Imagine the Possibilities

Discover Pleine Aire Painting, Scrapbooking, Fiction Writing and dozens of other engaging courses. Pages 2-8

He’s a hunter - you’re a gatherer. Learn how to find more harmony and satisfaction in your relationship. Page 15

XCELERATE
Help your kids dream big this summer! Xcelerate enrichment camps begin June 9!
See pages 11-14.

SUMMER 2014 COMMUNITY EDUCATION
waubonsee.edu/communityed
COMMUNITY EDUCATION
IMAGINE THE POSSIBILITIES

SUMMER 2014
Offering Classes for Everyone

Looking for short, intense courses designed to improve your skills at work?
Flip this book over and browse the offerings of the college’s Workforce Development department. Classes are offered in such topics as CAD, Communication, Computers, Food Service and Sanitation, Health Care, and Office Essentials.

Personal Enrichment Courses  
Total Fitness Center  
Fitness and Wellness  
Trips and Tours  
Xcelerate for Kids and Teens  
Special Events

GENERAL INFORMATION
(Found in center section of schedule)
Registration Forms  
Registration Information and Payment Policies  
How to Read the Class Schedule  
Where Classes Meet and F.Y.I

www.waubonsee.edu/communityed
## PERSONAL ENRICHMENT COURSES

### COURSES

### COMPUTERS AND TECHNOLOGY

#### Computers 101
New to computers? This relaxed class is designed to meet you at your skill and comfort level. Discover everything from how to use a keyboard to how to use the Internet. Test out scanners, USB devices, and printers. Use Microsoft Office 2013 software to create a full-featured, color brochure. Don’t worry, its easy! **CLASS FEE: $79**

143INT804.600  (30981)  6:30pm-8:30pm  T  HCC101  Staff
**Meets between: July 8-July 29**

#### Web Design 101
Arrive with an idea and build a "starter" website or just practice with a ready-made template. Learn Photoshop and Dreamweaver basics. Include photos and links. Begin HTML coding. Advanced topics such as Cascading Style Sheets, and PayPal account setup are offered, as time allows. Cost-effective site launch through reputable service providers is also discussed. **CLASS FEE: **$79

143INT840.600  (30980)  6:30pm-8:30pm  T  HCC106  Staff
**Meets between: June 10-July 1**

#### How Much is it Worth?
Find out if that vase your great aunt gave you is worth a fortune or barely enough for decaf cappuccino. Whether it’s a family heirloom or unwanted items from your college days, use online resources to discover its pedigree and value. Bring as many items as you wish and work with experienced internet seller Diane Desmond (and your classmates) to find out what they are and what they’re worth. **CLASS FEE: **$29

143INT815.600  (30981)  6:30pm-8:30pm  T  HCC106  Staff
**Meets on: June 24**

#### How to Sell Your Used Treasures Online
You’ve cleaned out the basement, now turn all those unwanted items into cash. Learn how and where to sell for maximum profit from experienced internet seller Diane Desmond. Of course, e-Bay is an option, but there are many more online auction and listing sites available to you as well. Bring an item to class and get hands-on practice in how to research, list, sell, and even ship properly. **CLASS FEE: **$49

143INT809.600  (30978)  6:30pm-8:30pm  T  HCC106  Desmond
**Meets between: July 8-July 15**

## ARTS

### Ceramics
Design and create your own pottery using basic handbuilding and wheel-throwing techniques demonstrated by Mary DeRose. Practice the best ways for decorating and glazing processes, and your personal creations will be fired in the campus kiln. New students learn basic techniques; continuing and advanced students have the opportunity to expand their skills. **CLASS FEE: **$179

143ART807.600  (30985)  6:00pm-9:00pm  T  CER104  DeRose
**Meets between: June 10-Aug. 12**

### Plein Air Painting
**NEW!** Experience the joys of open air painting on the beautiful Sugar Grove Campus. Popularized by the French Impressionists, Plein Air painting frees the artist from the confines of the studio and presents a unique opportunity to capture the beauty of a timeless landscape bathed in natural light. MFA artist Andrew Blair guides you in the essentials and helps you begin your life-long love affair with Plein Air painting. **Note: Email communityed@waubonsee.edu for a supply list. **CLASS FEE: **$89

143ART818.820  (30721)  9:00am-11:30am  Sa  WGL120  Blair
**Class will not meet on July 5. Meets between: June 14-July 26**

### Figure Drawing
**NEW!** Learn to draw the clothed and unclothed human form with MFA artist Andrew Blair. Study posture, movement, angle of view, contour and simple anatomy through gesture and multiple class drawings. Explore value/shading and how to capture light in the construction of your drawing. This course is perfect for those who’ve taken Beginning and Continued Drawing or have an equivalent level of experience. **Note: Email communityed@waubonsee.edu for a supply list. **CLASS FEE: **$109

143ART836.600  (30721)  6:30pm-9:00pm  Th  WGL120  Blair
**Class will not meet on July 3. Meets between: June 19-July 31**

### Beginning Italic Calligraphy
Who says that beautiful handwriting is a dying art? Learn italic calligraphy - the most versatile and popular of all styles - and turn any quotation into a work of art! Other uses for italic calligraphy you'll cherish for years to come include invitations, hand written letters, and cover pages for scrapbooks. Fine art and design instructor Lauren Davies will show you what you can do with pen, ink, and a little practice! Fee includes: all materials. **CLASS FEE: **$109

143ART822.600  (30984)  6:30pm-8:30pm  T  WGL120  Davies
**Meets between: June 17-July 15**

### Beginning Uncial Calligraphy
**NEW!** Lauren Davies, fine art and design instructor shows you how to turn ordinary words into beautiful works of art! Pronounced "un-shell", uncial calligraphy is a slightly formal, Gothic-style of calligraphy characterized by round uppercase letterforms. Learn how to draw these beautiful letterforms with a chisel-edged pen dipped in ink. Designing layouts and turning your favorite quotations into works of art will be covered. Fee includes: all materials. **CLASS FEE: **$49

143ART828.600  (30984)  6:30pm-8:30pm  T  WGL120  Davies
**Meets between: July 29-Aug. 5**
Online Learning

