

# Learning for Life

Personal Interest Courses

Summer 2013

What are you doing this summer?



Athens State University

**Center** *for*  
**Lifelong Learning**

<http://www.athens.edu/CLL>

121 South Marion Street, Athens, Alabama

Phone: 256-233-8260

Email: [CLL@athens.edu](mailto:CLL@athens.edu)

## Course Locations

All courses are held at the Center for Lifelong Learning, 121 South Marion Street, Athens, Alabama unless otherwise stated.

## Contact us

**Phone:** 256-233-8260

**Email:** CLL@athens.edu

**Web:** www.athens.edu/CLL



Dr. Diane Sauers, Director

Wanda Campbell, Asst Director



Get updates on classes and events when you



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or



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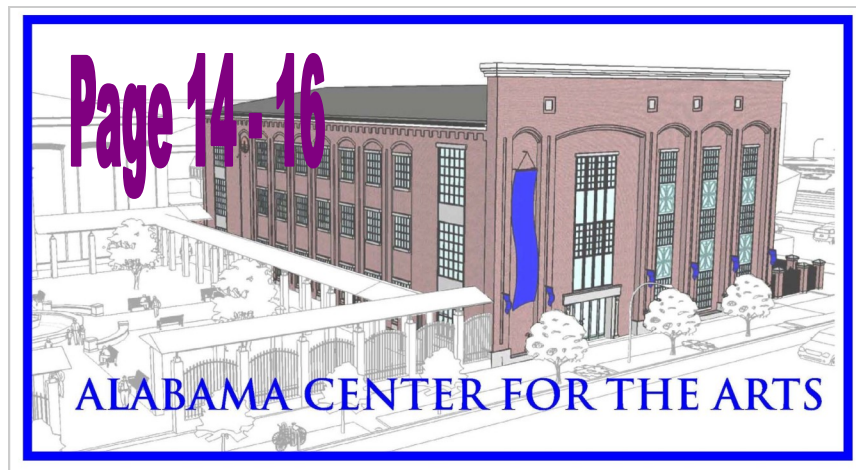
Adventures in the 100 Acre Wood  
Art Explorers  
Crocheting  
Discovering Violin  
Fancy Cupcakes  
Knitting  
Outdoor Survival Skills

## Find us on the Square in Athens



**121 South Marion St, Athens, AL 35611**

## We have classes in Decatur



**133 Second Ave, NE, Decatur, AL**

LUNCH & LEARN SERIES  
Caring for Older Adults

Each workshop fee is \$10 which includes lunch. Reservations are required.

**Power of Attorney vs Guardianship**

Instructor: Judge Charles Woodruff

Explore the difference between guardianship and power of attorney when caring for older adults. This course will help you make the best choices for your situation.

Mon | May 20 | 11:30am—1:00pm

Please reserve space.

**Advanced Life Planning**

Instructor: Judge Michael Davis  
Advanced Life Planning includes preparation for the end of life. Why plan? Because Advanced Life Planning relieves your family of making such decisions during a very difficult time. Learn more as we discuss this very sensitive, but very important topic.

Mon | Jun 3 | 11:30am—1:00pm  
Please reserve space.

LUNCH & LEARN SERIES  
Spies, Treason, & Treachery

This workshop series is free. Reservations are required.

**Reconsidering the “War on Terror” 12 Years after 9/11**

Instructor: John Davis

This presentation will assess how we as a nation have fared in our “War on Terror.” We will discuss the goals and how we assess the success of such aims using President Roosevelt’s *Four Freedoms*.

Mon | May 13 | 11:30am-12:30 pm

**The Resistance Behind German Lines in World War II**

Instructor: John Davis

This presentation will give an overview of British Special Operations Executive (SOE), the secret organization created by Prime Minister Winston Churchill to organize a resistance among captive populations in Nazi Occupied Europe. The SOE engaged in subversion and sabotage to disrupt the Nazi war machine. This presentation will concentrate mainly on the SOE’s role in the Netherlands and France.

Mon | May 20 | 11:30 am—12:30 pm

**Would You Call This  
Treason? A Case Study**

According to the Collins English Dictionary, a person is guilty of treason or treachery, in betraying friends, country, a cause or trust. This discussion explores the activities of a high-ranking military intelligence officer in the years prior to and during World War II, including providing military information to the enemy. Professor Charles Roberts will present the facts and let you decide whether the activities meet the definition of treason.

