Mon. 5:30-7 p.m. Mar. 16 - Apr. 13 (5 wks.) \$32

#### 01-942 OPEN STUDIO (EVENING **CLASS/ADULTS)**

A still life will be set up and ready to paint, come and work in the medium of your choice. Students are invited to bring objects to include in the set up or bring their own subject to paint. This is an open studio style class, with some instruction and gentle critique available.

Instructor: Ginger Woechan

Tues. 5-7pm Jan. 13-Apr. 28

\$5 per class

#### 01-925 INTRO. TO DRAWING AND **PAINTING (BEGINNERS- ADVANCED/** ADULTS)

This class is an introduction to both drawing and painting! We will learn to draw and paint from real life and become more in tune with the right side of our brain. If you have ever wanted to draw or paint this is the class for you! All supplies will be covered in your supply fee of \$15 payable to the instructor at the first class.

Instructor: Ginger Woechan

Thurs. 10-12 p.m.

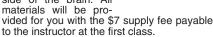
Jan. 15-Feb 5 \$32 (4 wks.)

Mon. 5:30-7:30 p.m.

Apr. 20-May 11 \$32 (4 wks.)

#### 01-966 PORTRAIT DRAWING: (BEGINNERS/ADULTS)

This class will be an introduction class drawing a portrait! We will use techniques from the old masters to drawing on the right side of the brain. All



Instructor: Ginger Woechan

Mon. 5:30-7 p.m. Feb. 2-Mar. 9 (5 wks.) \$32 Thurs. 10-12 p.m. Feb. 12- Mar. 5 (5 wks.) \$32

#### 01-940 GET LOOSE/ABSTRACT!!! (BEGINNERS-INTERMEDIATE/ ÀDULTS)

Let's get loose with this Bob Burridge inspired class. We will work through some of Bob's get loose abstract assignments and explore a free style painting. Don't be scared, we dare you to come and enjoy painting! All materials will be provided with your \$15 supply fee payable to the instructor at the first class. All you need to bring is yourself and a smile! Instructor: Ginger Woechan

Tues. 5:30-7:30 p.m. Apr. 21-May 12 (4 wks.) \$32

#### **01-166 FUNKY FASCINATORS!** (ADULTS/ 15+)

Love those mini top hats or pretty fascinators you see on people? Need one for fun, an event, or Mardi Gras? Ever wonder how

to make them? This class is for you! Come see how they are made and find out where to get your supplies! You will be given a supply list the first class! Come have fun and make something funky!

Instructor: Ginger Woechan Tues. 5:30-6:30 p.m.

Jan. 13 & Jan. 20 (2 wks.) \$12 Jan. 27 & Feb. 3 (2 wks.) \$12

# 01-936 PEN AND INK WATERCOLOR SKETCHBOOK! (BEGINNERS-INTERMEDIATE/ADULTS)

This class is designed with a new age approach to pen and ink! No more dipping of the pen into the ink! We will use a modern pen and create fantastic pen and ink watercolors. will learn You the techniques of pen and ink and some simple

ways to apply watercolor. This class is fun and upbeat! Think you "can" with this class! Supply fee of \$5 payable to the instructor. You will also need to bring your own watercolor sketchbook, watercolors and brushes, and a set of Micron black pens.

Instructor: Ginger Woechan

Tues. 1-3 p.m.

Mar. 3-24 (4 wks.) \$32

#### CHILDREN'S CLASSES

## 01-941A ART LAB (AGES 8-11) EXPLORING THE ELEMENTS

Each week's lesson will focus on a different art element: line, shape, form, space, color, and texture. We will create art with one element in mind, and look at some examples done by famous artists. \$6 supply fee payable to the instructor at first class.

Instructor: Ann Henkel Mon. 3:30 - 4:30 p.m.

Jan. 12-Mar 2 (6 wks.) \$24

### 01-941A EXPLORING WAYS TO MAKE

These classes will focus on techniques involving drawing, mixed media, printmaking, painting with watercolor and tempera, and clay. \$6 supply fee payable to the instructor at first class

Instructor: Ann Henkel Mon. 3:30 - 4:30 p.m.

(6 wks.) \$24 Mar. 23-May 4

### 'LIKE' us on **FACEBOOK**

facebook.com/communityactivitiesprogram



#### ART INSTRUCTIONAL CENTER CONTINUED.

#### 01-941B ART LAB (AGES 5-7) EXPLORING THE ELEMENTS OF ART

Each week's lesson will focus on a different art element: line, shape, form, space, color, and texture. We will create art with one element in mind, and look at some examples done by famous artists. \$6 supply fee payable to the instructor at first class.

Instructor: Ann Henkel Thurs. 3:30 - 4:30 p.m.

Jan. 15-Feb. 26 (6 wks.) \$24

### 01-941B EXPLORING WAYS TO MAKE ART

These classes will focus on techniques involving drawing, mixed media, printmaking, painting with watercolor and tempera, and clay. \$6 supply fee payable to the instructor

at first class.
Instructor: Ann Henkel
Thurs. 3:30 - 4:30 p.m.
Mar. 25 - May 7 (6 wks.) \$24

#### 01-939 ART FOR BIGGER KIDS!

This after school art class will be fun for all kids who want TO explore being creative! We will work with a vast selection of mediums through a 4-week class. All supplies will be furnished for a \$10 supply fee payable to the instructor at the first class. Each Session, sign up for one or all!

Instructor: Ginger Woechan

wea. 4-5 p.m.		
Jan. 14- Feb. 4	(4 wks.)	\$20
Feb. 11 -Mar. 11	(4 wks.)	\$20
Mar. 18-Apr. 15	(4 wks.)	\$20
Apr. 22-May13	(4 wks.)	\$20

## CERAMICS PROGRAM

#### LUSCHER CERAMICS CENTER

Recreation Leader: Ms. Dot Phone Number: 470-7762 Address: 2459 N. Dog River Dr.

Monday-Friday 9 a.m.-1 p.m.

WE OFFER SPECIAL CLASSES FOR HOME SCHOOLED CHILDREN WHO ARE AVAILABLE DURING THE DAY-To schedule call 470-7762

### UGotClass - Skills for the 21st Century©



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### **COMMUNITY ACTIVITIES PROGRAM**

**V.O.A. COMMUNITY ENRICHMENT CENTER** 6500 Zeigler Boulevard COORDINATOR: JENNY JURJEVICH

ASSISTANT COORDINATOR: ELIZABETH ESPINOSA

MAIN OFFICE PHONE: 208-1661 or 208-1624 (MON.-FRI. 8:00 a.m. - 4:00 p.m.) ON SITE PHONE: 338-1519 (MON.-THURS. 4:30 p.m. - 8:00 p.m.)

#### **PLEASE VISIT**

www.communityactivitiesprogram.com\* Class postponements/cancellations will be noted online for your convenience.

NO SATURDAY CLASSES JAN. 17, FEB.14, APR. 4, APR.11 & MAY 23

EARLY REGISTRATION MON. JAN. 5-THURS. JAN. 15 PLEASE REGISTER IN ADVANCE-UP TO 24 HOURS BEFORE A CLASS STARTS

#### **RECRUITING INSTRUCTORS FOR NEW CLASSES!**

Do you have a talent, skill, hobby or idea that would make an interesting class for our community? We invite you to share it with us! Please call 208-1661 to schedule an appointment.

#### **ACADEMICS**

#### 17-804 ALGEBRA AND PRE-ALGEBRA MADE EASY (ALL AGES)

The reason students have problems Algebra is that do they not understand Mathematics. will Instructor explain how to



use and understand the concepts of mathematics, and students will be able to learn Algebra beyond recall and memorization skills. Enrollment is limited to 12.

Instructor: L. Johnson

Wed. 6-8 p.m. Jan. 28-Mar. 11 Apr. 1-May 20

(7 wks.) \$53 \$53

#### 17-855 BASIC READING FOR ADULT **NON-READERS**

Adults, here is your opportunity to improve your reading skills in a small, confidential setting. Begin at your own reading level, from the beginner level to the more advanced levels, at your own pace. Feel the sense of pride and confidence as you widen your world through reading. Must be able to recognize the letters of the alphabet.

Instructor: C. Martin Thurs. 6-8 p.m.

Apr. 16-May 7 (5 wks.) \$38

### 17-819 "I WILL NEED MONEY FOR

FREE MONEY FOR SOME GRADUATES!

CALLING ALL 8th GRADE PARENTS. Each year students entering college get financial

assistance and scholarships for a variety of stud-ies and special circumstances. Why not your child? Parents,

Parents, we discuss ways to seek out other

funding sources. We will discuss the basic strategies of promoting your student to colleges. The earlier you are aware, the more prepared you are, the better your chances will be. HIGHLY Recommended for students in grades 8-11.

Instructor: C. Watkins

Thurs. 6-8 p.m. Feb. 19 (1 class) \$15 (1 class) Apr. 23 \$15

#### **17-899 MATH ENRICHMENT (GRADES 1-3)**

Keep your child on the right track. Join us for a tutorial in math skills and enrichment. NOW is the time to get your child the help they need with their math skills. PARENTS THIS CLASS IS OFFERED ALL YEAR LONG, DO NOT WAIT UNTIL THE LAST MINUTE TO GET HELP! You will be amazed at the results we have produced.

Instructor: T. Davis Tues. 5-6 p.m.

<del>Jan. 20-Mar. 17</del> (8 wks.) \$30 Mar. 24-May 19 \$30

#### **17-898 MATH ENRICHMENT** (GRADES 4-6)

Keep your child on the right track. Join us for a tutorial in math skills and enrichment. NOW is the time to get your child the help they need with their math skills. PARENTS THIS CLASS IS OFFERED ALL YEAR LONG, DO NOT WAIT UNTIL THE LAST MINUTE TO GET HELP! You will be amazed at the results we have produced.

Instructor: T. Davis Wed. 5-6 p.m.

Jan. 21-Mar. 18 (8 wks.) \$30 Mar. 25-May 20 (8 wks.) \$30

#### **17-813 PHONICS, BEGINNER (GRADES 1-3)**

We focus on the beginning reader, or the child that needs to build a solid phonics foundation. Students will learn the 44 sounds and the phonetic value of letters. Students will also cover the 'sight' word, or Dolch lists. This class is growing in popularity; parents have been very satisfied with results. PAR-ENTS THIS CLASS IS OFFERED ALL YEAR LONG, DO NOT WAIT UNTIL THE LAST MINUTE TO GET HELP!

Instructor: W. West

Thurs. 5-6 p.m. Jan. 22-Mar. 19 (8 wks.) \$30 Mar. 26-May 21 (8 wks.) \$30

### 17-816 READING TUTORING/ ENRICHMENT (GRADES 4-6)

This class focuses on enhancing each student's present reading level, while helping to promote advancement. Instructor seeks to guide student learning toward improving the students' reading comprehension. Basic rules of phonics reviewed. PARENTS THIS CLASS IS OFFERED ALL YEAR LONG, DO NOT WAIT UNTIL THE LAST MINUTE TO GET HELP!

Instructor: W. West Thurs. 6-7 p.m.

Jan. 22-Mar. 19 \$30 (8 wks.) Mar. 26-May 21 (8 wks.) \$30

#### **ARTS & CRAFTS**

#### 17-511 BASIC SEWING FOR EVERYONE (INTERMEDIATES WELCOME) KIDS 8 & ÚP

Bring your sewing machine and learn the basics of sewing, or brush up on the sewing techniques you already know! \*There is an additional \$15.00 fee for sewing supplies and tools, payable to the instructor the first night of class.

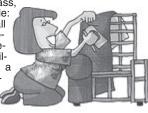
Instructor: F. Lewis Mon. 6:00-8:00 p.m. Jan. 26-Mar. 9 Apr. 13-May 8

(6 wks.) \$45 (6 wks.)

#### 17-514A BASIC UPHOLSTERY FOR **BEGINNERS**

Learn the basic techniques of upholstery. Instructor will cover tools and types of fabric suited for different projects. You will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students must have a small project to work on during class

example: for a stool, small chair, ottoor reman. movable pillows from a piece of furniture. The instructor will give out



a supply list the first night of class.

Instructor: D. Howze Tues. 6-8 p.m.

Jan. 6-Feḃ. 24 (7 wks.) \$53 Mar. 24-May 12 (7 wks.) \$53 tor at 666-8363. Instructor: J. Lock Tues. 6-8 p.m.

Jan. 20 \$15 (1 class) \$15 Mar. 31 (1 class)

#### 17-154B BASIC UPHOLSTERY FOR **BEG. AND UPGRADERS**

Learn the basic techniques of upholstery Instructor will cover tools, type of fabrics suitable for different projects. Students will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students must have a small project to work on during class, for example: a stool, a chair etc. Students will need to pay \$15 to cover major tools/ supplies. Call 377-8284 for supplies you will need for personal use, or call VOA after 4:30 p.m.. at 338-1519.

Instructor: L. Bridges

Thurs. 6-8 p.m. Jan. 22-Mar. 12 \$53 (7 wks.) \$53 Mar. 26-May 14 (7 wks.)

#### 17-140A BOWS/CORSAGE

For Brides-To-Be or for anyone who enjoy making beautiful floral arrangements. It will offer money-saving ideas for brides and teach how to plan that beautiful wedding on a budget. You will need the following supplies: scissors, glue gun, glue stick, wire cutter, and small extension



cord, bouquet holders and a bunch of roses or flowers you would like to put in your bou-

Instructor: F. Westry Mon. 6-8 p.m. Feb. 2

(1 class) \$15

#### 17-140B BRIDAL BOUQUETS- WAYS TO SAVE ON YOUR BIG DAY!

For Brides-To-Be or for anyone who enjoy making beautiful floral arrangements. It will offer money-saving ideas for brides and teach how to plan that beautiful wedding on a budget. You will need the following supplies: scissors, glue gun, glue stick, wire cutter, and small extension cord, bouquet holders and a bunch of roses or flowers you would like to put in your bouquet.

Instructor: F. Westry Mon. 6-8 p.m.

Jan. 5 (1 class) \$15

### 17-525 CHOCOLATE ROSES CANDY ARRANGEMENTS

In this unique class, you will learn to chocolate make roses and embellish them with silk flowers for a grand effect. This class perfect class for any special occasion! Contact staff for supplies at 338-1519 or instruc-

#### 17-140C FLORAL ARRANGING

Do you enjoy making beautiful floral arrangements? Discover ideas and techniques for floral arrangements. You will need the following supplies: scissors, glue gun, glue stick, wire cutter, and small extension cord, bouquet holders and a bunch of roses or flowers you would like to put in your arrangement. Ínstructor: F. Westry

Mon. 6-8 p.m.

Mar. 2 (1 class) \$15

#### **17-463 MAKING SOY CANDLES**

Come join us in this fun and relaxing class, smelling great fragrances and creating beautiful candles. Students will learn to make a soy fragrance candle and take home a completed candle to burn at home. Soy wax is made from soybean grown by American farmers, which makes the soy wax clean burning, soot-free, great scent-thrower, and burns slower and longer. The wax stays cool and environmentally friendly.

Instructor: T. McPherson Wed. 5:30-8:30 p.m.

Jan. 21 \$23 (1 class) (1 class) \$23 Apr. 22

### 17-935 OILS AND ACRYLICS FOR ADULT BEGINNERS AND BEYOND

Need a great way to relax? Acrylics are very forgiving of the Oops error. This class is for beginners as well as those with experience. Both can become a fun and easy way to learn how to paint. If you have always wanted to find your creative side, come join us. Students bring \$10 for supplies.

Instructor: S. Morris

Mon. 6-8 p.m. Jan. 27-Mar. 10 (6 wks.) \$45 Mar. 31-May 12 (6 wks.) \$45

#### 17-146 PLATE PICTURE FRAMES

Join us in making your memories last. We will be turning old plates into picture frames. Bring in your favorite photo, preferably 5x7 or smaller, and learn how to use a kitchen plate to frame it. Kit is \$5.00, which includes everything to do one plate frame

Instructor: T. Ryland Mon. 6-8 p.m.

(1 class) \$15

### 17-200 STAINED GLASS WORKSHOP This is a beginner class in the age-old art of

stain glass designs. The 'copper-foil' method stain glass designs. The copper-roll method is taught this Session. Several designs to select from as class projects. Students will learn how to cut glass, fit glass designs into a pattern and solder the designs together. These designs will make excellent gift ideas for the holidays or any special occasion. Projected supplies cost \$15 payable to instructor. Due to use of lead in the soldering process, - NO 'MOTHERS-TO-BE'

Instructor: Suzanne Sims Lelwica Thurs. 6-8 p.m. Mar. 26-May 14 NEW (7 wks.)

#### **17-101 WINE GLASSES PAINTING**

Come out and learn how to turn plain glasses into a decorative home decor. You will paint designs on the empty glasses and turn them into beautiful decorative pieces for your tablescapes or candleholders. The kit cost is \$5.00 and this includes glasses, choice of designs and paint supplies.
Instructor: T. Ryland

Thurs. 6-8 p.m.

(1 class) \$15 Jan. 29

**17-178 WREATH-MAKING**Wreaths for all occasions and seasons are popular. Learn how to make your own. Supply list: wreath of your choice, chenille stem, scissors, glue gun, glue sticks, extension cord, and items you would like on your wreath. If you have any questions, you may contact the instructor at 251-490-2020.

Instructor: F. Westry

Mon. 6-8 p.m.

Apr. 13 (1 class) \$15

Class Projects taught by Kim Naron are on her website:

www.SeamsSewSpecial.com There will also be a list of items to have in your basic sewing kit. Kim prefers you to bring your machine, but if you chose to borrow one please arrive 30 minutes early so you can practice on machine before class starts. Please sign up early since most of Kim's classes require a kit and fill up early. Please sign up early since most of Kim's classes require a kit. Contact Kim at 251-377-5805 (cell/text) or OutShopN@gmail.com with any questions. \*\*\*Basic Sewing Supplies: Sewing machine, white thread, straight pins, scissors, seam ripper, tape measure and anything else you use while sewing...Also it never hurts to pack an extension cord in your sewing supplies.

#### 17-581 LET THAT SEWING **MACHINE OUT OF THE** BOX\*\*

"SEW" many I hear people, say "I have a Sewing Machine and it is still in the box". Bring your machine, all the feet and all the manuals that came with it. This is a great begin-ner's class to take for

all my upcoming classes. Class is limited to four students. Kit: \$3.00.

Instructor: K. Naron Tues. 5:30-8 p.m.

\$53

Jan. 27 \$18

### 17-522 HELP! I OWN A SERGER

I bet you bought\_the machine and haven't even threaded it. Bring that machine to class and learn how to thread and learn how a Serger works. I am a Martha Pullen Licensed Serger Instructor. This class is limited to four students. Please bring your Serger and all the books and feet that came with your machine, scissors. You will also need four spools of Serger thread (1 green, 1 red, 1

yellow and 1 blue). Please contact instructor before you attend class. Kit \$3.00.

Instructor: K. Naron Tues. 5:30-8 p.m. Feb. 3

\$18

#### 17-220 STACKED HAIRBOW CLASS

These hairbows are so popular. We rarely have enough space. Families with small have been waiting so this class. Please sign up early. Limit class to six. Also, please bring scissors and tape measure. Kit \$3.00.

Instructor: K. Naron Tues. 5:30-8 p.m.

Mar. 16

\$7

**17-148 BASIC A-LINE DRESS**This is the most popular DRESS made for any Lil Girl. There are 100's of ways to change this pattern up. Please take my Beginner Sewing class on June 10 if you don't know how to sew yet. You will need to bring your machine, basic sewing supplies and be sure to check www.SeamsSewSpecial.com for more info on supplies. Sizes 1 to 6. Kit cost \$10.00. Class is limited to 6 Students

Instructor: K. Naron Tues. 5:30-8:00 p.m.

Mar. 17 \$18

#### 17-161 BABY CHANGING PAD WITH **DIAPER & WIPE HOLDER POCKET**

Makes a great Baby Shower gift for a NEW MOTHER. Make several to sell as well. Please bring your Sewing Machine and Basic SEWING SUPPLIES. Kit \$6.00). Class is limited to six students

Instructor: K. Naron Mon. 5:30-8:00 p.m.

Mar. 23 \$18

#### 17-137 MONOGRAMMING 101

Seems everyone is monogramming at home now... but a lot of you are hav-ing issues with it looking neat... In this class, you will learn how @ 9 hoop, which stabilizer to use and

learn a little about threads...And I have some great tips to share with you on how to Appliqué. So bring a notebook and pen. If you want to bring some of your hoops for a per-sonal demo... This class will be limited to eight students

Instructor: K. Naron Tues. 5:30 - 8 p.m. Feb. 24

\$18

R&1

(d)

#### **17-286 BANDANA OUTFIT**

Make a cute outfit using bandanas! (Girls sizes 2-4 only). You will need to bring your basic sewing supplies and sewing machine. Class is limited to 6 students. Kit \$7.00.

Instructor: K. Naron Mon. 5:30-8 p.m. Apr. 20

\$18

#### **17-121 CHEVRON PIN TUCK PILLOW COVER**

Everyone is using the popular Chevron print on everything. Learn how to make a cute decorative pillow cover for a 16" pillow. You will need to bring your basic sewing supplies and sewing machine. Class is limited to 6 students. Kit \$6.00.

Instructor: K. Naron Tues. 6-8 p.m. Mar. 31

\$18

**17-169 CHILD'S TRAVEL PILLOW**These are one of the must have items for traveling with children. You will need to bring your sewing machine and basic sewing supplies. (Please let instructor know if you will be making one for a boy or girl). Class is limited to 6 students. Kit \$7.00.

Instructor: K. Naron Tues.5:30-8 p.m. Apr. 29

\$18

#### **17-209 EASTER PLACEMATS**

Make a cute placemat and napkin for Easter! Please bring your basic sewing supplies and your sewing machine. Class is limited to 6 students. Kit \$6.00. Instructor: K. Naron

Mon. 6-8 p.m. Feb. 23



\$15

#### 17-278 FLAG RIC RAC T-SHIRT

Get ready for Flag Day, July 4th and Labor Day! Please bring a pre-washed red or white t-shirt in the size you need. I will not have any shirts available that night. You will also need your basic sewing supplies, sewing machine, red and white thread. Class is limited to 6 students. Kit \$4.00.

Instructor: K. Naron Tues.5:30-7:30 p.m. May 5

\$15

#### 17-284 RUFFLED RIBBON SOCKS

(Up to size 5 years) These are made "SEW" fast, and they are such a cute idea to compliment your little girl's favorite outfit. You will need to bring your own sewing machine and basic sewing supplies with white thread. (Kit contains socks- 3 pairs, ribbon & pattern). Class is limited to 6. Kit \$6.00.

Instructor: K. Naron Mon. 6-8 p.m.

\$15

#### 17-149 SELF-BINDING BABY **BLANKET/QUILT**

A new mother can never have too many "PRETTY HANDMADE BLANKETS MADE FROM LOVE" for her new baby. Please bring your basic sewing supplies and sewing machine. Class is limited to 6 students.