Anytime, anywhere – just a click away

Summer 2014

• Start Your Own Arts and Crafts Business
• Writing for Children
• The Craft of Magazine Writing
• Beginner’s Guide to Getting Published
• Interpersonal Communication
• Start Your Own Edible Garden
• Skills for Making Great Decisions
• Where Does All My Money Go?
• Real Estate Investing
• Protect Your Money Credit and Identity

Find these courses and more at

www.ed2go.com/waubonsee

CRAFTS

Summer Jewelry Making Workshop
NEW! Handcraft one-of-kind beaded jewelry in this fun summer workshop led by design expert Janis Madison. Create bracelets, necklaces or earrings and discover just how easy and inexpensive it is to make your own beautiful jewelry. You’ll leave each class session with a completed piece. Note: All materials, including beads and tools, are provided in the workshop - you don’t need to bring a thing except yourself! CLASS FEE: $39
143ART826.600 (30719) 6:30pm- 8:30pm Th WGL125 Madison
Meets between: June 19-June 26

Intaglio Printmaking
NEW! Personalize your invitations, scrapbooking paper, cards, stationary, artwork, and more! In this workshop professional gallery artist and educator Rhiannon Hunter, will teach you easy, hand-made printmaking. Techniques of focus will include intaglio relief and hand-made stamps. You’ll learn introductory printmaking skills, and explore printmaking techniques by utilizing every day materials to customize your own memorable keepsakes. Beginners are welcome! Bring a sketchbook and your imagination. Fee includes: all materials except sketchbook. CLASS FEE: $69
143ART867.600 (30975) 6:30pm- 9:30pm T WGL125 Hunter
Meets between: June 17-June 24

T-Shirt Printmaking
NEW! Ever wanted to design your own t-shirt or bag? Interested in revamping that dull living room wall, or spicing up that old cabinet? In this course with professional gallery artist and educator Rhiannon Hunter, you’ll learn easy, hand-made printmaking. Discover introductory printmaking skills, and explore the printmaking techniques of stenciling and iron-on transfers. Beginners are welcome! Drawing skills are not required. Bring a blank T-shirt or tote to print on. Fee includes: all materials except t-shirt or tote. CLASS FEE: $69
143ART868.600 (30976) 6:30pm- 9:30pm T WGL125 Hunter
Meets between: July 8-July 15

Scrapbooking Memories
NEW! Preserve your sentimental memories and design the keepsake of your dreams by learning to scrapbook with style. In just two workshops, professional gallery artist and educator Rhiannon Hunter will help you select an event or theme and instruct you about paper making, design layout, hand-made stamps, and artistic journaling to add emphasis to your scrapbook pages. Note: Bring photos you would like to use in this project, a scrapbook, and any scrapbook paper and notions you intend on using. CLASS FEE: $59
143ART870.600 (30977) 6:30pm- 9:00pm Th WGL125 Hunter
Meets between: July 29-Aug. 5

PHOTOGRAPHY

Digital Photography
Are you interested in taking better digital pictures? Learn about choosing and evaluating memory cards, composition, transferring images to a PC or Mac, working with camera settings, backing up your precious photos on CDs, and exploring exposure. Discover more advanced features to the camera, such as depth of field, resolution, white balance settings, compression, file formats, and how to adjust color with white balance settings. Bring your digital camera to class and find out how to make your photos picture perfect! Note: DSLR or a manual mode camera is recommended. CLASS FEE: $89
143PIC810.600 (30722) 6:30pm- 9:00pm W APC165 Collins
Class will not meet on June 25.
Meets between: June 4-July 9

Better Photography for Realtors
NEW! As a realtor you know how competitive the market can be - it’s more important than ever to make sure your listings stand out from the crowd. The best way to do so is to ditch the smartphone, pick up an SLR camera and learn how to take professional quality photographs. A recent study found that homes represented with professional quality photographs were viewed longer online and sold for significantly more than those with lower quality images. Professional photographer Bob Lockwood leads this hands-on workshop on photographic techniques for realtors including effective composition and image enhancement using Adobe Photoshop. Note: Must bring an SLR (Single Lens Reflex) camera to class. Class will meet on campus and at select off-campus locations. CLASS FEE: $59
143PIC855.600 (30957) 6:30pm- 8:30pm T WCC105 Collins
Meets between: July 8-July 17
Nature Photography
Explore the natural world, capture beautiful scenery and share your observations with others. Professional photographer Donnell Collins will share his artistic vision and show you how to take captivating close-ups of nature. You’ll also find out when the best times are to photograph landscapes and discover the proper way to use an electronic flash outdoors. Gain hands on experience by taking your own photos in a natural setting. CLASS FEE: $59
143PIC811.820 (30723) 9:00am-11:00am Sa APC165 Collins
Meets between: July 12-Aug. 2

Fiction Writing Workshop
The best fiction workshops offer a strong sense of community for writers of all abilities. Finding support in the company of other writers strikes a pleasant counterpoint to the often romanticized solitary struggle of fiction writing. Through brief exercises and readings, you’ll explore the essential techniques and demystify the process of inventing stories. Lastly, you’ll workshop your own fiction - sharing in roundtable format and learning through experience, written critiques, and thoughtful discussion of each others’ work. CLASS FEE: $59
143WWS816.600 (30983) 6:30pm-9:00pm W BDE106 Staff
Meets between: June 11-July 16

Writing for Children and Teens
NEW! The best writing for children and teens needs as much craft (perhaps more!) as writing for adults. Let author Carmela Martino guide you in writing both fiction and nonfiction for young readers. Select the subject matter, point of view and voice for your intended audience. Then create appealing and engaging characters, plots and settings for various formats including magazines, picture books and novels. Register for the section ending in 600 and you’ll get verbal feedback on class assignments. Register for the section ending in 601 and you’ll get verbal and written feedback on assignments from the instructor (up to 1200 words per assignment). Note: Bring a notebook and pencil/pen.
143WWS806.600 (30724) 7:00pm-9:00pm T APC165 Martino
Meets between: June 10-July 22
Class will not meet on July 1.
Fee for this section is $59
143WWS806.601 (31003) 7:00pm-9:00pm T APC165 Martino
Meets between: June 10-July 22
Class will not meet on July 1.
Fee for this section is $79

PHOTOGRAPHY TECHNIQUES EVERY REALTOR SHOULD KNOW!
As a realtor you know how competitive the market can be - it’s more important than ever to make sure your listings stand out from the crowd.