Mon | Jun 3 | 11:30 am—1:00 pm

**Exit Reinhard Heydrich**

In the months preceding the European War, which eventually evolved into World War II, Great Britain's Secret Service reported disturbing evidence of Germany's plans to take aggressive military action against her neighbors. Britain and her allies made survival decisions and took subsequent actions, when viewed in retrospect, may have crossed ethical line even in wartime. Learn more as Professor Tom Pieplow discusses this event.

Mon | Jun 10 | 11:30 am—1:00 pm

**Just for Woman Series****What Women AUTO Know**

Cosponsored with McClary Tire. This seminar is not about fixing your car or being a mechanic, its about getting to know your car, how to make sure it is working at its best, and feeling confident and road ready.

Tue | Jun 18  
12:00-1:00pm | \$10

**Gun Safety**

The gun safety class is a classroom safety training which will include learning the legal issues. After classroom discussions you will get a chance to fire your weapon on the shooting range. Class will be held Thu and Sat. Call 256-233-8260 date/time.

**Women's Self Defense**

Instructor: Matt Todd  
This course aims to help students establish a non-victim attitude through confidence building and mental preparation. Topics include safety precautions in various settings, dealing with confrontations, using avoidance, and escape strategies.

Tue | June 4-25

## PHOTOGRAPHY

**Introduction to Photoshop Elements 9 for the Novice**

Instructor: Tom Irby

In this class, students will focus on navigating the program tool bars. This program is for students who have very little experience with computers but are familiar with using the mouse and windows. Class size limited to 6 so register early.

Tue | Jun 4-25

9:30—11:30 am | \$55

**Introduction to Photoshop Elements 9 for the Beginner**

Instructor: Tom Irby

Hands-on exercises to edit and create unique photo collections, repair photos and create scrap-book pages. Class size limited to 6 so register early.

Tue | July 9-30

9:30—11:30 am | \$55

**Private Camera Class**

Instructor: Cindy Cummings

Did you ever wish you could get someone to show you how to use your camera? Want to learn all the shortcuts and gadgets that came with your camera? Bring your camera and your handbook to this one-on-one class to learn how to use your personal camera.

Fee is \$65 for a two hour session. Call 256-233-8260 for a session.

## TECHNOLOGY

**Cyber Security for the Home**

Instructor: Bud Gifford

Our lives are impacted by cyber security whether it is on our Facebook pages or our online banking pages. This class will cover best practices for the home from the user with just one computer to users with a robust home network using wireless and wired technology.

Fri | Aug 16  
9:00am—Noon  
\$49/person



**Computers for Seniors**

Instructor: Tammie Meadows

In a one-on-one session, you will learn how to set up an email account, find information online, and research ideas and interests. Class is designed especially for older adults. No experience necessary.

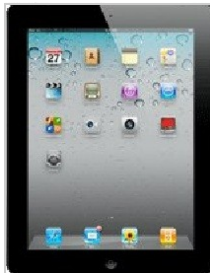
Tue | by appointment  
Call 256-233-8260 to schedule time.

**Introduction to the iPad**

Instructor: Karen Tucker

If you need help figuring out what to do with your iPad, this is the class for you. We will cover settings, downloads, using apps, saving battery life and so much more. Choose the date that best fits your schedule.

Fee \$29  
Sat | June 15 | 9:30—11:30 am  
Tue | July 16 | 6:00—8:00 pm

**HEALTH & FITNESS****Adaptive Yoga**

Instructor: Donna Schollian

Incorporating the yoga method of exercise for your whole body, this class offers a complete series of seated, standing, and balancing poses. Class format is unique and fun for the recovering, sedentary, or well and active person. Some students will start on the chair to learn the basics and move to the mat. Other students will start on the mat and advance to intermediate level. Led by certified trainer, Donna Schollian, this is the way to get back into an exercise program.

Fee:  
\$20/1 class per week  
\$30/2 classes per week  
\$40/3 classes per week  
\$45/4 classes per week

Available class dates are

Mon | 8:00—9:00 am  
Tue | 5:00—6:00 pm  
Wed | 8:00—9:00 am  
Fri | 8:00—9:00 am

Session 1: May 6-31  
Session 2: June 3-28  
Session 3: July 8-Aug 2

# Academic Traveler

## Battle of Chickamauga

Join Athens State Center for Lifelong Learning as we travel to Chickamauga, Georgia to revisit the Battle of Chickamauga on its 150th Anniversary.

Activities will include re-enactors demonstrating refugee camp life, re-enactments of the Battle of Chickamauga, touring the Gordon Lee Mansion which served as hospital during the battle and the Railway Museum.