Instructor: K. Naron Mon. 6-8 p.m. Apr. 13

Kit \$7.00 \$15

**BUSINESS** 

#### 17-770 BECOME A WEDDING CONSULTANT/DIRECTOR

Start your own home-based business as a

Bridal Consultant/ Director Coordinator. You will learn how to start earning big profits immediately in your own buśiness.

With a positive attitude.



you can start making money consulting with brides to conduct their weddings, overseeing the receptions. Assisting the Bride and her bridal party to perform on that perfect day to assure the perfect wedding is the job of the director. Learn how to handle the unexpected and teach your bride the secrets of a perfect wedding by sharing the wedding rules of or-der and protocol of a perfect wedding. Instructor: H. Holland

Tues. 6-8 p.m. Apr. 14-May 12

(5 wks.) \$38

#### 17-417 BOOKKEEPING & ACCOUNTING,

This is a manual presentation of basic accounting. You will learn the accounting cycle for Partnership accounting, Business accounting, merchandising, and Journal accounting. The instructor will cover bank reconciliation and the checking account for a business. The Bookkeeping & Accounting I book and workbook provided for you the first night of class. Book and workbook used for both classes. Certificates awarded.

Instructor: P. Denagall Tues. & Thurs: 6-8 p.m.

Mar. 10 - Apr. 2 (4 wks.) \$60

#### **17-417 BOOKKEEPING &** ACCOUNTING II

Class will continue studying the second half of the text, covering chapters 11-20. Instruction will cover cash control, detailed bank activities, payroll liabilities, tax records, sales and cash receipts, purchasing and cash payments, and much more. Book and workbook used for both classes.

Instructor: P. Denagall Tues. & Thurs: 6-8 p.m. Apr. 21-May 14

(4 wks.) \$60

#### 17-474 CHILDCARE TEACHER **CERTIFICATION PROGRAM, PT. I**

This is the final part of a two part series. Course will cover the requirements as provided by DHS. Students must arrange testing dates with the appropriate agencies for CPR and TBA testing

Instructor: M. Hunt Tues. 6-8 p.m.

Apr. 21. 31 (6 wks.)

17-475 CHILDCARE DIRECTOR'S

## **CERTIFICATION PROGRAM.**

This is the final series of this class. Students MUST attend all 4 classes to receive a certificate.

Instructor: M. Hunt Thurs. 6:00-8:30 p.m.

Mar. 12-Apr. 23

(6 wks.) \$38

\$45

#### **CULINARY**

### 17-532 CAKE DECORATING FOR BEGINNERS

This is a basic class in cake decorating techniques. Learn the tools and tips that create those beautiful store designs that are so costly. Learn basic frosting recipes, piping, writing and roses. Amaze your family and friends! A fee of \$10 is due to cover cost of frosting, dyes and tips due first class. Bring baked cake on dish ready for second class. Class size limited to the first eight that enroll!

Instructor: G. Dubose

Thurs. 6-8 p.m.
Jan. 22-Feb. 19 (5 wks.) \$38
Mar. 5-Apr. 2 (5 wks.) \$38
Apr. 16-May 14 (5 wks.) \$38

### 17-526 HOW TO MAKE YOUR OWN

Sushi lovers, now you can learn how to make it! Learn the basic techniques for rolling, how to select the best fillings and the best sauces to use. Students will only need to bring \$10 for ingredients; Nida will teach you the rest. Join us for a most interesting pight!

teresting night! Instructor: N. Murphy

Tues. 6-8 p.m. Feb. 10 (1 class) \$15 Apr. 21 (1 class) \$15

### 17-562 THE PERFECT EGGROLL CLASS

Learn the Techniques for making the perfect egg rolls. Join us fir three (3) great egg roll dishes. All supplies provided; students need to bring \$10 to EAT and ENJOY!

Instructor: N. Murphy Tues. 6-8 p.m.

Mar. 3 (1 class) \$15 May 5 (1 class) \$15

#### **DANCE & PERFORMING ARTS**

### 17-010 BEGINNER'S BELLYDANCING FOR EVERYONE

Have fun while getting into shape! Belly dancing is a uniquely feminine experience. Learn this ancient dance of the Eastern Mediterranean in a congenial atmosphere. Whatever your age, size or shape you can enjoy the benefits of this Egyptian Folk Dance, while you develop stamina and overall flexibility. Instructions on costume covered.

Instructor: V. Morrison

A waist cincher! Thurs. 6-7 p.m.

Jan. 22-Mar. 12 (8 wks.) \$30 Mar. 26-May 21 (8 wks.) \$30

#### 17-040 COUNTRY LINE DANCE

The music for this class is very upbeat! The operative word here is FUN (work out). Instruction will cover the most popular dances like Tush Push, Reggae Cowboy, Cupid

Shuffle, Good Times, Watermelon Crawl and Electric Slide, to name a few. If these names are familiar to you and you like to dance, then this is the class for you. No partner needed.

Instructor: S. Turner Wed. 6:30-8 p.m. Jan. 21-Mar. 4

Jan. 21-Mar. 4 (7 wks.) \$39 Mar. 18-May 6 (7 wks.) \$39

#### 17-103 TOTS BEGINNER JAZZ BALLET CLINIC (AGES 3-4)

Beginner ballet class that builds balance, poise and coordination. Parents the child must be at least 3 years old. Dance recital last class meeting. FYI- most children wear body suits. Do not spend more than needed.

Instructor: R. Reese Sat. 10:00-10:45 a.m.

Jan. 24-Mar. 14 (7 wks.) \$20 Mar. 21-May 16 (7 wks.) \$20

### 17-103 GIRLS' JAZZ BALLET CLINIC (AGES 5-6)

Beginner bállet class that builds balance, poise and coordination. Dance recital last class meeting.

Instructor: R. Reese

Instructor: R. Reese Sat. 11-11:45 a.m. Jan. 24-Mar. 14

Jan. 24-Mar. 14 (7 wks.) \$20 Mar. 21-May 16 (7 wks.) \$20

### 17-042 SWING OUT AND LINE DANCE (ALL AGES)

This is your chance to learn this popular dance. This dance fits any occasion because of the combination of the waltz steps and the slow dance. Students will also learn some fresh new line dances! Come try it out at

VOA! (Meets ADA standards for 3 of 5 days of exercise).

Instructor: K. Nobles Tues. 6:30 - 8 p.m. Jan. 20-Mar. 10

Jan. 20-Mar. 10 (7 wks.) \$39 Mar. 24-May 12 (7 wks.) \$39

### 17-044 THEATER EXPERIENCE FOR YOUTH (AGES 5-12)

Let us help your child unleash his/her creative side. Is your child shy? On the other hand, is your child a little chatterbox? This class offers both a chance to increase their listening skills, while challenging their memorization skills. Your child will engage in a super good time and a new experience. Last class is their "Special Presentation"

Instructor: M. Lambert Wed/Tues.: 6:30-8 p.m. jan. 22-Feb. 26

jan. 22-Feb. 26 (6 wks.) \$34 April 16-May 21 (6 wks.) \$<del>34</del>

#### FITNESS & SPORTS

#### **WALKING OFF THE POUNDS**

We have cleared the halls and marked the path for the number of rounds per mile (16

laps= one mile). Bring a friend or iPod and let us walk away the pounds sensibly.

learn the basics of ten-

Available walking times: 4:30-8:00 p.m., Mon. –Thurs. beginning Jan. 5.

#### 17-659 TENNIS (BEGINNERS/ REFRESHERS-AGE 13 & UP)

Students will nis in this class. Both beginners and those needing a refresher will find the help they need. Class will co

they need. Class will cover the fundamentals, ball control, stroke, footwork and scoring. Students will need to

wear proper shoes, bring a racket and \$2 to cover the cost of balls. Classes held on the Davidson campus. Parents, there are college scholarships available in this field.

Instructor: Coach Bolden

Sat. 9-10:30 a.m.

Feb. 28-Mar. 28 (5 wks.) \$28 Apr. 18-May 16 (5 wks.) \$28

#### 17-659 TENNIS FOR KIDS (AGES 5-11)

We are now offering an opportunity for your child to learn a great sport! Both beginners and those needing a refresher will find the help they need. Class will cover the basic fundamental, ball control, stroke, footwork and scoring. Students will need to wear proper shoes, bring a racket and \$2 to cover the cost of balls. Classes held on the Davidson campus.

Instructor: Coach Bolden

Sat. 10:30-12 p.m.

Feb. 28-Mar. 28 (5 wks.) \$28 Apr. 18-May 16 (5 wks.) \$28

#### 17-621 BEGINNER TAE KWON DO FOR KIDS (AGES 6 -13) Students will develop the skills of self-re-

Students will develop the skills of self-respect, courtesy and self-control while participating in a beneficial exercise and self-defense class. Students will build confidence and self-esteem while they progress through the program. This class will enhance the child's character and contribute to their self-worth. See instructor for arrangements for uniforms (optional).

Instructor: J. Andrianopoulos

Sat. 9-10:00 a.m.

Jan. 3-Feb. 7 (5 wks.) \$19 Feb. 21-Mar. 21 (5 wks.) \$19

#### 17-621 TAE KWON DO FOR KIDS, BEYOND BEGINNERS (AGES 6 -13)

Students will develop the skills of self-respect, courtesy and self-control while participating in a beneficial exercise and self-defense class. Students will build confidence and self-esteem while they progress through the program. This class will enhance the child's character and contribute to their self-worth. Student testing for belt advancement is in place. See instructor for arrangements for uniforms. Placement in this class requires

prior approval from Instructor. Instructor: J. Andrianopoulos Wed. 10:15-11:15 am

Jan. 3-Feb. 7 5 wks.) \$19 Feb. 21-Mar. 21 (5 wks.)

#### **17-320 BEGINNER'S CHEERLEADING (AGES 5-10)**

This class is for students that are considbecoming cheerleaders or just for fun. Join us for practice workouts, increase your

pare yourself. Students wil will learn cheer routines, chants and dance routines. Wear shorts and tennis shoes and bring water.

Instructor: T. Gunn Sat. 9:30-11 a.m. Jan. 3-Feb. 7

skills and pre-

(5 wks.) \$19 Feb. 21-Mar. 21 5 wks. \$19 Apr. 18-May 16 \$19

#### **17-653 BEGINNER TAI CHI**

Find out what the most effective tai chi techniques are and strategies to learn tai chi.

Instructor: D. Marshall Mon. 5:00-6:00 p.m.

Jan. 12-Mar. 16 (8 wks.) \$30 Mar. 23 - May 18 \$30 (8 wks.)

#### 17-663 GOLF-SWING CLINIC FOR THE BEGINNER/INTER. **AGES 10 & UP)**

This class is for the greenhorn or the experienced that want to learn the fundamentals of The Game." Attention given to proper stance and swinging, good putting techniques, how to address the ball, course etiquette and scoring. Students should bring \$3 in quarters for balls (buys 20-30 balls) each week. BRING BOTTLED WATER! Class held on the driving range at Springhill College. High Schools do have College Scholarships available in this field! This class will now be offered in fall, spring and summer, come join us for a great class

Instructor: A. Wilson Sat. 9:00-10:30 a.m.

Mar. 21-May 16 (7 wks.) \$47

#### 17-353 YOGA FOR FITNESS (BEGINNERS) AGES 18 & ÚP

This class combines power yoga using strong, flowing movements with deep breathing to create a high energy workout that helps to build strength, unwind tight joints and loosen muscles (also burns calories) and gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime. No previous yoga experience necessary. Bring a sticky mat and towel.

Instructors: K. Bell Tues. 5:30- 6:30 p.m. Jan. 13- Mar. 10

(8 wks.) \$30 Mar. 24- May 19 \$30 (8 wks.)

#### 17-341 GOLDEN ZUMBA FOR **BEGINNERS**

This is the low impact version of ZUMBA, which is a combination of dance and fitness moves to "International music". The dance styles involved are slower and done at a more comfortable pace. If regular Zumba is what you like and you need something less vigorous, this is the class for you. Zumba is not difficult to do, does not require any dance or fitness background, just a willingness to try to have fun. "Young Seniors" will love this dance. There are no age restrictions. Just come and have a good time! Instructor is cer-tified. (Meets ADA standards for 3 of 5 days of exercise)
Instructor: C. LaBeth

Thurs. 6-7 p.m.

<del>Jan. 22-Mar. 12</del> (8 wks.) \$30 Mar. 26-May 21 \$30 (8 wks.)

#### **GENERAL INTERESTS**

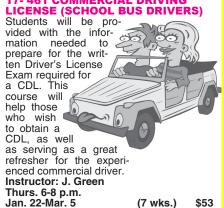
### 17-710 BASIC FIREARM AND SHOT-GUN SAFETY COURSE (AGES 21 & UP)

This class will cover the basic safety, cleaning and proper use of firearms. Discussions will also cover state laws on use, ownership and self-protection laws and regulations. Students will learn about proper handling techniques and gun permit laws as well. Instructor has 21 years of firearms instructor experience. A training gun is used for class demonstrations. NO REAL WEAPONS AL-LOWED! Students wishing to attend the Fire Range will need to coordinate times with instructor after fourth class- this option is a separate cost from registration fee.

Instructor: A. Clarkbanks Wed. 6-8 p.m.

<del>Jan. 21-Mar. 4</del> (6 wks.) \$45 Mar. 25-May 6 (6 wks.) \$45

### 17-461 COMMERCIAL DRIVING



#### 17-506 COUPONING 101

Learn to save money like a pro. We will show you some old tips and NEW tricks. Join us and learn how to use eCouponing to reduce your grocery bill. Participants will learn how to organize coupons, learn coupon policies, stockpiling basics and much more. DID YOU MISS THIS CLASS the last time? YOU DO NOT WANT TO MISS THS ONE. Learn the techniques and start saving \$\$\$!

Instructor: Staff Thurs. 6-8 p.m.

Feb. 19 (1 class) \$15 Apr. 16 (1 class) \$15

#### **LANGUAGES**

### 17-834A SIGN LANGUAGE FOR BEGINNERS, PART I

This is an introduction to American Sign Language, finger spelling, basic vocabulary and understanding of deafness. This is a good class for beginners or those needing a refresher class. This class is especially beneficial for those



dealing with the public in sales or service professions. Middle and high school students also welcome. A textbook will be available for \$16 from the instructor at class time. Instructor will arrange Part II, based upon interest.

Instructor: Marta Pierce Tues. 6:30-8:30 p.m.

Feb. 24-Mar. 31 (6 wks.) \$45 Apr. 14-May 19 \$45 (6 wks.)

#### 17-834B SIGN LANGUAGE FOR **BEGINNERS, PART II**

A continuation of Part I, specifically requested by previous class. Must have completed Part 1.

Instructor: Marta Pierce Tues. 6:30-8:30 p.m.

Jan. 6-Feb. 10 \$45 (6 wks.)

#### 17-833 SPANISH FOR BEGINNERS, PART I

Do you want to learn Spanish in a fun and interesting way? This class offers you an excellent opportunity to learn Spanish for work or for your personal use. Study papers and learning guides provided. Student will need to bring \$5 to cover text materials. Instructor will arrange Part II, based upon interest.

Instructor: N. Griffin Mon. 6-8 p.m.

Jan. 26-Mar. 9 (6 wks.) \$45 Mar. 30-May 11 (6 wks.) \$45

#### **MUSIC**

#### **17-012 ADULT BASIC PIANO**

Come learn the basic skills for playing the piano. This is an excellent class for a refresher as well. Students will need to bring their own keyboards and \$5 for handbooks.

Instructor: M. Bonner Tues. 7 - 8:30 p.m.

Feb. 3-Mar. 17 (6 wks.) \$34 Apr. 14-May 19 \$34 (6 wks.)

### 17-015 ADULT BASIC VOICE TRAINING TECHNIQUE CLINIC

If music is song of the soul then voice training is the musical note. Choir Members join us for the training you need. Class will focus on

breathing techniques, diction, voice placement and increasing ones range. Small size classes for your comfort.

Instructor: M. Bonner Thurs. 7-8:30 p.m.

Feb. 5-Mar. 12 (6 wks.) \$34 Apr. 16-May 21 (6 wks.) \$34

#### **17-008A BEGINNER GUITAR** (AGES 10 & UP)

This class teaches the basics of guitar. All students need to bring an acoustic guitar that is tunable. Class is limited to 12 students. Students will learn how to play 3-4 note lyrics as they learn the chords and become familiar with positioning. Students will learn to tune their guitars. Parents, when investing in an instrument it needs to be tunable.

Instructor: W. Wolf Tues. 7-8:30 p.m. Feb. 24-Mar. 24

(5 wks.) \$28 Apr. 14-May 12 \$28 (5 wks.)

#### **17-008B BEGINNER GUITAR** (AGES 8 & UP)

This class teaches the basics of guitar. All students need to bring an acoustic guitar that is tunable. Class is limited to 12 students. Students will learn how to play 3-4 note lyrics as they learn the chords and become familiar with positioning. Students

will learn to tune their guitars. Parents, when investing in an instrument it needs to be tun-

Instructor: J.. Botter Mon. 6-7:30 p.m.

Jan. 12-Mar. 16 (8 wks.) \$45 \$45 Apr. 13-May 23 (8 wks.) Thu. 6-7:30 p.m. Jan. 29-Mar. 19 Mar. 26-May 21 (8 wks.) \$45 \$45 (8 wks.)

### 17-012 KIDS BASIC PIANO (AGES 7 & UP)

Come learn the basic skills for the piano. This is an excellent class for a refresher as well. Students will need to bring their own keyboards and \$5 for handbooks. Parents. this is just the class your child needs if she/he has shown interest in the piano. Parents remember any music endeavor increases your child's academic skills

İnstructor: M. Bonner Tues. 6:00 - 7:00 p.m.

(6 wks.) Feb. 3-Mar. 17 Apr. 14-May 19 (6 wks.) \$34

#### 17-016 KIDS BASIC VOICE TRAINING TECHNIQUE CLINIC

If music is song of the soul then voice training is the musical note. Please do not let your child miss getting the training they need to improve their voice. Class will focus on breathing techniques, diction, voice placement and increasing range. Join us for unbelievable results. Class will not meet Nov. 27 (Thanksgiving week).
Instructor: M. Bonner

Thurs.: 6:00-7:00 p.m.

Feb. 5-Mar. 12 (6 wks.) \$34 Apr. 16-May 21 (6 wks.) \$34

#### **TECHNOLOGY & COMPUTER PROGRAMS**

Students will need to bring their laptop computer!

Some classes will provide certificates upon request. Class size limited to eight.

#### 17-415 BASIC TYPING/COMPUTER **KEYBOARDING, PT. I** (AGES 10 & UP)

This is an excellent class for the beginner typist or a refresher. If you are using two fingers to type, let us help you to develop a better technique. Students will also cover tabulation and centering. Class will focus on accuracy first, then speed. Instructor: P. Spencer

Mon. & Wed. 6-8 p.m.

Jan. 26-Feb. 11 (3 wks.) \$50

#### 17-467 MICROSOFT EXCEL, PART I

Learn how to manage data using spreadsheets. New users to the EXCEL concept and spreadsheets will find that once you know the basics, the rest is a breeze. Students must have some basic computer skills. You will learn the fundamentals



of how to use the worksheets, files, routine operations and ranges. Instructor will cover basic task saving and retrieving files, copying cell content and naming ranges.

Instructor: L. Donald Mon.-Thurs. 6-8 p.m.

Feb. 23-Feb. 26 (1 wk.) \$50 Apr. 20-Apr. 23 (1 wk.) \$50

#### 17-467 MICROSOFT EXCEL. PART II

Students must have completed PART I or at least have had some accounting experience. Some basic computer skills would be helpful. Course materials will do more in-depth coverage of the fundamentals of worksheets, routine operations and ranges. Instructor will cover basic task saving and retrieving files, copying cell content and naming ranges.

Instructor: L. Donald Mon.-Thurs. 6-8 p.m.

Mar. 2-Mar.5 (1 wk.) \$50 Apr. 27-Apr. 30 (1 wk.) \$50

#### 17-401 INTRODUCTION TO WINDOWS

This is a beginner's class. This course covers the practical usage on Windows applications. You will learn to operate all the parts of the desktop, work with the taskbar, identify window components, use shortcuts, format and edit text, work with WINDOWS

the control panel and more. Instructor: J. Alexander

Mon. –Thurs. 6-8 p.m. Feb. 2-Feb. 5 (1 wk.) (1 wk.) \$50 Mar. 30-Apr. 2 \$50

#### **17-438 MICROSOFT WORD 2007**

Learn to work with one of the most widely used computer programs in businesses and home use. Microsoft Word is necessary for all computer users. Students will focus on the fundamental concepts for using Word for plan-ning, creating and editing of various types of



\$50

\$50

documents. Students will cover the most frequently used features when using Word.

Instructor: J. Alexander Mon-Thurs. 6-8 p.m.

Feb. 9-Feb. 12 (1 wk.) \$50 Apr. 13-Apr. 16 (1 wk.) \$50

#### 17-470 QUICKBOOKS, PART I (BEGINNER)

This course is for the novice user for personal and small business use. Class will cover setting up a small company, working with lists, bank accounts, entering sales, invoices, receipt of payment, deposits, and entering /paying bills. This class will teach you how handle financial accounting matters with ease.

Instructor: D. Scott Mon. - Thurs. 6-8 p.m. Mar. 9 - Mar. 12 May 4-May 7 (1 wk.) (1 wk.)

#### 17-470 QUICKBOOKS, PART II

This course advances the user to the more complex skills needed to provide greater competences in the use of QuickBooks for personal and small business use. Class will cover setting up a small company, working with lists, bank accounts, entering sales, invoices, receipt of payment, deposits, and entering /paying bills. Students will to cover increasingly more complex accounting mat-

Instructor: D. Scott <del>Tues.</del> - Thurs. 6:00 - 8:30 p.m. Mar. 16 - Mar. 19 (1 w (1 wk.) (1 wk.) \$50 May 11-May 14 \$50

### 'LIKE' us on **FACEBOOK**

facebook.com/communityactivitiesprogram



NO personal checks will be accepted as payment for classes.

Cash, Credit Cards (VISA, Mastercard, AMERICAn Express), Money Orders and Debit Cards ONLY

# MURPHY HIGH SCHOOL Principal: Dr. William Smith Assistant Coordinator: Bettye Bennett-Richardson Main Office Phone: 208-1659 (Mon.-Fri. 8 a.m. - 4 p.m.)

School Office: 470-7751 Mon. - Thurs. 4 p.m.-8 p.m. Selected Saturdays 8 a.m. - Noon Location: 100 South Carlen Street, off Dauphin Street in the P.E. Building Next To the Track www.communityactivitiesprogram.com

(1 wk.)