A recent study found that homes represented with professional quality photographs were viewed longer online and sold for significantly more than those with lower quality images.

You can pay a professional photographer hundreds of dollars to take photographs for you. Or, you can sell more properties and make more money on each property by learning how to take your own professional quality photographs.

Professional photographer Bob Lockwood leads Better Photography for Realtors - a hands-on workshop on the techniques every realtor needs to know to increase sales. You’ll learn:

• Tips for effective composition.
• The settings on your camera and how to use them.
• How to enhance images enhancement using Adobe Photoshop.
• Why you should use virtual tours and other underutilized techniques.

See page 3 for more on Better Photography for Realtors and sign up today. Enrollment is limited.
MUSIC

Beginning Steel Drums  (Grades 4-12)
Use your rhythm to bring island music to the Fox Valley! As a steelpan percussionist, you’ll play a musical instrument that is easy to pick up and combines energy with fun! This class opens unique musical opportunities as you learn the functions of each drum and then play in a group ensemble. Mike Schwebke studied steelpan at NIU, taught at ETSO, and performs and records with several musicians and groups. CLASS FEE: $79
143MUS708.001 (30986) 10:00am-11:30am Th  VON137 Schwebke
Meets between: June 19-Aug. 7

Class Guitar I
This course provides beginning guitar instruction in playing and reading chords, chord symbols, picking, strumming patterns, reading musical notation and playing chord progressions, and a variety of guitar styles. Note: Guitar must be brought to the first class. For credit course see MUS154 in the credit schedule. CLASS FEE: $210
143MUS890.600 (30987) 6:00pm-8:30pm T  VON230 Tisch
Meets between: May 20-July 29

Class Instruction in Piano I
This course provides beginning instruction in piano and is conducted in the electronic piano lab. No previous background needed. Students learn music notation, chords and harmonization. Music study includes popular, folk and classical music for beginners. Note: For credit course see MUS151 in the credit schedule. CLASS FEE: $210 * LAB FEE: $30
143MUS989.600 (30988) 5:30pm-7:20pm MW  VON231 Schmidt
Meets between: June 9-July 30

WORLD LANGUAGES

Learn a Little Spanish
Overcome your fear of learning a new language in this six week class. Designed for individuals who have had no previous Spanish experience but want to start speaking and understanding the language. You’ll begin to feel comfortable using Spanish both in class and in the real world. Class will be taught at a slow pace and will start from the beginning of learning the Spanish language. Follow this class with Learn More Spanish. Note: Required text available at Waubonsee Bookstore. Email communityed@waubonsee.edu for title. CLASS FEE: $99
143LAN805.600 (30982) 6:30pm-9:00pm M  BDE217 Staff
Meets between: June 9-July 14

COOKING AND CULINARY

Sweet Perfection in a Jar
It’s easier than you think to make your own delicious jams and jellies. Learn the simple steps to creating sublime homemade jams and jellies that are superior to any store bought product. Choosing the best fruit, safety, and the differences between the various types of fruit preserves will be covered. You’ll leave class with a jar of your own sweet perfection to enjoy. Fee includes: all materials. CLASS FEE: $59
143EAT843.600 (30979) 6:30pm-9:30pm T  WGL120 Desmond
Meets on: Aug. 12

HOME AND GARDEN

Creating Great Spaces
Get started on creating your great space with the help of professional interior designer Kelly Desmond. Learn the key principles of interior design (such as balance, focal point, color, pattern, and lighting) and how to apply these to your own home without breaking the bank. For some personalized advice, bring photos of a space you wish to transform. Follow with our short courses The Finishing Touch and From Bland to Grand for a complete introduction to decorating. CLASS FEE: $59
143HOM801.600 (30953) 6:30pm-9:00pm W  BDE107 Desmond
Meets between: June 11-June 25

The Finishing Touch
Whether you’re undertaking a complete remodel or just want to refresh a room - accessories, window treatments, and fabrics are the keys to a beautiful finished look. Professional interior designer Kelly Desmond helps you navigate the many options available and shows you how to mix and layer elements to create a designer look without busting your budget. CLASS FEE: $39
143HOM804.600 (30954) 6:30pm-9:00pm W  BDE107 Desmond
Meets between: July 9-July 16

From Bland to Grand: Rearranging Your Space
Transform a room or your entire home in just one day without spending a dime! Professional interior designer Kelly Desmond reveals how to rearrange your existing furniture and accessories to create a beautiful new look. By learning the fundamentals of furniture arrangement and how to avoid the most common mistakes, you’ll be ready to tackle your own project. For personalized advice, bring photos and/or a floor plan of a space you wish to rearrange. CLASS FEE: $39
143HOM802.600 (30955) 6:30pm-9:00pm W  BDE107 Desmond
Meets between: July 30-Aug. 6

MIND AND BODY

Hatha Yoga for Beginners
Experience the benefits of Hatha Yoga. Firm and tone your body while learning how to reduce stress, improve balance, flexibility and concentration. Designed for those new to Hatha Yoga, you will learn specific postures in combination with controlled breathing, as well as how to focus on breathing and relaxation techniques. Wear loose, comfortable clothing and bring an exercise mat. CLASS FEE: $55
143MNB801.600 (30960) 8:00pm-9:00pm W  ELCC Hardesty
Meets between: June 11-July 30

Meditation
Centering and calming is as fast as 1 - 2 - 3 breaths with Piko-Piko meditation. Take a journey to see how real your imagination is. Create a mental garden to see the inner sight on your life. Meet your spiritual, health, financial, and relationship advisors. Change a bad dream or memory that is keeping you in the past and not in the power of the NOW. CLASS FEE: $29
143MNB809.600 (30964) 6:30pm-9:00pm W  BDE108 Drake
Meets on: July 9
PERSONAL ENRICHMENT COURSES