Dr. Ron Fritze will present information about the battles during the ride over.

Sat, Sept 21, 8am to 8pm  
Fee: \$49/person  
Includes transportation and entrance fees



### Armchair Travel

#### Tour of Istanbul, Sicily and Corinth

Presented by Ron Fritze  
Sit back and relax as Dr. Ron Fritze describes the details of his trip to Istanbul. Istanbul is the largest city in Turkey and is the heart of Turkey's economy, culture, and history. Sicily has a rich culture and is home to several archeological sites. Corinth is a major port city in the southern most end of Greece.

Call 256-233-8260 for date/time.  
Free



Home and Garden

**Advanced Cake Decorating**

Instructor: Tammy Wilkinson  
 This class will use the basics of cake decorating with frosting, fondant and airbrushing to create spectacular cakes. At the end of class, students will be comfortable creating various types of cakes and cupcakes with a broad array of themes. Students will take home two completed cakes. All supplies included in the price. Class is limited to 6.



Sat | Jul 20  
 11:00 am to 1:00 pm | \$45

**Infinity Knitting Workshop for Adults**

Instructor: Marilyn Jones  
 We will use the pattern for the infinity scarf to learn basic knit stitches. This is a popular and useful way to learn and have a useful project finished quickly. All supplies included. Limited to 10.

Sat | Jun 22  
 9:00 am—12:00 pm | \$45

UnderGrounds  
 Coffee Shop

.....above ground at Athens State Center for Lifelong Learning

Monday—Friday  
 7:30 am to 4:30 pm



Daily Specials \$2.75

Sales tax included

<u>Monday</u>	Cappuccino
<u>Tuesday</u>	Latte
<u>Wednesday</u>	Mocha
<u>Thursday</u>	Caramel Macchiato
<u>Friday</u>	Hot Chocolate

## ART

**Basic Blacksmith**

Instructor: Travis Fleming  
and Al Stephens

Our instructors will guide you through the basic blacksmithing techniques of forging metal using tools to hammer, bend, and cut. Students will learn basic safety, fire instruction, tapering, bending, twisting, spreading, rolling, hole-punching, and riveting. At the end of class, students will take home a 4-hook rack. All tools and equipment are provided.

Sat | Jun 8 | 8:00 am—3:00 pm  
\$79 | 208 Commercial Dr

**Blacksmith Project 1**

Instructor: Travis Fleming  
and Al Stephens

This project will provide you with the skills and tools you will need for more advanced projects. In this class, Travis Fleming and Al Stephens will guide you in the steps to make a grilling tools or a utensil rack. All tools and equipment are provided. It is best if the student has taken Basic Blacksmithing but not required.

Sat | Jul 13 | 8:00am—3:00 pm  
\$79 | 208 Commercial Dr

**Painting Fun****Paint Your Pet**

Instructor: Sanda Bishop  
Spend an evening painting a portrait of your pet. Send your pictures by email to [CLL@athens.edu](mailto:CLL@athens.edu) no later than May 22nd so that our instructor, Sanda Bishop, can sketch out your painting before the class. All supplies are provided. Limited to 10.

Fri | May 31 | 6:00-9:00 pm  
\$49 | CLL Mezzanine



**COUPLES NIGHT**

**Painting Fun—“Starry Night”**

Looking for a new and interesting date night? Or are you looking for something different for you and friends to do? This is it.

Join other couples as we paint Starry Night. Each person will paint half the canvas and have lots of fun. You don’t have to be an expert to paint together. All supplies provided. Limited to 10 couple

Fri | May 10 | 6:00-9:00 pm  
\$59/couple



Dance and Painting classes also offered at our new location, the AL Center for the Arts in Decatur.

See page 14-16 for details.

**DANCE**

**Dance Dance Dance**

Whether you took classes before or want to take classes in the future, even if you only want to dance, this is the place for you. Our DJ, Dwain Cooper ,will show newcomers some steps to get them started and then we will dance, dance, dance! Light refreshments will be served.

Sat | Apr 27 | 6:30–8:00 pm



**Swing Dance Class**

Instructor: Dwain Cooper

Whether you want to learn the Lindy, East Coast or West Coast style or just a little jive, the Swing Dance Class will get you up and moving to the groove.

Thu | June 6-27 | 6:30–7:30 pm  
\$50/person | CLL Mezz

## Let us make your event special!

The Center for Lifelong Learning offers spacious facilities that are perfectly suited for meetings and events. Whether you require an executive boardroom, a training room, or banquet spaces, we have the space for you.