\$50

REGISTRATION BEGINS: JAN. 7<sup>TH</sup> NO CLASSES HELD ON JAN. 19<sup>TH</sup>, MARDI GRAS-WEEK-FEB. 16<sup>TH</sup> -21<sup>TH</sup>, SPRING BREAK WEEK- APR. 6<sup>TH</sup> -11<sup>TH</sup>, & MAY 25<sup>TH</sup>

Mar. 2 - Mar. 6

working in Excel.

12-408 EXCEL II 2013

Instructor: Angela Cerrato Mon. - Thurs. 6:30-8:30 p.m.

\*\*\*\$7 WORKBOOK FEE FOR COURSES 724, 733 & 714 IS PAYABLE TO INSTRUCTOR 1<sup>ST</sup> NIGHT OF CLASS\*\*\*

do effectively for the sustainability of their programs and services. This program is es-

pecially designed to provide a basic plan of

action to identify, build, and maintain com-

munity partnerships that strengthen an organization's capacity for community outreach.

Topics include types of community partner-ships, how to identify needs of both the orga-

nization and the partners and how to create

end of the course.

Instructor: S. Graham

**12-724 BUILDING COMMUNITY** PARTNERSHIPS AND OUTREACH
(Introduction)Building capacity within an organization is something many leaders do not

**COMPUTER & BUSINESS CLASSES** 

CERTIFICATES AWARDED UPON COMPLETION OF COMPUTER COURSES. ALL COMPUTER COURSES ARE 8 HOURS

\$5 MATERIALS FEE TO COVER HANDOUTS FOR COMPUTER COURSES IS PAYABLE TO THE INSTRUCTOR 1<sup>ST</sup> NIGHT OF CLASS.

#### 12-437 INTRODUCTION TO OFFICE **SUITE 2013**

WORD, EXCEL, POWER POINT, and ACCESS are the programs that make up the Microsoft Office Suite. Each night the instructor will introduce you to one of the programs in the suite and give you a general over-view of its' uses and some of the features.

Instructor: Angela Cerrato Mon. - Thurs. 6:30 - 8:30 p.m. Jan. 26 – Jan. 29 (1 wk.) \$50

Excel part two is for the serious user who will be utilizing their skills to produce high quality and accurate spreadsheets. Excel II covers the more advanced functions available in Excel using Logical Formulas and Larger Spreadsheets. Many employers use Ex-

cel and most want you to know it before you are hired. Prerequisite is Excel I.

Instructor: Angela Cerrato Mon. – Thurs. 6:30 –8:30 p.m. Mar. 9 – Mar. 12 (1) \$50 (1 wk.)

a basic plan that can be implemented at the

Thurs. 6:30 - 8:30 p.m. Jan. 22 - Feb. 5 (3 wks.) \$22.50

#### 12-408B EXCEL III 2013

Excel part two is for the serious user who will be utilizing their skills to produce high quality and accurate spreadsheets. Excel II covers the more advanced functions available in Excel using Logical Formulas and Larger Spreadsheets. Many employers use Excel and most want you to know it before you are hired. Prerequisite is Excel I.

Instructor: Angela Cerrato Mon. – Thurs. 6:30 –8:30 p.m. Mar. 23 - Mar. 26 (1 w \$50

#### 12-438 MICROSOFT WORD I -**CORE 2013**

Do you want to optimize your usage of Word and creating professional documents with the use of templates and hands on practice? Mail merges are taught and integration. Shortcuts and Document Mapping are also covered. No prior computer experience required.

Instructor: Angela Cerrato Mon. – Thurs. 6:30–8:30 p.m Feb. 2 – Feb. 5 (1 (1 wk.) \$50

#### 12-464 POWERPOINT I **CORE 2013**

Learn the basics of designing presentations while in-corporating your own ideas. Watch as your creations come to life and animate across the screen. Basic functions as well as navigating and formatting within the program will be taught.

Instructor: Angela Cerrato Mon. -Thurs. 6:30-8:30 p.m. (1 wk.) \$50 Apr. 13 – Apr. 16

### 12-439 MICROSOFT WORD II – INTERMEDIATE/ADVANCED 2013

Word II is especially for the more serious user. Learn document mapping, typesetting and how to layout documents, flyers, mailers etc. The Intermediate user typically uses word on day-to-day bases for office and professional use. Prerequisite is Word I

Instructor: Angela Cerrato Mon. – Thurs. 6:30–8:30 p.m. Feb. 23 –Feb. <del>27</del> (1: (1 wk.) \$50

#### **12-464B POWERPOINT II CORE 2013**

Build on the basics and learn to create advanced visual presentations that incorporate your own ideas. Watch as your creations come to life and animate across the screen. Class also covers basic functions as well as navigating and formatting within the program.

Instructor: Angela Cerrato Mon. -Thurs. 6:30-8:30 p.m. Apr. 20 Apr. 23 \$50

#### 12-423 EXCEL I 2013

Excel is one of the most popular spreadsheet programs around. Learn How to utilize the layout of a Spreadsheet. In Excel I, you begin with the basics of Formulas and linking worksheets together with a formula in a workbook. Learn to sort, create a link between worksheets and workbooks. Once you have learned these skills you are ready for a more advanced approach to

#### 12-489 ACCESS I CORE 2013

Users familiar with programming and Excel can learn how to build databases and create reports utilizing Access. Learn relationships and how different tables can be linked. Excel experience is required.

Instructor: Angela Cerrato Mon. – Thurs. 6:30-8:30 p.m. May 4 – May 7 (1 (1 wk.) \$50

#### **12-733 PROPOSAL WRITING FOR NONPROFITS**

Proposals for funding nonprofit programs take time and the ability to tell one's unique story. What are the elements of a good versus outstanding proposal? How is the story told to meet the criteria of a funding source? What part does a funding plan play in the sustain-ability of a nonprofit organization? These top-ics and more will be discussed during this sixhour course. Learn what you need to do to write a proposal that will increase your ability

to get your programs funded. Instructor: S. Graham Thurs. 6:30 – 8:30p.m. (3 wks.) \$22.50 Mar. 2 - Mar. 19

#### 12-714 PUBLIC SPEAKING 101

Employers want job candidates with strong communication skills. Similarly, educational success also requires the ability to articulate your thoughts clearly. In this class, you will study the principles of public speaking; critically examine your own and others' speeches through interactive practice of several types of speeches and presentations.

Instructor: S. Graham Thurs. 6:30 - 8:30 p.m. Apr. 16 - Apr. 30 (3 wks.) \$22.50

#### 12-459 **FINANCIAL FIRST AID**

Take control of your finances by learning how to determine your net worth, set financial goals, monitor your cash flow and track expenses. The foundation for long-term financial



success is a sound spending and savings plan. Step 1: Organization of household bills / debts. Step 2: Setting reasonable, achievable financial goals and tracking expenses. Step 3: Establishing a spending and savings plan and saving for the present and future. Step 4: Financial accountability and support. Students need to bring a calculator, pencil, paper and household bills / debts. A \$5 supply fee to cover cost of information booklet is payable to instructor at first class.

Instructor: Veronda Lee

Tues. 6:00 p.m. - 8:00 p.m. Jan. 27 – Feb. 10 Mar. 3 – Mar. 17 (3 wks.) \$22.50 (3 wks.) \$22.50 (3 wks.) \$22.50 Apr. 21 - May 5

### 12-123 TRAVEL FOR FUN AND PROFIT (TRAVEL AGENT 101)

Learn how to book Cruises, Hotels, Flights, and All-Inclusive Travel Packages while making money. You can earn up to 80% commission. Exclusive discounts are available for Travel Agents on all travel. This informative introductory class will help you explore the many options to get you started.

Instructor: J. Jones Wed. 6 – 8 p.m. Jan. 28, or Feb. 25, or Mar. 25, or Apr. 15 or May 6 (1 class) \$15

ARTS, CRAFTS & HOME SKILLS

#### 12-514 BASIC UPHOLSTERY FOR **BEGINNERS**

Learn the basic techniques of upholstery. Instructor will cover tools and types of fabric suited for different projects. You will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students are encouraged to have a small project to work on during class, such as; a stool, small chair, ottoman, or removable pillows from a piece of furniture (please keep items on a small scale). Students will need to pay \$15 to cover major tools/supplies. Call for supplies you will need to have for personal use.

Instructor: D. L. Howze Thurs. 6:00-8:00 p.m.

Jan. 22 - Feb. <del>12</del> <sup>°</sup>	(4 wks.)	\$30
Feb. 26 -Mar. 19	(4 wks.)	\$30
Mar. 26 -Apr. 23	(4 wks.)	\$30
Apr. 30 – May 21	(4 wks.)	\$30

#### **12-160 CROCHET, BEGINNERS** (AGES 15 & UP)

Learn basic crochet stitches and how to read patterns. Supplies needed: two skeins of yarn (your choice of colors) and a size G or 6 crochet hook.

Instructor: Geral Mitchell

WOII. 3.30 -7.30 p.iii.		
Jan. 12 -Feb. 9	(4 wks.)	\$30
Mar. 2 - Mar. 23	(4 wks.)	\$30
Apr. 13 - May 4	(4 wks.)	\$30

12-511 SEWING, BASIC

Bring your sewing machine and learn the basics of sewing or brush up on the skills that may have gotten a little rusty. \$15 supply fee payable to instructor at first class for sewing supplies and tools.

Instructor: Felecia Lewis

Wed. 6 – 8 p.m.		
Feb. 4 – Mar. 4	(4 wks.)	\$30
Mar. 11 – Apr. 1	(4 wks.)	\$30
Apr. 22 – May 13	(4 wks.)	\$30

### **12-234 MARDI GRAS ACCESSORIES** (DECORATE YOUR OWN) Le Bon Ton Roulez. Lead that "Second Line" with your

Marvelous Mardi Gras Umbrella or Hat. Join us and turn the ordinary into extraordinary. Bring accessories and items you want to decorate, i.e. ...umbrellas, hats, sunglasses, jackets, etc...) hot glue gun and sticks or other adhesive of choice, and any beads, doubloons, special trinkets, ribbons and fabrics.

Instructor: T. Davis Thurs. 6 – 8 p.m.

Jan. 29 \$15 (1 class)

### 12-464 NATURAL BATH & BODY PRODUCTS (SOAP MAKING)

Learn to make 100% Natural Bath & Body Products for personal use, as unique Valentines' Day, Mothers' Day, Birthday, and Easter Gifts or for starting your own business. Class will include basic soap making techniques, as well as simple recipes for products such as Delicious Sugar Body Scrubs. Supply fee: \$20 payable to instructor at beginning of class.

Instructor: C. Hawkins

Thurs. 6 - 8 p.m. Jan. 22, or Feb. 12, or Mar. 26, or Apr. 23 or May 7 (1 class) \$15 per class

#### SCHOLASTICS/ LANGUAGE

#### 12-816 READING ENRICHMENT (GRADES 1-5)

Good readers love to read! Help your child to enhance their present reading level and to encourage advancement. Listening, recalling details, how to tell the difference between fact and opinion, identifying literary elements, and correct word usage are just some of the skills that are necessary to become a strong reader. Instructor will also focus on the student's needs as they relate to his or hers weekly homework assignments.

Instructor: Alexis Moran

Wed. 4 – 5 p.m. Jan. 14 –Mar. 4 Mar. 11 - Apr. 29 (7 wks.) \$26.25 (7 wks.) \$26.25

### 12-879 MATH TUTORING (GRADES 1-5)

Practice, Practice, Practice! The more your child practices math skills the better they will get. Hands-on math activities and skill sheets are used for skill building in addition, subtraction, telling time, and problem solving. Students are also encouraged to bring homework or extra work from their teacher

Instructor: Alexis Moran

Wed. 5 – 6 p.m. Jan. 14 - Mar. 4 (7wks.) \$26.25 (7 wks.) \$26.25 Mar. 11 - Apr. 29

#### FITNESS / DANCE AND **PERFORMING ARTS**

#### 12-339 HIP -HOP FITNESS

New Year - New You! While you are moving to these fun and energetic dance routines, you will also be toning, tightening, and lifting. Class for all shapes and sizes! You do not have to know how to dance, just move your body, and follow the leader!

Instructor: N. Dixon

inurs. 6 – 7 p.m.		
Jan. 29 - Feb. 19	(4 wks.)	\$15
Feb. 26 - Mar. 19	(4 wks.)	\$15
Apr. 2 – Apr. 30	(4 wks.)	\$15

### 12-606 SELF DEFENSE FOR KIDS

Learn to defend yourself using the Aware, Avoid, and Prepare Method, basic skills, and everyday items that vou carry

Instructor: Cindi Turgeau

Mon. 6 - 8 p.m.

Feb. 2, or Mar. 9, or Apr. 20, or May 4 (1 class) \$15 per class

#### 12-606 SELF DEFENSE (16 & UP)

Learn to defend yourself using the Aware, Avoid, and Prepare Method, basic skills, and everyday items that vou carry.

Ínstructor: Cindi Turgeau

Tues. 6 – 8 p.m. Feb. 3, or Mar.10, or Apr. 21, or May 5 (1 class) \$15 per class

#### **12-311 MAT PILATES**

Now is the time to act on that New Years' Resolution - make some serious progress by going straight to the Core! Focusing on specific muscle groups by using targeted exercises is the way to build core strength. Strong core muscles support your spine, reduce back pain, add an amazing new depth to Yoga practice, and are an integral component of athletic performance as well as every day balance. No Pilates experience is necessary. Class is appropriate for students of all ability levels.

Instructor: N. Dixon Tues. 6 – 7 p.m. Jan. 20 – Feb. 10 (4 wks.) \$15 Mar. 3 - Mar. 24 (4 wks.) \$15 Apr. 14 - May 5 (4 wks.)

#### 12-353 YOGA FOR FITNESS (BEGINNERS) (AGES 18 & UP)

Combine power yoga using strong, flowing movements with deep breathing to create a high energy workout that helps to build strength, unwind tight joints and loosen mus-cles (burn calories) and gentle yoga to ban-ish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements that you can use for a lifetime. No previous yoga experience necessary. Bring a sticky mat and towel.

Instructors: Leontyne Jones & Kendra Bell

Wed. 5:45 - 6:45 p.m.

Jan. 14- Mar. 4 (7 wks.) \$26.25 Mar. 11 - Apr. 29 (7 wks.) \$26.25

#### **12-053 BEGINNER SAXAPHONE** (AGES 7 & UP)

Wow! What an opportunity! Lesson are provided by a professional musician & recording artist (member of the Tip Tops, Intrigue & Day Six)! Class size limited. Early registration strongly suggested! \*\*\$8 supply fee payable to instructor 1st day of class.

Instructor: Multi Parrish

Mon. 6-7:30 p.m. Feb. 2 - Mar. 16 (6 wks.) \$33.75 (6 wks.) \$33.75 Mar. 23 - May 4

#### **12-015 BASIC VOICE TRAINING** (AGES 7 & UP)

If you have "a song in your heart", maybe it is time to let it out! You will get instruction in

#### MURPHY HIGH SCHOOL CONTINUED .

proper breathing, posture, diction, and voice placement. Class size limited. Early registration strongly suggested!

Instructor: Multi Parrish Mon. 4:30 - 6 p.m.

(6 wks.) \$33.75 (6 wks.) \$33.75 Feb. 2 - Mar. 16 Mar. 23 - May 4

### **12-008 BEGINNER GUITAR**

Learn the left and right hand guitar techniques; get an introduction to reading standard music and tablature. Various styles of guitar playing will be taught along with simple and familiar melodies. Students will buy a book from the instructor at the first class. Students must have a guitar or contact Kate McMahon at 228-282-3620.

No class 4/16-4/20 Instructor: Kate MacMahon Mon. 6-7:15 p.m.

1/26-3/9 (6 wks.) \$30 3/23-5/4 \$30 (6 wks.)

#### SATURDAY PLAY AND LEARN TIME

## 12-804 ALGEBRA & GEOMETRY TUTORING (GRADES 6 – 12) Parents, this is an excellent class for middle school and

high school students who need to build or strengthen their math skills. Instructor will assess the needs of students and help them to focus on the skills that they need for simplifying quadratic equations, and problem solving. Students needing help with math homework may bring it to class.

Instructor: Vanessa Chapman

Sat. 8 – 10 a.m. Jan. 24 – Feb. 14 (4 wks.) Feb. 28 - Mar. 21 (4 wks.)

#### 12-636 BASKETBALL ACADEMY (GRADES 5 - 8)

Do you have hoop dreams? If you answered yes, then we have just what you need! Learn the fundamentals of basketball especially dribbling, shooting, passing, lay-ups, blocking and guarding. A great class for both beginning and advanced players interested in trying out for their middle or high school team. Instructor: T. Waller Sat. 12 noon – 1 p.m.

Mar. 7 - Mar. 28. (4 wks.) \$15 Apr. 4 - May 9 (4 wks.) \$15

#### 12-720 CHEERLEADING CLINIC (AGES 6 -12)

Calling all elementary and middle schoolers who want to try out for the cheerleading or pep squad. Join this fun class and get a jump on the competition. Class includes cheer routines, chants, jumps, and double stunts. Wear comfortable shorts, socks, and tennis shoes.

Instructor: Jada Black

Sat. 9 – 10:30 a.m. Feb. 7- Mar. 14 \$28 (5 wks.) \$28 Mar. 21 - Apr. 25 (5 wks.)

## 12-504 COOKING WITH MATH (AGES 7 -11)

Kids have fun while exploring math with nobake cooking activities. A great way for kids to use math skills such as addition, subtraction, multiplication, and division in real – world experiences through cooking activities. Math never tasted so good!!! \*\*\$10 supply fee payable to instructor at first class includes all supplies.

Instructor: T. Davis Sat. 9 - 10:30 a.m.

Feb. 28 - Mar. 21 (4 wks.) \$22.50

### 12-220 CRAFTS: BOWS, BASKETS, WREATHS & MORE (AGES 10 & UP)

Have fun while learning to make create favorites bows, basket, wreaths and more! These items are especially perfect for Mardi Gras, Valentines' Day, and Easter decorations. \*\* A \$10 supply fee is payable to instructor at first class.

Instructor: V. Chapman

Sat. 10 – 12 noon Jan. 24 – Feb. <del>14</del> (4 wks.) \$30 Mar. 7 - Mar. 28 (4 wks.) \$30 Apr. 4 – May 2 \$30 (4 wks.)

#### 12-048 DRILL TEAM (TEENS)

Teens get lots of physical exercise while

learning precision step and drill moves. Get an added bonus of increased concentration skills, sharper mental focus, and self-discipline. Class will culminate with a performance.

Instructor: J. Jones Sat. 10 a.m. – 12 noon. Feb. 28 – Mar. 28

(5 wks.) \$28

#### 12-957 PICASSO KIDS

(AGES 7 - 11)

Young artists will have lots of fun while creating their own one of a kind masterpiece. Watercolor, acrylics, and paper mache' are just some of the mediums that kids will use to explore and express their artistic creativity. \*\*\$10 supply fee payable to instructor at first class includes all supplies and a Picasso Kids Apron.

Instructor: T. Davis Sat. 9 - 10:30 a.m. Jan. 17 – Feb. 7

(4 wks.) \$22.50

#### 12-621 TAEKWONDO FOR **BEGINNERS**

(AGES 5 -12)

Students are introduced to the basic techniques of Korean Martial Arts. Kids get an excellent opportunity to develop fitness, self-confidence, self-esteem, respect for self and others, life skills, and self-defense.

**Instructor: Alex Jones** 8 - 9 a.m.

Jan. 24 - Mar. 7 (7 wks.) \$26.25 Mar. 14 - Apr. 25 (7 wks.) \$26.25

#### 12-158 MAKE THE BEST PAPER **AIRPLANE IN THE WORLD** (AGES 6-12)

A great activity for grandparents, parents, & children. This is not your traditional paper airplane that spirals into tight loops and falls head first to the ground. It will glide like no paper airplane you have ever seen! Instructor will teach the construction of the plane, preflight inspection, flight techniques and fine-tuning. After building the plane, you will take your plane outside and conduct test flights.

Instructor: Cedrick Lewis

10 a.m. – Noon (1 class) Jan. 31, or Feb. 28, or Mar. 28 or, Apr. 25, or May 16 (1 class) \$15 per class

### PALMER PILLANS MIDDLE SCHOOL

**Principal: Edward Sanderson** 

Coordinator: Harrison R. Black

Assistant: Gilda Porter School Office: 221-2300 (AFTER 5:00 P.M.) Main Office Phone: 208-1662 (Mon. Fri. 8 a.m.-5 p.m.) School Office: 221-230 Location: 2051 Military Road (off Dauphin Island Parkway)

NO CLASSES HELD JAN. 19, FEB. 16-17 & APR. 6-10.

#### **COMPUTERS**

#### 21-445 COMPUTER KEYBOARDING

Good keyboarding skills are indispensable, whether you are computer literate or have little computer experience. In this course. you will learn to touch-type on a PC keyboard with focus on developing speed and accuracy. Each student will have a PC on which to work.

Instructor: Staff Mon. 6-8 p.m. Jan. 12-Jan. 26

(4 wks.) \$50 Feb. 9-Mar. 9 \$50 (4 wks.) Apr. 13-May 4 \$50 (4 wks.)

#### 21-868 INTRODUCTION TO COMPUTERS

The PC is a popular choice for business and home computer use today. If you have little exposure to personal computers and software programs, and want to explore the PC's potential, then this course is for you. We'll begin with a basic introduction to the keyboard and mouse, and learn how to open and close windows, files and folders. You will also be introduced to word processing. This course includes hands-on experience with the PC.

Instructor: Staff Tues. 6-8 p.m.

Jan. 13-Feb. 3 (4 wks.) \$50 Feb. 10-Mar. 10 4 wks. \$50 Apr. 14-May 5 \$50

#### 21-403 MICROSOFT WORD FOR WINDOW

Microsoft Word for Windows is the most widely used word processing package avail-

able for the PC. With it, you can create all kinds of documents, memos, letters, reports and even books. This course will include an overview of the Windows system and will cover such Word features as cut/copy/paste, character formatting, rulers and section formatting. Basic PC skills are required. Instructor: Staff

Wed. 6-8 p.m. Jan. 14-Feb. 4 Feb. 11-Mar. 11 (4 wks.) \$50 \$50 (4 wks.) Apr. 15-May 6 (4wks.) \$50

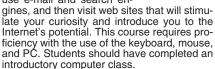
#### 21-467 MICROSOFT EXCEL FOR WINDOWS

Microsoft Excel is the most widely used and comprehensive spreadsheet package available. You can quickly and easily create business reports and financial spreadsheets with this powerful program. This course will include an overview of such Excel features as cutting, copying and pasting, formatting, formulas, and running macros.