Psychic Development
Everyone has their own psychic gifts of awareness. Let metaphysics expert Jana Drake teach how to determine your distant or future events based on visions using scrying methods. Enhance your intuitive inner knowing by using sensory perception, divination, dowsing, mandalas of empowerment and more. Bring your renewed synchronicity in your life that is uplifting, prosperous and enlightening. CLASS FEE: $29
143MNB810.600 (30966)  6:30pm- 9:00pm  W  BDE108  Drake
Meets on: July 16

Huna Healing
Create more energy, more purpose, more huna with knowledge of seven simple principles, such as “energy flows where attention goes” and bringing light, health, and balance into your life. Jana Drake has studied with Hawaiian Shaman and author Dr. Serge Kahili King on Kauai, Hawaii. Her class allows you to experience these principles, use them in divination, and learn a more powerful, yet simple, energy technique for health of yourself and others around you. CLASS FEE: $29
143MNB847.600 (30969)  6:30pm- 9:00pm  W  BDE108  Drake
Meets on: July 23

Stone Lore: No Stone Unturned
Explore the metaphysical and mystical properties of gems and stones. Learn about their myths and legends, and find out why some stones have different meanings. Discover how stones can be used for their (healing) energy properties. Delve into your experience as you choose a crystal to cleanse, personally program and take home. You will also have the opportunity to choose from a variety of stones to take one home with you. Divination and stones will also be discussed. Note: Stones and crystals provided. CLASS FEE: $29
143MNB854.600 (30970)  6:30pm- 9:00pm  W  BDE108  Drake
Meets on: July 30

TOTAL FITNESS CENTER

Fitness Center Memberships
Explore your fitness options at Waubonsee’s Total Fitness Center. We feature CardioTheater - an entertainment center that makes exercise fun; a free weight area; Cybex Eagle strength systems; and the latest in cardiovascular equipment. Highly skilled staff assist you with your exercise program and answer fitness-related questions. Call the fitness center at (630) 466-2530, for registration information and to schedule an orientation. Note: The fitness center is open to anyone 16 years of age or older.

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-Month Individual</td>
<td>$89</td>
</tr>
<tr>
<td>6-Month Individual</td>
<td>$169</td>
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<tr>
<td>Year Individual</td>
<td>$299</td>
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<tr>
<td>Year Couple (two people, same household)</td>
<td>$469</td>
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<tr>
<td>Additional Third and Fourth Member</td>
<td>$129</td>
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<tr>
<td>Additional Fifth Member</td>
<td>$59</td>
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</tbody>
</table>

*Requires corresponding Year Couple membership.

Daily passes and monthly memberships are also available by visiting the Total Fitness Center in Erickson Hall.

Daily Pass: $8
Monthly Membership: $35

Prices subject to change without notice.

OFFERING A COMPLETE HEALTH AND FITNESS EXPERIENCE WITH QUALITY AND VALUE YOU CAN FEEL GOOD ABOUT!

PROGRAMS
Lifestyle/Fitness Assessments
Individualized Exercise Programs
Personal Training
Group Training Opportunities
Motivational Incentive Activities

FACILITIES
Cybex Strength Training Machines
Free Weights
The Latest in Cardiovascular Equipment
CardioTheater Entertainment Center
Locker Rooms with Showers
Complimentary Workout Towels

HOURS:
Mon.-Thur. 5:30 a.m.-8 p.m.
Fri. 5:30 a.m.-7 p.m.
Sat. 6:30 a.m.-1 p.m.

MEMBERSHIP
Membership rate options available.
Call (630) 466-2530 to arrange your complimentary visit.

Waubonsee Community College
Erickson Hall, Rm. 131
Route 47 at Waubonsee Drive
Sugar Grove, Illinois
**FITNESS AND WELLNESS**

**Group Training**
Program participation includes small group personal training sessions that meet three times per week; accountability; weekly weigh-ins and an eight-week Total Fitness Center membership. **CLASS FEE:** $249

143FIT816.001 (30893) 8:00am-9:00am MWF ERK131 Anderson
*Meets between: June 2-July 28*

Class will not meet on July 4.

**Body Fat Analysis**
Weight alone is a deceptive indicator of body composition. Determine your percentages of body water, fat and lean mass by electrical impedance and have trained staff explain your results. Call (630) 466-2530 to schedule your appointment. **CLASS FEE:** $12

143FIT806.700 (30713) TBA ERK131 Staff

**Metabolism Matters**
Weight management success is just a simple measurement away! With BodyGem, a device used to measure your metabolism, you can easily and quickly determine your resting metabolic rate. Your metabolic measurement can then be used to determine an accurate daily calorie target designed to best assist you with meeting your personalized weight management goals. Call the Total Fitness Center at (630) 466-2530 for more information and to schedule an appointment. **Note:** BodyGem includes a metabolic measurement, a printed report of calorie budgets and a review of the results. **CLASS FEE:** $39

143FIT860.700 (30738) TBA ERK131 Staff

**DANCE**

**Belly Dance for Beginners**
Empower your mind, body and spirit while learning one of the oldest social dances in the world. Native to North Africa, Asia and the Middle East, belly dance is a whole body, low impact form of movement that can help people of all body types improve posture and muscle tone. All of our belly dance instructors have successfully passed the intensive Raksanna apprenticeship program. **Note:** Wear comfortable clothing (yoga, dance, exercise) and dance barefoot or with dance shoes. Street shoes not permitted. **CLASS FEE:** $59

143DAN888.600 (30963) 7:00pm-8:00pm W BDE150 Staff
*Meets between: May 28-July 2*

**CPR SAVES LIVES**

Four out of five cardiac arrests occur at home. The life you save is most likely to be someone you love: a child, a spouse, a parent or a friend. Learning Heartsaver CPR will provide you the basic skills for handling cardiac and breathing emergencies. To find a CPR class, flip this schedule and see Workforce Development page 16.