Meetings and Conferences  
Company Retreats  
Training Seminars  
Weddings  
Family Reunions  
Banquet Room  
Wireless Internet

### Casual Seating

Our casual training areas offer wi-fi connections, comfortable and diverse seating arrangements for informal gatherings for 12-30.

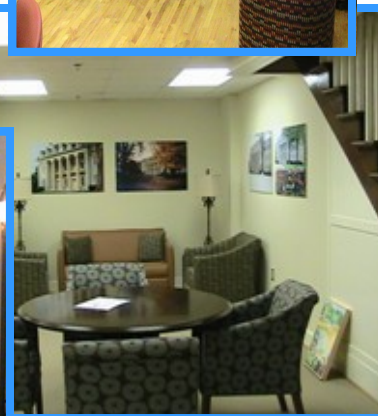
**LOFT**



**LOBBY**



**WELCOME AREA**



### **Formal Training**

Our formal training areas include a class room, conference room and a mezzanine. They offer state-of-the-art technology, comfortable seating, and wi-fi connections. We also loan laptops.

### **CONFERENCE ROOM**



### **CLASSROOM**



### **MEZZANINE**



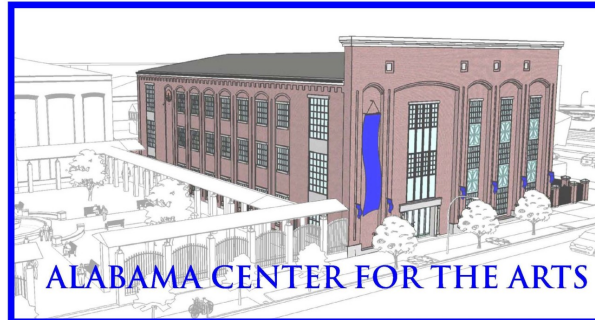
### **Conferences, Workshops, Banquets, and Receptions**

We are able to offer food services and amenities through our UnderGrounds Coffee Shop on site or use our preferred caterers list for your menu selections.

- Luncheons
- Dinners
- Receptions
- Parties







**133 Second Ave, NE, Decatur, AL 35601**

## Welcome Decatur!

The Athens State University Center for Lifelong Learning is happy to announce that we will be bringing some of our most popular courses to the Alabama Center for the Arts.

In this inaugural year we will be offering both children and adult classes for the Decatur area.

### Art

#### **Painting with Acrylics** *“Tuscan Villa”*

Instructor: Sanda Bishop  
This class is a fun and interesting way to learn how to paint with acrylics. Create a beautiful masterpiece step by step. Learn the tricks you will need to paint all types of pictures and how to find ideas for your paintings. Focus on the enjoyment of creating visual art.

Mon | June 17 | 9:00 am—Noon  
\$45 | AL Center for the Arts



**Center for Lifelong Learning Registration Form**

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

**Course Name** \_\_\_\_\_ **Date** \_\_\_\_\_ **Fee** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**METHOD OF PAYMENT:**  Cash  Check enclosed.  
*Make checks to ASU Center for Lifelong Learning*

**Credit Card**  VISA  MC  AMEX  DISCOVER

Card # \_\_\_\_\_

Exp Date \_\_\_\_\_ CVS \_\_\_\_\_

Cardholders Name \_\_\_\_\_

**REGISTER NOW!**



**ONLINE**

To create your user account, go to [ww.athens.edu/CLL](http://ww.athens.edu/CLL) and click on Register for Classes.



**PHONE**

Call 256-233-8260 between 8:00 am—5:00 pm to use your credit card for your registration.



**MAIL**

ASU Center for Lifelong Learning,  
300 N Beaty St, Athens, AL 35611



**WALK-IN**

121 South Marion Street, Athens  
Mon—Fri, 8:00 am to 5:00 pm.





*Center for Lifelong Learning at Athens State University*

*Featuring*

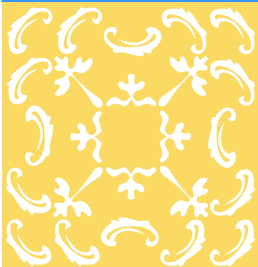
Dr. John Butler, Director  
Lynette Pope, Asst. Director  
Beth Andrews, Pianist

# Spring Concert

## Thursday, May 9, 2013

Free and open to the public

No reservation required



**Senior Center**  
**912 W Pryor Street**  
**Athens, Alabama**

**Phone: 256-233-8260**  
**Email: [CLL@athens.edu](mailto:CLL@athens.edu)**

Athens State University  
Center for Lifelong Learning  
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