Instructor: Staff Thurs. 6-8 p.m. Jan. 15-Feb. 5 (4 wks.) \$50 (4 wks.) (4 wks.) Feb. 12-Mar. 6 \$50 Apr. 16-May 7 \$50

#### 21-455 INTRODUCTION TO THE INTERNET

Would you like to have information at your fingertips about art, travel, medicine, or current news? Then ioin us for this introductory hands-on exploration of the Internet. We will learn basic Internet terminology, how to use e-mail and search en-



Instructor: Staff Wed. 6-8 p.m. (4 wks.) (4 wks.) Feb. 4-Mar. 4 \$50 \$50 Apr.1-Apr. 29

#### 21-470 ONLINE RESEARCHING

You know how to perform basic web sites, but you may be missing good information because Google doesn't search everything. This class will introduce you to web-base tools that are freely available to you and how to use them, over-looked sources of information on the web, way to search other than Google, and maximizing your use of Google and its advance features.

Instructor: Staff Mon. 6-8 p.m. Jan. 19 and 26 (2 wks.) \$30 May 4 and 11 (2 wks.) \$30

### 21-455 TRAVEL & ENTERTAINMENT ON THE WEB

Travel & Entertainment on the web class teaches you how to search for travel and entertainment sites. You will learn how to search for airline tickets, hotels rooms, car rental, restaurants, movie, theater, or concert tickets and make reservations

Instructor: Staff Wed. 6-8 p.m. Feb. 25 & Mar. 4 (2 wks.) \$30 May 6 & 13 (2 wks.) \$30

#### 21-436 INTERNET/E-MAIL BASIC

The Internet/E-mail Basic class will teach you how to navigate websites and search for information. This class will also teach you how to send and receive email and reaister with a website. Instructions will in-



clude the Navigating Web Sites, Searching for Information, Sending/ Receiving E-mails
Registering with a Web Site.

Instructor: Staff Thurs. 6-8 p.m. Feb. 5 & 12 (2 wks.) \$30 Apr. 16 & 23 \$30 (2 wks.)

#### 21-493 HEALTH AND MEDICINE CLASS

The Health and Medicine class from Computer teaches you how to use health specific websites for re-search. The health & Medical class will also cover searching Google and Yahoo for health topics as well as looking up doctors and their history.

Instructor: Staff Tues. 6-9 p.m. (1 class) \$18.75 (1 class) \$18.75 Jan. 20 Feb. 23 (1 class) \$18.75 (1 class) \$18.75 Mar. 16 May 12

#### **EXERCISE**

#### 21-233 SIX-WEEK WEIGHT LOSS **PROGRAM**

Learn the importance of healthy weight loss and its benefits, you will understand how to shop healthy and how to eat healthy, you will be surprised at your before and after! So come join us and wait for the compliments. This is an all-natural weight lost program. This class will teach adults and children of all ages how to lose weight the right way! Students will learn about losing weight in a safe and healthy manner.

Week 1. & 2 Learning to Exercise.
Week 3 & 4 Learning How And What To Eat. Week 5 Learning When To Eat.

Week 6 Learning the Importance of Vitamins, Supplements, Meal Planning, Sleep, Water Etc

Instructor: Calvatina Hampton (Personal Nutrition Coach)

Tues. 6-7:30 p.m. Jan. 20-Mar. 3 (6 wks) \$33.75 Mar. 10-Apr. 21 (6 wks) \$33.75

#### 21-333 YOGA FOR FITNESS

This class combines power yoga using strong, flowing movements with deep breathing to create high energy workouts that helps to build strength, unwind tight joints and loosen muscles (also burns calories) with gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Teaches movements you can use for a lifetime. **Instructor: K. Bell** 

Thurs. 5:30-6:30 p.m.

Jan. 15-Feb. 26 (6 wks.) \$22.50 Mar. 5-Apr. 16 (6 wks.) \$22.50 Apr. 23-May 28 (6 wks.) \$22.50

#### 21-654 SELF-DEFENSE FOR WOMEN

Learn how to protect yourself. Be prepared, don't become a statistic. You will learn many simple, but effective techniques for warding off assailants.

Instructor: Staff Tues. 6-8 p.m. Jan. 20-Feb. 10 Mar. 3-Mar. 24

(4 wks.) \$24 (4 wks.) \$24 Apr. 14-May 5 (4 wks.) \$24

#### LANGUAGE

#### 21-833 BEG. CONVERSATIONAL **SPANISH**

For those with or without knowledge of the Spanish language. Learn in interactive, hands-on, fun environment. Simple greeting, common expression, names of some foods, tell time, ask directions, give and receive information with basic grammar, communication and conversation. In just six shorts weeks you will learn basic Spanish.

Instructor: Staff Tues. 6-8 p.m.

Feb. 3-Mar. 16 (5 wks.) \$37.50 Mar. 24-Apr. 28 (5 wks.) \$37.50

21-843 INTERMEDIATE CONVERSATIONAL SPANISH

For those who wish to advance in their knowledge of the language Spanish ` or polish up the rust. Class will be a continuation of Beg. Conversation Spanish.

Instructor: Staff Wed. 6-8 p.m. Feb. 4-Mar. 11 \$37.50

Mar. 18-Apr. 22 Apr. 29-May 27 (5 wks) \$ 37.50 (5 wks.) \$37.50

(5 wks.)

### **21-804 ALGEBRA**

(MIDDLE & HIGH SCHOOL)
This class will provide instruction in basic Algebra. Instructor will work with students one-on-one and in small groups. Class size is limited.

Instructor: Green Mon. 6-8 p.m. Jan. 12-Feb. 23

(6 wks.) \$45 Mar. 30-May 11 (6 wks.) \$45

#### 21-827 TIMETABLE DRILLS

Multiplication facts are very necessary tools that we use in everyday life. Drill, drill, and drill again, is the best way to learn them. Students will be drilled in many easy ways that will lead them to learn their facts. No more needing to find a calculator for simple calculation.

Instructor: Sam Green Thurs. 5:30-7:30 p.m. Jan. 15-Feb. 19

Jan. 15-Feb. 19 (5 wks.) \$37.50 Feb. 26-Mar. 26 (5 wks.) \$37.50 Apr. 2-May 7 (5 wks.) \$37.50

#### **21-807 GEOMETRY**

This class will provide instruction in basic Geometry. Instructor will work with students one- on- one in small groups.

Instructor: Sam Green Tues. 5:30-7:30 p.m.

Jan. 13-Feb. 24 (6 wks.) \$45 Mar. 3-Apr. 14 (6 wks.) \$45 Apr. 21-May 26 (6 wks.) \$45

#### 21-817 IMPROVING READING/ ENGLISH/ STUDY SKILLS (AGES 8-13)

Students will be assisted in improving their reading, English, and study skills-learn effective textbook reading strategies that help in all areas of study. Basic grammar reviewed. Study schedules and techniques will also be used

Instructor: M. Stallworth

Mon. 5-8 p.m. Jan. 19-Feb. 23 (5 wks.) \$37.50 Mar. 2-Mar. 30 (5 wks.) \$37.50 Apr. 13-May 11 (5 wks.) \$37.50

### 21-899 MATH TUTORING (1ST- 3RD)

Help for the math challenged child to overcome problems with basic math concepts of addition, subtraction, multiplication and division

Instructor: Sam Green

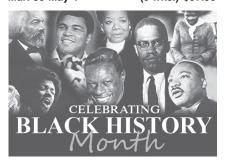
Wed. 6-8 p.m.
Jan. 14-Feb. 11 (5 wks.) \$37.50
Feb. 25-Mar. 25 (5 wks.) \$37.50
Apr. 1-May 6 (5 wks.) \$37.50

### 21-818 MATH TUTORING (4TH-9TH)

This course will help students improve their math skills. Instructor will help each student individually as well as teach the student to work alone.

Instructor: Sam Green

Tues. 6-8 p.m. Jan. 13-Feb. 10 (5 wks.) \$37.50 Feb. 24-Mar. 23 (5 wks.) \$37.50 Mar. 30-May 4 (5 wks.) \$37.50



### 21-857 AFRICAN-AMERICAN HISTORY

Do you want to learn more about African-American history? If so, this is the class. Instructor: M. Stallworth

Wed. 5:30-7:30 p.m.

Feb. 4-Mar. 11 (5 wks.) \$37.50 Apr. 1-May 5 (5 wks.) \$37.50

# 21-813 PHONICS FOR THE BEGINNER (AGES 5 & UP) In this class, students will be exposed to pho-

In this class, students will be exposed to phonics, which is a method of teaching beginners to read and pronounce words by learning the phonetic value of letters.

Instructor: M. Stallworth Tues. 5:30-7:30 p.m.

Feb.3-Mar. 10 (5 wks.) \$37.50 Mar. 17-Apr. 21 (5 wks.) \$37.50

### 21-858 KNOWLEDGE BOWL (GRADES 6-8)

Put your thinking cap on, because you'll have a blast in this class! There will be many trivia questing questions to test and expand your knowledge on all subjects from science to sports. You will learn helpful techniques to answer questions in a small amount of time, while also improving reasoning and critical analysis of your choices. This class is a great class for those interested in joining schoolsponsored Quiz & Knowledge Bowl teams.

Instructor: Staff Mon. 5:30-7:30 p.m.

Feb. 2-Mar. 9 (5 wks.) \$37.50 Apr. 20-May 18 (5 wks.) \$37.50

### 21- 816 CREATIVE WRITING (GRADE 4-8)

Do you like to write? Do you have a good imagination? Here's your chance to write and illustrate your own stories and poems. You can model your work after an author that you like, or develop your own style and form. We'll share our work and help each other use our imagination to the fullest!

Instructor: Staff Tues. 5:30-7:30 p.m. Feb. 3-Mar. 10 Apr. 14-May.12

(5 wks.) \$37.50 (5 wks.) \$37.50

\$30

\$30

#### 21-339 STREET SMART SELF-DEFENSE FOR SENIORS

Being alone in public or private situation can sometimes make even the most confident woman or man nervous. From the relative security of cars and home to parking lots, crowded malls, and empty streets, a variety of potentially dangerous situations exists. This class will arm you with the knowledge of what to watch out for and how to respond, you will also be made aware the equipment available such pepper-spray, stun guns, air lasers and other security products.

Instructor: Staff
Mon. 5:30-7:30 p.m.
Mar. 2-Mar. 23 (4 wks.)
Apr. 20-May 11 (4 wks.)

ARTS

### 14-099 A NIGHT OF PAINTING WITH ARTIST A. C. SMITH

Whether you are planning a night out, a

team-building event, or you are just looking for something unique and fun to do, why not try a painting party? Gather your friends and co-worker pick up a paintbrush, dabble with colors, and be creative. This will be an evening of painting and socializing, and a chance to release your inner artist and create your own masterpiece. Light snacks and non-alcohol beverage will be provided; the artist will provide an image to paint, all supplies, and step-by-step instruction. You'll leave not only with a one- of -a-kind painting, but also with new artist talents you'll want to explore. No drawing or painting experience required.

Supply and light snack fee of \$15 to be paid to the instructor night of class.

Instructor: A. C. Šmith Mon. 6-9 p.m.

Feb.2 (1 class) \$18.50 Mar. 2 (1 class) \$18.50 Apr. 13 (1 class) \$18.50 May 3 (1 class) \$18.50

### 14-922 PENCIL SKETCHING (BEGINNER)

This beginner course teaches the skills of sketching and observation of still life. No previous art experience is required. Supply fee of \$10 to be paid to the instructor on first day of class.

Instructor: A.C. Smith Mon. 6-8 p.m.

Feb. 9-Mar. 16 (5 wks.) \$37.50 Apr. 27-May 25 (5 wks.) \$37.50

### 14-090 ACRYLIC PAINTING (BEGINNER)

Start at the very beginning and learn about choosing paints and painting how to make the most of your paint and brushes as you work. Basic color mixing will be explored as well as creating glazes and textures. This class is for the novice acrylic painter. It will allow you to experiment with these techniques. Call for art supply list.

Instructor: A. C. Smith Tues. 6-8 p.m.

Jan. 20-Feb. 24 (5 wks.) \$37.50 Mar. 3-Mar. 31 (5 wks.) \$37.50 Apr. 14-May 12 (5 wks.) \$37.50

#### 'LIKE' us on FACEBOOK

facebook.com/communityactivitiesprogram



### HOW TO REGISTER FOR CLASSES SEE PAGE 31

Register Early! Some classes are limited.

#### 14-089 ACRYLIC PAINTING (INTERMEDATE)

This class is designed for those who have some previous experience with painting. Technique will remain an important aspect of the class; emphasis will be on experimentation and building a personal style.

Instructor: A.C. Smith Thurs, 6-8 p.m

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Jan. 22-Feb. 26	(5 wks.) \$37.50
Mar. 5-Apr. 2	(5 wks.) \$37.50
Apr. 16-May 14	(5 wks.) \$37.50

#### **14-931 WATERCOLOR PAINTING** (BEGINNER)

Explore the possibilities of watercolor painting in a relaxed, fun-filled atmosphere. This class is for the absolute beginner. Please call for supply list

Instructor: A. C. Smith Wed. 6-8 p.m.

Feb. 4-Mar. 11 (5 wks.) \$37.50 Apr. 1-Apr. 29 (5 wks.) \$37.50

#### 14-088 LANDSCAPES FOR THE AVID ARTIST

This class is ideal for the intermediate artist, our professional artist. A. C. Smith will assist you with the techniques that capture the rhythms, color and moods of landscape painting. Students will also learn how to use line, shape, color, and texture. Artist will work in both acrylic and watercolor, while comparing the contrasting style and techniques of working with very different Media. Please call for supply list.

Instructor: A. C. Smith

Thurs. 6-8 p.m.

(5 wks.) \$37.50 (5 wks.) \$37.50 Feb. 5-Mar. 12 Apr. 2-May 7

#### DANCE AND EXERCISE

#### **14-042 SWING DANCING**

One of the oldest and hottest new dance crazes is the Swing. Come join us at Pillars for some learning and fun. Boogie to a tune or jitterbug to a beat.

Instructor: W. Black Tues. 6-8 p.m.

Jan. 13-Feb. 10 (5 wks.) \$37.50 Feb. 24-Mar. 25 (5 wks.) \$37.50 Apr. 14-May 12 (5 wks.) \$37.50

#### 14-040 LINE **DANCE**

Learn how to dance without a partner. This class is designed for the beginner with little or no experience. dance Basic line dance movement will be explored with focus on learning an array of different line dances from country western



line dancing to the electric slide, Mississippi

slide and many others. Instructor: W. Black Mon. 6-8 p.m.

Feb. 9-Mar. 16 (5 wks.) \$37.50 Mar.23 -Apr. 20 Apr. 27-May 26 (5 wks.) \$37.50 (5 wks.) \$37.50

#### **14-010 BELLY DANCING FOR BEGINNERS**

Belly dancing provides a great workout for those who dislike traditional exercise classes. Belly dancing helps to improve muscle tone and flexibility, while at the same time increasing body awareness and self-confidence. This is a low impact but high-energy class. All fitness levels welcome. A short dance routine will be taught. Please wear comfortable clothing. Instructor will be given where to purchase hip scarves and other costuming.

Instructor: April Patrick

Wed. 6-7 p.m. Jan. 7-Feb.25 (8 wks.) \$30 Mar. 4-Apr. 22 (8 wks.) \$30

#### **14-011 INTERMEDIATE BELLY DANCE**

This class is for those who have completed at least one beginning class. Different, more complex routines and choreograph as more advanced moves will be introduced in this class. Please wear comfortable clothing.

Instructor: April Patrick Wed. 7-8 p.m.

Jan. 7-Feb. 25 (8 wks.) \$30 Mar. 4-Apr.22 (8 wks.) \$30 Apr. 20-May 22 (8 wks.) \$30

#### **14-339 ZUMBA DANCE**

Rumba is a combination of Latin salsa, cardio workout, and interval moves. It is also the hottest dance fitness craze and the most fun workout program around. In our Sessions, we'll combine high energy and motivating music with unique moves and combinations that allow for a dynamic workout. We'll learn dance moves from samba, tango, meringue, salsa and flamenco, to belly dancing and hip-hop. Get in shape and have fun doing so in this dynamic and effective fitness class. Open to all levels. Please wear comfortable clothing. Dance sneakers preferred.

Instructor: Staff Mon. 6-7:30 p.m.

Feb. 2-Mar. 9 (5 wks.) \$24 Apr. 13-May 11 (5 wks.) \$24

#### MUSIC

#### 14-008 GUITAR (BEGINNER)

This class teaches the basic components about guitar for those who have always wanted to learn. Students must bring their own guitar.

Instructor: Staff Thurs. 6-8 p.m.

Jan. 29-Mar.5 (5 wks.) \$37.50 Mar. 12-Apr.16 (5 wks.) \$37.50 Apr. 23-May.28 (5 wks.) \$37.50

#### 14-076 GUITAR (INTERMEDIATE)

This class is for the students who have completed the beginning guitar class. Student must bring his or her own guitar and music

Instructor: Staff Wed. 6-8p.m.

Jan. 28-Mar 4 (5 wks.) \$37.50 (5 wks.) \$37.50 (5 wks.) \$37.50 Mar. 11-Apr. 15 Apr. 22-May 20

#### 14-072 BASS GUITAR

This class teaches the basic components of the bass guitar. Student must have his or her own Bass Guitar.

Instructor: Staff Tues. 6-8 p.m. Jan. 27-Mar. 3 Mar. 17-Apr. 21

(5 wks.) \$37.50 (5 wks.) \$37.50 Apr. 28-May 11 (5 wks.) \$37.50

#### **14-074 BLUES GUITAR**

An instrumental guitar class in a group setting. Students will learn blues chords progression (12-bar jazz, ii-v-l, etc.) and basic methods of soloing over progressions with the use of pentatonic block scales.

Instructor: Staff Mon. 6-8 p.m. Jan. 12-Feb. 9 (5 wks.) \$37.50 Mar. 2-Mar. 30 (5 wks.) \$37.50 Apr. 13-May 11 (5 wks.) \$37.50

#### 14-012 PIANO I (BEGINNER)

This class teaches the basic components about piano for those who have always wanted to learn.

Instructor: **Theodore Arthur** Wed. 6-8 p.m. Jan. 7-Jan. 28

(4 wks.) \$30 Feb. 4-Mar. 4 (4 wks.) \$30 Mar. 11-Apr. 1 \$30 4 wks. Apr. 15-May 6 (4 wks.) \$30

#### 14-051 PIANO II (INTERMEDIATE)

This class is designed for those who have had Piano I, and has a desire to increase their playing ability. This is also an excellent brush-up course.

Instructor: Staff Thurs. 6-8 p.m. Jan. 8-Jan. 29

(4 wks.) \$30 Feb. 5-Mar.15 4 wks.) \$30 Mar. 11-Apr. 2 (4 wks.) \$30 Apr. 16 -May 7 (4 wks.) \$30

#### **14-072 PLAY THE SAXOPHONE**

The saxophone has been on the American scene for than seven more decades. It can be heard on the earliest recordings and is used extensively for solo and accompaniment in many contem-

porary groups. With a reasonable effort, you'll soon be able to read and play simple scales and songs. Beginner and Intermediate level students are welcome. Bring any saxophone

you have soprano, alto, tenor, or baritone.

Instructor: Theodore Arthur

Wed. 4:30-5:30 p.m. Jan. 7-Feb. 4 Feb. 11-Mar. 25

Apr. 1-Apr. 29

\$30 (5 wks.) \$30 5 wks. \$30 5 wks.

signed for couples only. Price is per person. Instructor: W. Black

Mon. 6-8 p.m.

(5 wks.) \$37.50 (5 wks.) \$37.50 Feb. 2-Mar. 9 Apr. 13-May 11

#### **CRAFTS**

### 14-124 FLORAL ARRANGING (BEGINNER)

Learn basic flower arranging. Class will include Proper wiring of flowers, assembling corsages, learning to make ribbon bows and much, much more. Fresh and silk flowers will be used. Supply fee: approximately \$30 to be paid to instructor first night of class. Bring scissors and wire cutters.

Instructor: J. Lock

Mon. 6-8 p.m. Jan. 26-Mar. 2 Mar. 9-Apr. 13 Apr. 20-May 18

(5 wks.) \$37.50 (5 wks.) \$37.50 (5 wks.) \$37.50

#### **HOME SKILLS**

#### 14-509 INTRODUCTION TO HOME **MAINTENANCE AND REPAIRS**

Do you know what to do when the bathroom faucet starts to drip? Does a sticky lock send you to the locksmith? A fundamental knowledge of home maintenance and repairs can save you and time. This class will teach you everything you need to know to understand how all of the systems of your house work, and how potentially fix what's gone awry. We will cover principles behind common repair work, including doors, windows, locks, plumbing, painting, simple electric, tools safety and what to include in your home repair tool kit.

We'll discuss what you can do on your own, or what must be done by a professional.

Instructor: C. Stallworth

Tues. 6-8 p.m. Feb. 3-Mar. 10 (5 wks.) \$37.50 (5 wks.) \$37.50 Apr. 14-May 12

#### 14-870 DO-IT-YOURSELF CERAMIC TILE

This class show the student basic steps for installing ceramic tile in the home. Instructor will demonstrate layouts and provide insights for different

applications with ceramic tile. At the conclusion of the class, students will have a basic understanding of ceramic tile installation to work on their own.

Instructor: C. Stallworth Wed. 6-8 p.m.

Feb. 4-Mar. 11 (5 wks.) \$37.50 Apr. 1-May 6 (5 wks) \$37.50

### 14-826 HOW TO SURVIVE RESIDENTIAL CONSTRUCTION

Are you planning an addition or major reno-

vation to your home? This course takes you through all stages of construction from determining whether you should do the project ance, inspections & more.

Instructor: P. Holland

Tues. 6-8 p.m.

Mar. 3-Mar. 31 (5 wks.) \$37.50 (5 wks.) \$37.50 Apr. 14-May 12

#### **MISCELLANEOUS CLASSES**

#### 14-300 BASIC HAIR COLORING

Emphasis in this class is placed on the practical application and theoretical knowledge of all aspects of hair coloring: Consultation, Color Theory, Classification, Special Problems Coloring, Coloring Correction, Safety Precautions and enhancing a haircut with the use of Color. This course covers hair color basics, which includes the law, the color wheel, and the theory behind these concepts. Student will identify the chemicals used in hair color and discover the differences between temporary, Semi- permanent, Demi-permanent, and Permanent color. Students will mix and apply color while developing skills and building client consultation techniques. Completion of these hands on basic hair coloring course will give the student all the skills needed to become a professional in the field of hair color consultation. See instructor first night of class for supply list.

Instructor: Doris Green

Wed. 6-8 p.m. Jan. 14-Mar. 11 Mar. 25-May 20 (8 wks.) \$60 \$60 (8 wks.)

## 14-479 INTERNET & E-MAIL FOR SENIORS

Use the internet to find an inexpensive travel package. an old friend or to talk to your grandkids. Learn the terminology, how to search for information, and



practice sending and receiving e-mail. We'll also discuss Internet Service Providers and the equipment needed to get started.

Instructor: Staff Thurs. 5:30-7:30 p.m.