**Running for Beginners**
Running is a great way to launch or improve your fitness routine. You will find the support and motivation you need to accomplish your first 5K (3.1 miles). **CLASS FEE:** $49

143FIT871.001 (30890) 6:30am-7:15am T ERK131 Anderson
*Meets between: June 5-July 24*

143FIT871.002 (30891) 6:30pm-7:15pm Th ERK131 Anderson
*Meets between: June 5-July 24*

**Nordic Walking - Walking is Good, Nordic Walking is Better!**
Nordic Walking is a great total body workout for people interested in a fun physical activity with maximum health benefits. This low-stress, easy-to-master workout is fantastic for weight loss and great for your body and mind. Keep fit, toned and healthy at any age. For details and to register, call (630) 466-2530. **Note:** 30-minute private session with a certified Nordic Walking instructor; poles provided. **CLASS FEE:** $29

143FIT865.700 (30739) TBA ERK131 Staff
Fusion Fitness
Fusion Fitness is the best total body workout fitness has to offer. This 30 minute class combines Kettlebell, TRX rip training, and more to keep you moving and motivated. Fusion Fitness will burn fat while building strength. Improving your workout improves your body.
CLASS FEE: $96
143FIT878.001 (30894) 7:00am-7:30am MW ERK131 Anderson
Meets between: June 2-July 23
143FIT878.001 (30904) 6:30pm-7:00pm MW ERK131 Anderson
Meets between: June 2-July 23

Recreation and Sports

Personal Defense
This course is designed to help students acquire confidence and the ability to cope with unexpected attacks and emergencies. Self-defense techniques, including methods of preventing attacks, breaking falls and basic throw, are taught. Note: For credit course see PED118 in the credit schedule. CLASS FEE: $105
143REC890.600 (30986) 6:00pm-7:40pm MW TTK Tyson
Meets between: June 9-July 30

Horsemanship I
Horsemanship I is for the beginning or inexperienced rider and includes English riding (Saddlescut), grooming, leading, saddling and bridling. Students must have shoes (no slippers) with hard soles and low heels for riding, long pants, riding or bike helmet, tee shirts or sweatshirts (no tank tops). Note: Weight restriction of under 160 lbs. per stable requirements. For credit course see PED108 in the credit schedule. CLASS FEE: $222.50
143REC892.600 (30990) 8:00pm-9:40pm Th HUNT Marzano
Meets between: June 10-July 29

Horsemanship II
Horsemanship II is a continuation of skills learned in Horsemanship I, only more in-depth. Riders work on diagonals, simple figure work and horse psychology. Note: Maximum weight limit: 160 lbs., per stable requirements. For credit course see PED109 in the credit schedule. Prereq: Consent of instructor. CLASS FEE: $222.50
143REC893.600 (30991) 8:00pm-9:40pm Th HUNT Marzano
Meets between: June 12-July 31

Trips & Tours

Day Trips
Early registration increases your chance of getting a seat on these popular trips and tours. Please use the registration form and instructions on pages A1-A3. Unless otherwise stated, cancellations must be made four weeks prior to course departure date.

For more information on Trips and Tours please call us at (630) 466-2360.

University of Notre Dame and More
Founded in 1842, Notre Dame encompasses 1,250 acres considered by many to be among the most beautiful in the nation. After a student led tour of this renowned university, enjoy lunch at one of the student dining halls. In the afternoon, explore the Studebaker National Museum, covering over a century on wheels. Then, visit the Oliver Mansion - a 38-room Romanesque Queen Anne house built in 1895 for the Oliver family, founders of the Oliver Chilled Plow Works. Note: The Notre Dame tour is approximately two miles (1 hour 15 minutes to 1-1/2 hours) of easy walking and the museum tours are one level or elevator accessible for 1-1/2 - 2 hours. CLASS FEE: $89
143TRP864.001 (30934) 6:00am-5:30pm Th Staff
Meets on: June 12
Trip departs at 6:00 a.m. from Erickson Hall on the Sugar Grove Campus and returns to Erickson Hall at approximately 5:30 p.m. Sign up by May 27. No refunds after May 15.

Long Grove Confectionery and Valentino Vineyards
Handcrafted, using all natural ingredients, the Long Grove Confectionery Company, with a legacy spanning 150 years, creates delicious, hand-crafted chocolates. After a delicious tour, lunch at Long Grove’s Village Tavern, Illinois’ oldest restaurant and tavern. Valentino Vineyards and Winery, a 20-acre estate vineyard that produces over twenty different styles of wine, is our afternoon stop for a tour of the vineyards and wine tasting. Fee includes: transportation, guided tours, lunch, and admissions. CLASS FEE: $99
143TRP876.001 (30935) 8:15am-6:00pm W Staff
Meets on: July 23
Trip departs at 8:15 a.m. from Erickson Hall on the Sugar Grove Campus and returns to Erickson Hall at approximately 6:00 p.m. Sign up by July 9. No refunds after June 25.
Fireside’s Smokey Joe’s Cafe

This critically acclaimed musical revue is a joyful celebration of the music of Jerry Leiber and Mike Stoller, the pair who virtually invented rock ‘n roll. You may not know the names but we guarantee you know their music! SMOKEY JOE’S CAFE features nearly 40 of the greatest songs ever recorded, such as Hound Dog, Love Potion #9, Yackety Yak, Charlie Brown, Jailhouse Rock, Fools Fall in Love, Stand By Me, and many more performed live by a cast of some of the country’s best young performers. Fee includes: transportation, lunch, and performance.

CLASS FEE: $89

143TRP877.001 (30936) 8:30am- 6:30pm Th Staff
Meets on: July 31
Trip departs at 8:30 a.m. from Erickson Hall on the Sugar Grove Campus and returns to Erickson Hall at approximately 6:30 p.m. Sign up by July 17. No refunds after July 3.

EXTENDED TOURS SUMMER 2014

Pacific Coast Journey
Mayflower Tours
Featuring Oregon’s Coast and San Francisco
Revel in the natural beauty of the Pacific Coast experiencing the wonders of the Columbia River Gorge, glorious mountains, magnificent redwood trees, lush vineyards and the exciting City by the Bay.