Feb. 5 and 12 (2 wks.) \$30 Mar. 12 and 26 (2 wks.) \$30

#### 14-456 FACEBOOK FOR SENIORS

Face book is a huge popular social networking site that allows you to connect with others users, you can keep in touch with family members, reconnect with long lost friends and classmates, play games with others online. If you are curious about Face book, this hands-on class will help you get started and helping you to create your own account. You will learn how to share photos, videos, and more

Instructor: Staff Tues 6-8 p.m. Jan. 20 and 27

\$30 (2 wks.) Mar. 23 and 30 2 wks. \$30 Apr. 21 and 28 (2 wks. \$30

### **14-073 YOU CAN PLAY BLUES**

Perhaps the greatest invention in American music, or any music for that matter, is the blues. Its influence can be heard every day in popular mu-Here's your sic. chance to learn the 12-bar blues form, blues scale, blues rhythms, and riffs. It

ommended that you have some knowledge of playing basic piano chords before taking this class. In just one Session, you will open your eyes and ears to a whole genre of music that will change your piano playing forever.

Instructor: Theodore Arthur

Wed. 4:30-5:30 p.m.

Jan. 7-Feb. 4 (5 wks.) \$30 Feb. 11-Mar. 11 (5 wks.) \$30 Mar. 25-Apr. 29 (5 wks.) \$30

#### 21-041 DRUMS (AGES 8 & UP)

Students must supply their own drumsticks, and Practice pads.

Instructor: Leon Rhoden

Tues. 5:30-6:45 p.m. Jan. 13-Feb. 10 Feb. 3-Mar. 10 (5 wks.) \$30 5 wks. \$30 Mar. 31-May 5 \$30 (5 wks.)

#### **BUSINESS**

### 14-769 ENTREPRENEURSHIP IN

WEDDING CONSULTING
Start your own home-based business as a bridal consultant and reception coordinator. This course will teach you how to start earning big profits immediately in your own business. No experience necessary! Just a positive winning attitude to achieve! By taking this class, you can start making money consulting with brides to be, directing their weddings, and overseeing the receptions. Learn how to handle the unexpected events that may arrive at the next wedding. Learn the secrets of starting a wedding on time! Learn how to network business. The only other investment you will make after this class is the cost to purchase your business cards to pass out among your church friends and other friends to inform them of your business venture! Just remember there will always be weddings and a need of experienced and knowledgeable directors! You are in demand!

Instructor: J. Lock Tues. 6-7 p.m.

Feb. 3-Mar. 10 Apr. 1-May 12 \$30 (5 wks.) (5 wks.) \$30

## 14-777 WEDDING DANCE FOR COUPLES

Make the moment you enter the dance floor a memorable one. Prepare for your wedding or one you are attending by learning the beautiful graceful Waltz, Line Dance and the high energy Swing. Please note; this course is de-

#### **14-455 MASTERING YOUR KINDLE**

Do you have a new kindle still in the box and you don't know where to begin? You'll soon be an expert once only an e-reader has quickly become almost a miniature laptop with many of the capabilities of as we'll explore the capabilities of your device, including how to use the kindle touch screen, go online, and even watch movies, Please bring your kindle.

Instructor: Staff
Mon. 6-8 p.m.
Feb. 2 and 9 (2 wks.) \$30
Apr. 13 and 20 (2 wks.) \$30
May 4 and 11 (2 wks.) \$30

### 14-450 MASTERING YOUR IPHONE OR IPAD

With the iPhone and iPad, checking email on the go, browsing the web, reading books, watching movies slideshows have never been easier due to their bright displays and portability. In this class you will learn how easy it is to adjust setting to suit your individual needs, how to use the touch screen interface, how your system using the app store, and what makes each device unique. Please bring you iPhone, iPad and your questions, to the class.

Instructor: Staff
Wed. 6-8 p.m.
Feb. 18 and 25 (2 wks.) \$30
Mar. 18 and 25 (2 wks.) \$30
Apr. 22 and 29 (2 wks.) \$30
May 13 and 20 (2 wks.) \$30

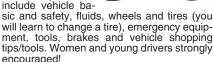
### 14-480 SOCIAL NETWORKING ONLINE

Social networking sites have exploded in popularity in recent years. My space, Face book, and Twitter attract millions of individuals who use these sites to connect and collaborate online. In this hands-on class, you will learn how to join social networking sites and explore their many useful features for keeping in touch with friends and family, finding common interest communities, networking with business colleagues, and much more.

Instructor: Staff
Wed. 6-8 p.m.
Feb. 4 and 11 (2 wks.) \$30
Apr. 22 and 29 (2 wks.) \$30

#### 14-474 BASIC CAR CARE WORKSHOP

This workshop is designed to give you a better understanding of the vehicle you drive. There are routine maintenance and repairs you can perform in order to prolong the life of your vehicle, and save on parts and labor. Topics will



Instructor: C. Stallworth Wed. 4-6 p.m.

Jan. 21	(1 class)	\$15
Mar. 25	(1 class)	\$15
Apr. 22	(1 class)	\$15
May 6	(1 class)	\$15

### 14-461 COMMERCIAL DRIVER LICENSE (CDL)

With all of the new Laws and Requirements for obtaining a Commercial Driver License, This course will assist those that do not have a Commercial Driver License (CDL) to obtain one, or the experienced Commercial Driver who wants to obtain a higher class of (CDL). This course will provide students with information that will prepare them to take the written Driver License Exam require for a Commercial Driver License (CDL). All the information necessary to take the written test for classes A, B, or C Commercial Driver License will be covered during class. Topics include: Drive Safety, Transporting Cargo and Passengers, Air Brakes, Combination Vehicles, Hazardous Material and others topics. Instructor: Paul Worthy

Tues. 6-9 p.m. Jan. 20-Mar. 10 (7 wks.) \$78.75 Mar. 31-May 19 (7 wks.) \$78.75

### 14-766 NATIONAL ELECTRICAL CODE STUDY & EXAM PREPARATION

This course is approved by the Alabama Electrical Contractors Board for 16 Continuing Education Credits. This class is being

This class is being offered to assist the Master, Journeyman and people that are in the electrical profession. Discussion on Basic and Applied electricity, theory, formulas,

principles, and terminology. An overview of the national Electrical Code. Explanation of Chapter 1 thru 9 (layout) Article 90 and Article 100. Wiring methods and materials. National Electrical Code Calculations per chapter and Article 220. (Voltage drop; correction factors; dating; cooking equipment, etc.) National Electrical Code Calculations. (Boxes; wire ways; enclosures, etc) Motor Calculations (Article 430) Transformers and Balancing.

Balancing.
Tues & Thurs. 6-8 p.m.
Jan. 20-Feb. 12 (4 wks.) \$130
Mar. 3-Mar. 26 (4 wks.) \$130
Apr. 14-May 7 (4 wks.) \$130

#### 14-565 ADULT COMPUTER USER

Become a seasoned computer user in just seven weeks! This series is geared for persons ages 60+ who have had no or limited experience with a computer. A new field or study will be covered as listed below to help you to become a pro using a computer. Series will start with the basic introduction to PC, (2 weeks) progressing to introduction to windows, (2 weeks) internet and e-mail (1 week each) and one bonus week.

Instructor: Staff Thurs. 6-8 p.m. Jan. 22-Mar. 12 Apr. 2-May 21

(7 wks.) \$87.50 (7wks.) \$87.50



### 14-758 FIREARM SAFETY (AGES 21 & UP)

Firearms are lethal instruments. If they are handled carelessly or irresponsibly, their hazard is obvious. This led to the development of safety rules that-when followed-prevent injuries and deaths. This class will cover state laws and regulations regarding permits and proper handling techniques. We also discuss safety practices for unloading, storing, and carrying your weapon. NO REAL WEAPONS ALLOWED. The last two weeks of classes held at a firing range. There is an additional cost. See instructor the first night of class. Instructor: Staff

Mon. 5:30-7:30 p.m.
Jan. 19-Feb. 16 (5 wks.) \$37.50
Mar. 2-Mar. 30 (5 wks.) \$37.50
Apr. 13-May 11 (5 wks.) \$37.50

#### 14-148 ADULT ACADEMIC REVIEW

The Academic Review class is for adults who want to improve their reading, writing, math, and study skills in order to enhance their employment or educations options. You'll work in a small group with a certified instructor. You must be 21 years or older and no longer in a traditional high school program.

Instructor: Staff Tues. 6-8 p.m. Jan. 20-Feb. 24 Apr. 14-May 26

(7 wks.) \$87.50 (7 wks.) \$87.50

### HOW TO REGISTER FOR CLASSES SEE PAGE 31

Register Early! Some classes are limited.



NO personal checks will be accepted as payment for classes.

Cash, Credit Cards (VISA, Mastercard, AMERICAn Express), Money Orders and Debit Cards **ONLY** 

# DAVIDSON HIGH SCHOOL Principal: Lewis Copeland

Coordinator: Cheryl Sigler **Asst. Herman Finklea** Phone: 208-1660 Main Office (Mon. - Fri. 8 am. - 4 p.m..) 221-3084 School Office (Mon.-Thurs. 4:00 p.m..-8:00 p.m..)

Location: 3900 Pleasant Valley Road

MARK YOUR CALENDER! **REGISTRATION BEGINS** Jan. 5, 2015 NO CLASSES Jan. 19, Feb. 16 & 17, Apr. 6-9 Instructor Recruiting: Please fax resume to 251.208.1617

#### COMPUTER/BUSINESS

CERTIFICATES OF COMPLETION ARE GIVEN OUT AT THE END OF COMPUTER COURSES EXCLUDING BASIC COMPUT-ER CLASSSES.

#### **05-437 INTRODUCTION TO** COMPUTERS

Are you a technology novice? This is the class for you. You will learn the basics of computer terminology, operations, maintenance, and file management, as well as using the internet, including search engines, favorites and history.

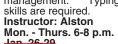
Instructor: Alston Mon.-Thurs. 6-8 p.m.

Jan. 12-15 \$50 (4 days) Mar. 16-19 (4 days) \$50

#### 05-438 WORD (PART I)

Introduction to basic word processing using

Microsoft Word. One of the world's most widely used word processing programs. This is the Introduction to the program. Learn correct terminology for the program as well as working with documents, editing, and formatting and file management. **Typing** 



Jan. 26-29 (4 days) \$50 \$50 Mar. 23-26 (4 days)

#### **05-439 WORD (PART II)**

Finish what you started. In this course, you will learn intermediate Word skills including how to create templates, manage table data, create a newsletter, send form letters, and manage document changes.

Instructor: Alston Mon.- Thurs. 6-8 p.m.

Feb. 2-5 (4 days) \$50 Mar. 30-Apr. 2 \$50 (4 days)

#### **05-464 POWERPOINT** (PART I)

Open your eyes to the World of possibilities. This course will introduce you to presentation basics. You will learn to create and format slides, add graphics, group objects and use basic transitions and animations.

Instructor: Alston Mon.-Thurs. 6-8 p.m.

Feb. 9-12 (4 days) \$50 Apr. 13-16 \$50 (4 days)

#### **05-423 EXCEL (PART I)**

Spreadsheet program used by millions of people throughout the world. Learn about spreadsheets and formulas. Create spreadsheets for professional reporting. Learn to sort, create a link between worksheets and workbooks

Instructor: Alston Mon.-Thurs. 6-8 p.m.

(4 days) Apr. 20-23 \$50



#### 05-408 EXCEL (PART II)

Take what you have learned and build on it. Create formulas that are more advanced. Work with Charts. Absolute references and create macros. Create a database that works for you. Learn filters and lists and how to share your work and protect it.

Instructor: Alston Mon.-Thurs. 6-8 p.m.

Mar. 2-5 (4 days) \$50 Apr. 27-30 (4 days) \$50

#### **SCHOLASTIC**

#### **05-795 DRIVER'S EDUCATION** (SIMULATOR ONLY)

Learn the basic driving skills and the "Rules of the Road." This 12-hour course includes hands-on experience on the simulator. Safety is a major focus of this class. The Alabama State Driver's License handbook will be covered thoroughly to help students prepare for their learner's permit. Registration includes Lab fees. This is not a high school credit-granting course. Many insurance companies have approved this course for discounts. Please check with your insurance agent first. Our instructor is state approved and certified. CERTIFICATES OF COMPLETION ARE GIVEN OUT AT THE END OF THIS COURSE. Class is limited to 13 students.

Instructor: S. Mosley Mon. - Thurs. 4-7 p.m. Feb. 23-26 (Mon-Thurs) <del>\$60</del> Mar. 23-25 (Mon-Thurs) \$60

#### 05-756 MOBILE: FROM PAST TO **PRESENT**

A lively look back into the long history of our charming city & its multi-faceted heritage: Indian, French, British Spanish, America Colonial, and confederate. Take a three hundred year trip though time using videotapes and discussions to "Re-Discover Mobile". Concludes with a daytime riding tour of our Historic Districts. Instructor: M. Young

No classes Feb. 17 & Apr. 6 Tues. 6-8 p.m.

Jan. 13-Feb. 24 (6 wks.) \$45 Mar. 10-Apr. 21 (6 wks.) \$45

#### **05-493 BUYING FIXER-UPPER HOMES**

Getting your hands on the property you want to fix-up can be personally and financially rewarding. Join us and find out how you can earn a good profit from the resale or see a stream of



rental income from a fixer-upper. First time investors and seasoned pros will learn the essentials: finding property, pre-purchase inspection, estimating cost of repair, planning, organizing and managing the project, financing, do it yourself vs. subcontracting and marketing the finished product.

Instructor: S. Fowler Wed. 6-8 p.m.

(1 night) \$15 Jan. 21 Mar. 18 (1 night)

### **05-496 HOME OWNER'S SELLING**

Selling a home, either on your own or through a Real Estate Broker can be a stressful experience. Learn what to repair before you list your home, and what not to repair. Learn about "curb-appeal", showing your home, and the legal requirements of selling a home. Instructor: S. Fowler

Wed. 6-8 p.m.

(1 night) (1 night) Feb. 4 \$15 \$15 Mar. 25

#### **05-594 HOME INSPECTION**

Are you a first-time homeowner? This is the class for you. Become familiar with what to look for when buying a home. Topics will include foundation, movement in frame, roofline, and how to check plumbing. This course should not take the place of a professional inspection, but does cover topics that the buyer should be aware of when making a purchase.

Instructor: S. Fowler Wed. 6-8 p.m.

Feb. 11 (1 night) Apr. 1 (1 night) \$15

#### **05-498 LEARN ABOUT INVESTING** IN REAL ESTATE

Build an investment portfolio; learn to rec-

#### DAVIDSON HIGH SCHOOL CONTINUED

ognize a bargain in the Real Estate market; learn which homes have real investment potential and which do not. Learn about becoming a landlord-and the financial and legal responsibilities involved.

Instructor: S. Fowler

Wed. 6-8 p.m.

Feb. 18 (1 night) \$15 (1 night) \$15 Apr. 15

#### **05-491 ENHANCING YOUR HOME** TO MAKE IT SELL

Thinking of selling your home within the next few months or years? Come find out how to invest your time, money and energy so you can sell your home quickly at the highest possible price. Learn:

- -- What potential buyers are looking for in a new home
- -- How to give your home curb appeal
- -- How to stage each room of your home Instructor: S. Fowler

Wed. 6-8 p.m.

<del>\$15</del> (1 night) Feb. 25 Apr. 22 (1 night) \$15

#### 05-497 THE PRE-PURCHASE CLASS: "BE AN INFORMED BUYER

Purchasing your new home- if it is your first home or your tenth home- can be a difficult experience. Learn what to look for when shopping for your new home. Learn about home inspection, termite bonds, and sellers' disclosures. Learn the legal and financial aspects of purchasing a home.

Instructor: S. Fowler Wed. 6-8 p.m.

Mar. 4 (1 night) <del>\$15</del> Apr. 29 \$15 (1 night)

#### **05-100 FINANCIAL FIRST AID**

Take control of your finances by learning how to determine your net worth, set financial goals, and monitor your cash flow and track expenses. The foundation longfor term financial success is sound spending and savings plan.
Step1: Organization of household bills/debts. Step 2: Setting rea-

sonable achievable financial goals/tracking expenses. Step 3: Establishing a spending and saving for the present and future. Step 4: And saving for the present and future. Step 4. Financial accountability support. STUDENTS WILL NEED TO BRING A CALCULAOR (any type) PENCIL AND HOUSEHOLD BILLS/DEBTS. A \$5 SUPPLY FEE TO COVER COST OF INFORMATION BOOKLET IS TO BE PAIDTO INSTRUCTOR AT FIRST

Instructor: Veronda Lee

Tues. 6-8 p.m.

Jan. 13-27 <del>\$23</del> (3 wks.) \$23 \$23 Feb. 3-24 (3 wks.) Mar. 10-24 <del>(3 wks.</del>) Apr. 14-28 \$23 (3 wks.)

#### 'LIKE' us on FACEBOOK

facebook.com/communityactivitiesprogram

#### **FOCUS ON ACADEMICS**

### 05-813 PHONICS, BEGINNER

(GRADES 1-3)
We focus on the beginning reader and the child that needs to build a solid phonics foundation. Students will learn the 44 sounds and the phonetic value of letters. Students will also cover the 'sight' word or Dolch lists.
CLASS LIMITED TO 12 STUDENTS. Students need to bring pencils.

No Class Jan. 19 Instructor: Staff Mon. 5:30-7 p.m.

<del>Jan. 12-Feb. 9</del> (4 wks.) \$23 \$23 \$23 Feb. 23-Mar. 16 4 wks. Mar. 30-Apr. 27 (4 wks.)

# 05-813 READING ENRICHMENT/ TUTORING (GRADES 1-3) Parents, does your child have difficulty in

understand what he reads? Reading is thinking. This class helps your child to learn those critical comprehension skills and strategies to increase their understanding. This class will have a great effect on your child's grades. Limit 10 students.

No Class Jan. 19 Instructor: Staff Tues. 5:30-7 p.m.

<del>Jan. 12-Feb. 9</del> (4 wks.) \$23 Feb. 23-Mar. 16 (4 wks.) \$23 Mar. 30-Apr. 27 \$23 (4 wks.)

### 05-879 MATH TUTORING (GRADES 3-6)

Help is here for that child that is having problems in math. We believe that all children right kind of tutoring .Our skillful instructor provides both. Bring pencil and paper. Certificates are given at the completion of class. Class limited to 10 students.

Instructor: Staff Thurs. 5:30-7 p.m.

<del>Jan. 15-Feb. 12</del> Feb. 26-Mar. 26 (5 wks.) \$30 \$30 (5 wks. Apr. 16-May 14 \$30 (5 wks.)

#### **LANGUAGES**

# 05-833 SPANISH I (CONVERSATIONAL) TEENS AND ADULTS

Have you always wanted to learn another language? Well this is the class for you. This class will introduce you to the basics of the Spanish lan-guage. You will learn to speak and understand the most widely spoken language in the world. Instructor: S. Prestwood

No classes Feb. 17 & Apr. 7 Tues. 6-8 p.m.

<del>Jan. 20-Mar. 3</del> (6 wks.) Mar. 24-May 5 (6 wks.) \$45

#### **05-834 SIGN LANGUAGE-BEGINNER**

Students will be introduced to American Sign Language, finger spelling, basic sign vo-cabulary, and understanding deafness. The class is appropriate for beginners or those needing a refresher. Material covered will be beneficial for those dealing with the public in service or sales professions. Middle and high school students are welcome. The textbook will be available through the instructor for \$17

Instructor: Marta Pierce

No Class Apr. 9 Thurs. 6-8 p.m. Jan. 22-Feb. 26

\$45 (6 wks.) Mar. 12-Apr. 23 \$45 (6 wks.)

#### ARTS AND CRAFTS

#### 05-127 BEGINNER BASIC PAINTING **FOR ADULTS**

O.

Come and join our quiet environment while you learn to paint and reduce tension. The class will cover the basics of acrylics painting. No drawing experience required. Learn the different techniques in acrylics and apply it to any project you wish. If you have always wanted to paint, then you should take class and begin the most

delightful leisure time experience of your life. Supply fee of \$15.00 (includes canvas) to be paid to instructor the first night of class.

Instructor: A. Kuppersmith

Tues. 6-8 p.m. Jan. 20-Feb. 10 \$30 (4 wks.) Mar. 24-Apr. 21 \$30 (4 wks.)

#### **05-936 WATERCOLOR**

This class will teach basic watercolor techniques including composition, perspective and light shadows.

No class Apr. 7

Instructor: A. Kuppersmith

Tues. 6-8 p.m. Jan. 20-Mar. 3 (6 wks.) \$45 Mar. 24-May 5 (6 wks.) \$45

#### 05-532 CAKE DECORATING (BEGINNER)

With this basic class, you will learn to use basic tools and techniques to create beautifully decorated cakes. Class will cover simple frosting recipes, and how to use basic tips for writing and roses. There will be \$7 fee payable to the instructor the first night of class. This fee covers the cost of frosting, dyes and tips. Bring baked cake on dish ready for second class.

Instructor: Staff Mon. 6-8 p.m. Jan. 26-Abr. 9 Mar. 23-May 4

\$45 <del>(6 wks.)</del> \$45 (6 wks.)

### 05-910 CALLIGRAPHY: A HIGHLY PROFITABLE HOME BUSINESS OR JUST FOR FUN

The fine art of calligraphy began in medieval times, when monks joyously and laboriously produced biblical text using intricate, artistic lettering. This regal writing appears today in items such as wedding invitation, birth notices, and certificates of merit. You could also produce suitable-for-framing family trees.

#### DAVIDSON HIGH SCHOOL CONTINUED -

Without a huge initial investment, you could offer your services to schools (for diplomas), brides-to-be (for addressing invitations), athletic teams, and even corporations that are involved in recognition programs where certification are in order. Iticas alphabet will be covered, but the instructor will touch on other calligraphy alphabets. Supplies will be covered the first night of class. Please register in advance!

Instructor: A. Kuppersmith No class Apr. 9

Thurs. 6-8 p.m. Jan. 22-Feb. 26 Mar. 19-Apr. 30

(6 wks.) \$45 (6 wks.) \$45

#### **05-121 CREATIVE CROCHET**

Individuals will learn at their own pace and skill level. This class will put emphasis on learning basic stitches and finishing techniques. Class will learn how to read both written and symbol pattern instructions while completing individual projects. Simple pattern stitches, increases, decreases, and working "in the round" will be covered. Learn the difference between "handmade" and "Handcrafted" with advanced finishing techniques. How to change colors attach new thread, and weave in ends for a "seamless' project will be covered. Learn about different types of yarns, how to read yarn labels, and check gauge. Individuals will have a choice of several different projects to choose from, including ponchos, scarves, hats, slippers, shawls, decorative items, and afghans.

Instructor: G. Mitchell

Tues. 5:30-7:30 p.m. Jan. 20-Feb. 10 (4 wks.) \$30 Feb. 24-Mar. 17 (4 wks.) \$30 Apr. 14-May 5 (4 wks.) \$30

### **05-173 DECORATIVE GLASS CLASS**Ever wanted to give the perfect Gift??? This

is the Class for you. Learn to decorate glass for any occasion for everyone. Personalize your gift every time. Supply fee of \$10 due to the instructor the first day of class. Supply fee will cover glass, paints and all the accessories you will need to decorate.

Instructor: S. Williams

Tues. 6-8 p.m.		
Jan. 20-27	(2 wks.)	\$15
Feb. 3-10	(2 wks.)	\$15
Mar. 10-17	<del>(2 wks.)</del>	<del>\$15</del>
Apr. 14-21	(2 wks.)	\$15

#### **05-156 EMBROIDERY**

Students will learn chair stick; whip stick, stem stick, and other stitches to complete a project of their choice.

Instructor: A. Kuppersmith

Thurs. 6:30-7:30 p.m. Jan. 29-Feb. 26 (5 wks.) \$20 \$20 Mar. 12-Apr. 2 (5 wks.)

#### **05-514 BASIC UPHOLSTERY** FOR BEG.

Learn the basic techniques of upholstery. Instructor will cover tools, type



of fabrics suitable for different projects. You will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students are encouraged to have a small project to work on during class, for example a stool, small chair, an ottoman, and removable pillows from a piece of furniture, please keep items on a small scale. Students will need to pay \$15 to cover major tools/ supplies. Call 452-0419 for supplies you will need to have for personal use.

Instructor: D.L. Howze

No class Apr. 8 Wed. 6-8 p.m.

Jan. 21-Feb. 25 (6 wks.) \$45 Mar. 18-Apr. 29 \$45 (6 wks.)

#### DANCE /FITNESS/PERFORMING ARTS

### 05-008 LEARN TO PLAY GUITAR (AGES 10 & UP)

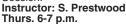
While practice makes perfect, learn the basic skills for playing the guitar. All students need to bring an acoustic guitar that is tunable. Students will learn how to play 3-4 note lyrics as they learn the chords and become familiar with positioning. Students will learn to tune No class Apr. 9

their guitars. No Instructor: Theodore Arthur Thurs. 6-7:30 p.m.

Jan. 22-Feb. 26 (6 wks.) \$33.75 Mar. 5-Apr. 16 6 wks.) \$33.75 Apr. 23-May 28 (6 wks.) \$33.75

#### **05-029 BALLET** (AGES 5 AND UP)

Beginner ballet class that builds balance, poise and coordina-Students will tion. learn the beginning of movements of ballet, jazz and will perform a show at the end of the Session.



Feb. 12-Mar. 19 (6 wks.) \$23 \$23 Apr. 16-May 21 (6 wks.)

#### **05-004 ZUMBA**

An easy-to-follow combination of Salsa, hiphop and cardio moves to create a one-of-akind fitness workout that will blow you away. It's high energy, motivating and goal focused to get the best out of your workout. The goal is simple: We want you to work out, to love working out, and to get hooked! All fitness levels welcome. Comfortable clothes, sneakers, towel and water recommended.

Instructor: J. Johnson No classes Feb. 17 & Apr. 6

Mon. 6-7 p.m. Jan. 26-Mar. 9 (<del>6 wks.) \$22.50</del> Mar. 23-May 4 (6 wks.) \$22.50

### 05-010 MIDDLE EASTERN DANCE, BEGINNERS (AGES 13 & UP) (BELLY DANCE)

You can look and feel better than you ever did while developing confidence, poise and flexibility through the popular Middle Eastern art that originated along the Mediterranean.

Belly dancing strengthens the back, hips, and upper body and tones the abdominal muscles. Learn the basic movements and rhythms in this beginning class. Instruction on costume will also be covered.

Instructor: V. Valree

Mon. 6-7 p.m. Jan. 26-Mar. 9

(6 wks.) \$23 \$23 Mar. 16-Apr. 27 (6 wks.)

#### **05-332 MIDDLE EASTERN DANCE.** INTERMEDIATE (BELLY DANCING

This class is for the more experienced dancers. Have fun while getting into shape!! Learn this ancient dance of the eastern Mediterranean in a congenial atmosphere. This Egyptian folk dance form provides a low impact aerobic workout, while helping you develops grace, stamina and overall flexibility. Instructor: V. Valree

Mon. 7-8 p.m. Jan. 26-Mar. 9 (6 wks.) \$23 \$23 Mar. 16-Apr. 27 (6 wks.)

### 05-311 TNT (TONING AND

TIGHTENING) (ALL AGES)
Class consists of exercise for the chest, waist, abdomen, hips, thighs, and arms (no aerobics). All classes will be held in an airconditioned room. This is great class for new mothers, males, and the health conscience person, who wants both fun and results. Get into shape with a little T-N-T. Bring towel or

Instructor: I. Calloway

Tues. & Thurs. 5:30p.m.-6 p.m. Jan. 13-Feb. 19 (5 w (5 wks.) \$19 Mar. 2-Apr. 2 Apr. 14-May 19 (5 wks.) \$19 (5 wks.) \$19

**05-330 BASIC YOGA**Yoga for beginners. This class will teach strength, balance, and relaxation exercises along with proper alignment and breathing. Class helps relieve stress and build strength and equilibrium. Bring sticky mat and regular towel

Instructor: I. Calloway Tues. & Thurs. 6-7 p.m.

Jan. 13-Feb. 19 (6 wks.) \$37.50 Mar. 2-Apr. 2 (6 wks.) \$37.50 Apr. 14-May 19 (6 wks.) \$37.50

#### **05-111 FENCING FOR BEGINNERS**

FENCING! Yes, Fencing. Students will learn basic blocks, fencing terms and stances as well as participates in mock duels to learn the art of fencing. Types of sword you'll learn: Foil, Rapiers and Saber.

Instructor: Prestwood Tues. 5:00-6:30 p.m. Feb. 24-Mar. 31

(6 wks.) \$34

### **05-321 WALKING FOR EXERCISE** (HALLS OF DAVIDSON) (PERFECT FOR NEW WALKERS)

Looking for a safe place to walk for exercise? A one- mile path has already been mapped out for you! All you need to do is bring a friend and get in shape! Indoors, rain or shine, no dogs and perfectly safe. Start walking any time during these dates and times.

Mon. - Thurs. 4:30-8 p.m.

FREE! FREE! FREE! Jan. 12-May 21

# LEFLORE MAGNET HIGH SCHOOL PRINCIPAL: ALVIN DAILEY

COORDINATOR: KATRINA FRAZIER
ASSISTANT COORDINATOR: NATHANIEL MOORE, JR.
PHONE: 208-1658 MAIN OFFICE(MON.-FRI. 9 A.M.-4 P.M.)

221-3127 SCHOOL OFFICE (MON.-THURS. 4:00 P.M.-8:30 P.M.)
LOCATION: Clinton Street, off St. Stephens Road

PRE-REGISTRATION: January 6-15, 2015

(on-school site)

NO CLASSES: January 19, February 1617, 2015 (Mardi Gras),
April 6 - 10, 2015 (Spring Break)

#### \$7 Guest Fee

Guests are invited to attend any class for a one-time guest fee. A \$7 guest fee must be paid by check, payable to the City of Mobile. If you decide to register for the class, the \$7 guest fee will be applied toward the registration fee, otherwise it is forfeited.

#### ACADEMIC TUTORING/LANGUAGES

#### 09-803 ALGEBRA/GEOMETRY **TUTORING**

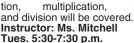
This tutorial program for the algebra-challenged will help students learn to master basic algebra concepts such as factoring, simplify quadratic equations, etc. Instructor: C. McGhee

Mon. 5:30-7:30 p.m.

Jan. 26-Feb. 23 (4 wks.) \$30 Mar. 2-Mar. 23 \$30 (4 wks.) (4 wks.) \$30 Apr. 13-May 4 (No class Spring Break week)

### 09-899 MATH TUTORING (1st -3rdGRADE)

Instructor will help students improve their math skills by working with them individually as well as teaching them to work alone. Basic math concepts of addition, subtraction, multiplication,



Jan. 20-Feb 10 4 wks.) Feb. 24-Mar. 17 (4 wks.) \$30 Apr. 14-May 5 (No class Spring Break week)

#### 09-818 MATH TUTORING (4TH-5TH GRADE) (SEE ABOVE DESCRIPTION)

Instructor: Miss Hall Thurs. 5:30-7:30 p.m. Jan. 29-Feb. 19 (4 wks.) \$30 \$30 Mar. 5-Mar. 26 (4 wks.) \$30 Apr. 2- Apr. 30 (4 wks.) No class Spring Break we May 1- May 22 (4 wks.) \$30

#### PRE-ALGEBRA (6TH-8TH GRADE)

The reason students have problems with pre-algebra is that they do not understand mathematics. This class introduces and/or reinforces the basic math concepts and skills that students need to possess before taking Algebra and other advanced math classes... Instructor: Cameron Hall Wed. 5:30-7:30 p.m.

Jan. 28-Feb. 25 \$30 (4 wks.) Mar. 11-Apr. 1 \$30 (4 wks.) Apr. 15-May6 (4 wks.) \$30

### 09-474 CHILDCARE TEACHER CERTIFICATION PROGRAM

Complete this 12-hour course and gain the advantage for employment in the daycare business. Course will cover the require-ments as provided by DHS. Learn the basics of teaching arts and crafts, music, language and science development, free-play, and how to set up learning spaces. Students are responsible for arranging testing dates with the appropriate agencies for CPR and TBA testing before certificates awarded. You must be at least 18 years old and have a high school diploma or GED. Maximum number of students is 12.

Instructor: M. Hunt Mon. 6:30-8 p.m.

Jan. 26-Mar. 9 (6 wks.) \$45 Mar. 30- May 11 (6 wks.) \$45

### 09-475 CHILDCARE DIRECTOR'S CERTIFICATION PROGRAM, PART II

This is the final series of this class. Students MUST attend all four classes to receive a certificate.

Instructor: M. Hunt Wed. 6:30-8:00 p.m.

Jan. 7-Jan. 28 (4 wks.) \$38

### BUSINESS & COMPUTERS PLEASE BRING YOUR LAPTOP

#### 09-770 BRIDES TO BE: STEP-BY-STEP GUIDE

Are you a Bride-tobe? Would you like to cut your wed-ding cost? Then this class is for you! You will learn how to save and plan that dream wedral

ding on a budget. We will teach you how to make floarrangements for your wedding, reception and provide you with tips on proper wedding

etiquette. Please bring wire cutters, scissors, glue gun and glue stick. Please call instructor for supply list (251.490.2020).

Instructor: Fertina Westry

Tues. 6-8 p.m. Jan. 20-Feb. 10 \$30 Apr. 21-May 12 \$30

#### **09-470 PHOTO STORY**

Bring your digital photos to life with photo story. With a single click you can touch up, crop, or rotate pictures. Also, learn how to create slideshows add soundtracks, special effects and much more. Students must bring their own lap top, digital photos on camera or CD. Instructor: Q. Howard

Tues: 5:30-7:30 p.m. Feb. 24

(1 night) \$15 Mar. 31 (1 night) \$15 Apr. 21 (1 night) \$15

#### 09-428 COMPUTERS MADE SIMPLE **FOR 50 +**

Computer training for mature adults. Classes feature hands-on activities with individual attention. You can take advantage of courses in Introduction to the Computer and Internet. Please bring pen and notebook.

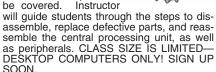
Instructor: Q. Howard Mon & Tues. 5:30-7:30 p.m.

Feb. 2-3 (2 nights) \$30 Feb. 23-24 (2 nights) \$30 Apr. 20-21 (2 nights) \$30 May 4 - 5 (2 nights)

#### 09-405 COMPUTER TECHNOLOGY (BASIC TROUBLESHOOTING)

ERROR

Have you ever wished you could install a modem or replace a hard drive on your computer? Take this class and learn correct terminology, important features. how information is input, stored, and accessed. Basic troubleshooting procedures using non-invasive techniques will



Instructor: D. Williams Wed & Thurs. 6-8 p.m.

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Feb. 25 - 26 (2 nights) \$35 Apr. 8 - 9 (2 nights) \$35 May 13 - May 14 (2 nights) \$35

#### **READING AND PHONICS**

### 09-816 READING TUTORING/ ENRICHMENT (1st- 3rd GRADE)

Comprehension is the reason for reading. The course lays the foundation for teaching reading, covering techniques at the beginning, middle and advanced stages of learning.

Instructor: Ms. Mitchell Mon. 5:30-7:30 p.m.

#### LEFLORE MAGNET HIGH SCHOOL CONTINUED -

Jan. 26-Feb. 23	(4 wks.)	\$30
Mar. 9-Mar. 30	(4 wks.)	\$30
Apr. 20-May 11	(4 wks.)	\$30

### 09-817 READING COMPREHENSION (4TH & UP)

Reading Is Thinking. Comprehension is vital for learning and advancement. This class will focus on building comprehension strategies enabling students to increase their under-standing of texts. CLASS SIZE IS LIMITED, SIGN UP SOON.

#### Instructor: Regina Whittier

Tues. 5-7 p.m.		
Jan. 27- Feb. 24	(4 wks.)	\$30
Mar. 10-Mar. 31	(4 wks.)	\$30
Apr. 14-May 5	(4 wks.)	\$30

#### **09-806 GETTING READY TO READ** (AGES 4 & UP)

Improve your child's reading success with this class. Young learners will learn letter recognition, phonics, and other basic skills that are necessary for them to become good readers

#### Instructor: Donna Kimbrough Mon & Tues: 4:30-5:30 n m

Jan. 26-Feb 24	(4 wks.)	\$30
Mar. 9-Mar. 31	(4 wks.)	\$30
Apr. 20- May 12	(4 wks.)	\$30

#### **ARTS & CRAFTS**

### 09-939 KIDS DRAWING (AGES 6 &

Interested in art? Come explore the elements of art and learn to express your creative side. Pick up the techniques to draw whatever you can imagine.

Instructor: Staff Tues. 5-7 p.m.

Feb. 24-Mar. 31 (6 wks.) \$45 Apr. 14-May 19 (6 wks.) \$45

#### **MISCELLANEOUS**

#### **09-720 NATURAL HAIR 101**

Ever wonder about having natural hair, how to manage it, what to use, admired the different styles that are worn? Well this class is for you! Learn how to transition from relaxer to natural, upkeep and maintenance, what to use, and even a few style options! You don't have to know everything about hair just have an open mind and a willingness to learn.

#### Instructor: Tanene Jackson

Thurs: 6-8:30 p.m.	
Jan. 29	\$15
Feb 26	\$15
Mar. 19	\$15
Apr. 23	\$15
May 14	\$15

#### 09-511 SEW-EASY (ALL LEVELS)

Even if you have never sewn, you can learn to make a simple dress or party outfit. The only prerequisite is a willingness to learn. The instructor will guide you through the basic sewing fundamentals - selecting fabric, learning to read patterns, and completing at least one garment. If you have sewn before but are out of practice, this is the class for

you. Class time is spent demonstrating sewing techniques and discussing individual sewing problems.

#### Instructor: Hickenbottom

rues. & rnurs. 6-8 p.m.		
Jan. 27– Feb. 12	(3 wks.)	\$45
Mar. 10-Mar. 26	(3 wks.)	\$45
Apr. 14-Apr. 30	(3 wks.)	\$45
May 5 - May 21	(3 wks.)	\$45
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#### PERFORMING ARTS (MUSIC)/ DANCE

#### 09-053 BRASS/WOODWINDS

Instruction offered on brass or woodwind instruments for aspiring musicians of all ages. Lessons will be provided on clarinet. flute saxophone. trumpet, trombone

Students must etc. provide own instrument.

Instructor: Theodore Arthur, Jr. Mon. 5:30-7:30 p.m. Jan. 12-Feb. 9 Feb. 23-Mar. 16 \$30 (4 wks.) \$30 (4 wks.) Mar. 23-Apr. 20 \$30 (4 wks.) Apr. 27- May 18 (4 wks.) \$30

#### 09-009 GUITAR (12 & UP)

Welcome to the world of guitar. Learn tuning, holding and playing positions, picks and finger style. Students must furnish their own

#### Instructor: Theodore Arthur, Jr.

won. 7-8:30 p.m.		
Jan. 12-Feb. 9	(4 wks.)	\$30
Feb. 23-Mar. 16	(4 wks.)	\$30
Mar. 23-Apr. 20	(4 wks.)	\$30
Apr. 27- May 18	(4 wks.)	\$30
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#### **09-012 PIANO** (AGES 7-ADULT)

The piano is a great instrument to learn because of its versatility. It is the only instru-ment that allows you to comfortably play several notes at the same time, making it ideal for renditions of songs across all genres. Piano books may be purchased the day of class for an additional \$5.00.

Instructor: Theodore Arthu

mstructor. Theodore	Altiiui Ji.	
Tues. 5:30-7:30 p.m.		
Jan. 13-Feb. 3	(4 wks.) (4 wks.)	\$30
Feb. 24-Mar. 17	(4 wks.)	\$30
Mar. 24 - Apr. 21	`	
(4 wks.) \$30		
\$30 ´		
Apr. 28 - May 19		
(4 wks.)		
¢30		

#### 09-041 DRUMS AGES 8 & UP)

Drum lessons for aspiring musicians. Students must supply their own drumsticks, and practice pads.

#### Instructor: Leon Rhoden

Wed. 5:30-6:45 p.m. Jan. 21– Feb. 25 (5 wks.) \$30 Mar. 11-Apr. 15 (5 wks.) \$30 Apr. 29-May 27 \$30 (5 wks.)

#### 09-042 BALLET (AGES 5-8)

Dance is a fun way to development balance, leg strength, poise and coordination. Kids learn and practice social, physical and motor skills. Students should wear loose clothing and socks the first day. Dance attire will be discussed the first night.

### Instructor: Shannon Broom

Jan. 27-Feb. 24	(4 wks.) \$18.75
Mar. 10-Mar. 31	(4 wks.) \$18.75
Apr. 14 -May 5	(4 wks.) \$18.75 (4 wks.) \$18.75

### 09-617 GYMNASTICS-"HEAD OVER HEELS" TUMBLING (AGES 2-5)

Class starts with a group warm up and focuses on the fundamentals of tumbling. Adult must remain with child during class.

#### Instructor: Tonique Gunn Mon. & Wed. 5:30-6:30 p.m.

Jan. 26-Feb. 25	(4 wks.)	\$30
Mar. 16-Apr. 15	(4 wks.)	\$30
Apr. 27-May 20	(4 wks.)	\$30

#### 09-615 GYMNASTICS & TUMBLING (AGES 6 & UP)

No prior gymnastics experience is required. The class begins with a group warm-up and stretch followed by basic tumbling skills on the floor and the tumble track. Students learn handstands, rolls, cartwheels, handsprings and more.

### Instructor: Tonique Gunn Mon. & Wed. 6:30-7:30 p.m.

Jan. 26-Feb. 25	· (4 wks.)	\$30
Mar. 16-Apr. 15	(4 wks.)	\$30
Apr. 27-May 20	(4 wks.)	\$30

### 09-641 SWIMMING, PRESCHOOL (AGES 4-5 YEARS)

The purpose of this class is to provide a developmental program that enhances a participant's confidence in the water and their proficiency as a swimmer.

#### Instructor: Red Cross-Certified Staff

Tues, & Thurs, 6-7 p.m.

Mar. 17-Apr. 16	(4 wks.)	\$32
Apr. 28-May 21	(4 wks.)	\$32

### 09-643 SWIMMING, YOUTH BEGINNER (AGES 6 & UP)

Instructor: Red Cross-Certified Staff

Tues. & Thurs. 6-7 p.m.

Mar. 17-Apr. 16	(4 wks.)	\$32
Apr. 28-May 21	(4 wks.)	\$32

#### 09-042 **SWING OUT** DANCING

Swing is more than a dance. Swing is music, its attitude. it's jazzy and romantic. it's Through easy to follow steps,

you will learn

classic swing dance moves from beginners' steps to elaborate spins.

#### **Instructor: Derrick Andrews**

Mon: 6-8 p.m.

<del>Jan. 26 - Mar. 9</del>	(6 wks.) \$33.75
Mar. 23- May 4	(6 wks.) \$33.75

#### LEFLORE MAGNET HIGH SCHOOL CONTINUED -

FINANCIAL PLANNING CLASSES AND REAL ESTATE

### 09-493 QUALIFYING FOR HOME MORTGAGES

This informative 1-day class will help to answer many questions and educate you on loan rates and the mortgage process. Will you get the loan amount that you need? This class covers what you need to know about the new home loans.

#### Instructor: Mason Bradley

Tues. 6-8 p.m.

Feb. 24	\$15
Mar. 10	\$15
Apr. 21	\$15
May 12	\$15

# **09-496 SELLING YOUR HOME- GETTING TOP DOLLAR!**Thinking of selling your home within the

Thinking of selling your home within the year? Learn how to prepare your home for a successful sale in any market. Topics will include staging your home, repairs and inspections, quick fixes and necessary disclosures.

#### Instructor: Deborah Robinson

Thurs. 6-8 p.m.

Jan. 29	(1 night)	\$15
Feb. 26	(1 night)	\$15
Apr. 16	(1 night)	\$15
May 7	(1 night)	\$15

### 09-497 THE PRE-PURCHASE CLASS: "BE AN INFORMED BUYER"

Purchasing a new home-whether it's your first home or your tenth home-it can be a

difficult experience. Learn what to look for when shopping for your new home. Home inspections, termite bonds, sellers' disclosures, and the legal and financial aspects of purchasing a home will be covered. Instructor:

Instructor: Deborah Robinson Tues. 6-8 p.m. Feb. 24

Mar. 17 Apr. 21 May 12



(1 night) \$15 (1 night) \$15 (1 night) \$15 (1 night) \$15

# NEIGHBORHOOD PARKS AND COMMUNITY CENTERS

Program Supervisor: Yolanda Crawford-Broom
Phone: 208-1657 Location: 48 N. Sage Avenue, Mobile, Al 36607

#### JOSEPH C. DOTCH COMMUNITY CENTER

Facility Supervisor: Zelda Williams Address: 3100 Bank Ave. Phone: 452-9856

Hours:

Mon - Thurs 9 a.m. - 9 p.m. Fri 9 a.m. - 7 p.m.