Your Tour Includes
- 13 Meals (5 dinners and 8 breakfasts)
- Round trip airport transfers
- Welcome dinner at Rheinlander German Restaurant, a festive dining experience with singing servers

Why You’ll Love It
- Columbia River Gorge including beautiful Multnomah Falls and the mammoth Bonneville Lock and Dam
- Guided tour of Portland including the Old Town Historic District and the International Rose Test Gardens
- Tour the Tillamook Cheese Factory
- Explore the magnificent Oregon Coast including Three Capes Scenic Drive and Yaquina Head Lighthouse
- Enjoy a four-wheel-drive dune buggy ride through Oregon Dunes National Recreation Area
- Visit Crater Lake National Park and take the Western Rim Drive
- Rouge River Jetboat excursion following the route of the old mailboats (Subject to water levels)
- See the gigantic redwoods and sequoias of Redwood National Park
- Follow the Oregon coast, with some of the most dramatic scenery in the country
- Tour and tasting at Paradise Ridge Winery in Sonoma County
- San Francisco touring including the Golden Gate Bridge, San Francisco Bay cruise and farewell dinner in Chinatown
- $45 in Mayflower Money

Dates: Monday, June 23 – Tuesday, July 1, 2014
Cost: from $2549 per person

Yellowstone National Park & Sun Valley
Mayflower Tours
Featuring Hells Canyon, the Salmon River and Sun Valley Resort
Explore the rugged Rocky Mountains from the majesty of Yellowstone to the adventures awaiting in Idaho’s rivers and gorges.

Your Tour Includes
- 14 Meals (4 dinners, 2 lunches and 8 breakfasts)
- Round trip airport transfers
- 2 nights at the Salmon River Lodge, nestled in Idaho’s mountain heartland
- 1 night at the luxurious, world-famous Sun Valley Resort, a favorite year-round vacation hideaway of celebrities
- 2 nights in Yellowstone National Park, America’s first national park and home to famed geyser, Old Faithful

Why You’ll Love It
- Narrated Trolley Tour of Boise with a special welcome Basque dinner
- Exciting jet boat trip on the Snake River through Hells Canyon, North America’s deepest river gorge
- Whitewater rafting excursion with riverside picnic lunch on the Salmon River
- Marvel at the rugged mountain of the Sawtooth National Recreation Area
- Travel through Craters of the Moon National Monument, home of awe-inspiring lava fields and craters
- Full day sightseeing in Yellowstone, including renowned geysers, thermal basins, the 1,200-foot-deep grand Canyon of Yellowstone and Mammoth Hot Springs
- Travel the Rockefeller Memorial Parkway into beautiful Grand Teton National Park and spend the night in Jackson Hole
- Visit the Museum of Idaho, documenting milestones from the first explorers Lewis and Clark
- See the spectacular Shoshone Falls, known as the “Niagara of the West”
- Farewell dinner at the Canyon Crest Dining Center, overlooking the Snake River Canyon
- $45 in Mayflower Money

Dates: Saturday, September 13 – Sunday, September 21, 2014
Cost: from $2683 per person
TRIPS & TOURS

New England & Canada Autumn Cruising
Mayflower Tours

Featuring Maine, Rhode Island and Canada’s Maritimes
Coastal scenery, Historic Ports of call and the excitement of New York City await on a cruise to Canada and New England during beautiful autumn foliage season

Your Tour Includes
- 22 Meals (8 dinners, 6 lunches and 8 breakfasts)
- Round trip airport transfers
- 1 night in New York City, the heart of the country, with a welcome dinner
- Exciting 7-day cruise aboard Norwegian Cruise Lines’ Norwegian Gem cruise ship

Why You’ll Love It
- Guided tour of New York City with a local guide including Times Square, Central Park, Chinatown, Theatre District and more
- Enjoy a day at sea to enjoy the ship’s amenities with spectacular views of the Canada and New England coastline
- Call at Halifax, Nova Scotia, one of the most beautiful capital cities in the world and a perfect blend of big city excitement, small town charm and natural pristine beauty
- Visit Saint John, New Brunswick, home to the highest tides in the world and filled with scenic beauty such as a reversing waterfall
- Call at Bar Harbor, Maine, a charming village whose stone wall-lined and tree-covered roads are surrounded by Acadia National Park
- Visit Boston, Massachusetts, “America’s Walking City” and home to some of the most well preserved historic buildings in the country
- Call at Newport, Rhode Island, a busy marine city featuring colonial homes, Gilded Age mansions and the Newport Cliff Walk
- Services of a professional Tour Manager
- $45 in Mayflower Money

Dates: Friday, September 26 – Saturday, October 4, 2014
Cost: from $1994 per person

Eleven Countries Without a Passport
Mayflower Tours

Sample the sights, sounds, and flavors of the world without leaving the Midwest! Join us on a tour sampling the best of Old World Europe and New World traditions, in Omaha.

Your Tour Includes
- Free home or local pick up and return
- 10 meals (3 dinners, 3 lunches and 4 breakfasts)
- Dining experiences include a German dinner, Bohemian lunch, Irish dinner cruise, Swedish lunch, Lithuanian torts and a Greek dinner

Why You’ll Love It
- Experiences include a Scottish castle, Hindi Temple and Mexican Folklorico
- Guided tour of Omaha includes drive by Warren Buffett’s home, Old Market and Pioneer Courage Park
- Tour the local toilet paper factory
- Hear a 1927 Kimball Theater Pipe Organ performance
- Visit the Omaha Zoo with the world’s largest indoor swamp
- Have lunch at Big Mama’s Soul Food Kitchen
- Visit Boys Town, the real town creation of Father Flanagan
- $25 in Mayflower Money

Dates: Wednesday, September 24 – Sunday, September 28, 2014
Cost: from $1039 per person

To register, see center pages A1-A3 | visit www.waubonsee.edu/register
Questions: Call (630) 466-2360, or email communityed@waubonsee.edu

Robotics for Beginners

Test your creative and problem-solving skills as you learn to create and program robots! You’ll work in pairs to build a robot using LEGO® WeDo kits and special software. Then make your robots take action with your commands, and try out even more feats of engineering with unique K’NEX® kits. On the last day, you’ll get a small LEGO® set to take home! CLASS FEE: $179

For ages 7-10
143INT704.001 (30927) 1:00pm- 4:00pm MTWThF HCC103 Staff
Meets between: June 9-June 13
143INT704.002 (30928) 9:00am- 12:00pm MTWThF PC111 Staff
Meets between: July 28-Aug. 1

LEGO® Robot Revenge

Bots. Fight. Back! Work in pairs to design and build a robot using LEGO® Mindstorms blocks and special programming software. Use the laws of physics as you unleash your best creation against your classmates’ best creations in a battle for supremacy. The winning team members will each receive a deluxe robot kit and everyone will take home a souvenir LEGO® set. CLASS FEE: $179

For ages 11-14
143INT705.001 (30929) 1:00pm- 4:00pm MTWThF HCC103 Staff
Meets between: July 7-July 11

Gears and Gadgets 2™

If you’ve already completed Robotics for Beginners or just want to build cool stuff, take this camp. Build complex projects using gears and motors from unique LEGO® kits. Improve problem-solving and communication skills as you learn engineering principles, gear ratios and the forces in motion. Projects include a merry-go-round, snow plow, catapult, headstand car, and ping pong ball thrower. You’ll go home with a BanBao kit. Course provided in partnership with All About Learning. CLASS FEE: $179

For ages 7-10
143EGR705.001 (30930) 9:00am- 12:00pm MTWThF APC270 Staff
Meets between: July 21-July 25

Gaming & Digital Arts

Game Master I

Don’t just play video games – make them! Use software to design a fully-functional action/adventure game complete with custom characters, levels, backgrounds and more. Each day, working with game designer John Meyer, you’ll also learn a new feature to add to your program. At the end of the camp, you’ll know both the technical and artistic concepts of games, and have your finished creation on a USB to take home. Fee includes: USB memory stick. CLASS FEE: $109

For ages 7-10
143INT701.001 (30901) 9:00am- 12:00pm MTWThF HCC105 Meyer
Meets between: June 16-June 20
143INT701.002 (30902) 1:00pm- 4:00pm MTWThF HCC105 Meyer
Meets between: June 16-June 20
143INT701.003 (30903) 9:00am- 12:00pm MTWThF HCC105 Meyer
Meets between: July 7-July 11
143INT701.004 (30905) 9:00am- 12:00pm MTWThF PC111 Meyer
Meets between: July 21-July 25

For ages 11-14
143INT701.005 (30906) 1:00pm- 4:00pm MTWThF HCC105 Meyer
Meets between: June 9-June 13
143INT701.006 (30907) 9:00am- 12:00pm MTWThF HCC105 Meyer
Meets between: June 23-June 27
143INT701.007 (30908) 1:00pm- 4:00pm MTWThF HCC105 Meyer
Meets between: June 23-June 27
143INT701.008 (30909) 1:00pm- 4:00pm MTWThF PC111 Meyer
Meets between: July 14-July 18
KIDS AND TEENS

Game Master II
Explore the next level of game design with game master John Meyer. Utilize features previously unknown and try out new techniques and functions to add to characters and games. You'll receive a copy of your finished game on a USB to take home. Prerequisite: Game Master I or equivalent experience highly recommended. Fee includes: USB memory stick. CLASS FEE: $109
For ages 7-10
143INT706.001 (30910) 1:00pm- 4:00pm MTWThF HCC105 Meyer
Meets between: July 7-July 11
143INT706.002 (30911) 1:00pm- 4:00pm MTWThF PC111 Meyer
Meets between: July 28-Aug. 1
For ages 11-14
143INT706.003 (30913) 9:00am- 12:00pm MTWThF HCC105 Meyer
Meets between: July 14-July 18
143INT706.004 (30914) 1:00pm- 4:00pm MTWThF PC111 Meyer
Meets between: July 21-July 25

Animation Creation
Try your hand at all types of animation including digital, traditional, and stop motion. Learn key animation techniques and terminologies as you animate characters frame by frame, develop dynamic panoramic backgrounds, create storyboards and even make your own personalized movie! You'll also view examples of award-winning animation from around the world. Fee includes: USB memory stick. CLASS FEE: $109
For ages 7-10
143ART768.001 (30949) 9:00am- 12:00pm MTWThF HCC103 Meyer
Meets between: July 28-Aug. 1
For ages 11-14
143WWW700.001 (30925) 1:00pm- 4:00pm MTWThF HCC103 Staff
Meets between: June 23-June 27
143WWW700.002 (30926) 9:00am- 12:00pm MTWThF HCC103 Staff
Meets between: June 16-June 20

Website Builders
Whether you're experienced or just starting out, here's an opportunity to explore website creation. You'll learn HTML codes for a website head and body, and several other codes to create a basic site with text, colored background, photos, and links. Time permitting, you'll also use an online drop-and-drag method for a more professional look. To add more WOW to your websites be sure to also take WebTastic! Fee includes: USB memory stick. CLASS FEE: $109
For ages 7-10
143WWW702.001 (30951) 1:00pm- 4:00pm MTWThF HCC103 Staff
Meets between: July 14-July 18
143WWW702.002 (30947) 9:00am- 12:00pm MTWThF HCC103 Staff
Meets between: July 7-July 11

X-Tech Computer Camp
Sure, you've used a computer practically since birth. Now delve into the essentials! Step by step, learn the parts and care of the machine and how it works, be able to label inside mechanisms, figure out the best way to save your files to find them later, and get the latest safety tips for computer users. Finally, learn how to use software such as MS Word, Excel and Power Point and how to research on the Web. Fee includes: USB memory stick. CLASS FEE: $109
For ages 7-10
143INT700.001 (30923) 9:00am- 12:00pm MTWThF HCC103 DuCharme
Meets between: June 23-June 27
143INT700.002 (30924) 9:00am- 12:00pm MTWThF PC111 DuCharme
Meets between: July 14-July 18

WebTastic!
After learning development in Web Builders make your site fantastic with animation and automation! Use Paint to draw your own graphics and learn about picture formats (GIF, TIFF, JPEG, PNG). Find out which format animates, define pixels, and understand saving size. Then discover more with HTML5 and CSS. Finally, familiarize yourself with embedding homemade sound and video in your site. Fee includes: USB memory stick. CLASS FEE: $109
For ages 7-10
143WWW702.001 (30951) 1:00pm- 4:00pm MTWThF HCC103 Staff
Meets between: July 14-July 18
143WWW702.002 (30947) 9:00am- 12:00pm MTWThF HCC103 Staff
Meets between: July 7-July 11