Seniors Bingo Tues & Thurs 12:30 noon-1:30 p.m. Movement's & Chair Exercise w/Minnie Mon-Thurs 9 - 10 a.m. Sewing, Quilting For Adults
Tues & Thurs 10:00 a.m.-12 p.m.
Computer for Adults Mon - Thurs 10-11:00 a.m. Learn Phone App for Adults Mon & Thurs 10-11 a.m. Sewing w/ Zelda Williams Mon, Wed, & Fri 12:30 p.m.-2:30 p.m. Tues & Thurs 3:30-5:30 p.m. Zumba Exercise Mon, Wed, & Fri 3:30-5:30 p.m. Swing Dancing with Daddy DJ Tues 5:30 - 8:30 p.m. Line Dance for Adults Mon & Thurs 5:30-8:30 p.m. Walking on Track Anytime Daily Narcotics & Alcoholics Anonymous Tues 5:30-6:30 p.m. Adult Card Tournament Wed & Thurs 6-8 p.m.
Dominos & Card Tournament Wed & Thurs 6-8 p.m. Guest Game Room (kids) Tues 4:30-6:30 p.m. Lunch Break Basketball Mon-Fri 11a.m. - 2:30 p.m. Senior Day Out Monthly After school snacks

Hot Lunch for Kids
Tues & Thurs 3:30-5:30 p.m.
Tutoring
Tues & Thurs 4-5 p.m.
Arts & Crafts
Thurs 3:30-4:30 p.m.
Popcorn & Cookie time w/adults
Bi-weekly Tues
Adult Cultural Trips
Wed 12-1 p.m.
Adult Walking the Line
Mon, Wed, & Fri 5:30-6:30 p.m.
Children General Basketball
Skills
Mon-Thurs 4-5:30 p.m.
Children General Fitness
Fri 3:30-5 p.m.

#### MICHAEL A. FIGURES COMMUNITY CENTER

Facility Supervisors:
Dorothy Lewis &
Kelleashia Tyus
Address: 658 Donald St.
Phone: 452-4052
Hours:
Mon - Thurs 9 a.m.-9 p.m.
Fri 9 a.m. - 7 p.m.

Basic Music Fitness & Movement w/ Jackie
Tues - Thurs 9:30 –10:30 a.m.
Line Dance Classes w/ Mr. Mike
Fri 10-12 p.m.
Arts & Crafts (Adult)
Mon, Wed, & Fri 12 noon - 1 p.m.
Arts & Crafts Holiday Decoration
Mon -Thurs 10-12 p.m.
Arts & Crafts Mardi Gras
Decoration
TBA
Walking Outdoors w/ Jackie
Tues - Thurs 10:45 –11:15 a.m.

Open Recreation for Grandparents

Mon & Tues 11 a.m.-1 p.m.

**Table Board Games Adults** Mon-Fri 10 a.m.-2 p.m. Adult Billiard Pool Championship Games Mon-Fri 10 a.m.-2 p.m. Reading Circle Mon-Thurs 4:30-5:30 p.m. 21 Plus Black Jack w/ Ms. Fave Mon-Thurs 4 - 6 p.m. Spade Tournament Mon-Thurs 10 a.m.-2 p.m. Homework Help Mon-Thurs 4:30-5:30 p.m. Narcotics Anonymous
Mon - Fri 1 - 2 p.m.
Adult Lunch Break Basketball
Mon-Fri 11 a.m.-2 p.m.
Basic Dominoes w/ Mr. Calvin Mon-Thurs 10 a.m. Learn to Play Table Tennis w/Jackie Mon-Fri 9:30-10:30 a.m. Bid Whist Class w/ Ms. Faye Mon-Thurs 4 - 6 p.m. Bingo Bash w/Staff Fri 12 noon-2 p.m. Adults Daycare Special Population Tues & Thurs 10 a.m.-1 p.m. Adults Open Recreation 10 a.m.-2:30 p.m. Basic Cooking & Baking Class w/Jackie Mon 11 a.m.-12 p.m. Holiday Party- Sweet Heart Valentines Dance TBA Feb J.R.O.T.C. Drill Program Leflore

#### HARMON - THOMAS COMMUNITY CENTER

Facility Supervisors: Ruby Owens & Woodrow Cannon Address: 1611 Belfast St. Phone: 470-7752

Hours: Mon - Thurs 8:00 a.m.

- 9 p.m. Fri 8 a.m. - 7 p.m.

Senior Fitness Mon-Thurs 9-11 a.m. Theater Rehearsal Thurs 5-6 p.m. Beginning Piano Thurs 6 p.m.
Straight Talk (Teens) Wed 5 - 6 p.m. Card Sharks Mon & Wed 4-6 p.m. Basketball Practice Tues & Thurs 5 p.m. Step to Fitness Mon-Thurs 7 p.m. Tutoring Mon-Thurs 5-7 p.m. Theater Board Meeting Wed 7 p.m. Sr. Citizen Choir Mon 6 p.m. Beginner Dance Class Mon 4 p.m. Advance Dance Class Thurs 5 p.m. Bridge Wed 1 p.m. Pre-school Drama Wed 11 a.m. - 12 noon Quilting Tues 11 a.m. Speech Choir Tues 4 p.m.

### HILLSDALE AREA COMMUNITY CENTER

Facility Supervisors: Birdie Anderson, Sylvia Denson, and

Jeffrey McCondichie Phone: 344-0341 Address: 558 Felhorn Rd.

Hours:

Mon - Thurs. 8 a.m. - 9 p.m. Fri 8 a.m. - 7 p.m.

#### NEIGHBORHOOD PARKS AND RECREATION CENTERS CONTINUED .

S.A.I.L. Program (Seniors Activities Independent Living) Mon - Fri 9 a.m.-1p.m. Hillsdale Community Association Meeting 2<sup>nd</sup> Tues Monthly 7 p.m. Sunday School Lesson Review Tues 10:30-11:30 a.m. Police Explorer Meeting 2<sup>nd</sup> Tues Monthly 6 p.m. Game Room Mon-Fri 3:30-6:30 p.m. Table Games Mon-Fri 3-7 p.m. Bingo with People with Intel-Disabilities 11 a.m. Wed Arts & Crafts with People with Intellectual Disabilities Tues & Thurs 10 a.m.-12:30 p.m. Youth Snack Program Mon-Fri 3:30-4:30 p.m. Senior Dominos & Art Craft Mon-Fri 9 a.m.-1 p.m. Exercise for People with Intellectual Disabilities
Mon-Fri 10 a.m.-12:30 p.m.
People with Intellectual
Disabilities Game Tournament 12-12-2014 10 a.m.-1 p.m. Self- Esteem Class for Youth Self- Esteem Class for Youth Fri 4-5 p.m.
Adult Open Court Basketball Mon-Fri 9 a.m.-3 p.m.
Walking with Mr. Jeff Mon-Fri 8-9:30 a.m.
Swing Out & Line Dance Class Wed 7 p.m.
Chess, Dominoes, Checkers & Cards Mon-Fri 10 a.m.-until Youth Basketball Practice 5:30-7 p.m. Mon-Fri Homework Help Wed 4-5:30 p.m. Weight Room 8 a.m.-12 p.m. 4 p.m. - 7 p.m. Outdoor Tennis Court Indoor/Outdoor Basketball Court

#### **LAUN PARK**

Facility Supervisor: Voundria Thornton Address: 5401 Windmill Dr. Phone: 661-6541 Hours: M-F, 3 - 6 p.m.

Wellness Wednesday
Wed 3-4 p.m.
Twister Tuesday
Tues 4 p.m.
Talent Search
Fri 4 p.m.
Bookmobile
3:30-4:30 p.m. TBA
Visually Impaired Walking Trail
Wrail
Open Daily
Walking Trail
Open Daily
Walk away the Pounds
Open Daily
Open Recreation Daily

Daily 3-6 p.m.
Beautiful Playground Equipment
For Fun & Fitness!
Daily
Male Talk w/ Mr. Conrad
Wed 3-4 p.m.
Nutrition w/ Mrs. Voundria
Mon, Tues, Wed, & Fri 3-5 p.m.

### LUSCHER CENTER AT DOG RIVER PARK

Recreation Leader: Johnnie Meeks Phone: 470-7758 Address: 2459 N. Dog River Road Hours: Mon - Fri 3:00 p.m. - 6:00 p.m.

Inside Game Room Activities
Ping Pong
Table Pool (Adults and children)
Air hockey
Arts & Crafts
Fishing Pier
Boat Launching
Basketball Court
Football & Baseball Field
Children: Arts / Craft
Picnic Area
Open to the Public Year Round!!!!

#### **NEWHOUSE PARK**

Recreation Leader: Yolanda Johnson Address: 2960 Alston Dr. Phone: 470-7753 Hours: 3 - 6 p.m. Mon-Fri

Youth Motivation Wed 4:30- 5 p.m. Picnic Play Area Daily Playground Entertainment Area for Children Daily Reading Takes You Around the World Mon-Fri 3:30 - 4 p.m. Youth Arts & Crafts Tues & Thurs 4- 4:45 p.m. Table Games for Everyone Neighborhood Community Meeting 3<sup>rd</sup> Thurs of the Month 6 -7 p.m. Guys & Gals Walking Trail Daily 8 a.m.-6 p.m. Inside Playroom Activities Daily 3- 5:30 p.m. Empowering Our Youth with Words Mon 3:30-4:00 p.m. Outside Basketball Court Homework Assistance Ages 5-10 Mon- Fri 4:15- 5 p.m. After School Goodies Mon- Fri 3:30- 4:30 p.m. Newhouse Family Day Out Field Trips

## PARKWAY SAIL SENIOR CENTER

Center Manager: Freda Mitchell Recreation Leader: Yolanda Johnson Address: 1600 B Boykin Blvd. Phone: 471-2503 Hours: 9 - 1 p.m. Mon-Fri

S.A.I.L. Program (Seniors Activities Independent Living) Mon.-Fri. 9 a.m.-1p.m. Lunch 11:30-noon Bingo with Yolanda Mon & Fri 10-11 a.m. Mon & Fri 10-11 a.m.
Creative Writing with Judy
Tues 10-11 a.m.
Scarlet O'Hatters
3rd Wed Monthly 9:30-11 a.m.
Life Lessens With John Landis
Thurs 10:00-11:15 a.m.
Line Dancing In Bay Room
Wed 10-10:45 a.m.
Wii (Tennis, Golf, Bowling)
Paily Daily Finishing Well- Study J.D. Landis 4th Wed 10-11 a.m. In-door/Outdoor walking - Daily Pool (Tournament-monthly) -Daily Ping Pong/ Air Hockey - Daily Dominoes, Billiards, Cards, Crafts. Music Daily Chair Exercise with Yolanda Wed 9:15-9:30 a.m. Senior Day out with Yolanda -Vickie Indoor Walking Exercise Class Tues & Thurs 9:15-10 a.m.

## PLATEAU COMMUNITY CENTER

Facility Supervisors: Wanda Porter & Patricia Ferguson Address: 850 Edwards St. Phone: 456-7639 Hours: Mon - Thurs 10 a.m. - 9 p.m. Fri 10 a.m.-7 p.m.

Walking with Wanda (seniors)
Daily 9 - 10 a.m.
Senior Devotion Hour
Mon, Wed, & Thurs 10 - 11 a.m.
Play Games (seniors)
Mon 11 a.m. - 12:00 noon.
Exercise (seniors)
Wed & Thurs 11 - 12 noon
Computer Class (seniors)
Thurs 5-6 p.m.
Seniors Birthday Lunch
4th Wed Monthly 12 p.m.
Sewing Class (adults & children)
Mon-Fri 12-2:30 p.m.
Open Recreation - Daily
Arts & Crafts
Thurs 4:30-5:30 p.m.
Bible Class - Thurs 7-9 p.m.
Table Tournaments
Tues & Thurs 4-5 p.m.
Checkers Tournament - 5 - 7
p.m.
Wii Games (Children)
Mon-Thurs 4-6 p.m.
Puzzle Wuzzle
2nd Tues Monthly 4:30-5:30 p.m.
Singles Meeting
1st Mon of each Month 6 p.m.

Bingo (play for treats)
2nd Thurs of each Month 5 - 6
p.m.
Tutoring & Snack Program
Daily 3:30-5 p.m.
Exercise - Tues & Thurs 5:456:45 p.m.
Spades - Mon-Fri 12-2:30 p.m.
Lunch Break Basketball
Mon-Fri 11:30 a.m.-1:30 p.m.
PHAMCAC Council Meeting
3rd Tues of each Month

#### RICKARBY PARK

Facility Supervisor:
Jackie Simmons
Address: 550 Rickarby St.
Phone: 470-7750
Hours: Mon - Fri 3 - 6 p.m.

Arts & Crafts
Tues & Wed 5-5:45 p.m.
Bookmobile
Every 3rd Thurs in the Month
4:30-5:30 p.m.
Outdoor Basketball Daily 3 - 6 p.m.
Tables Games- Table Tennis,
Pool,
Air Hockey, Billiard
Daily 5:15-5:50 p.m.
Basic Cooking w/Ms. Jackie
Thurs 4:30-5:30 p.m.
Field Trip, shopping etc.
Thurs & Fri 3:15-5:30 p.m.
Outdoor Volleyball
Tues & Wed 4-4:45 p.m.
Tee Shirt Making
Mon & Wed 4:50-5:45 p.m.
Snacks - Daily 3:30-4:30 p.m.
Basic Board Games
Mon, Thurs, Fri 4:30-5 p.m.
Supper Meals Shelf Stable
Tues & Thurs 3:30-4:30 p.m.

#### JAMES SEALS COMMUNITY CENTER

Facility Supervisors: Lionel Dais, Ralph Gordon and Rhonda McDaniel Phone: 438-7498 Address: 540 Texas St. Hours: Mon-Thurs 9 a.m. - 9 p.m. Fri 9 a.m.-7 p.m.

Pinochle - Wed 9 a.m.
Wheel Chair Basketball
Tues & Thurs 7p.m. - 9p.m.
Walking with Staff
Daily 9 a.m. - 10 a.m.
Basketball Practice
Mon, Wed, & Fri 5-7:30 p.m.
Gospelcise - Tues & Thurs 5:30 - 7 p.m.
Down the Bay Club
4th Mon Monthly 6 p.m.
Open Recreation - Daily 10 a.m.
- until
Line Dancing with Tiffany Barnes
Mon & Wed 5:30-7 p.m.
Tennis for Youth and Adults
Mon & Wed 5-6:30 p.m.

#### NEIGHBORHOOD PARKS AND RECREATION CENTERS CONTINUED .

**Band Practice** Tues & Thurs 5:30-8:30 p.m. After School Snacks, Reading, Tutoring
Daily 3:30-4:30 p.m. Book Mobile - Every 3rd Wed 4-5 Dominoes (cut throat) - Daily Exercise with Gee - Wed 7-9 p.m. Beginning Piano w/ Rev. John Lakes Mon 5:30-7:30 p.m. Congo Drum Playing - Wed 6-7:30 p.m. Advanced Piano w/ Rev. John Lakes Thurs 5:30-7 p.m. Couponing w/staff Mon 9-11 a.m.
Booster Club Meeting

1st Tues of each month 5:30 p.m.

### **SPRINGHILL RECREATION**

**CENTER**Facility Supervisors: Tanya Gullet & Chamyne Thompson Address: 1151 Springhill Ave. Phone: 438-7415 Hours: Mon - Fri 10 a.m.-7 p.m.

Line Dance Tues & Fri 10 a.m.-12 noon Mon & Wed - 4:30-6:45 p.m. Tutoring/Elementary & Middle School Mon-Thurs 3:15-4:15 p.m. Bid Whist & Spades Wed & Thurs 10 a.m. Coupon for Saving Thurs 10:30 a.m. Basketball Free Play (Adults) Mon-Fri 10 a.m.-3 p.m. Walk-A-Cise

Mon, Wed & Fri 10:30 a.m. Pencil Sketching, Drawing, Coloring Fri 3:30-4:30 p.m. Billiards Tournament (Adults) Mon-Fri 10 a.m.-3 p.m. Springhill Avenue Advisory Council 2nd Wed Monthly 6-7 p.m. Gym Free Play (Youth) Daily 3-6: p.m.
Table Games Tournament (Youth) Daily 3-6: p.m. Cooking Class (Youth) 2nd Tues in each month - 4:30-6 Arts & Crafts 2nd Tues in each month - 4:30-6 p.m. Seasonal Sports Call for Info: 251-438-7415 Zumba w/Deanna Fri 4:30-5:30 p.m. Monthly Bible Study - Wed Enroll Alabama Jan 15, 2015 4-6 p.m. Feb 12, 2015 4-6 p.m.

STOTTS PARK
Rec. Leader II: Richard Davis
Rec. Leader I: Willie Nixon Phone: 666-4955 Address: 2150 Demetropolis

Road Hours: Mon - Fri 3:00 - 8:00 p.m.

Open Recreation Mon, Wed, Thurs, & Fri 6 - 8 p.m. Open Recreation Tues 7 - 8 p.m. Exercise Class Tues 6 - 7 p.m. Basketball Skills Mon, Fri 4-5 p.m.

Homework Help 3-4 p.m. Arts & Crafts Mon, Wed 5 -6 p.m. Softball Tues & Thurs 4-5 p.m. Pool Tournament Tues & Thurs 5-6 p.m. Dancing Outside Tues 4 -6 p.m. Kickball for Kids 4 -5 p.m. Tennis - Daily Board Games Fri 5-6 p.m.

### **THOMAS SULLIVAN** COMMUNITY

**CENTER**Facility Supervisors: Mary Brown & Cora Edwards

Address: 351 N. Catherine St. Phone: 438-7282 Hours: Mon - Thurs 9 a.m. - 9

Fri 9 a.m. - 7 p.m.

S.A.I.L. Program (Seniors Activities Independent Hot Meals Daily - Mon - Fri 9 a.m.-1 p.m.
Bible Study - Thurs 1 p.m.
Senior Monthly Birthday Party Last Friday Monthly 11 a.m. Healthy Eating Senior - Wed 10:30 á.m. Gospelcise Exercise w/ Tangy & Sharon Mon & Wed 5:30-6:30 p.m. Bookmobile - Wed 4-5 p.m. Basketball Practice Mon & Wed 6:30 p.m.
Tues, Thurs, & Fri 5 p.m.
Early Morning Walking Gym
Mon-Fri 7:30 a.m. Homework Helper - Mon-Thurs 4 p.m. Girls Step Team Practice w/ Ms.

Mon - Fri 4-5 p.m. Open Game Room, Pool, Checker, Foosball Daily Lafayette Square Community Meeting 3rd Tues of each month, 6 p.m. Swing & Line Dance Classes
Tues 6:00 p.m.
Cooking class w/Chef Maurice
Mon 4:30 p.m.
Dance Girls Practice Mon & Wed 5 - 6 p.m. Chair Exercise - Mon & Fri 10-11 Senior Field Trip - TBA

### TRICKSEY SENIOR CENTER

Center Manager: Jackie Green Recreation Leader: Ashley Walker

Phone: 456-6690

Address: 3055 Bank Avenue Hours: 9:00 a.m. - 1:00 p.m.

S.A.I.L. Program (Seniors Activities Independent Living) Mon-Fri 9 a.m-1p.m. Coffee Time & Inspirational Word 9:30-10:00 a.m. Chair-A-Cize - 10:00-10:30 a.m. Daily Activities:
Arts & Crafts, Blood Pressure Check (Tues) 10:30-11:30 a.m. Field Trips, Lunch Fri (once a month 9:00 - 1:00) 11:30 a.m. - 12 noon Lunch Daily News -12:00 noon-12:30 p.m. Senior Socializing 12:30-1:00 p.m.

# ATHLETIC PROGRAMS Sports Coordinator II:

Tiara

Marion Sheppard Location: 48 N. Sage Ave. Phone: 208-1630 or 208-1631

1. Youth Basketball: Registration begins Tuesday November 4, 2014. Season starts December 13, 2014 at these following City

Parks: Navco Hillsdale Sullivan Figures Thunder Aaron Taylor Park Springhill Indian Springs Taylor Plaza Cottage Hill Trinity Gardens Revelations Hoopers James Seals

Morningside D.I.P. Čeltics Eight Mile Prichard Roger Williams Theodore Mobile Legacy Mobile Trail Blazer Mobile Hornets Kidd

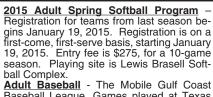
2. Adult flag football Registration Dec. 14, 2014-Jan. 5, 2015 League starts Jan. 19, 2015

3. Gymnastics

#### **SPRING ATHLETIC PROGRAMS**

2015 Youth Baseball/ Softball-Registration begins March 16, 2015. Parks are as follows:

Aaron Crawford Duval **Figures** Hillsdale Kidd Peters Taylor Park Maitre Trimmier Theodore **Texas Street** Springhill T. Garden Newhouse



Baseball League. Games played at Texas St. and Duval Parks Entry Fee \$500. Deadline for entry is May 25, 2015. Season starts

June 8, 2015.

2015 MPRD Spring Track & Field (AAU) Sanctioned program for ages 5-18 Registration begins March 9, 2015 at Murphy and Davidson High Schools, and Chastang Middle School 5 p.m. until 7 p.m. Monday-

Upcoming Summer Programs- Registration begins in August for Adult Softball, Adult Flag football, Youth Soccer, Youth Football

Harmon

Bush

TENNIS CENTERS
BRUCE E. LOCKETTE, USPTA, SUPERINTENDENT
LORI D. WILLIAMS, ASSISTANT MANAGER

### **MOBILE TENNIS CENTER**

851 Gaillard Drive, Mobile, AL 36608 Phone: 208-5181 - Fax: 208-5188 HOURS OF OPERATION: MON.- THURS.-8 a.m.-10 p.m. FRI.-8 a.m.-5 p.m. SAT. - 8 a.m. -5 p.m. SUN. -9 Fees: \$4 days, \$5 under lights Open to the Public SUN. -9 a.m.-5 p.m. Memberships are available for individuals or

families Organized Leagues and Round Robin play

for all levels and ages Special Senior Programs and rates Individual Lessons and Clinics by tennis professionals for adults and children Pro Shop on site

Lockers and Showers are available

#### **COTTAGE HILL TENNIS CENTER -**10 LIGHTED LAYKOLD COURTS

1171 Hillcrest Road, Mobile, AL 36695

Phone: 666-9539 - Fax: 666-4601 HOURS OF OPERATION: MON. - THUR.-8 a.m.-9 p.m.

FRI.-8 a.m.-5 p.m.

SAT.-8 a.m.-1 p.m. SUN.-12 p.m.-5 p.m. FEE: \$4 DAY, \$5 NIGHT Hours subject to change based upon participation and inclement weather

Open to the public

Memberships available for individuals or families

Organized Leagues and Round Robin play for all levels and ages

Individual Lessons and Clinics by tennis professionals for adults and children

### LYONS PARK TENNIS CENTER -

5-LIGHTED LAYKOLD COURTS 180 Lyons Park Ave., Mobile, AL 36603 Phone: 694-1830 - Fax: 690-7730 HOURS OF OPERATION: MON.- THURS.-3 p.m.-9 p.m. FRI.-CLOSED

SUN.-12 p.m.-5 p.m. SAT.- 8 a.m.-1 p.m. Fees: \$4 days and \$5 under lights

Students & Seniors \$1.00 days and \$1.50 under lights

Hours subject to change based upon participation and inclement weather.

Open to the Public

Special tickets are available. Ask City Desk Attendant.

Tennis Lessons for adults and children USTA National Junior Tennis League BATA Adult League

Lockers and Showers are available.

#### **HIGH SCHOOLS:**

LeFlore High School lighted courts Davidson High School lighted courts School courts are for public use after 4 p.m.

### **'LIKE' us on FACEBOOK** facebook.com/communityactivitiesprogram

## COTTAGE HILL **GYMNASTICS** CENTER

Phone: 666-0559 or 208-1637

Location: Cottage Hill Park, 1711 Hillcrest Rd. (Between Grelot Rd. & Cottage Hill Rd.)

#### 08-617 PRESCHOOL **MOVEMENT EDUCATION**

(AGES 3, 4, & 5) Children MUST be potty trained to attend class. Introduction to gymnastics apparatus. Body awareness, balance and self-

confidence are developed through introduction to the world of exercise and fun. Session 1: Mon. & Wed., Jan. 12-Feb. 11 2-2:45 p.m. (5 wks.) \$50 OR Tues. & Thurs, Jan. 13-Feb. 12 9:30-10:15 a.m. (5 wks.) \$50 (5 wks.)

OR Saturday, Jan. 17-Feb. 14 (5 wks.) \$35 9-10 a.m. Session 2: Mon. & Wed., Feb. 23-Apr. 1 2-2:45 p.m. (6 wks.) \$55 OR Tues. & Thurs., Feb. 24-Apr. 2 9:30-10:15 a.m. \$55 (6 wks.) OR Saturday, Feb. 28-Mar. 28 \$35 9 - 10 a.m. (5 wks.) Session 3: Mon. & Wed., Apr. 13-May 20 2-2:45 p.m. (6 wks.) \$55 OR Tues. & Thurs., Apr. 14-May 21 9:30-10:15 a.m. (6 wks.) \$55

#### 08-614 KINDER-GYM (AGES 18 MO-3 YEARS)

OR Saturday, Apr. 18-May 16

9 - 10 a.m.

À class for toddlers that will teach basic tumbling, body awareness, balance and selfconfidence in a relaxed gymnastics environ-

(5 wks.)

\$35

ment! Adult must participate with the child. Instructor: Chelle Ferguson Session 1: Friday, Jan. 16-Feb. 13 8:30-9:30 a.m. OR 9:30-10:30 a.m. (5 wks.) Session 2: Friday, Feb. 27-Mar. 27 8:30-9:30 a.m. OR \$35 9:30-10:30 a.m. (5 wks.) \$35 Session 3: Friday, Apr. 17-May 15 8:30-9:30 a.m. OR 9:30-10:30 a.m. (5 wks.) \$35

#### YOUTH CLASSES

This class teaches progressive skills on trampoline and other gymnastics equipment. Flexibility, strength, balance and coordination are enhanced through participation in this program.

### **08-618 YOUTH GYMNASTICS**

**MUST BE 5 BY FIRST CLASS** Session 1: Tues. & Thurs., Jan. 13-Feb. 12 4-5 p.m. (5 w OR Saturday, Jan. 17-Feb. 14 (5 wks.) \$60 10-11 a.m. (5 wks.) \$35 Session 2: Tues. & Thurs., Feb. 24-Apr. 2 4-5 p.m. (6 w OR Saturday, Feb. 28-Mar. 28 (6 wks.) \$65 (5 wks.) \$35 10 - 11 a.m. Session 3: Tues. & Thurs., Apr. 14-May 21 (6 wks.) \$65 OR Saturday, Apr. 18-May 16 10 - 11 a.m. (5 wks.)

### 08-615 YOUTH GYMNASTICS (9-12 YEARS)

Session 1 Saturday, Jan. 17-Feb. 14 11-12 p.m. \$35 (5 wks.) Session 2: Saturday, Feb. 28-Mar. 28 11 - 12 p.m. (5 wks.) \$35 Session 3: Saturday, Apr. 18-May 16 (5 wks.) \$35 11 - 12 p.m.

# 08-672 BEGINNING TUMBLING (5-10 YEARS)

This class is designed to introduce younger students to the various components of tumbling. Primarily: cartwheels, round-offs, back walkovers, and back handsprings.

Session 1: Tues. & Thurs., Jan. 13-Feb. 12 5-6 p.m. (5 wks.) \$60 Session 2: Tues. & Thurs., Feb. 24-Apr. 2 (6 wks.) Session 3: Tues. & Thurs., Apr. 14-May 21 (6 wks.) 5-6 p.m.

### **08-691 CHEER TUMBLING**

(AGES 10 AND UP) (Emphasis on tur tumbling aspect cheerleading) A must for students preparing for middle school or high school level cheerleading.

Session 1: Mon. & Wed., Jan. 12-Feb. 11 6-7 p.m. (5 wks.) \$ Session 2: Mon. & Wed., Feb. 23-Apr. 1

### COTTAGE HILL GYMNASTICS CENTER GYMNASTICS CONTINUED

(6 wks.) \$65 Session 3: Mon. & Wed., Apr. 13-May. 20 6-7 p.m. (6 wks.) \*\* Tues. & Thurs. Session 1: Tues. & Thurs., Jan. 13-Feb. 12 6-7 p.m. (5 wks.) Session 2: Tues. & Thurs., Feb. 24-Apr. 2 6-7 p.m. (6 wks.) Session 3: Tues. & Thurs., Apr. 14-May 21 6-7 p.m. (6 wks.)

bling skills and is an excellent safety course for those families with backyard trampolines. Session 1: Mon. & Wed., Jan. 12-Feb. 11 4-5 p.m. (5 wks.) Session 2: Mon. & Wed., Feb. 23-Apr. 1 4-5 p.m. (6 wks.) \$65 Session 3: Mon. & Wed., Apr. 13-May. 20 4-5 p.m. (6 wks.)

08-692 INTERMEDIATE

perience

5-6 p.m.

TRAMPOLINE & TUMBLING

Session 2: Mon. & Wed., Feb. 23-Apr. 1 5-6 p.m. (6 wks.) Session 3: Mon. & Wed., Apr. 13-May. 20 5-6 p.m. (6 wks.)

NO CLASS: January 19, February 16-21

PARENTS ARE INVITED TO FIRST & LAST CLASS ONLY

PARENTS: PLEASE NOTE THAT CLASSES FILL UP QUICKLY. IT IS BEST TO REGISTER FOR THE ENTIRE QUARTER. NOTE REFUND POLICY.

### **08-692 BEGINNING TRAMPOLINE &**

This class teaches basic trampoline and tum-

### TUMBLING (5 & UP)

## SPECIAL ACTIVITIES THERAPEUTIC RECREATION/ADULT CENTER

\$60

(5 wks.)

For students with moderate gymnastics ex-

Session 1: Mon. & Wed., Jan. 12-Feb. 11

**Special Activities Office 208-1651** Program Supervisor: Ella Austin-Mooney Phone: 251-208-1668

Location: Therapeutic and Senior Activity Center (T-SAC) 261 Rickarby St. (formerly Woodcock Elementary) Therapeutic Recreation Specialist: Marie Beard Phone: 251-208-1669

Location: City of Mobile Adult Center 1301 Azalea Rd. Therapeutic Recreation Specialist: Heidi Hanchey Phone: 251-666-3922

Location: Therapeutic Recreation Program (Adult Center) 1301 Azalea Rd. Therapeutic Recreation Specialist: LaDarrel Bell Phone: 251-666-6053

Class sizes are limited. Please call the location and pre-register for all classes. Pre-Registration determines if a class will meet or if it will be cancelled.

Location: Adult Center Please call Heidi Hanchev at 251-666-3922

#### ARTS AND CRAFTS

#### 15-310 WOODCARVING

Come use our tools and learn this craft of old. The Delta woodcarvers share their skills and show you how to carve your own work of art. FREE Class

Instructor: Ron Johnson First Mon. of every month: 3-6 p.m.

#### 15-391 OIL\ACRYLICS

Designed for beginners, as well as those with some experience. Supplies not included. Instructor: Diane

**Everett** Wed. 9:30-12:30 p.m.

. Jan. 14-Feb. 4 Feb. 11-Mar. 4

(4 wks.) (4 wks.)

#### Mar. 11-Apr. 1 (4 wks.) \$36 (4 wks.) Apr. 8- Apr. 29 \$36 (4 wks.) May 6- May 27 \$36

#### **15-392 OIL, ACRYLICS &** WATERCOLOR

Learn the basics for beginners, as well as the techniques for the more experienced. Supplies not included.

Instructor: Kay Rodriguez

Thurs. 1-4 p.m. Jan. 15-Feb. 5 (4 wks.) \$36 (4 wks.) (4 wks.) Feb. 12-Mar. 5 \$36 Mar. 12-Apr. 2 \$36 Apr. 9-Apr. 30 \$36 (4 wks.) May 7- May 28 (4 wks.) \$36

#### **GAMES**

#### 15-361 BINGO

Bingo for our Senior Adults. Each class limited to 20. Call for dates and to

sign up!

#### 15-362 BUNCO CLUB

A great game every-one can play. No skill or strategy involved. You <u>MUST PRE REGISTER</u> to play. Limited space.

\$5 per meeting

#### 15-363 BRIDGE FOR BEGINNERS

This class starts with the basics. Includes lecture, explanation & playing time. Instructor: Sarah Crawford Mon. 10 a.m.-12 p.m. \$36

\$36

Jan. 12- Feb. 16 (6 wks.) Apr. 6-May 11 (6 wks.)

#### 15-364 **BRIDGE BRUSH-UP** Focus is on re-

hasic view of bridge skills and play of hand. Class is limited to 8.

Instructor: Sarah Crawford Wed. 10 a.m. -12 p.m. Jan. 14-Feb. 18

(6 wks.) \$36 Apr. 8-May 13 (6 wks.) \$36



Register Early! Some classes are limited.

### THERAPEUTIC AND SENIOR RECREATION PROGRAM ADULT CENTER

### 15-365 BRIDGE SUPERVISED PLAY

MUST HAVE TAKEN BRUSH UP BRIDGE. CLASS LIMITED TO EIGHT Instructor: Sarah Crawford

Thurs. 10 a.m. - 12 noon Jan. 15- Feb. 19 (6 wks.) \$36 Apr. 9- May 14 (6 wks.)

### **15-366 CANASTA HAND AND FOOT** Every Mon. & Tues. 2-5 p.m.

#### 15-368 ROOK

Learn to play Rook by the Masters Game Rules and practice up with us for Masters Games Competition in October. Every Thurs. 10 a.m.-12 p.m.

#### **FITNESS**

# 15-331 TNT (TONING AND TIGHTENING) ALL AGES Class consists of exercise for the waist,

chest, abdomen, hips, thighs, and arms (no Aerobics). All classes will be held in air-conditioned room. Please bring a towel or mat.

Instructor: Irene Callaway Tues. 10:30-11:00 a.m. No class on Mar. 4 and Apr. 15

Jan. 13-Mar. 10 (8 wks.) \$12 Mar. 24- May 19 \$12 (8 wks.) off Spring break

15-330 BASIC YOGA

Bring sticky mat and regular towel. Instructor: Irene Callaway Tues. 11:00-12:00 p.m.

Jan. 13- Mar. 10 (8 wks.) \$24 Mar. 24- May 19 \$24 (8 wks.) off Spring break

### 15-332 SIT AND BE FIT CHAIR EXERCISES AND WALKING CLUB

This class is for inwho dividuals prefer to stay seated, or may be confined to a wheelchair.

Mon.-Fri. 8:30-9:30 a.m.



**Location: T-SAC** (former Woodcock Elementary) Please call Marie Beard @ 251-208-1668 for classes below

#### SPECIAL EVENTS: **CALL FOR DATES & TIMES**

Please call to register for all classes.

#### SENIOR RECREATION

WALKING CLUB Mon., 9:30 a.m. -10:00 a.m. SWING OUT Mon., 5:00 p.m. -7:00 p.m. Tues., 10:30 a.m.-12:00 p.m. Wed., 10:00 a.m.-5::00 p.m.

#### **BID WHIST**

Thurs., 10:00 a.m.-5:00 p.m. ARTS & CRAFTS

Thurs., 10:30 a.m.-12:30 p.m. Sat., 10:00 a.m.-12:00 p.m.

Open Tuesdays, Wednesdays, and Thursdays from 10:00-5:00 FOR GAME ROOM FUN INCLUDING POOL TABLE. DOMINOES AND PUZZLES. CABLE TV AND WIFI available.

**Location: Therapeutic** Recreation Program (Adult Center) 1301 Azalea Rd. **Therapeutic Recreation** Specialist: LaDarrel Bell Phone: 251-666-6053

#### THERAPEUTIC PROGRAMS

#### **POPCORN AND MOVIE**

Wed., 10:30 a.m.-2:30 p.m. BINGO AND LUNCH Wed., 10:30 a.m.-2:30 p.m.

Location: Therapeutic Recreation-Adult

Please call LaDarrel Bell @251-666-6053 for classes below

No Classes Feb. 17 or Apr. 6 - 10

## BASKETBALL SKILLS & DRILLS (AGES 8 & UP)

Develop and improve your fundamental basketball skills by learning essential drills and plays. Engage in teamwork during scrimmage to become a more effective offensive and defensive player.

Instructor: Staff Sat. 9-11 a.m. Jan. 17 \$8 \$8 Feb. 21 \$8 Mar. 21

PICKLEBALL (AGES 8 & UP)
Learn to play this fun game, which is a combination of ping-pong, badminton, and tennis. This aerobic activity is great for improving hand-eye coordination.

Instructor: Staff Tues. 1-3 p.m. Jan. 13-May 19

\$8 per class

#### **DRUMS FOR BEGINNERS &** INTERMEDIATE AGES 5 & UP

Learn to play different rhythms and use different techniques on various percussion instruments.

(MUST PRE-REGISTER) Instructor: Staff Wed. 5-6:30 p.m. Jan. 14-May 20 \$25 (due first day of class)

LINE DANCING (ALL AGES)
Dance to new and old R&B and country tunes, including Wobble, Boot Scootin' Boo-gie, Electric Slide, Cotton Eye Joe, and much more.

Instructor: Staff Tues. 4- 6 p.m. Jan. 13-May 19

**FREE** 



#### LET'S GO FISHING (AGES 9 & UP)

Learn to hook your bait, cast your rod, and try to reel in a big one. (MUST PRE-REGISTER. SPACING IS LIMITED. MINORS MUST BE ACCOMPANIED BY AN ADULT)

Instructor: Staff Sat. 8 a.m.-12 p.m. Apr. 24

\$10

#### **WII PLAY**

Move and have fun playing interactive games on the Nintendo Wii, including as bowling, baseball, dance and much more.

Instructor: Staff

Mon. 10:30 a.m. - 12:30 p.m. Jan. 12-May 18

**FREE** 

#### BINGO

Enjoy socializing with friends and winning cool prizes, while playing this classic game. Great game for adults with special needs.

Instructor: Staff Thurs. 10:30-11:30 a.m. Jan. 15-May 21

**FREE** 

Create your own strategy to win this fun card game. Great game for adults with special needs. Instructor: Staff Thurs. 11:30 a.m.-12:30 p.m. Jan. 15-May 21 FREE

**KARAOKE & HOT COCOA**Sing along and dance to your favorite tunes. Enjoy a complimentary cup of hot cocoa.

Location: Adult Center Instructor: Staff Mon. 2-3:30 p.m. Jan. 12-May 18

**FRFF** 



NO personal checks will be accepted as payment for classes.

Cash. Credit Cards (VISA. Mastercard, AMERICAn Express), Money Orders and Debit Cards ONLY

### Special Activities S.T.A.R.

# S.T.A.R. PROGRAM STUDY TIME AND RECREATION BEFORE SCHOOL AND AFTER SCHOOL CHILD CARE

August 7, 2014 to June 1, 2015



PROGRAM FEES

BEFORE SCHOOL: \$20.00 per week
AFTER SCHOOL: \$35.00 per week
BEFORE & AFTER SCHOOL \$45.00 per week
Drop IN: \$10.00 per day

REGISTRATION FEE PER CHILD: \$15.00

SCHOOL LOCATIONS:

AUGUSTA EVANS SPECIAL FONDE ELEMENTARY
OLD SHELL ROAD MAGNET

# Have you made plans for your child this summer?

Consider the City of Mobile
SUMMER ADVENTURE CAMP
REGISTRATION BEGINS APRIL 1, 2015

Registration fee: \$60.00

(Registration fee to be paid separate by cash or money order)

Weekly fee: TBA Locations: TBA

#### SUMMER CAMP BEGINS JUNE 2, 2015

Must provide a daily lunch for your child WE ACCEPT CHILD CARE SOUTH - CALL 251-208-1651 OR 251- 208-1668

FOR MORE INFORMATION REGISTER EARLY TO RESERVE YOUR

CHILD'S SPOT

AT THE MAIN OFFICE OF PARKS AND RECREATION

48 N. Sage Ave

8:00 AM - 4:00 PM

LIMITED SPACE AVAILABLE

\*\*Big Kahuna Trip, Destin, Florida planned at the end of Summer Camp\*\*

Cost: TBA

# Special Activities Holiday Camps

Christmas Camp: Dec 19, 2014 to Jan 5, 2015 Camp will be closed Dec 25, Dec 26 and Jan 1 Mardi Gras Camp: Feb 18, 2015 to Feb 20, 2015 Spring Break Camp: April 6, 2015 – April 10, 2015 CALL 251-208-1651 OR 251- 208-1668

FOR MORE INFORMATION

\*Camps are Monday thru Friday unless noted\*

# THE COMMUNITY ACTIVITIES PROGRAM

"A Continuing Education Program"
...is a joint venture of the City of Mobile
And the Mobile County School System

Mayor, City of Mobile William S. Stimpson

Superintendent of Mobile County Public Schools Martha L. Peek

> Director of Parks & Recreation Daniel Otto

Superintendent of Recreation Julious C. Shine

Supervisor of Community Activities Mellanie Poole Johnson

## **HOW TO REGISTER**

Registration is accepted on a first come-first serve basis. Many classes have limited enrollment. Please register early!

### **Please Note:**

All activities paid for by credit/debit card are subject to a 3% non-refundable surcharge.

#### 1. MAIL

Beginning Jan. 5, you may mail your completed registration form, with payment enclosed, to:Community Activities Program (location of class) 48 N. Sage Ave., Mobile, AL 36607-2653

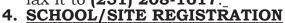
Payment may be made by money order, American Express, MasterCard or Visa. Money Orders should be made payable to: **City of Mobile**. NOTE: Due to the possibility of postal delays, we recommend that you register by fax, telephone or in person.

#### 2. TELEPHONE

Monday - Friday, 8:00 a.m. to 5:00 p.m. The telephone number for the Registrar's Office is **(251) 208-1607**. Please have course number(s), credit card number and expiration date ready.

#### 3. FAX

You may register by fax, 24 hours a day, 7 days a week with American Express, MasterCard or Visa. Please complete the registration form and fax it to **(251) 208-1617**.



Jan. 6 – 15, 4:00 pm to 8:00 pm at the following locations: Davidson, LeFlore, Murphy, Pillans and Volunteers of America. For registration after January 15, please check headings in this brochure for the days and times that the coordinator will be on site to handle your registration. The school secretaries and staff are not prepared to handle registration.

#### 5. <u>IN-PERSON REGISTRATION</u>

Monday - Friday, 8:00 am to 4:00 pm. (except city holidays\*) Please visit the Main Office lobby (48 N. Sage Ave.) Payment may be made by cash, money order, American Express, MasterCard, Visa or bank debit card. Money Orders should be made payable to: City of Mobile.

\*CITY HOLIDAYS: Jan. 19, 2015 - Martin Luther King, Jr. Day , Feb. 16-17, 2015 - Mardi Gras, May 25, 2015 - Memorial Day

**EARLY REGISTRATION IS ENCOURAGED.** Pre-registration determines if a class will meet or if it will be cancelled. Only registered students can be contacted if a class is cancelled.

### **REFUND POLICY**

- 1. Failure to attend a course does not constitute withdrawal; refunds must be requested by telephone, mail or in person.
- 2. A full refund (less \$1.00 for processing) will be given upon withdrawal one full week (7 calendar days) before the first class meeting. ... EXAMPLE: If your class begins on March 18. For a full refund (less \$1.00), the request must be made by March 11.

3. After the seven days and before the second class the student will be given a 75% refund.

- 4. The student must request ALL refunds. Our telephones are answered 24 hours a day. When you call, give the name of the class, the class site, your name, the student's name, and the telephone number where you can be reached between 8 a.m. and 5 p.m. A member of our staff will return your call the following business day.
- 5. After the second class no refunds will be given.

6. If a class is cancelled due to insufficient enrollment, the full class fee will be refunded

7. Please allow 4-6 weeks for delivery of refund check. Credit Card refunds are processed within 24 hours from your request.

### **Registration Form**

Make money orders payable to: CITY OF MOBILE

Mailing address: Community Activities Program (school/site) 48 N. Sage Ave. Mobile, AL 36607-2653 No personal checks accepted Name: (on credit card if applicable) Billing Address: City: \_\_\_\_\_ State: \_\_\_\_ Zip Code: \_\_\_\_ Work #: \_\_\_\_\_ Home #: \_\_\_\_ Cell #: \_\_\_\_ E-mail Address: Course I.D. Date Fee Class Title Student Name 1\_\_\_\_\_ \$\_\_\_\_\_ 2\_\_\_\_\_ \$\_\_\_\_ \_\_\_\_\_ 3\_\_\_\_\_ \$\_\_\_\_ 5\_\_\_\_\_ \$\_\_\_\_\_ 6\_\_\_\_\_ \$\_\_\_\_ \_\_\_\_ 7 \_\_\_\_\_ \$\_\_\_\_ \_\_\_ \_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ Sub-total \$\_\_\_\_\_ Card fee \$ (note: activities paid for by credit/debit are subject to a 3% non-refundable surcharge) TOTAL \$\_\_\_\_\_ ☐ MasterCard ☐ American Express ☐ Money Order ☐ Visa □ Cash Credit Card No. **Expiration Date:** \_/\_\_\_\_/\_\_\_\_

### **REFUND POLICY**

- 1. FAILURE TO ATTEND A COURSE DOES NOT CONSTITUTE WITHDRAWAL. Refunds must be requested by telephone, mail or in person.
- 2. A full refund (less \$1.00 for processing) will be given upon withdrawal one full week (7 calendar days) before the first class meeting. For example, if a class begins on **September 31**, the request must be made by **September 31** in order to receive a full refund (less \$1.00). **After the seven days and before the second class, the customer will be given a 75% refund**.
- 3. The customer must request ALL refunds. Our telephones are answered 24 hours a day. When you call, give the name of the class, the class site, your name, the student's name, and the telephone number where you can be reached between 8 a.m. and 5 p.m. A member of our staff will return your call the following business day.
- 4. After the second class no refunds will be given.
- 5. If a class is cancelled due to insufficient enrollment, the full class fee will be refunded.
- 6. Please allow 4-6 weeks for delivery of refund check. Credit Card refunds are processed within 24 hours from your request.