Science Xplosion!
Calling all junior scientists! Have a blast while applying the same principles used by chemists, biologists, physicists, forensics specialists and earth scientists! Led by Waubonsee Assistant Professor Dani DuCharme, you'll conduct all types of experiments and build a variety of innovative creations. Examine microbes, process crime scenes, dissect bugs, launch rockets and more! Try a fresh burst of projects each year! CLASS FEE: $125
For ages 7-10
143SCI720.001 (30916) 1:00pm- 4:00pm MTWThF WGL120 DuCharme
Meets between: June 23-June 27
143SCI720.002 (30917) 1:00pm- 4:00pm MTWThF PC210 DuCharme
Meets between: July 21-July 25

Bugology
If you like creepy-crawlies, join entomologist and Waubonsee Assistant Professor Dani DuCharme in this exploration of all things insect! Study the basics of their anatomy and physiology, collect all kinds of species and even have the opportunity to try one or two edible bugs. By the end of the week you'll have a cool collection to take home. Come join other campers with an interest in insects! CLASS FEE: $125
For ages 7-10
143SCI740.001 (30918) 1:00pm- 4:00pm MTWThF WGL120 DuCharme
Meets between: July 7-July 11
**Veterinary Explorers: Dogs and Cats**

With Angela Murray of Nurture Your Pets, examine the job of a professional who cares for Canis lupus familiaris and Felis catus, the domestic dog and cat. You'll learn basic knowledge, such as breeds, biology, shelter, nutrition and how they communicate. Then probe into how humans can care for dogs and cats with proper safety, exercise and training, as well as the job of a family pet veterinarian. **CLASS FEE: $45**  
**For ages 8-12**  
143SCI725.001 (30920) 1:00pm- 4:00pm MF BDE105 Staff  
Meets on: June 16 and June 20

**Veterinary Explorers: Horses**

In this perfect companion to our Horseback Riding Camp, examine the job of a professional who cares for Equus ferus caballus, the domestic horse. You’ll learn basic knowledge, such as breeds, biology, shelter, nutrition and how they communicate. Then probe into how humans can care for horses with proper safety, exercise, and training, as well as the job of an equine veterinarian. **CLASS FEE: $99**  
**For ages 7-10**  
143SCI727.001 (30919) 9:00am- 12:00pm MTWThF BDE105 Murray  
Meets between: Aug. 4-Aug. 8

**Promising Young Writers**

Ready, set, write! With children's author Carmela Martino, read excerpts from great children's books, play word-related games, generate several variations of writing and share your works with each other. You'll receive advice for revising and polishing your texts, and find magazines and contests that seek submissions from students your age. Composition book and pencil are provided, so arrive ready to write! **Fee includes: all materials. CLASS FEE: $99**  
**For ages 11-14**  
143WWS705.001 (30921) 9:00am- 12:00pm MTWThF APC270 Martino  
Meets between: July 14-July 18

**Xcellent Potters**

Join the fun in Waubonsee's pottery studio as you explore handbuilding (clay on a tabletop) and wheel-throwing (clay on a spinning potter’s wheel) to design and build your creations. Learn how to finish each piece by painting and glazing before it’s fired in a kiln. On the last day, you’ll have a variety of ceramics masterpieces to take home and show to family and friends. **CLASS FEE: $109**  
**For ages 11-14**  
143ART737.001 (30922) 9:00am- 12:00pm MTWThF CER104 Janick  
Meets between: Aug. 4-Aug. 8

**Camp Ukulele**

The Ukulele is hotter than ever! Learn to play this cool instrument in a unique camp taught by recording artist and music educator Kevin Presbrey. Learn basic chords and melodies, finger picking techniques and how to tune your Ukulele as you play simple songs. On the last day, you’ll perform a song with your fellow campers (parents are welcome). **New Ukuleles provided and will be yours to keep! CLASS FEE: $139**  
**For ages 7-10**  
143MUS700.001 (30950) 9:00am- 12:00pm MTWThF APC280 Presbrey  
Meets between: June 9-June 13

**Camp Harmonica**

This fun camp allows you to experience the joy of the harmonica first-hand. Learn how to shape sounds using your tongue, throat, and hands. Play simple melodies, chug out some rhythms and bend a few notes. You’ll also discover how to keep your harmonica clean and working well so you’ll be all set to continue learning how to play this wonderful instrument. On the last day, you’ll perform a recital with your fellow campers (parents are welcome). **New harmonicas provided and will be yours to keep! CLASS FEE: $139**  
**For ages 11-14**  
143MUS715.001 (30972) 1:00pm- 4:00pm MTWThF APC280 Skirmont  
Meets between: July 28-Aug. 1

**Horseback Riding Camp**

Designed especially for those with little or no prior experience, learn how to ride as well as care for and groom a horse. Each day, you’ll take turns riding, grooming and learning more about our equine friends including the parts of a horse. In-between, you’ll even do themed crafts. Campers must wear Velcro® or tie shoes, socks, long pants, t-shirt (no spaghetti straps), and a riding or bicycle helmet. **Safety restrictions dictate a maximum weight of 150 pounds. CLASS FEE: $179**  
**For ages 8-12**  
143REC713.001 (30948) 1:00pm- 4:00pm MTWThF HUNT Huntoon  
Meets between: June 17-June 19

**American Sign Language**

Discover how to communicate using American Sign Language (ASL) as you learn more about the world of deaf and hard of hearing people. You’ll practice the alphabet and numbers and learn more about the use of facial expression and body language to convey simple greetings, feelings, colors and information about school and home. **CLASS FEE: $99**  
**For ages 11-14**  
143LAN712.001 (30973) 9:00am- 12:00pm MTWThF APC270 Staff  
Meets between: June 9-June 13

**Lights, Camera, Action!**

With a completed script, real equipment and a professional director, work alongside your classmates to produce a short film in Waubonsee’s television studio. By the end of the week, you’ll understand the roles of actor, director, camera operator and editor, and you’ll go home with your own copy of the movie. **Note: Enrollment is limited to nine students, and age restricted to 11-14. CLASS FEE: $109**  
**For ages 11-14**  
143PIC700.001 (30915) 9:00am- 12:00pm MTWThF COL115 Rennels  
Meets between: June 16-June 20

Questions: Call (630) 466-2360, or email communityed@waubonsee.edu